



Ha-Shilth-Sa



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20th Annual Tlu-piich Games a success despite poor turnout

By David Wiwchar
Southern Region Reporter

Despite mainly sunny skies and many different events, the 20th Anniversary Tlu-piich Games was the most poorly attended in the event's history.

Whether the poor turnout was due to the games being a week later than normal, or the fact that many Nations and regions have had their own games this year will be discussed at length over the next few months as organizers do their annual post-games assessment.

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The Sunday closing ceremonies event was fairly well attended with more than 100 people in the stands at the Bob Daley Stadium in Port Alberni.

Master of Ceremonies Wally Samuel welcomed everyone to the closing ceremonies of the 20th Annual Nuu-chah-nulth Tlu-piich Games, and thanks Tshesah and Hupacasath for allowing the games to be in their traditional territories. Samuel also thanked the city and people of Port Alberni for their support and the use of municipal facilities.

Samuel, one of the original Games Committee members in 1982 saluted other original members including Richard Lucas, Moby Dick, Angie Miller, Elizabeth Tatoosh, Ed Shewish, Lloyd Billy and Hugh Watts.

"Fun was the central focus of the games, but giving our children the opportunity to develop their athletic and

sportsmanship skills was also very important to us," said Samuel.

Corie Miller thanked all the sponsors of the games, adding "it's been a long nine days but a lot of fun".

Angie Miller recognized many people who have been consistent volunteers throughout the years including: Kelly John, Lloyd Billy, Wally Samuel, Eileen Haggard, the Cook family (Jack, Deb, Herbie and Hazel), Hugh Watts, Howard Dick Sr., Simon Lucas, Julia Landry-Atleo, and Bob Thomas.

"As well as this being the 20th Anniversary of the Nuu-chah-nulth Tlu-piich Games, this year is also the Year of the Volunteer," said Angie. "These people have all given a tremendous amount of volunteer time and energy over the past 20 years to make these games a great success every year."

"It has been an honour to be a volunteer and participate for the past many years and to watch the games grow and evolve," said Hugh Watts.

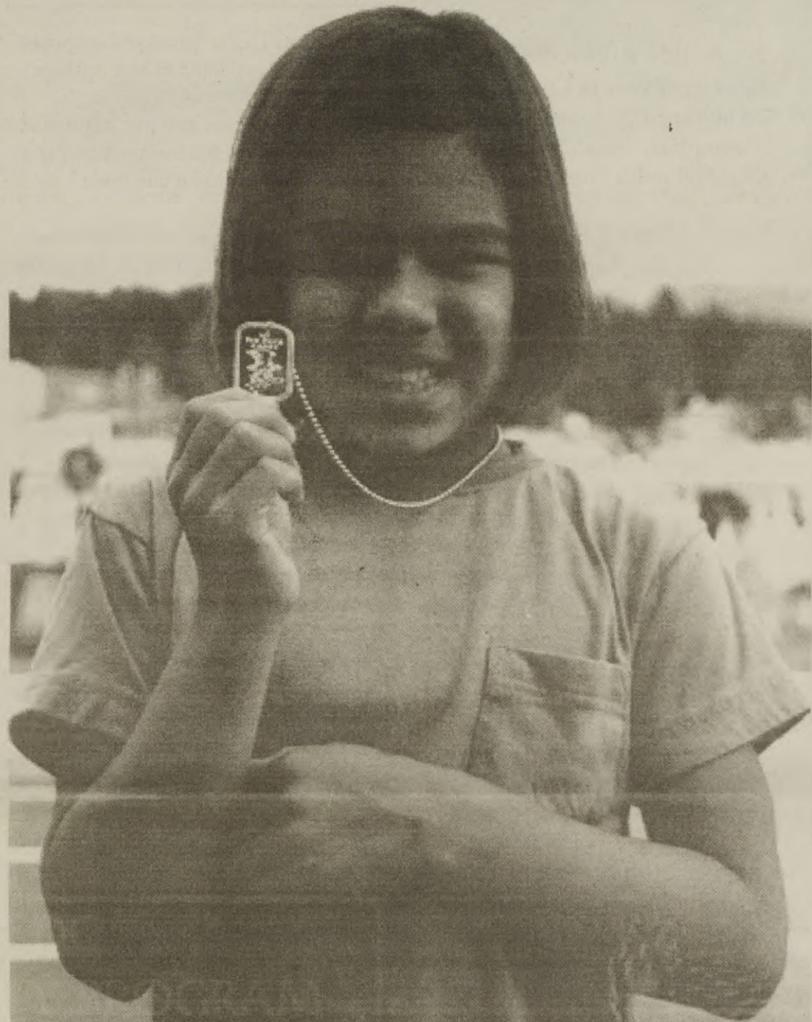
All volunteers were then honoured as well as a group of volunteers from the Canada World Youth program.

2001 Role Model Kristen Young and Miss Nuu-chah-nulth 2001 Deanna Samuel also thanked the volunteers, especially Norma Taylor who did all the cedar-bark work for the Princess Pageant.

Tlu-piich Chair Jocelyn Dick honoured committee members an co-ordinators from past years before Games Coordinator Irene Robinson introduced singers to officially close the games.

"Thank you all for coming out and supporting these 20th Anniversary Tlu-piich Games during the year of the volunteer," said Irene. "And we hope to see you here again next year."

Read all the stories from the 20th Anniversary Tlu-piich Games starting on page 10.



9-year old Kelsey Campbell proudly displays her Tlu-piich medal

Nuu-chah-nulth Treaty Process inches forward

By Denise Ambrose
Central Region Reporter

Port Alberni - Nuu-chah-nulth Treaty negotiators met at Somass Hall on August 7 in a continued effort to reach some form of agreement with respect to our future in the Treaty negotiation process.

Central Region Co-chair, Nelson Keitlah, thanked Tshesah for welcoming us to their territory and acknowledged the passing of some Nuu-chah-nulth members over the last few days. Delegates quickly got down to business after reviewing and adopting the agenda.

Southern Region Co-chair, Richard Watts reported that five of the six nations that voted 'no' to the AIP met on August 3 in order to decide their futures with respect to treaty negotiations.

Those Nations were Ahousaht, Tla-o-qui-aht, Tshesah, Ehatesah and Hesquiaht.

He said that while many issues were brought forward, one thing became very clear; that the Nations that voted no were voting against what is in the AIP document, not the treaty process itself.

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DEADLINE

Please note that the deadline for submissions for our next issue is 4:30 pm on Friday, August 31, 2001. After that date, material submitted & judged to be appropriate, cannot be guaranteed placement but, if still relevant, will be included in the following issue.

- In an ideal world, submissions would be typed, rather than hand-written. Articles can be sent by e-mail to hashilth@island.net (Windows PC).
- Submitted pictures must include a brief description of subject(s) and a return address. Pictures with no return address will remain on file. Allow 2 - 4 weeks for return. Photocopied or faxed photographs cannot be accepted.

COVERAGE:

- Although we would like to be able to cover all stories and events we will only do so subject to:
- Sufficient advance notice addressed specifically to Ha-Shilth-Sa.
 - Reporter's availability at the time of the event
 - Editorial space available in the paper
 - Editorial deadlines being adhered to by contributors

LETTERS & KLECOS

Ha-Shilth-Sa will include letters received from its readers. All letters MUST be signed by the writer and have the writer's name, address & phone number on it. Names can be withheld by request. *Anonymous submissions will not be accepted.*

We reserve the right to edit submitted material for clarity, brevity, grammar and good taste. We will *definitely not* publish letters dealing with tribal or personal disputes or issues that are *critical* of Nuu-chah-nulth individuals or groups.

All opinions expressed in letters to the editor are purely those of the writer and will not necessarily coincide with the views or policies of the Nuu-chah-nulth Tribal Council or its member First Nations.



Feature Elders: Charlie and Gertie Lucas

By Denise Ambrose
Central Region Reporter

Charlie and Gertie Lucas of Hesquiaht are long time residents of Hot Springs Cove and Port Alberni. The long married couple lives a simple life that is rich; rich with the love of their many children, grandchildren and great grandchildren.

Gertrude Lucas was born September 1, 1931 at Nootka Cannery to Alexander and Mary (nee: Smith of Ehattesht) Amos. Her grandparents, Ahousaht and Monica Amos played a major role in Gertie's upbringing.

She spent most of her early years in Hesquiaht, leaving only to attend school at Christie from 1937 to about 1944. Both she and Charlie said that everyone was sent home at the age of sixteen. "You could only go as far as grade eight," says Charlie, "There was no high school for us."

Charles Lucas was born July 27, 1927 at Rivers Inlet Provincial Cannery to Thomas and Katherine (nee: Curley, of Tla-o-qui-aht) Lucas. Keeping with customs of long ago, Charlie was raised mostly by his maternal grandparents who lived in Hesquiaht.

During his early years Lucas learned to sing, dance and carve with his father, his uncle and David Charleson. "We had good singers back then," he reminisced. Lucas recalls that he started to learn how to fish when he was six or seven years old. In fact, he says what he misses most about his youth is that one could go fishing year-round. "I would go Coho fishing with my uncle, it was hard work because it was all hand line, there were no gurdies. We could pull in 600 pounds of Coho a day and get our ten cents a pound. Yeah, we could



seine, gillnet and long line...fish all year long."

Lucas vividly recalls the events of June 20, 1942, the day the Japanese shelled Estevan Point. "I was in Hesquiaht when that happened and it was dangerous. Oh boy, we had to get out of there! It was loud...we could hear and see the shells!" Using his pointed finger, he demonstrated a shell going by his head with a long, low whistle. He said the ground was shaking and people were running for cover.

"There was a group of Ahousahts fishing near Hesquiaht Harbour, they told us later that they could see the trees falling behind the village while the shelling was going on," said Lucas. Between fishing and traveling, Charlie managed to go to school, also at Christie between the years 1934 to 1942. While Charlie and Gertie have known each other all their lives having grown up and attended school at the same place, they didn't begin to notice each other until the mid 1940's.

"We traveled up and down the West Coast on the freight boat, Princess

Maquinna," recalled Charlie, "I was on my way to Rivers Inlet to go fishing and Gert was just coming home from Christie. It must have been 1944 or 1945, that was when we 'met'. I stayed at Rivers Inlet for the whole month of July...and I got a love letter."

Gertie bursts out laughing, "Don't put that in there!"

Charlie said that he didn't write back because he didn't know how to write letters. But that didn't stop him connecting with his bride-to-be when he got back home. The couple eventually married February 13, 1949. Their late relatives Moses and Lena Amos witnessed their marriage.

The couple began their life together at Nootka Cannery where they started a family of ten children. Charlie earned a living fishing during the early years then began logging in Gold River at the East Asiatic Company for more than 30 years.

The Lucas' spent most of their time in Port Alberni and Hot Springs Cove and Charlie eventually retired from logging in 1988. With their children all grown the couple can sit back and enjoy their 25 grandchildren and nine great grand children.



NTC Meeting September 28 & 29

Please take note that Huu-ay-aht First Nations and Uchucklesaht Tribe have agreed to co-host the NTC Meeting scheduled for September 28 & 29, 2001 at the House of Huu-ay-aht, in Anacla.

Treaty Planning continued from page 1

The group raised several concerns about the AIP, in the following areas:

- Lack of recognition of Ha' with jurisdiction
- Taxation - exemption and
- insufficient land quantum
- change of status in aboriginal fisheries
- traditional governance
- BC and Canada access to treaty lands
- provisions for consultation
- revenue sharing
- Indian Act transition
- lack of constitutional protection for NCN in terms of forestry and fisheries
- insufficient cash offered
- protection of NCN culture and heritage
- lack of consistent ratification process

Huu-ay-aht Chief Negotiator, Robert Dennis, pointed out that most of what is contained in the AIP is subject to negotiation. He explained that it is an opportunity to achieve whatever it is that we want in our final agreement.

While many issues were brought forward, one thing became very clear; that the Nations that voted no were voting against what is in the AIP document, not the treaty process itself.

Dave Watts, Tseshah negotiator said that he couldn't understand why the table was having such an in-depth discussion on the AIP. "What we need to decide, 'is the AIP dead or alive?' It seems that we have differing opinions about this. In our minds (Tseshah) the AIP is dead because our tribe voted against it."

Chief Mike Maquinna of Mowachaht said that his Nation wants to move forward. "We need to get on with this. We need to start focusing our energies outward to the other governments. Instead we are wasting our time beating each other up."

Several negotiators for the Nations that voted yes expressed their frustration at the deadlock. They implored the 'no side' to come up with strategies to get what it is that they want rather than point out what is unacceptable in the AIP.

The morning discussion sparked a long speaker's list. Delegates were cautioned to focus on strategies for working together as opposed to breaking apart. Hesquiaht Interim co-negotiator, Sennen Charleson, informed the table that he has just finished developing a comprehensive treaty model that addresses many of the issues that have been raised so far. Karla Point, also of Hesquiaht, has developed a second document that Charleson says fits nicely with his own. He offered it up to be copied by anyone that wants to use it as a reference.

Charlie Cootes said that we would never agree on any AIP as long as we are dealing with treaties that don't offer fair value. As time goes by and the value of our dollar drops, the value of our treaties drop proportionately. He suggested that the table address this issue with the other two governments.

The nations that voted yes to the AIP requested an in-camera session. Robert Dennis reported after the session the six tribes that voted yes to the AIP would like to meet with Canada and BC on August 9. Their objective is to determine whether or not the two governments

would be willing to move forward with negotiations with a smaller negotiating table. Dennis said further that the group would like to negotiate as a larger group but they do not want to be hindered in their quest to carry on with negotiations.

"All we've done in the last seven years is to create a list of issues to negotiate, once approved the real negotiating begins," said Larry Baird, Ucluelet negotiator. He added that the yes group has been working hard the past four months to find common ground with the no group, but that they also see the importance of getting on with negotiations.

The meeting adjourned for the day. The first order of business the following morning was devoted to reviewing the outcome of the Treaty Planning Workshop Sessions that were held July 12. NCN gathered to brainstorm the topics: BC Liberals and their proposed treaty referendum, communications, and collective strategies that could move the treaty process forward.

NTC Treaty Manager, Cliff Atleo Jr., reminded the table that even more strategic ideas might come out of the Chief's gathering, especially in terms of traditional strategies.

Hesquiaht Interim co-negotiator, Sennen Charleson, suggested that a group be designated to sift through the ideas produced at the strategy workshops. He suggested further that all treaty work including strategic ideas be compiled in a binder that can be accessed by all NCN negotiators and contractors hired to assist us in our negotiations.

Delegates agreed by motion that a working group would be established to deal with the treaty workshop materials. They will organize and analyze the information and bring forward recommendations to the larger table.

Robert Dennis of Huu-ay-aht and Charlie Cootes Jr. of Uchucklesaht made a presentation to the table about the impacts of forestry on their traditional territories. Their objective was to seek the support of the table for treaty-related measures designed to protect the resources while their treaty is being negotiated.

Dennis reported that Weyerhaeuser is proposing that fifty percent of their Annual Allowable Cut come from the portion of the TFL located in Huu-ay-aht First Nations territory. Unless they do something now, Huu-ay-aht will not have a land base to work with because there will not be a sustainable timber supply.

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"Prior to the signing of a final agreement," said Dennis; "it is our mission to ensure that Huu-ay-aht and Uchucklesaht have an adequate land base set aside for economic development purposes through an interim

B.C. Premier and Cabinet hosts Summit Chiefs



First Nations Summit chair Bill Wilson sits beside B.C. Premier Gordon Campbell and Minister in Charge of Treaty Negotiations Geoff Plant.

Over 170 Summit Chiefs and delegates met with Premier Gordon Campbell and his Cabinet members in Vancouver on Friday, August 17th. This was the first meeting with Cabinet since the days of Bill Vanderzalm and Social Credit Government.

Chief Len George of the Tsleil Watuth First Nation began the meeting with a prayer song and Campbell followed with opening comments and introductions. All of the cabinet ministers were present except Christy Clark, Deputy Premier and Minister of Education.

This new government, like all others before it, talked about hope, prosperity, community and fairness. Many of the chiefs have heard the rhetoric before and listened with a measure of caution. The three Summit Task Group members, Bill Wilson, Kathryn Teneese and Gerald Wesley presented a number of issues on behalf of the collective.

Wilson began with a brief summary of the struggle for aboriginal rights, land claims, the origins of the BC Treaty Process and then commented on the current state of the process.

"This process is on its deathbed. If we do not do something soon, this process will die," said Wilson. "We are nearly 200 million dollars in debt. I don't know how long we can be expected to continue to borrow money against our grandchildren's future, without making progress toward the protection of that future."

"This process is on its deathbed. If we do not do something soon, this process will die," stated Wilson emphatically. He further commented, "We are nearly 200 million dollars in debt. I don't know how long we can be expected to continue to borrow money against our grandchildren's future, without making progress toward the protection of that future."

