



Ha-Shilth-Sa



Canada's Oldest First Nations Newspaper - Serving Nuuchah-nulth-aht since 1974

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haašit̓sa "Interesting News"

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Debora Steel

Alberni Elementary School celebrated Aboriginal culture on March 7 with a day dedicated to learning about the first peoples of Canada. Classes were spent making dreamcatchers, coloring totem poles and even playing a lunchtime game of lahal. (See story and more photos on page 5.)

Work will sparkle in Toronto

By Debora Steel
Ha-Shilth-Sa Reporter

Toronto—Who would have guessed that a tumble down a set of stairs could lead to a runway show at the prestigious Toronto Fashion Week, but that's just what has happened to Nuuchah-nulth designer Joyce Little.

As *Ha-Shilth-Sa* hits the press on March 14, Little's models will be hitting the stage in one of the premier showcase events on the world fashion market schedule.

It doesn't get much bigger than this, said Northern Styles' Charmaine Logan of Toronto Fashion Week. Northern Styles is producer of FashionNation, a sold-out runway show during Fashion Week that highlights the work of Native designers.

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Moms, grandmas lauded in women's day poems

Submitted by Margaret Morrison
Westcoast Community Resources Society

March 8 was International Women's Day, an event that is celebrated worldwide. The Westcoast Community Resources Society sent out an invitation to West Coast schools, asking students to submit a paragraph or poem about a woman that they admire, or who has inspired them.

The invitations said it could be a figure from history or literature, an auntie or grandma who taught a skill, or someone in the community that the children thought had made a difference. Some of the submissions received back were so heartwarming and honest the society just had to share them:

My mom does a lot
by Adrianna Grade 4 UES
My mom she cooks
She reads me books

my mom is great
She cleans the plates
my mom she makes cakes
She rakes
She is just so very great
I'd give her a rate
Of a million
Maybe a bazillion
she is just so great
My mom she lets me stay up late
all I'm trying to say is she is the best.

My mom
by Brandon Grade 3 UES
My mom has made my life great! She has taught me to talk and walk. She has taught me most of the things I know. But most of all I like when we play games together! That's why I admire my mom!

My Sister Iris
by Ruth Grade 3 WES
The woman I admire the most is my sister Iris, because she is nice to me. She helps me clean my room. She gives me pretty clothes.

Continued on page 3.

Lavern Frank was named 2006 Hospice Volunteer of the Year. She was chosen by the Pacific Rim Hospice Society board of directors, because she donated more than 100 volunteer hours in 2006, attended educational training and was pivotal in outreach and networking within the Nuuchah-nulth Tribal Council communities served by the Hospice Society.

Three hospice training opportunities are coming soon. Hospice training to become a volunteer to support neighbors and family facing life threatening disease and death starts March 30. The training is six days: March 30, 31, April 1, 13, 14, 15 from 10 a.m. to 4 p.m., with a half day on April 13 at Family Ties in Ucluelet and Tin Wis in Tofino. Training for counselors and hospice volunteers interested in facilitating grief support groups is April

12 and 13 at Tin Wis. Additional training to becoming a regional educator is available for experienced hospice volunteers teachers or counselors.

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Top honors received
Lavern Frank, honored at the Pacific Rim Hospice Society AGM, is wearing the hospice purple cape of excellence put on her shoulders by Hospice Coordinator of Volunteers, Heather McKay.

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DEADLINE:

Please note that the deadline for submissions for our next issue is **March 23, 2007**. After that date, material submitted and judged appropriate **cannot be guaranteed placement** but, if material is still relevant, will be included in the following issue. In an ideal world, submissions would be typed rather than hand-written. Articles can be sent by e-mail to hashilthsa@nuuchahnulth.org (Windows PC). Submitted pictures must include a brief description of subject(s) and a return address. Pictures with no return address will remain on file. Allow two - four weeks for return. Photocopied or faxed photographs cannot be accepted.

COVERAGE:

Although we would like to be able to cover all stories and events we will only do so **subject to**:

- Sufficient advance notice addressed specifically to Ha-Shilth-Sa.
- Reporter availability at the time of the event.
- Editorial space available in the paper.
- Editorial deadlines being adhered to by contributors.

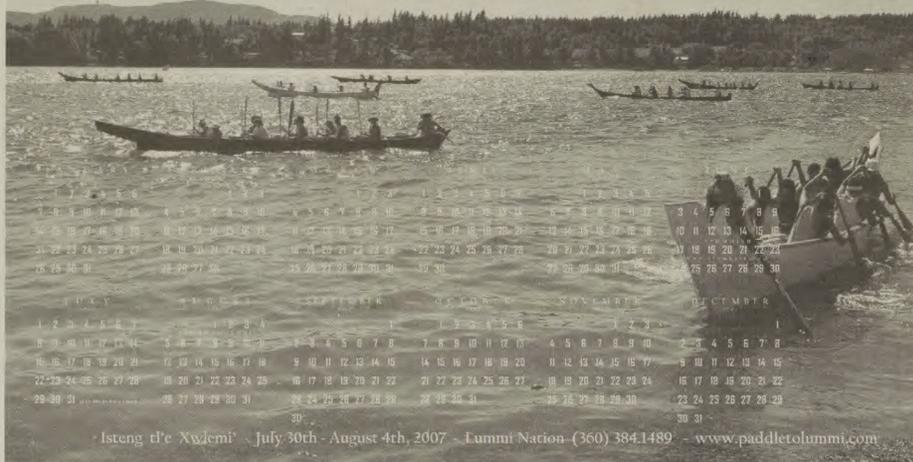
LETTERS and KLECOS

Ha-Shilth-Sa will include letters received from its readers. Letters MUST be signed by the writer and have the writer's full name, address and phone number on them. Names can be withheld by request. Anonymous submissions will not be accepted. We reserve the right to edit submitted material for clarity, brevity, grammar and good taste. We will definitely not publish letters dealing with tribal or personal disputes or issues that are critical of Nuu-chah-nulth individuals or groups. All opinions expressed in letters to the editor are purely those of the writer and will not necessarily coincide with the views or policies of the Nuu-chah-nulth Tribal Council or its member First Nations. Ha-Shilth-Sa includes paid advertising, but this does not imply Ha-Shilth-Sa or Nuu-chah-nulth Tribal Council recommends or endorses the content of the ads.



PADDLE TO LUMMI

Traveling the Traditional Highways of our Ancestors



Paddle to Lummi is scheduled for July 30 to Aug. 4. Contact the Lummi Nation at (360) 384-1489 for more information.

Calling all canoe families

House of Ceremonies opens at NitNat

By Carla Moss
Ha-Shilth-Sa Reporter

Ralph Edgar (Halukwii) is hosting the opening of a mini-longhouse, a 12 foot by 16 foot facility on the NitNat Lake called the House of Ceremonies on March 17.

"I've invited canoe families all the way from Kyuquot to Taholah, Washington and they all said it was a good thing."

The facility is located between the community and the lake and when the weather is better, offers space for six tents.

"I want to recognize and practice our own traditional ways first and foremost as Nuu-chah-nulth," and in time, Edgar said, "what I want to do is invite canoe families one by one to come for a retreat, either cultural or spiritual and basically have the facility to do preparation for tribal journeys or life... because life is a tribal journey."

Edgar said the facility is accessible by road so people could tow their canoes in and use the lake as a place to practice without fear of the ocean.

"The way it is, we'll learn together and grow together," Edgar said.

Edgar explained his dream for this facility came to him a number of years ago.

"When I was a teenager and young man I struggled between the white world and our world. I see that today when our young people struggle with drugs and alcohol and suicide, that's not our way. We do have something that's solid, and that's connected to earth: and that's our culture and spiritual teachings."

Edgar said he can see others making use of the facility as well.

"I see it as a facility for canoe families, for men's groups, to women's groups, youth groups. I want to open it up to everybody."

If you'd like more information you can contact Ralph Edgar at (250) 745-3535.

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Ha-Shilth-Sa belongs to every Nuu-chah-nulth person including those who have passed on, and those who are not yet born. A community newspaper cannot exist without community involvement. If you have any great pictures you've taken, stories or poems you've written, or artwork you have done, please let us know so we can include it in your newspaper. E-mail hashilthsa@nuuchahnulth.org. This year is Ha-Shilth-Sa's 33rd year of serving the Nuu-chah-nulth First Nations. We look forward to your continued input and support.
Kleco! Kleco!

ASRA introduces athlete selection process for Cowichan 2008

Victoria—The Aboriginal Sports and Recreation Association of BC (ASRA) announced it has streamlined the athlete identification process. ASRA will host a multi-sport camp in Nanaimo, Kelowna, Prince George and Richmond starting in May and continuing through to August.

The 2007 multi-sport camps will ultimately lead to the selection of Aboriginal Team BC (ATBC) for the North American Indigenous Games (NAIG) in the Cowichan Territory (Duncan) to be held from Aug. 2 to 10, 2008.

In an effort to make ASRA's programming more efficient and to lessen the financial burden on the participants and their families, athletes will be able to attend a multi-sport camp nearer to their communities. Athletes will be required to only attend one multi-sport camp this summer and athletes who are identified will be invited to attend a provincial camp in September where final selections will be made.

The multi-sport camps will feature the following sports: baseball, basketball, lacrosse, soccer, softball and volleyball. An alternative athlete selection will be

established for the remaining NAIG sports, including archery, athletics, badminton, boxing canoe racing, golf, rifle shooting, swimming, taekwondo and wrestling. Eligible athletes will receive invitations to the ASRA provincial camp.

"We are very excited to continue to streamline the athlete identification and ultimately the athlete selection process," said Karen Henry, programs manager for ASRA. "The multi-sport camps will allow us to focus our efforts on four major events, and focus the attention to four major locations. We are hoping this change will be less taxing financially and a more efficient way to deliver our identification programs."

ASRA staff identified the four locations in British Columbia based on ease of access, sufficient sport venues and accommodation space. The first camp will be hosted in Nanaimo on May 19 and 20. ASRA's second multi-sport identification camp will be hosted in Kelowna on June 16 and 17, followed by Prince George on July 14 and 15 and Richmond on Aug. 4 and 5.

"There will always be some travel involved in sport. Our goal is to

minimize it as much as possible and still provide a quality service to the athletes and their families," said Henry. "The athlete identification process was highly successful for the 2006 NAIG. The athletes loved the team environment and had a chance to participate with people they may never have had a chance to meet."

On-line registration for the multi-sport camps will begin in a few weeks; ASRA encourages all members to try out the new on-line process.

All ASRA multi-sport camps are open to Aboriginal youth, including First Nations, Metis and Inuit, born from 1989

to 1995. Spread the word. Cowichan 2008's Journey of a Generation begins today.

For more information visit ASRA on-line at www.asra.ca, call the provincial head office at 250-544-8172 or send us an e-mail at asra@asra.ca.

Note: Athletes interested in participating in baseball, basketball, lacrosse, soccer, softball and volleyball must attend a minimum of one multi-sport camp to receive an invitation to the ASRA provincial camp.

All athletes must pre-register for ASRA multi-sport camps before the registration deadline.

The women kids admire

Continued from page 1.

She makes me feel happy, because she lets me help her at Tin Wis. She does not yell at us. My sister helped me make a volcano. She is very helpful. My sister made a difference in my life, because I learned to help other people.

Women in slavery
by Connor Grade 3 WES
The women I admire the most are

women in slavery. They helped other slaves get out of slavery. And if they got caught they would get whipped really bad or worse. They walked all the way to the Canadian border. They would sometimes rescue other slaves. Woman that were slaves were very courageous.

My dance teacher
by Michelle Grade 4 UES
Gabby is my ballet and jazz teacher.

She teaches me lots of new steps and dances. My favorite jazz dance she had taught me is going in a competition. With my ballet I will be having a test and also doing a dance. Gabby is one of my favorite teachers that I have.

The woman I admire the most is Grace
by Marissa Grade 2 WES
Grace tells us about a long time ago at Long Beach at the time of the ice age happened. She teaches people to respect each other. She lets us wear decorated Native dresses to dance in. Grace makes a difference in my life because of the fact she is Native.

The best grandmother
by Karemarena Grade 2 WES
The woman I admire the most is my grandmother because she buys me stuff like clothes and toys. She knits hats for me. I call her Nana and she sometimes makes fresh bread. She plays yahrtzee with my mom. She likes Indian music. She takes care of me when I get hurt. She is special.

I like my mom
by Johannes Grade 4 UES
I like my Mom!
ask me why
because without her there would be no me
because without her Dad would be single
because she has a fabulous personality
because
because
because
I like Mom

My mommy
by Maggie Grade 3 UES
My mommy is the best mom ever!
My mommy inspires me a lot and teaches me lots of things like how to type on the computer, cook and even how to sew. I hope I am as smart and nice as my mommy when I grow up!

Aboriginal Housing Initiative

Call for Expressions of Interest to Aboriginal Non-Profit Societies

BC Housing, in partnership with the Aboriginal Housing Management Association (AHMA), has issued a province-wide call for Expressions of Interest to Aboriginal non-profit societies interested in developing and operating new housing units for Aboriginal individuals and their families living off-reserve in British Columbia.

The Aboriginal Housing Initiative is intended to assist in providing stable, affordable and good quality housing. The Government of Canada is providing \$50.9 million in one-time Off-Reserve Aboriginal Housing Trust funds to the Province of B.C. to assist in addressing short-term housing needs for Aboriginals living off-reserve.

The objective of the Aboriginal Housing Initiative is to identify those projects that could benefit from funding for capital costs. As the Aboriginal Housing Initiative is a grant program, priority will be given to projects that have confirmed partners in place for any required operational funding.

Initiatives can be targeted to specific provincial Aboriginal needs and priorities, which may include:

- emergency shelter, transitional and supportive housing;
- longer-term rental housing, with support services;
- larger unit family housing;
- and innovative projects, such as group housing for youth and/or elders.

AHMA, the first and only Aboriginal social housing management agency in Canada, was formed in B.C. in the mid-1990s and represents 14 Aboriginal housing associations across the province. AHMA helped to establish the evaluation criteria for this proposal call and will continue to be involved during the evaluation process. Expressions of Interest are welcome from any Aboriginal non-profit society interested in providing safe, secure housing for Aboriginals and their families living off-reserve in British Columbia.

Expressions of Interest must be made in the prescribed format and received by 2:00 p.m. on Thursday, April 26, 2007, forwarded to:

BC Housing
Attention: Assistant Manager,
Program Analysis

EOI for Aboriginal Housing Initiative
601- 4555 Kingsway
Burnaby, B.C. V5H 4V8

For a copy of the Expressions of Interest document and other supporting documents, visit http://www.bchousing.org/programs/proposals/bc_wide.

Any questions about the call for proposal should be directed to Karen Hemmingson, Assistant Manager of Program Analysis at 604-529-2233.

HOUSING MATTERS



Management plan means clam harvesting in Kyuquot

Submitted by Kelly Poirier
Uu-a-thluk Outreach

Following a focused effort to collect data through water sampling, and identify known sources of pollutants and pathogens affecting shellfish in the Kyuquot region, the First Nation, along with Environment Canada, the department of Fisheries and Oceans (DFO), and the Canadian Food Inspection Agency (CFIA), used the bacterial source tracking data collected by Katie Beach through her master's work with Simon Fraser University (SFU), to develop a conditional management plan.

A conditional management plan is a type of agreement that allows shellfish areas to open while water quality data is collected. It also allows for enhanced resource productivity and improved shellfish management while reflecting the conditions and cycles responsible for an increased fecal coliform concentration.

This agreement between Kyuquot/Cheleseht First Nations (KCFN), Environment Canada, DFO and the CFIA, has made it possible for KCFN clam diggers to harvest in their territory for the first time since closure of Area 26 took place in 2004 due to water quality issues. The closure was implemented after findings of high fecal coliform bacteria (associated with mammal scat) in the marine water during Environment Canada's bi-annual sampling. However, the local community felt that the year-round closure was not reflective of the general water quality in the area, especially given the remoteness of Kyuquot Sound and the lack of large population centres nearby.

