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Ahousaht revives custom of community policing

By Denise Titian
Ha-Shilth-Sa Reporter

Ahousaht—They may have in-community RCMP services, but as Ahousaht returns to old teachings and practices they see a need to re-activate an ancient method of community policing.

Tyee ha'wiih Maquinna Lewis George has called up his wit waak and sent them out for formal training so that they can resume their policing duties, but with a modern twist.

"We're trying to get back to what we did traditionally," said Maquinna. "We're not supposed to talk about them (wit waak), but with what's going on in the tribe we need to bring them back out."

Since the wit waak, more commonly known as Ahousaht Security, have become active, there's been a big difference when it comes to problems with drugs and alcohol.

"People try to bring booze in and they take it away," said Maquinna. In one case, according to the chief, the volunteers took drugs away from someone who was subsequently charged by the

RCMP for possession of drugs.

It all started last year when Kurt John, having just completed his work in a treatment center, was going through a difficult transition.

"There was a lot of emotions, lots going on in community," he remembered.

He sat down with his wife, Anne Atleo, to talk about how they could make things better for their people.

John said he especially wanted to help the youth and was concerned that things were escalating. He was afraid something very serious could happen if something wasn't done immediately.

The couple sat down with Edwin Frank, an Ahousaht elder who for years served Ahousaht's policing needs. According to John, Edwin was branded and deputized by ha'wiih and eventually



Kurt John is deputized by the ha'wiih to deal with policing issues in Ahousaht.

recognized by the RCMP. Frank shared his experiences with John, telling him what it takes to do police work in Ahousaht. Besides attending calls, John would have to learn to make meticulous notes about incidents he may attend.

With that kind of work it wouldn't be unusual to be called as a witness in any court cases.

"As a traditional officer, Edwin used to travel to neighboring communities at invitation of their ha'wiih to make arrests; he said you have to be accountable, honest, and abide by ha'wiih rules and regulations," said John.

In addition, one must be clean and sober; otherwise they won't gain the respect of the community.

John said the difference between traditional policing and the RCMP is that when you work for the RCMP you work for the government, the Queen, and don't have the powers of a traditional officer appointed by ha'wiih.

Feeling confident that he could take on the challenge, John, along with two other men, approached the ha'wiih with their proposal. On March 2, 2010, the three were deputized in Ahousaht by hereditary chiefs Lewis George, Bill Keitlah and Keith Atleo.

In the past year, eight others joined the wit waak and others are interested. Active volunteers are receiving working with The Commissionaires, who offer

Continued on page 10.

Treaty department works to restructure

By Debora Steel
Ha-Shilth-Sa Reporter

Port Alberni—The Nuuchahnulth Treaty Table was in planning mode on Feb. 9 when member nation representatives met in Port Alberni.

One of the big changes that will flow from the meeting is work on a proposal that will restructure the treaty department into a Lands and Resources department. Treaty will be folded into this restructured department and will remain part of the treaty process in the province.

Treaty Manager Celeste Haldane explained the rationale for the change. The demands on the department have become broader in scope than when the department was established, she said. The tasks carried out by the department are diverse.

"By restructuring the department to a Lands and Resources Department, it would more accurately describe some of the vast activities being carried out," read the proposal before the treaty table. Some of the services currently being provided by the treaty manager include

oversight of First Nations Comprehensive Community Planning, engagement in resource development referrals, territorial resource mapping and resource inventories, assistance with land use and economic development planning, and assistance with other lands and resource-specific initiatives.

Currently the members of the Nuuchahnulth treaty table are Ahousaht, Ehattesaht/Chinhkint, Hesquiaht, Mowachaht/Muchalaht, Nuchatlaht and Tseshaht. Ahousaht, however, gave notice last year that it would be taking over some areas of service for its members that are currently being provided by the Nuuchahnulth Tribal Council. Ahousaht has indicated treaty is one such area it will be managing on its own. This may result in a reduced budget for the Nuuchahnulth treaty table.

Vice-president Priscilla Sabbas-Watts chaired the treaty meeting and said discussion about the proposal was a timely one to have because of the anticipated budget cuts to the department.

Sharon Elshaw, the treaty representative for Ehattesaht/Chinhkint, made a motion to allow the restructure to move forward.

"This is more community focused," she said of the plan. "It's better for all of the communities because we are doing a lot of the same work... It is an excellent idea, and collectively we can get a lot more accomplished instead of taking little baby steps at a time."

Chief Councillor Les Sam of Tseshaht and Tseshaht's Darrell Ross worried, however, that turning the treaty department into a lands and resources department would duplicate a service that their nation has set up at the community level.

Voting delegates from five of the nations were in attendance and the motion to restructure was carried in a three to one vote, with one abstention.

Also discussed at the meeting was the table's strategic plan and related recommendations. In January 2010, a strategic planning session was held to see how the stalled treaty process for the nations might be revitalized.

When the prospect of treaty was first envisioned, it was expected that it would take two years to reach a settlement. It's been 17 years now, and though much has happened over that time, the Nuuchahnulth table continues to struggle against the inadequate mandates being brought

forward by federal and provincial negotiators.

Though the Nuuchahnulth Nations began as one to negotiate treaty, many nations have broken from the main table and have gone their own way. The most notable is the Maa-nulth Nations—Huu-ay-aht, Ucluelet, Uchucklesaht, Toquaht, and Kyuquot/Cheklesah— which negotiated the first multi-nation final agreement within the BC Treaty Process. The effective date for the Maa-nulth Final Agreement is April 1.

But for other nations remaining at the Nuuchahnulth treaty table, they've found different ways to realize the goals and aspirations of their communities. The referral process is one such way, and the economic development route is another. Treaty is not the priority it once was for some Nuuchahnulth nations. And for those nations that are actively engaged in treaty negotiation, some are taking the incremental treaty route.

Sabbas-Watts encouraged nations to go out and seek feedback from their community and let the table know what the priorities are in treaty negotiations.

Continued on page 2.

Inside this issue...

- Flores Island and respect for the MOU.....Page 2
- Seattle police officer must be held accountable.....Page 3
- March for Missing and Murdered Women...Pages 4 and 5
- Community & BeyondPage 8
- February is Healthy Heart Month.....Page 9
- Energy, excitement and fun.....Page 13

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Flores Island and respect for the MOU

By Denise Titian
Ha-Shilth-Sa Reporter

Clayoquot Sound—Environmental groups, including Friends of Clayoquot Sound and Wilderness Committee, are critical of Isaak Forest Resource Ltd. plans to log on Flores Island, home of Ahousaht First Nation. These groups claim that by logging old growth on Flores Island, Isaak will

breach the 1999 Memorandum of Understanding it signed with several environmental organizations. Environmental groups claim the MOU states that the unlogged watersheds of Clayoquot Sound, including Flores Island, would be off limits to logging, but Isaak says that statement is not true. "The fact is it is the (first) nations who determine where harvesting activities will happen and the (Friends of Clayoquot Sound) have recognized the nations' right to decide that by signing

the agreement with Ahousaht," said Isaak's administrator Dave Jacobson. He went on to say that the Statement of Recognition of Ahousaht First Nation Title and Rights, signed by Friends of Clayoquot Sound and several other environmental organizations, clearly states, "Our organizations recognize and respect the rights and interests of the Ahousaht First Nation to safeguard biodiversity and ecological values in the forest and ocean environ
Continued on page 7.

Government is in disarray, says Gallic

Continued from page 1.

In other treaty-related news, Haldane shared information from the Common Table. The lack of momentum at the Nuu-chah-nulth treaty table is not unique in the province. Stalled too are the majority of nations within the treaty process. The Common Table is a place where Canada, British Columbia and BC First Nations sit to discuss six areas of concern that are frustrating treaty negotiations. Topics of focus are Certainty, Constitutional Status of Lands, Shared Decision Making, Fisheries, Governance and Fiscal Relations. First Nations are looking for revisions to government mandates in these areas of treaty-making. Haldane reported that a special representative has been appointed by Canada to the Common Table. John Duncan, minister of Indian Affairs and Northern Development, appointed James Lornie as the Minister's Special Representative to the BC Treaty Process. Lornie is currently a land use and treaty consultant who has worked with municipalities, First Nations and in the private sector. He will be responsible for "assessing and reporting on the possibility of accelerating the conclusion of treaties with Common Table First Nations," reads a press release from Duncan's office. On a provincial level, the Liberal Party's leadership race is impacting negotiations. "We are well aware that government is in total disarray," said Willard Gallic, "and Canada is going to call an election. Things moved very slowly when their house was in order, so now it's going to

be very slow. Once again we are faced with a delay and it's not going to get any easier." Archie Little, representing Nuchatlaht, said his concern was that there is no recognition of hereditary systems within treaty. "Hereditary systems, that's where we start and that hasn't changed," he said. Haldane reported that government has moved on this area. "At first there was no recognition of ha'wiih. And now there is," she reported. She also encouraged the nations to work on their own constitutions. Tseshaht's Willard Gallic was concerned that Canada was stalling discussions saying they can't deal with the Common Table's six focus topics at the nation level because it was being dealt with at the Common Table. Haldane said it was very clear from the start that the Common Table's discussions were not to impact individual nations in this way. She reported that the First Nations Leadership Council was dealing with complaints around this tactic. To round out the treaty meeting, nations were given the opportunity to share news from their territories. Hesquiaht Councillor April Charleson was new to the table after being elected to Hesquiaht council in November 2010. Ehatesaht/Chinhkint also has a relatively new chief and council. Ehatesaht has been very demanding in the treaty process, Sharon Elshaw reported. She said Canada and BC expected the nation to do the negotiating by giving away stuff. Ehatesaht is not willing to do so.