Wilson noted that even the right-wing Fraser Institute's own research indicates that as much as 2 billion dollars a year in foreign investment is being lost due to the uncertainty of unresolved title. Certainty cannot be just another form of extinguishment however, clarified Wilson. These sentiments were echoed later by Chief Ed John who said, "Business cannot be done on the backs of aboriginal people. The certainty that

you need comes from the aboriginal people in this room."

Kathryn Teneese followed up with comments on the referendum, public involvement, compensation and interim measures. Teneese also cited specific First Nations where action needs to be taken soon, including Huu-ay-aht/Uchucklesaht, Snuneymuxw and Sliammon.

In response, Campbell stated that BC is willing to work the federal government to "negotiate treaties that are fair, just and honourable." He also stated that the province supports the 19 Principles in the BC Claims Task Force Report of 1991, which spawned the beginning of the BC Treaty Process.

Geoff Plant, Attorney General and Minister responsible for Treaty Negotiations reiterated that BC was committed to the referendum as a means to achieve greater public input into the treaty process. Plant also stated that, "The will of the people as expressed by a vote in a referendum, cannot by law, undermine aboriginal rights."

The province plans to strike an "all-party" committee next week to, among other things, draft potential referendum questions. Campbell also stated that, "one size, fits all solutions do not work" in response to concerns raised over the Nisga'a Final Agreement being used as an inflexible template.

Judith Sayers, Hupacasath First Nation Chief said to Campbell, "You continue to proceed with impediments and road blocks to the just resolution to this process. Your New Era document states that you will vigorously defend crown ownership of the land. We own this land, lock, stock and barrel." Sayers further questioned the matter good faith negotiations with BC planning to pose a reference question to the Supreme Court regarding Aboriginal Self-Government. "Is it now ok for us to go to court too? We can make your court system grind to a halt. Is that what we want? No, we want to come to the table and negotiate a just resolution."

Nelson Keitlah, Central Region Co-Chair commented that the current lack of mandate and political will is frustrating. "Is it really true that you want to work with us? Early indications say, no."

Wilson said he is encouraged by the actions of the new government so far, but remains cautious about the future.

Fisheries - ǎa-ǎa-ṭuk

Huu-ay-aht starts Abalone Aquaculture Project

By David Wiwchar
Southern Region Reporter

Hidden behind a black plastic curtain, deep within the laboratories of the Bamfield Marine Station, Huu-ay-aht's next big venture lies quietly in a bubbling aquarium.

23 Pinto Abalone ranging in size from 2 to 4 inches across, mark the start of a collection that will eventually repopulate the once rich Numukamis Bay.

The joint project between the Huu-ay-aht First Nation and the Bamfield Marine Station (BMS) has a permit to collect 80 wild abalone by the end of the year, which they have partly gathered from King Edward Island in Barkley Sound. The collected Pinto Abalone (Haliotis Kamtschatkana) will be held in a series of aquariums to spawn, which can be manually triggered by changing the water's temperature. The juvenile abalone will incubate for 4 to 7 months, before being moved to a series of 9 raceways until they reach a certain size, when they will be moved into another tank, before being moved either to a grow-out tank or onto the beach to grow as adults. The whole process takes about a year.

Year old abalone measure only a half inch across their shell, but after 3 years they become marketable once they measure 2 inches across, and after their fourth year reach a highly sought after 4 inch size.

According to Abalone Project manager,

Guy White, the Pinto Abalone doesn't grow as fast as the California species, but since they are closer to the native Japanese species they command a higher price on the lucrative Japanese market.

"There's a great future in abalone aquaculture," said White, adding the current price for abalone is \$16 per pound in the shell, and \$30/lb. for just the meat.

White, a former commercial fisherman, has been "playing with abalone since 1964" and had his own abalone hatchery near Victoria which operated from 1980 to 1990. In the 1970's White was an abalone harvester until the price of abalone and subsequent fishing pressure caused the fishery to crash. The fishery was officially closed in 1983, but poachers continue to harvest abalone, which still earns \$16/lb. on the black market.

Japan remains the largest importer of abalone, getting farmed product from Australia, South Africa, California, Taiwan and France.

BMS has committed a new wing of three rooms to the abalone project which will soon contain a lab, an office, and a settlement room.

With an initial \$400,000 budget from Fisheries Renewal B.C., and the Habitat Renewal Salmon Enhancement Program (HRSEP), as well as in-kind contributions from BMS, the Abalone project has a capacity to produce up to 25,000 seed abalone annually.

Two of the seven project directors are Huu-ay-aht (Tyee Ha' with Spencer Peters and Huu-ay-aht Councilor Stella Peters), and the project hopes to train and employ Huu-ay-aht members for the habitat restoration, transplanting, and open water rearing of the abalone.

"This is a pilot scale hatchery which will prove that raising Pinto Abalone can be done," said White. "It's very expensive to raise abalone but we've got the perfect spot for it here with the local knowledge, professor's knowledge, and a lot of grad students and community people to run the operation."

White predicts the first transplant to Numukamis Bay will happen in May or June of 2002 with sales starting in 2005.



Shellfish remains closed

By David Wiwchar
Southern Region Reporter

Much of coastal B.C. remains closed to shellfish harvesting due to high levels of red tide, which causes paralytic shellfish poisoning.

The Department of Fisheries and Oceans has ordered closure of the West Coast of Vancouver Island, the North Coast and parts of the inside waters of Vancouver Island for bivalve shellfish harvesting.

Bivalve shellfish - such as oysters, mussels and clams; and rock, swimming and weathervane scallops - have two shells.

The symptoms from eating shellfish with high levels of paralytic shellfish poisoning can occur within minutes. They are numbness and tingling of

mouth and extremities, staggering, difficulty in swallowing or speaking, total paralysis and ultimately death if the person is not treated.

Paralytic shellfish poisoning is caused by naturally occurring algae in coastal waters. As the water temperature rises, so does the level of the algae. As the bivalve feeds it filters the water, concentrating the toxin in the flesh.

"Cooking shellfish that are affected by red tide does not remove the toxin," said Dr. Shaun Peck, deputy provincial health officer.

Because shellfish closures change frequently, harvesters are encouraged to check for listing of recent closures before fishing. Up-to-date information is available at 604-666-2828 or at <http://www.pac.dfo-mpo.gc.ca/ops/fm/shellfish/Biotoxins/biotoxins.htm>.

Nations Clarify Positions

Summary of Issues Nuu-chah-nulth Tribes that voted "no" to the March 10, 2001 AIP

Why Ahausah, Ehatesah, Hesquiaht, Tla-o-qui-aht & Tsesahht said No

Several First Nations continue to work with their community members to better understand the reasons for rejection of the Agreement-in-Principle, dated March 10, 2001. Most First Nations, however have a solid grasp of the main issues that caused the defeat of the AIP. They are as follows:

Ha'wiih - Most nations felt that there was insufficient recognition of Ha'wiih, Beach-keepers and their Ha'hoolthee. It was pointed out that the role of the Ha'wiih is actually stronger in the Central Region IMEA than there was in the March 10th AIP.

Taxation - Concerns were raised over removal of Income and Transaction Tax Exemption, Jurisdictional Issues with regard to non-native income, corporate and property taxes.

Lands - Insufficient Land Quantum. Many were disappointed at moving away from the principles of the Pre-emption Act. Specific concerns were raised over Broken Group Islands, Meares Island and Parks in traditional lands. Lack of foreshore and submerged lands ownership as well as the status of lands - modified fee simple.

Fish - Change in status of aboriginal fishery - Currently 2nd only to conservation, with AIP NCN fishery would come after conservation as well as public health and safety. Some felt that this was vague and left too much room

for displacing the NCN fishery. Concerns were also raised regarding allocations and the fact that only Food, Social and Ceremonial fish were constitutionally protected and not the Commercial fishery. Finally objections were raised with regard to the ultimate authority and discretion of the Minister of Fisheries and Oceans.

Governance - In addition to the lack of proper recognition of Ha'wiih, many felt the imposition of the democratic system was further undermining of NCN traditional governance systems. Others raised concern over what seemed like inordinate amount of power given to the NCN "central government" specifically on matters such as Expropriation.

Access - Many felt that the level of access sought by BC and Canada went too far, in fact going farther than it would compared to normal fee-simple lands. Some tribes indicated that if more Treaty Settlement Lands were offered they would more amenable to the issues of Access.

Consultation - The provisions pertaining to consultation were not deemed sufficient. It was pointed out that the terms of consultation are stronger in the Central Region IMEA.

Indemnity Clause - While some acknowledge that a treaty will may not be achievable without an indemnity clause, it was felt that this particular clause was too strong in favour of BC and Canada.

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Personal injury litigation, including motor vehicle accident injury claims

'Bad Blood' continues to fuel discussions

By David Wiwchar
Southern Region Reporter

Vancouver - The Canadian Institutes of Health Research (CIHR) is continuing their interest in Nuu-chah-nulth blood samples unethically used for anthropology research by Dr. Ryk Ward.

The 883 vials of blood came to prominence last year after it was discovered that they were used against the wishes of the donors and were at Oxford University in London England.

Taken under the guise of a federally funded research project on rheumatic diseases, the Nuu-chah-nulth blood has been inappropriately used for biological anthropology, genetic, and AIDS research since being collected in the mid-1980's.

At a meeting at the UBC Longhouse, medical ethics experts and First Nations health leaders met to discuss the future of the Nuu-chah-nulth blood, as well as ways to ensure similar situations do not reoccur.

"Genetic research has happened, continues to happen and will in the future happen in Aboriginal communities," said Dr. Jeff Reading of the CIHR Institute of Aboriginal Peoples Health. "This situation is a great opportunity to grab the tiger by the tail and control how things are done in First Nations communities."

The three-day event was "An Exploratory Workshop on a Tribal Controlled DNA Bank" and focussed on how First Nations can better control researchers treatment of donated blood and tissue samples.

The Nuu-chah-nulth experience was presented along with other horror stories from First Nations across Canada and the United States, which made it clear to all that a better system of controls needs to be put in place immediately.

"First Nations have been geneticists for centuries. Even today the first questions we ask of each other is who we're related to," said Dr. Francine Romero, an epidemiologist with the Northwest Portland Area Indian Health Board. "Genetics is a tool for medical research, and sometimes that tool has been used in the wrong way," she said.

According to Romero, her Nation recently succeeded in repatriating more than 500 ancestral remains from the Smithsonian Institute in Washington D.C.. Tribal Elders and Leaders now have to figure out how to rebury them in a manner consistent with their culture even though the disturbing and removal of human remains is a foreign experi-

ence.

"500 people were taken from their resting places in the name of science," said Romero. "When a person goes on to the next world, there are all types of things that are done to prepare them for their journey. Archaeologists by trade are opposed to this worldview as it's their job is to dig up these bones," she said, illustrating the point that ethical changes have to begin with the education of research professionals.

"For things to change there has to be an outside force that pushes us to change. Otherwise these very conservative organizations will keep the status quo and will not change on their own," said Dr. Michael McDonald, the Director for the Centre for Applied Ethics at UBC, and one of the four members of Canada's Tri-Council Ethics Policy Board.

"This is a huge issue for Nuu-chah-nulth, and it is an issue that the governments have refused to talk about at the treaty table," said Ucluelet Chief Councilor Larry Baird, who suggested the group's next meeting be held in Nuu-chah-nulth Territory to educate and inform people of what will continue to be an issue well into the future. "We want the blood that was taken from us to be brought back home from England, and we want to make sure that it does the work it was supposed to. We were led to believe that it would help those like me who are suffering from arthritis. It can still do that but only if we bring it back home and make it happen," he said.

The main issue is where the blood products will be stored, and what kind of review board will be put in place to ensure any research done fits with Nuu-chah-nulth needs.

"We started out in January with a discussion of a case study where a community is concerned about what has happened to their genetic materials," said Dr. Joe Kaufert from the University of Manitoba. "Now, seven months later we're back to talk about putting together a genetic bank and a control board to prevent similar cases from reoccurring."

Participants from B.C., Manitoba, Ontario, Quebec, Northwest Territories, Washington, Oregon, Nevada, Arizona and Colorado vowed to meet again to continue the discussion of how Nuu-chah-nulth people can get their blood back from England and set up the various processes required to make it a model for all other Nations across Canada and the United States.

Potluck Dinner Hosted For Urban Residential School Survivors

By Jack F. Little
Northern Region Reporter



The NTC Healing project sponsored a Potluck Dinner for the Urban Nuu-chah-nulth who reside in the Campbell River area. It was held at the United Church at 415 Pinecrest.

There have been a few meetings held now for the Urban Nuu-chah-nulth who reside in the Campbell River area. They are also held in other Urban Communities where our Nuu-chah-nulth Living Away From Home reside.

Lisa Charleson who is originally from Hesquiaht was one of the organizers for this Potluck Dinner and meeting. Her role was as a Facilitator as she assisted Vina Robinson, Healing Project Urban Outreach Worker in coordinating the meeting. Vina unfortunately could not be present. Everyone then sat down and enjoyed a feed of Smoked Fish and Herring Eggs.

After Dinner, Lisa opened the formal meeting. "I would like to welcome everyone here tonight to our first Potluck Dinner and meeting. We would like to meet on a regular basis and be consistent" Lisa said. She also said that she would like for everyone to get to know one another and establish unity.

"This is your meeting and my role is to just be a facilitator," said Lisa also assuring the survivors that where they are is a safe place. Safety is important in each session. The floor is open for anyone who wishes to say a few words.

August Johnson from the Mowachaht/Muchalaht First Nation spoke about his experience in Residential School. He mentioned that our history is really important, and also gatherings such as this. Food plays a major role for us as a people. This is when our families, elders taught their family, Haahuupa (lecture or teach). This is our teaching from our forefathers. One of the suggestions he also made was to establish another list of names for those who were sexually abused.

"Our parents, grandparents and elders lost their responsibility of looking after their children because of Residential Schools," said August. "They should be compensated for this. The children should be compensated for the loss of their culture, loss of identity and the abuse they suffered."

Archie Little, Co-chairman for the Northern Region thanked Lisa for organizing the gathering, and especially for the food. He also acknowledged August and thanked him for sharing his words. It is important to move on, take the next step and have responsibility. "It is time for us to take ownership of our own lives. We have to have solutions

and we also have to stop blaming", Archie said. He talked about the importance of our relationships to each other and said that our grandparents taught us; they laid the foundation for each one of us. It is important to stop and listen when an elder, grandparent or anyone is talking. One of the biggest abuse's he also mentioned was the cultural abuse and the loss of our culture. He concluded by acknowledging the work that Lisa is doing and also Phillip Lucas.

Think positive; learn from our past and he encouraged people to tell their story. Phillip Lucas, Northern Region Healing Project Worker then spoke. He has been sober for the last 19 years and many people have helped him along the way.

"When I came out of Residential School I had very low self esteem", Phillip said. "There are many obstacles out there today, however we must be accountable and take responsibility. One of the biggest things forgiveness. If you don't forgive, you will still be controlled by that person or the issue." He is glad that our culture is coming back. Phillip concluded by saying that there are all kinds of resource material as well as resources available for Residential School Survivors.

Lisa thanked everyone for attending. Suggestions brought forward for future meetings included Talking Circles, Guest Speakers, Potluck Dinners as well as other topics. She mentioned to feel free to add to the list of suggestions. One of the main suggestions was the importance of "consistency".

As a result there are regular scheduled meetings the first and last Tuesday of every month in Campbell River. The evening was concluded with a prayer.



Urban Residential School survivors enjoy dinner in Campbell River.

The Tsesahht Traditional Use Study (TUS) Project is having an Open House

on August 27/28, 10am-3pm, in the upper level of the chi chu aht House (Tsesahht Treaty Office). The Tsesahht TUS will be displaying a lot of the artifacts, traditional lands, histories and legends of the Tsesahht People. We will have Snacks and Refreshments. Door Prizes!



Make Children First Presents Dr. Carl Dunst On October 18th, 2001 in Port Alberni

Article by Jackie Watts, Sr. Infant Development Worker & Supervisor
Everyone is invited! Location to be announced.

Free childcare will be provided on site (limited availability)

Dr. Carl Dunst is an internationally known researcher and speaker.

Anyone interested please attend, especially adults who care for children (aged infancy to 12 years). Find out what everyday things you can do with your child to make their lives strong and rich.

To pre-register, call Deb at the Port Alberni Health Unit at 724-1281.

Yuquot Days Opening Ceremony

By Jack F. Little
Northern Region Reporter

There were over 200 people who attended the opening of the Annual Yuquot Days held at Yuquot on Sunday, August 12th, 2001.

Margarita James, Cultural & Heritage Coordinator was quite pleased with the turnout to start the popular annual event. She also has been busy planning and organizing the Yuquot Days. Local residents of Tsaxana, Gold River, tourists and dignitaries attended from Indonesia, Mexico, Japan and the British Consulate-General.

A delicious Salmon Barbeque plate was served for all of the guests. Local singers sang a dinner song prior to serving the guests. Si Lucas (Hesquiaht First Nation) said a prayer prior to the afternoon's program. Margarita then introduced Chief Mike Maquinna to welcome everyone.

