



Ha-Shilth-Sa



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Ha-Shilth-Sa
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Mandate Group works towards Treaty

By Denise Ambrose

The Nuu-chah-nulth Treaty Planning Table met for three weeks at Tinwiss in late July. The agenda contained the usual items, reports from Nuu-chah-nulth members of TSC, reports from the mandate working groups and other business.

NCN-TSC member, Cliff Atleo, reviewed the TSC report to the planning table. The TSC (Tripartite Standing Committee) met in Victoria for what was intended to be a three day negotiating session. The negotiating sessions were shortened to two days due to lack of prepared material and the third day was used as a fisheries workshop.

The TSC reviewed several draft clauses prepared by the Drafting Group. Atleo reported on the progress, status and discussion that was held around each clause. The clauses that are accepted by the TSC will go into the Agreement in Principle with the understanding that the parties may revisit any clause at a later date.

A special discussion was held at the TSC table around the issue of Wildlife Trapping. Chief Councilors of Pacheedaht and Ditidaht were present to participate in the discussion. The discussion focused on the issue of regional management of wildlife and fisheries and the parties were in favor of the concept. Delegations of Pacheedaht and Ditidaht were present at the planning meeting to present their positions on proposed regional wildlife management boards.

Jack Thompson, Ditidaht Chief Councillor, is in favor of the proposal and suggested that the parties may explore options of including fisheries and other resources into a regional management board scenario. Marvin McClurg, Pacheedaht Chief Councillor also favored the concept.

Tseshah Chief Negotiator, George Watts, suggested the thirteen Nuu-chah-nulth nations negotiating their treaty together should present what they've negotiated so far to Ditidaht and Pacheedaht and, if they are still in favor, go from there. Both nations were provided with Nuu-chah-nulth AIP draft documents for their review.

The table moved on to the issue of Child Welfare and Adoption. It was pointed out the Nuu-chah-nulth do not have a prepared document outlining our position on our traditional adoption practices.

Several speakers pointed out various circumstances in which a traditional adoption would be necessary. It was decided that the Elders Advisory Committee will be directed to meet to discuss the issue and provide feedback to the planning table.

The Jurisdiction and Governance Mandate Working Group is to prepare a document for the planning table on the traditional adoption issue.

A difficult issue at the TSC table has been Copyright, Intellectual Property and Patents. The parties agreed to appoint a separate negotiating team to deal with the issue.

The NCN appointees are: David Watts, Matthew Lucas, Shawn Atleo, Ron Martin, Judy Sayers and Jerry Jack.

Reports were heard from the Mandate Working Groups on respective workplans as follows:

Lands, Air and Waters:

- meet with Jurisdiction and Governance MWG to deal with offshore areas and ocean management
- conduct research on Mah-oo-us (property rights), Yat-soo-ah (rights along rivers) and Hitinkus (beach rights)
- continue work on parks paper

Natural Resources:

- work on issue of a proposed Natural Resources Act
- refine work on Environmental Assessment
- develop a paper on trapping and traplines
- Culture and Heritage:
- Each Nation is to designate a contact person and notify Darrell Ross
- Provide a progress report on identification of artifacts in public institutions and private collections

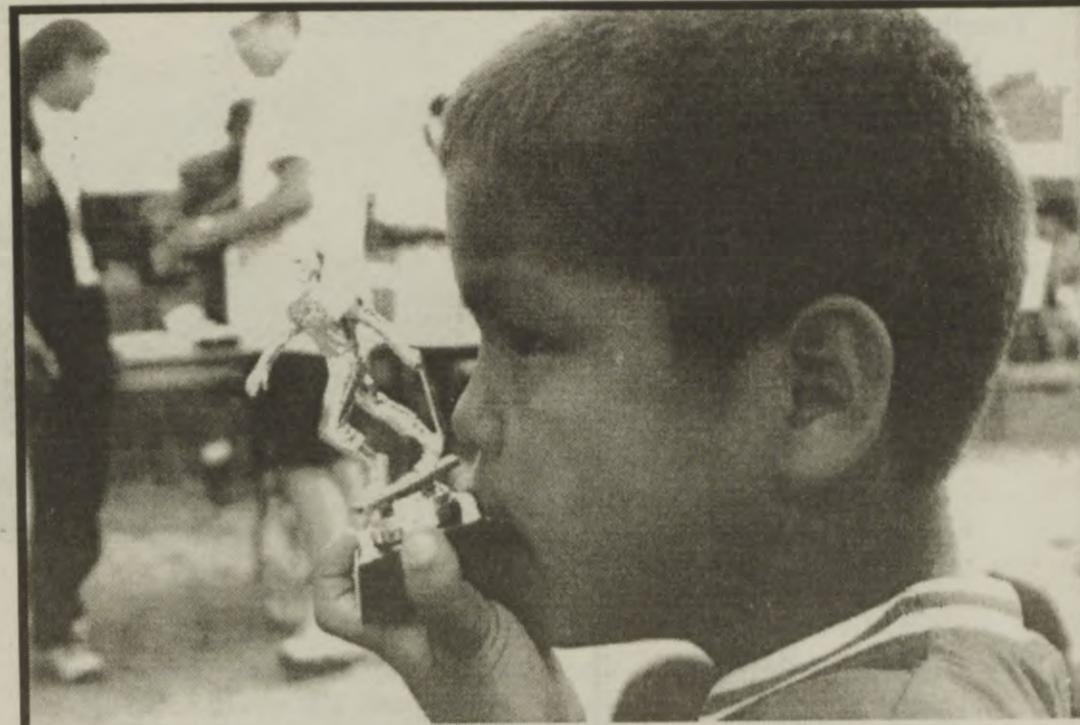
Jurisdiction and Governance:

- develop a paper on justice
- conduct a planning session on citizenship

Revenue and Fiscal Matters:

- prepare a discussion paper with respect to cash, land and resources and make recommendation as to how Nuu-chah-nulth will proceed with negotiation on this issue
- Each First Nation is to provide input to this paper.

The next NCN Treaty Planning meeting is scheduled for Sept. 2-4 at Tinwiss. The Treaty and Treaty Planning tables have agreed to take a break from meetings during the month of August.



Children of all ages revelled in the glory of Tlu-piich trophies at the awards ceremonies. Winning athletes listed on page 12.

Residential School Trial continues in Nanaimo

The 31 former Alberni Indian Residential School students who launched precedent-setting legal proceedings last February, will gather again at the Nanaimo courthouse from Monday, August 17th through to August 28th. B.C. Supreme Court Justice Donald Brenner has already decided that both the United Church of Canada and the Federal Government are vicariously liable for the abuses suffered by students at the school. He will now be asked to further that ruling to direct liability – a charge that carries more weight for plaintiffs seeking damages against the church and state.

"Justice Brenner will also identify specific punitive damages regarding the horrors inflicted upon Alberni Indian Residential School students, and the impacts of the Residential School legacy," says plaintiff Willie Blackwater.

"Did the church and/or Canada know through their agent (the school principal) that these abuses were taking place, and if so what did they or didn't they do to stop it," said lawyer Alan Early describing the direct liability focus of this part of the trial. "We feel that we've got them nailed on this (direct liability charges) as well."

The first stage of the trial dealt with the criminal actions of former dormitory supervisor Arthur Henry Plint who was sent to prison for sexually and physically abusing children in his care.

In this second stage of the trial, plaintiffs will introduce new names of offenders to the courts so that criminal prosecutions can begin if the people named are still alive. Issues such as loss of language, culture, family, community and identity will also be discussed.

Martha Joseph, the only female plaintiff will have her opportunity to testify before Justice Brenner on the abuses she suffered at the hands of former principal A.E. Caldwell during this stage of B.C. Supreme Court proceedings.

There are seven weeks of trial dates scheduled through to next year for this second phase of hearings. Barring all unforeseen obstacles, Brenner should be able to rule on direct liability charges by the summer of 1999.

Though times may vary from day-to-day, the August proceedings generally begin at 9 a.m. in Courtroom #208 at the Nanaimo Courthouse on Front Street.

The court proceedings are open to the general public, and the building has an elevator for those unable to climb stairs.

Specially-trained counsellors from Tillicum Haus are available both at the courthouse and at Tillicum Haus for plaintiffs and others who gather to hear the painful testimonies.

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Lay-out Guru
and all around good guy:
J.Dennis Bill

DEADLINE

Please note that the **DEADLINE** for submissions for our next issue is 4:30 pm on **Friday August 21, 1998**. After that date, material submitted & judged to be appropriate, cannot be guaranteed placement but, if still relevant, will be included in the following issue.

- In an ideal world, submissions would be typed, rather than hand-written.

- Submitted photographs should include return address, a brief description of subjects and enclose a self-addressed envelope for their return.

COVERAGE:

Please note that although we would certainly like to be able to cover all stories and events, as well as submitted material, we can only do so subject to:

- Sufficient advance notice
- Reporter's availability at the time of the event
- Editorial space available in the paper
- Editorial deadlines being adhered to by contributors



LETTERS & KLECOS

Ha-Shilth-Sa will include letters received from its readers. All letters must be signed by the writer and have the writer's name, address & phone number (if any) on it. Names can be withheld by request.

We reserve the right to edit submitted material for clarity, brevity, grammar and good taste. We will definitely not publish letters dealing with tribal or personal disputes or issues that are critical of Nuu-chah-nulth individuals or groups.

All opinions expressed in letters to the editor are purely those of the writer and will not necessarily coincide with the views or policies of the Nuu-chah-nulth Tribal Council or its member First Nations.



A LETTER OF THANKS

On July 13, 1998, Ben Jack Sr. and his family & friends arrived by canoe at the Tseshaht park. This special occasion was to transfer the "Motom Song & Dance", from the Hunt Family that Charlene had received during her becoming of age party. She also received some songs from Jerry Jack Sr. & Family to share. The songs that Charlene has permission to use are to be used with her & the Sam family during any cultural events that they may hold in the future.

We would really like to express our thanks to the following people who have helped out in this important cultural event.

To Jerry Jack Sr., For all your time & effort to help Ben get this special cultural event to happen. We are so grateful to you Jerry for pushing to get things to happen. We recognize how much you are involved with your cultural learning's all of your time, energy & costs, the hard work, the pressure, the cultural language, decisions & most of all – your devotion

Subscription Rate Change

Effective August 1, 1998, non-member subscription rates will rise to \$25 (twenty-five dollars) per year.

Due to the increased costs of printing and postage, and because of increased publication schedule (twenty-six issues per year, instead of twenty-four), this increase will off-set production costs of *Ha-Shilth-Sa*.

We thank our subscribers for their continued support.

David Wiwchar
Editor / Manager
Ha-Shilth-Sa

?a?iihp' iit
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contact Harry Lucas
724-5807 or 724-5757
or lucas@cedar.alberni.net
E.A.C.

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Federal Fisheries Minister David Anderson announces a government loan to future SEA Farms at the Pacific Biologics Station in Nanaimo.

David Anderson sticks to his guns

By David Wiwchar

Federal Fisheries Minister David Anderson descended into Nanaimo last Monday to present a \$7.5 Million loan to Future SEA Farms aquaculture, and a clock to DFO scientist Dick Beamish who will be receiving the Order of Canada in February of next year.

Future SEA Farms has been developing closed-containment fish pens that address many of the aquaculture concerns of the provincial government and B.C. First Nations.

Although the closed PVC-coated woven polyester bag addresses problems of fish and marine disease escapements, First Nations representatives who have toured the Future SEA Farm in Nanaimo agree more work needs to be done on many facets of the closed-containment fish bag, including the development of waste product removal systems.

But despite the good news happening on the wharves of the Pacific Biological Station that day, Anderson was still

plagued by Department of Fisheries and Oceans decisions to impose a "coho moratorium" all along British Columbia's West Coast.

Both commercial and First Nations fisheries groups have called the decisions unfair as they remain tied to the dock while recreational anglers continue to fish within areas where coho are present, but on a catch-and-release only basis.

"There is no targeted fishery for anyone on coho," Anderson said in an exclusive interview for *Ha-Shilth-Sa*. "It's a tough situation. I recognize that. It's tough for First Nations, tough also for commercial and recreational fishermen. You can never make major changes which have the same impact on everyone. That's just not possible."

Although Anderson has used the term "conservation" in his reasons for the moratorium, he has not used it in its legal meaning. Since conservation is the only thing that can legally prevent a First Nations food fishery, Anderson has been careful to address coho conservation concerns, while still allowing the economically powerful sports fishery to continue relatively unscathed.

"We have to now see what we can do during this cycle, and the next cycles of coho over the next three or six years to turn this around and hopefully then, there will be enough fish for everyone,"

Anderson said. "Unless we bite this particular bullet right now, we'll have this problem around our necks forever. The impact may be different for aboriginal and non-Aboriginal fishermen, but we still have to be driven by the measures to

protect the coho."

According to Anderson, DFO scientists are responding to local concerns like never before, and his office is encouraging scientists to develop an even greater rapport with area fisheries interest groups, and hire trained personnel who originate from particular coastal areas whenever possible.