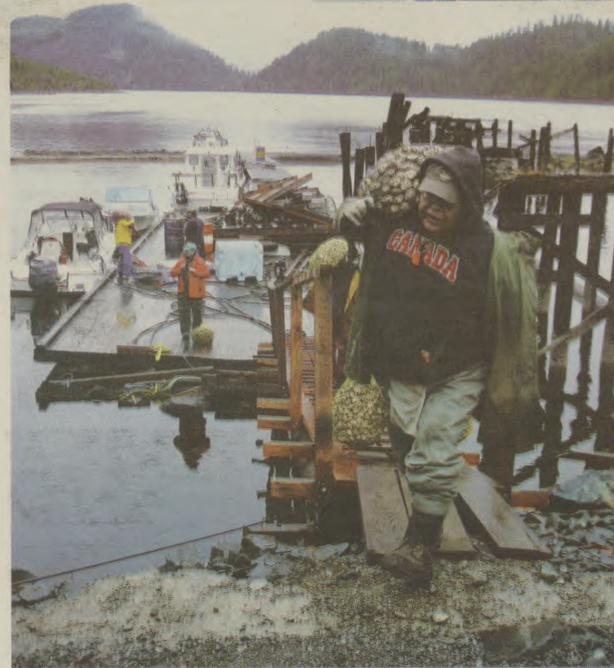
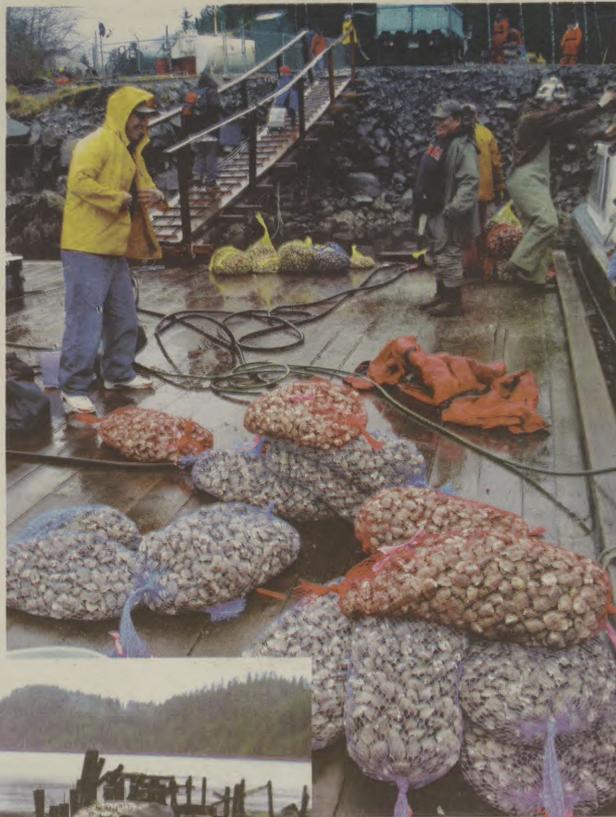
Fecal coliform is a bacteria from the fecal material of warm blooded animals that can contain pathogens and disease, including serious viruses like typhoid. Fecal coliform bacteria may occur in water surrounding areas where domestic sewage has overflowed or from nonpoint sources of human and animal waste.

As a part of her master's work through SFU with Dr. Evelyn Pinkerton, Beach worked with the KCFN to implement a conditional management plan after conducting some initial microbial/bacterial source tracking research (i.e., identifying the species from where the fecal matter originated). Beach worked with Kyuquot as a part of her graduate program research through SFU to develop the aquatic environment. The research project process also demonstrates a collaborative and co-operative arrangement between the First Nations and three federal agencies.

Based on traditional ecological knowledge, Nuuchahnulth believe that shellfish harvest should happen in the winter months, but that is not when Environment Canada was doing their sample testing. Testing took place twice per year during fall and spring, when there was the heaviest rain after drier periods and this provided highest potential for water run-off to bring animal waste into the water. Most Nuuchahnulth in the area would know better than to eat shellfish after a major rainfall.

In this case, Environment Canada lacked money to do additional water

The Aboriginal Fishing Strategy (AFS) provides funding for Nuuchahnulth communities to manage local fisheries, which includes habitat research and protection. Using AFS funds, the Kyuquot/Cheleseht First Nations were able to improve the quality and quantity of information available for the management and harvest of shellfish resources in their local area (Area 26). This story describes the efforts of a Nuuchahnulth community who responded to large-scale closures in their territory by conducting innovative research.



sampling in the winter, and explore the community's concerns. However, the KCFN fisheries department was willing to step-up to provide the funding and the human resources to conduct additional testing to see if some clam harvesting was possible.

A collaboration between the KCFN, Simon Fraser University, and Environment Canada was developed that enabled training and sampling. A protocol was developed with Environment Canada to work jointly with the Kyuquot fisheries crew. After testing every two weeks, the water was found to be extremely clean in the winter with spikes of fecal coliform bacteria counts in the fall and spring.

The conditional management plan was then developed in partnership with the Kyuquot/Cheleseht First Nations, the CFIA, DFO, and Environment Canada, and the provincial Ministry of Agriculture and Lands. The plan lays out what beaches are open for fishermen to

harvest according to regular water quality and clam meat sampling results. The Kyuquot fisheries crew, consisting of Tony Hanson and Danny Short, went out seven times to take the samples from the open beaches. Currently, community members can harvest from three beaches in the area. It is hoped that other beaches will be opened by this coming April.

The plan has the added benefit of allowing the community to control the selection of the beaches that are healthy and to take low stock characteristic stocks into consideration to protect beaches with low clam abundance.

"The real benefit is that it allows the community increased control in the management of the resource," said Kevin Head, KCFN band manager. There was a lot of effort on the part of the KCFN to bring the conditional management plan to fruition. Kyuquot/Cheleseht, along with the NTC and Environment Canada, contributed to the initial microbial/bacterial source tracking

research conducted by Beach. Kyuquot/Cheleseht is also funding the sample gathering at a cost of up to \$2,000 for each sample run, and sending them out for analysis.

"That money turns into about \$10,000 in income per dig for community members," said Head. "That is a good investment."

With very few other fishing opportunities in the area, the conditional management plan is also benefiting the community in many other ways. Sales of clams in the winter months are important to Kyuquot/Cheleseht members with limited opportunities to make money in the winter. Clam harvesting provides opportunities where there are few today.

"It is critical income for members to get through the winter," said Head. "Other than one commercial salmon fisherman, band members are shut out of every other fishery." The clam fishery doesn't require a big boat or a lot of equipment to participate. "A lot of people have no boats or cars to go to another area to dig," said Tony Hanson, Kyuquot/Cheleseht fisheries department manager. "They are happy to get out there."

Through the conditional management plan, diggers are getting full price for their harvest, where typically one would lose some percentage per pound if digs take place under depuration.

"There is overhead for the sampling work," said Head, "but it is less than what it would cost to lease a beach from the province, or losing a percentage from a depuration dig."

With 60 licenses within the community, the last opening had 34 participants, and the previous openings had 24 and 29 participants respectively. Kyuquot/Cheleseht harvesters have taken a total of 15,000 pounds of clams since the beginning of January.

Continued on page 15.

Alberni elementary celebrates Native culture

By Debora Steel
Ha-Shilth-Sa Reporter

Port Alberni—On March 7, the students at Alberni elementary school spent time learning about the Native people of Canada, including the Nuuchahnulth within whose ancient territory they reside.

It was the first Native awareness day the school has hosted.

Nuuchahnulth education worker Richard Sam helped organize the event, along with a steering committee made up of Tanya Jarvis, Jane Thevenin, Sylvia Dore, Bonnie Rutan and principal Rosemary Reynolds. And from the looks on the students' faces, all their hard work paid off.

Ha-Shilth-Sa visited class after class where students were busy making dreamcatchers, beading bracelets, learning to draw in the classic style of the coastal peoples, listening to the local history or playing traditional games like the feather game, where a feather is tied to a string on a stick and the players must try to catch it.

Students also took part in a lunchtime game of lahal, a traditional guessing game played with sticks.

The event was designed to increase the students' knowledge of the first peoples while having fun.

The day was topped off with a performance of Nuuchahnulth music and dance, performed by the girls and boys of the school themselves who had been practicing for a month. The boys drum group sang two songs, the Nuuchahnulth song and a friendship song, while the girls, many of them in shawls

that had been made by Alberni elementary students, performed the dance movements.



Question: What did you learn about the Nuuchahnulth people that you didn't know before?



"They are good at singing and they like to sing."
Chelsey Cayer, 10

"They have to ask to use other First Nations' songs."
Brianna O'Neill, 10

"Their culture is more interesting than I expected."
Avasta Farhoud, 10

"The songs are way more complicated than ours."
Jayden Put, 10

"They are spiritual."
Rachelle Penrose, 10



Top: The Alberni Elementary school drum group worked through February to learn two songs for a performance on Aboriginal awareness day March 7. They sang the Nuuchahnulth song and a friendship song. **Middle right:** Ha-Shilth-Sa's Alberni Elementary School tour guide and reporter's

assistant Jayden Williams, 9, took time out from his duties to watch carver Tobias (Bear) Watts work on an arm for the welcome figure that stands above the school's front door. Watts worked as a facilitator for the day, answering students' questions about being a Nuuchahnulth artist.

Below right: Education worker Richard Samuel looks on as lead singer Bret Watts sings the Nuuchahnulth song during a performance in the fieldhouse at Alberni Elementary.

Middle: Tina Dennis puts some color on a totem pole in an art class lead by facilitator Josie Watts, who happens to be Tina's grandmother.



Left: Kirsten George, 9, demonstrates a cruncher. **Inside** are questions and answers about the Native people who live in Canada, like: True or False? There are 23 Native languages across the country. The answer is false.





Construction on the Tla-o-qui-aht six-plex are in the early stages on Jan. 26. By Jan. 31 the walls are up and by Feb. 13 construction is well underway. The project is expected to reach the lock-up phase by March 26.



Six duplexes near lock-up stage

Building up to snuff in Tla-o-qui-aht

By Carla Moss
Ha-Shilth-Sa Reporter

Opitsaht—“I want to show that quality construction can be done to standard, on budget and on time, on reserve by First Nations people,” said Tla-o-qui-aht Councilor Ruben Amos of the six duplexes now under construction behind the existing community of Opitsaht. “Substandard housing has been the norm for too long in our communities.” Like many First Nations across Canada, Tla-o-qui-aht communities face severely overcrowded houses and health and safety risks created by the substandard quality of much of the existing housing.

Mid-Island Framers owner, and project manager, Dana Francis, explained the 70-day-old project.

“It involves the design and construction of six duplexes. They are approximately 1,100 square feet per side, for a total of 15,000 square feet of new homes. ... Each of the units comes with three or two bedrooms. Some of the master bedrooms have on-suite bathrooms.”

Francis said the project, which started on in late December is a few days ahead of schedule, and is slated to reach lock-up phase by March 26.

John Haaf, Nuu-chah-nulth Tribal Council capital projects consultant, talked about the construction of one house he'd seen in the NTC's northern region.

“The contractor left out a lot, like he didn't put in insulated stove pipe. You have to have that or the house can catch fire. They didn't put vents in the attic space. They just put in grills so it looked like it did. The roof leaked within a couple years. It was just pitiful.”

So what's happening in Tla-o-qui-aht that's different than what created the “substandard housing” existing in many communities? Councilor Amos explained.

“We're using the national building codes rather than INAC codes, which are minimal, and also getting double inspections. We're not getting or settling for “drive by inspections.”

Francis said he feels the six-plex project could stand up to what Haaf had to say about building codes.

Continued on page 8.



Nuu-chah-nulth Tribal Council
Toll Free Number:
1-877-677-1131

Nuu-chah-nulth leadership have established a toll-free number to assist membership with any questions they may have regarding treaty related business.

The Membership Department

at the Nuu-chah-nulth Tribal Council Office will be closed on the following dates:
March 26th to 28th

I will be out of the office.
Rosie Little, Indian Registry Administrator

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Toquaht Nation | Uchucklesaht Tribe | Ucluelet First Nation

IMPORTANT NOTICE

“A Foundation For Our Future Generations”

The Maa-nulth First Nations are currently in the Ratification stage of the Treaty process. The Maa-nulth First Nations have collectively committed to fully inform memberships on the many aspects of the Final Agreement.

If you are a member of the:

- Huu-ay-aht First Nations
- Ka'yu:'k't'h'/Chek'tleset'h' First Nations
- Toquaht Nation
- Uchucklesaht Tribe
- Ucluelet First Nation

and are at the age of 16 and older please contact your First Nation for more information. The Maa-nulth First Nations are seeking to enroll all eligible voters during this important phase of the process.

Each of the Maa-nulth First Nations are currently updating memberships address databases and are seeking to connect to those living both on/off reserve.

For more information on Maa-nulth First Nations please contact:

Message Centre: 1-877-876-3122

Website: www.maanulth.ca

Mental Health Tiičsaq̓

Random acts of wellness

Submitted By Jess Lynne McConnell
West Coast First Nations Counselor

Many times in our lives, our roles require us to care for other people or things, and we leave taking care of ourselves for last.

Each of us has many different roles that ask many things from us. We may spend parts of our days focusing on being a mother, sister, daughter, worker, driver, boss, friend, cook, cleaner, or one of a million other roles. When we get so caught up in fulfilling the jobs of those roles and forget to take time out to take care of ourselves, we are less effective at being all of those other things. Essentially, we are not only letting ourselves down, but others as well.

Obviously, life is very busy and we don't always have the time, money or energy to take a week off out of our lives to go away, refuel and come back home to start it all again. As well, this method of recharging our batteries may not be sustainable. I am suggesting that we all start to participate in small and random acts of wellness. We should allow ourselves a few minutes each day to indulge in a very small way, as a mini-battery recharge to help us be better to ourselves and others.

Here are some examples

1. Enjoy a quiet cup of tea at the end of a long day.
2. Eat a healthy lunch.
3. Take any opportunity you can to get outside.
4. Call a friend.
5. Read a good book.
6. Look at old photographs.
7. Just relax – light some candles and enjoy the quiet.
8. Listen to music – and sing out loud if you want to!
9. Enjoy a nice warm bath.
10. Enjoy a meal
11. Think about all of the things you are great at.
12. Journal – write poems, your feelings, cut out pictures that you like and paste them in.
13. Exercise.

I collected these ideas from people in the community. These are only a few small ways that you can take care of yourself. Any of these small things will help you to recharge your batteries so that you can carry on with the rest of your life, and all that it entails.

I challenge everyone to try and fit one of these small acts of wellness, or any other small act into their everyday life. Your heart, mind, body, and spirit will thank you for it.

Nuu-chah-nulth Tiičsaq̓ (Mental Health)

Name:	Job Title:	Telephone:	Cell/Alt.#:	Fax:
ALL REGIONS				
Louise Tatoosh	Supervisor	724-5757		724-6678
Ray Seitzer	Kuu-us Counsellor	Msgs. 724-5757		c/o 723-0463
Bella Fred	NIMH Clerk	724-5757		724-6678
SOUTHERN REGION				
Kim Rai	Huupistulth	724-5757	Cell: 720-1325	723-0463
Karin Schafflik	Clinical Counsellor	720-5306		c/o 723-0463
Dave Zryd	Clinical Counsellor	Fri. 724-1225		c/o 723-0463
Rowena Jack	Counsellor - Huu-ay-aht	Wednes. 728-2021		c/o 723-0463
CENTRAL REGION				
Jess McConnell	WCN Counsellor	725-3367	Cell: 726-5422 UES: 726-7793 WES: 725-3254 USS: 726-7796	725-2158
Ann Murray	Huupistulth	725-3367	Cell: 726-5370	725-2158
Margaret Bird	Clinical Counsellor	725-3367		725-2158
Rick Sayers	Clinical Counsellor	725-3367		725-2158
Rowena Jack	Counsellor HSC, Tolno	Thu/Fri 725-3367		
NORTHERN REGION				
Andrew Kerr	Huupistulth	283-2012		283-2122
Phillis Scott	Clinical Counsellor	283-2012		283-2122
Rick Lebeau	Clinical Counsellor	283-2012		283-2122

NIHB: Non-Insured Health Benefits Presentation (Victoria)

The Nuu-chah-nulth Tribal Council Community And Human Services NIHB Program Department is presenting an informational workshop on the following NIHB extended health programs:

Medical Patient Travel; Vision Care Services; (Informational access to away from home Mental Health Services); Dental Services; Pharmacy Services; Medical Equipment And Supplies Services, including sub-programs (hearing aid services, Oxygen Therapy, and Orthotics); the NTC Nutritional Supplement Program, Medical Alert necklet and bracelets; and the Provincial Medical Services Plan (MSP) Care Card.

