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haašiša "Interesting News"

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Forum on AIRS experiments hosted by Tseshaht, NTC

The Truth! That's what the Tseshaht First Nation and Nuuchahnulth Tribal Council (NTC) want. The truth about what happened at the Alberni Indian Residential School (AIRS).

This past spring it was revealed that in the 1940s and '50s the aboriginal students at AIRS were subjected to human biomedical experimentation and deprived of food and medical treatment in the name of scientific research. Those children, now grown, and their extended families want to understand what happened at the school and why, and they want to know what lasting damage, if any, those experiments may have caused. The experiments were done without the parents' or students' knowledge or consent and were sanctioned by the federal government.

In an effort to get to the bottom of this appalling and disturbing treatment, and because Canada has yet to respond to demands of the Chiefs of Canada,

Tseshaht First Nation, in partnership with the NTC Tribal Council, is hosting a day-long forum to get answers to the former students' many questions. The event will take place Dec. 11 at Maht Mahs Gym on Tsahaheh I.R. #1 near Port Alberni.

Dr. Ian Mosby, the University of Guelph researcher who ripped the lid off of the government's illegal experiments in his paper "Administering Colonial Science", has accepted an invitation from Tseshaht to speak about his findings at the forum.

In his paper Mosby wrote, the scientists "came to view Aboriginal bodies as 'experimental materials' and residential schools and Aboriginal communities as kinds of 'laboratories' that they could use to pursue a number of different political and professional interests."

Dr. Mosby's many revelations caused a firestorm of controversy across Canada. He will provide the forum's keynote address and answer questions about his research.

Tseshaht has also invited representatives of the Canadian Red Cross, who will explain that organization's involvement at the residential school at the time.

Both a medical doctor, to provide information about the lasting impacts of nutrition and medical treatment deprivation, and a lawyer, to discuss potential litigation, have been invited.

While Canada's Prime Minister has stated that compensation for this biomedical experimentation was included in the compensation package under the Indian Residential Schools Settlement Agreement, there is some question as to

how that might be possible given that no one knew that the experiments had been conducted so could not cite that abuse in claims.

"Tseshaht and other aboriginal children became guinea pigs for the federal government," said Chief Councillor Hugh Braker. "These children were helpless victims for the government's experiments. They had been forcibly taken from their home, had no parents available to protect them, were beaten and abused in school, forbidden from speaking their language, and then the government conducted experiments on them. This

shocking treatment cannot be swept under the rug or ignored. We need to understand exactly what happened, who knew about it, who authorized it and what the effects were," Chief Councillor Braker added.

The forum will begin at 8:30 a.m. with a traditional welcome and will run until 5 p.m. Coffee, tea and lunch will be provided courtesy of

the Tseshaht First Nation. Morning and afternoon light refreshments provided courtesy of the NTC.

Pre-registration is a must as seating is limited. Priority, in the following order, will be given to:

- * those students who attended Alberni Indian Residential School
- * those students who attended other residential schools where experimentation occurred
- * counselors and care providers of students of residential schools
- * family members of students of residential schools and
- * the general public

Register online at <https://www.surveymonkey.com/s/B2J65CS> or call Christine Hintz at the Tseshaht First Nation 250-724-1225 to get your name added to the list. (Please note that there are no travel monies for this event, so individuals are responsible for their own arrangements.)

The forum will be streamed live on the Ha-Shilth-Sa Newspaper Web site at www.hashilthsa.com for those who cannot attend.

Braker said he doesn't know what to expect regarding the number of people who will want to attend the forum, though the potential interest is huge. The children who attended Alberni Indian Residential School came not only from the entire Barkley Sound region, but from Gitksan territories, Bella Bella, and Bella Coola. There was intense interest across Canada when the biomedical experimentation was exposed earlier this year.

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Before the official opening of the Council of Ha'wiih on Nov. 4, Ahousaht stood to honor Cliff Atleo Sr. (far left) for the time he served as president of the Nuuchahnulth Tribal Council. He was presented with a paddle in appreciation.

Council of Ha'wiih deal with big issues at meeting

By Debora Steel
Ha-Shilth-Sa Reporter

Campbell River—The Council of Ha'wiih gathered at the Thunderbird Hall in Campbell River Nov. 4 and Nov. 5 and faced down a jam-packed agenda. Ehatesaht was the host nation for the meeting.

Each day Cliff Atleo Sr. of Ahousaht formally seated the Ha'wiih introducing the hereditary leadership using their traditional names. Other protocols, including the opening prayer and the singing of the Nuuchahnulth Song, started each day in a good way.

On Day 2 of the Council, the Ha'wiih played host to the Department of Fisheries and Oceans representatives. The Ha'wiih prepared for the encounter on Day 1 with such discussion topics as the five-year strategic plan, youth training, negotiations on the Nuuchahnulth fishing rights win, and PICFI (Pacific Integrated Commercial Fisheries Initiative).

On the rights win, Kiista (Keith Atleo) described Canada's approach to the negotiations as "take it or leave it."

Dr. Don Hall, manager of the Nuuchahnulth Tribal Council's Uu-a-thluk fisheries department, reported that the fishing rights win is heading now to the Supreme Court of Canada, with all documents having been filed. He said British Columbia has stepped away from the court challenge because aboriginal title is no longer part of the case.

Hall also shared that Nuuchahnulth Nations presented their frustrations regarding the fisheries negotiations to the United Nations Special Rapporteur James Anaya in October during his visit to B.C.

Regarding PICFI, there was spirited discussion with Vic Amos, Chief Councillor of Hesquiaht, saying Nuuchahnulth Nations must demand that the program benefit the people.

Tom Curley, speaking for Ehatesaht, said community fishermen are often out in dangerous conditions, and the cost of getting started in the fishery can be

\$50,000 or more. Then there is the cost of fuel and gear. Families are understandably worried about all of these concerns.

Lyle Billy of Ehatesaht also was unhappy with how PICFI has played out, saying it has disappointed communities and runs counter to community goals.

He was also concerned about a government that doesn't care about the long fishing history of the Nuuchahnulth Nations. He said government doesn't care what Nuuchahnulth say their traditional fishing grounds are, for example. Also, Canada has made substantial cuts to DFO, making dealing with that department frustrating. "It's just one difficult situation that we're in," he said.

John Manson, a Tla-o-qui-aht fisherman, spoke about his personal experience in the fishery under PICFI, saying it doesn't work for him. He pays top dollar for a quota and his take is only 9,000 lbs. He didn't earn a penny, he said, with all the fees and cost of fuel. Manson said he is debating whether or not to lease a PICFI licence again.

"Somebody's benefiting from PICFI, but it's not the fishermen," Manson said.

One of the big discussion topics on both days of the Ha'wiih meeting was herring harvest and renewal. Jim Lane, Nuuchahnulth Tribal Council fisheries biologist, discussed the model projections for the herring harvest for 2014.

Kevin Mack of Toquaht Nation spoke for the ?aayaaqa committee (which means "when the herring spawn") about harvest and stock rebuilding recommendations. There were five harvest and nine rebuilding recommendations that were adopted by consensus on the first day of the meeting, and presented to DFO on Day 2.

During the discussion on herring, the Ha'wiih talked about risk assessment, including predation and inappropriate activities in spawning areas. Simon Lucas discussed the benefits of a healthy stock to the ocean ecosystem.

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A bright future for award-winning entrepreneurs

By Debora Steel
Ha-Shilth-Sa Reporter

Tofino—The Nuu-chah-nulth Economic Development Corporation presented its annual awards to four worthy Aboriginal businesses at a luncheon held at Tin Wis Resort in Tofino Oct. 26. It was the organizations' 8th annual awards ceremony, said emcee and Business Support Officer Jennifer Gallic.

The Best in Business Award went to South Island Cleaning Services; Best Youth Business went to Vancouver Island Limousine; Outstanding Business Achievement went to Les Sam Construction; and Business of the Year went to Sinclair Trucking Ltd.

Owner/Operator Brenda McQuarrie traveled to Tofino from Victoria with her family to accept the award for Best in Business. South Island Cleaning was established in 2010 and services Victoria and the surrounding communities of Sooke, Sidney, Metchosin and Cobble Hill.

McQuarrie has been in the industry for five years and before striking out on her own was holding down two and three jobs simultaneously just to make ends meet.

She was encouraged by her cleaning clients to start her own business. She took a business access program at Camosun College and got involved with NEDC, which provided her a \$22,000 loan for marketing, equipment and supplies. McQuarrie has grown her little business to 60 clients and seven employees, saying in a CBC report on microfinancing that she now earns triple what she used to take home and can provide a better life for her young son, who accompanied McQuarrie to the awards luncheon.

The products she uses are eco- and pet-friendly, and while she originally marketed the business by way of a postcard mail out strategy, now it's word of mouth and referrals that keep the doors of her business open. McQuarrie describes herself as a people person who works to earn the trust of her clients and screens her staff well. This has gained South Island Cleaning Services a loyal base of customers. Check out her website at www.southislandcleaning.com

"Thank you for all your support," she told NEDC. She said she was "blown away" being chosen to receive the award. It made her very happy.

Vancouver Island Limousine nabbed this year's youth award. Owner Selena Van Apledoorn was on hand to accept the honors. She operates a luxury chauffeured limousine that can transport parties of up to 12 people to such monumental occasions such as weddings, graduations, or a night on the town. There is even a Christmas Light tour that is very popular, so make sure to get your booking in quick if the family wants to view the decorations this year in style.

Van Apledoorn is the chauffeur and has her Class 4 restricted license. Her previous experience is in courtesy shuttles and auto detailing.

In 2011 Van Apledoorn enrolled in an entrepreneur camp and decided that a limousine service was a right fit for a business to grow. She had been injured by a drunk driver in a car accident so it was motivation to provide alternative travel for those who were heading out for big event where alcohol would be involved.

She prides herself on making that special moment even better for her clients by providing top customer service that alleviates stress in a professional, friendly and upbeat environment. The Web site,



Outstanding Business Achievement
Les Sam Construction
Owner Les Sam
accepts award from NEDC Vice-Chair Brenda Read



Business of the Year
Sinclair Trucking Ltd.
Owners Sheila and William Sinclair

Best In Business
South Island Cleaning Services
Owner Brenda McQuarrie



complete with video of inside the amazing vehicle, is www.VancouverIsland-Limousine.com

Van Apledoorn says that 30 per cent of her business is by referral, and her limousine is a moving billboard for attracting business.

She said thank you to NEDC for both encouraging her and providing inspiration.

"I'm definitely happy that I am here." Les Sam Construction, established in 1986, received the Outstanding Business Achievement Award. Currently employing four people, that number can swell to upwards of 30 people, depending on the project at hand.

Les Sam is a residential, commercial and architectural contractor, offers construction management, does concrete floors and general contracting.

Les Sam, the owner, earned his Red Seal in carpentry in 1974 and was encouraged by other contractors to get into business for himself. Since then he's been busy

working on some of landmark buildings, including the Nuu-chah-nulth Tribal Council building in Port Alberni, the NEDC building and Bank of Montreal on Hwy 4. Les Sam Construction also built the Haahupayak School and about 200 homes over the years. The business strives to hire locals because Sam says it instills a sense of community pride.

Sam congratulated the other winners because being in business is never easy. He was very appreciative of the NEDC and those forward-thinking Nuu-chah-nulth leaders like Simon Lucas, who was in attendance for the luncheon, and the late George Watts, for establishing the economic development corporation.

Continued on page 3.

Best Youth Business
Vancouver Island Limousine
Owner Selena Van Apledoorn
accepts award from NEDC Vice-Chair Brenda Read

Port Alberni seeks Vancouver support for Trans-Shipments Hub

By Denise Titian
Ha-Shilth-Sa Reporter

Port Alberni—Members of Port Alberni's City Council and PAPA (Port Alberni Port Authority) met with Metro Vancouver Transportation Committee Oct. 9 to seek their support for a Port Alberni Trans-shipment Hub (PATH) concept.

In July, Ha-Shilth-Sa reported that PAPA is working toward plans to develop a container trans-shipment and short-sea shipping port in the Alberni Inlet. The concept has the support of Huu-ay-aht First Nation, in whose treaty settlement lands the proposed shipping port would be built.

During their Oct. 9 meeting in Vancouver, the Port Alberni delegation described the benefits the lower mainland communities could enjoy if the PATH were developed.

Benefits to the lower mainland include easing container truck traffic congestion and pollution by maximizing the potential of the Fraser River as a marine highway.