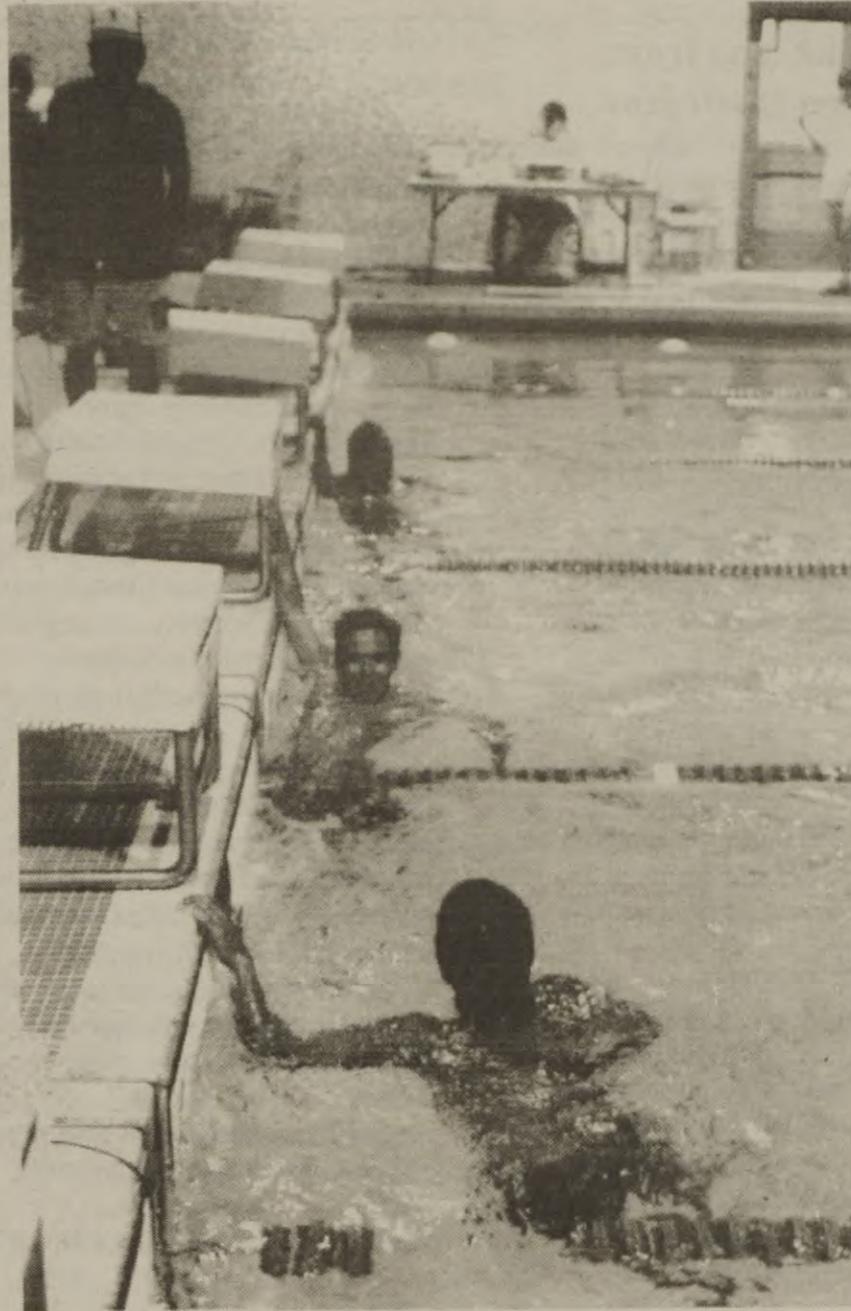
"I want to make sure there is that local involvement and local advise in the decision making process," said Anderson. "If Nuu-chah-nulth people wish to get in to the training process to ultimately take over those jobs in the future, that would be great. Having the educational and scientific qualifications combined with local, traditional knowledge would be just great for both the Nuu-chah-nulth First Nations and the Department of Fisheries and Oceans."

Anderson would not speculate on future decisions or their impacts on First Nations.

A self-described "fan of the Aboriginal Fishing Strategy", Anderson has been on the hot-seat since rumours of a coho moratorium began to circulate earlier this year.

Allegations of political interference in DFO science, and recreational fishing sector favoritism have swirled around commercial piers and in national newspapers.

"There is no effort being made to do anything but protect coho" said Anderson. "They are the reason we're making these changes."



Francis Frank (middle) congratulates fellow competitors in the 40+ mens 100m swim.



The members of the Les Sam Construction Fastpitch team celebrate their third consecutive Thlu-piich title. See page 11 for more results and photos.

TREATY AND PROGRAM INFORMATION MEETINGS FOR NUU-CHAH-NULTH LIVING AWAY FROM HOME

THIS IS THE CALENDAR OF MEETINGS TO PROVIDE INFORMATION ABOUT YOUR TREATY NEGOTIATIONS AND OTHER PROGRAMS. WE WILL UPDATE THE INFORMATION FROM TIME TO TIME. HERE IS THE INFORMATION FOR THE NEXT FEW MONTHS:

PORT ALBERNI:

SEPTEMBER 29 AT 6:00 pm IN THE PORT ALBERNI FRIENDSHIP CENTRE. THERE WILL BE A POTLUCK SUPPER – PLEASE BRING WHAT YOU CAN.

SEATTLE:

OCTOBER 17 AND 18, 1998, AT THE PEARL WARREN CENTRE OF THE SEATTLE INDIAN HEALTH BOARD. ON OCTOBER 18 WE WILL START AT 12 NOON AND ON OCTOBER 19 WE WILL START AT 9:00 am. A FULL MEETING OF THE NUU-CHAH-NULTH TREATY PLANNING TABLE WILL BE HELD AT THE THUNDERBIRD HALL IN CAMPBELL RIVER ON NOVEMBER 2 AND 3, 1998.

CAMPBELL RIVER:

A FULL MEETING OF THE NUU-CHAH-NULTH TREATY PLANNING TABLE WILL BE HELD AT THE VANCOUVER FRIENDSHIP CENTRE ON DECEMBER 7 AND 8, 1998.

VANCOUVER:

IF YOU NEED OTHER INFORMATION, PLEASE CALL WILLARD GALIC OR VIC PEARSON AT 250 724 5757.

Thank You from Wilma Doxtator

I wish to convey a sincere "Thank you" to the personnel committee of the Nuu-chah-nulth Tribal Council. The educational leave of absence granted for me to attend Malaspina University-College as a full-time student in 1997 has enabled me to fulfill a lifetime dream.

In January 1996, I was accepted into Registered Nurse Bridge-In program and began taking evening courses toward a Bachelor of Science in nursing.

In January, 1997, I commuted from Port Alberni to Nanaimo to attend classes from eight-thirty a.m. until four-thirty p.m. each day. The rest of my time was spent doing the massive amount of required reading and writing of papers. When I didn't have a book in front of me to read, I was sitting in front of the computer, typing out ten-page assignments for each of the six courses that I had signed up for, each semester. Some of the letters on the keys of my keyboard are now actually worn off.

In January, 1998, I returned to work full-time and continued to attend school. I still needed to take three courses. I did this through evening classes and used occasional vacation days from January until April 9, 1998.

Having completed the program and earning a university degree is the fulfillment of a life-time dream. I had always regarded a university degree as just a dream that would

never be a reality. Like many people, I thought I would never ever have the opportunity or the ability to accomplish such a goal. As a young person in high school, and again as a married person with five little children, I would sometimes pencil-sketchn graduation cap, along with a diploma with my name on it. At those times, I knew it was just wishful thinking. After all, who would expect in the 1960s, that an aboriginal woman with kids could ever get a university degree?

It has taken since 1975 when I started back to school as an adult, then worked, and repeated the process of work and school to eventually reach this goal. You can imagine what a proud and thrilling moment it was for me to walk across that stage to receive congratulations from the President of Malaspina University, and to receive that long, sought-after degree.

It was just as thrilling the following day, at work, to unexpectedly receive a dozen beautiful, long-stemmed roses, the greeting cards, as well as a luncheon in my honour, plus the many "congratulations" from staff members. Thank you all, very much.

My family live in Ontario and were unable to come and share this proud moment with me. However, the people who convey their best wishes and who continue to tell me that it is inspiring to know that it can be done, make up for a lot. I want all of you to know that I appreciate it. Thank you again.

Wilma Doxtator, RNA, RN, CHN, BScn.



Gord and Mae Taylor spend some time with Bobby Kennedy at Tin-wis. Kennedy, who earlier in the day spent time on Stubbs Island for the Clayquot Protestors Reunion, renewed old friendships with many Nuu-chah-nulth members.

Attention

Tseshaht Membership residing off reserve you must apply for Band Membership. If you are showing on the D.I.A. list it does not mean that you are on Tseshaht's Registry Band List, as you must apply for Band Membership. Newborns as always still need Large Birth Certificates, a form here at the Band Office to be filled out. Deletions, transfers, deaths, marriages, change of name still must be recorded as an event that has happened so that I may change the Band list accordingly Tseshaht Membership. Administrator and contact person is Lisa Robinson at 1-888-724-1225 toll free number or fax 250-724-4385.

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ADVISORY - Medical Coverage Not Automatic

Reference: Recently, many bills were received at the NTC (Non-Insured Health Benefits Section) (NIHB) from parents requesting payment under this plan.

If a child is not registered with Indian Affairs and the province there is no medical coverage. Therefore, **full responsibility for payment of medical visits, X-rays, etc.** will fall on the parents!!! Indian affairs **cannot and will not pay** any bills without full coverage. Remember, unless a child is registered with both Indian Affairs (Status Card) and the provincial medical plan (MSP Card) two **very important** medical factors apply

- The child is covered under the parent medically, for only three months; and
- Once the child reaches 1 year of age then they are no longer covered under the NIHB program for: equipment; supplies; drugs; dental; and optical.

Normally, a child reaching 19 years of age requires (her or his) own medical care card. A child can maintain medical coverage up to age 25 when in **full-time attendance** at a post secondary institution, that is approved by the provincial medical commission.

It takes **6-8 weeks to obtain these coverage cards!!!** Start the process immediately!!! Do not assume it is done!!! Follow up with this until you have both cards!!! Questions to be directed to the Band Membership Clerks, or the NTC Registry Office, 724-5757.

Robert Cluett, CD
NTC NIHB Program Supervisor

Until Our Paths Cross Again....

by Wayne Lord

On Friday, August 7th the Mowachaht/Muchalaht community hosted a very special luncheon. This luncheon was held in honor of our Christian summer volunteers, Lisa & Karen as they will be leaving for their homes on August 9th.

In the Tsaxana Administration Building's Library, approximately 35 community members joined Karen & Lisa for a potluck lunch. During the meal Kelly John shared a few kind words of acknowledgement for Karen & Lisa for all that they have done for the people of the Mowachaht/Muchalaht community. He wished the a safe journey as they prepared to leave for home.

Karen also felt that her most memorable moment happened when she first arrived and all the kids shared the need for having workers and the overwhelming feeling of welcome.

Lori Wilson, the Community's Recreation Director also acknowledged the young women for all their hard work they had done throughout the community.

Lori presented both Karen & Lisa with a Land of Maquinna poster and Tsaxana T-shirt.

After the presentations, Karen thanked the Chiefs for allowing them here in the community and thanked the whole community for making her feel welcome. She said she would really like to come back. Lisa tearfully said that she was leaving part of her heart here. She said she feels like we are her brothers and sisters. Lisa thanked the whole community for sharing and caring for her and that her mother had nothing to worry about because she was taken care of so well. She would like to return.

All in all it was a great luncheon and a good time was had by all.

Thank you to all those who brought their specialty and to Lori for setting up this special event.

I had the opportunity to sit down with Lisa & Karen two days prior to the luncheon and they shared their thoughts about their stay in our community. Lisa Race who is a student at Biola University in Los Angeles, California and Karen Saroian, who is an active member in North America Indian Ministries in Chicago, Illinois joined our community at

the end of June on a six week Christian volunteer program. Over the past six weeks Lisa & Karen have held a weekly Kids Club, helped at the Tlu-piich Games and volunteered their time unselfishly where ever they could.

When asked about what they liked most about their stay, they both agreed that it was the beautiful people and surroundings.

Lisa said her most memorable moment happened when she first arrived and all the kids shared the need for having workers and the overwhelming feeling of welcome.

"About the future," said Tom Paul. "I see my new position as a means of helping the Ahousaht First Nation and local salmon farmers come together with the common goals of producing positive changes, building trust, and developing a working relationship for the benefit of generations of children to come. These are long term goals that won't happen over night, but with good will and hard work it can happen."

"Tom Paul brings his broad experience in the fishing industry as well as his exceptional communication skills to this position," said Marcel Gijssen, Alberni/Clayoquot Representative for the BC Salmon Farmers Association. "Tom was very highly recommended, and I am looking forward to working with him. I hope that the hiring of a Liaison is just the first step of many that can be taken to bring salmon farmers and First Nations closer together, to build trust and cooperation, and to work together to find ways of addressing any concerns about salmon farming in this area."