ALL NUU-CHAH-NULTH ARE WELCOME TO ATTEND!

Where: Victoria Native Friendship Centre -- Regina Ave.

Times: 6 - 8 p.m.

Date: (Thursday) 22 March 07

Contact: Nicole Jackson at (250) 384-3211

Presenter: Robert Cluett, CD, NTCNIHB Program Coordinator at 1-888-407-4888



NUU-CHAH-NULTH NURSING PROGRAM

Vision Statement:

The Nuu-chah-nulth Nursing Program partners with Nuu-chah-nulth-aht to deliver professional, ethical, culturally sensitive, and responsible care. Nurses shall maintain discipline in self and profession, as well as balance in approach.

Grants available for training

A \$250,000 grant will provide British Columbians who live and work with fetal alcohol spectrum disorder with the opportunity to attend training and recreation camps, said Children and Family Development Minister Tom Christensen.

“Whitecrow is a leader in the field of FASD,” said Christensen. “We hear amazing success stories from the children, parents and professionals who’ve enjoyed the supportive environment of the camps and learned hands-on strategies that have made their families stronger.”

FASD may result in lifelong challenges in learning, behavior, employment and socialization. The camps have children, parents and caregivers and professionals learning, working and playing together in a supportive camp setting in order to create a common language and understanding of FASD.

The grant will ensure that the Whitecrow Village Society can offer the unique experience to new and returning children, families and professionals from every region of the province this year. “This year, more people will be able to go to camp, get in touch with their strengths, learn how to create effective environments to capitalize on those strengths and leave with higher spirits and higher hopes,” said Whitecrow founder Kee Warner. “The camps are places of acceptance, knowledge and inspiration,” said Amy Emmett, adoptive mother of two children with FASD. “Counselors opened our minds to new ways of dealing with the trials and tribulations and the many joys of having exceptional children.”

The announcement coincided with the second International Conference on Fetal Alcohol Spectrum Disorder, hosted in Victoria.

Nuu-chah-nulth Nursing Program

Nurse	Phone (250)	Fax
NORTHERN REGION		
Christine Kellett Ehattsah, Nuchataht	761-4274	761-4027
Denise Galbraith Home Care	283-2012	283-2122
Donna Vernon Kyugool	332-5289	332-5215
Lynne West Mowachah & Gold River	283-2462 med VIHA 283-2012 Uth BAND	283-7561 283-2122
Tammy Martin Home Care	283-2012	283-2122
CENTRAL REGION		
Christine Curley Tla-o-qui aht, Fscowista, Opitsaht	725-1232	725-1232
Dan Law Home Care	726-2993 c 266-0423	726-2994
Glenda Frank Home Care	670-9655	670-2492
Jeannette Pattison Maternal Child Clinical Nurse 1 st week Tseshaht 2 nd Ahousaht	724-5759	723-5396
Jenna Mueksch Ahousaht	670-9655	670-2492
Shannon Beavis Ucluelet, Toquaht, Hesquiaht	670-9608	670-2492
Shannon Beavis Ucluelet, Toquaht, Hesquiaht	726-2993	726-2994
SOUTHERN REGION		
Catherine Sturgeon Home Care	724-5757 wed/thurs/Fri	723-5396
Cheryl Mooney Knee-waas, Urban Port Alberni,	724-5757 c 735-0985	723-5396
Debbie Loft Mothers' Support Worker	724-5759	723-5396
Geneva Doucet Tseshaht Mon & Wed	724-5757 Mon/wed	723-5396
Heidi Nikiforuk Bread of Life, Ditidaht, Huu-ay-aht, Hupacasath, Uchucklesaht	724-5757 BOI: 723-4049	723-5396
Jackelyn Williams Home Care	724-5705	724-5705
Joanne Crosbie TB Nurse Mary Heatherington TB Nurse Chandra Willms TB Nurse	724-5757 c 720-1423	723-5396
ALL REGIONS		
Ina Seitzer Home Care Supervisor	724-5705 c 735-0067	724-5705
Jeannette Watts Nurse Manager	724-5757 c 720-5797	723-0463
Lisa Sam Administrative Assistant	724-5757	723-0463
Liz McKay Community Health Nursing Supervisor	724-5757 c 720-5400	723-5396
Martilda Watts Healthy Living Program Worker	724-5757	723-5396
Pearl Dorward First Nation Advocate @ West Coast General Hospital	723-2135 ext 1 1109	724-8805
Sandra Ethier Inventory Assistant	724-5757	723-0463

Did you know...

Feds/First Nations differ on interpretation of obligation

In 2001, Indian and Northern Affairs Canada estimated that there was a shortage of about 8,500 houses on reserves and about 44 per cent of the existing 89,000 houses required renovations.

The growth rate of the on-reserve population is twice that of the Canadian average, with more than half the population under 25 years of age.

Since 1983, the federal government has required that all new construction that the department funds meet the national building code standards, as a minimum.

This requirement was intended to extend the useful life of houses, protect the health and safety of occupants, and help ensure reasonable operating costs.

The main parties involved with on-

reserve housing are Indian and Northern Affairs Canada, Canada Mortgage and Housing Corporation, First Nations and their housing authorities and tribal councils, and the families that live in the houses. Each of these parties has an important role in providing and maintaining adequate on-reserve housing.

Many First Nations individuals, chiefs and councils, and organizations believe that First Nations people living on

reserves have a treaty right to free housing.

They believe that the federal government is responsible for providing First Nations with enough funds to meet its treaty obligations. The government does not agree that on-reserve housing is a treaty right, and it provides assistance pursuant to government policy.

(Source: From the 2003 Report from the Auditor General of Canada.)

Building to code

Continued from page 6.

"You should build to BC building codes, not national building codes," said Haaf. "BC building codes take into account it's wet here, so ventilation requirements and wall construction requirements are better here."

Francis shared steps his company is taking to address the rigors of West Coast weather and other common concerns.

"All the windows are thermal (double) paned windows, exteriors have rain screens, Hardy Plank (a concrete composite siding), which is better able to handle extreme elements found here, hip roofs which gives more architectural appeal, hardwood laminate flooring, which eliminates the need for carpeting that can cause respiratory difficulties, and the eco-block foundation, which increase insulations quality."

"All the sub-trades are being filled by First Nations contractors," said Francis. "The site prep was done by a First Nation's firm, the buildings themselves

and the primary contractor, Mid-Island Framing, is a First Nation's company, cabinetry and mill work will be done by KMJ Kitchen and Bath from Duncan, the electrical will be installed by Breaker Electric, a Tshshaht company, roofing is being done by an Aboriginal firm, catering and water taxi services are being provided by a local entrepreneurs from Opitsaht, and temporary power is being provided by local residents."

Amos said "This just goes a long way in proving that we can have quality and we can have First Nations people building them."

Currently five Opitsaht residents are working directly on the project. Francis said "in this particular project there has always been around 40 per cent local employment."

With more than 100 families on the waiting for list and others living in condemned homes, Amos acknowledges that 12 units will not solve Tla-o-qui-aht's housing issue, but he hopes it sets the stage for a new quality of construction for houses to come.

Giving back to community

Mid-Island Framers, owned and operated by a First Nations contractor Dana Francis, met the highest standards of giving back to community of Opitsaht when they poured a \$20,000 30 foot by 60 foot basketball court in the community that contracted them to build residential units.

The court is to be fitted with industrial

strength basketball hoops in spring.

Francis said his company will also be building bleachers along side the court once the construction of the duplexes has been completed.

A basketball court has long been requested by Tla-o-qui-aht education departments and youth, and will receive much use by many.



A gift from Mid-Island Framers.

Klecko's - ʔekoo

A warm thank you from Huusmiin and family

We would like to thank so many people for taking the time to join us in celebrating Annastasia's coming of age, which took place Feb. 24. It was more beautiful than words can speak. Everything fell into place like everybody said it would.

First of all, we would like to thank our Ha'with Mike Maquinna for joining us. It meant a lot to have you there. To our other Ha'with Norman George, thank you for the food and we are always grateful for you and your wife Dorothy.

Our other Ha'with Arnold James and Ben Jack Sr, it was a great honor to have you join in our celebration. Thank you, especially for participating in the big part of the ceremony with the washing of the feet. As well for Eddie Jones, who is always there for us...thank you, and Peter Hansen, we truly respect you and thank you for coming.

Secondly, we are especially appreciative for our elders. Gloria Maquinna, Alice Mark and Violet Johnson (our Golden River Girls), we are always grateful to have you with us. Mary John, we were so happy to see you come in the door and watch you stand and dance in pride for your boys. It was great to see Shewi and Edward dance together; a moment to remember always.

Some other elders we highly respect for sitting through patiently are Barney Howard, Hilda Hansen, and Auntie Agnes Martin...thank you so much for the honor of your presence. Grandpa Louie Joseph, it meant a lot for me to see you...thanks.

Along with those, we need to make a special, special thank you to Huusmiin's grandparents for coming. Agnes, it meant so much to Anna to have you with us to witness the ceremony. Florence, Arnold and Martin John, thank you for standing by your sister to be at your granddaughter's coming of age.

Arnold had an accident and was injured, yet he still sat through most of the day and night...our hands lift up to you Arnold. It will be held in our hearts forever.

I was once told that an elder is not known by age but by knowledge and would like to say we need to acknowledge a very important person Tim Sutherland is the elder in my life. Uncle you have been there for me throughout all my life. You are my knowledge in all I know. You make our traditional ways a priority. I remember all the trips that only you and I attended and what you always say about the attendance. It is important. I know you would never let me down and it means a lot to us to have had you there. Thank you and we love you.

Choosing two ladies to sit with Huusmiin was so difficult for me. There are so many role models in our families. We chose Geneva Haiyupis because she is young but wise. She does not drink, smoke or do drugs. She attends cultural functions whenever she can and loves her culture and dancing. She will continue to be a role model to my daughter and all our children forever.

I also chose Georgina Sutherland because she grew up the same way in a strong family. She is also a role model to not only my daughter but all our children. Thank you so much. You are two very special aunts to Anna. We believe we made the right decision and



so much for Huusmiin.

A big hug to our sister Julie Morris, we love you. Bev Jack it means a lot to have you with us all the time. We will never forget you. Our sister/auntie Kaylee Jacob, you are such a big girl now and we love you our little Mowachah girl.

thank both these beautiful women for what they did for us.

Along side of them sat two more inspirational ladies, Faith Jacob and Daisy Hansen. Daisy played a huge role in Anna's ceremony. She took Anna to Kyuquot and haahuupa'd her for two and half weeks, as well as gave us plenty of advice. We are grateful for all you did sister...We all love you.

Auntie Faye, you have always been like a mom to me. You did so much for me in my life. You are always willing to take my kids when needed. We were glad to have you as a grandma sit beside our daughter. Thank you...it was so beautiful seeing you there. Big hugs to both of you.

Cliff Atleo was our emcee. We chose him because we admire his knowledge in speaking our language and has relations both ways. We missed you before you left Cliff but will never forget you. Thank you so much for being here. It was an honor to have you speak for us.

Three men will always mean a lot to Huusmiin, (hope I spelled it right if not correct me please.) for being there to remember her name. Ron Hamilton, Tim Sutherland and John Frank Sr. We thank you all for your wise and powerful words. The words you shared with Huusmiin and everyone was eye opening and extremely important. Thank you for being so honest and straight forward. We will keep up with haahuupa in those areas.

We would like to thank all the presenters. The people who travelled the distance through rain, sun and snow, we are grateful you made it and made it safe.

Our families from Ucluelet, Ahousaht, Huu-ay-aht, Hupacasath, Hesquiaht, Kyuquot, Ehattesaht, Victoria, Nanaimo and Vancouver, it meant a great deal to have you there.

Thank you Vince McKay, Kevin Titian and family for doing your songs and dances. You definitely livened up the crowd.

Vince, your little granddaughter is utsiik and we always admire those who are well brought up. Keep up the good work. Also thank you to Tim Sutherland, Kelly John and family, Tammy Nookemus, Floyd Jackson, Mike Maquinna and Veronica Dick's girls for the songs and dances you did.

There were some really special moments shared. Mary Savey-Johnson, two years old, lifted up Kevin Titian's spirit by getting up to dance one of his songs. Therefore, Kevin shared the song with Mary, which was an emotional moment. Vince McKay shared a dance with Angela Titian who lead his dances out and did a great job doing so. You make us proud too girl. Keep it up.

Kevin and Emmy Titian, all of your kids are awesome and it is a real

pleasure to watch them dance. You are awesome parents and your kids are an inspiration to our kids. We admire the way you raise your children, keep up the good work.

The last song shared was from Daisy Hansen. She sang a beautiful song and handed it to Huusmiin, Steve, Allison, Bill and Beaulah Howard. We thank you for that special moment sister. As well, two young boys who continue to impress us are Cody Savey and Caleb Johnson, 5, who insist on learning hinkets. It is breathtaking to see children this young be so indulged in culture...never give up boys...your gifts in dancing are meant to be forever.

There were many people to thank for this day. Our cooks Brenda, Tim, and Shirley Johnson, we thank you and your assistants. The meal was great. Those who donated food to us: Fran Jack, Janelle Johnson, Louie Johnson, Melissa Williams, Jimmy Johnson, Hilary Savey, Willie Howard, Beaulah/Bill Howard, Naomi Howard, Chuck Windsor, Rose Jack, Sherman and family, (thank you Lorraine for all the cakes), Bev Jack/Percy Campbell, Geneva Haiyupis, Norman/Dorothy George, Georgina Sutherland John Frank Jr and family, and Leon Murphy. Thank you for all your help.

Also all of those who helped set up, clean up and serve. Rick Johnson we notice that you are always there to help at every event in Tsaxana. You have such a big heart. It takes a whole community to have a party as successful as this one. Thank you all so much.

Dawn Boston thank you for jumping in to help clean up even before we got there. It is greatly appreciated.

We had a steady group join us in preparing the gifts we made. We want a huge thank you sent out to Jimmy, Hilary, Louie, Melissa, Fran, Janelle, Floyd, Rachel, and Jacob Johnson. Thank you for all the time you spent helping us. The laughs we shared, the talks we had, and the meals were so special. Let's keep having meals together and staying close. It was a great feeling. Anthony Mark, Geraldine Mark, Ashley Howard, Joyce Howard, Beaulah Howard and Sara Fred, thank you for the work you did for us too. It meant a lot.

We will never ever forget the ones who made the party a huge success. The Mowachah/Muchalaht cultural group has grown so strong together. We have all become one family. In any event you are always there for us. Don't ever give up on us. All for one and one for all...we work together.

Along with this I have to personally thank Bill, Beaulah, Cory and Tammy for all the preparations put into the party. None of this could be done without you all. All the wise words, hugs, laughs, crafts, practices, were a lot but well worth it. Thank you so much for doing

We need to acknowledge the children. Our eyes are always open on the good things that happen. We were extremely impressed with how well all the children behaved. When a child is brought up for misbehaving it is not a bad thing; it is a learning experience. Not only the children learn but the parents and guardians do as well. The teenagers also that sat throughout the day impressed us. We have to say that the visiting children, and the children in our community, did a great job and we raise our hands to them, thank you.