PAPA and the City of Port Alberni asked the Metro Vancouver Transportation Committee for their written support for the project.

According to Dave McCormick, director of Public Relations & Business Development, PAPA, the staff of Metro Vancouver has requested further background information about the concept to prepare follow up reports for the committee members.

"This is a positive sign as the Transportation Committee passed a motion requesting such follow up," McCormick said.

"We have tremendous support from the City of Port Alberni, ACRD (Alberni-Clayoquot Regional District) and, of course, we are working under a Protocol Agreement with Huu-ay-aht First Nations to develop the project," he continued, adding they also have received a great deal of encouragement and positive feedback from various municipalities and government officials.

A potential site for the shipping port has been identified. It is a 750-hectare site located about 35 km up the Alberni Inlet near Coleman and Spencer Creeks.

Chief Jeff Cook said it's a huge opportunity in terms of employment for the whole area. A lease agreement for the site would bring revenue to his nation and there would also be spin-off business opportunities.

A shipping port in Huu-ay-aht territory could also mean road improvements to the remote community of Anacla and Bamfield.

The federal government will provide up to \$225,000 through the Asia Pacific Gateway Canada Initiative for the study.

The idea is to revitalize the local economy by creating a shipping hub as part of the Asia-Pacific Gateway.

The Asia-Pacific Gateway and Corridor Initiative (APGCI) is a large-scale shipping network plan designed to enhance trade with the Asia-Pacific region. Its mission is to develop and strengthen Canada's Asia-Pacific Gateway and Corridor network in order to facilitate global supply chains between North America and Asia.

Canada is investing \$1.4 billion in pro-trade infrastructure projects.

"We have the Free Trade Agreement with the U.S. and we are close to a European Trade Agreement," said Minister of Intergovernmental Affairs, Peter Van Loan, adding that short sea shipping is how Port Alberni will fit into the broader network of trade.

The transport of Liquid Natural Gas through the Alberni Inlet could eventually be a part of the PATH's future if it is built. Both Zoran Knezevic, Port Manager/CEO, and Chief Cook say it is a possibility and something to work towards into the future.

The Feasibility Study for PATH will begin very soon with a completion date expected no later than March 31, 2014.

It could be eight to 10 years before construction of the shipping port is complete.



Ehattlesaht band office staff gather outside after the ShakeOut BC drill.

Ehattlesaht survives ShakeOut BC

On Oct. 17 at 10:17 a.m., along with hundreds of thousands of other British Columbians, the band office staff in Ehattlesaht participated in the ShakeOut BC earthquake drill.

Everyone was given a verbal warning of the pending drill and then at 10:17 a.m., the earthquake was announced over the public announcement system and the 30 second Drop, Cover and Hold On count-

down began.

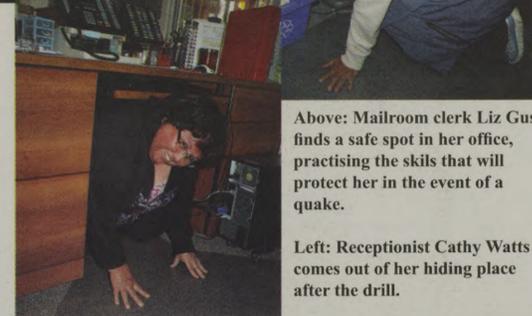
When the 30 seconds were over, everyone evacuated the building and went to the meeting spot and began a head count.

We also discussed if a real earthquake happened, what their next steps would be to assess their own safety and those they love. Ehattlesaht is proud to announce that they all survived! YAY!



NTC staff in Port Alberni Drop, Cover and Hold On in the ShakeOut BC Earthquake Drill on Oct. 17.

Left: Rosie Marsden, membership clerk, takes cover under her desk.



Above: Mailroom clerk Liz Gus finds a safe spot in her office, practising the skills that will protect her in the event of a quake.

Left: Receptionist Cathy Watts comes out of her hiding place after the drill.

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NEDC Business Awards

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He said when he went in search of traditional financing for his business on reserve the banks wouldn't even look at him because he didn't own his own house. NEDC however looked at him seriously and that has led to others—his employees—to be able to feed their families.

Business of the Year went to Sinclair Trucking Ltd. which operates out of Parksville. It was established in 2005 by Sheila and William Sinclair. Sheila is from Tseshaht and they have been married for 50 years. They currently have a fleet of five trucks, hauling gravel and other heavy duty operations including contracts on highway construction. They have five employees.

Team work and hard work are the secrets to their success, said Sheila.

"You can do anything that you can put your mind to." She says Sinclair Trucking never says no to a job, no matter how small. She spoke about staying on budget and managing cash flow well as critical to a long business life.

"Be accountable for every penny," she said.



NEDC Business Support Officer Jennifer Gallic

NTC receives tsunami debris funding

The Nuu-chah-nulth Tribal Council, representing 14 First Nations along the West Coast of Vancouver Island, has been awarded \$96,200 to establish and operate a tsunami debris cleanup program.

The successful proposal was made by the Nuu-chah-nulth Tribal Council, in partnership with community liaisons and leaders, as part of the ongoing effort to monitor, clean up and dispose of tsunami debris in their traditional territory.

The Tribal Council and the Ministry of Environment have signed an agreement for a cleanup program totaling \$154,200. Funding includes \$58,000 from the Nations and their partners through in-kind contributions and \$96,200 from funding generously provided by the Japanese government.

"Our people know the first-hand impact of tsunamis and how they can devastate our communities and livelihoods, which is why we are actively involved in the cleanup. We appreciate the opportunity to work with the Province and collaborate with our community partners, and we honour and thank our Japanese neighbours for their generous contribution," said Debra Foxcroft, President of the Nuu-chah-nulth Tribal Council.

The funds will be used to implement a tsunami debris management response plan for each of the 14 First Nations in partnership with local agencies, governments and organizations to identify and address any impact from debris found along the west coast of Vancouver Island.

Each Nation will be responsible for training their community liaisons and volunteers to recognize and respond to tsunami debris according to the protocols outlined in the B.C. Tsunami Debris Management Plan. The Nations will work with communities to co-ordinate up to 56

cleanups - four per First Nation.

"The Nuu-chah-nulth First Nations have been very proactive in addressing the unique challenge of tsunami debris. I am extremely pleased to support a tsunami debris cleanup program that is so ambitious and collaborative across the 14 traditional territories, which span the west coast of Vancouver Island," said Mary Polak, Minister of Environment.

This announcement follows the awards recently granted to the Haida Gwaii Tsunami Debris Working Group and Coastal First Nations/Great Bear Initiative in their collaborative efforts to develop a plan for managing tsunami debris along British Columbia's coastline.

The funding is available through the one-time grant the Government of Japan presented to the Government of Canada earlier this year, for about \$1 million, to help clean up tsunami debris resulting from the tragic 9.0 magnitude earthquake that struck Japan on March 11, 2011.

Funding will be available for the next two fiscal years to help with shoreline cleanup efforts and disposal of debris. Regional, collaborative applications with affected coastal First Nations and local governments are encouraged.

More information on this application process, including criteria, can be found at:

www.tsunamidebrisbc.ca
All funding decisions will be made by the federal-provincial Tsunami Debris Coordinating Committee (TDCC). Representatives from Environment Canada and the B.C. Ministry of Environment serve as co-chairs of the TDCC.

The tsunami washed an estimated five million tonnes of debris into the sea. An estimated 70 per cent sank off the coast of Japan, leaving approximately 1.5 mil-

lion tonnes floating in the Pacific Ocean.

Since leaving the coast of Japan, the debris has been widely dispersed by ocean currents and winds. Some of it continues to sink or be trapped in garbage gyres. To date, B.C. has seen less debris than originally anticipated.

The Tsunami Debris Coordinating Committee continues to co-ordinate with American Pacific coastal agencies in Hawaii, California, Oregon, Washington, Alaska and with the Japanese Government.

Large collections of debris or significant objects should be reported to: DisasterDebris@noaa.gov

If a person sees something on the beach that appears to be a source of pollution or hazardous material, they should contact the Provincial Emergency Coordination Centre at 1 800 663-3456.

To see a map of confirmed tsunami debris sightings, please visit: <http://marinedebris.noaa.gov/tsunamidebris/debris-map.html>

Community & Home Care Nurse

Northern Vancouver Island is a great location for rewarding work and a scenic, recreational lifestyle!

The Nuu-chah-nulth Tribal Council (NTC) is seeking a full-time Nurse to travel into Northern Vancouver Island First Nation Communities to provide culturally sensitive nursing services. Based out of the NTC's Gold River office (Tsaxana), this position involves providing a combined nursing role of community health and home care nursing to the communities of Kyuquot and Zeballos, and home care nursing to the community of Tsaxana.

Responsibilities include:

- Provide home and community care services through planned home visits, clinics and workshops;
- Assist in planning hospital discharges;
- To participate as a team member within the NTC Nursing program, Regional CHS and as a member of an interdisciplinary team;
- Other related duties as required, such as backfilling for other nurses.

Preferred Qualifications:

- 3-years' experience in Community Health/Home Care Nursing is preferred;
- Current license with CRNBC;
- Experience working with First Nations would be considered an asset;
- Must have a car and valid driver's license;
- Provide acceptable references and criminal record check.

For further information contact Ina Seltcher at: (250) 724-5757 (ext. 290)

Apply by November 19, 2013 by sending your cover letter, resume and 3 references to:

Nuu-chah-nulth Tribal Council
P.O. Box 1383
Port Alberni, BC V9Y 7M2
Attn.: Human Resource Manager
Fax: (250) 723-0463
Email: hr@nuuchahnulth.org
(Word, pdf and rtf attachments accepted)

Nuu-chah-nulth Tribal Council

AIRS experiments forum

Continued from page 1.

All of Canada was rightly outraged to learn of this further abuse of innocent children.

"It's a deeply personal concern for me as my father attended AIRS at the time of the experiments," said Debra Foxcroft, President of the NTC.

Foxcroft said she was appalled to learn of the experimentation. Foxcroft recalled that while her father didn't talk much about his experiences at AIRS, what he did say was that the pigs and cows ate better than the students there. She said her father suffered with heart disease, diabetes, arthritis and wore dentures.

Could those experiments he suffered as a child have caused, in whole or in part, any of those diseases and ailments, she wonders.

"I really want to have the truth be told," Foxcroft said.



Hugh Braker

The Quu'asa team of counselors will be on hand to provide support to residential school survivors if emotions become too much to bear during the forum. Traditional brushings will be held in the Longhouse adjacent to Maht Mahs Gym.

ALBERNI-CLAYOQUOT REGIONAL DISTRICT
REGIONAL PARKS AND TRAILS MASTER PLAN

COMMUNITY OPEN HOUSE

PORT ALBERNI November 20th, 2:30-7:30 p.m. Echo Centre

UCLUELET November 28th, 3:00-7:09 p.m. Ucluelet Recreation Centre

TOFINO November 27th, 2:30-8:30 p.m. District Council Chamber

COME AND SHARE YOUR IDEAS FOR REGIONAL PARKS AND TRAILS

The ACRD is undergoing a regional parks and trail plan for the entire regional district which spans from Mt. Arrowsmith to the West Coast and from Bamfield up to Hesquiat Peninsula.

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GRADE 12 SUCCESS FORUM
POST SECONDARY DINNER EVENT

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POST-SECONDARY GUESTS

NORTH ISLAND COLLEGE

VANCOUVER ISLAND UNIVERSITY

UNIVERSITY OF B.C.

CAMOSUN COLLEGE

UNIVERSITY OF VICTORIA

NUU CHAH NULTH TRIBAL COUNCIL

NETP

BLADE RUNNERS

AND MORE

Dinner Menu

Roast beef and roast turkey

Roasted potatoes

Salad

Bannock

Black berry cobbler and carrot cake

Nuu-chah-nulth Tribal Council demands prevention dollars flow

The Nuu-chah-nulth Tribal Council would like to take this time to acknowledge the report entitled *When Talk Trumped Service: A Decade of Lost Opportunity for Aboriginal Children and Youth in B.C.* released Nov. 6 by B.C.'s Representative for Children and Youth Mary Ellen Turpel-Lafond.

NTC is currently undertaking a thorough analysis of the report and welcomes every occasion to assess recommendations that could help relieve the challenges faced by some families in our communities and bring improvements in our ongoing efforts to keep our children safe from harm and neglect.

It would be remiss of us, however, not to direct attention to a key frustration of the delegated agencies in British Columbia which continues to handcuff service to children and families—the delay of promised federal funding to prevent children from entering care in the first place.