Mr. Tom Paul has worked as the Administrator of the Ahousaht Fishing Corporation, as a GIS operator for the Ahousaht First Nation, as a commercial fisherman, and as a commercial seafood diver. He was a member of the Ahousaht Fisheries Committee from 1990-1997. Mr. Paul has a very extensive list of references that unanimously commend him for his constructive, positive attitude, his excellent organizational and communication skills, and his strong commitment to the Ahousaht First Nation and natural resource issues.

Ahousaht Liaison Officer

Hired by Clayoquot Salmon Farm Companies

Salmon farmers in Clayoquot Sound are pleased to announce the hiring of Mr. Tom Paul for the position of Ahousaht Liaison Officer. Three salmon farm companies, Blue Tornado Enterprises Inc., Pacific Aqua Salmon Farmers Ltd., and Pacific National Group Ltd., have farms that operate in the traditional territory of the Ahousaht First Nation. These companies created the Liaison position on the advice of Ahousaht members to help improve communication and cooperation between the salmon farm industry and the Ahousaht First Nation.

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New Northern Region Reporter

Hello! My name is Wayne Lord and I am a member of the Mowachaht/Muchalaht First Nations. I reside in Gold River, BC on the Tsaxana reserve. I have recently been hired as the Ha-Shilth-Sa Northern Region reporter. An endeavor I look forward to.

I was born in Esperanza, BC. My father's name was August Dick and my mother's name was Isabelle Francis. I come from a large family of sixteen children. Of the sixteen children I have six brothers and one sister remaining. Myself, I have five children.

I was adopted out to a non-native home when I was an infant. And it has been just over 10 years now that I have found my way back home. Over the past 10 years I have worked for the Mowachaht First Nation. My jobs have included Economic Development Officer (trainee), Community Development Officer, Expediter and Administrator.

I am very enthusiastic about being a reporter for the Northern region. It is an exciting region with much to report about. I want to say Kleco Kleco! to all those who shared their thoughts and ideas with me. I thank you for your support, it is taken to heart.

If anyone in the Northern Region would like any event or story covered or you just want to pass on acknowledgments, please do not hesitate to call me at 283-2012. Or you may fax me any story, poem or acknowledgments at 283-7738. Please note the Ha-Shilth-Sa upcoming deadlines. Items must be received by the following dates: August 21, September 4 and 18, 1998.

I look forward to serving the Northern Region and I look forward to hearing from you!

Kleco Kleco!

Respectfully,
Wayne Lord, Northern Region Reporter



The Hupacasath First Nation hosted the swiftwater Rescue Canada Training Session during the 1st week of July. 14 participants received or audited their Swiftwater III certificates. Swiftwater Rescue Technicians: 1998 - (back row l-r) Steven Tatoosh, Mike Turner, Fred Race, John of Rivers Inlet, unknown, Jerry Martin, unknown, Tammy Lauder. (Middle row l-r) Harvey Mark Jimmy James, Susan Lauder, Joann Verhaeghe, Mike of M.C. Wright & Associates. (Front row l-r) Instructor and Jody Miller. Congratulations to all participants.

Harold Little Memorial Scholarship



This scholarship is open to all former haahuupayak students. The deadline for application is August 21, 1998. All applications can be sent to:

haahuupayak school
6000 Santu Drive
Box 1279
Port Alberni, B.C.
V9Y 7M2

FOCS Make Forest Management Recommendations to CRB

by Denise Ambrose

The Friends of Clayoquot Sound (FOCS) and the FOCS Forest Watch Program made a presentation to the Central Region Board on July 30. They came with their soon-to-be released document 'Implementing the Scientific Panel: Three Years and Counting.'

FOCS spokesperson, Valerie Langer, said that the reason for the report is to open dialogue on forest practices in the Clayoquot Sound. FOCS have implemented a Forest Watch Program and, for the past three years, have been visiting cutblocks in the sound. They check for adherence to the Scientific Panel Recommendations (SPR).

Langer pointed out that the FOCS "have never been able to accept the conclusions of the Panel because on one significant failing. The Panel did not consider Clayoquot Sound in the larger ecological context in which it exists." She explained that the Sound represents one of the last relatively intact old-growth forests in the world. The SPR is based on resources available within the boundaries of Clayoquot Sound, not taking into consideration the rest of Vancouver Island which has suffered greater impacts from clear-cut logging.

"In the landscape of Vancouver Island, which has lost 73% of its original forests already (Sierra Club, 1998), Clayoquot is one of the last remaining large tracts of ancient forest and is, therefore, the most significant remaining storehouse of biodiversity for the region."

the Sound represents one of the last relatively intact oldgrowth forests in the world.

FOCS does appreciate the revolutionary nature of the SPR, saying that, "under current BC forestry policy...forest lands are to be managed for sustained timber supply, but the Panel calls for forests to be managed for ecosystem integrity. BC's forestry law is focused on tree extraction while the Science Panel is concerned with forest retention."

Of their cutblock evaluations, Forest Watch volunteers reported deficiencies such as landslides, blowdown, road failure, harvesting in scenic corridors and/or undeveloped watershed and removal of culturally modified trees. They acknowledge that the forest companies have, in some cases, undertaken to implement some of the SPR of their own accord. Forest Watch noted that in some cases the recommended retention level was above the required 39%. It was also noted that the forest companies moved to implement

variable retention as opposed to clear cut logging immediately after the adoption of SPR. The companies have also been gathering information related to hydriparian (edges of water bodies such as streams and lakes) features, soil stability and rare and endangered species in the area.

FOCS are concerned that the spirit and intent of the SPR is being compromised. They charge that the planning committee and CRB are caught between implementing the SPR (forest management for retention) and pressure from government to "get the wood out (volume-based forest management) and make Clayoquot Sound work."

Their report included seven recommendations designed to get the SPR "back on track." "We have been living with Interim Guidelines since 1991 and are still waiting for the promised 'world class forestry practices,'" said Langer.

The FOCS recommendations are:

- Conduct a comprehensive and independent conservation biology study of Vancouver Island, including Clayoquot Sound, to serve as the context for decision-making.

The Planning Committee must address the failure to implement adaptive management and adaptive policy in Clayoquot, with a particular focus on the failure to set objectives. The committee must also grapple with what level of risk is acceptable in the adaptive process given that the functioning of ecosystems over time is not yet understood, and no attempt at evaluating the impacts of present logging has been made.

Re-establish the planning framework to respect the hierarchical approach to protecting the ecosystem as laid out in the Panel's recommendations, and to explicitly resist the volume-driven time pressures exerted by government and industry officials. Immediately bring interim guidelines in line with the Panel's recommendations, particularly around the critical watershed rate of cut.

Tighten interim cutting guidelines to embody more of the Panel's recommendations, bearing in mind that they are minimum (FOCS) standards. Subject "best available information" to greater scrutiny, and immediately begin a monitoring program of the impacts of logging to feed into adaptive management and policy.

Restructure Clayoquot's forest companies to match the degree of change contempl-

plated for the regulatory framework. This restructuring must embrace value over volume and must improve community equity in ownership in order to be viable and to safeguard the standards of the Panel.

Embrace the concept of "hishuk ish ts'awalk," acknowledging that local First Nations and Non-native people are part of the ecosystem of Clayoquot Sound. Make local participation in ongoing planning processes a priority.

Langer reiterated to the CRB that this is a discussion paper. The paper is to be publicly released at a press conference in Victoria on August 4.

RAMS (Regional Aquatic Management Society) spokesperson, Dan Edwards addressed the CRB on day two of their meeting. He spoke of the growing frustration RAMS has been experiencing in their dealings with DFO.

On the fish allocation issue, Edwards said that if fishermen do not catch their allocations within the specified time and boundary, the allocation is given to another area. In the interest of saving the livelihoods of the remaining fishermen, RAMS has lobbied DFO for flexibility by allowing the fishermen to fish in more than one area. DFO's answer was no. Edwards said that the fisheries minister's policies have been applauded by environmentalists as a move toward conserving the stocks.

"It is not conservation when the allocation is simply being moved to another area," said Edwards.

It will be the end of independently-owned commercial fishing boats who are in support of looking after the resources.

Members of RAMS and other concerned individuals plan to meet with David Suzuki of the Suzuki Foundation in an attempt to educate

the environmental community. The meeting is to be held on July 31.

Edwards warned that DFO is planning yet another license buy-back program.

"Ahoosah has only two boats fishing, the rest took the lay-off. There are many boats in Port Alberni and other harbours with for sale signs on them. If the buy-back goes through, it will be the end of independently-owned commercial fishing boats who are in support of looking after the resource because they live with the resource. Large transnational corporations will control the resource if this goes through," said Edwards.

Edwards came to the CRB seeking support for a list of RAMS submissions to DFO. He said that it is getting more and more difficult to get fishermen out to protests and such because they are dispirited and they are broke.

CRB has undertaken to write letters to the appropriate ministers and will include the media. Both CRB Chairmen agreed to attend the Suzuki Foundation Meeting.

On a positive note, Edwards reported that, pending BC's financial support, the Ucluelet hake plant, Pacific Coast Processing may reopen in a week. Things looked promising on BC's part. If all goes well, the hake plant will reopen and 150 people will return to work.

According to Rose Touchie, acting Ucluelet Band Manager, the most recent news is that BC has come through with funding but letters of credit are required from the Korean and Japanese markets. Plant employees are on standby.

The CRB approved a Water License Application submitted by Tla-o-qui-aht First Nations. Tla-o-qui-aht First Nations is seeking to provide water for the community of Opitsaht from Christie Lake.



Students of Nuu-chah-nulth Language Immersion Program - (front row l-r) k'iisahičiit Shawn Atleo, Quux'aqsa Crystal Sutherland, Randy Johnston, Sean Amos. (middle row l-r) Tess Smith, Geraldine Tom, Barbara Touchie (teacher), Dolores Bayne (cedar bark Teacher) Levi Martin (teacher), Betty Keitlah (teacher). (back row l-r) L.J. Jones (co-ordinator) Jan E. Green, Geraldine Allwork, Maureen Touchie, Millie Smith, Howard Jackson, Francis (Frenchie) Smith, Doll Hayes, Syd Pauls, Barb Williams, Herbie Joe, Roger Robert.

Language Students Graduate

by David Wiwchar

If life can be compared to a box of chocolates, then Levi Martin can use another chumus analogy for the Nuu-chah-nulth language.

"It's like potato chips," said Levi, when asked about teaching Nuu-chah-nulth language. "Once you get a taste, you've got to get more."

And that desire for more is exactly what graduates of the Haahuupayuk Language Immersion Program are looking for, as they take their newly acquired knowledge to write and speak the basics of Nuu-chah-nulth,

and now seek to learn more about the language that has been released from inside of them.

"It will take years and years for our people to be fluent again," said Levi.

"And this is a great start for us."

Haahuupayuk Language Immersion Program celebrated their fourth graduating class of Level One Language students with a ceremony at the beautiful Haahuupayuk School auditorium.

The one-month immersion program teaches the phonetic alphabet of the Nuu-chah-nulth language, and teaches the southern, central, Barkley, and northern dialects.

"The Level One Immersion Program teaches students who cannot speak the language, the tools to learn the

language, and it gives the teachers the tools to teach the language," said program coordinator Jane Jones.

This is the fourth time the immersion program has been offered, thanks to the financial sponsorship of the Alberni - Clayoquot Skills Development Centre, Haahuupayuk School, and many of the Nuu-chah-nulth First Nations.

The 23 graduating students came from six different First Nations, and were taught many of the subtle differences between the languages of various NCN First Nations.

"This program is something our First Nations need in order to bring back our languages," said teacher Barbara Touchie. "We are making that effort to bring it back."

"It's a re-awakening of our language," echoes teacher Betty Keitlah. "This program also helps the teachers in how our ancestors spoke, because a lot of our words have been put aside. And once students get those skills in dialects, it's going to work. And to be a part of it all is very exciting," she says with a big smile.

At the graduation ceremony, Betty thanked all of the elders for their involvement in the immersion program: "Without the elders, we'd be losing our way of life as Ku'u."



Local Entrepreneur Thankful for Support

Deb Botting of Tofino would like to take this opportunity to thank family, friends and clientele for their support of her very personal accomplishment. It has been one year on July 15 since Deb embarked on her road to sobriety. The support, encouragement and caring have made a great contribution to her achievement. Deb would like to say a special thank you to Paul Sam for being such a great friend. "Paul has come to visit everyday, his support has meant more to me than he'll ever know," said Deb.

Deb is the owner of Deb's Hair Boutique in Tofino. She also provides space for her mother's gift shop where one can find Paul Sam's gold and silver carved native jewelry, amongst other gift items.

Deb's Hair Boutique has new hours.

Tuesdays to Fridays: 9:00am to 6:00pm

Saturdays: 9:00am to 5:00pm

Sundays and Mondays: closed

Last appointments are available when booked in advance. For appointments call (250) 725-2099

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All Nations Training Institute, The Young Warriors Foundation, The Red Road Wellness Association, are registered companies of LMAN Consulting Services Inc.