Mike thanked everyone for coming and welcomed them to Yuquot. He as well as his family had mixed emotions. His father Ambrose Maquinna had just recently passed away. Late Ambrose had always looked forward to the Annual Yuquot Days. It was an emotional day for family members as well as friends. Mike wished everyone well and said that in the future we may be needing a bigger boat to transport everyone to their Annual Celebration.

It was one of late Ambrose's passions going back home to Yuquot, he loved going home and having people come to visit Yuquot, Margarita said. Beulah Howard, her son Stephen and young dancers from Mowachah / Muchalaht then performed for their guests.

It was one of late Ambrose's passions going back home to Yuquot, he loved going home and having people come to visit Yuquot

After this, the local dignitaries were introduced and special guests and included: Rod Visser - MLA, Gold River Council member Craig Anderson.

Special acknowledgement went to visiting dignitaries Mr. Ian Kydd - British Consulate-General, and Consulate-General's from Japan-Yuichi Kusumoto, Mexico-Guadalupe Albert, and Indonesia-Marlis Syamsuddin.

There is a special relationship that has developed over the last few years between the Mowachah / Muchalaht First Nation and the Spanish Government. In honour of this special day there was an exchange of gifts. Each Nation presented Chief Mike Maquinna with gifts. Mike thanked them for their gifts and said that hopefully their Nations can continue their friendships.

There were approximately 200 people who attended the opening of the Annual Yuquot Days held at Yuquot on Sunday, August 12th.

Mike then presented a wonderful carved mask to Ian Kydd on behalf of their Hawaii & Community. Stephen Howard made the mask and was introduced to Mr Kydd. Margarita then presented various organizations and local community members with gifts on behalf of Mowachah / Muchalaht for their support of the Boardwalk Project and Yuquot Days. "Without your support the Boardwalk project may not have been possible," she said.

The Yuquot Boardwalk Crew were then introduced and presented with gifts also and they were Ben Jack Jr., Ray Williams, Louie Johnson, Jimmy Johnson, Arnold James and Jim Lavoie. The crew must be commanded for their hard work and dedication.

Archie Little, Co-chairman for the NTC Northern Region spoke. He thanked the Hawaii and Chief and Council members for the invitation. "I would also like to acknowledge how close we are becoming. We are almost as one here and there are no barriers." Archie said. Margarita thanked all of the cooks, volunteers and the staff for their support. She made a special acknowledgement to the summer students and to Cecelia Savey for the great Bannock.

Treaty Process inches forward

continued from page 3

measures agreement or treaty-related measure."

The table agreed to support Huu-ay-aht and Uchucklesaht in their effort to protect their resources during treaty negotiations. The two Nations will make their initial presentation to BC and Canada at the August 9 meeting in Tofino.

Ha'wiih Protocol Worker, Willard Gallie, reported that the Museum Committee needs to decide where the Hupakwanum exhibit would go and to ensure that our protocols were respected by the museums that take the exhibit.

Right now it is in the Royal BC Museum in Victoria waiting to be set up at its next venue. "The Hupakwanum Exhibit now enjoys international recognition," said Gallie, "It helps bring to the world Nuu-chah-nulth culture from our perspective. It teaches the world what we are about and what we seek to achieve in our treaties."

He reported that Arizona and Alaska have expressed interest in the exhibit

and that Michigan is interested for 2004. After that it will go on a European tour, probably starting in Germany.

Willard Gallie reported that Arizona and Alaska have expressed interest in the Hupakwanum exhibit and that Michigan is interested for 2004. After that it will go on a European tour, probably starting in Germany.

Gallie asks that a new committee be set up to carry on the work that our touring exhibit requires. The new Museum Committee will be Nelson Keitlah, Michelle Corfield, Hudson Webster and Helen Dick. Willard Gallie Sr. and Clifford Atleo Jr. will serve as support staff. Other members may be appointed by their respective nations at a later date.

Government finds many backroad bridges unsafe

By David Wivchar
Southern Region Reporter

A recent report from the BC Forest Practices Board says those who build logging roads in the public forests need to make sure they're inspecting and maintaining their bridges better.

The report calls on forest companies and the forest ministry to ensure their inspection and maintenance programs are up-to-date and repairs are undertaken, consistent with the Forest Practices Code.

During the course of regular audit work over the past two years, the board has found over half the bridges audited did not comply with the code in some way. In three cases, the board found the non-compliance to be significant.

"Given the large number of bridges on logging roads in British Columbia, the high level of industrial use and the increasing number of backcountry enthusiasts using logging roads to get to their destination, the potential for harm to people and the environment is significant," said board chair Bill Cafferata.

The report provides examples of problems board auditors have seen, including bridges with no signs to

clearly indicate the load limits for the bridge, and bridges with missing or broken guardrails.

"Given the large number of bridges on logging roads in British Columbia, the high level of industrial use and the increasing number of backcountry enthusiasts using logging roads to get to their destination, the potential for harm to people and the environment is significant," said board chair Bill Cafferata.

Of the 19 compliance audits conducted by the board in 1999 and 2000, auditors physically reviewed 277 bridges. Just over 50 per cent - 140 bridges - turned up some level of non-compliance. Half of those problems fell under regulations about public safety.

"We're hoping this report will make government and forest companies aware of the issue so they can take any actions needed on bridges under their responsibility," said Cafferata.

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Solander Sinks; Seven Survive

By Denise Ambrose
Central Region Reporter

Tofino - Seven crew members and passengers were plucked from the frigid waters of Clayoquot Sound ten minutes after the boat that they were on slipped beneath the waves.

MV Solander, an Ahousaht freight boat was on a regularly scheduled freight trip from Tofino to Ahousaht on Wednesday, August 1st. The fully loaded boat had just left the Tofino government dock shortly after 4:00pm making its way back home to Ahousaht. A source that was aboard the boat described a feeling of unease as the boat left the safety of the dock; "It was already listing to one side when we left."

A source that was aboard the boat described a feeling of unease as the boat left the safety of the dock; "It was already listing to one side when we left."

Unconfirmed reports speculate that the weight of the load had been distributed unevenly aboard the ship.

Less than ten minutes into the trip, the Solander, having just passed the Meares Island village of Opitsaht started its final roll onto its side. Recognizing that the boat was going down, John F. Frank ordered everyone off the boat. Not long after, Solander found her resting spot on the sandy bottom.

Seven people, two of them, young boys, bobbed in the cold water waiting for rescue. For Eddy Frank, John Frank, Nelson Frank, Ryan Frank, Brandon Frank, Billie Hayes and Kennedy Frank, the 10-minute wait felt like 10 hours. Fortunately for them, people in Opitsaht witnessed the accident and rescue boats were immediately dispatched.

The experience was especially difficult for two brothers that were aboard, Ryan and Nelson. The two young adults struggled in their rain gear to keep their young cousins, Brandon and Kennedy above the waves.

Rescuers report that they reached Ryan Frank just in time. The young man was slipping under the water while holding his young cousin over his head, risking his own life to save someone else.

Thanks to the quick response of John Tom Sr., Terry Tom, Alfred Tom Sr., Irvin Frank and Dennis Manson of Opitsaht, a real tragedy was averted. Another man, owner of the Sea Star, known only as 'Peopo' was also involved in the rescue. The survivors were transported to Tofino where people from Tla-o-qui-aht and Ahousaht waited in their cars to bring them to the hospital.

Though everyone was shaken, all were released from hospital in good condition.

A cleansing ceremony was organized in Ahousaht the weekend immediately following the accident. The Frank family from Ahousaht utilized their family's traditional methods to 'cleanse' the seven survivors.

The Frank family from Tla-o-qui-aht also participated having equally close ties to many of the survivors. Chief Wickaninnish, George Frank, of Tla-o-qui-aht said a heart-felt thank you to the rescuers. "I thank you from the bottom of my heart for saving my nephews and my grandsons. A special thank you to my nephew, Ryan, who risked his own life to save his cousin, my grandson, Brandon."

Wickaninnish and his family presented blankets to each of the survivors and all that were involved in the rescue. Several other were acknowledged in the same way including those that were involved in the cleansing ceremony and the dinner preparations.

Eddy Frank thanked the people for coming to the ceremony. In an emotional speech he described what it was like to survive a boat accident. "I never prayed so hard," he said, "Alfred Tom, you were a God send, a sight for sore eyes. Because of you I am able to come back to my children and grandchildren. I want to thank both Tla-o-qui-aht and Ahousaht for all that they did to bring us home safely."

Dedicated, Hardworking Students

By Naomi Ann Watts,
Ha-Shilth-Sa Reporter

Job well done... Says the staff of Rainbow Gardens. On August 9th there was a delicious luncheon provided to the summer students of Rainbow Gardens. Expressions of thanks and gratitude were stated by a number of the staff.

Job well done... Says the staff of Rainbow Gardens. On August 9th there was a delicious luncheon provided to the summer students of Rainbow Gardens.

Hired this year were Kim Erickson, Jack Little jr., and Jack Thompson jr. These students' received great compliments from both staff and residents of the Rainbow Gardens this year. These young people were all energetic and motivated workers. Kim mentions how she very much enjoyed the bowling activities and the time spent playing crib with resident - Jim. Jack Little jr. mentions how he enjoyed the Long Beach field trip as well as the bowling activities. He expressed how he enjoyed seeing the expressions of the residents when he worked one on one with them. He was always glad to know that the residents enjoyed themselves each day he worked with them. Missing from the luncheon was summer student Jack



Jack Little Jr. and Kim Erickson Thompson jr. Expressions of thanks too go out to him as well for the hard work he put into working with staff and residents of Rainbow Gardens.

Rainbow Gardens would like to thank N.E.D.C. for their support of sponsorship for the hiring of this years summer students.

Darlene Erickson, Gerry Thomas, Vi Wishart, Ben David, Bunt Cranmer, and Maria Giele all expressed thanks for the notable work done by these summer students and wished them all well with their continuation of education and future goals.



Staff and volunteers at Tsawaayus (Rainbow Gardens) honour their great summer students.

NUU-CHAH-NULTH TRIBAL COUNCIL

TOLL FREE NUMBER
1-877-677-1131

Nuu-chah-nulth Leadership have now established a toll free number to assist membership with any question they may have regarding treaty related business.

NUU-CHAH-NULTH LANGUAGE

Some phrases in the Nuučaan'uf language

The knife belonging to him-	ʔaky'akukʔi
Sea-	tupaʔ
Grandchild-	kaʔuuc
Grandchildren-	kakʔuuc
The mother of-	ʔomʔiiqsakʔi
Made-	ʔukʔiʔʔiʔ
Got frightened-	ʔiʔhatsiʔ
The ones who were cutting-	ʔiʔyaamʔinʔi

Submitted for haasʔiʔsa by Dave Watts, cʔiʔsaaʔath

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Aboriginal Working Group and Clayoquot Biosphere Trust

Would like to thank all the people for the success of the joint celebration of

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Chief Bert Mack of the Toquaht Nation
Ann Morgan and the Toquaht Nation
Barb Touchie and the Ucluelet Nation
Chief Moses Martin and the Tlo-o-qui-aht Nation
Ha-ho-payuk Dance Group
Jesse Stephens of the Ha-ho-payuk School
Hot Springs Elementary Dance Group
Nancy Van Heest of Hesquiaht

The Artisans and their display of beautiful Arts and Crafts
And all of the Volunteers

As you can see there were many people who made this special event possible.

If we inadvertently missed your name at all, we apologize.

Sports - Nim-cap-mis

First Tic Kaa li Kwink Games A Success

By Jack F. Little
Northern Region Reporter

The first Tic Kaa li Kwink games held recently in Zeballos were considered to be a tremendous success as an estimated 250 people attended the Games. It was co-hosted by the Ehattesaht and Nuchatlaht First Nations.

Ehattesaht First Nation took the lead in the organizing of the first games, as Margaret Miller was the first organizer of the games.

"The games were a real success, there was community involvement and appreciated that the event was alcohol and drug free", organizer Margaret Miller said.

This event was just for fun with the emphasis on participation and not competition. Even after three weeks, people are still talking about the Games. Community members from Esperanza, staff members Irene Robinson, Herbie Cook and Laura Graves of the Tlu-piich Games as well as the 2000 Nuu-chah-nulth Princess and Role Model Lynsey Amos & Hazel Cook attended and helped out.

Two of the major events were the Iron-man / Iron-woman Triathlon. Darrel Jack of Ka:yu:k'y'h/Ch:k'tles7et'h won the Iron-man Prince award and Tianna Thompson of Ehattesaht took the Iron-woman Princess award out of a dozen other competitors. They ran from the ball field to the community hall and back while wading across the water both ways.

The competition was inspired by memory of some of the organizers who as youth used to wade across the river with their clothes above their heads in order to attend the movies in Zeballos prior to the bridge being built.

In the Triathlon, Josh Billy of Ehattesaht won the adult category; Darrel Jack won the youth category followed by Troy John and Kyle Harry both from

Ehattesaht. Fourteen-year-old Meg Titian also from Ehattesaht was the only female competitor who gamely completed the course with encouragement from the large crowd.

The Triathlon competitors started with a swim from the dock float to the aeroplane float at the harbour, and then switched to bikes. They then rode to the old town bridge about 5 kilometres from town then back to town. After they biked, they ran to the community hall and back to the ball park.

Other events and highlights of the first games included the popular sack races, sprints, long and high jump and a frying pan toss.

The Ehattesaht also welcomed the visiting canoes from Nuchatlaht. Daniel Smith from Ehattesaht said that this was one of his highlights of the games. He also enjoyed participating in Softball or Slow-pitch and the Tug of War. Daniel also enjoyed watching the three legged race, and relay events.

Each evening there was also events planned and included a cultural night, traditional bingo and a youth dance. All in all it was a fun full event, and was enjoyed by all those who not only participated but watched as well.

Organizer Margaret Miller would like to especially thank all those that volunteered, helped in the planning and organizing as well as donated for the first Northern Games. One person in particular she would like to acknowledge is Audrey Smith for cooking each and every day. Audrey is an example of a "Volunteer" and what the games are all about. The patience of the children also needs to be acknowledged, Margaret said.

Each year the games will be an annual event and it will rotate in each of the Northern Region Communities. Next year it will be in Ka:yu:k'y'h/Ch:k'tles7et'h. Hope to see you all at next year's games.

Lantzville's Thunderous Bats Powers Past Opposition

By Jack F. Little
Northern Region Reporter

Lantzville overpowered their opponents in the Les Sam Thunder Annual Fastball Tournament in Port Alberni on August 4th, 5th, & 6th weekend at Rec Park. During the tourney the Lantzville team amassed 40 Runs with many of their runs coming via the long ball or extra base hits. Their defence and pitching was also pretty stingy as they only allowed 8 runs over 5 games. They defeated Ucluelet 7-0, Les Sam Thunder 6-4, Coulson's 8-0, and Hawks 13-3. In the final Lantzville played Rod & Gun from Parksville. The final score was Lantzville 6-Rod Gun 1.

Rod & Gun made it to the final by defeating Wickanninnish Hawks 4 to 1. The Hawks came in 3rd Place.

Other highlights of the tournament included games for the Hawks. In an exciting finish between the Hawks & Salt Spring, Keith Thomas hit a 3 run blast to win their game in the last at bat. The Hawks were losing 3-1 until Keith's dramatic homerun for the Hawks. Keith also hit what turned out to be the game winning Homerun against the Thunderbirds to make the score 3-0. They eventually won 3-2 in another exciting game. The Thunderbirds had earlier in the tourney defeated the Brewers by the same score, 3-2. Ron Dick Jr. and Thomas Dick each went 2 for 3 in the game with Thomas driving in the winning run. "It was a well played game and both teams played well defensively" said Coach Ron Dick Sr. The T-Birds also played another close game against Ahousaht as they won 3-1.

The hosts Les Sam Thunder (LSC) had easily the toughest draw in the tourney. LSC played Lantzville in their first game and lost to the eventual Tournament winners 6-4. It was a close game and LSC had nothing to be ashamed of in the loss. Coach Les Sam said that the Lantzville squad were once BC Champions in the Intermediate A Division. He added that they are a step up of our competition. LSC also played Rod & Gun and also lost another close game. In the 2nd, Jason Jensen reached base on an error to the center-fielder. After a bunt single and an infield base hit to load up the bases Lloyd Watts walked for LSC's first run. Two men reached base in the 3rd inning for Rod & Gun before the game was delayed due to the rain. It

was delayed at first 6:00 pm later that evening. But due to the rain all games were re-scheduled till the next day. A revised schedule was also made as each game now had a 1 hour time limit and a maximum of 5 innings. The next day the game was continued. Rod & Gun now had the lead 2-1. In the 5th, Bob Harlow hit a solo Homerun to put his team up 3-1. Boyd Gallic led off with a triple in the 6th. He eventually came home on a passed ball to make the score 3-2. Bob Harlow then retired the side in the 7th to preserve the win. Coach Les Sam said that he was not at all disappointed with his clubs performance in their tournament. Bob Harlow is a really good pitcher and Rod & Gun is a good team. He also added that he was just happy that the tournament was able to continue and especially finish.