Since committing to prevention dollars in 2007, B.C. delegated agencies still wait. Though Aboriginal Affairs and Northern Development Canada has rolled out the Enhanced Prevention Focused Approach (EPFA) in most provinces in this country, prevention dollars stop at the B.C. border. This funding amounts to \$452 million over five years to 2012, and B.C. hasn't seen a share. NTC believes it continues to be unfair to exclude the province's delegated agencies access to an investment of \$103 million annually to keep families whole.

"Our children, youth, families and child and family service agency have been waiting five long years for these desperately needed prevention dollars from the federal government," said Debra Foxcroft, president of the Nuu-chah-nulth Tribal Council. "The enhanced

prevention funding dollars are expected to provide better prevention services, which are long overdue and will result in the decrease of children in care, which has always been our ultimate goal for our Nuu-chah-nulth families. Our children are precious and are very important to us, and they deserve to be safe, supported and grow up with a healthy, strong and supported family and community to meet their full potential."

Usma, the Nuu-chah-nulth Tribal Council's delegated agency for child and family services, has worked tirelessly with scant funding to achieve what we all want, to keep children safe, loved and nurtured and their families intact. We have been successful at reducing the number of children in care through our

Ahousaht Ec Dev under new umbrella

By Denise Titian
Ha-Shilth-Sa Reporter

Ahousaht—A new business-management entity headed up by Ahousaht's Ha'wiih, their advisors and the Ahousaht Chief and Council agreed that it would be a good way to manage both economic development plans and their natural resources in a way that benefits all members.

MHSS had its beginnings in October 2012 when Ahousaht's Ha'wiih, their advisors and the Ahousaht Chief and Council agreed that it would be a good way to manage both economic development plans and their natural resources in a way that benefits all members.

The board of directors is made up of three representatives appointed by the Ha'wiih: Dave Jacobson, Wally Samuel

work to rebuild and renew families struggling on the brink.

But those efforts are not being supported by the federal government in British Columbia, and we fail to comprehend why. NTC demands the federal government lift the barrier at the border and honor its promise. Let the prevention dollars flow into B.C., because not to do so is the biggest inequity we face in our work with young people at risk, and prolongs aboriginal children's heartache at being separated from their families.

"Our goal is to keep children out of care in the first place and we will continue to advocate, lobby and fight for the appropriate funding to support our goal," said NTC Vice-President Ken Watts.

Quick Facts: Usma in the Nuu-chah-

nulth language means "Precious Ones".

The Nuu-chah-nulth Tribal Council started delivering full child protection in 1989. Directive 20-1 provided approximately \$1.1 million that year. NTC operational funding under Directive 20-1, which is the pre-EPFA formula, is the same \$1.1 million for 2013/2014. NTC transfers \$679,000 of this total to the 14 member First Nations each year to fund family care workers and related supports in the communities.

When NTC added the caseload from the Ministry of Child and Family Development in Port Alberni in 2011, the total number of children in care went from 95 to a peak of more than 160. Within one year, that number was down to 124. (Source: NTC annual reports)

Sr., and Tyson Atleo. They are joined by Ahousaht band councillors.

The 2012 strategic planning meeting included directors and general managers for MHSS and Ahous Business Corporation. Their goal was to find more efficient ways to manage economic development projects and to find a way to bring the management of natural resources under the same umbrella.

An equally important goal is to bring benefits to Ahousaht's muschim in a way that maximizes profits to the community while minimizing losses or claw backs to the federal government through its Own-Source Revenue policy.

Own-Source Revenue (OSR) is a policy Aboriginal Affairs and Northern Development Canada (AANDC) introduced that requires First Nations to report revenues they generate through self-governance like taxation, resource royalties, business investments and more.

The government of Canada expects the self-governing First Nations to use those revenues to fund their own programs and services, reducing the federal transfers AANDC makes to First Nations.

Ahousaht leadership first became aware of the OSR policy when their Ahousaht Education Authority was negotiating education jurisdiction with the federal government. They learned from those meetings that the OSR policy allows

the government to take money back if a First Nation used monies they generated on their own to support government-funded programs like the running of band schools.

This means that the band cannot contribute additional financial support gained through Own-Source Revenue to the school, even though it is underfunded by provincial standards, without having the money clawed back by the government the following fiscal year.

The Ha'wiih say it is very important to Ahousaht to strategize and protect itself from the impact of such claw-backs from the federal government. Their plan is to create the economic development entity which will generate and hold funds that will be distributed to programs that are not supported by the federal government.

The home-use fishing program is one example of a program that is not supported by the federal government; it is costly and it is supported by Ahousaht Administration in order to get much-needed food fish to its members.

For years Ahousaht's Ha'wiih have managed their own fund called Pa-ulkt. The fund is replenished through contribution agreements with local businesses and other sources. It was used for the benefit of the muschim at the Ha'wiih's discretion.

By moving the Pa-ulkt fund and any others like it to MHSS and running the home-use fish program from there, the Ahousaht Administration will no longer have to shoulder the cost of the program.

Ahousaht already has ongoing business interests that can be folded into MHSS. There is a forestry company, fisheries and the recently acquired Mahtsquiaht (formerly known as Kakawis) property. In fact, plans for the development of a campground at Mahtsquiaht are in the works.

Continued on page 8.

TSESHAHT FIRST NATION
Notice of Nomination Meeting

Notice is hereby given that a meeting of the electors of the Tseshaht First Nation will be held in the **Great Room of the Tseshaht First Nation Administration Office**, located at 5091 Tsuma-As Drive, Port Alberni, BC, on **Tuesday, the 19th day of November, 2013, beginning at 6:00 p.m. and lasting for at least two hours** for the purpose of nominating candidates for the position of Councillor on the Tseshaht Band Council. **This is a by-election for one Councillor. The by-election will be held in the Great Room of the Tseshaht First Nation Administration Office on Thursday, the 12th day of December, 2013.**

Please note that any qualified voter may nominate candidates for Council by using a mail-in nomination form. You can either deliver or mail in a written nomination and a completed, signed, and witnessed voter declaration form to the electoral officer before the time set for the nomination meeting, OR you may nominate candidates in person at the nomination meeting. Mailed-in nominations not received by the electoral officer before the time set for the nomination meeting are void. Please note that any voter may vote by mail-in ballot.

Please note: In order to be nominated as a candidate, the person must be:

1. A Tseshaht First Nation member and listed on the voters list;
2. At least 18 years of age on the date of the Nomination Meeting;
3. Must have been nominated and seconded by a qualified Tseshaht First Nation voter whose name appears on the voters list.

A qualified voter is a Tseshaht First Nation member who will be least 16 years of age by 12 December 2013 and is listed on the Tseshaht First Nation voters list and is not disqualified from voting.

NOTE: No elector can nominate or second more than two (2) candidates.

Those electors nominated for office as Councillor shall indicate their acceptance of the nomination in writing and deliver it to the Electoral Officer no later than four (4) clear days after the Nomination Meeting (November 23, 2013).

Given under my hand this 18th day of October, 2013.

Maggie Paquet, Electoral Officer
PO Box 39
Port Alberni, BC V9Y 7M6
250-723-8802
Toll-free: 1-855-586-8683
email: maggie_paquet@telus.net

4th Annual Loonie Toonie Fundraiser
Nov. 23
Port Alberni

ADSS First Nations Steering Committee is hosting the 4th Annual Loonie Toonie Fundraiser At ADSS, 4000 Roger St. Doors Open At 9 a.m. Draws Begin At 1 p.m. Concession Available. Vendor Tables \$10 (Or Donation). Please contact Angie Miller at amiller@sd70.bc.ca or 250-720-7221.

Ha-Shilth-Sa newspaper is published by the **Nuu-chah-nulth Tribal Council** for distribution to the members of the **NTC-member First Nations**, as well as other interested groups and individuals.

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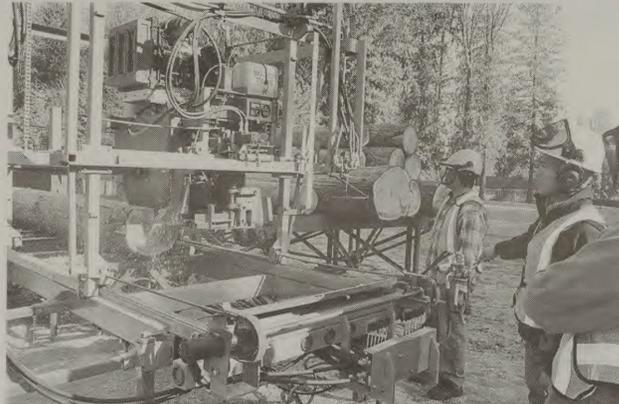
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Float home development the long-term strategy for Hupacasath saw-mill

By Shayne Morrow
Ha-Shilth-Sa Reporter



Four members of Hupacasath are training on a new sawmill that will eventually be used to build a float home development on Great Central Lake.

Hupacasath First Nation has hoisted a new highway billboard welcoming visitors to their traditional territory. Located at the edge of the Alberni Toyota dealership on Johnston Road, the sign is mounted on timbers cut by Hupacasath members on a new portable sawmill located right across the parking lot from the band office.

Hupacasath CEO Rick Hewson said the ability to custom-cut lumber fits into several short- and long-term plans.

"One, the band has an active woodlot, so there are opportunities for the mill to be used for that, and there is also the potential for other businesses in the Valley to utilize its capacity as well. We are currently in discussions with larger producers as well," he said.

Currently, Bert McCarthy is training four members to use the equipment, which can be folded into a single trailer towed by an ordinary pickup truck using a standard hitch.

"We cut the posts for the new sign. They're 8 X 8 and 20 feet long," McCarthy said. "Right now, we're mainly practicing cutting different sizes. We don't have any custom orders yet."

While it is not formally linked, Hewson said Hupacasath would like to be able to mill its own lumber for a major development on Great Central Lake.

"We have an opportunity to take on a long-term lease, a 99-year lease with option to renew, to build a large float home project," he said.

To this point, Hewson explained, float home development on the lake has been haphazard and unregulated, and the province has resolved to bring in zoning regulations to regulate what sort of structures will be built, as well as critical environmental concerns such as garbage and wastewater treatment.

"They want it centralized, coordinated, sewer and water systems, insurance, whereas right now it's 'Float where you will, attach what you will, do what you will, effluent into the lake, build what you want.'"

In short, as far as float homes are

concerned, it is still the Wild West on Great Central Lake. Hupacasath elected councillor and forestry manager Warren Lauder said a previous developer brought forward a proposal to bring existing float homes into a central, regulated site on Boot Lagoon, but the plan never came to fruition.

"Now the province has invited Hupacasath to develop a whole new float home community," he said.

"There are actually three different opportunities," Hewson said. "There's a likelihood that two of them would go forward; one larger one first that will have up to 100 float homes, and a smaller one that has about 30."

Hewson said the province recognizes that Hupacasath has a vested interest in maintaining the highest environmental standards in its own traditional territory, both on the lake, which is a major sockeye spawning site, as well as in the surrounding forests. The province has already given protected status to the sacred site known as Thunder Mountain, he added.

"For the float home owners, the 'win' is that they now have something that has value," Hewson said.

While at first blush, it may sound like government bureaucracy and added expense for would-be float home owners.

Being part of a regulated community with infrastructure and services means there is an actual deeded property that can be assessed and insured, like any city home.

"It's actually something that you own, and something you can sell," Hewson said. Lauder said the plan is to mill timber from the band's two woodlots.

"Our woodlot out at Sproat Lake only has an annual allowable cut of 3,800 cubic metres. It's fairly small timber right now, but the AAC will go up as the trees mature," he said.

The familiar Woodlot 1902, which extends along the Redford Extension near the Alberni Valley Chamber of Commerce office, has an annual allowable cut of 5,000 cubic metres. Lauder said the urban interface woodlot does create concerns for neighbours, because of the number of small streams crisscrossing the area.

"We've assured them that Hupacasath will be good neighbours," he said. It will be some time before Hupacasath-milled lumber is used to build the first float homes on Great Central Lake. Until then, the new welcome sign will act as a visible advertisement for custom-cut wood.

"To start with, we're building some park benches and picnic tables that are going to be installed at the band dock on River Road," Hewson said.

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DEADLINE:

Please note that the deadline for submissions for our next issue is

Dec. 13, 2013

After that date, material submitted and judged appropriate **cannot be guaranteed placement** but, if material is still relevant, will be included in the following issue.