Douglas Howard and Cory Howard Jr played a huge role of the party also. This day was meant to be special for them because it was their first introduction to adulthood. The two of them have been preparing for this day in the rivers, at home, with their father and uncle. It was an honor to watch these two young men dance big songs and they did a great job. Keep up the work guys!

For our children, Douglas, Jr, Thomas, Selena, Roshelle and Francis, you are always so well behaved. Thank you for having the patience for us and your sister. You not only had patience at the party but also through the weeks of preparation before. We will always love you. And as mentioned at the party I received my discipline from your Great Grandpa Roy Haiyupis and I will continue to pass it on. We love you all.

Huusmiin (Annastasia) I also need to mention to you how proud we are. From day one this young lady wanted a party. She has always been cultural and eager to learn. If Jessie Stevens and Naasiuthlum from Haahuupayak can remember at the summer camp how eager she was to say her numbers in our language, she is still eager as ever to learn. Huusmiin presented herself so well, she sat with her head up looking proud and beautiful.

To my husband, who I am so deeply grateful for, a huge hug from me to you. We have gone through so much together in the raising of our children. I truly believe we are on the right path. From all of the words of iisaak from others to us, you need to know you are doing a great job as a dad and a husband. Like I say to the kids all the time, anybody can mother or father a child, but "Mom" and "Dad" are earned names. You are an awesome dad and we will never forget the hard work and love you showed. Thank you hun; I love you.

In closing, thank you to everyone that joined us. Thank you also to those that were coming but changed their minds due to the weather. Safety is always important.

We look forward to seeing our other family in Ucluelet in May. Once again thank you for the memorable day.

From Annastasia, Steven and Allison Howard

Celebrate the 14th Annual
**NATIONAL ABORIGINAL
ACHIEVEMENT AWARDS**

APTN (Aboriginal Peoples Television Network)
and Global Television, the exclusive network
broadcast partners for this Gala event
premiere the awards ceremony on

Saturday, March 31 • 8pm ET/PT
check your local listing

HOSTED BY
CRITICALLY-ACCLAIMED ACTOR,
ADAM BEACH
w/DerRIC Starlight and featuring performances by
Andrea Menard • Leela Gilday • Red Power Squad
Fara Palmer • Taima • Kinnie Start • Breach of Trust

PUBLIC SECTOR: Government of Canada - Canadian Heritage, Canadian Mortgage and Housing Corporation, Federal Interlocutor for Metis and Non-Status Indians, Health Canada, Human Resources and Social Development Canada, Indian and Northern Affairs Canada, Industry Canada/Aboriginal Business Canada, Canadian Forces, Government of the Northwest Territories, Province of Alberta, City of Edmonton

PRIVATE SECTOR: CIBC - Air Canada, Alliance Pipelines, APTN, BP Canada Energy Company, Casino Rama, Diavik Diamond Mines, Enbridge, Encana, First Air, Fort McKay, Global Television, IBM, Nexen Inc., Shell Canada Ltd., Sunco Energy Foundation, Syncrude





Birthdays & congratulations

No we haven't forgot your birthdays 2007—Jan. 18: Happy birthday Gregory Edward Richard Dennis (son), March 5: Jamal Gregory Cooper (grandson), March 12: Cliff Martin Jack (bro), March 24: Sebastian Douglas Jack (grandson), April 16: Frances Alana Jack (baby girl), March 23: Happy

birthday lil bro, Paul Stanley Tate. Love always Iona and Scott Hayes Dennis. Geoffrey Tate April 4: Happy birthday (nephew), Chantelle Tate March 14: Happy birthday niece.

We miss and love you Gregory Dennis (son). Love always Iona and Scott Dennis (Dad).



Happy 4th birthday to Daniel on March 20. Enjoy your special day son. Love you forever from Mommy, Daddy, Ganao and Tony.



Happy 1st birthday to Tony Richard Louis. Love you forever. Mom, Dad, Ganao and Daniel.



Wishing Ganao a very happy 8th birthday for March 14. We love you forever. Your Fred-Cranmer family.

More birthdays and congratulations on page 17.

The NTC Budget Meeting

is scheduled for:

Date: Friday, March 30
(and March 31 if necessary)
Place: Hupacasath
House of Gathering
Port Alberni
Time: 9:00am



CLAYOQUOT
BIOSPHERE TRUST
You are invited to attend

Clayoquot Biosphere Trust
Board of Directors General Meeting

Thursday, March 22, 2007
7:00 p.m. - 9:00 p.m.
Ucluelet, BC
Ucluelet Courtroom
200 Main Street

• Kindly contact Jean if you plan to attend.

Clayoquot Biosphere Trust
Jean Wylie, Administrative Assistant
Box 67, 381 Main St., Tolino, BC V0R 2Z0
Ph: 250-725-2219, Fax: 250-725-2384
Email: jean.wylie@clayoquotbiosphere.org

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See our community event listings for information on sports tournaments and other activities in the area.

Preparing for the Future in Treaty

Notice to all members of Tla-o-qui-aht First Nation.

A meeting will be held in your community at the Meares Island Cultural Centre

on April 2 and 3 to discuss treaty principles and objectives.

Contact the Tla-o-qui-aht Band Office for details.

Notice to all members of Hesquiaht First Nation.

A meeting will be held in your community

on April 4 and 5 to discuss treaty principles and objectives.

Contact the Band Office for details.

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CHEVROLET PARKSVILLE

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Fashion week in Toronto welcomes Nuu-chah-nulth designer

Continued from page 1.

"This is phenomenally big," she said.

Little describes herself as a 55-year-old grandmother who sits in a 12 foot by 12 foot room and sews. She does her own designs, picks her own colors, and she makes one-of-a-kind outfits.

"She's our elegant showcase," said Logan. "She's the elegant sector of the FashionNation line-up."

Logan said the show is about breaking taboos.

"The theme is 'Unzipped.' It's going to be cultural sexiness at its finest. I'm sure we are going to get some strong reactions from our own community, but this is the glamour world. . . This isn't the traditional realm," she said.

One of the designers is naughty, said Logan.

"She does leather. The other one specializes in gay men's wear. One does casual contemporary and business, and Joyce's line is the elegance line. It's beautiful," Logan gushed.

Little's line is, in fact, called Mahima Ethnic Elegance. Mahnima is Little's Native name. Ten or 12 of the 20 outfits she sent to Toronto for the show will be featured, said Logan, who describes Little as an emerging designer, although Little has been in the fashion business for some time.

"I know she has the history that would qualify her as a professional designer, but she hasn't yet to manufacture and get her stuff in the stores, so she's still classified as emerging," said Logan.

The point of fashion week, she said, was to put the designers' products before buyers with the hopes that contracts with retail chains will be struck. Little says that's not her measure of success. Success won't come with a retail contract but will be something far simpler than that.

"If people in the audience clap. If they show me a picture of the audience and they are smiling when some of my things come out, then I think it's a success," she said.

Little's fashion career began after a fall at work in the early 1990s while she was employed as a janitor at Haahuupayak school. A workers compensation representative came by to see her at home and saw the clothes Little was sewing and beading.

"She took the initiative to give me six sewing classes, buy me two sewing machines, fabric, buttons. . . They spent about \$35,000 on me in materials and told me I should be doing this."

Little said she's a real sparkle person. She loves rhinestones and Australian crystal and has a talent for beadwork. A sad event in her youth, though, began her beading hobby.

"My grandfather passed away. It was at a lahal game, so it was really a traumatic event when it happened. . .



Martha Fred took me to her house. . . I was feeling depressed and she told me I should keep busy; make my hands keep busy and think only good thoughts about him and it would go into my work. . . and she was beading and so I started doing what she was doing."

She also credits her husband Hector's mother and sisters of having a profound influence on her work.

"Caroline [Little] was one of the best readers I ever knew.

She was extremely, extremely neat. Her and her daughters, Anna and Mary, it was irreplaceable knowledge that I learned from them. They were younger girls than I was, but they worked beside their mother. And they were so studious. . . they worked together like a team. I learned neatness skills from Caroline and being steady from Anna."

Other influences included her aunts Elsie and Shand. They taught her about color. And her Uncle George Clutesi taught Little about design and, along with her eight sisters, to dance and sing.

Logan said the designers who have appeared in the past were surprised at the scope of the show and didn't realize just how big it was until they saw the fashion buyers (from Holt Renfrew and the like) and celebrities in the seats, or until their work appeared on television shows like Fashion File.

"We are really trying hard to meet the mandate of [Fashion Design Council of Canada], while teaching our designers how to play ball on a world level. They are so used to doing conference shows, small community shows. They don't quite understand how big this show really is until they get there."

Little will have to wait to catch her work on TV. She didn't go to Toronto for the show because she said had elders to homocare and her grandchildren to watch.

When Ha-Shilth-Sa told Little that Toronto Fashion Week is on par with the fashion weeks held in Tokyo, Milan and London, she seemed surprised.

"I didn't know that. . . Oh, you're kidding."

Little's not yet convinced she wants to turn her self-described hobby into a full-fledged business venture, though many have encouraged and pushed.

"I'm not thinking too far ahead. . . I do know that when I look at my clothes that they are pretty. And I know they are unique and that they are different. I'm not expecting anything huge, because I am just Joyce Little from Port Alberni."

This is the fourth year for FashionNation, which features both spring and fall shows. This year will feature celebrity models Nathaniel Arcand and the Baker Twins.

"It's a huge honor for us, Northern Styles, being the producers," said Logan, and putting our authentic Canadian faces and talents and creations on that map. It's absolutely amazing."

Joyce Little

Klecko's - ʔekoo

Hard work and participation deserves many thanks

My name is Richard Samuel and I am the Nuu-chah-nulth Education Worker at Alberni Elementary School. On March 7 we had an Aboriginal Day celebration and the event was a great success. I would like to thank the presenters who came in the morning and did the workshops, the lalal players and the staff at Alberni Elementary.

In the afternoon, we had students perform a couple songs and dances. I would like to thank Cliff Atleo Sr. and Moy Sutherland Sr. for coming in at the beginning and teaching us the songs.

I also would like to thank Robert

Dennis Jr. and Josie Watts for coming in and teaching us the songs and dances.

I would like to thank the students who participated. It was a great performance and you should all be proud of yourselves.

Finally, I would like to thank the planning committee who helped me plan the event.

The members are Sylvia Dore, Bonnie Ruttan, Tanya Jarvis, Jane Thevenin, and Rosemary Ronalds.

Without you guys the event would not have been successful as it was, a big ʔekoo to everyone again.

Money raised to support Shinny

On behalf of First Nations Shinny Hockey, we're happy to announce that the winner of the Canucks tickets (donated by D. Nairne & Associates) was Marlene Dick of the Tseshaht First Nation. When Marlene Dick accepted the prize she mentioned that she's always in support of kids in sports and it was a pleasure to support this group because she has four grandchildren and one son who always participate in the First Nations Shinny Hockey.

Extra special thanks goes out to D. Nairne and Associates for kindly donating the Canucks tickets.

Thank you to everyone who supported us by buying tickets. We raised over \$900. Also, thank you to all those parents, grandparents, aunts, uncles and friends that helped sell tickets.

All funds from this raffle will be used to rent more ice time and possibly organize a power skating clinic for First Nation parents and kids.

In addition to this fundraiser we have also received a generous



Marlene Dick was the lucky winner of Canucks tickets.

donation from Wal-Mart and we will be purchasing "extra equipment" for kids or parents to borrow.

Thanks again to everyone. Stay posted for ice time announcements.

If you would like to make a contribution to our organization or would like more information on upcoming Shinny dates, please contact Sherri Cook at 720-0923 or

Also there was a mistake in the last issue of Ha-Shilth-Sa (my mistake.) Nuu-chah-nulth Tribal Council donated \$416, and not \$460 to our organization

Please note: March 24, the First Nations Shinny is postponed.

Tournament Results:

3rd annual Wickaninnish Hawks All Native Basketball

1 st Place:	Maaqtusiis Suns	Stewart – Quinalt Pride
2 nd Place:	Quinalt Pride (USA)	Josh Fred, Sam Barney
3 rd Place:	Wickaninnish Hawks	– Hawks
M.I.P.	Chris Lucas, Jr Braves	
M.D.P.	Luke Robinson, Suns	
M.V.P.	Thad Vinson,	
	Quinalt Pride	
All-stars:	Luke Robinson, Travis	
	Thomas – Suns	
	Otto Tanner, Greg	

Thank you to all sponsors and people that made the tournament a success from Bobby R, Bobby S, Ivan, Keith, Josh, Sam, Randy, John, Zack, Ed, and Anthony.

Kleco, Kleco
Wickaninnish Hawks Basketball

Nuu-chah-nulth Tribal Council Office Closure



All Nuu-chah-nulth Tribal Council Offices (Main, Central and Northern) will be closed in observance of Good Friday and Easter Monday as follows:

Friday, April 6 – 8 am to
Monday, April 9 – 4:30 pm

Our offices will re-open for regular business at 8:00 am on Tuesday, April 10, 2007.

For the record...

A study done by Indian Affairs ranked the well-being of Canadian communities using a model similar to the United Nations Development Index, which ranks countries based on the quality of life of their citizens. In the Top 100 communities, there was one First Nation community. In the bottom 100, there were 92 First Nations communities.

Myth:

"Money is really not the problem. The government spends nearly \$9.1 billion annually to finance programs and services for Aboriginals."

—Jim Prentice, minister of Indian Affairs, September 2006



Myth buster:

The truth of the matter is that only about \$5.4 billion of all federal "Aboriginal" spending actually ever reaches the 600-plus First Nations across Canada.

Compare that to \$17 billion in military spending and the \$11 billion First Nations' poverty will cost Canada by the year 2016.

Now \$5.4 billion may seem like a lot of money, but compare it to what typical Canadians receive in services from their governments—federal, provincial and municipal. A fact sheet on the Assembly of First Nations Web site tells us governments spend on Canadians an amount that is almost two-and-a-half times greater than the federal government spends on First Nations citizens.

To add insult to injury, annual funding increases on core services for First Nations, including such necessities as education, roads, social services and drinking water, has been capped at two per cent since 1996. Consider the impact of that on the status Indian population, which has increased by 11.2 per cent from the year 1999 to 2004, and is the fastest growing segment of the Canadian population.

First Nations are being forced to do much more with much less year after year. The Assembly of First Nations reports that the purchasing power of First Nations has decreased by 23 cents for every dollar since the funding cap was established.

Canadians receive their health and social programs through direct federal funding transfers to provinces and territories. Transfers are growing at an average rate of 6.6 per cent per year. By 2009-2010, they will have increased by 33 per cent over five years.

In contrast, the federal government froze the Indian Health Envelope, which provides nursing, medical transportation, drugs and other essential health care, at three per cent annually beginning in 1996, despite the fact that the First Nations population is growing at a much faster rate than the mainstream Canadian population, that communities are typically remote and great distances from care facilities, and the health care need is greater.

A Health Canada report on First Nations health statistics, published in 2000, concludes that the infant mortality rate is 16 per cent higher in the First Nations population than in the Canadian population. First Nations had elevated rates of pertussis (2.2 times higher), rubella (seven times higher) and tuberculosis (six times higher).

"We know that First Nations people live an average of seven years less than other British Columbians," said Premier Gordon Campbell at a gathering in December 2006 on First Nations health.

"The need to improve the health of Canada's First Nations, Inuit and Metis peoples is a priority of all Canadians, and we all share the responsibility to take action... We must act quickly and co-operatively."

Fifty-two per cent of Aboriginal children live in poverty, and poverty in First Nations communities costs Canada close to twice as much as the services and programs that Canada provides. Loss of productivity; government revenues (yes, Indians pay taxes too) and costs related to social assistance programs will continue to add up. Canadians and First Nations people can't afford to wait for government to act to end poverty.