Ehatesaht means big things coming down the waters. "We know what our territory is worth." Maquinna said Mowachaht/Muchalaht is still keeping a close eye on treaty developments through the chief negotiators meetings, the Common Table discussions and at the First Nations Summit. "There is nothing moving at all," Maquinna said. That's why he appreciated the motion to restructure the Nuu-chah-nulth treaty department, he said. He reported that construction on the Big House at Tsaxana is on time and on target. The community hoped to have an opening celebration some time in June "when the fish are running." In other news, he said the community is adamantly opposed to fish farms because of the concern that they will effect wild stock, and Mowachaht/Muchalaht is struggling to keep the farms away from the territory. To close, Haldane thanked the urban delegates for their hard work to organize the living away from home feasts in the urban centres. Some of the dinners attracted hundreds of people, including Victoria which had 300 people attend. Campbell River saw 200 guests. Sabbas-Watts said the urban dinners mean so much to the people living away from home. She said it "fills people up to have that little bit of connection to home and to the leaders." Said Wally Samuel "Kleco to the tribal council for supporting our people away from home."



Ha-Shilth-Sa belongs to every Nuu-chah-nulth person including those who have passed on, and those who are not yet born. A community newspaper cannot exist without community involvement. If you have any great pictures you've taken, stories or poems you've written, or artwork you have done, please let us know so we can include it in your newspaper. E-mail hashilthsa@nuuchahnulth.org. This year is Ha-Shilth-Sa's 37th year of serving the Nuu-chah-nulth First Nations. We look forward to your continued input and support.
Kleco! Kleco!

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Seattle police officer must be held accountable

The Nuu-chah-nulth Tribal Council was shocked and dismayed to learn that the King County Prosecutor's office will not bring charges against Seattle Police Officer Ian Birk for the shooting death of John T. Williams, a carver with roots in Ditidaht First Nation, Vancouver Island, BC.

Birk fatally shot Williams on Aug. 30, 2010 as he was making his way along a busy downtown street. Birk fired his weapon within a few short seconds of calling to Williams to drop the knife he was using to carve a block of wood.

"This decision is hugely significant to us, with so many Nuu-chah-nulth people living in Seattle," said Nuu-chah-nulth Tribal Council Vice-President Priscilla Sabbas-Watts. "Birk and the Seattle Police Department must be held accountable."

The Union of BC Indian Chiefs, through Grand Chief Stewart Phillip, said it was also concerned with the decision of the prosecutor.

Phillip said UBCIC "shares the disbelief, disgust and deep disappointment of the Williams family, the Ditidaht First Nation and the Nuu-chah-nulth Tribal Council. When an indigenous person dies at the hands of a police officer, it does not matter what jurisdiction it happens in, the officer is not held to account to the same degree as any other member of the general public."

The King County Prosecutor claims that Washington law gives police officers an added level of protection against criminal liability in such cases, unless it can be proved that an officer acts with malice or in bad faith. Yet the Seattle Police Department's own Firearms

Review Board concluded that Birk's shooting of Williams was not justified. Seattle Police Chief John Diaz called the shooting "egregious" and the board's review of it the most "damning" in three decades.

Sabbas-Watts said there is a clear disconnect between the prosecutor's conclusions of the shooting and those of the Seattle Police.

"Ian Birk did not act in good faith when he engaged John T. Williams," said Sabbas-Watts. "John was visibly a carver. He was carrying a legal knife and a block of wood. He was not menacing; not threatening the public in any way. So why was Birk so quick to fire five shots from his gun?"

Sabbas-Watts said Birk violated the policies and procedures set out by his own department and shouldn't get "a pass" just because he is a police officer.

"There has to be some middle ground in situations where there is such an obvious disregard of policy and procedure."

Phillip said trials against police officers are rare. Jurors, he said, are more inclined to believe the police to be the "good guys."

"It appears that quite a number of critical police incidents resulting in death or serious bodily harm involve young and inexperienced officers," said Phillip.

"More and more, the general public want officers who exercise poor judgment and abusive misconduct to stop hiding behind the badge and the mythology of the good guy and stand before the law like everyone else."

Sabbas-Watts said John T. Williams faced a number of social issues and was receiving fantastic support from the com-

munity of the Chief Seattle Club, which was devastated by Williams' tragic death. There is a large Native American population in Seattle and Seattle Police need to become aware of who these people are.

"Reach out to the local Native Nations to learn about their culture. Work with the organizations that deal with the marginalized and diverse minority populations that make up Seattle," Sabbas-Watts said.

She said it is time now to explore such opportunities rather than wait for another incident to occur.

"If Birk won't be held criminally responsible for the death of John T. Williams, then lessons must be learned from his terrible mistake."

Ian Birk was hoping to stay on as a police officer, but since the Firearms Review Board report recommended action to discipline him, Birk decided to

resign. "What is amazing is how quickly the Seattle Police and the Prosecutor's office came to a clear decision which they respectively took the time to publicize," said Phillip.

"Unlike recent incidents here in British Columbia where the RCMP and the municipal police are more often interested in maintaining the 'esprit de corps' than addressing the deep concerns of the police investigating the police. It is too easy to say such officers went rogue or to paint them as 'bad apples.' These young officers are a relection of modern-day policing where funding for pre-screening and training are growing scarce at a time when more veteran officers are retiring.

"We need to learn from these horrific acts and bring fundamental reforms to policing. Police officers are not above the law."

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Ecotrust Canada, DFO and Uu-a-thluk are offering a 10 day Nuu-chah-nulth Fisheries observer training course. This program will include both at-sea and dockside observer training, with a focus on groundfish and salmon fisheries. Classroom, lab time, guest speakers, and field trips will be part of the training. A few of the topics covered will be:

- Catch Monitor/Observer Programs, roles and duties
- Selective Fishing Methods
- First Nation fisheries co-management and monitoring programs
- Data collection and note-taking
- General vessel and dockside fishing operations
- Fish classification and use of dichotomous keys
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- Types of tags used in fisheries
- Chart reading and navigational understanding

For more information and to request an application form to attend this training, contact Norine Messer, Uu-a-thluk Capacity Building Coordinator at 250-735-4111 or by email at norinemesser@hotmail.com.

Uu-a-thluk
TAKING CARE OF

March for Missing and Murdered Women

Victoria

Feb. 13, 2011



The Memorial March for Missing or Murdered women in Victoria was again well attended. The march was held on Feb. 13. It began at Our Place and marchers proceeded to Thunderbird Park.



Young girls led the march through the streets of Victoria on Feb. 13.



Sunday Hall and Karen Brown walked for murdered teen Tyeshia Jones who went missing on Jan. 22 and whose body was found in a wooded area at Duncan on Jan. 30.



Photos by Debora Steel
Karla Point leads a song at the annual march for missing and murdered women in Victoria on Feb. 13.



Marchers carried signs with pictures of the missing and murdered women that they wanted the public to remember.

TFN women march to remember missing members

By Denise Titian
Ha-Shilth-Sa Reporter

Tofino Highway—About a dozen Tla-o-qui-aht women and their supporters braved a fierce winter rain and wind storm to walk more than 20 km of the Tofino Highway in an attempt to bring attention to two missing women's cases from their tribe, as well as the missing or murdered women's cases across Canada.

The Valentine's Day walk was led by Carol Martin, aunt of Lisa Marie Young, who went missing from Nanaimo June 30, 2002.

Walkers battled with the wind, struggling to carry their banner and to stay safe on the busy highway.

Several support cars provided safety and refreshments to the walkers the entire way.

Soaked to the skin, the walkers arrived at Tyhistanis nearly five hours after they left the junction. They boarded vehicles and set out for the Long Beach Golf Course just a short distance away where a luncheon was served.

Moses Martin, Tla-o-qui-aht elder and grandfather of Lisa Young, welcomed the walkers and everyone who came to support the cause.

"Thank you from TFN Ha'wiih," he said, as he stood with some of the hereditary chiefs.

He acknowledged Anita Charleson Touchie as a representative of Ucluelet First Nation.

"Thank you for opening your home and allowing us to start our walk there,"

he told her.

Turning his attention to the marchers, Martin said, "to the ladies, on behalf of the ha'wiih, we are proud of you, how you pull together and show we don't forget."

"It's been hard (living without his granddaughter, Lisa) since 2002," he continued. He pointed out that many people in that room were there in Nanaimo helping the family search for Lisa.

"I still pray that we find her whenever I drive toward Nanaimo, but then again, it goes the other way," he said, alluding to the fact that if her remains are found the family will be forced to accept that she is gone.

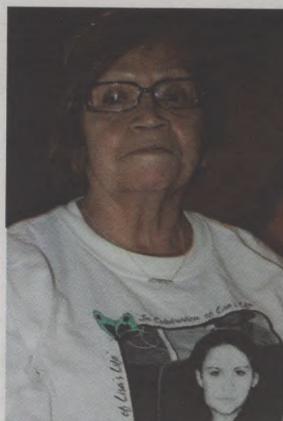
Grandmother Cecelia Arnet said Lisa will always have a big piece of her heart. It's been hard but these walks give me strength and hope, said Arnet.

"We walk to make awareness that these people are still alive to us," said a Tla-o-qui-aht man. Our ladies stand up and say enough is enough, he added.

"Some are murdered, some are missing and it seems there's never really anything done about it," said another Tla-o-qui-aht member. They remembered a young Tla-o-qui-aht teen, Iris Frank, whose remains were found in the Somass River in 1980, weeks after she went missing. That was never solved.