Other scores in the tournament were as following: Ahousaht 13-West Coast Touch 0, Coulson's won by default against Tla-o-qui-aht, Salt Spring 8-Ahousaht 1, Brewers 10-West Coast Touch 1, Tla-o-qui-aht 13-Ucluelet 3, Brewers 3-Tla-o-qui-aht 1, and Coulson's 6-Brewers 2. Les would like to thank all of the teams who participated in the twelve team tournament. He especially would like to thank all of the fans who came out to support their respective teams who helped to make the tourney a success, even though the weather may not have been too cooperative. Special thanks and acknowledgement goes to the volunteers, sponsors, and officials (score-keepers and umpires). Following is a list of the trophy winners;

All Stars:

- Craig Cookman - Coulson's
- Doug Wilson - Wickanninnish Hawks
- Keith Thomas - Wickanninnish Hawks
- Mike Evans - Rod & Gun
- Justin Levins - Rod & Gun
- Bob Harlow - Rod & Gun
- Brooks Lehtonen - Lantzville
- Lee Clark - Lantzville
- Darryl Walker - Lantzville
- Top Batter - Lee Clark
- Top Pitcher - Steve Basset
- MVP - Steve Basset
- Top Coach - Dave Wilmer
- Joe Prest
- Most Inspirational Player - Anty Dunn
- 3rd Place - Wickanninnish Hawks
- 2nd Place - Rod & Gun
- 1st Place - Lantzville Merchants

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Thunder Bow Out Two Straight

By Jack F. Little
Northern Region Reporter

Les Sam Thunder bowed out two straight at the BC Provincial senior "C" Fastball Championship held at Pioneer Park in Nanaimo. The Championships were held August 10th to the 12th, 2001. In their first game Thunder played Nanaimo Budget. There was 14 Teams participating from from various parts of the Province

The long ball hurt Thunder, and they could not muster enough offence. In the first inning, Don Slaughter led off with a single. Mark Fleury then hit a solid line drive that just made it over the centre-field fence. Thunder went out silently in there half of the 1st. Don Slaughter then hit a 3 run Homerun in the 2nd inning. The score after 2 innings was Budget 5, LSC-0. In the 3rd, the long ball once again hurt LSC as Kirkland Lum hit a Homerun

In the bottom of the 3rd, Joe Charleson hit single up the middle with 2 out. Left Fielder Greg Simpson then hit a 2 run

Homerun. The score was Budget - 6, LSC - 2 after 3 complete. However Sean Stotts replied with another Homerun for Budget in the top of the 4th. There was no more scoring until the top of the 7th. Don Slaughter and Sean Stotts singled. Tim Patterson walked to load the bases. Harold Vaughn singled to centre-field to score 2 more runs for Budget. In Thunder's last at bat, Greg Simpson singled. He was then thrown out attempting to steal 2nd. Terry Charlesworth lined out to 2nd to end the ballgame. The final score was Budget - 9, LST - 2.

The winning Pitcher was Chris Basset as he pitched a 3 Hitter. Terry Charlesworth took the loss for Thunder. Don Slaughter led the way for Budget as he went 4/4 with 1 Homerun. Sean Stotts went 3/4 with 1 Homerun also. Greg Simpson had 2 hits, with 1 Homerun and Joe Charleson had 1 hit. Unofficial results of LST next game against a Victoria were another 9 - 2 loss to Victoria. The end result was LST lost two straight at the Senior Men's "C" provincial Championships.



For Sale

"Indian Residential Schools: The Nuu-chah-nulth Experience" Book

These books have been re-ordered and are once again available from our Nuu-chah-nulth Community and Human Services Program Office.

Also available "Nuu-chah-nulth Tribal Council Beyond Survival" Video.

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Nuu-chah-nulth canoes paddle to Squamish



Nuu-chah-nulth canoes arrive together at Ambleside Park in Squamish Territory

By Bob Soderlund
for Ha-Shilth-Sa

Over 40 sea going canoes traveled from the northwest coast to take part in the 2001 Squamish Canoe Quest.

They paddled from Washington State, Vancouver Island and from along the B.C. Coast. The visitors from each tribal area were escorted to the beach at Ampleside Park in West Vancouver by the hosting Squamish people in their canoes.

Upon arriving at the beach the visitors all asked permission to land. In most cases, they used their native language and songs to announce their arrival. The Squamish people replied with speeches and songs of welcome to all the tribes.

Chief Jerry Jack from Mowachaht First Nation said that one of the highlights for him was "when we went by Pacheena a whale went right under our canoe and came up the other side."

of the highlights for him was "when we went by Pacheena a whale went right under our canoe and came up the other side." The other memorable event on the journey was when the Mowachahts arrived at Ahousaht. Jerry says, "30 of their warriors walked into the water right up to their necks and put poles under the canoes, lifted us out of the water and carried us on the beach. It was unbelievable," said Jerry.



Some of the canoes traveled for several weeks from their homes to the final destination. For each of the participants there were special highlights and memories along the way. Chief Jerry Jack from Mowachaht First Nation said that one

Ahousaht canoes about to be welcomed to land in Squamish Territory. In the foreground is one of the Ahousaht Speakers Murray John Sr., and standing in the sterns are James Swan and Bubba Miller

(left) Carl and Joe Martin from Tla-o-qui-aht First Nations after their arrival in Squamish Territory. The Martin brothers have built 31 canoes since they started carving canoes in the 1980's. (below) Thousands of people lined Ambleside Park to welcome the canoes to the Squamish Canoe Quest 2001.



NCN Youth Competes at BCSSA

By Barb Lafortune,
for Ha-Shilth-Sa

16 year old Tla-o-qui-aht member Danielle Lafortune recently competed at the 2001 British Columbia Summer Swim Association (BCSSA) Vancouver Island Regional Championships held at the Victoria Commonwealth Pool. Danielle had her lifetime best overall swim meet, winning three gold, one silver and two bronze medals. This great performance qualifies her for the 2001 BCSSA Provincial Championships to be held this month in Trail, BC. Along with qualifying for the 2001 BCSSA Provincials in 4 individual events, Danielle's gold medal performance in her 50 metre butterfly event earned her the right to represent the Vancouver Island Region in the butterfly stroke in a special medley relay event against the best swimmers from the other regions of BC. Danielle also achieved a



Provincial Qualifying Time (PQT) meaning she ranks in the top 8 in her age class for the 50 metre butterfly event in BC.

Special thanks must go out to the Tla-o-qui-aht Band and Council who continue their emotional, spiritual and financial support of Danielle and her career goals. The good efforts of special people like

Francis Frank, Catherine Tom, Debbie David, Susan Wales, and Tom Curley of Choo FM will enable our young Tla-o-qui-aht to thrive and live out their dreams.

By writing the stories of Danielle, the knowledge and inspiration may arise in other Tla-o-qui-aht parents and children to work together towards realizing any child's dream.

Special love goes out to Grandma Violet George and Grampa Willy George who encourage and fight for Danielle's future. Danielle has a big family behind her, too big to list, but you all know who you are and she thanks you from the bottom of her heart for your support.

20th Annual Tlu-piich Games Opening Ceremonies, Three Inductees to Sports Hall of Fame Honored

By Denise Ambrase
Central Region Reporter
Photos by Sonja Drinkwater

Port Alberni - The 20th Annual Tlu-piich Games kicked off on August 10 under beautiful sunny skies. Opening Ceremonies were conducted after a day of Senior Men's Fast Pitch at Rec Park.

The 20th Annual Tlu-piich Games kicked off on August 10 under beautiful sunny skies.

Games Coordinator, Jocelyn Dick, welcomed everyone to the games, saying that she hoped that all would have an enjoyable time. She introduced the Games Committee members that were in attendance, Margaret George and Maureen Knighton, before introducing Tseshaht elder, Doug Robinson. Robinson offered his own words of welcome before performing the prayer chant. Dancing Spirit of Tseshaht was to perform the welcome dance, but, it was explained, out of respect for the Watts family would only sing the welcome. The Watts family had recently suffered the loss of a family member.

Tseshaht Council members, Marlene Dick and Gail Gus welcomed also welcomed the guests on behalf of their Chief and Council. Chief Councillor, Judith Sayers of Hupacasath also offered words of welcome on behalf of her First Nation.

Southern Region Co-chair, Richard Watts acknowledged the games volunteers and staff and also the First Nations that came to participate in the events. Jocelyn Dick introduced the Games Staff, Irene Robinson, Corey Miller, Laura Graves and Herbie Cook, thanking them for the effort that they put into this year's event.

The newly-crowned Nuu-chah-nulth Princess, Deanna Samuel, and Nuu-chah-nulth Youth Role Model, Kristen Young were given the honour of presenting certificates and photographs to the most recent inductees into the Nuu-chah-nulth Sports Hall of Fame.

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The inductees for this year are Willie Tatoosh of Hupacasath, the late James 'Jim Bob' Mack of Tseshaht, and Jack Thompson of Ditidaht. (See side bar for profiles) Jocelyn Dick again thanked everyone for coming to the 20th Annual Tlu-piich Games, encouraging everyone to participate in a walking event, the last event of the games.



James Mack was born December 4, 1972 and from a very early age was enthusiastically very actively involved in sports.

Starting out running in the Native Games, it was obvious that James was a natural athlete. He demonstrated great speed on the track and soon was using that speed on the ball field. Softball came very easily to him and he thoroughly enjoyed the competition, leading his team to victory on many occasions, always encouraging sportsmanship and fun.

Over the years "Jim Bob", as he became known as, played for many teams in softball and basketball, making friends wherever he went. He is not only a great athlete, but also an outstanding sportsman. He thrived on competition, giving one hundred percent of himself to everything that he done. About 4 years ago, James was asked to join the family slo-pitch team by his sisters, which he readily did. Family was very important to Jim Bob; so in

his second year, when other teams were asking him to join their club, he would always let them know that he had a team, his family.

Over the years "Jim Bob", as he became known as, played for many teams in softball and basketball, making friends wherever he went. He is not only a great athlete, but also an outstanding sportsman.

James passed away suddenly on February 17, 2000; his loyalty, sportsmanship and presence will be greatly missed.

I am nominating James Mack for the Hall of Fame for his athletic ability, more importantly, the sportsmanship he exemplified in everything he did. For all those who knew him and had the pleasure of competing with him, Jim Bob will be missed.



Jack Thompson was born On July 31, 1947 in Tacoma Washington, to Ida (nee: Modeste) form Cowichan and Webster Thompson from Ditidaht. He was raised in the village of Whyac to the age of seven, when he and brothers Charlie, Arthur and Sister Sharon were sent to Alberni Residential School in 1956. Being seven years old in the Rez was an experience not to be forgotten, also being bullied by the older and bigger boys, survival meant building your body and sports was an outlet for him. The rez and Alberni Elementary School and A.W. Neill Secondary School he became involved in gymnastics, soccer, basketball, softball and rugby. However, he excelled in gymnastics and soccer. He also played soccer with the Allberni Schemers, for a number of years. He entered in native soccer tournaments in Victoria, Powell River, Chilliwack, Vancouver as well as Port Alberni. He played with teammates such as the late J.B. Dick, the late Tony Fred, Jack Cook, Don Edgar, Barney Edgar, Russell Edgar, Robert Dennis Sr.,

William Dennis, and brothers Charlie and Art.

Jack has made a choice to change in the past twelve years, choosing a life of sobriety and to deal with the past, which meant revisiting the pain of the Rez experience. In June of 1997 he went to a program called "Choices" and in 1998 went to Texas SUPER SUPER "Choices".

He has also been with the Ditidaht Council as Councilor and has been elected Chief Councilor for the past 15 years. He is also the Chief Negotiator for Ditidaht for the Treaty Process.

He has been married to Nona (nee: Williams) since May 1967. They have 3 daughters, Iris, Wendy, Colleen and 2 sons Jack and Barry (The Bear). Both Jack and myself have encouraged our children to utilize education and sports to build their mind and body.

I think that Jack Thompson will be an excellent candidate for the NTC Sport Hall of Fame. Thanks for your consideration.

Nona Thompson



Willie Tatoosh is from the Huupacasath Tribe. He is the son of the late William Tatoosh Sr. of the Huupacasath Tribe and the late Dora Keesh from the Tseshaht Tribe. Willie was born on Village Island on May 11, 1918. Willie's fondest memories are of the times he would run and play on beaches of the islands. Willie was fortunate to spend the first ten years of his life with his grandparents and parents before entering the Residential School. Willie believes the traditional teachings he received during the first ten years of his life attributed to his successes in life, including his achievements in sports.

Willie was and still is very fond of sports, especially the sport of basketball and soccer. Willie's love for sports led

him to playing basketball and soccer while in school. Willie worked hard to become the outstanding defenseman on his basketball team. In the sport of basketball, where height plays a big part in success, Willie compensated for his lack of height with his incredible speed. Willie was very fast and he managed to give the opposing team "a run for their money".

In the sport of basketball, where height plays a big part in success, Willie compensated for his lack of height with his incredible speed.

Willie's dedication and commitment led him to becoming one of the many great Nuu-chah-nulth athletes.

Congratulations to this year's inductees to the Nuu-chah-nulth Sports Hall of Fame and to their families. From the Nuu-chah-nulth Tribal Council

T-Birds Defeat JJJR

To Start the 2001 Games

By Jack F. Little
Northern Region Reporter

The T-Birds defeated JJJR in another exciting ballgame to kick off the 2001 Tlu-piich Games Fastball held at Rec Park. In dramatic fashion in the bottom of the 7th inning they scored their winning run. Once again the T-Birds pulled out a win against JJJR who were playing their 3rd game in a row. Earlier in the morning they had defeated Ahousaht 10 - 0 and NEAS Howlers 10 - 3.

The T-Birds reached the Finals by defeating Ahousaht 10 - 3, the Howlers and JJJR in an earlier game in extra innings (10 innings) 7 - 6. In a very entertaining and exciting game the T-Birds prevailed. With the score tied 3 - 3 after 7 innings, the game went to extra innings. In extra innings the last batter out in the previous inning goes to 2nd base. After there was no score in the 8th inning, JJJR took the lead in the top of the 9th. The first 2 batters for JJJR struck out. Trevor Little came to bat. After a passed ball Jeff Gallic advanced to 3rd base on the play. Trevor hit to 2nd base and reached on an error. Jeff scored with JJJR's 4th run. In the bottom half for the T-Birds they tied the game once again Jason Dick hit a solid single to centre-field to score the runner from 3rd.

Bobby Rupert hit a single to score a run for JJJR in the 10th. He advanced to 2nd on the throw to Home by Sid Dick. Doug Wilson then followed with a RBI single for JJJR's 6th run. For the T-Birds, Thomas Dick then led off with a solid line drive to left field for a single. Trevor Little misplayed it for an error and Thomas ran around the bases through the stop sign of the 3rd base coach and scored as the catcher dropped the ball on the play at home.

The score was tied again. Sid Dick hit a single to right field and was sacrificed to 2nd by Ron Dick Jr. He advanced to 3rd on a passed ball, and catcher Doug Wilson attempted to throw him out. The ball sailed into left field to end the ballgame. Final score was T-Birds 7 - JJJR 6.

The NEAS Howlers placed 3rd. They played and defeated West Coast Touch 19 - 10, and Mowachaht 6 - 4 prior to losses to the T-Birds and JJJR. NEAS team is comprised by mainly young players and were led by the Lucas Brothers, Justin, Johnson and Lee Lucas. They are an up and coming exciting team to watch. The Ucluellet Lads lost both their games by default. In another game Ahousaht defeated Mowachaht 9 - 2. All of the players who were participating must be commended as they were playing in extremely hot weather. Following are the list of the trophy winners:

1st Place: T-BIRDS
2nd Place: JJJR
3rd Place: NEAS Howlers

Top Batter - Bob Rupert, JJJR
Top Pitcher - Bob Sault, JJJR
Top Catcher - Doug Wilson, JJJR
MVP - Boyd Gallic, JJJR
Most Sportsmanlike Player - Doug Wilson
Most Sportsmanlike Team - NEAS Howlers

Most Inspirational Player-Lee Lucas, NEAS

ALL STARS:

Ray Seitcher, Ahousaht
Justin Lucas, NEAS
Lloyd Watts, JJJR
Bob Rupert, JJJR
Gordon Robinson, JJJR
Richard Dick, T - Birds
Rob Epp, T - Birds
Martin Fred, T - Birds



(above) Youth Role Model and Nuu-chah-nulth Princess contestants anxiously awaiting the results from the judges.
(below) The young Princess' with their Elder sponsors.



2001 Tlu-piich Princess & Youth Role Model Crowned

By Jack F. Little
Northern Region Reporter

There were five contestants entered in the 2001 Youth Role Model Pageant and only one contestant in the Nuu-chah-nulth Princess Pageant. Miss Ditidaht, Deanna D. Samuel was crowned as the 2001 Miss Nuu-chah-nulth as she was the only entry. The Pageant was held at the Shewish House of Learning on August 4th, 2001.