The Assembly of First Nations National Chief Phil Fontaine said First Nations poverty is the greatest social justice issue in Canada today. Is more money flowing to First Nations communities the only way to make poverty there history? No. But adequately funded programs and services will go a long way to close the socio-economic gap between First Nations and other Canadians.



MEDICAL PATIENT TRAVEL PROGRAM NUU-CHAH-NULTH MEMBERSHIP

The NTC CHS NIHB (Non-Insured Health Benefits Program) has for many years held a contract agreement with the Port Alberni Friendship Centre. The Friendship Centre has a Travel Referral Clerk on staff to assist (through our contract) all Nuu-chah-nulth First Nations membership.

There is one exception that the Tseshaht First Nation membership living in the Port Alberni area has to call or visit their Band Administrative Office for Medical Patient Travel services.

Membership of a Nuu-chah-nulth First Nation who live away from home and live outside of the Port Alberni area, are to contact their home community for all Medical Patient Travel services.

From time to time holidays and internal training, etc... may keep the Port Alberni Friendship Referral Clerk away from her/his office from time to time. During these times the Nuu-chah-nulth membership living in and around the Port Alberni area are advised to contact their home community for Medical Patient Travel services. Questions or concerns over Medical Patient Travel may be addressed to the undersigned at 1-888-407-4888 or locally at 724-5757.

Robert Cluett, CD NTC CHS NIHB Program Coordinator

Careers and Training Opportunities

BladeRunners participants link to construction industry

By Debora Steel
Ha-Shilth-Sa Reporter

Port Alberni—The Nuu-chah-nulth Employment and Training Board (NETB) is running the award-winning BladeRunners program in the city and have plans to offer BladeRunners in Ucluelet as well.

BladeRunners provides unemployed, marginalized youth with ongoing support, job readiness skills and workplace training so they can overcome barriers to employment and achieve long-term, sustainable work. The program links participants with employers in the construction business, which helps to meet their labor needs in a shrinking labor force environment.

Participants will be trained in life skills, such as work ethics, goal setting, communication skills, health and wellness, as well as time, financial and anger management.

Once the training is complete, participants will be certified in WHMIS, Health and Safety/ WEB Awareness, Confined Space Awareness, Ladders/ Scaffold/Rigging Safety, Respirator Awareness, Fall Protection, and First Aid Level 1.

There are 14 participants, ages 19 to 30, currently in the Port Alberni program.

NETB manager Charlene Eng said the group is impressive.

"The instructor phoned me the other day, that's doing the health and safety,



BladeRunners will get participants job-ready and find work placements for them in the construction industry.

and he said that in all his seven years over all, this is the best group he's ever had."

There has been a flurry of activity since the beginning of the New Year to get the program up and running. Eng received a phone call late last year from Darcy Castaneda, the provincial BladeRunners program coordinator. Castaneda asked that the Nuu-chah-nulth Tribal Council's NETB take the program on.

The challenge though was to get the first group of participants trained and job-ready for March 31 this year.

In the past, NETB had funded participants in the program, and Eng felt the organization had the knowledge and resources to take up the challenge. And with the support of many people in the tribal council office, NETB is on its way to achieving that goal.

Crucial to the success of the program, said Eng, is the BladeRunners co-ordinator, who is required to provide ongoing support 24 hours a day, seven days a week, including regular on-site



BladeRunners program coordinator is Donna Curveon Johnson, and BladeRunners assistant is Darrell Ross Jr.

monitoring and involvement, after hours support for personal problems and crisis situations so trouble's don't interfere with the participants' jobs, and up to 18 months on-the-job support until the foreman feels a participant is doing well and is self-sufficient.

Donna Curveon Johnson has taken on the job for NETB. She is the owner of ACE Flagger, which her husband now manages.

Curveon Johnson began as a traffic control person a dozen years ago, but soon became aware of the growing need in the traffic control industry. Changes in the industry required that seven people be hired to oversee the training and auditing of instructors. Curveon Johnson was one of the seven and filled the position of master trainer.

She was born and raised in Golden, B.C. where she lived with her parents until Grade 11.

She said their home had no electricity, running water or indoor bathroom facilities. And this was just the beginning of many difficulties she was

to encounter throughout her life. But through perseverance she completed Grade 12 and went on to own and grow a business.

Darrell Ross Jr., a Tseshaht First Nation member, has been hired as the BladeRunners assistant. He attended Alberni District Secondary School and then went to North Island College to upgrade his math and English skills. He's worked as a valet, a deli clerk, a first aid attendant at construction sites in Vancouver, a Web page updater and he organized a cultural exchange to New Zealand.

Once the training is completed, the co-ordinator will find work placements in the construction industry for each of the participants.

The program will provide steel-toed boots, tools, belts, helmets, safety goggles or ear-plugs; whatever is needed that the employer doesn't supply to get participants out to the worksite.

To find out more about the BladeRunners program, contact the office at 720-0393.

ADSS First Nations community news

Local students receive provincial bursaries

Four Alberni District Secondary School (ADSS) students—Marissa Janzen, Toni Schutte, Mike Grant, and Alicia Richards—have been awarded \$150 bursaries through the Chiefs' Health Careers Initiative (CHCI) School-Age Math and Science Awards Program (SAMSAP).

The province-wide CHCI is designed to encourage Aboriginal participation in educational opportunities leading to employment as health professionals. The SAMSAP component encourages First Nations students throughout British Columbia to excel in high school math and science courses, which are a primary requirement for any post-secondary health education program. Nearly 4,000 student names are submitted each year, based on the criteria of having successfully completed at least one math and/or science course. Up to 130 awards are available, province-wide, each year, and this year four local students have been named recipients.

ADSS Native Education Worker Angie Miller ensured all eligible local students' names were included in the draw.

Congratulations to all ADSS First Nations students who successfully made the Honour Roll in the first semester. Term 2 Honour Roll students were: Jennifer Charlesworth, Cynthia Dick, Jesse Dickinson, Darci Doiron, Joel Donald, Stephanie Fedirchuk, Tabatha Frank, Leisa Fred, Michelle Gallic,

Kayla Girard, Kirstin Janzen, Jared Johannessen, Krista Joseph, Karli Macfarlane, Damian Mann, Chelsea McConnell, Serena Read, Shelbee Sam, Toni Schutte, Moriah Simister, Curtis Sowden, Eric Sport, Meagan Stewart, Audrey Ann Sylvester, James Wagner.

Students who made the Honour Roll in both terms 1 and 2 were: Jennifer Charlesworth, Cynthia Dick, Jesse Dickinson, Darci Doiron, Stephanie Fedirchuk, Leisa Fred, Michelle Gallic, Kayla Girard, Kirstin Janzen, Jared Johannessen, Krista Joseph, Karli Macfarlane, Kamian Mann, Chelsea McConnell, Serena Read, Shelbee Sam, Toni Schutte, Moriah Simister, Curtis Sowden, Meagan Stewart, Audrey Ann Sylvester, and James Wagner.

The recent Loonie Toonie auction fundraiser held at the school was a wonderful success, and raised a considerable amount of money for ADSS First Nations community initiatives. This event would not have been possible if not for the generous donations made by the following businesses:

Quality Foods, Trendsetters, Alberni Golf Club, Chateau Granville, WorkWear World, Steamers, Tseshaht Market, Taylors Flowers, Fairway Market, Smitty's, Tin Wis Resort, Alberni Valley Bulldogs, Clocktower Gallery, Tseshaht First Nation, Thimbleberry's Treasure Chest, Clip 21, and the Alberni Valley School of Cosmetology.



Aboriginal Teachers Make A Difference Native Indian Teacher Education Program (NITEP)



NITEP offers a quality teacher education program that honours diverse Aboriginal traditions and philosophies. NITEP graduates are highly qualified Aboriginal educators with Bachelor of Education (Elementary or Secondary) degrees. We are now accepting applications for classes beginning in September 2007.

APPLICATION DEADLINE: APRIL 30, 2007

Applicants who submit all supporting documentation by June 15, 2007 will have their application fees (Faculty of Education Application and Language Proficiency Index) paid by NITEP.

FINAL DOCUMENT DEADLINE: JULY 31, 2007

The applicant is responsible for paying the application fees.

For more information, please contact:

Native Indian Teacher Education Program (NITEP)
Faculty of Education, The University of British Columbia
1985 West Mall Vancouver, BC V6T 1Z2
Tel: (604) 822-5240 Fax: (604) 822-8944
Email: nitep@interchange.ubc.ca
Web: http://teach.educ.ubc.ca/bachelor/nitep/

Jackie Agostinis,
Coordinator, Duncan NITEP Centre
Tel: (250) 746-3552
Email: agostinij@mala.bc.ca

Karen Blain,
Coordinator, Kamloops NITEP Centre
Tel: (250) 371-5699
Email: kblain@interchange.ubc.ca

Careers and Training Opportunities

Industry expects to struggle with deckhand shortages

By Debora Steel
Ha-Shilth-Sa Reporter

Vancouver—Nuu-chah-nulth people have a long history of work in the marine environment. Terry Engler, president of Local 400 Marine Section of the International Longshore and Warehouse Union, said young Nuu-chah-nulth-ah-t can continue that tradition of work by become prepared for the burgeoning employment opportunities expected in the industry.

The beginning salary for a cook or deckhand is \$50,000 per year and the jobs don't require a significant amount of education to get, said Engler. The minimum requirement for working on a vessel in Canada is the Marine Emergency Duties (MED A1), which is basic safety. A physical is also required, as is a food safe certificate.

"A lot of the jobs available are cook/deckhand jobs, so food safe is an important part of it," Engler said.

The largest tugboat company, Seaspan, is also demanding the bridge watch-keeping certificate, which is three months long. That would lead into a two-week training program offered by Seaspan to give the workers some experience as tugboat deckhands. And then you go from there.

Engler said that within the next five to 10 years there is going to be an increased need for employees. The average age of officers in the industry is 54, so within a decade many will be retiring. Companies will look to promote current deckhands into those officer positions, leaving more deckhands needed, said Engler.

Couple the industry demographics with the news that container traffic in B.C. ports is expected to double, as trade from China and India increases, and the combination adds up to a lot of potential work.

Besides the good pay, there are other positives about working on a tugboat,

said Engler.

"We have members that live across the province because you work two weeks on and two weeks off... So basically you can live wherever you want. We have people who live at 100 Mile House that come down for work and then they go home. So there are all kinds of real positives there as a lot of First Nations communities want to find work that their people can do, but can actually stay living in their communities."

Engler is reaching out to First Nations to make the community aware of the coming opportunities.

He said "because of the birth rate in First Nations, we know there are a lot of young people. We know that there is very high unemployment, and we also know that there is connection between First Nations people and marine work, especially on this coast."

He's also hoping that if First Nations consider entering the industry, marine jobs will stay in Canada.

Engler said there is talk from some segments of the industry of bringing in foreign workers to take the jobs at lower pay.

Engler said Mexico is already eyeballing the opportunities for its population, setting up marine schools and getting a workforce prepared.

Engler would like to see the jobs in Canada go to Canadians and First Nations.

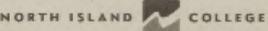
"We see this industry as an industry that provides living wage jobs to people and we believe that it should be here for Canadians, for First Nations, for a long time down the road."

Engler is prepared to speak with any First Nation community about the coming opportunities in the marine industry.

"We are also looking for First Nations to support our position that marine jobs should be saved for Canadians, for First Nations people, for Canadians rather than for people from other countries that will do the work for a lot cheaper so business will make a lot of money."

Sharing knowledge. Building futures.
Proudly serving Nuu-chah-nulth communities since 1975

Each year, an average of 100 Nuu-chah-nulth students discover their path through NIC. We deliver a wide range of flexible programs and degree options for successful employment today and further education tomorrow.



WWW.NIC.BC.CA

Are you interested in working for a better future for Aboriginal children and families on Vancouver Island?

VANCOUVER ISLAND ABORIGINAL TRANSITION TEAM

The Vancouver Island Aboriginal Transition Team (VIATT) is working with Ministry of Children & Family Development (MCFD) to establish an Aboriginal Authority for services to Aboriginal children and families. If you would like to participate in this exciting work then we would like to hear from you!

VIATT is seeking to fill the following positions:

- Manager, Operations & Administrative Transfer
- Operations Clerk

For job descriptions and application package you are encouraged to visit www.viatt.ca, or call (250) 953-4178. Applications must be received by March 21, 2007.

MALASPINA First Nations Programs
CENTRE FOR CONTINUING STUDIES

We are committed to supporting the needs of the First Nations Communities. Register for any of these upcoming sections or schedule any of these courses in your community.

<p>Forestry</p> <ul style="list-style-type: none"> ■ New Faller Training <ul style="list-style-type: none"> ○ June 4 - Queen Charlotte Islands ○ June 25 - Parksville ■ Understanding Forest Tenure <ul style="list-style-type: none"> ○ May 8 ■ Forest Law for First Nations <ul style="list-style-type: none"> ○ May 9 ■ Contracts for Forest Based Business <ul style="list-style-type: none"> ○ May 11 ■ S-100 Basic Fire Suppression & Safety <ul style="list-style-type: none"> ○ June 2 <p>First Aid & Health</p> <ul style="list-style-type: none"> ■ H2S Alive <ul style="list-style-type: none"> ○ May 15 ■ Occupational First Aid - Level 1 <ul style="list-style-type: none"> ○ April 29 ■ Foot Care For First Nations Communities <ul style="list-style-type: none"> ○ May 15 ■ WorkSafe <ul style="list-style-type: none"> ○ various dates 	<p>Hospitality</p> <ul style="list-style-type: none"> ■ Foodsafe Level 1 <ul style="list-style-type: none"> ○ April 23 ■ Cashier Training <ul style="list-style-type: none"> ○ May 5 ■ SuperHost <ul style="list-style-type: none"> ○ May 7 <p>Marine</p> <ul style="list-style-type: none"> ■ Marine Emergency Duties A1 & A2 <ul style="list-style-type: none"> ○ May 10 ■ Marine Emergency Duties A3 <ul style="list-style-type: none"> ○ April 2 ■ Restricted Operator Certificate: Maritime Commercial <ul style="list-style-type: none"> ○ May 14 ■ Master Limited (60-ton Ticket) <ul style="list-style-type: none"> ○ May 17 ■ Marine Advanced First Aid <ul style="list-style-type: none"> ○ June 10 <p>Other</p> <ul style="list-style-type: none"> ■ Drywall Boarding, Finishing & Painting <ul style="list-style-type: none"> ○ May 22 ■ Aboriginal University-College Bridging Program <ul style="list-style-type: none"> ○ August 20
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Find out more, call 1-866-734-6252.

Education for your life www.mala.ca/ccs

SD70 School District 70 Alberni Budget Input Meetings

As part of the development for the 2007/2008 Operating Budget, the Board of School Trustees is requesting input from the public and stakeholder groups.

Budget input will be welcomed as part of the regular public meeting on February 27 at 6:30 p.m. at Wickaninnish Community School and March 13 at 7:00 p.m. at the School Board Office. An additional Budget Input Meeting will be held on March 27 at 6:00 p.m. in the School Board Office at 4690 Roger Street.

The Board is also interested in your organization's relative ranking of current existing programs and services. All submissions and presentations are considered public documents.

Those wishing to make a presentation are requested to register with Barb Witte (720-2770 or bwitte@sd70.bc.ca) no later than the Friday prior to the meeting in order that presentations can be co-coordinated. The Board prefers to have written summaries available at the time of registration or no later than the day of presentation.

If you have any questions please contact Jerry Linning (720-2756 or jlinning@sd70.bc.ca).

Dry Grad 2007 highlights

Grads, parents, and our community! There are a lot of ways you can help to make this year's grad party a huge success.

Alberni District Secondary School (ADSS) still needs to raise funds and receive donations to help it all come together.

Looking for fun and the chance to win some great prizes?

Join us for our Loonie Toonie auction on Saturday, March 10 at ADSS. More than 40 community businesses have pulled together a great list of prizes, including an iPod, a gas barbecue, cordless drill, artwork and much more.