Members of the Charlie family also took a lead in the march. They remember their missing relative Edith Margaret Claver who went missing in 2009. She was last seen near a church. Some of her belongings, including her wallet, were later found stacked neatly near a dumpster on the church property.

March organizers Nora Martin, Carol



Cecilia Arnet, grandmother of missing Lisa Marie Young.



Darlene Charlie and Carol Martin walk on behalf of missing family, Edith Margaret Claver and Lisa Marie Young.



Moses Martin (third from left) is flanked by Tla-o-qui-aht Ha'wiih and praised participants for helping to keep the memories of the missing loved ones alive.

Martin, Marie Frank-Atleo, and Naomi Seitcher were thanked for their efforts on Tla-o-qui-aht's second march in honor of missing women. They thanked Melody Charlie of Ahousaht and Yucluthaht for walking with the Tla-o-qui-aht women.

Anita Charleson-Touchie said her spirit was lifted. She told the women of Tla-o-qui-aht that she admired their strength and courage and the power they have.

"You did this on your own and I'm proud of you," she told them.

Carol Martin said the purpose of the

walk is to show love and honor to their missing loved ones and to show that the family and community still have hope.

"It is to bring awareness to the murdered and missing women across Canada and I wanted to do it in our territory because two of our women are still missing," she said.

Fighting back tears she added, "It felt like [Lisa] was with us, especially when it got hard to walk toward the end and it was like she was there to push us onward."

Young father's life celebrated after boat accident

By Denise Titian
Ha-Shilth-Sa Reporter

Nanaimo—A routine night out clam digging nearly turned into a tragedy as Russell Hanson, 34, of Kyuquot, and his friend Byron White found themselves swimming in the frigid waters near Gabriola Island late January. The pair had just finished loading their clams into the boat just after midnight and were heading in for the night when the boat capsized.

Hanson is a full-time student at Vancouver Island University. He is in the second year of the Forest Resources Technology Program. He pays his own tuition and works evenings to support his family. The night the accident happened was delivery night for the clam diggers, and Hanson and his friend had a lot of clams saved up from six nights of digging.

"We loaded the boat. At first I thought we would only load mine, but Byron threw his onboard too," Hanson recalled. "When we took off, water started coming into the bow so Bryon slowed down, but that made even more water come in. I yelled, 'turn to shore! Turn to shore!' But when we turned we flipped and next thing I know we're swimming. It hap-

pened real fast," said Hanson.

It was about 1 a.m. and there was nobody else around. At near freezing temperatures the men needed to rescue themselves quickly before hypothermia set in.

Hanson estimates they swam about 30 metres before their feet touched bottom. The pair waded to shore then walked to their vehicle. There they found odds and ends of clothes left behind by relatives. After changing into dry clothing they waited until 5 a.m. for the first ferry to Nanaimo and went straight home.

After a night of warmth and rest, Hanson said he was out the very next day to dig clams, but first he and Byron went and got the sacks of clams they lost the night before and salvaged the boat.

Russell's wife Christine said she was shocked when she first heard what had happened. On most nights she digs clams alongside her husband, but on that night she decided to stay home with their two children, ages 12 and 9.

"I wasn't there, otherwise I would have freaked out," she said, adding she never leaves the beach without her husband.

Hanson's mother Daisy wants people to know that there are many Russ's out there who are going through hardships to get educated. Post-secondary students are struggling to pay for their education and support their families, she said, adding,



From left to right: Peter Hanson, Russell Hanson's family celebrated his life and good health on Feb. 19 after he and his friend survived a boat accident at the end of January.

people need to know what kind of dedication and commitment it takes to get a higher education.

She said Russell was only trying to survive, trying to feed his family the night the accident happened; and it nearly cost him his life.

"So we, his family, have a greater respect and much more appreciation for what he's doing and the example he is setting to today's post-ed students and the future post-ed students," said Daisy.

She hopes to get the message across to the family members of students, communities and leaders that they need to support students as much as they can.

Hanson and his friend never did go to the hospital and he downplays the seriousness of what could have happened. But his parents and close family are relieved that he made it home safely to his family and they showed it by throwing a celebration of life party.

Continued on page 12.



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Frequently Asked Questions

What is Foster Care?

Fostering is a family opening its home and sharing its love, nurturing and caring for children who temporarily cannot live with their own families. It is about helping children return to their own home or move to a new permanent home. It is about family helping others within their community.

Who can Foster Aboriginal children?

To become a foster parent, you must be over 19 and have the maturity to provide care and guidance to children and youth. Singles, couples, or families can all become foster parents.

Will I receive financial assistance for children in my care?

Yes. You will receive a payment intended to cover expenses such as board, food, clothing, recreation, etc.

Which Foster Homes are needed most?

Youth, sibling groups, children with special needs, and children from the ages of birth to five years of age.

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WE SEEK YOUR INPUT TO IDENTIFY CONCERNS REGARDING YOUR QUALITY OF CARE AND SERVICES WITH YOUR PERSONAL EXPERIENCE WHILE SEEKING CARE AT WEST COAST GENERAL HOSPITAL, PORT ALBERNI

The NTC Board and Executive have been made aware of various incidents experienced by Nuuchah-nulth individuals whom felt that they were not treated with appropriate level of care or with fairness or respect during their seeking health care at the West Coast General Hospital, Port Alberni. The NTC Executive have met with the Administrator in the past and conveyed the desire to have improved quality of care to Nuuchah-nulth-aht, and are prepared to take forward concerns that they are informed of. As a result, we invite you to bring forward your information so that where necessary appropriate steps can be taken.

Chief Councillor Shaunee Casavant of Hupacasath has volunteered to assist in the preparation and collection of any incident reports. **If you think you have been treated badly, or have witnessed poor treatment of others, please provide details by contacting her by phone at 250-723-8555.**

Be prepared to provide the following information:

- Your Name & Contact Information (Phone, Email, Address)
- Describe the incident in which you believe you were discriminated against or your human rights were violated because you are a First Nations person.
- Who- a name or description of the individual (Doctor/Nurse/Staff)
- What- what happened, what effect did it have
- Where- name of hospital, Doctors office, Department, Floor etc.
- When- date and time of the incident

If you want immediate help while in the WCGH you can request to see the Nuuchah-nulth First Nations Hospital Liaison Worker, Pearl Dorward.



Logging protocols established with leadership

Continued from page 2.

ment within their ha'houlthee for the future generations in Clayoquot Sound."

In addition, Ahousaht First Nation has provided a referral letter to Iisaak Forest Resources Ltd. supporting proposed activity within the ha'houlthee, including Beddingfield, Bedwell and Flores Island.

"The 1999 MOU was to be a starting point in a discussion regarding forest management priorities and objectives, and did not permanently define areas to be reserved from harvesting. That work was to follow over time based on consultations with First Nations, ongoing research and inventory analysis," said Jacobson.

Iisaak Forest Resources Ltd., a private forestry company owned by Hesquiaht, Tla-o-qui-aht, Ucluelet, Toquaht and Ahousaht, has carved out a niche for themselves working in the contentious Clayoquot Sound long after forestry giants Weyerhaeuser and Interfor left town.

Their success relies on relationships they've cultivated over the past decade with their customers, local first nations and environmental groups who monitor their work.

Created in 1998, Iisaak started as a joint venture agreement between the Nuuchah-nulth Central Region First Nations and Weyerhaeuser to provide a new model of forest management in Clayoquot Sound based on conservation and sustainability. The company is the product of hard-nosed negotiations by central region first nation leaders with the provincial government and industry.

In 1999 Iisaak owners, represented by central region first nations leaders, Weyerhaeuser officials and representa-

"It's been almost 12 years since the MOU was initiated and Iisaak has been diligent and successful in achieving many of the identified goals, including gaining control of the forest tenure in Clayoquot Sound, acquiring Forest Stewardship Certification, operating under the recommendations of the Clayoquot Sound Scientific Panel, accepting the watershed plans, and working with First Nations to define eehmiis areas and how they will be protected."

Iisaak Administrator Dave Jacobson

tives of five major environmental organizations signed the MOU, promising to work together. The MOU set out goals and commitments for all parties to the agreement.

Environmental groups agreed to support and advertise the company and were there celebrating the first tree felled by the company in Clayoquot Sound in 2000.

Iisaak immediately set out to fulfill its commitments made in the MOU. The first was to gain control of forest tenure in Clayoquot Sound. This was achieved when, in 2005, Iisaak bought out Weyerhaeuser. They achieved another important milestone when, in 2001, they became the first forest company in British Columbia to be certified by the stringent Forest Stewardship Council. To achieve FSC certification, companies must abide by a set of strict environmental and social standards.

To this day Iisaak's continues to operate under the innovative planning requirements outlined in the Clayoquot Sound Scientific Panel

Recommendations, the company says. Developed by both scientists and Nuuchah-nulth elders, the Science Panel

Report calls for the completion of extensive watershed plans for specific areas in Clayoquot Sound.

According to Jacobson, those plans were completed and endorsed by both first nations and government and have passed into law. It is within those 11 watershed plans that areas designated as 'eehmiis' (undeveloped areas that are, in the Nuuchah-nulth language "very, very precious") are identified. These areas are to be set aside and protected from industrial logging.

"It's been almost 12 years since the MOU was initiated and Iisaak has been diligent and successful in achieving many of the identified goals, including gaining control of the forest tenure in Clayoquot Sound, acquiring Forest Stewardship Certification, operating under the recommendations of the Clayoquot Sound Scientific Panel, accepting the watershed plans, and working with First Nations to define eehmiis areas and how they will be protected," said Jacobson.