Tsewultun polices Chemainus area

by David Wiwchar

Central east-coast Vancouver Island First Nations are taking the law into their own hands.

Taking a large step towards self-determination, Chemainus and Crofton area Native band councils came together to form the Tsewultun Police Service; one that would be more in tune with the culture and needs of the First Nations people that they are sworn to protect.

Distrustful of police because of their role in enforcing the Indian Act by dragging aboriginal children away from their families and forcing them into Indian Residential Schools, First Nations leaders are looking for new routes towards healing and justice. "This is the closest thing to true community based policing" says Tsewultun's Cheif Constable Dan Kelly. "It's an aboriginal solution to an aboriginal problem where we stress problem-solving over enforcement."

The Tsewultun Police Service began operations in December of 1996, setting up shop in the small corner of a weathered portable-trailer on the Halalt Indian Reservation on Chemainus Road.

Tsewultun is the fourth First Nations administered police service launched in B.C. in the last four years and is already well respected in the law enforcement community, being hailed as a model for future First Nations administered police services across the province.

The four constables of the Tsewultun Police primarily patrol the Halalt, Lyackson and Penelakut reserves in the Chemainus - Crofton area, but have jurisdiction off-reserve as well. Constable Arnold Guerin, who calls the Ladysmith and Musqueam reservations home, always has a smile for the people he meets on the reserves and listens intently as they convey their concerns.

Despite the cold early-morning air, Guerin rolls down the window of his Isuzu Rodeo Police vehicle as he drives through the small Halalt community on Tussie Road near Crofton. "Some people don't have phones here" says Guerin. "Sometimes they'll just yell for you out of their windows as you pass."

Guerin points out all of the homes, and recites the family names as he passes them. Familial connections are strong in the Native community, and the Tsewultun Police members are acutely aware of this, and how it affects their jobs.

"The people are our eyes and ears. They tell us things that a regular RCMP member would probably not be told" says Constable Guerin, obviously pleased by the growing level of trust and support he has received from the

communities. Constable Steve Johnny grew up on the Penelakut reserve on Kuper Island, and in the communities around Chemainus and Crofton. "Knowing the people a little better makes my job easier" says Johnny, whose family still resides on Kuper, and on the Halalt reserve.

The ghost of the Kuper Island's former residential school still haunts the community, making many of the school's survivors wary of figures of authority trying to impose themselves within the tightly-knit community.

Guerin admits that establishing a police presence was difficult at first, but community service projects such as the annual Tsewultun Police Christmas toy drive, has made relations a little easier for the constables, strengthening the officers position of trust within the community. "Fifteen to twenty years from now, these kids will remember the positive interaction they had with a police constable" says Kelly. "They'll remember one of their own giving them toys at Christmas".

"This is the closest thing to true community based policing" says Tsewultun's Cheif Constable Dan Kelly. "It's an aboriginal solution to an aboriginal problem where we stress problem-solving over enforcement."

As the Tsewultun Police Suburban winds its way along the dirt roads of Kuper, children and adults come out to wave or talk to the Constables. Quick with one of his trademark beaming smiles, Constable Steve Johnny jokes with an elder while children tug at him to stay and visit with them.

Constables Guerin and Johnny have developed a level of rapport with the people of Kuper Island that is unprecedented. The people of the Penelakut, Lyackson and Halalt bands look upon the constables as friends rather than prying eyes.

Mooring the Tsewultun Police boat at the mid-Island area, Constable Guerin admits the general public is still a little confused about Tsewultun's jurisdiction.

"A lot of people come up and talk to me about who we are and what we do" says Guerin. "I tell them that we're a provincially appointed, First Nations administered police service with jurisdiction both on and off reserve".

The Tsewultun Police have a mutual assistance clause and protocol agreement in place with the RCMP detachments in Ladysmith, Chemainus and Duncan. The well trained Tsewultun constables regularly assist the RCMP when needed, and will perform initial response duties when they are the closest available members to a call.

Constable Guerin speeds to the scene, setting up the initial containment area around the neighborhood while the RCMP member interviews the complainant, witness', and one of the burglary



Tsewultun Police Constable Arnold Guerin patrols the Penelakut Reserve

suspects.

Soon, RCMP officers from Duncan, Chemainus and Ladysmith will join Constable Guerin, waiting for the remaining suspect to emerge from the dense, rain-soaked wilderness behind the crime scene.

"They're doing a great job" says Chemainus RCMP Sgt. Don Butler. "We work with the Tsewultun members quite often, and it has gone very well".

With Tsewultun still fairly new to the mid-Island area, Constable Guerin admits the general public is still a little confused about Tsewultun's jurisdiction.

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Constable Guerin speeds to the scene, setting up the initial containment area around the neighborhood while the RCMP member interviews the complainant, witness', and one of the burglary

are becoming increasingly prevalent as Native self-determination grows, and as self-government becomes a reality for many B.C. Native bands.

According to Constable Johnny, it took over four years of planning and development for the Tsewultun Police to become a reality. "I'm glad that part is over with" says Johnny, who played a pivotal role in bringing the Tsewultun Police Service into being.

Chief Constable Dan Kelly is pleased to see First Nations administered police services starting in B.C., but admits that we're well behind other Canadian provinces in approving these new police services. "There are over one hundred agreements across Canada" says Kelly, citing the many detachments in Ontario and Alberta as examples.

The members of the Tsewultun Police Service spend most of their time patrolling the reservation communities, responding to complaints, assisting local RCMP detachments, working as liaisons with the local band offices, and even handing out a few traffic tickets on the roads around Chemainus and Crofton.

The Tsewultun Police are a highly respected organization, and as a result are expanding. "Further to a request from the Chief and council of the Chemainus First Nations, we are beginning the final preparations to become their police service", says Chief Constable Dan Kelly. First Nations administered police forces

Aboriginal RCMP works for Nuu-chah-nulth

By David Wiwchar

After seven years of negotiations and debates, the tripartite policing agreement between federal, provincial, and Nuu-chah-nulth governments has now been in place for four months, and according to Native RCMP Constable Ken Stevens, things are going extremely well.

The agreement signed by Huu-ay-ah, Hupacasath, Tseshah and Uchucklesaht First Nations ensures that their reserves will be provided with "effective, efficient, professional and culturally responsive policing services".

The two First Nations RCMP Officers spend a total of 80% of their combined time on reserves, policing the area, and conducting programs designed to make their jobs easier in the coming years. "Community policing is about being proactive rather than reactive," said Constable Stevens, who hails from the town of Kincolith in Nisga'a Territory.

"We try to stop the cycle of violence, drugs and alcohol by paying particular attention to the kids in the schools, as well as the elders," he said.

Conducting lectures in area schools or sitting down for a cup of tea with an elder, Constable Stevens knows his biggest task is to break through the stereotype of an RCMP Officer, working with the Nuu-chah-nulth people to develop a new kind of relationship based on trust and mutual respect.

Stevens realizes the contradiction. Being a Native person in an RCMP uniform is like a barking dog that is wagging its tail: which end do you believe?

But as Stevens points out, the RCMP has evolved into a more responsible, and community-oriented police force.

Gone are the days of white officers harassing First Nations people for no reason. The RCMP have distanced themselves from the days of forcing parents to send their children to Residential Schools. The 1990's has produced a kinder, gentler RCMP, where officers are trained in specially designed cultural sensitivity programs.

"There are more opportunities for First Nations policing as there is an emphasis on having officers to represent the makeup of the communities where they serve," said Stevens. "It's not a hard job, but it is demanding, and it takes a lot of dedication."

Always looking to develop his skills and abilities, Stevens has also trained as an Emergency Tactical Unit member, a Bicycle Patrol Instructor, and is certified

in Inland Water Transport.

The two Native Constables are paid by the Federal Government (52%) and the Province of B.C. (48%). The Band Councils agree to provide the officers with office space for their community detachments, and set up a community consultative group to develop the objectives, priorities and goals of the Community Police.

Band Councils also play a role in the policing of reservation communities with Band Council Resolutions (BCR), where convicted felons can be evicted from Band property.

"We're probably going to see more of that over the next couple of years," said Stevens.

"Community Policing is about being proactive rather than reactive"

As First Nations try to clean-up their reserves that have been ghettoized by oppression, more power is being given to Band Councils as they seek to chase drug-dealers and other criminals from their territories.

The Community Police Offices at the Huu-ay-ah, Hupacasath, Tseshah and Uchucklesaht Band Offices have regular hours posted beside the door, and band members are invited to drop in anytime. "It's just a small little office space, but the door is open all the time," said Stevens. "Community Policing is a new thing, so it's a process of trial and error, but we're working through it," he said. Stevens, who polices Tseshah and Hupacasath territories, and Constable Ron Stenger who polices Huu-ay-ah and Kildonan know they have their work cut out for them, but that they have it easier than non-Native officers who police First Nations territories.

"It's easier for people to talk to a First Nations officer," says Stevens. "That makes our job easier because people feel more comfortable telling us things that are going on, and answering our questions as well. People tend to trust us a little more."

Stevens is now helping to set up a Citizens On Patrol (COPS) program on the four reserves, and is also making calls from other Nuu-chah-nulth First Nations on how similar tripartite policing agreements could improve security for their members.

Proving that it is impossible to stop an idea whose time has come, Stevens is an ever present face in the Tseshah and Hupacasath communities, and looks forward to many more years of service within Nuu-chah-nulth communities.



HIV in Nuu-chah-nulth Communities

By Penny Cowan, Community Health Outreach Nurse

Are we seeing HIV in Nuu-chah-nulth communities? The answer to this question is definitely yes.

Why are we not seeing people die of AIDS like we did a couple of years ago?

There are now drugs that help people to stay healthier much longer. However a person must look after their physical, emotional, and spiritual needs to ensure these drugs are effective. Sometimes when people are diagnosed with HIV it helps them take a good look at these aspects of their life.

How much HIV is in Nuu-chah-nulth communities? So far the numbers of people identified are not large. However a person can have HIV and not know it.

Therefore we think that the numbers may be greater.

Why would a person be tested for HIV? HIV is passed from one person to another by Human Immunodeficiency Virus. The virus is passed from blood or bodily fluid from one person to another by sexual intercourse or by sharing needles, as in the case of intravenous drug users. It can also be passed by a woman who is pregnant, to her unborn child or following birth, via her breast milk. Anyone who has multiple sex partners, or who shares needles should be tested for HIV.

If I am in a relationship and only have one sex with that person do I need to be tested? Unfortunately, we are seeing people in relationships that do test positive for HIV either because their partner came in contact with the virus before this relationship or because their current partner has had sexual encounters or shared needles without their knowledge.

What is the best way to protect myself from HIV? The only way to be perfectly sure of not getting HIV is to wait to make sure that your sexual partner is free from the disease. If you keep to one relationship and neither person has sex with anyone else or share needles then you will not get HIV. Condoms do greatly help prevent the spread of the disease but are not 100% effective.

If I do get tested what will that tell me?

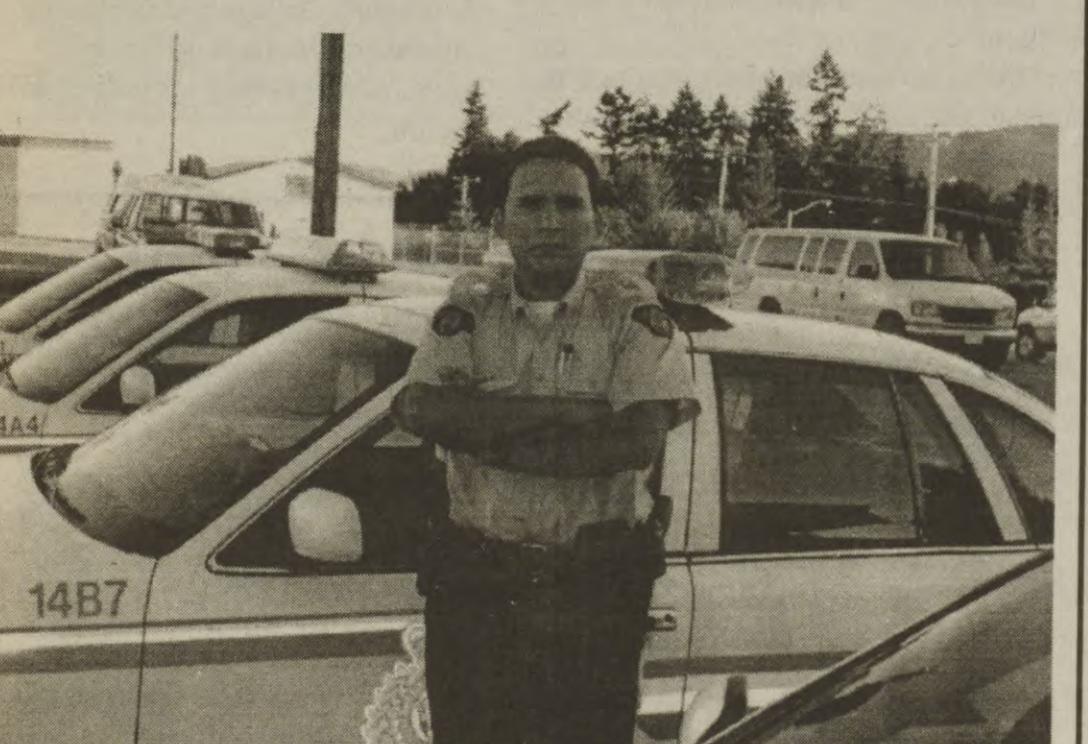
When you have a test for HIV it will tell you that you are positive or negative for the disease. There is however a window period. This means that anyone that you had sex with or shared needles with until six months ago will affect the results of this test. But anyone in the last six months may not. Therefore if you are worried about the last six-month period, you will need to be tested again. It takes most people two months to come into contact with the virus (if their blood is going to convert to positive). However a small percentage take up to six months to convert.