Pre-bids begin at 9:30 a.m. with the auction starting at 12:30 p.m. Hope to see you there!

Other upcoming fundraisers include:

The Great Spring Garage Sale on March 24 at ADSS. If you have items to donate or would like to volunteer time in marking and selling items, please call Dave at 724-1582

ADSS Dry Grad Bottle Drive to be held on March 31. We still need lots of Grade 12 students and parents to make this a great fundraiser. Call Anita at 724-2992 if you can help or if you have bottles to donate.

The Famous Spring Fashion Show on April 17 at the Barclay Hotel—Loads of fun and the chance of winning door prizes. Please call Gayle at 723-8665 if you would like to help with this event.

If you are interested in joining the planning committee we meet the first Tuesday of every month in the Learning Centre at ADSS at 7:00. Upcoming meeting is April 3.

Please call Angela at 723-1380 for more information or email us at drygrad2007@hotmail.com. And visit the ADSS Web site for a complete calendar of upcoming events at <http://adss.sd70.bc.ca/adss/>

Careers and Training Opportunities

Clam harvest in Kyuquot

Continued from page 4.

"Compliance with the plan is good," said Hanson. "Mostly it gets people out in their own area, and they don't have to travel to another place to dig."

The future of the fishery is dependant on testing new beaches to see which ones will be of most benefit and then rotating the harvest accordingly.

"We are hoping to get other areas open," said Hanson. "One more tide in Amai Inlet and we won't be able to dig. There are two other beaches to hopefully open if the samples are clean."

The process of rotating beaches helps to encourage healthy beaches, when they are given a chance to rejuvenate.

The conditional management plan is working in Kyuquot Sound, but it isn't perfect.

They do feel limited to the approved

areas of harvest. There were also challenges with the recent wave of bad storms this year which prevented samples from getting to the lab.

Furthermore, during the big storm on Dec. 21, 2006, local winds reached 80 knots and diggers were stranded on a beach.

"It is a new process and a learning curve for our fisheries department," said Head. "We need to work on who to communicate with and build trust with in Environment Canada, CFIA and DFO. It is not insurmountable, but we are still working the bugs out of the system."

The conditional management plan model is a good example for all West Coast communities as Nuu-chah-nulth become increasingly aware of water quality closures affecting their communities.

"They might look at how the Kyuquot/Checlesht First Nations is handling this so far," said Head, "and see if it looks like something that will work for them."

Communities can control human elements like septic and effluent through policy and by-laws, "but when it is an issue of hinterland drainage (i.e., coming from wild animals in the watershed), you can't control it," said Beach. "You can work around the natural cycles of animals, such as hibernation or migration cycles."

Kyuquot/Checlesht is working to prove that no challenge is insurmountable and a community can take the responsibility in managing their own resources and finding solutions.

Hospice

Continued from page 1.

Training is on the same dates and sessions with a 9 a.m. start and 4:30 p.m. finish.

Training and capacity building for hospice volunteers, counsellors and regional educators is supported by the CBT and the Vancouver Foundation, Pacific Rose Cottage, Cedar St. Guesthouse, Tin Wis Best Western and Nuu-Chah-Nulth Community and Human Services.

Please call Kim at 725-1240 for more information or to register.

Important Notice to Employers Avis important aux employeurs

A Summer Job — A Stepping Stone to a Career

Canada Summer Jobs is a new Government of Canada initiative that provides employers with wage subsidies to create high-quality summer jobs for students. The initiative is designed to meet the needs of students and takes into consideration Canada's currently strong labour market conditions. Not-for-profit, public sector and smaller private sector employers (50 or fewer employees) are invited to submit their application by **Friday, March 30, 2007**.

Employers can apply on-line at servicecanada.ca (under the *Employers and Business* section), by fax, by mail, or in person at any Service Canada Centre.

Applications will be assessed according to the initiative's eligibility criteria and priorities, which include creating jobs that would not otherwise be created, helping students who need it the most as a result of where they live and/or other barriers, the quality of the work experience being offered, and available funding.

For more information:

- Call** 1-800-935-5555 (TTY 1-800-926-9105)
- Click** servicecanada.ca
- Visit** your local Service Canada Centre (for locations, visit servicecanada.ca)

Un emploi d'été, un pas vers une carrière

Emplois d'été Canada est une nouvelle initiative du gouvernement du Canada offrant des subventions salariales aux employeurs pour la création d'emplois d'été de grande qualité à l'intention des étudiants. Cette initiative, qui tient compte du dynamisme actuel du marché du travail, vise à répondre aux besoins des étudiants. Les employeurs des organismes sans but lucratif, du secteur public et du secteur privé (de 50 employés ou moins) sont invités à présenter leur demande au plus tard le **vendredi 30 mars 2007**.

Les employeurs peuvent présenter leur demande en ligne à servicecanada.ca (sous la rubrique *Employeurs et entreprises*), par télécopieur, par la poste ou en personne en visitant un Centre Service Canada.

Les demandes seront évaluées en fonction des critères d'admissibilité et des priorités de l'initiative. Parmi ceux-ci figurent la création d'emplois qui n'auraient pas existé autrement, l'aide aux étudiants qui en ont le plus besoin en raison de leur lieu de résidence ou d'autres obstacles, la qualité de l'expérience de travail offerte et la disponibilité des fonds.

Pour plus de renseignements :

- Composez** le 1-800-935-5555 (ATS 1-800-926-9105)
- Cliquez** servicecanada.ca
- Visitez** le Centre Service Canada de votre localité (consultez servicecanada.ca pour connaître les adresses des centres)

1-800-935-5555 (TTY/ATS 1-800-926-9105)
servicecanada.ca



Service
Canada

Community & Beyond

Beyond Square Dance Port Alberni

March 10 to April 11

The Community Arts Council of the Alberni Valley will host an exhibition of quilts and stained glass by Port Alberni artist Patti Dance. The exhibition will be held at the Rollin Art Centre Gallery. Admission is free.

Joyce Mah in Concert Port Alberni

March 16

Coloratura soprano Joyce Mah performs music ranging from classical to Broadway. Performances are present in a light-hearted and imaginative manner. Performance will take place at the Capital Theatre at 7:30 p.m. Tickets can be purchased at the Rollin Art Centre for \$16, or at the door for \$18.

Pacific Rim Whale Festival Ucluelet and Tofino

March 17 to 25

Each spring the entire North American population of Pacific Grey Whales migrate along the west coast of Vancouver Island. An estimated 22,000 grey whales make the 16,000 km round-trip journey between their mating and calving lagoons travelling close to the shoreline, providing excellent viewing opportunities.

NEDC Young Entrepreneur Conference Port Alberni

March 22 to 25

Attention Youth ages 19 to 35. Ever considered starting your own business but don't know where to start? Attend this conference at North Island College and gain the knowledge required to write a business plan. Also, compete for cash and other great prizes. Call Jack at 724-3131 or 1-866-444-6332 or email at jack@nedc.info.

Darlene Haipee Memorial Ditidaht Community School

March 24 and 25

Three on three basketball tournament starting at 10 a.m. each day. Age groups: 10 to 12 years mixed (\$1 per player); 13 to 17 years mixed (\$5 per player); 18 years and over mixed (\$5 per player) Cash payout and T-shirt for first place. See Phyllis Shaw or email her at phyllis_shaw_74@hotmail.com.

PAGO Grandmothers Meeting Port Alberni

March 26

The next meeting of the PAGO Grandmothers will be held at Abbyfield at 5:30 p.m. The Grandmothers group is a local branch of the Grandmothers to Grandmothers Campaign inspired by the Stephen Lewis Foundation. The PAGO group raises money to help assist grandmothers who are raising grandchildren in sub-Saharan Africa whose parents who have succumbed to HIV/AIDS. PAGO invites new members and you do not have to be a grandmother to join. Call Jude Grodin at (724-3640); Lois Andow at 723-8050 or Darlene Tuinstra at 723-6991 for information. Or visit www.campaign@stephenlewisfoundation.org.

International Aboriginal FASD Conference Vancouver

March 29 and 30

The conference will provide intervention strategies for parents, teachers and caregivers of children and adults with Fetal Alcohol Spectrum Disorder. For information contact wzarchikoff@msn.com or call toll-free at 1-888-683-7711.

Basketball Tournament Ucluelet

March 30 and April 1

Jr. Guardians 17 and Under Co-ed Tournament. \$200 entry fee at Ucluelet Gymnasium. Contact Melody Charlie at (250) 726-2507 or email melodycharlie1124@hotmail.com for more information.

NTC Budget Meeting Hupacasath

March 30 (& March 31 if necessary)

To be held at the House of Gathering beginning at 9 a.m.

Thunder Sports Ball Hockey Tournament Port Alberni

March 30 to April 1

This is the 14th annual men's and women's All-Native Ball Hockey Tourney. It will be held at Maht Mahs Gym. First place men's will receive \$1,500 (based on 10 teams). First place women's will receive \$800 (based on six teams). Men's entry fee \$350. Women's entry fee \$250. Concession, 50.50, raffles and more. Contact Les Sam at les.sam@tseshaht.com; Terry Sam at 723-7795; Wes Price at 723-2978 or Ed Ross at 723-6400.

Junior Boys Basketball Tournament Port Alberni

April 6 to 8

Ditidaht Hawks Basketball Tournament at Maht Mahs Gym. Entry Fee: \$150. Place and individual trophies. Deadline: April 2 with \$75 deposit received by that day. First five boys' teams and first five girls' teams accepted. For information contact Darrell Schaan at Ditidaht Community School 1-250-745-3223 or darrellschaan@hotmail.com. First place teams from 2006 tournament contact Mr. Schaan to confirm your defending first place standing.

Council of Ha'wiih Location to be announced

April 12 and 13

The Council of Ha'wiih will meet to discuss ongoing efforts to gain greater access to the fishery for Nuu-chah-nulth-aht and increase revenue opportunities from the sea resource economy. Expected to attend are representative from the Lummi of Washington State, who will discuss the trials and triumphs that came after they gained 50 per cent of the sea resource as a result of the Boldt decision 30+ years ago.

Lahal Tournament Port Alberni

April 20 to 22

Fun games on Friday night at Somass Hall. Doors open at 8 p.m. Tournament starts on Saturday. Two to eight players per team. \$100 entry fee. This is also a birthday celebration for Bingo August April 16. Happy 75th birthday.

All-Native 3 Division Tournament Port Alberni

April 20 to 22

Hesquiaht Braves host: Women's and men's Masters; Seniors women's and men's; (entry fee \$375 for both divisions) Junior girls and boys (entry fee \$200.) Prizes to be announced. Fundraising for the new school in Hesquiaht for school equipment etc. Entire proceeds go towards the school. Any donations welcome. kleco, kleco. Contact Conn Charleson (250) 724-3263 or conncharleson@hotmail.com; Bruce Lucas (250) 724-1959 or cell (250) 720-6755; Greg Charleson (250) 670-1176 or NAN (250) 716-9082.

Museum of Anthropology meeting Tofino

April 24

All Nuu-chah-nulth-aht are invited to a community meeting hosted by the UBC Museum of Anthropology. See photos of the Nuu-chah-nulth collection and share ideas about its respectful display and care. Tin-Wis Resort, 10 a.m. to noon. Contact curator Karen Duffek, at (604) 822-4604 or kduffek@interchange.ubc.ca.

Emergency Preparedness Forum Tofino

April 26 and 27

Fifth Regional Aboriginal Emergency Preparedness Forum: Response and Recovery Strategies: Creating Safer Communities. The forum will be held at the Tin Wis Resort. To register call 1-888-683-7711 for information.

The Dundas Collection on display Victoria

April 27 to July 4

A collection of significant First Nations artifacts purchased at a New York auction will be on display at the Royal BC Museum. The 36 artifacts are the most significant of the Dundas collection, including two wooden masks and two rare clubs made of antler.

Celebration of Life Hot Springs Cove

July 28

Come and celebrate the life of Sennen Dominic Charleson. Family and friends to gather in Hot Springs Cove. Come and enjoy a fresh seafood feast and lots of chumus. For information call Bernard Charleson at (250) 670-1133.

Potlatch Ahousath

Nov. 11

With great advice from elder, speaker Stan Sam, mother Josephine, Uncle Neslon, brothers Bill and Corby. I have decided that we will dry our tears Sunday, Nov. 11, 2007 at Maqtusis new gym beginning at noon, and celebrate what my late father gave me. It was our late father's wishes that we continue on practicing our culture and to remember that he did go full circle in a very special life that he shared will all of us. Choo, Maquinna.

Also

Nuu-chah-nulth Basketball Championships Port Alberni

Postponed until further notice

All-Nuu-chah-nulth Men's and Women's Divisions. Contact: Edd Samuel at (250) 731-8330 email: redskinhoops@hotmail.com.

Christmas Dinner Ahousath

December

The Georges will be hosting the Christmas dinner in December 2007. Thank you. Lewis George Maquinna



Is there an event you'd like us to mention?
Email bashilthsa@nuuchahnulth.org
or Fax us at (250) 723-0463.

Birthdays & congratulations

Happy 39th birthday to Derrick Manson for March 10. Love always Glenda Frank. Happy 38th birthday to Eddie Smith for March 14. Happy birthday to Tina Titian for March 1. Happy birthday to Annie Titian, Uncle Larry, Claudie Webster and Gena Swan also for March.

Happy birthday to Michelle Dick on March 23. Jamie Jensen on March 29, Jordon Dick on March 20. Happy belated birthday to Theresa Watts on March 8. Leisa Fred on March 12, Ryan Dick on March 11, Paula Watts on March 13. Love from Lill and Jason Jensen.

Dave Watts, it has been 36 years on March 23 since you asked me out. Since that moment I thank my lucky stars that I said yes! With all my heart and soul, I'm going to always love you. And I'm not afraid to let it show. At night when I close my eyes, it is you I dream of. During my waking hours, it is you I think of. And in my darkest moment, it is your name I call out. Through the bad times as well as the good, you've been the one who has stood by me. When I've gone down the wrong road, you've been the one, who spoke up and stood by me while I worked it through. A heartfelt love and more is what I've come to know with you. Because of you my life has been a better one. And I just want to take this moment... a heartfelt moment to thank you. Still twitterpated after all these years.

Happy birthday to our precious girl Chantelle Paulann Kathleen Tate March 14. Love Mom, Dad, one and only Bro, sister Alex, Theresa, Rikki-Lee. Happy birthday to our Dad Paul Stanley Tate March 23. Love your bratz. Happy birthday sweetie (KYS) March 30. from u r BUD ECMF. I would like to say happy 5? birthday to my wonderful mother Rosemary Frank. We love you so much mom; I am so grateful I have such a wonderful mother in this world. Love your daughter Kim, son-in-law Craig and grandson's Markus and Clint.

Happy belated to my bro in law "Bucky" Allen Dick Sr down in Victoria from your sis Kim, Craig and your nephews Markus and Clint

Also, to my mother in law Carol Mather in North Vancouver, happy birthday and I hope you enjoy your Reno trip once again this year. From the gang in Coquitlam Kim, Craig, Bri, and the three boys. Happy 16 birthday to my stepdaughter Brianna Hayes-Richards...enjoy your day baby girl. Love your step mom and dad Craig and brothers Markus, Clint and Deven

March 16, 1984. This is our special day Vivien Thomas. This is the day when you and I became special friends. Vivien this is the day I call our anniversary. Our very first day to be a very special day to remember. V.B.D.L. Thomas, it now has been 23 years of being together. The years have gone by so fast. I love you Vivien. Take good care and have a good day. From your honey way over in Port Alberni. Let's have many more years together. Love Charles Thomas

I'd like to wish my papa (eyes) happy nirthday on March 15. Love your Squamish princess Lakisha N.R. Lewis. And I'd like to wish my daddy Dion Lewis happy birthday on March 15. Love your Squamish princess and your only baby. Love you. Your daughter Lakisha N.R. Lewis. I'd like to wish Steve (Eyes) Lucas

happy birthday 50 something on March 15. Love April and your kids Steven Jr, Lareina, also grandchildren Squamish princess Lakisha Lewis, grandson Ashton, grandson Steven Jr Mack.