In an ideal world, submissions would be typed rather than hand-written. Articles can be sent by e-mail to hashilthsa@nuuchahnulth.org (Windows PC).

Submitted pictures must include a brief description of subject(s) and a return address.

Pictures with no return address will remain on file. **Allow two - four weeks** for return.

Photocopied or faxed photographs **cannot** be accepted.

COVERAGE:

Although we would like to be able to cover all stories and events, we will only do so **subject to:**

- Sufficient advance notice addressed specifically to Ha-Shilth-Sa.
- Reporter availability at the time of the event.
- Editorial space available in the paper.
- Editorial deadlines being adhered to by contributors.



Ha-Shilth-Sa belongs to every Nuu-chah-nulth person including those who have passed on, and those who are not yet born. A community newspaper cannot exist without community involvement. If you have any great pictures you've taken, stories or poems you've written, or artwork you have done, please let us know so we can include it in your newspaper. E-mail hashilthsa@nuuchahnulth.org. This year is Ha-Shilth-Sa's **39th year** of serving the Nuu-chah-nulth First Nations.

We look forward to your continued input and support.
Kleco! Kleco!

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Nuu-chah-nulth Tribal Council President Debra Foxcroft places a wreath at Remembrance Day Ceremonies in Port Alberni on Nov. 11. This year services were held in the Glenwood Centre. Luke George of Tseshaht and Jeff Cook of Huu-ayht also placed wreaths. Other scenes of the ceremonies below.



On Remembrance Day
Honour the bravery of our men and women in uniform

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Nanaimo-Alberni

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Ahousaht Ha'wiih set up MHSS

Continued from page 5.

According to Stern, the property is already being used by Chachhumhiyup, Ahousaht's Holistic Program, for wellness work.

"We want to have a revenue-generating business like a resort but we also want to keep our commitment to use the place as a healing centre," said Stern. She went on to say that the property is large and she believes both interests can be accommodated.

For the time-being MHSS wants to start small by developing a campground.

Another important upcoming MHSS project is to bring a fueling station into Ahousaht to service both the vehicles in the community and the marine traffic. The station will provide convenience and substantial money savings to people living in Ahousaht.

Stern said a fuel station could be up and running by summer 2014.

In the meantime, Stern is busy working on the establishment of policies and procedures for the fledgling MHSS. She is working closely with Ahousaht Administration sorting through the various programs and laying the groundwork for how the two entities will work together.

An important principle the Ha'wiih wish to abide by is to always be open, fair and accountable to their membership. They have directed Stern to find the best way to communicate with membership about MHSS business.

Stern plans to approach membership with a survey to find out how they prefer to receive updates. Once communications are in place members can expect to receive regular reports.



Private John H. Watts, Gunner World War Two

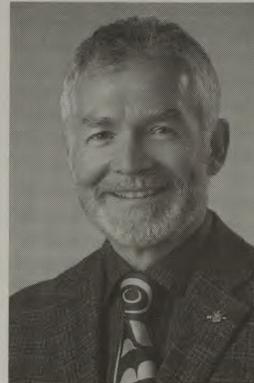
Enlisted NRMA August 28th 1941. Served in Canada, United Kingdom and Continental Europe. Served on occupation duty in Northwest Europe with the 3rd Garrison Battalion, 107th Infantry Brigade from May 21 to June 24 1945, and with the Seaforth Highlanders of Canada from June 25th to September 7th 1945. Receiver of the Canadian Volunteer Service Medal and Clasp.

Our memories of you never fade as the years pass by, and November 11th we wear our Poppies with great pride in you Dad. Memories are all we have, and they will not fade over time. Forever in your Children's hearts and our love for you will never cease.

Remembrance Day November 11th 2013



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November is National Diabetes month.
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Check out our Web site at
www.hashilthsa.com

Haahuupayak welcomes World Youth Group

By Denise Titan
Ha-Shilth-Sa Reporter

Port Alberni—A group of young Canadian and Vietnamese volunteers, recently arrived in Port Alberni, were greeted at Haahuupayak School with a welcome song performed by students and staff.

According to teacher Rose Doerksen, the Canadian World Youth Group is visiting Port Alberni as part of their volunteer work experience program.

Youth Leaders in Action is one of the programs that World Youth Canada offers. It is six-month program aimed at youth between the ages of 17 to 25.

A similar group came to Port Alberni last year and visited Haahuupayak School. This year the group of about 20 youths is made up of about half Canadians and the other half Vietnamese people.

The group just arrived in Port Alberni Nov. 3 after having spent three months in Vietnam. While there, the mixed youth group took part in activities that would allow them to build their leadership skills and learn about a foreign culture.

The remaining three months of the six-month program will be spent in Canada. The Canadian and Vietnamese young adults will work side-by-side as volunteers working on community-driven development projects which focus on health, the environment or gender equity. They will stay with host families and take part in youth-led educational activities.

The students at Haahuupayak School practiced a welcome song every day, under the guidance of their cultural education teacher, Trevor Little.

"They sing this song every day," Little told the group, "and today they will sing this song to welcome you."

Led by two of the Grade 6 students, the entire school sang their traditional welcome song loud and proud. The teachers and staff joined in the singing while some of the guests mimicked the hand clapping of the students.

The principal invited the guests to introduce themselves and tell everyone what they think about Canada. Most were thrilled to see the snow on the mountain

tops. The principal told the students that Vietnam is a warm country and most of the locals have never seen snow.

One Vietnamese woman said it was cold and she missed the warm weather of her home country.

"Everything is much cheaper there than in Canada," she giggled.

The Canada Youth Group will spend their time in Port Alberni volunteering at places like the Nuuchahnulth Tribal Council in the Ha-Shilth-Sa Department, the West Coast Aquatic and similar organizations. Two of the volunteers, one Canadian and one Vietnamese, will work at Haahuupayak School until Jan. 17.

The youth volunteers took seats in the audience so that they could watch the monthly school assembly, which started with a slide show of school activities from the month of October.

The theme for the month was thankfulness and one of the students was selected to read his well-written essay about what he is thankful for.

Later, student Evelyn Charleson was called up to accept the monthly Isaak (respect) award.

Teacher Rose Doerksen had just returned to work after a car accident which left her with lingering injuries. She called up her Grade 5/6 class and thanked them for their patience and kindness as she recovers from her injuries. She gave each a yellow rose.

The school day ended with more awards being handed out.



Timothy Adolph Paul
Born December 3, 1916 ~
Deceased June 27, 1971



Timothy Adolph Paul served in World War 2 and was stationed in Germany. He was almost killed twice in action, once when a bomb hit the tanker he was on and another time when a bomb hit the fox hole he was in. The wreath was made by Beulah Howard and me in memory of dad. I share my greatest appreciation and thank you again, Beulah. Love your sons and daughters, Floyd, Tim, Martha and Verna numerous grandchildren and great grandchildren and great-great grandchildren.



Master Seaman Jessica Williams is part of the team that helped to clean up the Field of Honour on Sunday Nov. 3.



Stan Robinson, Anne Robinson and their children Shannon, 9, and Leland, 5, enjoyed brunch at the Turtle Beach Café in the Blue Marlin Inn on Sunday Nov. 3.



Right: Jolene Sam, 6, made a very cute unicorn on Halloween night at the Blue Marlin Inn. She enjoyed a hotdog, treats and a warm up by the bonfire.

Photos by Sonja Drinkwater

Daughter's tribute now on display in Victoria

By Shayne Morrow
Ha-Shilth-Sa Contributor

An artist with ties to Nuu-chah-nulth and Coast Salish culture has created a stunning tribute to her late father and grandmother.

Although best known as a Hollywood costume and graphic designer, Carmen Thompson, daughter of the late Ditidaht artist Arthur Thompson, recently shifted her creative gears to design and execute a massive mural in copper for the new Vancity Credit Union branch in the Mt. Tolmie district of Victoria.

"It's about seven by 12 feet, and it's right behind the customer service desk," Thompson said.

For Thompson, it was a tangible fulfillment of her Nuu-chah-nulth name, Tll'aakwa Huupalath, (Copper Moon), which was given to her by her uncle, artist Chuuchkamalthnii Ron Hamilton, at a potlatch held shortly before her father's death in 2003.

Thompson received the commission following a selection process that included a design proposal and abstract. While the main figures of the piece derive from the works of Arthur Thompson, the top border reflects Coast Salish imagery.

"I designed the border in honour of the fact that the bank is in Coast Salish territory, and also in honour of my later grandmother, Ida Thompson (Modeste), who was Coast Salish. She loved swans, so I took the Coast Salish shape and mirrored it, and it created a heart shape, which I wasn't anticipating."

The main design derives from a piece of Arthur's work that was used by the Indian Residential School Survivor's Society, Thompson explained.

"I had been hired through them (IRSS) to do some of their media; I created a few brochures for their youth conference and some hoodies with my dad's artwork on them. I'd been working with that logo for a few months. I took a small piece of it, using an eagle face and a human face, and enlarged that."

All of these elements, Thompson reduced and graphically rendered through the magic of Adobe Illustrator, to create patterns that could be set onto copper sheeting, cut into individual two-dimensional forms, then hand finished and arranged on a single sweeping canvas.

Perhaps the most amazing thing about the tribute to family in copper is that, but for a string of chance encounters, Thompson's relationship with her father's family almost never happened at all.

Thompson was born in Vancouver in 1974, and the family moved to Victoria shortly afterward. Her late mother, Cathy Leo, was the daughter of Adolf and Lucy Leo, both of Kyuquot-Checklesah. For many years, her mother's side was the only family she knew, and her brother Eugene, who is six years older, the only sibling.

"My mother and father separated after I was a year old. My mother never spoke of him, and I never talked about him — never brought him up."

When Thompson was six, her mother moved the family back to the Lower Mainland. She was 12 when her grandmother, who served on a medical board, overheard a fellow board member mention a family friend named Cathy. Something clicked.

"She said, 'Do you mean Cathy Leo?'"

That chance comment set in motion a memorable first meeting in the Cloud 9 Restaurant in the Sears Tower high above downtown Vancouver.

"It was really awesome, being a



Photo by Dean Kalyan

On Oct. 16, Carmen Thompson, daughter of the late Ditidaht artist Arthur Thompson, unveiled a copper mural in the new Vancity Credit Union in Victoria. The blessing was given by her uncle, artist Chuuchkamalthnii Ron Hamilton.

12-year-old girl, meeting my grandmother for the first time. My maternal grandmother passed away when I was very young. I think I was three or four, so I never had a grandmother.

"So that's when I found out about my whole Thompson family. It's a huge family; I have seven sisters and four brothers!"

The meeting with her father also came about by surprise a few months later.

"It happened at my grandfather's (Adolf Leo) funeral. Me and my mother and my cousin Don were waiting in the limousine to go to the cemetery, and this man knocks on the window: Knock Knock Knock.

"I didn't know who it was; I looked away. And my mother said, 'That's your dad.'"

Thompson climbed out of the car and said hello. It was the beginning of a kinship strengthened by a mutual love of art and traditional culture. Arthur Thompson reinforced her belief that she had an innate talent that could take her far in life.

Her dad later helped her find her first job, with Gordon Hanson. That was followed by a stint at the Roy Henry Vickers Gallery. But it was at the First People's Cultural Foundation in Saanich that she discovered computer graphics.

"It was in 1996. My boss had purchased an e-mail program and said, 'Please do something with this.'"

Within a short time, Thompson was writing HTML code, and "it is like a second language."

But it was when she first encountered Adobe Photoshop that she saw the potential to create a new, distinct yet traditional form of art.

"I picked [Photoshop] up easily. It's just like an extension of me."

Using elements of her father's artwork, she created a lamp and a set of glassware, and realized there was a market for this sort of product.

"I did that as a business. I took a lot of his designs and transferred them to what I do."

Then, out of the blue, she was struck by a car and injured, and unable to work for more than a month.

"It was an awakening moment. That's when I decided to go to fashion design school in Los Angeles. I applied and I got a scholarship."

She left for the Fashion Institute of Design and Merchandising at the end of 2003, a year that had seen the death of her father, her grandmother and a Thompson cousin. She had barely settled in for her first term when fate intervened yet again.

"My roommate got a job as a production assistant in a movie. It was a great experience for him, and it was really cool, but on the first day of filming he said, 'Hey — I think I just got you a job.'"