What does being positive of HIV mean? The Human Immunodeficiency Virus has a coat on it with little spikes, which fit just nicely into receptor sites of some of our white blood cells, called CD4 cells. These cells are responsible for fighting infections in our body. A person with HIV will have a lower CD4 blood count than normal to fight off infections. Their viral load counts then go up.

How do medications affect the disease? The new triple combination medications are able to keep people healthy for a much longer period of time. There are some unpleasant side effects for some people. Also some people have to take a lot of pills. This is hopefully going to change soon.

How does one go on to develop AIDS? When the body can no longer fight infections, people with HIV will develop more serious illnesses such as Kaposi's sarcoma, or pneumocystis carni. They are then diagnosed as having AIDS. It may happen as a result of a person not looking after their health very well, and perhaps not taking their medication as prescribed.

What is the Tribal Council doing to fight this disease? A strategy for detection and treatment is now in place for communities to take action. In the fall, CHRs and nurses will be trained to do a blood spot test to detect HIV as well as counselling before and after the test. For more information contact your health representative or Penny Penny Cowan at 724-1281.



RCMP constable Ken Stevens after a full day keeping Tseshah and Hupacasath Territories safe.

WANTED: NUU-CHAH-NULTH NURSES

Interested in Nursing as your career of choice? If so, please contact Leona McBride at the Community & Human Services Office at 724-3232. Leona is working as a nursing student for Community & Human Services for the summer. She is available for questions and help until August 21, 1998.

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WHERE: Port Alberni, B.C.
DEADLINE: September 4, 1998
CONTACT: Wendy Gallic, Coordinator
 724-3232 or 723-7409

*** BIDS FOR CATERING LUNCHES WILL NOW BE ACCEPTED ***

Long Beach Model Forest receives extension

Long Beach Model Forest Society (LBMFS) has signed a contribution agreement with the Canadian Forest Service that extends the Model Forest program to March 31, 2002. The agreement includes a yearly base funding of \$500,000.

The Society has contracted Eric Schriff as the general manager. Eric has served on the Board of directors of Long Beach Model Forest as well as on its Administration Committee. He has also served on numerous working groups for the model forest as they developed their five year strategic plan and new organizational structure. Eric previously worked for International Forest Products in Tofino as area forester for Clayoquot Sound. LBMFS submitted a Phase II program proposal in March that was accepted by a national review committee of the national model forest program. Following the membership's acceptance of the Society's revised constitution and



Long Beach Model Forest's president, John McIntosh and Norma Dryden, assistant general manager sign agreement that extends the model forest program to 2002.

The Long Beach Model Forest Society is a working partnership of individuals and organizations who have an interest in the local forests and share a commitment to work with others towards the vision and goals of the Society.

Membership categories are:

- | | |
|--|-------------------------------|
| <input type="checkbox"/> Government incl. First Nations Government | (Government Organizations) |
| <input type="checkbox"/> Youth | (persons under the age of 26) |
| <input type="checkbox"/> Natural Resources | (Organizations) |
| <input type="checkbox"/> Social and Cultural Resources | (Organizations) |
| <input type="checkbox"/> Economic and Resource Products | (Organizations) |
| <input type="checkbox"/> Individuals | (Members at large) |



For a formal application form to the Society, please contact us:
Long Beach Model Forest Society
243 Main Street, Post Office Box 1119, Ucluelet, British Columbia,
Canada V0R 3A0
Tel:(250) 726-7263 Fax:(250) 726-7269 E-mail: info@lbfbc.ca

Dan Legg, C.G.A.
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V9Y 6J7

Bus: (250) 724-0185
Fax: (250) 724-1774

Our Apologies and Congratulations

Bylaws at a special general meeting on July 6, Long Beach Model Forest entered into the extension agreement. "The extension of the Long Beach Model Forest program, with an emphasis on partnership development and co-funding projects, will add about 4 million dollars of funding to the region over the next few years," Schriff noted.

Canada's Model Forest Network includes 11 sites located across Canada and is coordinated by the Canadian Forest Service, a sector of Natural Resources Canada. An aboriginal site, the Waswanipi Cree Model Forest in northern Quebec, was the newest member to the network in 1997. There are a growing number of international sites located in US, Mexico, South America, and Russia.

The Long Beach Model Forest will continue to foster the concepts of sustainable forest management through research, training, communications, education, applied technology, and demonstration.

GRADUATION 1998

Uchucklesaht Graduates:
Tina Robinson & Jaro Siezien

Congratulations to you both. All the hard work and commitment to schooling has really paid off. This is quite an accomplishment. Way to go and good luck in your future studies!

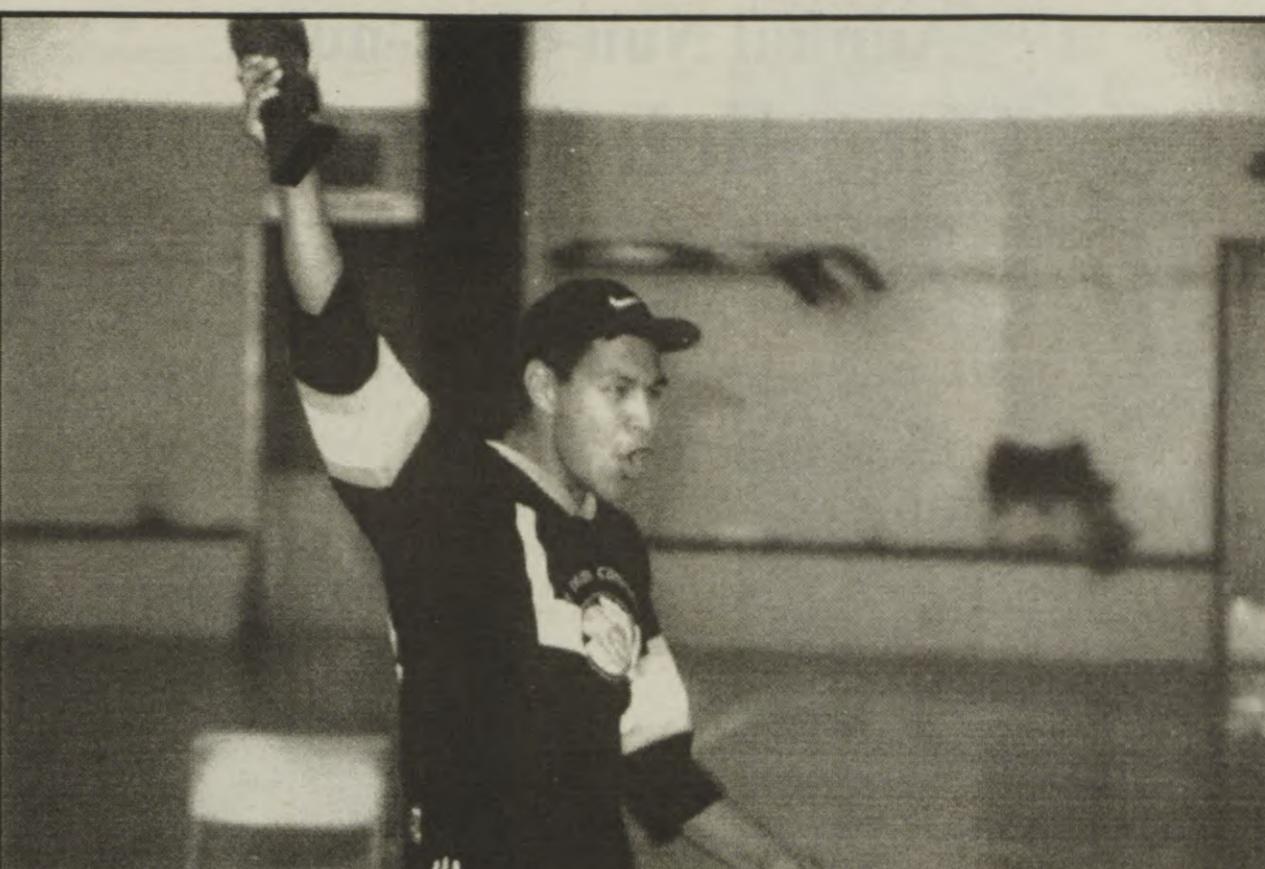
NUU-CHAH-NULTH SCHOLARSHIPS 1998

Uchucklesaht scholarship recipients: Jaro Siezien, Sabrina Halvorsen & Ryan Coates. Congratulations to all of you. Your commitment to your education has not gone unnoticed. This achievement is something to be very proud of. Uchucklesaht Tribe and Staff.

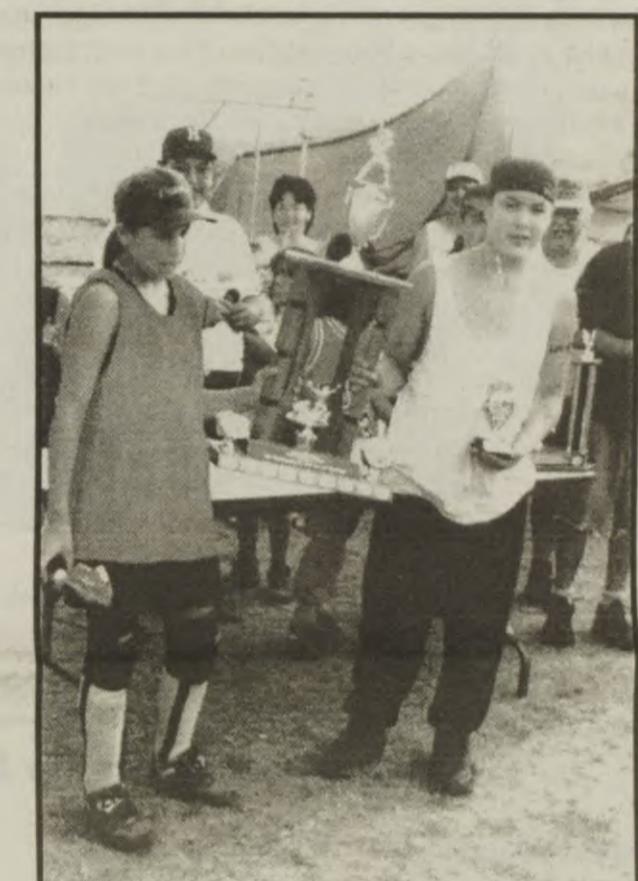
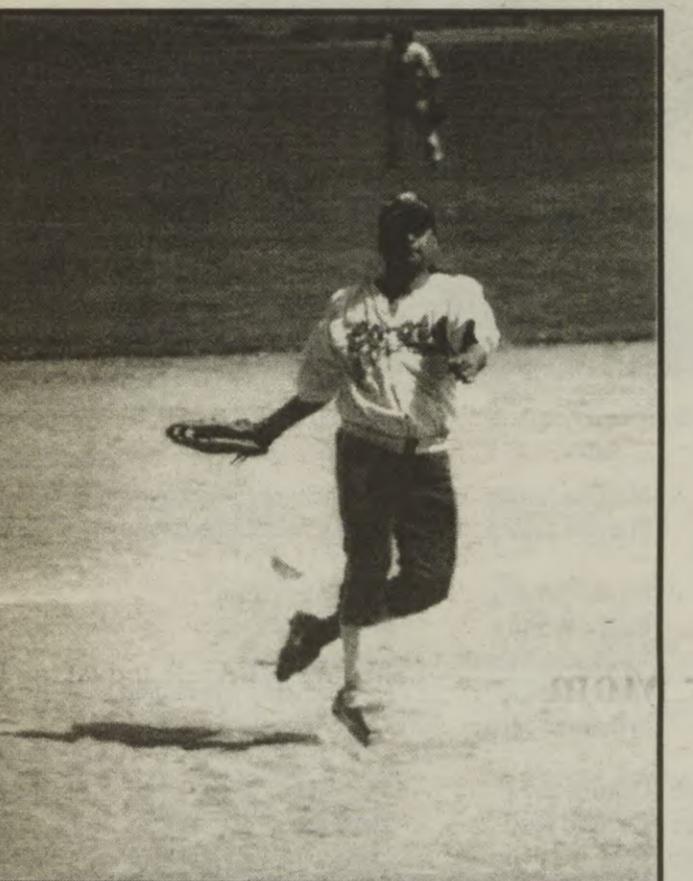
ALL NUU-CHAH-NULTH STUDENTS

The Uchucklesaht Tribe would like to congratulate all students that have completed their studies this year and are continuing on to the next level of education in '98/99. Way to go, you are our FUTURE LEADERS!