Happy belated birthday to our mother Phyllis Gus on March 2, and happy belated birthday to our sister Liz Gus on March 3. I'd like to wish my sis Debbie happy birthday on March 31. Have a good one Deb. Love your sis April and bro Steve and family.

Happy belated birthday to my nephew Timothy Johnson on Feb. 19. Love Auntie Shirley. CAR 54! Love your sister-in-law Shirley.

Happy 3rd birthday to Mr. Leroy Johnson. Love grandma Shirley Johnson.

Happy birthday on March 5 to Roberta Johnson. Love Auntie Shirley Johnson (Mom).

Happy 25th (2 bits) birthday to my lovely daughter Annie Lillian Esther Michael. Love you lots and many more. Love Mom.

Happy birthday to James Hinchcliffe on Feb. 22. From Shirley.

Happy 75th birthday to my loving Mom Violet Johnson. Love from your baby girl Shirley Johnson.

Happy birthday to my big lil sis Susan Johnson, a.k.a. Susie Q. Love lil sis Shirley.

March 17: Happy 1st anniversary to Rick and Suzie Sam (Tom *Smile*). Congratulations to you both. May you continue to have a long and happy life together. Also, happy birthday Suzie. (same day). From Tracy, Bear and family.

March 19: Happy birthday to Charlie "Bad 3" Tom. We wish you all the best! From Bear, Tracy, Jaclyn (Bad 1), Dallas (Hookie-Player), Brent and Travis.

March 22: Happy birthday to Sam Chester. Yeah baby...Thirsty Thursday too eh! Have a good one (if you're allowed - haha -jk we know "you're the boss" haha). From Bear and Tracy.

March 27: Happy birthday to Michelle Sam. Whooo hooo! You know that we'll come and celebrate with you. Couldn't miss that, but who does that, parties on a Tuesday. Haha we will! (Probably) haha. All the best to you girl. Have a great time. From Tracy and Bear.

April 3: Happy 10 birthday to Brent Jones-Charlie! Wow, double digits now son. I hope you have a great day and we wish you nothing but the best! Love your mom (Tracy), dad (Bear) sister and brothers.

Congratulations to my wife Trudy on passing your acupuncture CTMA exam! From Robin Tate and family.

Happy birthday to my good friend Gena Swan this March 28. Have a great one bud! Love you friend Mel, a.k.a. chunky in Ukece.

In Memoriam - ʔaʔakʷ ap

Agnes Sam (Mom)
Dec. 18, 1911 - March 4, 1992

In Our Hearts
We thought of you with love today.
But that is nothing new.
We thought about you yesterday.
And days before that too.
We think of you in silence.
We often speak your name.
Now all we have is memories.
And your picture in a frame.
Your memory is our keepsake.
With which we'll never part.
God has you in his keeping.
We have you in our hearts..



Happy 76th birthday, April 6 to my mom, Kathy Robinson
You can see her in the kitchen making sure the food is prepped for every funeral, potlatch, wedding, or other band event. It keeps her young to help others, and help she always gave, whether language to the little ones of traditions that were saved by elders she knew and loved.



Her years at residential school could not kill her desire to keep the language living, working till she was tired. She bore 12 kids and fostered more, the pain of school she hid behind the beauty of her culture and gave teachings to the kids against all odds.

The elders Adam, Margaret, Billy, Georgie, Bessie, Weenuck, Alex, Jessie, Agnes, Alan, Mack, Mary, Cecelia and many more were a source for love and teachings and her home was a perfect road. Ten girls that had to listen and do what they were told. The rewards would come in their later years.

Kathy saw the future, especially when her dad suddenly passed away. She went to work to teach and share what she had learned to little kids and teachers and she even went to school to learn on computers. It was a new age tool for someone who grew up in a longhouse.

She was taught to serve her people for everyone had a place to shine, to love, to laugh and put a smile onto their

face. She did not want the praise, the thank you's or the applause. When you know you work from the heart and for your favourite cause the reward is in your soul.

She still has many students, though they are grandmas and new moms who will now teach their loved ones and the culture will live on. This is a tribute to my mom. I'm glad that she's still here to phone, to chat, to love and laugh from ear to ear

From your # 5
Happy Birthday Amy

How do I love thee?
Through life's many joys and life's many lows we've grown together from our heads to our toes. We've learned to be patient, understanding each mood

To respect our boundaries and not to be rude.
To love all our strengths and love our faults. It was hard to do.

No one is perfect, you'd always say, and love me through and through
I love you with much gratitude, patience, acceptance and understanding.

Happy Birthday to Marilyn Little (April 6) and Gordy Robinson (April 1).

Happy belated birthday to the special and "Academic Genius" little Codester (Feb 26), miss you and love you so much.

Happy 40th anniversary. We met at the Alberni Indian Residential School in 1964. In 1965, Donna graduated and went to Malaspina College. I was in Grade 10 at AW Neill. Until I got kicked out of the residential school during the Christmas break in 1965. They told me not to bother coming back.

Donna was at college in Nanaimo. I returned to PA and started working for the city of PA. Sometime in early 1966 Donna came and visited me at my shack in an alley in PA. She played hooky from college to be with me. Until an RCMP officer located her, the DIA at the time had jurisdiction over Indian students. They sent her home to her parents. I went back home to Ahousath. We were apart until September 1966 when Donna came down and called me to PA from Ahousath. September 1966 Donna and I shacked up. That's where our own family began in a little house in an alley in PA.

We have a letter the residential school principal wrote to Donna's parents concerned with the guy she was seeing, that he is not a good boy. That made her love me more. Got married March 27, 1967 in Kitwanooc, BC.

Moved to Prince Rupert May 1967. Had three children born in Prince

Rupert: son Edd July 1967, son Wally Jr. October 1968 and daughter Ruby November 1971. Moved to Port Alberni May 1972. Had daughter Robyn January 1977. Moved to Port Edward June 1977 and had son Richard December 1978. Moved to Port Alberni November 1980 and have been here since.

Throughout the years we went through many of life's trials and tribulations. Had our ups and downs, faced and resolved many problems together. Accepted and respected each others culture, beliefs and differences.

Although we are First Nations we have different First Nation cultures, as Donna is Gitsan and I am Ahousath. Even though we went to residential school we have both managed to maintain our cultures. In fact Donna is fluent in her Gitsan language. Not saying there has been no affect from being in a residential school. The residential school has affected our lives, but we took full responsibility as husband and wife, mother and father of our children. Made sure they were cared for everyday, we were there for them everyday and still are. Took them everywhere with us. Throughout all these years I always had some sort job to support my family. Donna also worked.

I do not claim to be a perfect human being. I have made many mistakes and have faced the mistakes head on and taken my responsibility for those mistakes.

Continued on page 18.

Nuu-chah-nulth Registry and Treaty Information ...

Registering events are very important!

- Birth Registrations:** It is important to get baby registered as soon as possible. You must complete the parental consent for Registration/Statement of Band Affiliation form and provide the LARGE form birth certificate, these consent forms can be obtained through your Band Office or at the NTC Office. Registration takes 6 - 8 weeks.
- Transfers:** Are you wishing to transfer to another Band? Write to the Band you want to transfer into. Once accepted you will need to complete a consent to transfer form, also, notify the Band you are currently in and let them know your intentions.
- Marriages, divorces, name change, deaths:** Please provide appropriate certificates to up date the Indian Registry Lists. A consent form needs to be completed for any name changes.
- Are you turning 18 soon?** If you would like your own registration number then you have to submit a letter of request. Process also takes 6 - 8 weeks (no longer automatic).
- All documents are to be submitted to Rosie Little** - Indian Registry Administrator at the NTC Office, with the exception of Ditidaht, Hesquiaht, Huu-ay-aht and Tla-o-qui-aht. Contact these First Nations directly. To have a status card issued through NTC from these four First Nations please have your Indian Registry Administrator fax approval and your information prior to coming into the office if possible.
- Does your First Nation have their membership code in place? If so, and you would like the above events recorded for "BAND MEMBERSHIP" then it is EQUALLY AS IMPORTANT that you contact them as well.**
- Your First Nation needs your current address and phone number so they can contact you regarding Treaty developments, letters and bulletins.**
- First Nation phone numbers and addresses are listed below for your convenience.**

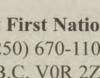
Ahousaht
(250) 670-9563 - Fax: (250) 670-9696
General Delivery Ahousaht, B.C. V0R 1A0



Ditidaht First Nation
1-888-745-3366 - Fax: (250) 745-3332
PO Box 340 Port Alberni, B.C. V9Y 7M8



Ehattesaht
1-888-761-4155 - Fax: (250) 761-4156
PO Box 59 Zeballos, B.C. V0P 2A0



Hesquiaht First Nation
New Toll Free 1-866-670-1181 - Fax: (250) 670-1102
PO Box 2000 Tofino, B.C. V0R 2Z0

Hupacasath First Nation
(250) 724-4041 - Fax: (250) 724-1232
PO Box 211 Port Alberni, B.C. V9Y 7M7



Huu-ay-aht First Nation
1-250-728-3414
PO Box 70, Bamfield, BC V0R 1B0

Ka:yu:k't'h'/Che:k'tles7et'h'
(250) 332-5259 - Fax: (250) 332-5210
General Delivery Kyuquot, B.C. V0P 1J0



Mowachaht / Muchalaht
(250) 283-2015 - Fax: (250) 283-2335
Toll free - (800) 238 - 2933
PO Box 459 Gold River, B.C. V0P 1G0

Nuchatlaht First Nation
(250) 332-5908 - Fax: (250) 332-5907
PO Box 40 Zeballos, B.C. V0P 2A0



Tla-o-qui-aht First Nations
(250) 725-3233 - Fax: (250) 725-4233
PO Box 18 Tofino, BC. V0R 2Z0

Tseshahat First Nation
Toll Free: 1-888-724-1225 - Fax: (250) 724-4385
PO Box 1218 Port Alberni, B.C. V9Y 7M1



Uchucklesaht Tribe
(250) 724-1832 - Fax: (250) 724-1806
PO Box 1118 Port Alberni, B.C. V9Y 7M7

Ucluelet First Nation
(250) 726-7342 - Fax: (250) 726-7552
PO Box 699 Ucluelet, B.C. V0R 3A0



Birthdays & congratulations

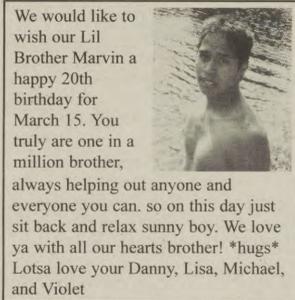


Congratulations Trudy Tate. After three-and-a-half years of study and dedication to traditional healing, you have passed the CTCMA Acupuncture licensing exam. Best of luck on your next

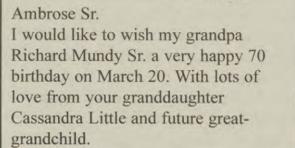
step towards becoming a Doctor of Chinese medicine. We are right there with you. Your family.



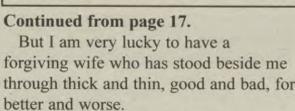
Congratulations on the arrival of your beautiful baby girl to Channy Sutherland and Cory Curley, Natalie Christine Sutherland was born on Feb. 25



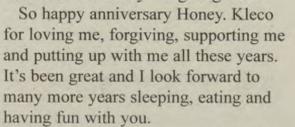
We would like to wish our Lil Brother Marvin a happy 20th birthday for March 15. You truly are one in a million brother, always helping out anyone and everyone you can. so on this day just sit back and relax sunny boy. We love ya with all our hearts brother! *hugs* Lotsa love your Danny, Lisa, Michael, and Violet



We would like to wish my dad Richard Mundy Sr. a happy 70th birthday on March 20. Love always, your daughter Pearl and William



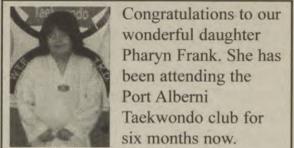
Ambrose Sr. I would like to wish my grandpa Richard Mundy Sr. a very happy 70 birthday on March 20. With lots of love from your granddaughter Cassandra Little and future great-grandchild.



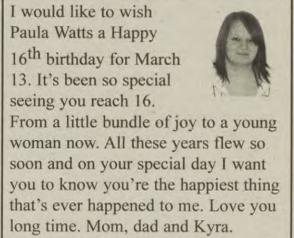
We would like to wish our son Steven Dick a very special and happy 14th birthday for March 9. I can't believe how much you've grown. You will always be my baby. Love always Dad, Mom, son, Sylvia, Rick, Sabrina, Sheldon, Shawntaye, Mackenzie, Brad Jr, and Rick Jr.



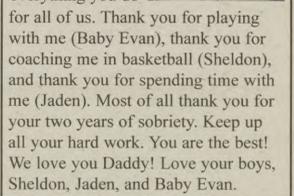
Jake and Emily Recalma proudly announce the birth of their daughter, Margo Isabel Recalma, born on Feb. 12 at NRGH, sister to a wonderful big brother, Seth Recalma.



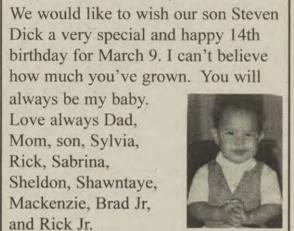
Congratulations to our wonderful daughter Pharyn Frank. She has been attending the Port Alberni Taekwondo club for six months now. Taekwondo is one of the many forms of martial arts, and she is proving her capabilities. On Feb. 17, Pharyn was tested by Master Bozman from Vancouver and Grand Master Park, from Edmonton. Her test consisted of a pattern that was taught by Jim Ratte and his son Andy; who both are black belts, also sparring with other students. Pharyn is now a yellow belt and is continuing her training twice a week. Congratulations on a job well done. We are very proud of you. Love Mom, Dad and you lil' bro.



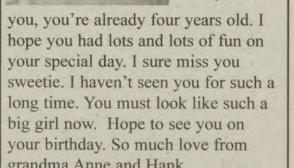
I would like to wish Paula Watts a Happy 16th birthday for March 13. It's been so special seeing you reach 16. From a little bundle of joy to a young woman now. All these years flew so soon and on your special day I want you to know you're the happiest thing that's ever happened to me. Love you long time. Mom, dad and Kyra.



Happy birthday to our Daddy Evan Touchie on March 22. Proud of you Daddy for everything you do for all of us. Thank you for playing with me (Baby Evan), thank you for coaching me in basketball (Sheldon), and thank you for spending time with me (Jaden). Most of all thank you for your two years of sobriety. Keep up all your hard work. You are the best! We love you Daddy! Love your boys, Sheldon, Jaden, and Baby Evan.



We would like to wish our nephew Richard Dick Jr a happy 14 birthday for Feb. 28. Love from Uncle Sid, Auntie Sharleen and family.



On Feb. 25, I would like to wish the cutest most adorable little queen, Jocelyn Tate, a very happy 4th birthday. Wow, look at you, you're already four years old. I hope you had lots and lots of fun on your special day. I sure miss you sweetie. I haven't seen you for such a long time. You must look like such a big girl now. Hope to see you on your birthday. So much love from grandma Anne and Hank.

Artists

Cedar Weaver: Baseball caps, bridal floral bouquets, for sale: Traditional hats, headresses, bracelets for trade. email whupelt@shaw.ca
ARTIST: Anne M. Robinson. Cedar bark jewelry, artwork, including cedar roses, taking orders 723-4827.
Authentic basket-weaving grass, picked and processed by Linda Edgar of Nitinaht, 3 corner, sharp and swamp grass and cedar bark. Please call 741-4192 in Nanaimo.