The company prides itself in the planning work that they do. They consult with the ha'wiith (hereditary chiefs) in whose territory they plan to work. No

forestry work goes ahead without approval of the ha'wiith.

The same planning principles are applied when Iisaak approached Ahousaht ha'wiith to log on Flores Island. Both the ha'wiith and elected council of Ahousaht are satisfied with the plans and have given the go ahead to Iisaak to commence logging, said Jacobson.

Just last week it was announced that Iisaak applied to the Ministry of Natural Resources for a heli-water drop zone and a log handling area for Bedwell Sound and Millar Channel to be used for transporting logs.

"Iisaak operates on an estimated three quarters of the total area is set aside from timber harvesting. They employ a variety of harvesting techniques designed to retain some trees in harvest areas. Retention levels are anywhere from 15- to 80 per cent, depending on the characteristics of the cut block. They say they put an emphasis on the values to be retained rather than the trees that could be removed.

"We conduct our business in a sustainable and responsible way and over the past decade have received recognition from World Wide Fund for Nature, David Suzuki Foundation and the Canadian Parks and Wilderness Society for our unique brand of conservation forestry," said Jacobson.

"Iisaak remains committed to the spirit and intent of the original environmental memorandum of understanding and invites those who share these values to support our effort towards a balanced and responsible approach to sustainable living that protects both natural and social values," he added.



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Application forms and further details are available online at bchydro.com/scholarships.

For more information:

Jeannie Cranmer
Aboriginal Education and Employment Strategy Manager
Phone: 604 623 4401
jeannie.cranmer@bchydro.com

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Community & Beyond

Living Legends Festival Feb. 4 to 26 Duncan

"Storytelling, the act of one voice talking, sharing experience, observations, learning and teachings is becoming a lost art. Even though everyone from every culture has an oral tradition, we have ceased to be storytellers and lost touch with our original voice. Help bring our stories to life. The Living Legends Festival will take place during the month of February in Duncan BC. Events each day. Go to www.livinglegends.cowichan.net

Quu?asa Women's Healing Gathering Feb. 25 to 28 Port Alberni

To be held at Kackaamin Family Development Centre. Please register with Jolene Prest or Linda Gomez at 1-888-624-3939 or 250-724-3939.

Yvonne Mickey Memorial Potlatch Feb. 26 Port Alberni

To be held at Maht Mahs Gym starting at 10. Everyone welcome! Contact Tony Mickey 250-726-3931 or Stan 778-421-0466 for more information.

National Research Centre Forum March 1 to 3 Vancouver

The Truth and Reconciliation Commission's mandate is to educate Canadians about residential schools and their legacy. This forum provides a unique opportunity for stakeholders to witness the beginning of what will become Canada's largest permanent collection of oral history of its kind, with the development of the National Research Centre on Residential Schools. For more information on the program, speakers and registration, visit trc-nrc.ca or call 1-888-872-5554 (1-888-TRC-5554)

Loonie-Toonie/Flea Market March 5 Port Alberni

To be held at the Hupacasath House of Gathering on Beaver Creek Road from 9 a.m. to 3 p.m. Variety of Items-Draws start at 1 p.m. Pancake Breakfast - Concession. Chumus Table (Bake Sale). 50/50 draw. Tables available call: 250-731-5095.

Quu?asa Men's Healing Gathering March 7 to 11 Esperanza

Please register with Jolene Prest or Linda Gomez at 1-888-624-3939 or 250-724-3939.

Sales Workshop March 9 Port Alberni

The Power of One: A Sales Workshop. The event will take place at the Barclay Hotel on Stamp Ave. Cost is free to First Nations, Metis and Inuit individuals.

uals. Dinner is provided. The workshop runs from 5 p.m. to 9 p.m. Make changes to your sales strategy, one steep at a time and creat big results. Registration is required. Contact Jennifer at 250-724-3131 or Toll-free at 1-866-444-6332.

Special NTC Meeting March 10 Port Alberni

To be held at Maht Mahts; Starts at 9 a.m. Purpose: To Review and Amend NTC Bylaws.

An Evening of Aboriginal Comedy March 10 Port Alberni

An Evening of Aboriginal Comedy with the Rez Jesters and special guests Thursday, March 10 at 8:00pm Location: Capitol Theatre Port Alberni

Men's Basketball Tournament March 11 to 13 Port Alberni

7th Annual Wickaninnish Hawks All Native Men's Basketball Tournament will be held at Maht Mahs Gym. First Place Prize \$1,200 (Prize \$ based on 10 teams). \$375.00 entry fee. \$150.00 deposit due Feb 25th to secure your spot in tournament. Lots more prizes based on teams. Trophys, 3 point shootout, slam dunk contests, if enough interest. Possibly have women's or masters men's if I can get enough help and another gym. And if not enough interest in Native teams, we will open it up. Contact Bob Rupert 250-720-5454 or 250-731-6170 or rupert23@hotmail.com

Kingcome Inlet Gala Fundraiser March 12 Richmond

This flood relief fundraising extravaganza aims to assist the Dzawada'enuxw people of Kingcome Inlet in rebuilding their community. Tickets are \$175 per person. Event will be held at the River Rock Casino Resort at Richmond. Evening includes a fashion show featuring Denise Williams, House of Winchee, Sto:lo singing sensation Inez Jasper, a Kwakwaka'wakw cultural performance, and dance featuring Bitterly Devine. Reception begins at 6 p.m. with silent auction. Live auction begins at 8:30 p.m. Contact Vina Robinson at 250-739-1314 or email her at vigold@shaw.ca. Jody Olsson at 604-889-0206 or email jodyjetson@shaw.ca. Ainjil Hunt at 250-217-3512 or email ainjihunt@shaw.ca.

Aboriginal Tax Planning Conference March 16 and 17 Parksville

Rebuilding from Tradition: Strategic Aboriginal Tax Planning is a two-day conference designed to address the most pressing questions and issues in Aboriginal Tax. Professional and non-Nuu-Chah-Nulth rate: \$150 per day or \$250 for both days. Nuu-chah-nulth rate: Contact NEDC. Conference registrants are responsible for travel and

Aboriginal Tax Planning Conference March 16 and 17 Parksville

Rebuilding from Tradition: Strategic Aboriginal Tax Planning is a two-day conference designed to address the most pressing questions and issues in Aboriginal Tax. Professional and non-Nuu-Chah-Nulth rate: \$150 per day or \$250 for both days. Nuu-chah-nulth rate: Contact NEDC. Conference registrants are responsible for travel and

accommodation to and from conference to be held at the Tigh-na-mara Seaside Spa Resort. Contact: Nuu-chah-nulth Economic Development Corporation (NEDC) www.nedc.info Natasha Marshall or Caledonia Fred NEDC office Phone: 250.724.3131 or toll-free: 1.866.444.6332 Fax: 250.724.9967. Email: caledonia@nedc.info

All Native Ball Hockey Tourney March 18 to 20 Port Alberni

Thunder Sports Club 2011 presents Men's and Women's All Native Ball Hockey Tourney at Maht Mahs Gym in Port Alberni. First Place Men's (based on 10 teams) \$1,500. First Place Womens' (based on six teams) \$800. Mens Entry Fee \$350. Women's Entry Fee \$300. Concession, 50/50 and much more. Raffle draws will be drawn at the end of tourney. Contact Les Sam E-mail les.sam@tseshaht.com or call 250-720-7334; Terry Sam 250-720-5181 or Richard Sam 250-731-5422.

"Body & Soul Fair" March 19 Port Alberni

This event will take place on Saturday, March 19 from 11 a.m. to 7 p.m. at the Hupacasath House of Gathering 5500 Ahahswinis Drive, Port Alberni.

Coming of Age Party March 19 and 20 Gold River

Steven Howard and family would like to invite all to the coming of age for their daughter Selena Howard. They look forward to the joining of songs and dances in this event. Be prepared for a wonderful day of sharing our language, culture and family ties. Bring your drums, shawls and families. At the Wameesh gym from 2 p.m. to March 20 at 10 a.m.

Gathering Our Voices March 21 to 24 Prince Rupert

The ninth annual Aboriginal Youth Conference will attract up to 1,500 Aboriginal youth from across both the Province of BC and Canada. This year the chosen theme "A Vision of Our Future" will focus on areas that have been identified as especially relevant to Aboriginal youth, including Health, Language, Culture, Employment, Education and Lifelong Learning, and the Environment. For more information: Telephone: 250-388-5522 or 1-800-990-2432. Website: www.bcaafc.com/newsandevents/gathering-our-voices

DAC Health Ability Fair March 23 and 24 Port Alberni

To be held at Maht Mahs Gym.

Memorial Potlatch Invitation March 24 and 25 Bella Bella

The family of late Chief Hamzit, David

Gladstone, and late Qvuduyuathi, Lillian Gladstone invite you to a memorial potlatch in their honor to be held at Bella Bella on March 24th & 25th at the Wawiskas Community Hall. Both days will begin at 10 a.m., and seafood will be served on both days. Please RSVP for billeting purposes before March 18. Please also indicate if any performances are to be shared for program purposes. Contacts: William Housty (250) 957-8298 or Keith Gladstone (250) 957-7024.

Ultimate Elvis March 26 Tsow-Tun Le Lum Gym

This fundraiser will include a Loonie Twoonie, fine art auction, penny drive, and five Elvis Impersonators. Doors open at 6:30 p.m. Light snacks and tea and coffee provided. Pre-bids March 25. \$15 per ticket or two for \$25.00. To view contributions see www.tsowtun-lelum.org.