Uchucklesaht Tribe and Staff



1998 Tlu-piich Games



Mothers Support Group



Port Alberni Friendship Center
August 4, 1998: September 14, 1998
October 13, 1998: November 10, 1998
and December 15, 1998.

1:00pm - 4:00pm

"A group of women meet on a monthly basis to offer support for mothers whose children have died recently or need to discuss unresolved grief."



17th Annual Nuu-chah-nulth Tlu-piich Games

July 24 to August 3, 1998
Port Alberni, BC



17th Annual Tlu-piich Games close with a blast

by David Wiwchar

Memories of the 1998 Tlu-piich games will forever involve the word 'Hot'. Hot action on the fields, in the gymnasiums, and in the pool, were just as challenging as the many methods spectators found to beat the record-breaking heat of the Alberni Valley.

With afternoon temperatures between 31 and 38 degrees Celsius, spectators and athletes alike depended on water taps, sunscreen and shady spots to keep them from sun stroke and other heat related illnesses.

At the closing ceremony at Echo Field, Alec Hawke made sure to thank and congratulate all of the games workers, volunteers, athletes and spectators for their ability to beat the heat.

Alec also congratulated the men's fastpitch finalists Les Sam Construction and Wickaninnish for their electrifying battle for fast pitch supremacy.

"It was a battle that pitted cousin against cousin," said Hawke. "You couldn't have scripted a better men's final. There was so much emotion on the field and in the stands it was absolutely incredible."

Despite the fact that they had played two consecutive games that day, Wickaninnish held three-peat champion Les Sam Construction to a one-run game. LSC won the game 3-2, to take their third consecutive Tlu-piich Men's fastball championship.

The closing ceremony saw the distribution of the last trophies and honors for the Tlu-piich athletes.

With messages of thanks and a prayer from Audrey Cartilage, the final curtain came down on one of the hottest Tlu-piich games on record.

Games coordinator Alec Hawke, the games committee members, workers and volunteers are all to be congratulated for a wonderful eleven days of non-stop action and fun. Masterfully organized and magnificently run, the 1998 Nuu-chah-nulth Tlu-piich Games was an event for everyone to be extremely proud of.

Congratulations to everyone involved. The organizers, workers, volunteers, athletes and spectators showed themselves to be winners in every sense. Kleco Kleco.



Tlu-piich Games Results (to July 28th)

Individual Scores

Women

9 - 10	Janelle Johnson	Mowachaht / Muchalaht
11 - 12	Kayleigh Jones	Tla-o-qui-aht
13 - 14	Jaylene Johnson	Mowachaht / Muchalaht
15 - 16	Joni Johnson	Mowachaht / Muchalaht
17 - 21	Michelle Johnson	Mowachaht / Muchalaht
22 - 27	Melody Charlie	Ucluelet
28 - 34	Cindy Dennis	Ahousaht Athletic Club
35 - 39	Ann M. Barker	Port Alberni Friendship Center
40+	Pauvette Tatoosh	Hupacasath

Men

9 - 10	Terry Curley	Tla-o-qui-aht
11 - 12	Thornley Christiansen	Mowachaht / Muchalaht
13 - 14	Leroy Martin	Tla-o-qui-aht
15 - 16	Leon Gallic	Tseshaht
17 - 21	Jacob Charters	Conayt Friendship Center
22 - 27	Wayne Hinchcliffe	Mowachaht / Muchalaht
28 - 34	Samuel R. Adams	Ahousaht Athletic Club
35 - 39	Rueban Thomas	Ahousaht Athletic Club
40+	Jack Cook	

Women's Events

9 - 10 Girls 100 Metre	Janelle Johnson	Mowachaht / Muchalaht
9 - 10 Girls 200 Metre	Janelle Johnson	Mowachaht / Muchalaht
9 - 10 Girls 400 Metre	Janelle Johnson	Mowachaht / Muchalaht
9 - 10 Girls 800 Metre	Courtney Louie	Ahousaht Athletic Club
9 - 10 Girls High Jump	Amanda Chester	Ditidaht
9 - 10 Girls Softball Throw	Jocelyn Amos	Tla-o-qui-aht
9 - 10 Girls Long Jump	Courtney Louie	Ahousaht Athletic Club
11 - 12 Girls 100 Metre	Kayleigh Jones	Tla-o-qui-aht
11 - 12 Girls 200 Metre	Vanessa Thomas	Tla-o-qui-aht
11 - 12 Girls 400 Metre	Vanessa Thomas	Tla-o-qui-aht
11 - 12 Girls 1500 Metre	Patricia Barker	P.A. Friendship Center
11 - 12 Girls Softball Throw	Kayleigh Jones	Tla-o-qui-aht
11 - 12 Girls Shotput	Carleen Jack	Mowachaht / Muchalaht
11 - 12 Girl High Jump	Erica Bos	Tseshaht
13 - 14 Girls 100 Metre	Kathleen Barker	Ahousaht Athletic Club
13 - 14 Girls 200 Metre	Kathleen Barker	Ahousaht Athletic Club
13 - 14 Girls 400 Metre	Jaylene Johnson	Mowachaht / Muchalaht
13 - 14 Girls 800 Metre	Krista-Lee Archie	Canim Lake Band
13 - 14 Girls Triple Jump	Jaylene Johnson	Mowachaht / Muchalaht
13 - 14 Girls Shotput	Fanny Thomas	Ahousaht Athletic Club

13 - 14 Girls Discus	Marissa James	Mowachaht / Muchalaht
13 - 14 Girls Long Jump	Marissa James	Mowachaht / Muchalaht
15 - 16 Girls 200 Metre	Dawn Wilson	Heiltsuk Nation
15 - 16 Girls 400 Metre	Pansy White	Heiltsuk Nation
15 - 16 Girls Long Jump	Samantha Moses	Lower Nicola
15 - 16 Girls Shotput	Joni Johnson	Mowachaht / Muchalaht
15 - 16 Girls Discus	Samantha Moses	Lower Nicola

17 - 21 Women's 200 Metre	Camille Fred	Tseshaht
17 - 21 Women's 400 Metre	Camille Fred	Mowachaht / Muchalaht
17 - 21 Women's 800 Metre	Michelle Johnson	Mowachaht / Muchalaht
17 - 21 Women's 1500 Metre	Michelle Johnson	Mowachaht / Muchalaht
17 - 21 Women's 3000 Metre	Michelle Johnson	Mowachaht / Muchalaht
17 - 21 Women's Shotput	Michelle Johnson	Mowachaht / Muchalaht
17 - 21 Women's Discus	Andrea Boyce	Canim Lake

22 - 27 Women's 400 Metre	Jacki Williams	Mowachaht / Muchalaht
22 - 27 Women's 800 Metre	Margaret Tom	Tla-o-qui-aht
22 - 27 Women's 1500 Metre	Madeline Vickers	Heiltsuk Nation
22 - 27 Women's 3000 Metre	Madeline Vickers	Heiltsuk Nation
22 - 27 Women's Long Jump	Jacki Williams	Mowachaht / Muchalaht
22 - 27 Women's Triple Jump	Melody Charlie	Ucluelet
22 - 27 Women's Shotput	Tammy Davidson	Hupacasath
22 - 27 Women's Discus	Melody Charlie	Ucluelet

28 - 34 Women's 100 Metre	Cindy Dennis	Ahousaht Athletic Club
28 - 34 Women's 200 Metre	Cindy Dennis	Ahousaht Athletic Club
28 - 34 Women's 400 Metre	Patti George	P.A. Friendship Center
28 - 34 Women's Long Jump	Angeline Dick	Ahousaht Athletic Club
28 - 34 Women's Shotput	Cindy Dennis	Ahousaht Athletic Club

35 - 39 Women's 200 Metre	Ann M. Barker	P.A. Friendship Center
35 - 39 Women's Shotput	Eva Johnson	Mowachaht / Muchalaht
40+ Women's 100 Metre	Marie Lavoie	Mowachaht / Muchalaht
40+ Women's 200 Metre	Marie Lavoie	Mowachaht / Muchalaht
40+ Women's 400 Metre	Christine Curley	Tla-o-qui-aht
40+ Women's 800 Metre	Paulette Tatoosh	Hupacasath
40+ Women's 1500 Metre	Paulette Tatoosh	Hupacasath
40+ Women's 3000 Metre	Paulette Tatoosh	Hupacasath
40+ Women's Shotput	Judy Sayers	Hupacasath

Men's Events

9 - 10 Boys 100 Metre	Terry Curley	Tla-o-qui-aht
9 - 10 Boys 200 Metre	Terry Curley	Tla-o-qui-aht
9 - 10 Boys 400 Metre	Terry Curley	Tla-o-qui-aht
9 - 10 Boys High Jump	Christopher Barker	P.A.F.C.
9 - 10 Boys Softball Throw	Christopher Barker	P.A.F.C.
9 - 10 Boys Long Jump	Lenny Tom	Tla-o-qui-aht

11 - 12 Boys 100 Metre	Sean Walls	Ahousaht Athletic Club
11 - 12 Boys 200 Metre	Nick Gus	Tseshaht
11 - 12 Boys 400 Metre	T. Christiansen	Mowachaht / Muchalaht
11 - 12 Boys 800 Metre	T. Christiansen	Mowachaht / Muchalaht
11 - 12 Boys High Jump	Kyle L. Adams	Ahousaht Athletic Club
11 - 12 Boys Long Jump		

11 - 12 Boys Softball Throw	Sean Walls	Ahousaht Athletic Club
11 - 12 Boys Shotput	T. Christiansen	Mowachaht / Muchalaht
13 - 14 Boys 100 Metre	Leroy Martin	Tla-o-qui-aht
13 - 14 Boys 200 Metre	Leroy Martin	Tla-o-qui-aht

Slo-Pitch - All-stars
 Claudine Watts - Ray Watts Team
 Pam Sam - Ray Watts Team
 Wade Green - Ray Watts Team
 Margaret Robinson - JJR
 Tracey Robinson - JJR
 Chuck Dorn - JJR
 Jaylene Johnson - Mowachaht
 Jamie Johnson - Mowachaht
 Leon Murphy - Mowachaht

MVP FEMALE
 Joni Johnson - Mowachaht

MVP Male
 Willard Gallic - JJR

Most Sportsmanlike Player
 Arnold James - Mowachaht

Most Sportsmanlike Team
 Ray and Gina Watts Team

3rd Place
 Ray and Gina Watts Team
2nd Place
 Mowachaht
3rd Place
 JJR

Honorable Mentions
 Eva Johnson - Mowachaht
 Peter Little Jr. - JJR
 Eva Gallic - JJR
 Gary Johnny - G-Ray and Gina Watts
 Liz Shute - JJR
 Clarence Watts - Ray and Gina Watts
 Chris Watts - Ray and Gina Watts

Swimming
9 & 10 Girls
 1. Janelle Johnson 8 pts (Mow)
 2. Jocelyn Swan 5 pts (TFN)
 3. Evelyn Charlie 3 pts (Mow)

9 & 10 Boys
 1. Lance Lauder 8 pt (Hup)
 1. Charles Thomas 8 pt (Ah)
 2. Kyle K.T. Frank 5 pt (TFN)
 3. Matthew Frank 3 pt (TFN)
 3. Jeffrey David 3 pt (TFN)

11 & 12 Girls
 1. Kayleigh Jones 8pts TFN
 1. Danielle Laventure 8pts TFN
 2. Carlene Jack 5pts Mow
 3. Vanessa Thomas 4pts TFN

11 & 12 Boys
 1. Thornley Christensen 8pts (Mow)
 2. Shane Christensen 6pts (Mow)
 3. Jordan James 4pts (Mow)

13 & 14 Girls
 1 Jaylene Johnson 8pts (Mow)
 2 Agnes Thomas 4pts (TFN)
 2 Nina Dick 4pts (Mow)
 2 Adrienne Thomas 4pts (Ah)
 3 Anna Dick 3pts (Mow)

13 & 14 Boys
 1 Edward John 7pts (Mow)
 2 Bruce Mark 5ptd (Mow)
 3 Brent Campbell 4pts (Ah)

15 - 16 Girls
 1 Melissa Dick 8pts (Ah)
 2 Crystal Unger 7pts (Hup)
 3 Joni Johnson 2pts (Mow)

15 - 16 Boys
 1 Peter Frank Jr. 8pts (Ah)
 2 Thomas Dick Jr. 6pts (Mow)
 2 Leon Gallic 6pts (Tse)

17 - 21 Women
 1 Gertrude Webster 8pts (Ah)
 2 Daisy Johnson 7pts (Mow)

17 - 21 Men
 1 Salvador James 8pts (Mow)
 2 Nathan George 5pts (Mow)

2 Lee Jack 5pts (Mow)
 3 Jamie Johnson 3pts (Mow)
22 - 27 Women
 1 Daphne Frank 8pts (Ah)
 2 Tammy Davidson 6pts (Hup)
 3 Marilyn Thomas 3pts (Ah)

22 - 27 Men
 Louie Johnson 8pts (Mow)

35 - 39 Men
 Frances Frank 8pts (TFN)
 Rueben Thomas 7pts (Ah)

40+ Men
 August Johnson 4pts (Mow)

FAST PITCH

ALLSTARS:

1 Curtis Dick Ahous
 2 Arnie Thomas Ahous
 3 Francis Frank TFN
 4 Danny Samuel Nucci
 5 Roddy McCarty Wick
 6 Bill Miller Wick
 7 Ken Sam Eagles
 8 Boyd Gallic LSC
 9 Keith Thomas' Wick

Most Sportsmanlike Player

Arnie Thomas Ahous

Top Pitcher - Bob Sault LSC
Top Batter - Joe Charleson LSC
MVP - Bob Sault LSC

Best Catcher - Keith Thomas Wick

Most Sportsmanlike Team - Carl Watts Family. T-Birds



Top Athletes for 16 & under Jaylene Johnson and Leon Gallic shown here receiving awards from Nicholas Watts and Ashley Watts.