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Email: winchee@pacficcoast.net

James "Wihayaqa,cik" Swan
Native Artist.
250-383-9779 home
250-361-7389 cell
jamesswan@telus.net
jfswan@finearts.uvic.ca

Gordon Dick
Nuu-chah-nulth
Art in Gold Silver & Wood.
Phone
250-723-9401
e-mail: gordondick@shaw.ca

Ben David
Nuu-cho-nulth
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3395 4TH AVE., Port Alberni, BC, V9Y4G8 (250) 724-6831

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FIRST NATIONS WILDCRAFTERS, BC: C. Anne Robinson and Keith Hunter "specializing in non timber and other value added forest products and services" 7000 "A" Pacific Rim Hwy., Port Alberni, BC, V9Y 8Y3, Phone: 250-720-8907, FirstNationsWildcrafters1@shaw.ca www.FirstNationsWildcrafters.com

For Purchase

FOR SALE: Carvings such as coffee table tops, clocks, plaques, 6' totems, canoes made by Charlie Mickey 731-4176. Place an order my mail PO Box 73, Zeballos, BC, V0P 2A0.
BASKET WEAVING FOR SALE: Grad Hat Regalia, Baskets, Weaving material, specializing in Maquinna Hat Earrings. Available to teach at conferences and workshops. Call Julie Joseph (250) 729-9819.
FOR SALE: Weedeater and carvings. Call Bruce 728-3414 if you're interested.
FOR SALE: 18 - 20' boat trailer, \$1500. Call Andy @ 250-723-4111
For Sale: 115 - Mercury/2004 Opti-Max \$6900. 4 - Blade Prop/SS New for 150 or 200 Yamaha \$350. 5 - Blade Prop/SS for 115 fits any motor \$300. Contact Leo Jack 250-332-5301.
FOR SALE: Custom built food cart with grill, deep fryer, sink, water pump, and lots of storage. 1 owner. \$6500, obo. 724-4383.

CLASSIFIED ADS

For Purchase

PACIFIC BALANCE SEAL OIL, your source of OMEGA 3. Both Omega 3 and Omega 6 are essential fatty acids (EFA's) (the good fats). They cannot be manufactured naturally in the body. In the 1930s, the Eskimos, with their high seal diet, had nearly 0% heart disease and cancer. Available from Faith and Richard Watts @ (250) 724-2603 (cel) 731-5795.
BOOKS FOR SALE: The Whaling Indians, Legendary Hunters - by Edward Sapir, Morris Swadesh, Alexander Thomas and Frank Williams \$45 each. The Whaling Indians, Tales of Extraordinary Experience - told by Tom Sacya'ch'apis, William, Dick, Captain Bill, Tyee Bob \$40 each. Please contact. lisagallic@shaw.ca or call me 724-4229 and leave a message.
FOR SALE: Sweaters & sweatpants, blankets and baby blankets, denim handbags. Order from Doreen and Anna Dick at 250 204-2480.
FOR SALE: One 471 Diesel engine with capitol gear, 2 1/2 - 1 reduction in good running order. Can be seen in Ahousaht. Call Chester @ 720-9736 or 670-2587.

Wanted

WANTED TO BUY: Good used running 90 HP motor with controls. Please phone Bernard at 1-250-670-1133.
WANTED: Old college study texts to be donated. Any subject, any level. Call Robin collect at (250) 726-2040. Will arrange for pick-up.
WANTED: To buy house on Tseshaht Reserve. Call Jay 250-723-7772 or cel 735-2596.
WANTED: Medical Equipment such as wheelchairs etc. Can be dropped off at the Tseshaht Band Office. 5000 Mission Road, Port Alberni. Contact Gail K. Gus at 724-1225. Please return borrowed equipment.
WANTED: whale teeth, whalebones, mastodon ivory and Russian blue cobalt trade beads. Lv. msg. For Steve and Elsie John at 604-833-3645 or c/o #141-720 6th St, New Westminster BC V3L3C5.
WANTED: Ucluelet First Nation is looking to build a contact list for carpenters & contractors. Please send us this information by contacting us at (250)726-7342 or fax (250)726-7552 attention to Housing Administrator.
WANTED: House to rent for seven people in Port Alberni. Call Lyle or Cathy 724-2935.

Accommodations

FOR RENT: A non-profit organization has rooms to rent, by the day, week or month. Very reasonable rates for Room and Board. Also, there is a Boardroom available for rent. For more information phone 723-6511.
FOR RENT: Equipment for power point and DVD presentations. Projector and Screen. By the hour or day. Deposit required. Telephone: 250-724-5290.
NITINAHT LAKE MOTEL: Open year round! Coastal rainforest and world-class recreation at your doorstep! For reservations and other information call 250-745-3844. P.O. Box 340, Port Alberni, B.C. V9Y 7M9.
TOQUART BAY CONVENIENCE STORE, CAMPGROUND & MARINA: Reservations available. Open year round. Status cigs available. 1-250-726-8306 or 1-250-726-8349.

Automotive

D&M AUTOCLEAN: "We'll do your dirty work" Automobile cleaning and renewal. CARS-TRUCKS-RV'S-BOATS. 7429 Pacific Rim Highway. Phone 720-2211.
FOR SALE: 1 ton crew cab on propane. \$2500. (250) 735-0833.

Services Offered

ALL OCCASIONS
CALL: RENEE
723-2843
PORT ALBERNI, B.C.

CC CREATIONS
• Web Site Graphic Design
• Web Programming
• Database Development
• Logo Creation
• Client Hosting
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(250) 724-4383
Port Alberni, BC

50% off all framed Native Art prints. Picture framer on site - 811 Wharf Street, Victoria, BC. Call Wichita at 250-386-0507.
DAY CARE PROVIDER AVAILABLE: Monday to Friday 7:00 a.m. to 5:00 p.m. Call 726-2040.
MEETING FACILITATOR / NEGOTIATOR: Are you tired of meetings going all night long, never finishing the agenda, going around in circles? 20 years experience and proven track record. Keep your meetings on track. Call Richard Watts, Weelth-Isah @ (250) 724-2603 or (cel) 731-5795. Available any time.
ELEGANT ADVANTAGE DECORATING AND CATERING SERVICES: Tracey Robinson @ home:723-8571, Margaret Robinson @ home:723-0789. We do all occasions: Weddings, Showers, Graduations, Banquets, Brunches, Dinners, * Super Host and Food Safe Certified*
PROFESSIONAL available for Workshops/ Conferences. Healing Circles/Retreats/ Canoe Journeys. Contract or full-time position. Holistic massage and aromatherapy with essential oils by Raven Touch. Please contact Eileen Touchie @250-726-7369 or 726-5505.

T.S.G. TRUCKING SERVICE: Moving And Hauling, Reasonable Rates. Tom Gus, 5231 Hector Road, Port Alberni, B.C. Phone: (250) 724-3975.
FOR HIRE: Pickup truck and driver. Need something transported or towed? Transport/move furniture, fridge, stoves, outdoor motors, your boat, canoe or travel trailer towed or moved. By the km and by the hour. Call 250-724-5290.
FREE LANGUAGE CLASSES: at Hupacasath Hall. Language Instructor - Tat Tatoosh. Monday and Wednesday Nights. 7 pm to 9 pm. (Bring your own pen and paper). Parenting Skills for Parents and Tots. Fridays from 3 - 4 pm. EVERYONE IS WELCOME. cuu kleco. Edward Tawoosh, Certified Linguist.
TSAWAAYUUS: SHARE YOUR TALENTS WITH YOUR ELDERS: Volunteers required for the following: Give demonstrations and/or teach basket weaving, carving, painting, etc. We also need cultural entertainment. Contact Darlene Erickson at 724-5655.
Mr. Martin the Magician is taking bookings for all locations. Phone 250-995-2942.

For Sale: 28', 1983 Spirit. Command bridge, hardtop stern roof, all new canvas & canopy, twin 350 Chev engines (570 hrs), Volvo dual props, hydraulic steering, anchor winch, all electronics, kitchen, bathroom, security system, hot water. \$45,000 obo. Call (250) 723-1496

2 BOATS FOR SALE: 1 - 32 foot fiberglass, 180 horse Isuzu motor, radar and colour sounder. 1 - 13foot Lifetime with 25 horse 4 stroke outboard. Serious inquiries only. Boats can be seen in Ucluelet. Phone 250-726-4620.

MARINE ISUZU ENGINE MODEL 6BD. 145 HP complete with capitol marine gear, 2 1/2 to 1 ratio recently overhauled engine and gear. Any serious offers will be considered. Call Louie Frank Sr @ 250.670.9573 (home) or 250.670.9563 (work).

Lost and Found

LOST: Drum with whale painted on it. On Jan. 28 at party at Maht Mahs Gym. Call (250) 745-3483.
MISSING: 2 MAQUINNA HATS from 3957 10th Ave. Port Alberni around October or November 2005. Anyone with information please call 724-2184.
LOST: Gold necklace with a 1in X 1in Indian design butterfly pendant. Last seen on my niece at the Ucluelet Secondary School in March. Please call Jeannine Adams @ 670-1150 or email ballgrl@hotmail.com. Thanks.
FOUND: A shawl was left at the House of Himwitsa and has not been picked up by the owner. Please pick up your shawl at the House of Himwitsa. Lewis George, House of Himwitsa Ltd.
LOST: Red Camera (720-5191).
LOST - TRADITIONAL CEREMONIAL DRUMS. A pair of drums on Mother's Day March to Stop Violence went missing. Both drums are painted with native designs. Both are of great sentimental value to both myself and my entire family. A reward for the return of both drums is being offered and upon return no questions will be asked. The return of both drums will be forever greatly appreciated. If anyone knows the whereabouts of the drums do not hesitate to contact me, Nellie Joseph at 725-2388. Kleco! Kleco!
MISSING: since October 2006. This vest was given to me for my dad's memorial potlatch and has sentimental value. I sure would like it back. No questions asked. Phone (250) 283-2618 or return to the (Mowachaht/Muchalaht) band office for pick up. Thank you. Preston Maquinna Sr. The vest was made by Sue Johnson, artist Rudy Williams.

Marine

MOTOR AND PROPS FOR SALE: XL-115 - Mercury/2004 Opti-Max 2 stroke. 4 - Blade SS prop for 150 or 200 Yamaha. 5 - Blade SS prop for 115 Yamaha or Mercury. Contact: Leo Jack Jr 250-332-5301
FOR SALE: Area "G" AI Troll License 37.5 ft. Contact Louie Frank Sr. at 250-670-9573 or leave a message at the Ahousaht Administration Office at 250-670-9563.
FOR SALE: Custom made nets (250) 923-9864.
CANOE BUILDING: Will build canoe, or teach how to build canoe. Call Harry Lucas 735-5706.
WANTED: Boat Trailer for 20' boat. Call Michael @ 720-6026.
FOR SALE: Nets -Different Sizes, Different prices, make an offer. Trolling gear - offers. View - 5010 Mission Rd. Phone - 723-9894.

For Sale: 28', 1983 Spirit. Command bridge, hardtop stern roof, all new canvas & canopy, twin 350 Chev engines (570 hrs), Volvo dual props, hydraulic steering, anchor winch, all electronics, kitchen, bathroom, security system, hot water. \$45,000 obo. Call (250) 723-1496

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REPREZENT DESIGNS: First Nations Graphics. Specializing in Native Vinyl Decals. (Custom Made/All Sizes). All types of Native Graphics. Call Now! Celeste Howard. Email: reprezent.designs@gmail.com



N.E.D.C. BUSINESS NEWS



Building the Business Future

NEDC's 8th Annual Young Entrepreneur's Conference

March 22, 23, 24, & 25th, 2007

At North Island College, Port Alberni

Conference Keynote Address: The Baker Twins - Shannon & Shauna Baker: Models, Actors, & Entrepreneurs

NEDC is pleased to announce that the Baker twins have been secured to deliver the Keynote Address at the 8th Annual Young Entrepreneur's Conference! The Baker Twins hail from the Stellat'en First Nation and are of Carrier Dene ancestry. The twins were born in Prince George, BC.

The Baker Twins are actors, models, and Entrepreneurs. The twins have been on a variety of television shows, films and videos.

The Baker Twins recently made a celebrity guest appearance on "The Tyra Banks Show" and will soon make a guest appearance on the 'Montel Williams Show'. Both of the girls have also landed a role on an episode of Warner Brothers hit television show 'Smallville'.

Some of their acting experience includes films such



Shauna Baker - Actress, Model, & Entrepreneur

as: 'Sharp as Marbles', 'Night of Removal', 'Time after Place', 'Family Portraits', 'History Lesson', 'Magical History Tour' and they have been in several music videos.

The twins were featured on the Aboriginal Peoples Television Network on the show called "Venturing Forth" and "Creative Native". They will soon be featured on 'Urban Rush', special guests on the A&E show called 'The Coreys: Return of the Lost Boys' and featured on 'ET Canada' and have done several radio interviews for stations across the US and Canada.

The Baker Twins are also modeling at the L'Oréal Fashion Week in Toronto for Fall 2007 collections on March 12 thru March 17, 2007.

Shannon just recently competed for the title of 'Miss Universe Canada' in Montreal and Shauna is currently working on an independent film in Vancouver and the twins were recently offered roles in a independent film called 'Freedom Lost'.

The Baker Twins currently manage their own modeling careers and have been featured in print, editorials, advertisements and several runway shows. To name a few magazines: UMM Magazine, Vancouver Magazine, Canadian Living Magazine, Thick Magazine and SAY Magazine.

They twins are also currently working on a Native American Women's calendar called 'The BT Calendar' and are still conducting a model search to support and encourage Native Women in realizing their dream of becoming a model. "The world doesn't realize how many beautiful & talented Native Women there are in this world".

Beyond managing their own careers, the Baker twins have also started their own website design company 'Baker Twin Designs'.



Shannon & Shauna Baker - "The Baker Twins" - Aboriginal Duo taking the Entertainment Business by Storm

This venture began with their own website, the twins were approached by colleagues and other's 'in the industry' and recognized an opportunity to utilize their graphic media talents.

Many people ask Shannon and Shauna advice on their pursuit towards their dreams. Shannon and Shauna believe that with hard work, sacrifice and determination anyone can attain their dreams!

For more information on The Baker Twins please visit the following website:

www.thebakertwins.com

www.thebakertwins.com/bakerwindesigns/home.html

www.thebakertwins.com/btgirls/home.html

www.myspace.com/thebakertwins



Shannon Baker - 2007 Miss Canada Universe Contestant, Actress, Model, & Entrepreneur

Attention Youth Aged 18-35

Have you ever thought about starting your own business but don't know where to start?

NEDC is hosting the 8th Annual Young Entrepreneur's Conference at North Island College - Port Alberni Campus on March 22 - 25th, 2007.

The Theme for this year's Conference is **Building the Business Future** and the primary focus will be on Business Planning.

Topics that will be covered are: Business Overview, Marketing Research; the Marketing Plan, and the Financial Plan.

Limited Seating STILL AVAILABLE!

Work in groups and compete for up to **\$1,500 in cash and other Great Prizes.**

For more information contact Jack Marsden at (250) 724-3131 or jack@nedc.info.

Attention Upcoming Workshops (and more to come)

Maximize Office Efficiency

To be Determined, Port Alberni
March 20, 2007 from 10 am - 4:30 pm
Facilitator: Jude Godin

Tourism Packaging and Product Distribution

To Be Determined, Port Alberni
March 29, 2007 from 9 a.m. - 4:30 p.m.
Facilitator: Eva Gutsche

For more information or to register contact:
Caledonia at the NEDC office or e-mail caledonia@nedc.info
Registration is **free**.

**Please give advance notification if you are registered and will not be attending the workshop!

We reserve the right to charge a \$25 administration fee if you do not cancel your registration prior to the event.
Your consideration is greatly appreciated.

Nuu-chah-nulth Economic Development Corporation

(250) 724-3131 or 1-866-444-6332 www.nedc.info

Assisting aboriginals and/or tribal ventures in establishing, expanding, or acquiring businesses.