The film was titled Rolling, by director Billy Samoa Saleeby (http://www.imdb.com/title/tt0469966/?ref=rv_i_t). They had no costume designer and Saleeby was in a panic. Fortunately, Thompson said, the quasi-documentary only covered

a 24-hour span and two costume changes per character. She was able to put together a wardrobe plan with an existing pool of clothing supplied by the actors themselves.

Over the next six years, Thompson worked in many capacities on a number of films and TV shows (you can check out her resume at http://www.imdb.com/name/nm1977419/?ref=rv_i_n). While the budgets were often much higher than Rolling's, that sense of controlled panic was often a companion.

When Michael Jackson died on June 25, 2009, organizers of the Black Entertainment Television Awards called on Thompson to recreate a set of Jackson's landmark costumes — Billy Jean socks, the red zipper jacket and the Remember the Time costume — for host Jamie Foxx to wear in a tribute sequence. All in four days.

Foxx was so impressed, he had her design the leather jacket he wore in the opening of his Blame It Tour, and invited her to join the tour.

Later that year, however, Thompson went home for a short visit and ended up staying four years, working on a number of projects, culminating in the Vancity mural. On Sept. 17, she drove in the last copper nail, and on Oct. 16, flanked by members of her family, the project was unveiled to the public. Uncle Ron Hamilton gave the blessing.

Now back in Hollywood, Thompson has shifted her energy to another long-term tribute to her father, this one much larger and more ambitious. She is writing a script based on her father's residential school experience, which began at the notorious TB hospital in Nanaimo in the early 1950s, then shifted to the equally infamous Alberni Indian Residential School.

The TB treatment of the day made children especially vulnerable to predators, Thompson explained.

"He was kept in a body cast. That's where the abuse began."

After shifting the point of view from her father to the four key abusers, Thompson has created a script that has already drawn the interest of industry professionals.

"I believe the residential school story is huge, and deserves the respect of HBO and the big screen companies," she said. "Looking back, I'm very happy to have had my dad. And my grandmother started it all."

Runner raises awareness about polar bears

By Denise Titian
Ha-Shilth-Sa Reporter

Port Alberni — A South African man on the final leg of his cross-Canada run to raise awareness about polar bears passed through Port Alberni on Halloween on his way to Tofino.

Dave Chamberlain pushes a cart containing food, clothing and anything else he needs during his run. He has no support vehicles and is running alone.

He said he is not running to raise money but to raise awareness about the plight of the polar bear.

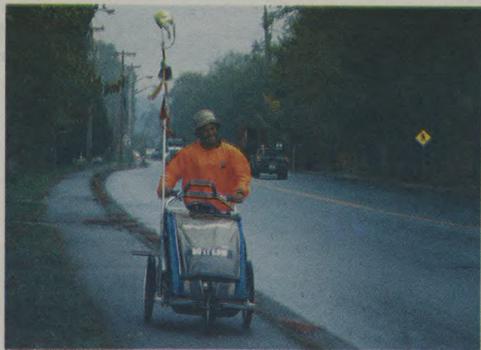
"Money can't fix what's happening to the polar bear," Chamberlain said.

Many believe that the polar bear is at risk of extinction due to habitat loss as a result of global warming. A recent report on a National Geographic website says as much as two-thirds of the world's polar bears could disappear by 2050 due to global warming which continues to

melt the Arctic's sea ice.

Chamberlain said he chats to people about the issue as he runs. A documentary film-maker sometimes accompanies him on his journey filming portions of what he does.

"Most people in Canada are aware of the polar bear issue but we want to raise awareness with the rest of the world," Chamberlain said. Chamberlain runs on behalf of World Wildlife Federation and also works to raise awareness about penguins and rhinos.



Dave Chamberlain raising awareness of Polar Bear habitat.

Ultimately, Chamberlain would like to see a complete ban on polar bear hunting; something the Norwegians have already done.

Chamberlain ended his five-month run across Canada in Tofino on Nov. 1.

Memorial Potlatch

for Late Chief Richard Douglas Maquinna Tate and to honor late Odillia Hayes

Held at Maht Mahs Oct. 19

Hosted by the House of Satiixab (Paul Tate)



Photos by Debora Steel

DIABETES AWARENESS



Esther Edgar has fun with Lorna Neuwirth at the train the trainer program.

Supporting healthy lifestyles

Matilda Atleo, in NTC Health Promotion and Social Development Department, has been coordinating an initiative over the past six months.

In partnership with Nursing, we hired a Registered Dietitian to develop curriculum for a Basic Nutrition Education Train the Trainer Program.

In addition to the dietitian hired, we also had an additional dietitian from Island Health Authority that has committed her time to this initiative.

With change in diets, lifestyle, food insecurity, increase in diabetes, we see a need for additional assistance and expertise in supporting nutrition and



Matilda Atleo, Helene Dufour, VIHA dietitian and Sandra Gentleman, dietitian, facilitator.

healthy lifestyle initiatives in our community.

Continued page 15.



NOVEMBER IS DIABETES AWARENESS MONTH

DO YOU KNOW THE SIGNS AND SYMPTOMS OF DIABETES?

Signs and symptoms of diabetes include the following:

- Unusual thirst
- Frequent urination
- Weight change (gain or loss)
- Extreme fatigue or lack of energy
- Blurred vision
- Frequent or recurring infections
- Cuts and bruises that are slow to heal
- Tingling or numbness in the hands or feet
- Trouble getting or maintaining an erection

It is important to recognize, however, that many people who have type 2 diabetes may display no symptoms.

DO YOU KNOW THE RISK FACTORS FOR DIABETES?

If you are aged 40 or older, you are at risk for type 2 diabetes and should be tested at least every three years. If any of the following risk factors apply, you should be tested earlier and/or more often.

Being:

- a member of a high-risk group (Aboriginal, Hispanic, Asian, South Asian or African descent)
- overweight (especially if you carry most of your weight around your middle)
- Having:
 - w a parent, brother or sister with diabetes
 - w health complications that are associated with diabetes
 - given birth to a baby that weighed more than 4 kg (9 lb)
 - had gestational diabetes (diabetes during pregnancy)
- impaired glucose tolerance or impaired fasting glucose
- high blood pressure
- high cholesterol or other fats in the blood
- been diagnosed with any of the following conditions:
 - polycystic ovary syndrome
 - acanthosis nigricans (darkened patches of skin)
 - schizophrenia

Submitted by Matilda Atleo, Sr. Community Health Development Worker

Welfare cuts force return to more traditional diet

By Denise Titian
Ha-Shilth-Sa Reporter

Nuu-chah-nulth Territories—A woman using a social media site sends out a call for help. She reminds people that the month of October is a long one and people are struggling with the cutbacks in social assistance. She asks for food donations for the community.

The replies come quickly. Someone is bringing food from his kitchen cabinets; another offers to bake some bannock. Someone else in a neighboring community offers to gather food to send over.

Cuts to social assistance benefits on reserve took effect over the summer. For some families living on reserve, that has meant an almost 50 per cent cut in their monthly benefits.

Welfare, also known as income assistance or social assistance, is money and benefits provided by government to people who need financial help and have no other reasonable way of getting money.

Each province administers its own welfare programs while income assistance for people living on reserve comes from the Government of Canada through Aboriginal Affairs and Northern Development Canada (AANDC).

In 2012, AANDC announced changes to social development policy. The changes the department said, would bring it more in line with British Columbia's income assistance standards. The new changes do not factor in the higher cost of living that comes with having a home in a remote community.

The federal government through its Indian Agents created Indian Reserves and most are isolated. The cost of travel in and out of these communities can be

huge, in the hundreds of dollars for a return trip for a family in some cases. The further away a village is from an urban center the higher the cost of groceries and utilities.

For many singles and families in Ahousaht already struggling and living on income assistance, the change in policy by the federal government has plunged them even further below the poverty line. With limited employment opportunities, the community is forced to find alternative ways to make ends meet.

A woman living in Port Alberni wrote that she had to be on assistance for about three months and received \$610 per month. Nearly half went to rent, \$101 to utilities and she used the rest for her phone, fuel for her car and for food.

"I didn't have enough to live off in town and I realize that car and phone are not considered a necessity but when on a job hunt they are very useful," she wrote. "I cannot understand the government thinking that those on reserve can live off of less than that if I can't survive in town where food and gas is way cheaper and necessities are way more accessible," she continued.

To find out what the social assistance rates are on Indian Reserves, the AANDC website directs people to their provincial ministry of social services website for the information.

In British Columbia a couple with one child where the adults are under age 65 would receive \$401.06 for monthly support and, where applicable, a shelter portion of up to \$660 according to their rate schedule.

An employable single parent with one child is eligible to receive \$375.58 per month. Return water taxi fare costs at least \$40.

The federal government no longer pays the isolation benefit that the Nuu-chah-nulth Tribal Council had a provision for in its own Social Development Policy manual. There has also been a dramatic cut in incentive hours.

"That's why I chose to move to town," wrote one single parent. "I'd really struggle on the rock (Ahousaht) — I would not even survive."

"There are two of us that have to live on \$187 month on SA (social assistance) to cover our basic costs," said Gail Baker-Gus of Tseshah. Baker-Gus, a grandmother who is recovering from cancer said the worst of it is the inability to afford healthy foods she needs to maintain a healthy body while recovering from the cruel disease.

She talked about the hindrance on her mental, spiritual and emotional well-being, having to struggle on social assistance. Suffering with stress over her financial situation is hard on her fragile health.

She calls bread and fruit luxuries they usually can't afford and \$15 haircuts for herself and her husband along with shampoo and toiletries are a thing of the past. "If it were not for food banks such as the Salvation Army and family members who help supplement our dietary needs we just would not make it throughout the month on the small amount of funds available through SA."

Baker-Gus admits she and her husband were given the option to increase her assistance allowance by being declared disabled, but that would mean 'jumping through major hoops'.

After having worked and supported herself most of her life, Baker-Gus finds being on social assistance most degraded.

In Tsaxana, Housing Coordinator Roberta Savye says the cuts in Social Assistance are creating hardship in her community.

"Some are going without hydro so they can pay their rent," she said.

At least two community leaders said they would be inviting resource people from the NTC to their communities to meet with band staff to explore options.

The cutbacks, which started in the summer, have created backlash against band staff in some communities. Nuu-chah-nulth leaders are asking people not to blame band staff.

"It's the doing of Indian Affairs," said one band councillor.

In the meantime, both band leadership and grassroots people are doing what they can to help.

Many communities have launched free stores and food banks. They are harvesting food from the hahulthi of their ha'wiih, bringing home food fish, ducks and deer meat to share with the community.

In the Hesquiaht community of Hot Springs Cove, band member Lisa Sabbas says the people are getting together to help one another preserve food for what they call the Community Cupboard. Their community garden is growing strong after nine years and, this year they've been able to harvest their plum tree for the first time. They've distributed fresh fruits and vegetables from the garden to the volunteers who help do the work to procure food.

According to Sabbas, volunteer hours are banked and they can trade in some hours for access to food in the Community Cupboard.

Continued on page 21.

Diabetes Education Centres

What We Do

Island Health's Diabetes Education professionals help people with diabetes understand their condition and live a balanced, healthy life free of complications. We provide free education and support to people who have been diagnosed with pre-diabetes, type 1, type 2, or gestational diabetes. We see people of all ages at seven locations across Vancouver Island.

Who Should Learn About Diabetes?

- All people with diabetes
- All people at risk for developing diabetes
- Family members of people with diabetes
- Anyone who cares for someone with diabetes

Our Locations

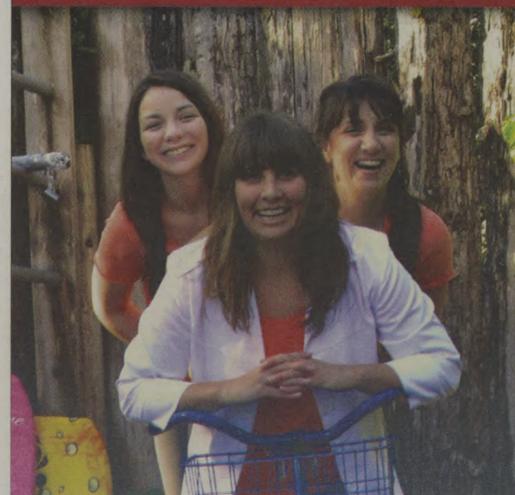
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- Duncan (250) 737-2004
- Nanaimo (250) 716-7733
- Parksville (250) 951-9550
- Port Alberni (250) 724-8824
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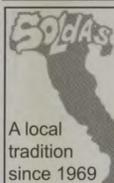


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to the generous donations from
area businesses and individuals
in support of the

Bread & Butter Loonie Twoonie FUN!raising Event,
which will be held on Nov. 30
at Gyro Youth Centre at 3245 7th Ave.
in Port Alberni.