The Youth Role Model contestants were Kristen Young from Uchucklesaht, Roxanne Taylor from Tseshaht, Devon Hansen, Tara Hansen and Irene Hansen all from Ka:'yu:'k'ih' / Che:k'lesTet'h'. Jack Cook, MC for the evening introduced each participant prior to their entrance. Prior to the evenings festivities to start, Doug Robinson did a Ciqaa (chant), and then also welcomed everyone to Tseshaht territory. "We are very pleased to once again host the Youth Role Model and Princess Pageant here in our traditional territory. I hope you all have a good time," he said.

Judith Sayers welcomed everyone also on behalf of Hupacasath First Nation. "It is important to have events such as the pageant and youth role model event. I also look forward to this time of the year, the Tlu-piich Games", she said. Richard Watts spoke on behalf of the NTC and Molly Clappis spoke on behalf of the Tlu-piich Games Committee. They each welcomed everyone also to the evenings festivities. Judith Sayers welcomed everyone also on behalf of Hupacasath First Nation. "It is important to have events such as the pageant and youth role model event. I also look forward to this time of the year, the Tlu-piich Games", she said.

Irene then spoke. She is also 17 years old and is in Grade 12. One of her goals once she completes school is to attend NITEP. Irene would like to become a Teacher. The final speaker was Deanna. She also spoke in our language and is the youngest participant. Deanna is only 14 years old. She is attending E J Dunn School. Her Mother Iris Lucas, who was the first Nuu-chah-nulth Princess'. She was encouraged by her family to enter and also wanted to get to know my people and fellow contestants. Each of the participants did a wonderful job in their speeches.

Prior to a short break, the MC Jack Cook acknowledged and introduced Richard Lucas and Ed Samuel, previous Games Coordinators, Iris Lucas, Betty Jean Knighton and Lizette Carlidge previous Princess'.

Laura Graves introduced the participants once again. She mentioned that she had just spent a week with the participants as a chaperone. They have all been great and have come a long way during this past few days. Each participant then had an introductory speech that they had prepared. The big evening had finally arrived for these young ladies. Needless to say, they were all nervous as they had never spoke in public prior to this evening.

Each of the contestants took a crash course on Public speaking under the tutelage of Vera Lucas and Deb Atleo from Toastmasters. They all took a two-hour course during the retreat for five days. Each of the young ladies spoke about their respective families and explained their family roots from both their parents sides. Kristen Young spoke first. She is a 16



Hazel Cook hands her Youth Role Model title to Kristen Young years old and goes to ADSS School in Port Alberni, and enjoys sports, music, computers and her culture. After she graduates, her goal is to become a lawyer.

Roxanne was next and before her speech, she acknowledged those who had lost a family member. She spoke in our traditional language. She is 19 years old and her goal is to go to North Island College next year and take Early Childhood Education and Care.

One of the comments she made is her worst fear is public speaking, and she said that she was very excited about the Youth Role Model and Pageant.

Devon spoke after Roxanne. She is 17 years - old student attending Lambrick Park School in Victoria. She also started her speech in our traditional language. Tara said that it is a pleasure meeting all of her fellow contestants and wished them all good luck.

Irene then spoke. She is also 17 years old and is in Grade 12. One of her goals once she completes school is to attend NITEP. Irene would like to become a Teacher. The final speaker was Deanna. She also spoke in our language and is the youngest participant. Deanna is only 14 years old. She is attending E J Dunn School. Her Mother Iris Lucas, who was the first Nuu-chah-nulth Princess'. She was encouraged by her family to enter and also wanted to get to know my people and fellow contestants. Each of the participants did a wonderful job in their speeches.

Prior to a short break, the MC Jack Cook acknowledged and introduced Richard Lucas and Ed Samuel, previous Games Coordinators, Iris Lucas, Betty Jean Knighton and Lizette Carlidge previous Princess'.

Nuu-chah-nulth Princess Deanna Samuel is 14 years old. She is attending E J Dunn School. Her Mother Iris Lucas, who was the first Nuu-chah-nulth Princess'.

After the Break, the Regalia Parade and Cultural Presentations followed and were done by each participant. They each explained the Regalia that they were wearing. The young ladies then proudly displayed their culture and talents. Irene sang a song that was given to her by her Uncle Tim Sutherland at her coming of age celebration.

FOOD FOR THOUGHT

By Marc Lalonde
Northern Region Infant Development Worker

Over the past 10 years of serving the Nuu-chah-nulth people, I have seen many improvements in the lives of children and families.

Children are being raised with love and respect, but one thing that is a major concern for me know is nutrition. I am afraid that too many children are having junk food as part of their meals, or as snacks. I'm sorry folks but a bag of chips and a pop is not a lunch, or a snack; and don't think that french fries are any better.

Children need wholesome food from a variety of sources.

Children should have nutritious meals and snacks, then junk food could be used as an occasional treat. Poor nutrition can cause problems like slowing down children's learning, being overweight, having weak bones, and developing diabetes.

A child's appetite can change from day to day. Some children will eat like bears one day and then hardly eat anything the next. My favourite saying is: "You cannot control how much a child eats, but you can control what she eats."

Most children only eat 1 or 2 full meals a day. They have small bellies and are filled very quickly. As you can tell, children are also very active, so they burn off their food very quickly. Young children are not able to eat enough to keep them going for more than 3 to 4 hours. By this time the blood sugar (glucose) has dropped and the child can be very cranky. Glucose is also needed to keep the brain working at its top level of performance. So healthy snacking is very important in keeping the blood sugar up.

Breakfast is a must. Children need to make up for a night time of fasting. Their bodies are in need of nutrition. If children start the day without a breakfast, they are already behind. Their bodies are undemourished, their

blood sugar is low, they tend to be cranky, and they are slower at learning. The most important thing to do is to keep a positive attitude.

You can prevent a lot of problems, by not making meal-times an issue. If you force her to sit until she eats all of her meal, then you can be setting yourself up for months and even years of feeding problems.

Children are developing their attitudes about food in the yearly years. If meal-times become frustrating, negative episodes, then children will develop a negative attitude towards food.

Start with a positive attitude right away, when your child is very young, by encouraging her to feed herself as early as possible. You can start with baby biscuits, after 6 months, but make sure you are there with her. By a year old, most babies are grabbing at the spoon and wanting to feed themselves. I know this makes a mess, but it is how she will learn to feed and take care of herself.

Letting a child have a desert after she has eaten is OK, but do not use food as a bribe or reward. This sends the wrong message, especially if junk food is used. It makes the junk food all that more desirable, because they get it as a bribe or reward.

Food is a part of everyday living, and should not be made into a special deal, except when it comes to ceremonies and feasting. If you can keep your children away from junk food, they will appreciate the taste of naturally sweet foods, like fruit. This will save you a lot of problems.

Keep an eye on how much juice, pop, and/or milk your child drinks during a day. These fluids often fill children up, especially if they drink a lot before meals. It is best to serve a drink, after the meal. Children only need about 4 to 6 ounces of juice a day; and children over two years old only need 16 to 24 ounces of milk a day. They really don't need to drink sugary liquids like, Cool-Aid, pop and freezies. Water is the best.

Health - tiic-mis

Sure children don't want water, but that has more to do with having a taste for sweet drinks and watching everyone else drink them. Show your children by example, eat right and drink plenty of water. In the summer months it is especially important to drink a lot of water. We are mostly made of water and we use it up in the hot weather, so we need to replenish our bodies supply of water.

Young children love to help out. They also love to create things. If you let your child help in preparing meals, she is more likely to eat it. She is part of the process and is now interested in the meal. She has some pride in getting things ready, and she will look forward to sharing her work with the rest of the family.

Keep a regular schedule for meals and snack times. Also, let your child know when a meal-time is coming up. This will give her a chance to finish playing her game, or at least wind it down before the meal begins. This way you can avoid having to drag her away from something she is enjoying, and forcing her to the table.

Offer small servings. Children are often overwhelmed with large meals. A plate full of food looks like a mountain to a child. There is no way she can see herself eating all this, so she is discouraged right away. Younger children (2.5 years and younger) can only sit for short periods of time, like 10 to 15 minutes. So don't expect them to sit still for a half hour meal.

One rule some families have tried is the "one bite rule". Children are not forced to eat everything on their plate, but they are told they need to eat at least one bite of everything, especially if it is something new. This way children are likely to try and at least eat something. Also be aware that some children do need longer to eat, and should not be rushed. But, if your child just picks at her meal, and you know she is refusing to eat, then there is nothing wrong with putting it away for later. Cover the leftovers,

put her plate in the fridge and then give it to her later, if she is hungry. Only do this for one day at a time, do not serve her this as a meal the next day. Let her have chance at starting over the next day. If you carry things through for days at a time, you will only discourage her from trying.

Vegetables can be grated and put into a variety of foods. Most children like spaghetti and will eat all sorts of vegetables, if they are grated into a spaghetti sauce. You can also grate vegetables into muffins, casseroles and meat loafs. Juicing vegetables and putting a little into tomato or apple juice is another way. Vegetables can also be offered, as a snack when children are most hungry, like before dinner. To avoid choking hazards it is best to give children under four years old partially cooked vegetables. Children over four years can usually chew well enough not to choke on raw vegetables.

To prevent choking, avoid giving young children (under four years old): popcorn, nuts, chunky peanut butter (use smooth peanut butter instead), seeds, raisins, hard candies and chewing gum. Cut sausages and wieners (hot dogs) length wise. Grapes should be cut in half, and the seeds removed. Bones should be removed from meat and fish. Make sure your child eats, sitting at a table.

Meat is often hard for children to chew. Sometimes all you need to do is make sure their meat is tender, ground, in a broth, or cut up into very small pieces. The reason we eat meat is for the protein. Protein is important for the blood and for muscle development. Other sources of protein are: eggs, chicken, fish, seafood, soya products, peanut butter on toast, beans and lentils.

The experts say the best ingredient for family meals is good conversation. When families eat meals together and have open discussions at the table, research has shown that the children tend to do better in school.



IS IT YOUR DREAM TO BE A NURSE?

(Continued from last issue)

By Jeanette Callahan
for Ha-Shilth-Sa

An Interview with Lucy Barney:
First Nations Nurse Lucy Barney, Program Manager for BC Aboriginal AIDS Awareness Program is presently doing her Masters Degree in Nursing at the University of British Columbia.

She is the only First Nations student in her class. She is working on her Masters part time and working full time. Lucy began her career by returning to high school and getting the required science subjects. She worked along side the teenagers and learned with them. Lucy's motivation to enter the health care field was similar to Ina's. She too had a fear of health care workers but her fear was due to some very poor health care experiences during her life. Lucy began her health career by working at the BC Cancer Agency as a Health Unit Clerk. She worked in many departments - chemotherapy, (cancer treatment) cytology (specializing in the study of cells), pathology (specializing in the study of diseased organs or tissues). She went on to work at the Richmond Hospital where she excelled at efficiency and organization in many departments including Emergency, Post Anesthesia and the Medical ward. Others remarked on her abilities and encouraged Lucy to enter Nursing. She was accepted into Langara College conditionally - as long as she upgraded in Math, Biology, English and Chemistry. Lucy was one of three First Nations

nursing students at Langara in a class of sixty (60).

How did you get through the science subjects? Although the prerequisite subjects were not easy, Lucy got through them by taking a positive approach to learning. "I got through Biology by taking an interest in how organs work - exactly...how the heart works, how the liver works, how the brain works - what are the functions, what do these organs do in the body; how do they work together? Actually it was fascinating. When you really learn how something works...it's amazing."

What helped Lucy through Chemistry was a good teacher. "The teacher made the subject really interesting." Lucy completed her first two years of nursing education at Langara College and then on to the University of Victoria and graduated in 1997. "What I liked about UVic was that it was adult oriented.

The faculty showed interest in and looked at our life experiences. The learning and teaching style was similar to our First Nations." The greatest reward for Lucy in becoming a nurse is "working with my own people...it's knowing the good you are trying to achieve". Lucy worked for the Canadian Diabetic Association for one year and now works for the BC Centre for Disease Control Society. Both opportunities have afforded her opportunities to travel across Canada and British Columbia. I have learned extensively from each of these experiences.

Lucy has a unique way of learning and relies heavily on the discipline of her spiritual practices and Indian Dancing.

She has had to learn how to "prioritize" what is important to her in education. When I was studying to become a nurse, the priority was to get my degree in nursing. I had to learn to "budget my time. That meant I often missed eating dinner with my family or watching a favourite TV program but I always found time to be with them. "I have learned the value of staying on track; of staying: focused and making the learning exciting. One of the ways I do this is that when I read an article or do my school work, I translate the material into MY WAY OF THINKING. I make a mind map of the article and I write my papers from my own perspective; from an aboriginal perspective. For example when I read about nursing theory or leadership management, I arrange my thoughts into how the concept works in First Nations society or homes or families. This way it is more innovative and that's how I make the learning exciting.

Lucy has thought carefully about how to use traditional knowledge and activities in her educational efforts. For example, Lucy uses the symbol of the Hair Braid from her preparation as a Dancer to explain and educate about disease and wellness. "I have developed the Braid Theory to deal with physical diseases, mental diseases and looking at the strength of our people. When we look at the braid, a lot of our people braid their hair and you can see how proud they are when they're taking care of themselves - nice, neat hair. What that represents is that you're proud and you're looking after yourself. Whereas when we wear our hair down, we don't care about our looks, so our hair is down - we're walking through life humbly. So that's what the braid represents. One strand is the body; the other the mind and the other the Spirit. So when we look at those diseases like Diabetes, HIV, TB - all those diseases that we're over represented in, then you look at either why we develop these physical diseases or what's preventing us from caring for those diseases in ourselves (like Diabetes) You look at depression under the mind, oppression, low self esteem, low education levels, suicide, addictions, all these things under the mind. And you have these physical diseases. You can't deal with either of those and why is because we've been missing the strength of our people, which is their Spirit - our

ceremonies, our prayers, our drumming, our singing, our dancing. All the pride that we have - it's been missing. So when you braid these three together (the body, the mind and the spirit) you have a wholistic program or self. So... the braid theory is something I have developed and I'm quite proud of it." When asked: **What would you like to say to First Nations students who are thinking of health careers**, Lucy says "We need more of us." Kids today are smart; they have so much going for them; they have more financial support, more understanding and support from family and Universities and Colleges are closer to home. I think there is less discrimination and more understanding than when I was growing up. (more to come) **What was your greatest surprise in nursing education?** That it wasn't about needles, 12 hour shifts, taking orders from doctors and working in hospitals. My biggest surprise was that I could become a Community Health Nurse; that there are so many opportunities for Aboriginal people in the health care field; that I could have a CHOICE of work because there are so few Aboriginal nurses; that I could make my job as exciting as I chose it to be; as I wanted it to be. If you know your job, you can be proud of what you do. If you choose to work as a nurse on a ward, it can be very exciting. There are great experiences to be had in the hospital helping patients. You can be sure that First Nations patients are so proud to see a First Nations nursing student! As aboriginal people, we have many healing ways and we don't always have to talk to share our healing. It's very important to take the time and show young people, whatever they want to learn, when their interest is high. **The most important point to learn in the health professions,** says Lucy, is "to learn to respect people and treat them how you would like to be treated." Lucy encourages First Nations nurses, students and would be nurses to look to their culture... "Know the strength of our culture and our people... It's my culture that got me through Nursing!"

to be continued in the next issue of Ha-Shilth-Sa (September 6, 2001)

Inviting all Ha'wiih
The N.T.C. C&HS Nurses will be receiving a prestigious award at the September 21 & 22nd NTC Meeting. We would be honoured if you could attend this evening event. To confirm, or for more information, please contact Jeanette Watts at (250) 724-3232

SPECIAL NEEDS FOSTER HOME
The Nuuchahnulth Community and Human Services requires a skilled two parent home, with no other children, to provide care for a teenager. The resource parents will possess solid behavioral management skills and have an understanding of Fetal Alcohol Syndrome. They will have good ability to work as a part of a team including, counsellors, school and social workers. For complete information please contact John Mayba, Social Worker 724-3232.

LUPUS is a chronic Inflammatory connective tissue disorder of unknown cause that can involve joints, kidneys, serous surfaces and vessel walls and occurs mainly in young women and children.
If you have lupus and would like more information, or would like to be a part of a support group, please contact your Community Health Nurse, or Jeanette Watts at 724-3232.