Top Athlete - Female - 16 & under

Jaylene Johnson Age 13-14 (Mow/Much)

Sport	Age Group	Team	Team Awards	Individual Awards
Swimming			1st	25m
			1st	50m
Softball	13-14	Mow	3rd	
Track/Field			1st	400m
			1st	Triple Jump
			2nd	100
			3rd	200
			3rd	Long Jump
			3rd	Shot

Top Athlete - Male - 16 & under

Leon Gallic Age 16 (Tseshah)

Sport	Age Group	Team	Team Awards	Individual Awards
Junior Softball - 9 & 10	15-16	Tseshah	1st	100m
3rd place - Tseshah			2nd	in Softball
2nd place - Ahousaht				
1st place - TFN				
Most Sportsmanlike Team				
PAFC				
Jr. Softball 11 & 12				
3rd place - TFN Native Sunrise				
2nd place - Tseshah				
1st place - Hesquiat				
Most Sportsmanlike team				
Tseshah				
Jr. Softball 13 & 14				
3rd place - Mowachaht Whalers				
2nd place - Saanich				
1st place - Maatsus				
Most Sportsmanlike team				
Ahouaht				
Jr. Softball 15 & 16				
3rd place - Victoria Ravens				
2nd place - Tseshah				
1st place - Ha-cuum				
Most Sportsmanlike Team				
Victoria Ravens				

The Fury's came in second and received most Sportsmanlike Team at the 1998 Tlu-piich Games.



Continued onto next page...
 Tlu-piich Games Second Draw
 Winners are:
 Games Vest - Clifford Fregan Jr.
 T-shirt - Lisa Watts
 Print - Skylene Touchie
 Congratulations to you!

Whether water or shade, people found many ways to beat the heat. T-shirts were cheap while salesperson Eileen Haggard takes a nap.

HEILTSUK ATHLETES THANKS TLU-PIICH GAMES COMMITTEE

Once again the team of 19 Athletes and 10 chaperones, would like to thank the Nuu-chah-nulth Nation and NTC Games committee for allowing the team from Bella Bella the Heiltsuk Athletes to participate in the 1998 Tlu-piich Games. The team returned home from Port Alberni arriving in Bella Bella 8:00am July 31st. First of all we like to say Special Thank You to the Games Committee for making it possible for our team to participate, by ways of keeping us posted of changes and with keeping the communication lines open we were able to get in all our registrations before the deadline.

The Heiltsuk Athletes would like to express their gratitude to Kelly and Mary John for their kindness and generosity in loaning their van to the Heiltsuk Team. Your kindness will never be forgotten. Although we had rented a van, little did we know a 2nd van was much needed to accommodate our team. You made it possible for us to transport our team back and forth to the track and to other outings. Giaxasixa (Thank You) Mary & Kelly and boys.

The Heiltsuk Athletes were happy to return home after what seemed like endless days of heat in Port Alberni. It was rewarding for the team to go down and represent this nation to the best of their abilities.

We are proud of the three Athletes that made the top 3 Athletes for there age category. Congratulations go out to Allan English who placed 2nd Overall for 13-14 Boys and Vicki Humchitt who placed 3rd overall for 17-21 women, and Madeline Vickers who placed 2nd overall for 22-27 women.

Our team this year consisted of our youngest athlete being Alex Willie who was in the 2 and under category. Little Alec had full support of all the team in his 25 meter dash and it was a proud moment when he received a medal.

Co-coordinator, Madeline Vickers, participated with the team to support their efforts. Madeline was responsible for training her team and getting them prepared for the games. They made daily runs to the Fish plant everyday, rain or shine. She always stressed to the team that it was not important to come in 1st, 2nd or 3rd but to go out and give it 100% and enjoy doing it, know you are representing the people of Bella Bella in each event you participate in.

Most of all I have to give her credit for the hard work and commitment to the team, not only did she participate along with the team as co-coordinator she was responsible for paying all our bills.

She made sure all cheques were issued, and Uniforms, Jackets, Bags, and T-shirts

& Motel and BC Ferry, and Bus Charter were paid.

I would often tease her because as fast I was turning money in from one fund raiser or another she was spending it, and she would always say "Mom we need some more money." But, all in all I am proud to say with Fundraising all year round that we achieved our goal and it was all worth while to see the enjoyment on the faces of our young athletes.

That's what it's all about having fun, and for some young members on the Heiltsuk Athletes Team it was the first trip to Port Alberni, and they surely enjoyed themselves.

For some members of the team it was the only trip out of Bella Bella this year.

When we were leaving with an excited team, they were already talking next year, and I would just smile and remind them let's get over this trip and get back home before we start talking next year. The Heiltsuk Athletes will be hosting there 2nd Annual Sports Day, which has had to be postponed for one reason or another since before we left. So, this weekend August 8th here in Bella Bella a sound of cheering and laughing and having fun will be heard as the community will come and celebrate with the Heiltsuk Athletes in their wind up of participating in the Tlu-piich Games. During our two days of sports day we will begin with the Baby Crawl, three legged race, Dashes, wheel barrel race, and games for all ages. We will close with a Soccer and a Softball Tournament.

So with this I would like to close with this, that after this weekend is over I can officially remove my Heiltsuk Athletes hat for a few months anyways, and get some much needed rest. We thank the Tlu-piich Games for allowing the Heiltsuk Athletes to participate in the games.

The Heiltsuk Athletes worked hard this past year to raise our goal of \$18,000 needed to accommodate our team. We are very proud to say we did it all on our own, every cent raised from one event or another.

So, with this I would like to say to the Nuu-chah-nulth people Kleco-Kleco for your hospitality and kindness showed by one and all.

We look forward to seeing you..... "What"....I can't believe it I'm saying it, we'll see you NEXT YEAR!!!

Thank you Kleco Kleco-Giaxasixa
 Respectful Submitted by
 Claire J. Newman
 Heiltsuk Athletes Coordinator
 Bella Bella, BC



Tlu-piich Games results continued...

Most Sportsmanlike Team

Ladysmith Nighthawks

Allstars

Karen Haugen

Maggie Peters

Carolyn George

Michelle Dick

Shae Dorian

Janice Watts

Top Scorer - Kim Gus

Top Goalie - Nicki Primeau

Best Defensive Player - Sarah Johnson

MVP - Maureen Wesley



Ray Watts receives MVP award in Volleyball, his team went on to receive 2nd place and Most Sportsmanlike Team.

Hesquiat Rediscovery Society Participant Application Form 1998

Camp #1	Youth aged 7 to 10	July 4 - 10
Camp #2	Youth aged 11 to 14	July 15 - 23
Camp #3	Youth aged 15 & over	Aug. 7 - 18
Adult Camp		Sept. 21 - 27

Last Name _____ First Name _____

Phone _____
Age _____
Health _____

Parents please include information about special medications or diets that your child may be on. Also include any medical information that the camp staff may need (eg asthma, nose bleeds, allergies, etc.)

Camp (1, 2, 3, adult)

PLEASE NOTE THAT IN ALL CAMPS, THERE WILL BE A ZERO TOLERANCE FOR VIOLENCE, DRUGS, OR ALCOHOL. Possession of drugs or alcohol, or violent behavior, can result in the immediate removal of the participant from camp.

Parents/Guardians Signature _____

Date _____

Hesquiat Rediscovery Society, Hot Springs Cove, PO Box 2000, Tofino, BC, V0R 2Z0 ph/fax (250) 670-1120

ATTENTION HUU-AY-AHT BAND MEMBERS

We need your address.
Please call the Huu-ay-aht Band Office at
1-888-644-4555
or
Huu-ay-aht Treaty Office at
(250) 723-0100

IMPORTANT NOTICE TO NORTHERN REGION FIRST NATIONS AND MEMBERS NTC NORTHERN REGION CO-CHAIR BY-ELECTION

A by-election is to be held for the position of NTC Northern Region Co-Chair. The NTC Northern Region Co-Chair will be the political representative for the Northern Region First Nations which includes Ehatesaht, Ka:yu:k't'h'/Che:k'tles7et'h', Mowachaht/Muchalaht and Nuchatlath.

You are hereby notified the nomination deadline will be as follows:
12:00 noon on Wednesday, August 27, 1998.

Nomination Procedures:
Nominations for the position of Co-Chair must be supported by the signatures of at least ten (10) persons who are of the full age of sixteen years and who are members of the band the Co-Chair nominee is from.
Nomination forms should include the Co-Chair nominee's current address and telephone number.
Nomination forms must include the supporting names and signatures.
Nominations for the position of Co-Chair must be in writing and delivered with the required supporting signatures and delivered to the NTC Executive Director before nominations close.

For further clarity, nominations must be delivered by no later than 12:00 noon on Wednesday, August 27, 1998 as follows:
Attention: Norman Taylor, Executive Director

NTC Office
5001 Mission Road
P.O. Box 1383
Port Alberni, BC V9Y 7M2
Fax (250) 723-0463
Tel (250) 724-5757

Pachena Bay Campground Job Opportunity Security Staff

Applications are now being accepted.
Job: Summer Employment
Part-time, possibly full-time

We are looking for a mature, responsible adult who has good communication skills and enjoys the outdoors.

Some job requirements include:

- ◆ Patrolling the beach & campsite areas, the office & the shower facilities
- ◆ Writing up daily reports
- ◆ Note taking
- ◆ Will be working with the R.C.M.P.
- ◆ Closing the gate & shower facilities at night
- ◆ Good communication skills

If you are interested or have any questions, do not hesitate to call me (Crystal) at 728-1287.

Applications are available at the Huu-ay-aht band office. The applications can be left there or be dropped off at the campground office.

Address: Attention: Crystal Clappis
Pachena Bay Campground
P.O. Box 70
Bamfield, BC
V0R 1B0 # 728-1287

Huu-ay-aht Band Office # 728-3414
Fax # 728-1222



Ucluelet First Nation is accepting applications for the Senior Supervisor position for a PROPOSED Daycare Facility. Applicants must have an ECE Certificate and Supervisory experience.

Resumes with letter of application may be sent to: Ucluelet First Nation, Box 699, Ucluelet, B.C. V0R 3A0. Attention: Personnel Committee.

INDIAN AND NORTHERN AFFAIRS CANADA INFORMATION

ALL CERTIFICATES OF INDIAN STATUS, WHICH DO NOT DISPLAY AN EXPIRY DATE, MUST BE RENEWED BEFORE JANUARY 1, 2000

It is very important that all registered Indians visit their Band office or the BC Regional Office of the Department of Indian Affairs and Northern Development to renew their Certificate of Indian status card if their status card does not contain an expiry date. It should be noted that all previous versions of the status card will only be valid until January 1, 2000.

The purpose of issuing Certificates of Indian Status cards is to verify that the cardholder is a registered Indian. Status cards are only useful if the photographs are current. It has come to our attention that some registered Indians have been denied services because some service providers have questioned whether their status cards are still valid.

To remedy this situation, it has been decided that all status cards issued to individuals under the age of eighteen will have an expiry date of two (2) years and all status cards issued to individuals over the age of eighteen will have an expiry date of five (5) years from the date of issue.

This policy is effective immediately.

It should be noted that the five-year expiry date does not mean that the cardholder ceases to be a registered Indian at the end of the five-year period. It only means that if the cardholder intends to use the status card to obtain certain services and benefits, it must be renewed every five years.

Should you have any questions or concerns, please contact your Band office [or the Membership Clerk of the Nuu-chah-nulth Tribal Council] or the Indian Registry and Band Lists Program, at (604) 666-2059. You can also visit our office in person at 120-1550 Alberni Street, Vancouver, BC. Our office is open between the hours of 9:00 AM and 4:00 PM, Monday, Wednesday, and Friday.

Attention Ahousaht Band Members

If you have any events that happen in your life such as marriage, divorce, birth, death, name change and especially "transfers" please notify the Ahousaht Band.

When you submit your documents to the Nuu-chah-nulth Tribal Council office it is just as important to submit these documents to the Ahousaht Band.