Proceeds will go to the Bread of Life Soup Kitchen, which serves more than 25,000 meals each year to those struggling in poverty, with addictions and for those who simply cannot make ends meet. 9 a.m pre-bids; 1 p.m. draws. Advanced Prebids Nov. 22 at NTC 1 p.m. to 4:30 p.m. in the basement boardroom for those who cannot make the Draw Date event.

Thank you to the following local businesses and individuals who have donated to the prize list. Those who donate a prize of \$25.00 value or more received an ad in this newspaper as a token of our sincere appreciation.

Kleco, Kleco for the donations:

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Ha-Shilth-Sa's Bread & Butter Loonie Twoonie FUN!raising Event

SAVE THE DATE
Nov. 30, 2013

Gyro Youth Centre
3245 7th Ave. in Port Alberni
Pre-bids 9 a.m.; Draws 1 p.m.
For those who may not be able to attend the draw date, Advanced bids at NTC (Port Alberni) on Nov. 22 in the basement boardroom. (Please note: Stairs)
Watch for Updates on the Events Page at www.hashilthsa.com
Check out some prizes under Photos

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Community & Beyond

Memorial Potlatch Nov. 23 Ahouasht

Irene Mary Frank memorial potlatch to be held in Ahousah at 5 p.m. Call Peter Frank Sr. at 250-670-9683 for details.

Memorial Potlatch Nov. 23 Port Alberni

All invited to come to the Maht Mahs at 11 a.m. for the memorial for Anthony Mickey. For more information, call les Mickey at 250-266-0148.

Craft Fair and Loonie Twoonie Nov. 23 Port Alberni

Xmas Xtravaganza Craft Fair and Loonie Twoonie at PA Friendship Center, 3555-4th Ave, Sat, Nov 23rd from 9 am to 4 p.m.

4th Annual Loonie Toonie Fundraiser Nov. 23 Port Alberni

ADSS First Nations Steering Committee is hosting the 4th Annual Loonie Toonie Fundraiser. At ADSS, 4000 Roger St. Doors Open At 9 a.m. Draws Begin At 1 p.m. Concession Available. Vendor Tables \$10 (Or Donation). Please contact Angie Miller at amiller@sd70.bc.ca or 250-720-7221.

Memorial for (Dominique) Nick Andrews Nov 30 Maht Mahs Gym

Kathleen Andrews, "Future Tyee Hawaith" Baby Ben & our family: would like to invite friends and family of the "Late Matlahoa - (Dominique) Nick Andrews, Hereditary Chief of the Hesquiaht Nation to honour and remember a great

man who touched many lives in such a way. Everyone please join us at 10:00 AM. Any question please contact: Joy Charleson (250) 634-8812 or Erica McIntyre-Tom (250) 389-1527

Bread & Butter Loonie Twoonie Nov. 30 Port Alberni

The Bread & Butter Loonie Twoonie FUNdraising Event will be held on Nov. 30 at Gyro Youth Centre at 3245 7th Ave. in Port Alberni. Proceeds will go to the Bread of Life Soup Kitchen, which serves more the 25,000 meals each year to those struggling in poverty, with addictions and for those who simply cannot make ends meet. 9 a.m. pre-bids; 1 p.m. draws.

Urban Gathering 2013 Dec. 5. Vancouver

Will take place at the Maritime Labor Centre - 1880 Triumph St, Vancouver from 3 p.m. to 8:30 p.m. Cultural Brushings, Dinner, Drumming and Singing, Info Sharing, Door Prizes. For more information please contact Jolene Prest: (250)724-3939 or Toll Free: 1-888-624-3939 Fax: (250) 724-3996 jolene.prest@nuuchahnulth.org. This event is coordinated and funded through the Nuu-chah-nulth Tribal Council's Tiič'aaq̓' Quu'asa Program.

Urban Gathering 2013 Dec. 6 and 7 Seattle

Will take place at the Duwamish Longhouse - 4705 W Marginal Way SW, Seattle from 3 p.m. to 8:30 p.m. on Friday with Dinner and from 10 a.m. to 3 p.m. Saturday with Lunch. Cultural Brushings, Drumming and Singing, Info Sharing, Door Prizes. For more information please contact Jolene Prest: (250)724-3939 or Toll Free: 1-888-624-3939 Fax: (250)

724-3996. jolene.prest@nuuchahnulth.org This event is coordinated and funded through the Nuu-chah-nulth Tribal Council's Tiič'aaq̓' Quu'asa Program.

Samuel Basketball Tournament Dec. 6 to Dec. 8 Port Alberni

This year the Annual Samuel Basketball Tournament will be 25 & under (Born 1988). The tournament runs from Dec. 6 to Dec. 8 at the Alberni Athletic Hall. The first six teams for the Men and Women Division will be entered in the tournament. There will be allowed three non-status on each team, but only two non-status on the floor. Entry fee is \$225; Non-refundable deposit of \$125 is due on Nov. 29. The remaining of the entry fee of \$100 is due at the end of your first game. Cash or certified cheque only. NO personal cheque. There will be no cash prize for this tournament. There will be place and individual awards presented. The philosophy of my Dad, Wally Samuel Sr, is for all the athletes to have fun and to have a friendly competition. To enter

the Tournament contact Richard Samuel, via Email r.samuel78@hotmail.com or through Facebook. To donate towards the tournament or volunteer contact Robyn Samuel via e-mail robynsamuel@hotmail.com or through Facebook

Uchucklesaht Education/Career Fair Dec. 18, 2013 Port Alberni

Starting at 9:30am going to 2:30pm at the Alberni Athletic Hall.

Memorial Potlatch Nan Vi Johnson Feb. 22, 2014 Tsaxana, Gold River, B.C.

A memorial potlatch for late mom, grandmother, who everyone knew as Nana Violet Johnson set for Feb. 22, 2014 in Tsaxana at Wahmeesh gym. Time will be posted in future issue. For more info, please contact Shirlee Johnson. 250-283-2665 or Sam Johnson at 250-283-9264.

Birthday & Congratulations

Happy belated Birthday Sept 13 Doug. Love Anne and Family
Belated Happy Birthday Oct. 2 to Sis Corine W. Love sis Pearl # Marvin, Violet, Jr. Mike

Belated Happy Birthday Oct. 2. Dion Joe, Pat Williams, Martha Watts, Pete Wilson, from Marvin and Pearl, kids.
Belated Happy Birthday Oct. 10 to Gio-

ria Ross from cuz. Pearl and Family.
November 18: Happy 74th Birthday Dad David Tate from daughter Peggy and Family. We Love you Dad.

Congratulations Sham Atleo and niece Natasha Charles on the birth of their beautiful baby Girl "Claire Pauline Leanne Atleo" on Oct 25, 2013, 4:26 a.m. Welcome to your big families. Love Auntie Peggy Tate and Family.

Lost and Found

Lost Drum at Tate memorial Potlatch Oct 19th, 2013 at the Maht mahs. The drum is in a Tribal Journeys brown bag from Squaxsin Island 2012. Size is 16 inch, new with no design, a new drum stick with light brown leather on both

sides/ with fringe. The drum was only set down while he was packing things to his vehicle. When he returned for it, it was gone. Please return to David Tate Phone 250-745-3888.

POSTING

Financial Controller – term position for 1 year

ʔiihatis /ciinaxint in Zeballos, BC is looking for a Financial Controller

The successful candidate will report to the Band Manager and be responsible to:

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- present timely financial statements on a consistent and comparable basis to Chief & Council and Management.
- maintain the chart of accounts and reconcile banks and various accounts for the Band, program departments and related businesses.
- assist in annual audit preparation by preparing financial statements and working papers.
- Process payroll and employee benefits
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fax: 250-761-4156
email: ehattesaht.office@ehatis.ca

Only those short-listed will be contacted for an interview.

Open Until Filled



Nuu-chah-nulth Artists & Vendors

The Uchucklesaht Tribe Government, Human Services Department is seeking Nuu-chah-nulth artists/vendors for our upcoming Uchucklesaht Education/Career Fair, Dec. 18, 2013 from 9:30 am to 2:30 pm at the Alberni Athletic Hall. We are also inviting Service Providers who are interested in having a table that emphasizes education or career information.

Please contact the Human Services Department at 250-724-1832 and speak to Charlotte Rampanen or Deanna Robinson



Photos by Denise Titian

Sandra Gentleman, standing at the head of the table, is a dietician contracted by NTC. she facilitated the basic nutrition train the trainer program hosted by NTC's Health Promotion and Social Development Department.

Nutrition facts and labels

Continued from page 10.

This initiative will help build ongoing capacity within our communities to model and support healthy lifestyles. Overview: Determinants of health Holistic health(mental, emotional, spiritual, physical) Food literacy Food security Good groups(Canada food guide)

Reading nutrition facts labels Shopping: knowing how to do unit pricing at the store Sodium(salt), sugar, fat Portion sizing Traditional knowledge Eating together as a family We hope to obtain funds to offer this training in the Central and Northern Region also.



Nuchatlaht Tribe
P.O. Box 40
Zeballos, BC V0P 2A0
Phone (250) 332-5908 Fax (250) 332-5907

EMPLOYMENT OPPORTUNITY

Nuchatlaht Tribe is looking for a highly- motivated individual to fill the Manager position.

Based out of

Oclucje, BC, this Executive- level position reports to the Tyee Ha'wiltth and his Council, and will be responsible for the planning, leadership, accountability, supervision, and overall operations of the Tribe. The Manager will focus on the ongoing improvement to the organization's process, perform business development duties and provide leadership for Nuchatlaht staff.

Some Duties and responsibilities include:

- Serve as the primary point of contact for the administrative operations and related business interests of the Nuchatlaht Tribe
- Ensure the coordination and preparation of all Tyee Ha'wiltth and Council meetings
- Develop proposals to access additional resources, capacity-building and services
- Oversees and monitors financial and program matters
- Provide leadership, motivation and direction to all staff, with sound knowledge of Personnel policies
- Nurtures and encourages harmonious relationships with business partners, other First Nations and neighboring communities

Preferred Qualification:

- Degree in a field related to business and administration, or equivalent combination of education and management-level experience involving business development of First Nations operations
- Excellent organizational, communication strategic planning and implementation skills
- Understanding of financial reports, budgetary processes and project reporting requirements
- Able to identify key issues and creatively and strategically overcome internal challenges or obstacles with diplomacy and sensitivity
- A well-defined sense of diplomacy, including solid negotiation, flexibility, accountability, conflict resolution and people management skills
- Experience working with First Nations Administrations and Communities
- A clean driving record, current driver's license and vehicle
- Provide a clean criminal record check and provide at least three references

Salary: A starting salary in the range of \$50,000 to \$55,000

Qualified applicants should send cover and resume by **November 8th 2013 4:30PM** Please state in your cover letter your date of availability and salary expectations. Direct your application to:

Tyee Ha'wiltth Walter Michael
PO Box 40,
Zeballos, BC V0P 2A0
E-mail: nuchatlaht@hotmail.com
Fax: 250-332-5907

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Website: www.nuuchahnulth.org

Nuu-chah-nulth Tribal Council
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POSTING

Certified Homemaker 1 p/t

Ehattesaht Tribe is looking for a Certified Homemaker. Your role is to actively support and uphold Ehattesaht's stated mission. Depending on your qualifications, you will provide home making, personal basic health care, and emotional support to elderly, ill, and disabled people (clients) in their home. You will report to the Social Development Worker.

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- Help clients with normal living activities, planning and cooking meals;
- Assist with the hygienic needs of clients, i.e. bathing, dressing, grooming;
- Perform light housekeeping tasks such as laundry, cleaning, plan and purchase of food, and prepare meals for clients;
- Maintain records of services;
- Maintains confidentiality on all matters relating to the affairs of Ehattesaht Tribe;
- Provide in-home assistance with other personal care activities as assigned by the Nuu-chah-nulth Nurse.

To apply submit your resume and handwritten cover letter to :

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Zeballos, BC V0P 2A0
fax: 250-761-4156
email: ehattesaht.office@ehatis.ca

Only those short-listed will be contacted for an interview. Qualified Ehattesaht will be given preference.