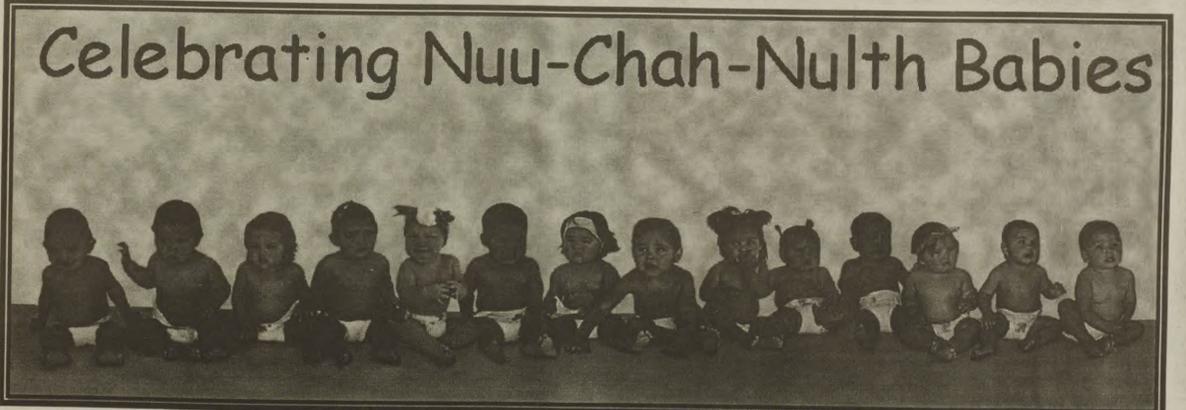
PORT ALBERNI FRIENDSHIP CENTRE
"Traditional Food & Lifestyle Workshop"
With Ray Seicher Sr.
August 27, 2001 (Monday), 9:00am - 3:00pm
Everyone welcome, No Cost.
Lunch will be provided
For more information, Please contact Delvina: @ 723-8281.

Adventures in Sobriety Craft Group:
With Gordon Fuller & Delavina Lawrence
Every Thursday
Aug. 23, 2001 - Aug. 30, 2001
9:00am - 2:30pm
For more information, please contact Delavina or Gordon @ 723-8281.

FAMILY HEALTH CENTRE
New & Young Families Welcome

Weekly drop-ins Confidential
Supportive Caring Counsellors
Kids play area Friendly Staff

Prenatal and Parenting Programs
3435 4th Avenue
Phone 723-1391



"Celebrating Nuuchahnulth Babies" is now available for ordering.
To order this wonderful poster, send your name, address, phone number and organizations name along with a cheque for \$30 (plus shipping and handling: \$8.50 for 1 - 3 posters, \$17 for 4 - 6 posters) to NTC Nursing Program, P.O.Box 1280, Port Alberni, B.C., V9Y 7M2
Please allow 3-4 weeks for delivery. Actual poster size is 43.1 inches by 15.7 inches. Poster is being sold "at cost".

Birthdays & Congratulations!



Son (Nick) vs Mother (Carol) - July 21, 2001

I would like to share with all readers about my son Nick is now a fine young man "14" already and you have fun...Life is too short to be serious, take your time growing, Nick my son, shares his feelings with me that is something I'm knowing. That his heart is beating just for me, his

I would like to wish my parents, Dave and Evan Smith a happy 27th wedding anniversary on Aug. 17th. Love, Jennifer and Roxann Smith.

We would like to wish two very dear friends of ours a happy 9th anniversary on the 8th of Aug. - Dave and Laurie Kochan thank you guys are wonderful people. Love Dave & Pearl Jacobson.

We would also like to wish Harvey Harris a happy birthday on the 11th of Aug. We miss you Harvey, come and say hi sometime from Pearl and Dave Jacobson.

Happy birthday to Jami Mundy and Richard Mundy on Aug. 12th. Love always Auntie Pearl and Uncle Dave Jacobson.

Happy birthday to our son Bruce Billy on Aug. 21st. We love you son, hope you enjoy your new bike. Love mom Pearl and Dave Jacobson.

We would like to congratulate our daughter Lee Anne (Angel) Billy for getting a scholarship. We are very proud of you keep up the good work. We love you very much from Mom and Dave Jacobson.

Happy Anniversary to Dave and Pearl Jacobson for Aug. 18th. From Laurie, Dave, Sandra, Lee-Ann, Sarah, Bruce and Ashley.

I would like to wish my Husband David George Jacobson a happy 1st Anniversary on Aug. 18th. There are no real words to express



I'd like to say "congratulations" to Leona and Hector Lopez on the birth of their baby boy born on June 20th, 2001 at M.S.A. Hospital. Weighing 8lbs. You'll both be great parents you both raised a good son already with Ryan, I know he will be a good big brother to little Mauricio Josue Lopez, my nephew a cutie-bah-tootie. Take good care of baby Mauricio J. Lopez. Love your sis, Shelly Pope.

so precious my son... His time well spent reaching out for freedom and space just have fun. Your gifts were full of surprises and the happiness and joy I remember the first time I was in labour with you and boy oh boy Nick it was or is a bundle of joy to hug and hold you always and forever. Nick is very intelligent, kind, generous, very obedient child ever... Nick has a special place in people's heart so the wants I recognize are his important family member especially his grandmother Marie Donahue. Thanks for getting Nick home safely and buying him a birthday cake. Words alone can't say enough I am not bragging, I am a proud mother. Being honest is the best medicine a person can find. Nick's personality is a splitting image of mine. Nick I know I am bringing you up the best that I can and I love you. So happy memories and cherish this poem with your body, mind and soul! Nick until than take care of your self and each other until next time. Written and Illustrated by: the editor that is your fine mom, Mrs. Carol Rose John-Mattersdorfer, your 3 sisters and 1 brother.

how much I love you. We have shared some rough times together but we helped each other through them. It is our strength our love for each other that got us through it all. In my heart I thank you all the time. You will always have a part of my heart because I have enough love for you to last a lifetime. And I want to continue spending a lifetime loving you. Thanks for being my husband, love always your sweetie Pearl Jacobson.

Happy 51st Birthday on July 31st to our Mom and Grandma Cheryl A. Amos. Loving you always and forever, all your children and grandchildren.

Belated birthday wishes go out to Dora-Jean Joe of Seattle Washington for the date Aug. 7th. Thinking of you always - Love from Ann.

Belated birthday wishes go to cuz. Dorothy Wilson for the date of Aug. 15. Hope you had a great day, I was thinking of you... Love from Ann.

Happy birthday to Connie Sam for Aug. 29th. Thinking of you on your special day, hope you had a great one. Love from Ann, John and Phil.

Belated birthday to Tanya Bill of Victoria, B.C. Thinking of you on your special day, hope you had a great day. Love from Ann, John and Phil.

Hey Neighbor... (Tim Taylor) Happy Birthday for Aug. 11th. Hope you had a great day. Love from John, Ann and Phil.

Happy Anniversary to Betsy and Dean Potter for Aug. 23. Hope your day is a special one. Love from Sis Debbie, Dad & John, Ann, Phil.

Happy birthday to sis, Dorothy Wilson on Aug. 15. Love from Pearl, Marvin, Lisa, Michael, Marvin Jr., & Violet.

Happy Anniversary to Robert & Sharlene on Aug. 11, 2001. Happy Anniversary to Betsy & Dean Potter on Aug. 23, 2001. Love from Pearl, Marvin & family.

Happy birthday to Hammy Watts on Aug. 16, 2001. From Pearl, Marvin & Kids.

Happy 5th Anniversary to auntie/sis Melinda & uncle/bro Luke on Aug. 17, 2001. Many more wonderful years to come. Enjoy your day and don't work too hard. Love Shauntay & Jane.

Happy birthday to "chief of bear island" Mr. Francis John and Willie Mack on Aug. 18, 2001.

Happy 1st birthday Vincent Ray on Aug. 21, 2001. Enjoy your day!

Happy 2nd birthday to my sister Ashley Latisha Thomas and 1st birthday to Kaileigh Taylor on September 2nd. Enjoy your birthdays gals from Shauntay & Jane.

A very special birthday wish goes to my wonderful daughter Shauntay Kadajiah on her second birthday already, September 1. Happy birth-

day babe, I love you so much. Enjoy your day! Love mommy.

Happy birthday to Cindy Mack for Aug. 20, 2001. Love Grandkids Daniel, Raquel & Alvin & daughter Crystal & Wes.

Happy Birthday to my fellow Aug. B-Days, Nephew Matt "Rosie" on Aug. 14, Happy 14th birthday Mathew Derek Curtis. To my baby niece "Lil Brown Sugar" A.J. Alicia Ann Michelle on Aug. 15, 2001. Say bye bye to last year and Hi Hi to a great new year Crumb Crushers Love from your Auntie Angel and Uncle Pete "beep".

Also Happy Birthday to Kyle "House", Agnes Brown. Hope you have a Happy Birthday. House, drop me a line or two here in Parks B.C. Your friend Tommie. Tell Upsie hello and happy birthday too.

Happy birthday to Snapper Frank who shares Aug. 1st birthday. Hope you had a good one Snap. From Angel Tom in Parksville, B.C.

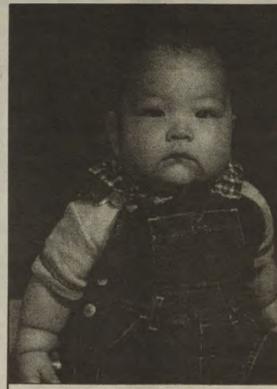
Congratulations to my Auntie Clara Little on the birth of her daughter Jordan on Aug. 5, 2001. Love from Kobie Broden Little.

I would like to say "Hello" to my aunts, "unc's", grandmas, grandpa's, cousins. And if you guys don't come visit me and Kobie soon I'm going to switch Bands to the Kitamaat Band! But I still love you if you guys don't. I love and miss you all. Love Will Little.

Tian born Aug. 14, 2001 1:30 am in Comox, BC. Full name still pending. Weight 6 lbs, 11 ounces. Length 20". Kind of reddish blonde/light brown hair. Eyes kind of changing colors - sometimes blue, gray, brown? Very strong, calm, alert, sweet, affectionate boy! Eats, sleeps and travels well. Mom is tired but doing well too - Dad is one proud man! We thank God for this Little Blessing! Julie and Shawn Nolan.

A belated Happy 1st Anniversary to our baby sister, "SWEETHEART" and her "SWEETIE PIE". Hope you both had as nice a day as your wedding day! Lotsa Love from all of us: Mom Rosie, Brenda Sue & Angus, Bernice & Slugeyes, Jim &? Larry & Gena, Luke & Melinda, Fran & Fonz and families. OOPS! And a belated Happy Birthday, Russ!

Birthday wishes to some special people in our lives. Aug 3rd - Cheryl Anne Williams, Aug 4th - Russ Taylor and Sal Frank; Aug 10th - most important of all, Our Son: Francis James Chester Campbell - Happy 29th, son! hope you enjoyed your birthday! Aug 12th - Carol Rose John mattersdorfer, Aug 13th - Darlene Dick; Aug 18th - Uncle Roye John; Aug 19th - Joe-Joe Campbell; Aug 20th - Ina Lou



A very happy 1st Birthday to Derian Wolf Paige Tate on Aug. 5th. We love you lots handsome stuff. Love Grandma Cheryl, all your uncles and aunties and cuzies.

Clara Little, daughter of William and Erma Little, would like to welcome Jordan Kanani Erma Little, born August 5, 2001. Jordan was born in Prince George, B.C., weighing 8 pounds 2 ounces and we are very grateful that she is a healthy and beautiful baby. We will be coming home in the next few months when Jordan can meet her grandmother, Greta Charlie and her many other relatives.

Our family would like to give a special thank you to Corby and Linda who travelled to Prince George to visit Jordan. We were extremely surprised and thankful for our visitors and we will remind Jordan of your kindness and generosity. I would like to insure Corby that his secrets confided in me will be safe. Once again thank you very kindly for travelling all this way to visit our grand-daughter.

We would like to thank everyone for the phone calls concerning the arrival of Jordan into our family. We can't wait for the moment when Jordan can meet her uncles Dwayne, Will, and Eddie Little. We hope you boys are doing well and we think of you boys everyday. We have had a very good summer as we have welcomed Kobie and Jordan and are now anxiously awaiting the arrival of our third grandchild. We are proud grandparents who have been blessed with both grandchildren and a very supportive family, thank you all.

Diek (wow! Thirty or something!) Aug 21st - Paul S. Sam; Aug 22 - Greta F. John; Aug 23rd - Grandson Mark J. Jack; Aug 26th - Chuck Jack Jr.; Aug 29th - my aunts: Helen C. and Deanna J.

Last but not least, Happy Birthday to a very loving and caring woman, - Our sister, continued next page...

David and Frances Tate would like to announce the upcoming marriage of their youngest daughter Karen Louise Tate to Andrew Kyle Mack Grandson to Douglas Mack & Late Winifred Mack (Grandmother) Son to Late Lorna Doll Mack Invitations will be sent to family, relatives and friends for the date and time. **'By Invitation Only'**

poet's nook

When Will It Stop!

When will it stop!
Why do you not believe me?
The Name Calling!
About the name calling!
When will it stop!
Why do you not believe me?
The hitting!
About the Hitting?
Why does this happen the name calling?
Me? The name calling!
Who is going to stop it the Hitting?
The hitting!
Who is going to stop it the pushing?
The pushing!
Who is going to stop it?
The putdowns!
Why does this happen to me?
When will it stop!
Why do you not believe me?
The pushing!
About the pushing!
When will it stop!
Why do you not believe me?
The putdowns!
About the putdowns!
Who is going to stop?
The hitting!
Why does this happen to me?
The pushing!
Why does this happen to me?
The putdowns!
Where does this happen to me?
The name calling!
Where does it stop?
The hitting!

Where does it stop?
The pushing!
Where does it stop?
The putdowns!
I want you the Teachers, Principals, Counselors, Parents with my help!
We can put a stop to all of this right here! Right now!
Who does this happen to me?
The name calling!
Who does this happen to me?
The hitting!
Who does this happen to me?
The pushing!
Who does this happen to me?
The putdowns!
How long does it have to go one?
The name calling!
How long does it have to go one?
The hitting!
How long does it have to go one?
The pushing!
How long does it have to go one?
The putdowns!
You ask me who does this to me!
Other students in other grades!
Other students in other schools!
And sometimes these people are my relatives!
WHAT ARE WE WILLING TO DO TO STOP IT?
Written from a Mother, an Auntie, a friend... Regina Haasjes

June 27, 2001.



Guess who? Circa 1958

Birthdays Continued...

Mother and Grandma - Bella M. Campbell on Aug 31st. Also to nephews - Steve Charlie and Christopher Williams. Lotsa Love from Angus, Brenda Sue and family: Liz, Preston, Snicksey, Sophie Hannah, Skylar-Jo and Buddy.

Happy 28th Anniversary to my husband on August 25th, Love always and forever... Sue.

Happy Birthday to my brother-in-law Craig McEwan, proud son for his mom June and father George of Ontario. B.C. I sure you have a good one there my brother-in-law. On Aug. 18th as while. From your sister-in-law always Mrs. Carol R. John-Mattersdorfer.

Aug. 1 - This goes out to my friend Elvina. Billy. "happy 34th birthday!" I know what you done... I know you had a good one. Elvina, many more birthdays to come. From your friend, Carol R. John-Mattersdorfer.

Aug. 4 - This picture is my adopted grandmother I will introduce her as a very generous person, and very caring one too. Mrs. Helen Robinson. "Happy Birthday Grandma!" I love you and I am grateful to have you another year! Love from your adopted grand-daughter always Mrs. Carol R. John-Mattersdorfer.

Aug. 8 - A friend Mr. Chris Manson. "happy 43rd Birthday" there and I am sure you had a good one with your children around!



Happy Birthday to our grandnephew Carlito Livingstone on Aug. 24. Have a fun day! Lots of love from Grand-Auntie Annie, Grand-uncle Dave and your cousins David, Nathan and Jen.



Happy Birthday to our brother Cyril Livingstone on Sept. 3rd. Have a good one bro! From Dave, Annie and family.

Many more to come my friend Chris. From a friend always.. Mrs. Carol R. John-Mattersdorfer.

To my uncle John T. George in Aug. I am sure you still look young as ever. I miss you uncle and I sure hope your doing fine. "Happy Birthday uncle" Love from your niece Carol R. John- and family.

In Memoriam - tatak'w ap

In Loving Memory of My Father Thomas Dick May 06/1916 - August 08/1995



Dad

You're my dad and we're so far apart. I miss you dad with all my heart. I miss you're smile, your laughter too. I'm so glad I have happy memories of you. I cry in silence when I hear your name. Everything down here is not the same. My children have grown I have grandchildren too. I wish to this day they could see you. I know you are happy where ever you are. You're in my heart and that's not to far. Until we meet again Dad.

Miss you lots.

Love from your Daughter Catherine T. Watts and Family

Aug. 20, 1978 - Feb. 4, 1996 Dion Louise Fred.

As time goes by
We think of you strongly
Missing you constantly
Wondering how it would be
To have you near.
To play and to sing
And watch over your siblings
To laugh and to cry
and to wonder why....
We miss you so much Dion
We celebrate with laughter
We celebrate with pride
We know you are safe now
On the other side
This day is so special
To the hearts you touched
We think of you often
We miss you so much.
Loving you ... Missing you
Wish you were here
Always remembered.

XOXOXO Mom, Lanny, Mary & Derrick.

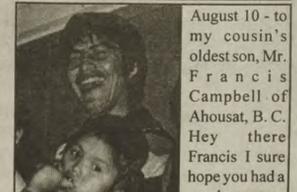
Happy Birthday to your son Calvin and your daughter Nancy Titian of Ahusout too, also in Aug. 9 and 13th.

Happy belated Birthday to my daughter Alicia James for August 15th, 2001. (BABY 7-11). Love from Daddy.