Late Arnold P James Sr. Dinner March 26 Gold River

Dinner in memory of late Arnold P James Sr. will be held at Tsaxana at the Wawmeesh Gym from 5 p.m. to 7 p.m.

OneMatch Presentation/Swab Event April 5 Tsaxana

To be held at the Wawmeesh Learning Centre in the Tsaxana Gym; 100 Ouwatin Rd. Tsaxana, Gold River starting at 7 p.m. Learn about how you can help save lives by signing up during the bone marrow drive.

OneMatch Presentation/Swab Event April 6 Port Alberni

To be held at the Port Alberni Friendship Centre; 3555 4 Avenue, Port Alberni, BC starting at 7 p.m. to 9 p.m. Learn about how you can help save lives by signing up during the bone marrow drive.

OneMatch Presentation/Swab Event April 7 Ahousat

To be held at the Thunderbird Hall at Ahousat starting at 7 p.m. Learn about how you can help save lives by signing up during the bone marrow drive.

Celebrating Huu-ay-aht Success April 8 Anacla

The hereditary and elected leadership along with the organization is now planning a Huu-ay-aht celebration at the House of Huu-ay-aht Anacla. This is a celebration of various Huu-ay-aht achievements including the treaty and Capital Infrastructure. Doors open @ 11 a.m. Lunch served @ 12 p.m. Event proceedings @ 1 p.m.

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IRS claimants information

The Independent Assessment Process (IAP) is a claimant-centered, non-adversarial, out of court process for the resolution of claims of sexual abuse, serious physical abuse, and other wrongful acts suffered at Indian Residential Schools (IRS).

If you or someone that you know are going through this process or will be going through this process, they need to be aware that there is a Resolution Health Support Worker available to assist you before and after your hearing, and during your hearing to guide you.

We would like you to also be aware that when you have hearing with the Adjudicator you do have a choice where you would like to hold this hearing and also to know that if you have this hearing off reserve you will be taxed on any dollars awarded by the Adjudicator.

Any Questions please call Resolution Health Support Worker Sheila Nyman Business: 250-390-3123 Fax: 250-390-3119 Cell: 250-713-6933



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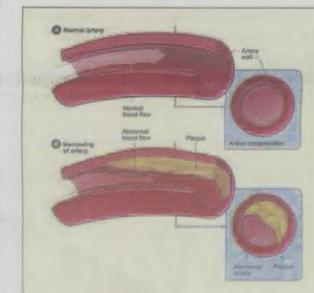
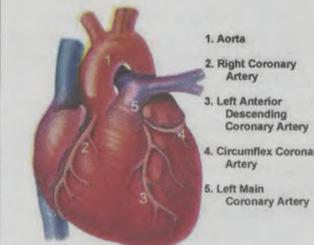
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Healthy Heart Month

By Nancy Wandersee RN BSC CHN

We've started a New Year, and like myself many of us made a New Year's resolution regarding our health. I would like to start by saying that our overall health starts with the "engine", that being our heart. February is Healthy Heart month so I thought giving a few health tips is in order to kick start your New Year's health regime in order. I'm sure that many of you are aware that Heart Disease is the number one killer in Canada. Heart disease is a "Silent Killer" because it is not something we can see happening. There are several things that contribute to Heart Disease some of which are within our control to change. (even if the change is small it all helps)

- Smoking
- Diets rich in Saturated Fats
- Physical inactivity
- Stress
- A Family history of heart Disease
- being overweight



So, let's discuss how these choices affect our heart. Smoking is a huge contributor of Heart disease, nicotine in tobacco products causes our arteries to constrict (get smaller) so there is less space for the blood to travel in our blood vessels. So now we have less space but the same amount of blood that needs to travel into the vessels. Because there is no room the blood back up into the heart and puts stress on the heart muscle causing high blood pressure. Over time the heart muscle gets stretched from the backed up blood. It is like an elastic that is over stretched eventually there is no spring left in the elastic and has no stretch left. Similarly the Heart is overstretched and loses its ability to pump blood effectively.

Saturated fats and no physical activity go hand in hand. Saturated fats are in all those "Yummy treats" we like to eat, pastries, cookies and donuts. The bad fat in them collects in the blood vessels and further clogs them, increasing blood pressure even more, putting additional stress on the heart. Heart attacks occur when a blood vessel of the heart becomes so clogged that the blood can

no longer travel down it to feed that part of the heart. No physical activity adds insult to injury. When we talk about fat we are talking about Cholesterol. There is good and bad Cholesterol. Good =HDL, Bad =LDL. HDL does not stick to the blood vessels LDL does stick to the blood vessels. Exercise increases the number of HDL (good cholesterol decreasing the number of LDL (bad cholesterol) So you see, things are not so bad, you can still have those treats in moderation if you exercise because exercise reduces the bad fats.

Stress is something that we all experience at some point in our lives, as it is impossible to avoid completely. What is important is the level and length of time that we are exposed to stress. This is because stress does the same thing as nicotine. When a person is under stress there body releases chemicals that shrink the size of our blood vessels. Once again causing stress on the heart and increasing blood pressure. It is important to take action and reduce unnecessary stressors in our lives. Only take on those things that we know we can change(be aware of the things we can actually fix or change and aware of things we cannot).

If you have a **family history of Heart Disease** then there is a good chance that you may also be at risk, it is important to be aware of family health problems as they may be passed on genetically. **Being overweight** also puts stress on the heart, this happens because fat requires food just like every other cell in the body. In order for it to be fed our body will create new blood vessels to transport nutrition to the fat cells. These additional vessels make more work for the heart as it now has to pump enough blood to feed the fat cells along with other body cells. It is similar to pulling a semi-trailer with a smart car. Eventually the Heart Muscle will break down as the workload is too heavy.

I hope this has given you a clearer understanding of how our personal choices can positively or negatively affect our heart. The following are some Healthy Heart Tips from Health Canada:

•**Don't smoke.** Not smoking or quitting smoking reduces your risk of developing heart disease and not smoking may help to increase the "good" cholesterol in your blood. It also reduces your risk of having a heart attack, stroke, and common cancers.

•**Eat a wider variety of foods.** According to Canada's Food Guide, as part of a balanced diet, we should enjoy a variety of foods and choose lower-fat foods more often.

•**Get moving.** As little as 60 minutes a day of accumulated physical activity will help keep your heart in shape. Not sure how to start? Try the Physical Activity Guide for some ideas.

•**Eating well and staying physically active** will help you to control your weight. Avoid fad or miracle diets.

•**Have regular medical check-ups** that include measurement of your blood cholesterol level. You can also be tested for diabetes, one of the major risk factors for heart disease.

For further information you can visit: **Health Canada @ www.hc-sc.gc.ca**

To advertise in Ha-Shilth-Sa call Holly at (250) 724-5757

Ahousaht's security force

Continued from page 1.

training in security work, including self-defense. The ha'wiih have provided funding for the training, but it's expensive and they are seeking funds to train even more volunteers and to purchase safety equipment.

"We've been getting involved with going into homes when people are fighting," said John. His crew has also been summoned to deal with alcohol and drug traffickers, violence in homes and in the streets, business alarms, public intoxication and they deal with drunk driving, both in vehicles and in boats.

According to Chief George, the RCMP can't do some things that his wit waak can, like entering homes in Ahousaht to ensure families are OK.

If challenged by community members, Chief George vows he would take his tradition right to the Supreme Court of Canada to defend it if necessary.

"What we're doing is reinstating what we had before; it's nothing new," he said.

The chief talked about recent bad publicity for RCMP.

"When someone is down, it's not our way to kick them in the head. We need to pick them up," he said. "Shooting people, using tasers, that's not what these guys are about. It's about helping them to their feet and they are not afraid to do what needs to be done to keep our village safe," said George.

In addition to general community security and policing, the wit waak have participated in approaching people that went to treatment last year.

"We participated in the roundup, assisted the RCMP and helped escort the people at Stewardson," said John.

When dealing with alcohol and drugs in Ahousaht, John says his crew will confiscate intoxicants and dispose of them right in front of them.

"We will talk to them, urge them to change in a positive way," said John.

He said sometimes it works and sometimes they get negative backlash.

"Some have come back and thanked us after the fact...apologetic, and some have changed their lifestyles," he pointed out. And when it comes to the greater community, they get positive feedback.

"People thank us. It is helping to quiet down the community and people are starting to understand the role and purpose of the Ahousaht ha'wiihs' officer," said John.

The current crew now includes Kurt John, Luke Swan Jr., Greg Hayes, Wally Thomas, Scott Frank, Gene Duncan, Mike Charleson, Nelson Frank, Shawn McKay, Ken Lucas, and Rachel Robinson. Some are not band members, but neither the chiefs nor the community are making an issue of it. They accept all.

Having a woman on the crew is especially helpful when it comes to dealing with calls that involve women.

John said his new role is making a difference in his life.

"I'd rather be busy helping people who are dealing with something I've always struggled with a majority of my life," he said. "I'm fighting it in my community and trying to make a difference for our children who are upcoming."

"I don't want children to have to remember people passed out or drunks in the street. I want them to remember fun at the T-bird hall, things they did at school, positive stuff," said John.



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OneMatch Presentation and Swab Event
April 5
Tsaxana
To be held at the Wawmeesh Learning Centre in the Tsaxana Gym, 100 Ouwatini Rd. Tsaxana, Gold River starting at 7 p.m. Learn about how you can help save lives by signing up during the bone marrow drive.

OneMatch Presentation and Swab Event
April 6
Port Alberni
To be held at the Port Alberni Friendship Centre, 3555 4 Avenue, Port Alberni, BC starting at 7 p.m. to 9 p.m.