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Communities struggle as cuts to SA hit home

Continued from page 13.
Hesquiaht is working with non-profit societies in an effort to secure funds for staples.
In late October, a group of men from Ahousaht sought the permission of the Ha'wilth of Muchalaht to conduct a hunt in his territory in order to bring mowach (deer) and klunim (elk) home for their people. More than two dozen hunters of all ages travelled to Gold River take part in the hunt.
The trip brought together experienced hunters and novices who took advantage of the opportunity to learn how to hunt a dress mowach and klunim.
Muchalaht hosts opened their homes to the hunters; feeding them and giving them a place to rest. A few local Tsaxana residents joined in the hunt.
Those who took part in the hunt and those who received meat were grateful for the generosity of their neighbors from the north.
In return, Ahousaht hunters promised to return with seafood for the Muchalaht.
As First Nations across Canada struggle with welfare cuts, the Mi'kmaq chiefs from the Maritimes united to fight the federal government on the changes. They won an injunction, arguing that the changes are unfair because recipients on reserves cannot access provincial programs available in non-native communities.

Further, the nations were not meaningfully consulted before the changes were made.
Federal Court Justice Andre F. J. Scott sided with the First Nations saying, in this case, the federal government made its decision before consultations were held.
What this court decision means for Nuuchah-nulth nations is not yet known, but NTC President Deb Foxcroft says leadership continues to work on the issue.

Nuu-chah-nulth Tiic'aaq (Mental Health)

Vancouver Urban Gathering 2013
Thursday December 5th ~ 3:00pm-8:30pm
Maritime Labor Centre - 1880 Triumph St, Vancouver

- * Cultural Brushings
- * Dinner
- * Drumming & Singing
- * Info Sharing
- * Door Prizes
- * Status Cards

Seattle Urban Gathering 2013
Friday December 6th ~ 3:00pm - 8:30pm
Saturday December 7th ~ 10:00am - 3:00pm (Lunch)
Duwamish Longhouse - 4705 W Marginal Way SW, Seattle

- * Cultural Brushings
- * Dinner
- * Drumming & Singing
- * Info Sharing
- * Door Prizes
- * Status Cards

For more information please contact Jolene Prest:
(250)724-3939 or Toll Free: 1-888-624-3939 Fax: (250) 724-3996
jolene.prest@nuuchahnulth.org
This event is coordinated and funded through the Nuuchah-nulth Tribal Council's Tiic'aaq Quu'asa Program



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Kleco, Kleco

Another successful year for Evan Touchie Basketball Tourney

As the sun sets on another successful Evan Touchie Legacy - Tournament of Health Year, my heart is full of gratitude to all those who share this journey with my children and I.
This year was tough for me. I felt pretty overwhelmed and unsure I wanted to continue with the event, but as always, in the end... it felt right. The Legacy continues and will continue. When the teams are battling it out on the court and the fans are screaming at the top of their lungs, that's when I remember the love Evan had for the game.
Thank you to my Touchie family who are always there, to the teams and fans who show up every year, to the Health Booths who come and volunteer their time on their days off (Michele Eng), to the sponsors, Yuuthluithaht First Nation, Nuuchah-nulth Tribal Council and everyone else who donated and volunteered their time. It's only with your support it continues!
Next year we'll go big again. We have to. We'll have two gyms! Bigger and better!
Inspiring people to live healthier - Evan Touchie Legacy.
See you next year - Nov 7-9th 2014, always first weekend in November!
Melody Charlie

FOR MORE INFORMATION
Jeannie Cranmer
Aboriginal Education & Employment Strategy Manager
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FOR GENERATIONS

Learn to feed the people, DFO advised

Continued from page 1.

Lucas also talked about the decline of the stock in the territories.

There was a time when all Nuu-chah-nulth Nations had siihmuu (herring spawn on trees; "kwaqmis" for northern Nuu-chah-nulth Nations) in their territories, but now that is not the case, Lucas said. Predation is a concern as humans are not the only species that depend on the resource, and Lucas wondered if the decline in herring stocks is also the reason for the decline in salmon stocks.

The table also spoke briefly about the tsunami debris issue, and guest Stephanie Martin of the Makah Nation shared information about the many large items washing up on their shores near Neah Bay.

Kiista described recent news reports about radiation leaking into the ocean from the damaged Fukushima nuclear reactors. How do people know the materials they are picking up aren't dangerous, he asked.

Vice President Ken Watts suggested that the table receive an update from the federal-provincial Tsunami Debris Coordinating Committee.

Time was set aside to hear a presentation from the Island Marine and Aquatic Working Group (IMAWG), the goal of which is to protect First Nation priority rights to food fish. Nuu-chah-nulth also sit at the IMAWG table.

The Council heard that DFO is attempting to limit food fish gear for the prawn harvest to four traps per person. DFO is concerned with the lack of food catch data. IMAWG has informed DFO that the restrictions on gear are unacceptable and that nations are willing to discuss management options to address catch data.

IMAWG would also like to see a change in terminology from the undefined term "food, social and ceremonial" to the term "priority rights to food."

IMAWG has established a technical working group. This is a different technical group than the one established in Nuu-chah-nulth territory for their fisheries decisions. IMAWG welcomes Nuu-chah-nulth involvement to help guide other island nations' discussions.

In order to stress to DFO that IMAWG recommendations are based in good science, the technical group has hired a biologist, the Ha'wiith heard. The group's species of focus are salmon, crab, prawns, clams and halibut, though other species issues can be brought forward for future review.

On Day 2, there was discussion about a second cross-cultural workshop planned with DFO staff for Dec. 10. Norine Messer, a member of Uu-a-thluk's capacity building team, described it as another experiential workshop that will focus on the Nuu-chah-nulth relationship with aquatic resources.

That workshop will have a flood theme, and will include the flood of colonization. Elder advisor Julia Lucas added that the workshop will be about the flood of people after contact with Europeans, the flood of government policies, and the flood of foreign laws.

For DFO's part, Andy Thomson, area director for the south coast, suggested the department could explain its structure and how decisions are made. Thomson also suggested discussing federal employees' code of values and ethics, a new standard that federal employees must follow and uphold.

Kiista said he welcomed the opportunity to build a relationship with the department through the workshops.

"We are tired of beating you up when

we get together."

Simon Lucas agreed, saying the Ha'wiith are tired of beating the department up verbally because it leads nowhere.

"We can sit for two days and not get anywhere," he said.

Lucas talked about the frustrating negotiations with the Nuu-chah-nulth commercial fishing rights win, saying it was disrespecting Nuu-chah-nulth's highest scholars. He talked about DFO's mapping systems that don't make sense to Nuu-chah-nulth, and don't make sense to the historical relationship of the nations with their territories.

Lucas said the federal government knows nothing about feeding the people. Even getting a coffee from the department is often difficult. He said DFO needed to learn to feed the people, and this is one indication of how different DFO and Nuu-chah-nulth-aht are.

Tom Curley gave a brief talk on the governance of Nuu-chah-nulth and how governments and the churches attempted to destroy that structure.

Cliff Atleo was fiery, saying DFO ignores the history of the Ha'wiith around the table, whose laws say the resources must be cared for and protected. He said when DFO makes a management decision, no one is held accountable.

"You're not accountable for your actions, but by god you want us to toe the line with what we do."

Barney Williams told the table he was unsure about holding the cross-cultural workshop and asked to what end is DFO interested in taking part and embracing the knowledge that is shared. He said Nuu-chah-nulth embraced European culture, speaking the English language and dancing to an agenda that is not theirs.

In answering some of the criticism, DFO's Thomson acknowledged that the workshop would provide only a brief glimpse of Nuu-chah-nulth culture and life, but that amount is important for the relationship. He said he is looking forward with interest to the event.

Kiista again raised the issue of food fish for the nations and that it is not meeting the needs of the community which continue to grow. He said it's hard to go home and tell a community member that he is only going to get one and one-eighth fish this winter as his allotment.

He also pointed out that DFO policies on bycatch were costly and wasteful. Nuu-chah-nulth don't believe in throwing food overboard, then spending another \$100 to go out to catch that species on another trip.

Norine Messer and Michelle Colyn treated the Ha'wiith to a presentation about Uu-a-thluk initiatives to engage young people in the fishing industry. The presentation included capacity building efforts to get Nuu-chah-nulth back out on the waters, including training for fisheries managers and technicians.

Other items discussed included sea otter research, Nuu-chah-nulth representation on the Committee for the Status of Endangered Wildlife in Canada (COSEWIC), and congratulations to Tseshaht Chief Councillor Hugh Braker for being named to the First Nations Fisheries Council as the WCVI representative.

Norine Messer discussed developing research partnerships. She said the opportunity exists to reach out to universities with community-based research ideas to match students doing advanced degrees with community needs for research.

A presentation was made on a DFO initiative to update the Commercial Salmon Allocation Framework, and one on prawn and Crab Food and Ceremonial access.

Tseshaht's fisheries biologist Andy Olsen asked how DFO is making assumptions without the needed data being collected.

Tseshaht had been contracted to provide data, but this isn't being done this year.

DFO's plans to introduce permanent limited licence eligibility for commercial harvest licences for wild oysters led to a determined grilling by Tla-o-qui-aht's Francis Frank. He said the department and Nuu-chah-nulth nations don't share the same vision of the future, and reminded DFO staff that the Nuu-chah-nulth have a legally recognized right to a commercial harvest.

"You've got to change the management practice. You've got to know that we have something to offer."

Don Hall said DFO didn't discuss how this initiative would roll out, despite promising it would go to the technical working group last year.

Updates from the nations included biologist Andy Olson sharing the success of this year's food fishery in Tseshaht territory. Carl Edgar of Ditidaht said that nation's strategic fisheries plan has gone through council's approval process. He also shared that Ditidaht has developed fisheries protocol agreements with other nations, and that the Ditidaht's fishers have gone through a safety process.

The elders advisors—Julia Lucas, Harold Amos and Willard Gallic—were on hand for both days of discussions. Lucas presented words of the day to contribute to language revitalization, while Gallic

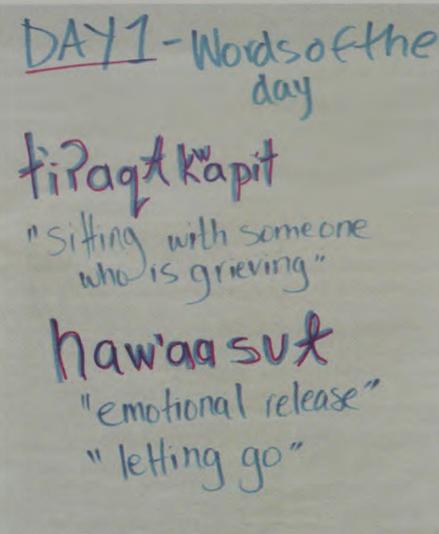
and Lucas shared teachings on various subjects related to the days' discussions. Having completed their agenda, the Ha'wiith thanked Ehattesahst as host Nation for feeding and taking care of them so well over the two productive days.

Sheena Falconer, executive director of the West Coast Aquatic Management Board, presents a gift to outgoing co-chair, Wii-tsuts-koom (Anne Mack) Tyee Ha'wiih of Toquaht, for her years of service.

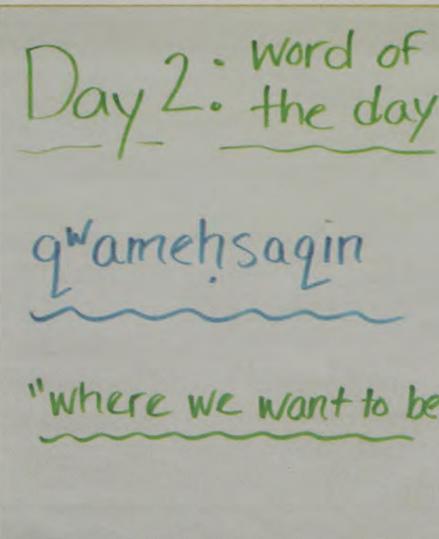
Sheena Falconer, executive director of the West Coast Aquatic Management Board, presents a gift to outgoing co-chair, Wii-tsuts-koom (Anne Mack) Tyee Ha'wiih of Toquaht, for her years of service.



Sheena Falconer, executive director of the West Coast Aquatic Management Board, presents a gift to outgoing co-chair, Wii-tsuts-koom (Anne Mack) Tyee Ha'wiih of Toquaht, for her years of service.



Words of the Day were presented to the Council of Ha-wiith by Elder Advisor Julia Lucas, who also provide a Haahuupa (teaching) surrounding those words.



and Lucas shared teachings on various subjects related to the days' discussions. Having completed their agenda, the Ha'wiith thanked Ehattesahst as host Nation for feeding and taking care of them so well over the two productive days.