Birth Announcement: Congratulations to Clara Little, she gave a good sized baby girl on Aug. 5, 8 lbs 2 oz. At 11:48 pm in Prince George. The great-greatest grandparents are Erma Little and William and Greta Thomas-Charlie. So many memories with your baby girl Clara, baby Jordan, Kanani Erma-Little. Love your aunt Carol John-Mattersdorfer.

August 10 - to my cousin's oldest son, Mr. Francis Campbell of Ahusout, B.C. Hey there Francis I sure hope you had a good one too, and have a good day and a better week ahead of you. Love from your auntie Carol R. John-Mattersdorfer.



Aug. 18 - My cousin's daughter (Levina) her name is Questania, she will celebrate her 5th birthday. Happy Birthday. I hope you had a good one. Keep smiling and keep visiting us okay niecey-pie. Love your auntie Carol and family the Mattersdorfer's.

In Loving Memory: Dion Elsa Louise Fred Aug. 20, 1978 - Feb. 4, 1996

Her gift of love, is missed so much Her laughter and grace, are memories untouched Its so unfair.... as time and tears are washed away, forever in our hearts, she will stay When things are all done and said This is in memory of our Dion Fred.

XOXOXO Gram, Mom, Lanny, Mary & Derrick.



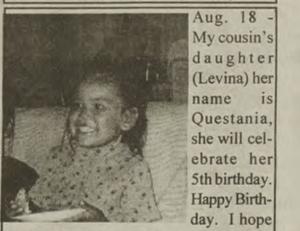
August 6, 2001 - To a Friend That Cares - Mrs. Elizabeth McDonald

Elizabeth, I would like to acknowledge her especially today Elizabeth This is from your nephew Fred what he had to say...

He shared with me that it was your birthday on this day! Elizabeth, you are blessed with so much friends and relatives Elizabeth, is a very kind hearted person, and she really cares for us Elizabeth, is one of a kind and always has accepted us ... Elizabeth, thanks for taking your time out with my son Frederick Elizabeth is her name and she is very unique and very special Elizabeth, take care of yourself and each other. "I love you"

Fred loves you very much and he talks highly of you Elizabeth. Have a better day and a good week ahead of you.

I remain in Friendship.. Mrs. Carol R. John-Mattersdorfer and my family.



Aug. 18 - My cousin's daughter (Levina) her name is Questania, she will celebrate her 5th birthday. Happy Birthday. I hope you had a good one. Keep smiling and keep visiting us okay niecey-pie. Love your auntie Carol and family the Mattersdorfer's.

Nations clarify positions

continued from page 4

Insufficient Time to Understand the AIP - Almost all First Nations reported that there was insufficient time fully understand the Agreement-in-Principle. Others felt that there was not enough detail and too much "Punting" in the AIP for people to feel comfortable with the AIP.

Revenue Sharing - Concerns were raised with regard to 50/50 sharing of revenue generated from forestry activity on Treaty Settlement Lands. Many First Nations felt that there should be no sharing on TSL but revenue should be considered for non-TSL.

Indian Act Transition - Members living away from home were concerned about continuation of services that they currently receive under the Indian Act now.

Certainty - Many felt that the AIP provided more certainty for BC and Canada and not enough for Nuu-chah-nulth (ie. Fishing and Forestry outside of the Final Agreement).

Conduct of BC and Canada - Canada does not have a good track record of adhering to agreements with First Nations. Both BC and Canada have taken several actions that could be determined as breaches of Good Faith negotiations.

Cash - Insufficient Cash offered. The amount offered does not reflect compensation or the need to for future sustainability issues. Many NCN First Nations felt that the BC/Canadian MOU that limits settlements to \$70,000 per capita does not meet the needs of NCN (This appears to have a greater negative impact on the smaller nations).

Culture and Heritage - Not enough here to recognize and protect NCN Culture, Language and Traditions. Specific to Language, many felt insulted that the Final Agreement would be translated into French and not our own language.

Ratification Process - Many called for all NCN First Nations to consider a collective, consistent ratification process that would inspire confidence in the NCN treaty process.

March 10th AIP

Ratification Discussions

The March 10, 2001 AIP was "rejected" - "yes" or "no" votes do not necessarily constitute mandates for anything other than acceptance or rejection of the AIP.

Ma-mook Development Corporation

2395 Pacific Rim Highway, PO Box 1119, Port Alberni, BC, V9Y-7L9

To all those who attended our Open House:

I would like to thank everyone who helped make Ma-Mook Development Corporation's Open house a success. I would like to send a special thanks out to: BJ and Elmer Frank from Tla-o-qui-aht for supplying the fish; to Carol and Deb who did the catering excellent job! with the proceeds going to a new playground for their pre-school. I would also like to extend a thank you to Walter who did the prep work here, building the fire pit for the barbecue. Thank you to Choo FM for the live broadcast and Nelson Keitlah and Howard Tom for speaking on our behalf. And last but not least, thank you to Looker, NTC, Ucluelet and Toquaht First Nations for the gifts that we were presented with. We have every hope that you will be able to keep in touch with us here at our new office. As you know, we are now located at 2395 Pacific Rim Highway which is just outside of Ucluelet. Thanks so much for your attendance in the celebration of opening our new office.

Nuu-chah-nulth Women attend Hawaiian Conference

Eleven Nuu-chah-nulth women traveled to Hawaii to participate in the 5th Annual Indigenous Women's Wellness Conference.

Representatives came from the Pacific Islands, Hawaii, New Zealand, USA, Inuit, Samoa, Guam, Northern Japan, England and Canada for the 3-day conference.

We were honoured to be asked to do the honour song on the first day, and Elsie Robinson offered the opening prayer for breaking the morning. We sang the Nuu-chah-nulth song and asked all the BC representatives to join us. The Nuu-chah-nulth Nations were acknowledged as Geraldine Tom led a paddle song and dance.

We were honoured to be asked to do the honour song on the first day, and Elsie Robinson offered the opening prayer for breaking the morning. We sang the Nuu-chah-nulth song and asked all the BC representatives to join us. The Nuu-

chah-nulth Nations were acknowledged as Geraldine Tom led a paddle song and dance.

The Nuu-chah-nulth women at the conference were: Elsie Robinson, Hannah Little, Geraldine Tom, Beatrice Sam, Louise White (Robinson), Barb Audet, Agnes Martin, Marissa Sampson, Fawn White, Tierra White and Vina Robinson.

Thank you to all those who supported fundraising for our trip to the Indigenous Woman's Wellness Conference in Hawaii.

Special thanks to Joe Tom, Brian Mack, Elsie Robinson, and Skip Saunders for the raffle donations. Winners of the raffle: 1st - Wynona Mason, 2nd Cecelia Tom, 3rd Evelyn Marshall, 4th Patty Surrette.

Thanks to the following people for their generous support: Pat Amos, Gail P. Gus & family, Nelson Keitlah, April White, Louella Milburn, Nanaimo First Nation Administration, and especially our families and friends (you know who you are).

The next conference will be in New Zealand in 2003

MAILING HA-SHILTH-SA TO NUU-CHAH-NULTH MEMBERS

Ha-Shilth-Sa is looking for addresses of Nuu-chah-nulth members who are NOT receiving the paper. Ha-Shilth-Sa is free for Nuu-chah-nulth members. If you want to receive Ha-Shilth-Sa please send name (including your middle name or initials) to:

Ha-Shilth-Sa
P.O. Box 1383
Port Alberni, B.C.
V9Y 7M2

Ha-Shilth-Sa
Moving? Mail in your new address directly to Ha-Shilth-Sa or e-mail: hashilth@island.net

First Name: _____ Initial: _____ Last Name: _____
Mailing Address: _____ Apt.#: _____
City: _____
Postal Code: _____
First Nation: _____ Phone: _____

(You must fill in what Nuu-chah-nulth First Nation you are registered with)

Change of address (Previous Address: _____)
 New Subscriber?

Reminder - Returned papers are deleted from the mailing list.

To All Nuu-chah-nulth First Nations Members,
Band Managers, CHR's, Health Clerks and Band Membership Clerks:

MEDICAL COVERAGE NOT AUTOMATIC

Reference: Recently, many bills were received at the NTC (Non-Insured Health Benefits Section) (NIHB) from parents requesting payment under this plan. If a child is not registered with Indian Affairs and the province there is no medical coverage. Therefore, **FULL RESPONSIBILITY FOR PAYMENT OF MEDICAL VISITS, X-RAYS, ETC. WILL FALL ON THE PARENTS!** Indian Affairs cannot and **WILL NOT PAY** any bills without full coverage. Remember, unless a child is **REGISTERED** with both Indian Affairs (Status Card) and the provincial medical plan (MSP Card) two very important medical factors apply:

- The child is covered under the parent medically, for only three months; and
- Once the child reaches 1 year of age then they are no longer covered under the NIHB program for: equipment; supplies; drugs; dental; and optical.

Normally, a child reaching 19 years of age requires (her or his) own medical care card. A child can maintain medical coverage up to age 25 when in **full-time attendance** at a post secondary institution, that is approved by the provincial medical commission.

It takes **6 - 8 weeks to obtain these coverage cards!** Start the process immediately! Do not assume it is done! Follow up with this until you have both cards! Questions to be directed to the Band Membership Clerks, or the NTC Registry Office 724-5757.

Robert Cluett, CD - NTC NIHB Program Supervisor

Traditional Ecological Study Seeks Valuable Information

Do you or your family members have traditional knowledge regarding our ecology systems? If you do I am very interested in recording an interview with you.

Recently Hupacasath First Nation received funding from the Water Use Planning Committee to conduct a Traditional Ecological Knowledge (TEK) Study. TEK is "Indigenous people's knowledge of their environment, its processes and interrelationships".

(Restoring First Nation's to the Land, Lessons from the Clayoquot Sound). This kind of knowledge is the accumulation of hundreds of years of observations based on close interactions with the environment. You may have such knowledge from teachings from elders, legends, or your own observations. **EXAMPLES OF HOW NUU-CHAH-NULTH WOULD USE TEK**

- If we were uncertain if a certain type of berry was edible we would observe the birds to see if the birds ate the berry. If the birds ate the berry it was considered edible.
- Using birds, in particular, crows as hunting tools. Hunters would watch and listen to the crows; the birds would halt all noise if there was a predator in the area.
- Not hunting deer in the spring because the deer had worms at that time.
- The names of the calendar months identifying specific activities. November meaning *Sweeping Moon* describing the way storms would sweep the remaining leaves from the trees.

The Importance of the TEK Study & the Link to the Water Use Planning Committee

The researching of TEK is a necessary measure to protect fish, wildlife, natural resources and sacred sites within our territories. The purpose of the TEK study is to determine and document knowledge particularly of the Ash River area. The goal of the research is to document TEK and link it with existing and evolving data sets so that the Water Use Planning Committee can make informed decisions within a holistic framework. The rational is to have a final product that can be used as an important tool in terms of providing direction for resource use decisions or culturally based research projects. The final report in partnership with other related studies will become critical in analyzing the impact of potential development in the Ash area.

What will Hupacasath have at the end of the day?



Greta, my adorable sister if it weren't for you I wouldn't know what I would do without you... Greta, my thoughtful sister you care so much you do! I really appreciate it when you are there for me. Sister's are so special and very likely that is you. I sure love you, your generosity, your

Happy Birthday to my dearest sister Miss Greta Fanny John August 24 2001. Sisters are Special and that is you!

caring and you Understand the true facts of life and you do love me I love you sister and you know what I like you laughter It's free and I love how you take my children and Love them all unconditionally. Have a good one sister I love you and take care of yourself and each other. "HAPPY BIRTHDAY" Many more to come.. Love from your sister Carol R. John-Mattersdorfer, Samantha, Jessica, and baby Dawn your nieces and your nephews always Nicholas and Frederick Mattersdorfer.

Career Opportunities -

q^{wi}-cah-ta-mis

Community Development/Social Worker

Anacla, Huu-ay-aht First Nation (Health Clinic)

This position(s) requires strong organizational, communication, and proposal writing skills. The Community Development/Social Worker is responsible for establishing the eligibility of applicants/clients for Social assistance, authoring payments, and promoting client employment. Also, the Community Development/Social Worker assists the Usma worker with family and childcare issues of the community. Some basic counseling, support and referrals to other community programs funded under family and child services, Social Development and other outside agencies to ensure they follow regulations and stay within the approved budget. The Community Development/Social worker is responsible for submitting proposals to appropriate agencies for funding that will benefit the Huu-ay-aht First Nation Community. Must possess a high degree of interpersonal skills and organizational ability in order to manage caseloads.

QUALIFICATIONS: Must have education (minimum: Diploma in Social Service Work) and work experience in Social Service work and Family Care work. A criminal Record check will be required prior to hiring.

Please contact the Huu-ay-aht First Nation Administration Office @ 1(250) 728-3414 for applications/job descriptions or send your resume with a letter of intent to:

Attention: Connie Nookemis or fax @ (250) 728-1222

Huu-ay-aht First Nation
P.O. Box 70, Bamfield, B.C., V0R 1B0

Employment Outreach

at the PORT ALBERNI FRIENDSHIP CENTER

SERVICES WE OFFER:

- * Individual Employment and Education Counselling
 - * Help in developing an effective resume and covering letter
 - * Provide information regarding employment, training funding, and general EI inquiries
 - * Teaching effective job search techniques
 - * Job and Training board with current information
 - * Photocopy and fax service * Telephone for local job search
- Call 723-8281 and ask for Jeff, Employment Counsellor
Employers wishing to post Job Vacancies are invited to call or visit
Port Alberni Friendship Center.

WANT A CAREER IN NURSING?

Call Jeanette Watts at 724-3232 for more information

25 Years Ago in Ha-Shilth-Sa

Vol. 3 No. 5 May 28, 1976



A North Shore girl reaches the bag just before Connie Sam of the Port Alberni Friendship Center. North Shore won the junior girls' competition with Port Alberni coming second.

Klecko's - ʔekoo

Thank you all

I would like to take this time to thank all those who came to help us celebrate with us at our coming of age feast for our daughter. Your presence meant a lot to us. Celebrating a happy joyous day for our daughter was something I will always keep in my heart. It was a joy to see my girl growing into such a beautiful girl. I'm glad she honours our traditions from my family's side as well as from her dad's side. It was a very good feeling to see my daughter as she entered with her dad in her part Nuu-chah-nulth - part Saulteaux (Manitoba) outfit. It really meant a lot to us to see so many of our relatives from near and far. I also want to thank everyone who came as well as the hereditary chiefs who came. Having all the Chiefs there really made our daughter's day complete. I thank our relatives who made a

speech about how we are all related. My parents always told us of who we are related to. It gives me a lot of pleasure to see all our relatives together on a happy occasion. I would like to thank Esther and her parents from Ontario for helping in the kitchen and Vivian, April L, Lisa Ball, Mary Smith, Kristy Miller Maryann & Walter, Chris & Victor, Jim Miller, Brian M, Anna M, Anita B, Cathy J, Maggie J, Ella N, Marge Amos & daughter, Earl S., Hutsa, Floyd J, Harry J, Jim N, Patsy N, Andy V, Marcie J, Kitari J, and my daughters for helping me make gifts and everyone who danced who were all my family. If I missed anyone, thank you all! Expect an invitation, because there will be a thank you dinner in the future. Special thanks to my sister Cecilia G. God Bless! Betty Nicolaye, John Flett, Melissa Nicolaye, Darren Nicolaye, Darrel Nicolaye.

Kyle Corfield wishes to thank everyone who helped send him to the 2001 United Cycling International World's in Kentucky. Thirty-five countries were represented at the competition.

for Canada but, unfortunately, crashed in the quarterfinals and did not advance to the main event. Congratulations Kyle, you are a true sportsman. With all our love and support, your family and friends.

Education Pays Off In the End

Dennis Bill is a member of the Tseshaht First Nation, and a recent graduate of the University of British Columbia's teacher's program.

This fall, Dennis will be working full time at Port Alberni's A.W. Neil Junior High School. He will be teaching grades 7, 8, and 9 students with the courses of Social Studies, Learning Assistance and First Nations Studies. Since he enjoys working with children and youth, Dennis is very much looking forward to his career as a teacher. Upon receiving his certificate as a teacher it has been a very rewarding experience for him. Each and every day he has learned something in order to help him with his new profession. He mentions how comfortable he was with the learning of his education, but shares how hard it was at times when he was away from home. He always looked forward to the holidays and breaks so that he could go home to be with family and friends. Dennis's advice to students who strive to pursue their education would be to stick to your goals, work hard to receive them, but to keep them simple and not too complicated to complete. He also had advice to the parents, which was to try their best to get involved with their children's studies, simple questions like - what they are studying in their courses, or even offering their assistance in helping them with any homework. All of this was received to him



Tseshaht's Dennis Bill - New Teacher for A.W. Neil School in the Alberni Valley.

by his mother and feels grateful and appreciative for all the support he gained from her as well. Congratulations and Good Luck goes to Dennis Bill - New Teacher for the Alberni Valley.