OneMatch Presentation and Swab Event
April 7
Ahousaht
To be held at the Thunderbird Hall at Ahousaht starting at 7 p.m. Learn about how you can help save lives by signing up during the bone marrow drive.

Veme - OneMatch registrant

Canadian Blood Services
it's in you to give



City of Port Alberni Lifeguard/Swim Instructors

Think you might be interested in working at the Aquatic Centre? Check it out by applying to participate in the Potential Incoming New Staff Session.

The City of Port Alberni invites qualified lifeguard/swim instructors to indicate their interest in participating in an upcoming Potential Incoming New Staff Session (PINS). The PINS session is the first step towards being hired as Lifeguard/Swim Instructor for the City of Port Alberni. The session will include written and practical teaching assignments and a practical life guarding session including simulations. Those applicants who successfully complete the session will be short listed for future openings at the Aquatic Centre. To participate in the session, resumes with covering letter and photocopy of current qualifications (NLS, Water Safety Instructor, CPR C, Standard First Aid) will be received until 4:30 p.m. Tuesday, March 1 by Theresa Kingston, Manager of Human Resources and Community Development at Echo Centre, 4255 Wallace Street, Port Alberni, B.C. V9Y 3Y6. Those selected to participate in the PINS session will be contacted to pick up an information package. The session will be held on Tuesday, March 8.

Quu'asa Men's Healing Gathering

March 7 to 11, 2011
Esperanza

- Culture
- Yaxšix "Brushing/Cleansing"
- 7uusimc "Oosoomch"
- Self Care
- Sharing of Strengths and Resources
- Drumming and Singing
- Moving forward with NCN Strength

To register please contact:

Jolene Prest, jolene.prest@nuuchahnulth.org
Linda Gomez, linda.gomez@nuuchahnulth.org
at the Quu'asa Office (Port Alberni)
Phone: 250-724-3939 or toll-free: 1-888-624-3939
Fax: 250-724-3996

This event is coordinated and funded through the
Nuu-chah-nulth Tribal Council's Tiič'aaq̓ Quu'asa Program



City of Port Alberni Employment Opportunity Fire Fighter Eligibility List



The City of Port Alberni Fire Department is developing an employment eligibility list for the position of Firefighter. The position entails fire-fighting, rescue work and dealing with other emergency situations. It also includes maintenance of Fire Department buildings and equipment.

The requirements for the position are:

- Must have willingness to be trained as a Fire Fighter.
- Must have a minimum of Grade 12 (proof required).
- Must be of good character.
- Must pass a complete medical and hearing examination.
- Height and weight must be sufficient to perform duties as a Fire Fighter.
- Must become a resident of the City of Port Alberni.
- Current WCB Occupational II or III First Aid Certificate.
- NFPA 1001 Level 1 & 2 Certification
- B.C. Class 5 Driver's License with air endorsement and full driving privileges.

Applicants must pick up an application package including the required application form from the Manager of Human Resources at Echo Centre, 4255 Wallace Street, Port Alberni or download it off the city website at www.portalberni.ca

Selected applicants will be required to successfully complete a series of testing procedures designed to determine suitability for the position.

Rate of pay is per Port Alberni Fire Fighters Association, Local 1667 Collective Agreement.

Applications with covering letter will be received until 4:30 p.m. Friday, March 11 by Theresa Kingston, Manager of Human Resources and Community Development at Echo Centre, 4255 Wallace Street, Port Alberni, B.C. V9Y 3Y6 or by email theresa_kingston@portalberni.ca. We regret that only those applicants selected for interviews will be contacted.

Birthdays & congratulations

Happy 7th Birthday to mine and Len's beautiful lil Princess Kaydence Tom on March 8!

Wow, time sure flew by. It seemed like yesterday that you were just born and lit up our lives and hearts. I'm proud of everything you've accomplished in life so far and im sure your brothers proud to have you as a sister. We all love you. Love mama (Liz Little), brother Tave, grandma Maxine and Ed. Also a Happy Birthday goin out to our ma/grandma Maxine Little on Feb. 26. Hope your days as great as you are. We love you to the ends of the earth. Love Pat, Sammi, Liz, Maxine, Kaydence, Amelia, Daniel, Jordyn and Tave.



Happy 8th Birthday to my beautiful daughter Jocelyn Akasha Barbara Ann Tate on Feb. 25! Keep smilin Babe! You're the Best! Lud do! Love always Mom XOx.



Happy Birthday to Judy Williams on Feb. 21; Bonnie Williams on Feb. 18; Oral Williams on Jan. 17 and George Williams on Jan. 19. From Lavern and Lillian.



Happy birthday to you, happy birthday to you, happy birthday dear Daphne (ducks), happy to you. I hope you have a wonderful day sister on Feb. 24. Love you sis, best wishes. Love always, Strawb and kids.

Happy 15th Birthday to Alicia Anne Seitcher, proud daughter for my friends Terry Seitcher and Maxine George. Feb. 19, 2011 was her birthday and we helped celebrate it...thanks Terry for the invite. Was nice to help you celebrate it with my boys. xox Carol Mattersdorfer and family.

Happy 69th Birthday to my dearest father George Chester John Sr. Dad, my precious father on this earth. I just want to say that I am the luckiest daughter that you brought into this world. I am so proud to be your daughter and your first daughter. I just want you to know how

special you are to me and I want everyone to know that you are the best. You are just one of a kind! You're loved everywhere you go and when I see that it makes me happy! I love you father and dad and my best friend! Many more birthdays to come cause you deserve the best! Love from your daughter Carol R. John-Mattersdorfer.

Happy Birthday to my bro Richard Thomas in February 2011 also. xox your sis Carol John-Mattersdorfer and family.

Hey, have you happened to see the most beautiful girl in the world? Well it's her birthday on March 2 and her name is Memphis Ross. Love Annie and Dave. Birthdays continue on page 14.

Employment Opportunity

Personal Assistant Needed, Should have excellent verbal and written communication skills in English needed and be a fast & accurate typist. Must be a fast thinker, flexible.

Email: whitfieldfineart@hotmail.com

Quu'asa Women's Healing Gathering

February 25 to 28, 2011
Kackaamin Family Development Centre
Beaver Creek, Port Alberni

- Culture
- Yaxšix "Brushing/Cleansing"
- Self Care
- Sharing of Strengths and Resources
- Drumming and Singing
- Moving forward with NCN Strength

To register please contact:

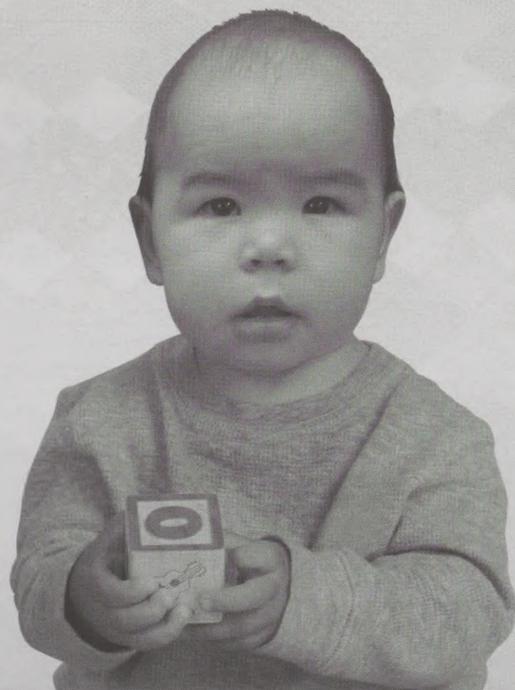
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Linda Gomez, linda.gomez@nuuchahnulth.org
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This event is coordinated and funded through the
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Hope for the future of the community

By Dave Johnsen
Marine Planning Coordinator—Toquaht

For the past year and a half I have been working with West Coast Aquatic as the Marine Planning Coordinator for the Toquaht Nation. This has been a very positive experience for me as I have had an opportunity to connect with many of our community members through conducting interviews, having conversations regarding fishing, marine planning, and coastal issues. I am very hopeful that the work done in this project will help in the future for planning, development, and cooperative and collaborative management of resources and the environment.



I have always had an interest in fishing, from catching small perch and rockfish at the docks as a child with my friends, to catching trout, steelhead, salmon, and rockfish today for sport and food. But it wasn't until this position with West Coast Aquatic and the Tsawalk Partnership that I had really thought much about fishing, fresh natural foods, seafoods, shellfish etc, and its relation-

ship with the health and wellness of my community. The giving and receiving of clams, crab or salmon in the community and seeing smoke coming from the smoke houses in people's back yards. I also have a much better appreciation of the economic benefits for community members who do clam digging, oyster farming, etc. During interviews and conversations I've had during this project it came to my attention that salmon counts are lower than in the past and I think we can help to bring these numbers back to where they should be. I am now in contact with various people and groups to try and organize some stream cleaning projects in and around our community and hope to have volunteers in the community become stream keepers, and eventually expand further into more work with salmon enhancement in

Toquaht territory. I find it is really exciting thinking about the future and how important proper catch monitoring, conservation, habitat restoration and enhancement is. I would like to thank everybody at West Coast Aquatic for this great experience.

Students need more

Continued from page 5.

More than 200 Hanson relatives and friends showed up at the Cedar Community Hall in Nanaimo Feb. 19 to celebrate Russell having made it through his ordeal. The party also served to acknowledge the fragility of life and to take precautions to protect Russell in the future.