Business award winner promotes new relationship

By Shayne Morrow
Ha-Shilth-Sa Contributor

A member of Hesquiaht First Nation has earned a B.C. Aboriginal Business Award for her consulting firm, which specializes in social and economic development for First Nations communities.

Carol Anne Hilton is the CEO of Transformation International, which is based in Alert Bay. On Dec. 5, she and her partner, Ainihil Hunt, a member of Namgis First Nation, will receive their award during a gala event at the Westin Bayshore in Vancouver.



The operating philosophy of Transformation International is "Uniting Business and Culture." Hilton said it is critical for First Nations to maintain a connection to their culture as they strive to generate wealth and prosperity for their members.

"We've focused around a central concept that in community development, social health needs to parallel economic wealth," Hilton said.

That means when a community grows its economy, the members must have a strategy in place to match their economic conditions.

Transformation International looks at the individuals, families, administration and governance to determine the best approach to community development.

One recent client illustrated how this plays out at the ground level, Hilton said. The community realized it needed to make a systemic shift in its culture of social assistance, to make it a complete process. Instead of treating it purely as short-term financial assistance, members would use the system to access available

training and education, as well as acquiring related family supports, in a step-by-step progression towards becoming self-supporting.

On the North Coast, Nisga'a First Nation contracted a program to encourage and develop entrepreneurship among members as part of an integrated economic development strategy.

For nearby Sliammon First Nation, which has signed a treaty agreement in principle, the goal has been to develop comprehensive new policies for land management, administration and services outside the federal Indian Act.

On Nov. 8 and 9, Hilton and Hunt delivered a two-day Indigenous Wealth Dynamics workshop for the Whitehorse Aboriginal Women's Council.

"It's a program to look at how to shift our relationship with money," Hilton said.

While financial literacy is critical, she explained, for many aboriginal people who have grown up in poverty, it is equally important to change the behaviours they have learned surrounding wealth and material gain, in order to learn to manage money in an appropriate way.

"We've built that program around the concept that you can be good with money, and you can also be good at being Indigenous."

While Hilton was born in Mission, on the Lower Mainland, her roots are with the Ambrose family in Hesquiaht and the August family in Ahousaht.

After graduating from high school, she undertook an undergraduate degree in First Nations Studies at Malaspina College (now Vancouver Island University). Hilton followed that with an Intercultural

Education and Training certificate at the University of Victoria.

She topped that off with a Masters of Business Administration through the International Program of the University of Hertfordshire in the UK.

"I liked the international component of the program. It was a partnership program through VIU. It was an international program: there was one in Greece, there was one in Canada, in England and Australia. It brought all four perspectives together."

Presently, Hunt is working on her own MBA, in the new specialty of Aboriginal Executive, through Simon Fraser University.

"It's the first of its kind in North America," Hilton said. "She is the first cohort for the Aboriginal Executive MBA. I believe there are only two of its kind in the world, for an Indigenous focus: one in New Zealand and one in Canada."

Hilton said in today's conflicted economy, with growing multinational control of resources and the prospect of increased foreign control over whole sectors of the Canadian economy, First Nations have an increasingly important role to play.

Non-aboriginal Canadians have come to recognize that First Nations hold significant (and constitutionally protected) leverage in the areas of resource allocation and environmental protections.

"The cultural approach is what is driving First Nations development, where you wouldn't see that in the mainstream economy," she said. "I think what is emerging is a cross-dialogue where First Nations are asking, 'How does corporate culture work?', and corporate culture is asking, 'How does First Nations culture and administration work?'"

Hilton believes this provides an opportunity for First Nations to build partnerships not just to prevent unwanted development, but also to participate and benefit from appropriate development. She is currently writing a book on an entirely new concept known as "indigenomics."

"There's a growing need for consulta-

tion with First Nations to be able to access a resource-based economy. The shifting nature of that relationship is what 'indigenomics' is. It is essentially that power shift."

Through her company, Hilton is carrying that message, one nation at a time. She and Hunt work with anywhere from 25 to 50 associates and so far, have resisted the idea of setting up branch offices across the province. For now, she will continue to assess the needs of each client community, then put together a team focused squarely on their specific objectives.

The Aboriginal Achievement Award is a welcome recognition that the Transformation International approach is working successfully.

Kleco, Kleco

We have to say thank you to our families the Thompsons, and to our cousin Ron Hamilton, our uncle Jimmy Chester for standing by us with all your help at our memorial.

Thank you to my brothers Arnie and Harvey Robinson for your herring eggs and the meat. To my sisters Louise and Bev for all your help and support which was much needed.

Josh and Nona and your family for all the blankets, give aways and the money contribution, to Charlie and Maude for setting the tables on both days and your money contribution and all the ones that gave money and Duncan and Davie for all you gave, all the monies went back in pay out as in our culture, that is what is to be done. Kleco

Tana, Jerry, Amy, Percy
PS: Thank you to the dancers. Well done, never had practice either. Thank you George Thompson and Bill Edgar. We are planning a Christmas dinner in Nanoose for family members Dec. 14 at noon. We will see you there.

ALBERNI DISTRICT FIRST NATIONS STEERING COMMITTEE GRADE 12 SUCCESS FORUM

POST SECONDARY DINNER EVENT



NOVEMBER 20, 2013

5:00 P.M.

AT THE COMMONS

COME AND HAVE DINNER AND MEET AND GREET OUR

POST-SECONDARY GUESTS

NORTH ISLAND COLLEGE

VANCOUVER ISLAND UNIVERSITY

UNIVERSITY OF B.C.

CAMOSUN COLLEGE

UNIVERSITY OF VICTORIA

NUU CHAH NULTH TRIBAL COUNCIL

NETP

BLADE RUNNERS

AND MORE

Dinner Menu

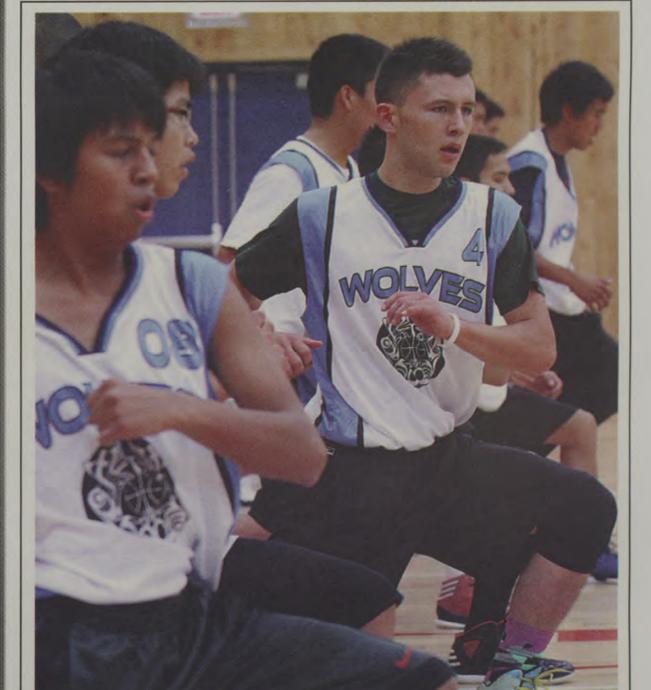
Roast beef and roast turkey

Roasted potatoes

Salad

Bannock

Black berry cobbler and carrot cake



Tryout for Team BC at the North American Indigenous Games 2014 in Regina were held Oct. 19 at the Alberni Athletic Hall, hosted and organized by the Tseshaht First Nation. Nuu-chah-nulth youth were put through their paces by a team of evaluators and coaches.

Uu-a-thluk

TAKING CARE OF

Gooseneck Barnacles Back on the Menu



Nuu-chah-nulth people have long known them as *ča?inwa*, but this month Vancouverites reacquainted themselves with the crustacean known to the culinary world as the gooseneck barnacle. That's because Nuu-chah-nulth harvesters were back gathering goosenecks after negotiations between Canada and five First Nations resulted in a small gooseneck fishery—the first commercial gooseneck fishery in more than eight years.

In the fishery's first major sale, Ahousaht fishers Keon Frank Sr. and John James sold approximately 150 pounds to Trilogy Fish Co., who took them to Vancouver for market testing at restaurants. Not long after, those barnacles began appearing on menus around the city. The accompanying buzz was music to the ears of the Nuu-chah-nulth harvesters.

"There is more and more interest every week," said Joe David, a Tla-o-qui-aht barnacle harvester. "The excitement seems to be building."

Active since Fisheries and Oceans Canada authorized the fishery earlier this fall, David calls himself one of the older guys. "We started in the early 90's. Back then it was a pretty viable business," he said.

According to David, harvesters included both First Nations and non-First Nations. "There were about 30-40 of us at the time. That meant we could fill all the orders that came through." Today the half

dozen harvesters aren't yet generating the order volume of the 1990s, but David is hopeful that will change as more harvesters get involved and market demand increases.

"We want to train new harvesters in proper harvesting and the safety aspects, but now isn't the best time due to the weather," he adds.

Harvesters typically gather gooseneck barnacles at low tides, which occur mostly in the dark during the winter months. Summer is a better time for new harvesters to learn the ropes, says David. He and other seasoned harvesters plan to help with a training program in the spring of 2014. He's taking part in this year's fishery to help "reboot the market and reengage fishers after the long closure."

That closure came in 2005 when policy changes from Fisheries and Oceans Canada shut down the commercial gooseneck barnacle harvest. Subsequent studies have since shown that the fishery has little impact on surrounding species and populations regenerate quickly if harvested selectively. The fishery also has a built-in regulator.

"Only about three percent of the barnacles on any given rock are good for market," says Nuu-chah-nulth Tribal Council biologist, Candace Picco. "That limits how much gets taken. We also do biological assessments. Each rock has a threshold that it can handle. Harvesters respect that threshold because they want this fishery for the long term."

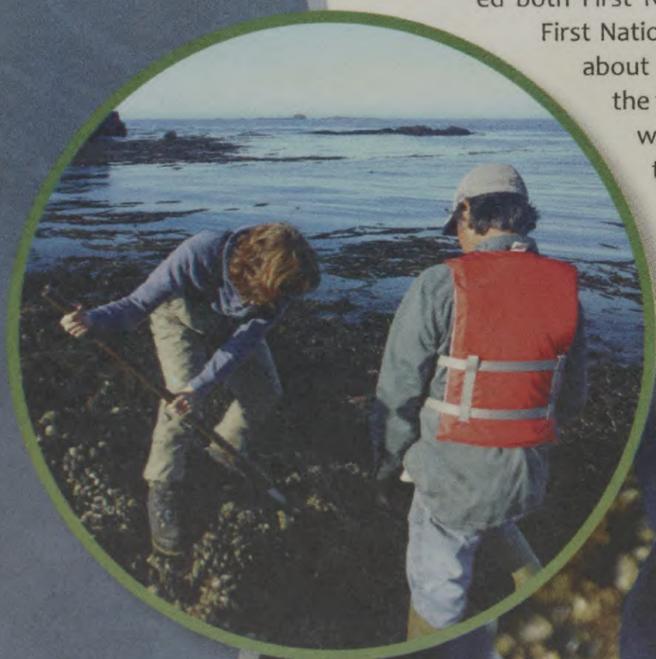
One of two fisheries resulting from the *Ahousaht et al vs Canada* court case, the gooseneck barnacle fishery is currently open to designated harvesters from Tla-o-qui-aht, Ehattesaht/Chinehkint, Hesquiaht, Ahousaht, and Mowachaht/Muchalaht First Nations.

Those harvesters are being careful with what they see as an important resource and business opportunity. "We're being mindful of the harvest sites. We want to do this properly in every respect. This will be a viable business providing we do everything properly," says David.

For more information on the Nuu-chah-nulth gooseneck barnacle harvest, contact Candace Picco at 250-725-3899 or at candace.picco@nuuchahnulth.org. You can also find out more on Facebook by searching for "T'aaq-wiihak Fisheries."

"We're being mindful of the harvest sites. We want to do this properly in every respect. This will be a viable business providing we do everything properly."

—Joe David



Above: NTC biologist Candace Picco learns from barnacle harvester Joe David near Tofino. Harvesters use a long pole fitted with a blunt blade to pry barnacles from the rocks.

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Gooseneck barnacles are a delicacy in countries like Spain and Portugal where they are known as "percebes."