M'AKOLA HOUSING SOCIETY

is a non-profit organization established to provide affordable housing for families of First Nations ancestry. In Port Alberni we have three housing projects with a total of 42 units. The bedroom sizes range from a two-bedroom, one level home to a nice sized five-bedroom unit. If you have a housing need please do not hesitate to call. All questions or suggestions are welcomed. The telephone number to call is 723-9855. Our fax number is 723-1744. Office hours are Monday to Friday 8:30 a.m. to 4:30 p.m.

Tseshaht Youth E-Team

By Dennis Bill,
Tseshaht Youth Environment Program

This summer the Tseshaht Band hired six individuals under the BC Youth Environment Program to conduct an archeological dig in the Broken Group Islands. The project lasted from June 18th to August 24th, 2001. The team consisted of Dennis Bill, Kenneth Watts, Vance Sieber, Thomas Fred, Hank Gus, and Tammy Lucas. The team spent five weeks camping on Benson Island during the entire length of the archeological dig. Alan McMillan



and Denis St. Claire conducted the dig, two individuals who are very knowledgeable about West Coast groups and have conducted previous digs in the Broken Group and at Shoemaker Bay in 1972 - 1973.

This years project was conducted much the same as last year with the exception that this year's units or pit sites would not be as deep. Also, the units were checkerboard in pattern instead of one long trench. The dig was successful in the sense that artifacts were found as well as faunal

and shell remains. There are tentative plans to display the artifacts found from this dig and last years to the community sometime in the next few months. One interesting aspect of the project was the extra time spent visiting other cultural sites at Wouwer Island and Dicebox Island. Denis St. Claire gave two guided trips to these Islands in the evenings. He explained the history of them and who occupied them and their relationship to the Tseshaht. The team also got to meet a number of other people from around the world. Archeologists from France, students

from California and Ontario, as well as, people from across Canada, not to mention the hundreds of tourists who were part of the two daily tours. The Tseshaht E-team also received training for the project. The received their I First Aid and Transportation Endorsement. Also a day was spent researching the history of the Tseshaht and learning about Archeology. The Tseshaht E-Team will spend its remaining time in the treaty office helping establish a Resource Room of books and videos for the Tseshaht Band.

Wanted: Information on Traditional Ecological Knowledge

(see article on page 17)

Please contact Nene Van Volsen at Hupacasath First Nation at 724-4041 or by e-mail at nene_v@hotmail.com. HONORARIUM FOR THOSE INDIVIDUALS THAT PARTICIPATE IN AN INTERVIEW.

TRADITIONAL ECOLOGICAL KNOWLEDGE BRUNCH / INFORMATION SESSION

WHEN: Sunday September 2, 2001 and Sunday September 9th
Both dates sessions run from 11:00 am - 1:30 pm
Lunch and Local Transportation Provided
MUST CALL TO PRE-REGISTER 724-4041 BY AUGUST 31ST
WHERE: Hupacasath First Nation Band Hall
WHO: Anyone with information on Traditional Ecological Knowledge
WHY: To share valuable information that will aid in land and resource based decisions
For more information contact Nene Van Volsen at 724-4041

On October 27th, 2001 Archie Thompson will be celebrating his 80th Birthday with my family and all my friends in the Central Region and Nuu-chah-nulth are invited. Meal served at Noon- Traditional Smoked Salmon. Introduce Five Generations in Family Tree to be explained. With special guests.

CLASSIFIEDS

Automotive

D&M Autoclean
"We'll do your dirty work"
Automobile cleaning and renewal
CARS - TRUCKS - RV'S - BOATS
7429 Pacific Rim Highway
Phone 720-2211


1996
Cavalier;
Auto,
A/C, New
wheel
hubs, good tires, c.d., gray int., P/B, P/S, well maintained, mint cond.
\$9,500.00 o.b.o. 720-0923.

1997 FORD TAURUS: \$12,000 o.b.o. Excellent condition, low miles. Call Stanley Sam @ 670-2318 - Ahousaht or 720-8933 - P.A.

Marine

24 ft aluminum skiff. Mercury Outboard Motor 40 hp (low hours) trailer, asking \$8,000. Call Joe David at 720-725-3320 9 am - 11 am or 6 pm - 9 pm

CANOE BUILDING

Will build canoe, or teach how to build canoe for anyone interested. From Beach Canoe to 40 footer. Call Harry Lucas 724-5809.

For Sale: 1992 6 H.P. Suzuki. Only 10-12 running hours. \$700 firm. Call (250) 725-3164



For Sale: 25' Mark 7 Zodiak & 20' Bombard Explorer. Call Leo Manson at (250) 725-2662 for more information.



BOAT FOR SALE

MV Ropo - no license. 40' fiberglass. Ex-freezer troller. Fully equipped. Freezer system only 2 years old. Harold Little (250) 670-2311.

FOR SALE - 40' Ex-troller. Call Robert Sr. (250) 724-4799

House for Sale: 4 bedroom plus den, 2400 sq. ft., 2 1/2 bath. North Port, quiet neighborhood, on dead-end street. 2 Gas fireplaces, large kitchen with oak cabinets and pantry, full basement with family room. Large, wired 2-car garage/workshop with woodstove. Nice-sized, fenced, backyard. Close to elementary and junior high schools. Parcel Arena tax already paid. 3944 Dunsmuir Street, Port Alberni. \$135,900, or assumable mortgage available. Please call 731-6226, or 731-6655 to view.

For Sale: Wedding dress. Never been worn. White with wide scoop neckline. Beautiful beading on neck and surrounding the basque waist is detailed with soutache/sequins florettes and miniature pearls. Retail \$900, asking \$700 OBO. Call Clorissa at 731-6226 or leave msg. at 723-4755.

Arts

FOR SALE

For sale or made to order; rings, bracelets, pendants, brooches, earrings & bolo ties. Tim Taylor, 1034 Ecoole Place, Port Alberni, B.C., V9Y 7L7

FOR SALE

Native designed jewellery; silver, copper, gold engraving, stone setting. Contact Gordon Dick by phone 723-9401

FOR SALE

Carvings for sale. If you are interested in native carvings such as: coffee table tops, clocks, plaques, 6" totems, canoes, leave message for Charlie Mickey at 724-8609 or c/o Box 40, Zeballos, B.C. V0P 2A0

WANTED

Hide for school projects. Call Julia Landry @724-0512 (8-4pm weekdays).

FOR SALE

Black Hair - 12" to 18". 723-4631

NATIVE BASKETS FOR SALE

Demo Class available. For 2001. For more info. Kathy Edgar 416-0529.

FOR SALE

Genuine Authentic basket weaving grass. Linda Edgar, phone 754-4462.

BASKET WEAVING FOR SALE

Grad Hat Regalia, Baskets, Weaving material, specializing in Maquinna Hat Earrings. Call Julie Joseph (250) 729-9819.

Jacko Graphics

First Nations Graphics. Specializing in Native Vinyl Decals. (Custom Made/All Sizes). All types of Native Graphics. Call Now! Rick & Celeste Jacko. 604-444-2662 or Email: jackographics@home.com

Joe Martin
TRADITIONAL DUGOUT CANOES
• Canoes of any size
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• Bearwood Boxes
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Box 453, Tofino, B.C. V0R 2Z0
Telephone: (250) 725-2121
33' Dugout for sale

Ben David
Nuu-cha-nulth
Northwest Coast Native Artist
Masks • Headdresses • Rattles
Bowls • Plaques ...and more!
4451 Beaufort Street, Port Alberni, B.C.
V9Y 5R3 - (250) 724-6831

James Swan - Wihayaqa'cik - Traditional Artist

Original paintings, carvings (small totems and plaques). Wat'sitnis' prints and a few t-shirts available. Ph: (250) 670-2380, Cel: (250) 213-3281 Or e-mail wihayaqa'cik@yahoo.com



Employment Wanted

T.S.G. TRUCKING SERVICE
Moving and Hauling, Reasonable Rates. Tom Gus, 5231 Hector Road, Port Alberni, B.C. Phone: (250) 724-3975

ʔumtka

Advisory for Histories, Governance, and Constitutions (forming governments), contact Harry Lucas at 724-5807 or 724-5809 or lucas@cedar.alberni.net

FREE LANGUAGE CLASSES

at Hupacasath Hall. Language Instructor - Tat Tatoosh. Monday and Wednesday Nights. 7 pm to 9 pm. (Bring your own pen & paper). Parenting Skills for Parents & Tots. Fridays from 3 - 4 pm. **EVERYONE IS WELCOME.** cuu kleco. Edward Tatoosh, Certified Linguist

Free Estimate and 10% discount on your first job
24 hours Cell: 720-6518
A.C. POWERWASHING
and Sand blasting
Adam Cooles
Owner/Operator
Phone: 724-4419
Hot & Cold Pressure Washing
Environmentally Safe Products
Commercial, Industrial, Residential.
\$10. OFF WITH MIN. \$160.
OR \$25. OFF WITH MIN. \$250.

Wanted

Medical Equipment such as wheelchairs etc., Can be dropped off at the Tseshaht Band Office. 5000 Mission Road, Port Alberni. Contact Gail K. Gus at 724-1225

Westcoast Transition House

Emergency Shelter
For Abused Women and their Children on call 24 hours 726-2020

Port Alberni Transition House
call 724-2223 or call the nearest local shelter or crisis center.
Help Line for Children - 310-1234

COUGAR PAINTING
716 11M 716-9191
716 11M 716-9191
Phone: 716-9191
Fax: 716-9191

Little Wing Contracting Ltd.
Construction • Crane Truck • Loader
Wood-Mizer Greg Simpson
Portable Bandsaw Mill Phone/Fax: (250) 723-7371
Cell: (250) 720-9458

Tsawaayuus

Share your talents with your elders
Volunteers required for the following tasks:
✓ Give demonstrations
✓ and/or teach basket weaving, carving, painting, etc.
✓ We also need cultural entertainment
Contact Darlene Erickson at 724-5655

Correction Notice

In the August 2nd issue (page 10) Ahousaht scholarship winner Trudee-Lynn Paul's grade was incorrectly listed. She is in Grade 7. We apologize for this error.

Miscellaneous

Wanted: Nuu-chah-nulth women that would like to join my exciting team of Mary Kay Independent Sales, not pyramid. For more information please phone me, Rosalee Brown @ (250) 385-2117.

NUU-CHAH-NULTHNATIVE LANGUAGE

Transcribing in phonetics - for meetings, research projects, personal use. Hourly rates. Phone Harry Lucas at 724-5809.

FOR RENT: A non-profit organization has rooms to rent, by the day, week or month. Very reasonable rates for Room & Board. Also, there is a Boardroom available for rent. For more information phone 723-6511.

APARTMENTS FOR RENT

Clean & bright 1, 2 & 3 Bedrooms in beautiful Gold River at reduced rent, also furnished. Only 1 block to town square. (250) 283-2511.

FOR SALE

Alfred Angelo Wedding Dress - Size 16. Call for more information, 723-9434

COU-US CASH

Need Cash between paydays. We loan \$100, \$200, up to \$500 dollars. 100% owned and operated by First Nations. Phone (250) 390-9225. Or (250) 741-6070 cel. 401 Harvey Road, Nanoose Bay, B.C.

"Take Back Your Identity" conference T-shirts for sale.

Colored larges and XL's still available for \$13.00 each, at the Nuu-chah-nulth Healing Project.

Mountain Boy (2000) Fast-Food Take-Out

1627C Peninsula Road, Ucluelet, B.C. Pizza, Chicken, Ribs & Ice Cream. Open 7 days a week from 11:30am - 10pm. Deliveries after 5:30pm. Tel: 726-2221. Owners: Vi & Crystal Mundy

Chumus Catering
for All Occasions
Port Alberni, B.C.
Call Renee Newman
723-2843

BOARDROOMS FOR RENT

At the Tseshaht Administrative Buildings, Port Alberni. For more information call the Tseshaht First Nations Office at (250) 724-1225.

Toquart Bay Convenience Store NOW OPEN

Located on Macoah Reserve
Grand Opening - June 16, 2001
(250) 726-8306
Shirley Mack Proprietor

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N.E.D.C. BUSINESS NEWS



UPDATE COMMUNITY ECONOMIC ADJUSTMENT INITIATIVE (CEAI) PROJECT COMES TO AN END

The final meeting of the CEAI Project Steering Committee was held on July 19, 2001 in Vancouver to review and approve the final projects for this program.

At the meeting three Nuu-chah-nulth projects were reviewed and accepted for financing, bringing the final total to ten Nuu-chah-nulth projects at just over \$2,000,000.

The final meeting of the Coastal Community Economic Adjustment Initiative Project Steering Committee reviewed and approved three Nuu-chah-nulth projects for financing, bringing the final total to ten Nuu-chah-nulth projects at just over \$2,000,000.

CEAI or the Coastal Community Economic Adjustment Initiative was originally announced on January 12, 1999 as part of the \$400 million federal assistance package to support economic development and diversification in communities affected by the downturn in the salmon fishing industry.

The main objectives of CEAI were to:

- help diversify the economy
- create jobs
- lead to sustainable development
- have community support
- leverage other funding

All projects were evaluated using these objectives as the main criteria. To assist Nuu-chah-nulth Tribes to access these funds, NEDC hired two CEAI Outreach Workers: Errol Sam and Cynthia Carlos. Over the two years of the program Errol and Cynthia meet with all the Nuu-chah-nulth Tribes and worked diligently to help them develop projects that met both the program objectives and the needs of the communities.

The following Nuu-chah-nulth projects were approved for financing:

1. Hesquiaht First Nation: wharf expansion and upgrade
2. Kyuquot: wharf construction and community beautification
3. Huu-ay-aht: establishing the Numukamis Bay Shellfish Aquaculture
4. RAMS Bamfield Abalone Project: an experimental fishery
5. Mowachaht/Muchalaht: upgrade to Yuqout including wheelchair accessible float, boardwalk and composting toilets
6. Ucluelet: renovate the community commercial centre to include a cultural tourism centre
7. Ahousaht: move upgrade and expand the existing hydro dock
8. Ditidaht: wharf expansion, road construction and a new building
9. Ehattesaht: establishing Ehatis Oysters, aquaculture
10. Uchucklesaht: Elhlateese dock replacement

NEDC would like to take this opportunity to thank both Errol Sam and Cynthia Carlos for all their hard work and dedication. The results of this program will be benefiting our communities for many years to come.

We would also like to congratulate the Tribes who took advantage of the program to upgrade, develop and diversify their communities.

NEDC would like to take this opportunity to thank both Errol Sam and Cynthia Carlos for all their hard work and dedication. The results of this program will be benefiting our communities for many years to come.

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N.E.D.C. THANKS ORGANIZERS

NEDC would like to acknowledge and thank Marsha Maquinna and Jocelyn Dick for their input, assistance and support in the development and implementation of the NEDC Youth Economic Development Conferences. Both Marsha and Jocelyn are founding members of the NEDC Youth Action Committee (NYAC) and over the past three years have volunteered many hours to the conferences with great results.

Their energy and enthusiasm has contributed to both the overall success of the two conferences - Catching the Dream and Making It Happen - as well as the participants' enjoyment and satisfaction.



(above) Jocelyn Dick and Marsha Maquinna (below)



THE NEDC BUSINESS EQUITY PROGRAM

The delivery of the Business Equity Program (BEP), formerly the Aboriginal Business Canada Program is progressing smoothly.

As of July 03, 2001 NEDC extended their service area to include the East Coast of Vancouver Island from Nanoose Bay to Campbell River.

The Program eligibility, criteria and service area requirements remain the same:

eligibility: all Canadian status or non-status First Nations, Inuit, Metis, associations, partnerships or other legal entities. In general a majority Aboriginal ownership is required. The applicant must reside and operate or propose to operate their business on Vancouver Island. All applicants must be 19 years of age or older.

criteria: as a client, you must develop a business plan that demonstrates commercial viability (this applies to all NEDC programs). You will also require a minimum of 15% cash equity in the eligible costs of the proposed venture, except in the case of youth loans where the minimum requirement is 10%. You must be actively involved in the running of the business. Contributions are tailored to the requirements of the business but the maximum contribution to an individual or private enterprise is \$50,000.

priority areas: this program will only provide contributions to the following areas:

1. trade and market expansion
2. eco and cultural tourism
3. innovation
4. youth entrepreneurship

NEDC is pleased to be able to offer the ABC Program in this new and exciting format. If you have any questions about the **BUSINESS EQUITY PROGRAM** or require further information, please do not hesitate to contact the NEDC office at (250) 724-3131.

Working with First Nations to promote Community Economic Development RMA CONSULTING SERVICES

Ron Arcos

3855 11th Ave, Suite 409, Port Alberni, B.C., V9Y 4Z2

Phone: (250) 720-2112, Fax: (250) 720-2208

e-mail: rmaconsultant@home.com

Nuu-chah-nulth Economic Development Corporation

7563 Pacific Rim Highway, (next door to Tseshaht Market)

Office Hours: MON - FRI: 8 am to 12 pm, 1 pm to 4:30 pm, SAT, SUN, & HOLIDAYS: CLOSED