Guests were served dinner before Wesley Edwards of Kuper Island (Penelakut First Nation) welcomed the mostly Nuu-chah-nulth crowd to Coast Salish territory. He knows Russell Hanson personally. He said Russell's been clam digging with Wesley's people for a while. He called Russell a good guy, saying he's the best clammer, usually doubling or tripling what the other guys get.

Turning to Russell he said, "I have so much respect for this guy that I passed up another event with my own people to be here." He went on to sing a Coast Salish prayer song followed by a victory lahal song.

Russell, flanked by his parents, Peter and Daisy, then presented a woven cedar bark hat to Edwards.

Speaking on behalf of the hosts, Wakeetom (Peter) and Daisy Hanson, Cliff Atleo Sr. thanked Daisy Hansen took part in dances at the Feb. 19 Celebration of Life for her son Russell.



on to tell him that important things would be done on their land. The cultural business taking place that night would be done under the house named Mustway-K'youk where the Hansons come from.

The Hanson family, along with relatives from Russell's maternal side of the family from Ahousaht and Hesquiaht, joined together in song and dance. They were followed by dancers from other tribes, including Mowachaht/Muchalaht and Kyuquot.

"I think it's amazing to see so many people show up," said Russell. "You don't feel it every day, that they all care about you," he added.

Russell was given the name Shii Shookp Shilth, a Kyuquot name coming from his father's side of the family. "It's an old name. Nobody knows what the translation is anymore," he explained.



ACCEPTABLE IDENTIFICATION FOR STATUS CARD ISSUANCE (Certificate of Indian Status - CIS) for age 16+

Clients must provide 2 pieces of the following I.D. when applying for a Status Card (one piece of primary I.D. or two pieces of secondary I.D. (one of which must have a digitized photo) or one piece of secondary I.D. with a Guarantor's form):

CATEGORY 1 Primary I.D.	CATEGORY 2 Secondary I.D.	CATEGORY 3 Other I.D.
<ul style="list-style-type: none"> * Valid Canadian Passport * New Plastic CIS issued after April 2002 Only new hard plastic card - Not laminated status card 	<ul style="list-style-type: none"> * Certificate of Birth * Marriage or Divorce Certificate * Provincial Health Card * Provincial Identification Card * Driver's License * Employee I.D. with digitized photo * Student I.D. with digitized photo * Firearms license * Old CIS card - LAMINATED CARD 	<ul style="list-style-type: none"> * Guarantor's form Guarantor Forms should only be used in extreme circumstances. I.e: someone is flying to another province. * CHILDREN UNDER 12: Must have one piece of Secondary ID and parent/guardian must have one primary or two secondary ID, * CHILDREN 12 to 16: May chose to meet either adult or under 12 ID requirement

* ABSOLUTELY NO PHOTOCOPIED I.D. OR SIN CARDS ACCEPTED certified photocopies)
* I.D. must be intact and must not be expired
* IRA must receive the original Guarantor's form with signature (not a faxed version) & client's picture must be signed by the guarantor

FAILURE TO FOLLOW THE POLICY WILL RESULT IN NTC OR THE FIRST NATION TO LOSE THEIR AUTHORITY TO ISSUE STATUS CARDS

Rosie Marsden, NTC Indian Registry Administrator

4th POSTING

Financial Controller – term position for up to 4-years

Ehatesaht Tribe in Zeballos, BC is looking for a Financial Controller

The successful candidate will report to the Band Manager and be responsible to:

- ensure legal financial reporting requirements are maintained in order to meet the accountability standards of Ehatesaht membership, NTC, Provincial & Federal Gov'ts and other agencies as required
- present timely financial statements on a consistent and comparable basis to Chief & Council and Management.
- maintain the chart of accounts and reconcile banks and various accounts for the Band, program departments and related businesses.
- assist in annual audit preparation by preparing financial statements and working papers.
- Process payroll and employee benefits
- Manage and maintain effective and efficient financial systems
- Manage reporting for government contracts and agreements
- Manage the computerized accounting systems

Preferred Qualifications

- Adagio, Paymate, Excel & Word
- Bank reconciliation experience
- Proven Sobriety, Bondable, Provide Criminal Record Check
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- Prior related experience and/or 3rd year studies in professional accounting designation

To apply submit your resume and handwritten cover letter to :

Ehatesaht Tribe Box 59
Zeballos, BC V0P 2A0
fax: 250-761-4156
email: ehatis@telus.net



Only those short-listed will be contacted for an interview.
Rate of Pay \$32,000-\$42,000 based on education and experience. There is no living allowance

CLOSING DATE February 25, 2011

Energy, excitement and lots of fun at Samuel tourney

The Wally Samuel Family hosted an under 22 basketball tournament at Maht Mahs gym on Feb. 18 to Feb. 20. The stands were full of energetic fans and family members.

In his closing comments before distributing awards, Wally Samuel thanked the parents of the players for their support and encouragement. He also thanked all the people involved in putting on the tournament, including timekeepers, scorekeepers, referees, coaches and managers.

Ladies first place went to the Ucluelet Wild Women; second place went to the Cat Skulls; and third place went to the Ahousaht Blazers. Most Sportsmanlike Team was Alert Bay. MVP was Janine Robinson. Most Sportsmanlike player was Natasha Amos-Kostering, Most Inspirational Player was Shykyla Frank

All Stars: Shyanne David, Shanelle Ignace, Chantelle Thomas, Nicole Botting, Brittany Williams, Justine Frank, Michelle Touchie, Skylene Touchie.

In men's play, first place went to the Ahousaht Timbermen. Placing second was Alert Bay. Third place was The Heat from Duncan. Most Sportsmanlike Team was Ucluelet; MVP was Brett Botting, Most Sportsmanlike player was Kenny David, Most Inspirational Player was Mateo Kostering.

All Stars were Mike Johnson, Justin Ferchette, Matthew Jack, Josh Grilli, Jason McKinnon, Chris Lucas, Graylon Martin, Desmon Pack, Beau Campbell, Chris Campbell

A total of 32 awards were handed out. Samuel said the players, coaches, managers, families and spectators had a good time.



Top Photo: The Ahousaht Timbermen took first place in the Under 22 Basketball Tournament hosted by the Wally Samuel family. They put on a clinic against the second place Alert Bay squad with a final score of 90 to 34.

Bottom right: The Ahousaht Blazers girls squad had to settle for third place. It was a hard-fought battle on the final day of the tournament held at Maht Mahs gym on Feb. 20.

Timothy Little of the Ahousaht Timbermen brushes past an Alert Bay player in the final game of the Samuel family Under 22 Basketball Tournament held at Maht Mahs Feb. 18 to 20.

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Birthdays & Congratulations

To my family, the Dicks, just want you to know that I miss you all and I love you. Please call me once in a while too. Love Mary Dick-Brown.

We would like to wish our son Kyle Erickson a very happy 25th birthday on Feb.25. We love you so much! And in loving memory of Brandon Lee Erickson, he would have been 25 as well, Feb. 25. Miss you son, love you.

Feb. 16: Happy 27th Birthday #1 sis Lisa; March 4 Happy ?? Birthday to our #1 Dad Marvin C. Tutube. Love Mike, Marv, Violet and Jami.

March 15: Happy 24 Birthday brother Marvin Jr. Hope you have a great day. Love brother Michael. Yes those were the days. lol. Happy smiling.

Feb. 16: Happy Birthday Lisa. Love Jami.

Happy Birthday on Feb. 16 sister Deda; March 15 brother Marv (aka Sonny). Enjoy your day. Love baby sister Violet L. Tutube.

Happy belated Valentines to Lorrissa and Violet. Love Marvin, Pearl, Lisa and Jami, Mike, Marvin Jr.

Happy 4th Jacqueline Price on March 29. Love Marvin, Pearl, Lisa, Mike and Marvin Jr.

Happy Birthday Jan. 6 Mike and Feb. 17 Rica. Love all your family and Wilson's.

Happy Birthday J.C. Feb. 21. Love auntie Pearl and uncle Marvin, Lisa, Violet, Mike, Marvin Jr.

Happy Birthday Feb. 16 Lisa M. Tutube; Feb. 17 Enrica Marshall; Feb. 21 John C. Wilson; Feb. 24 Uncle Ben. Love Pearl, Marvin, Michael, Marvin Jr and Violet.

Happy Birthday March 4 - Marvin C. Tutube; March 15 - Marvin Jr. Tutube. Love Lisa, Jami, Michael, Violet and Pearl.

March 29 Jackie Price. Love Marvin,

Pearl, Lisa, Violet, Michael, Marvin Jr. Hope you had great birthday.

Happy belated Valentine's Day to my wife Pearl. I thought it would always stay that way. But everything changes, and I'm glad Honey, because when we first fell in love, I couldn't have known that the best was yet to come. That I could be even happier or love you even more, but I do. You mean so much to me. Happy Valentine's Honey. I love you very much. Marvin C. Tutube Sr.

Happy birthday to a very special auntie Florence M. John on March 2, also to my dear beautiful niece Allison Vincent on March 2, love you babe! And to my dear brother Paul Vincent on March 9, and to his wonderful niece and my sister Velina Vincent on March 5th. Love each and every one of you guys. Hope you all enjoy your special day! Pauline, Harvey an kids.

I would like to wish my son Clarence John a very Happy 18th Birthday on March 21. Wow son "18." Time flies by so fast. I will always remember the night you were born at 11:21p.m. in Port McNeil hosp. 8lbs 4oz. Now look at you all grown up. I love you my dear son! Hope you have an awesome day. I know I will just remembering when you were so small, haha. Love from your mother Pauline Vincent.

Wally Samuel Jr. would like to announce the birth of Arliss Leanne Samuel. born in Port Alberni WCGH on Feb. 10, 2011, 7lbs 13oz. Parents are Alexandria Tate & Zakk Samuel. Grandparents are Estelle Fraser/Paul Tate, Lisa & Wally Samuel Jr.

Another baby girl for Sasin, Monica Louis, and Len Lindstrom. Baby Niishaan Leniah Louis Lindstrom was born at Lions Gate hospital at 11:58 p.m on Feb. 10. She was 9 lbs, 11 oz. Congratulations everyone.

Klecko's - ʔekoo

I would like to thank all the people who were there for me and my family when my son Shane Campbell was in hospital in victoria. It was so much appreciated. Not a day goes by remembering all of you and the comfort you all gave us in our time of need. It's been two years on Feb 10.

Thank you all again,
Cheryl Campbell, Lynette and Dayna

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CEDAR WEAVER: Baseball caps, bridal floral bouquets, for sale. Traditional hats, headdresses, bracelets for trade.
email whupelth_weaver@shaw.ca
ARTIST: Anne M. Robinson. Cedar bark jewelry, artwork, including cedar roses, taking orders 723-4827.
AUTHENTIC BASKET WEAVING GRASS: picked and processed by Linda Edgar of Nitinaht, 3 corner, sharp and swamp grass and cedar bark. Please call 741-4192 in Nanaimo.

CEDAR WEAVING
by wii-nuk
Mary Martin
250-591-6984
cedarweaving@shaw.ca
shopping baskets, whalers hats, skirts, capes & more. Classes available

Misc.

HOUSE RENOVATIONS: Decks, siding, basic plumbing. Phone Bill Webster 778-421-1511.

MASSAGES in your home or mine. Call 250-735-2271.

LONG BEACH REFLEXOLOGY STUDIO offers foot reflexology sessions. Experience foot reflexology for relaxation and to energize. To book a session phone 250-725-3482

CERTIFIED CARPENTER: for hire phone Dave Watts 250-723-9870. Experienced! Completed 4 yr program Camosun College in theoretical and practical aspects of the Carpentry trade with Red Seal interprovincial certification ticket.

Wanted

WANTED: whale teeth, whalebones, mastodon ivory and Russian blue cobalt trade beads. Lv. msg. For Steve and Elsie John at 604-833-3645 or c/o #141-720 6th St, New Westminster BC V3L3C5.

WANTED: Room and board in Ahousaha Call and leave a message for Nelson Jr. at 250-723-1496

Employment

SPEAKER AVAILABLE: I'll be available for Workshops and public speaking for people who live with F.A.S.D. (250) 315-2188. I was born with this Sept. 26, 1969. Tim Manson.

ODD JOBS WANTED: A homeless woman (NCN) looking for any odd jobs, willing to do anything. Please call 250-720-9800.

Volunteer

HELP WANTED: Need work experience? The Port Alberni Friendship Center is seeking interested applicants for Volunteer positions including: Reception and Youth Workers. We are seeking individuals that are reliable, committed, flexible and of good character. Hours per week may vary. If you are interested, please contact Jeff at 723-8281 to pick up a Volunteer Application Form.

Lost and Found

LOST: Drum with whale painted on it. Jan. 28 at Maht Mahs Gym. Call (250) 745-3483.

LOST: Gold necklace with a lin X lin Indian design butterfly pendant. Last seen on my niece at the Ucluelet Secondary School in March. Please call Jeannine Adams @ 670-1150 or email ballgrll@hotmail.com. Thanks.

FOUND: A shawl was left at the House of Himwitsa. Please pick up your shawl at the House of Himwitsa. Lewis George, House of Himwitsa Ltd.

FOUND: at the Jerry Jack and Colleen Pendleton Memorial Potlatch, a mesh bag containing shawls, a drum and misc. jack-ets. Contact jerry43307@hotmail.com

Ehattesaht Budget Meeting

April 9, 2011 at Zeballos Hall
9 a.m. to 5 p.m

Nuu-cha-nulth Central Region First Nation Scholarship Announcement

The Clayoquot Biosphere Trust (CBT) and Genus Capital Management are pleased to announce a 4 year, \$3000 per year scholarship to a Central Region First Nation student who will be attending post-secondary school for the 2011-2012 academic year. The scholarship will be available to a student for up to four years by maintaining academic standing.

To have your application considered, you must be a member of the Hesquiaht, Ahousaha, Tla-o-qui-aht, Ucluelet or Toquaht First Nation and you must graduate from secondary school in June 2011.

The awarding of the scholarships will be based on a combination of:

- Academic achievement on provincial grade 12 exams;
- Citizenship (e.g. involvement in your community); and
- Three letters of reference supporting your scholarship application.

Please direct all questions and completed applications in writing to:

Jessie Fletcher
Development Coordinator
P.O. Box 67, Tofino, BC V0R 2Z0
phone: 250-725-2219
fax: 250-725-2384
jessie.fletcher@clayoquotbiosphere.org

Application deadline:

March 31st, 2011 4:30 p.m.

The scholarship award will be announced
May 31st, 2011.

The Clayoquot Biosphere Trust supports research, education, and training initiatives for conservation and community health in the Clayoquot Sound UNESCO Biosphere Reserve Region.
www.clayoquotbiosphere.org

Clayoquot Sound Biosphere Reserve

Uu-a-thluk

TAKING CARE OF

Catch Limits Reflect Declining Halibut Stocks



Halibut or p̓uuʔi have long been an important source of food and economy for Nuuchahnulth people.

Nuuchahnulth were in Victoria at the end of January to participate in the halibut management process.

Known by Nuuchahnulth speakers as p̓uuʔi, halibut has long been an important food and economic resource for quus people. Unfortunately, halibut abundance in the north Pacific continues a declining trend, and this year's catch limits will reflect this decline.

Halibut management is based on weight, not numbers. Although there are actually more halibut now than a few years ago, they are smaller and weigh less. What this

really means is that halibut are growing more slowly than they did 20 years ago. And slow growth doesn't just mean smaller fish.

In the Pacific halibut fishery, an organization called the International Pacific Halibut Commission (IPHC) calcu-

lates the total allowable catch for the entire coast based on the weight of halibut larger than 81 cm (32 inches). Not only has the abundance of halibut in this group been declining for several years due to fishing and natural mortality, but—as noted earlier—halibut are also growing more slowly. With younger fish taking longer to grow to harvestable size than they used to, the amount available for harvest has decreased.

"This has affected this year's allocations from the halibut commission," says Uu-a-thluk biologist, Jim Lane. "The catch limit recommendation is for an overall coast wide decrease of about 19%."

"Coast wide" includes all halibut fisheries from Oregon to Alaska, but the decreases in catch limits won't be distributed evenly. Alaska will see the largest decrease, because Alaskan halibut assessments continue to show significant declines. In contrast, BC assessments have shown continuing improvements for the past three years.

"The result is that BC, along with our neighbours in Washington and Oregon, will see small increases to their halibut allocations for 2011 compared to 2010," says Lane.

The dramatic contrast in BC and Alaskan halibut abundance is the subject of much debate. Lane offers one possible cause. "In 2008, the halibut commission changed how they allocated halibut between fishing areas. The new coast-wide model resulted in just one total allowable catch, allocated or apportioned to ten fishing areas."

The "apportionment" method used by IPHC staff consistently allocates a higher share of the halibut resource to Alaskan waters than was the case for the past 85 years. Canadian participants in the IPHC (including Nuuchahnulth) have consistently rejected this redistribution of the halibut resource.

This year, Nuuchahnulth and other Canadian representatives at the IPHC meetings delivered the same message about apportionment. They also talked about the detrimental impacts of halibut bycatch in Alaskan groundfish fisheries. Says Lane, "Although there is still no agreement from the Canadian and US Commissioners on how to deal with apportionment, there was unanimous agreement to be more engaged and proactive in dealing with bycatch from all fisheries."

Lane continues to have faith in the process. "Taking part in the halibut commission gives Nuuchahnulth a chance to have their voices heard and work with other participants, including recreational and commercial sectors, processors, DFO staff and Canadian commissioners to shape halibut management policies and procedures."

Phillip Edgar, fisheries manager for the Ditidaht First Nation, agrees. "We've been representing Ditidaht at these meetings since 1994. We started going because mid trawlers outside Nitinat were wiping out our rockfish [as bycatch in the halibut fishery]. Going to the meetings gives us the chance talk things over with the Canadian delegates."

Edgar and his brother Carl, along with Ed Johnson and Chuck McCarthy were on hand to take part in discussions about bycatch, stock assessments, and the 2011 catch limits. The Commission is recommending to the governments of Canada and the United States catch limits for 2011 totaling 41,070,000 pounds.

For more information about Nuuchahnulth participation in the halibut fishery, contact Jim Lane at jim.lane@nuuchahnulth.org or 250-724-5757.

"Taking part in the halibut commission gives Nuuchahnulth a chance to have their voices heard..."

—Jim Lane, Uu-a-thluk biologist

Since 2008, Canadian representatives at IPHC meetings have negotiated catch limits for BC on average 9% more than IPHC staff recommendations. Despite adopting these higher allocations, halibut abundance has increased in BC, compared to the dramatic decreases in Alaskan waters.



Representing Nuuchahnulth Nations at the halibut commission meeting: (L to R) Chuck McCarthy, Phillip Edgar, Jim Lane, Carl Edgar, and Ed Johnson.



In BC, the Department of Fisheries and Oceans allocates the halibut catch between the sport and commercial fisheries. Photo courtesy of Jordan Michael.

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