My office hours are Tuesday mornings from 9:00 a.m. till 12:00 noon. You can contact Robert Atleo at the Ahousaht Band Office. Phone (250) 670-9531 or fax (250) 670-9696.

AHOUSAHT TREATY ACCESS NUMBER:

1-877-246-8728 (1-877-AHOUSAT)

TOLL FREE FOR AHOUSAHT TREATY INFORMATION.

This number can also be used for faxing or call 670-9566.



In Loving Memory of Thomas Dick

Who left us on August 8, 1995
Although we smile and seem carefree
No one misses you more than we,
We hold our tears when we speak your name,
But the ache in our hearts remain the same.
Many precious memories keep you near,
Of the years that you were here.
You gave us joy, laughter, love and pride.
Things we cherish and keep inside.
Our hearts ache each moment of the day.
As we go on and live and work and play.
We hold you close within our hearts
And there you will remain.
To walk with us throughout our lives.
Until we meet again.

Forever Loved and missed Dearly
From Daughter Catherine Watts and Husband Robert Watts, Brothers, Sisters and Families



In Loving Memory of Jason Lee Frank
Born March 17th, 1972 - Left us July 22nd, 1995

My Daddy told me son,
Don't fall into the wrong path.
Carry the burden - Don't let burdens carry you.
Take care of business - Don't let business break you.
Guide your people!
Set an example - Don't be a bad example.
Mind your manners!
Tend the field - provide your means - obey your elders.
Respect your religion - Honour your mother.
But most of all remember me, I learned from my Daddy.
And my Daddy learned from his Daddy.
But son sometimes Daddies don't always stay on the right path.
So do your very best!

Daddies don't always carry the burden. - So Son carry the burden.
Dads don't always take care of business - So learn well.
If Dad doesn't lead right - Son you guide your people.
Dads don't always set the right example - Son you set the example.
Dads don't always mind their manners.
Son always be a gentleman!
Dads don't always tend the fields - Son always keep the table full.
Dads don't always obey their elders.
Son always respect your elders!
Most of all Son remember me, I learned
And Son you'll teach your son too!

Love your Dad Chief Wickaninnish
Tla-o-qui-aht First Nations

To All Ehatesaht Membership

The Ehatesaht band Office would like you to phone or mail in your current address and phone number in order to keep you updated on any band business or meetings to be held. Thank you. Our address is:

Ehatesaht Band Office
P.O. Box 59
Zeballos, B.C.
V0P 2A0
Phone: (250) 761-4155
Fax: (250) 761-4156

To All Ehatesaht Membership

Hello to you all. I am the Ehatesaht Secretary and the Ehatesaht Membership Clerk. Please get all your new babies registered. If you would like your children registered, I will need your child's large birth certificate, and you will need to sign a consent form that you are requesting your child to be registered under your band number. I hope to be hearing from you.
From Lorraine John

At the trailhead of the West Coast Trail



At Pachena Bay Campground you are only a step away from acres of breathtaking sandy beach. The forested campsites offer you plenty of enjoyment.

Pachena Bay Campground is located 5km from the Village of Bamfield which is a popular stop for those who enjoy cruising, diving, kayaking and fishing in spectacular Barkley Sound.

There are Huu-ay-aht artists near who would be more than willing to show you their carvings, paintings and weavings which are also offered for sale.

Charter guides can also be arranged on site.

Pachena Bay Campground Huu-ay-aht First Nation
P.O. Box 70 Bamfield, BC Canada V0R 1B0

Tel: (250) 728-1287 Fax: (250) 728-1222

Happy Birthday!

Happy Birthday and Congratulations



JENNIFER RIVERS

(JENNY BEAR EXTRAORDINAIRE) Congratulations, daughter, on winning the N.T.C. Scholarship Award! We would also like to extend to you our best wishes on achieving whatever goals and ambitions you wish to pursue in the future. Best wishes and good luck are also in order for you as you enter your next level of education at Alberni District Secondary School! Keep up the good work.... We're so proud of you!! Love, Mom, Roy and your brother Darren Man

Congratulations!! To my grandchildren Terilyn Duncan, Michael Swan, Gladys Swan, Charity Mack, Gina Mack and Josephine Mack who all received scholarships through the NTC. Way to go, and keep up the good work in school, I hope you are all enjoying your summer holidays.

On August 3, 1998, there was a dinner for our cyclists, Kurt John, Frenchie Campbell, Geno John and Michael Swan. The evening was so awesome it just brought the whole day out again! The trip was so exciting and I am very proud grandmother to see what my grandson Mikey did that day for one of our elders, Archie Frank Sr. Way to go Michael you have come a long way at your very young age. I'm just so proud of you for all your accomplishments.

Congratulations!! To Larry Swan, Annie Titian, Jolene Frank, Noreen Paul and especially to my daughter Jessie Thomas for completing the 5 day seminar at CHOICES (July 22-26/98). I'd like to thank Larry Swan for being there for Jessie just to support her meant a great deal to me, tleekuu Larry.

Congratulations!! To my sis (in-law) Matilda Webster who has transferred back into Ahousaht. Welcome back Mar. We love you.

Also very Happy Birthday to you Mar, just enjoy yourself on your birthday. Happy Belated Birthday to my nephew Clarence Webster - Aug. 4th hope you enjoyed your day neph.

Happy Birthday to Sal Frank - time to pick grapes Sal. Hope you enjoyed your day Aug. 4th. Happy Birthday to Darlene Dick-just have fun on your birthday Darl. Choochoo It is that time of the year when the teachers are getting back into books, pencils and getting acquainted with their fellow workers. Preparing themselves for the first day of work, when the children arrive at school. Have an excellent year to

all staff, teachers and to the students. Enjoy and have fun in what is left of your summer holidays! cuu (Lil) naas/acutl

Happy Birthday to all the people in September 98!
September 2nd - to my sis K.J Frank
4th - to my bro Kyle Frank
4th - to Sharon Mark
9th - Happy sweet 16 to Melissa R. Frank
11th - to Melissa Tom
13th - to grandpa John Hayes Sr.
14th - to my cousin Kevin Gabriel
16th - to my bro Joe Bob
20th to my uncle Paul Hayes
24th - to my cousin Albin Sutherland

24th - to my nephew Blair Mark
Lots of love, Joenella, Brandon, Kennedy.
Happy 3rd Birthday to Kiefer Webster on Aug. 2nd from Auntie Claudie & kids - Auntie Paula & family

A very special Happy Birthday to our mother Matilda "Mar" Webster on Aug 15th. Love from your children: Gena, Claudine, Coburn, Paula and Scare-Bear & grandchildren.
Happy 2nd Anniversary to Mr & Mrs. Luke Swan on Aug. 17, 1998. From the Webster Family

Happy 9th Birthday to our niece Kayla Lucas, have a good day! on Aug 18, 1988. Love from your Auntie Claudia and kid, Auntie Paula and family
Happy Birthday to uncle Oye on Aug 18th. How old are you? Over the Hills!! from the Webster family

Happy birthday to our nephew, Coburn Tom on Aug 20, 1998. Love from your Auntie Claudia, Auntie Paula and family

A Belated Happy Birthday on August 1st to Elvina Billy. Love from Pearl, Sandra, Lee-anne, Sarah and Bruce Billy Jr.

August 12th to Jamie Manson and Richard (Ricco) Mundy. Love from Auntie Pearl, Sandra, Lee-anne, Sarah and Bruce Billy Jr.

Happy Birthday on August 20th to Jordan Benson. Love Auntie Pearl, Sandra, Lee-anne, Sarah and Bruce Bill Jr.

Happy 6th Birthday on August 21st to my son Bruce Billy Jr. Love Mom, Sandra, Lee-anne and Sarah.

Happy 3rd Birthday to my son Carlito Enriquez Livingstone on August 24th, 1998. Love Mama

Happy Birthday July 4 Mike Watts

July 8 Evon Smith

July 11 Hazel Watts

July 17 Brenda Lauder Reid

July 21 Lloyd Watts

From Marvin & Family

Happy Birthday August 2 Alex Tutube

August 4 Marlene D.

August 6 Bro Harvey Dick

August 11 William Dick (soggy)

August 15 Dorothy Wilson

August 18 Mel Dick

August 29 Ada Dick

From Marvin & Pearl & Kids

Happy Anniversary August 11 Robert & Charlene Knighton

August 17 Dave & Evon Smith 22 years

August 23 1st Betsy & Dean Patter

From Pearl, Marvin Tutube & kids

Happy 6th Birthday on August 20th to Coburn Tom. From Greg, Caroline and Greg Jr.

Happy Birthday Kayla Lucas on August 18th. From Greg, Caroline and Greg Jr.

Happy Birthday Matilda Webster for August 15th. From Greg, Caroline and

Greg Jr.
Aug. 21 Happy 16th Birthday, Anthony Mark. Hope you have a great day. Love Mom, Helena, Alicia and Bailee.

Aug. 24 Happy Birthday Walter. You're doing good, we're proud of you. Love Cathy, Helena, Alicia, Bailee and Uncle Dale

"Have yourself a Happy Birthday!" from Auntie Barb and Uncle Dale

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Little Family host reunion

By Dennis Bill

Being a person of Nuu-chah-nulth ancestry I am always aware of my family. I can always be assured that when I meet someone who is also Nuu-chah-nulth I will be asked "Where are you from? Who are your parents?" This is just one of the subtle ways Nuu-chah-nulth recognize the importance of family. On Saturday, July 18 the Little family hosted a family reunion at the Athletic Hall in Port Alberni.

Family members came to talk and share stories even though the Athletic Hall was very warm and stuffy. A family tree was on display for all to see and understand how people are related to one another and to see their past generations. The family tree was done on a roll of paper that was as long as 6 tables put end to end. Many nations were present on this impressive list of people who came from Ahousaht, Tla-o-qui-aht, Ucluelet, and the list stretched into other groups such as Cowichan and Nimpkish. While I was viewing the family tree it was very pleasing to see young kids asking their parents, aunts and uncles who this person was and "How am I related to them?" and "Where are you? Where am I?"

One of the highlights of the reunion was the elder members of the family. In particular, three sisters were at the reunion - Elsie Robinson, Anna White, Jean Charleson. These are the three remaining members of their generation. They also had a brother - the late Harold Little Sr.

After dinner on Saturday some of the family went to watch one of its younger members, Melissa Frank, participate in the 1998 Princess Pageant.

The Little family is still a strong family from Elsie, Anna and Jean all the way down to its youngest members who are good role models in the Nuu-chah-nulth community.

I would like to take this opportunity to apologize to the Little family for the lack of photos to run with this article. It seems that there were problems with the film and the photos did not develop. My most sincerest of apologies to the Little Family for this error.

CONTRACT OPPORTUNITY - TRAINERS, ABORIGINAL AWARENESS

Opportunity for up to 20 trainers for a new "Train-the-Trainer" program sponsored by the Ministry for Children and Families. As part of the Ministry's Strategic Plan to address the needs of the Aboriginal community, a one-week course will be held September 21st to 25th in Vancouver. Successful graduates of this training will receive certification to deliver one-day Aboriginal Awareness workshops in their region to Ministry staff and contractors. The one-day session is flexible, responsive, and intended to be an opportunity for people to provide workshops for social workers in their own areas.

Applicants for this opportunity must:

- Have demonstrated expertise facilitating groups (of 20 to 30 people)
- Have the confidence, and demonstrated support, of the local Aboriginal community
- Be familiar with the history of Aboriginal people in BC
- Be familiar with the local Aboriginal culture and history and able to incorporate personal experience into a structured training setting
- Be aware of the current issues faced by Aboriginal people and be able to present this in a balanced manner
- Be aware of the various aspects of Child and Family services locally
- Demonstrate personal health and balance in their lives
- Have a minimum grade 12 education plus a post secondary degree or diploma or equivalent combination of education and experience
- Shortlisted candidates will be asked to give a 15 to 20 minute demonstration of a presentation on a topic of their choice

To receive a proposal package, or for more information please contact Shawn Atleo, Umeek Human Resource Development (604) 581-0267 or 1-800-898-9688.

Deadline for receipt of completed proponent proposal packages: **August 14th, 1998 @ 4:00 pm.**

Lahal Tournament Results: August 8th & 9th/98

That was held in East Saanich Long House are:

First Place: Ray & Blanche Samuel \$1,600.00 & a print, congrats go out to you and your team Ray.

Second Place: Gord Olson & Daughter \$800.00 & a print

Third Place: Richard George & Larry Tom \$400.00 & Lahal sticks & bones; I am so proud of you guys Rich and Larry, nice to see you back in the game. Rich is my youngest brother.

Fourth Place: John Wilson \$200.00 - way to go John

Fifth Place: Linda George & Ilene Sutherland: no prize but this was the host team, Corby G. Felix Thomas, Ray & Myrtle Samuel Delores Setcher & Josephine Thompson; I would like to thank this team for playing on Linda & Ilene's team.

There were 30 teams entered into this tournament, all \$3,000.00 was folded back into the 4 prizes.

Also to thank: Norma Mack for watching the concession and Chip George for watching the Board for the tournament, thanks to George Dick & Liz Charles, Mrs. Burt Smith, Richard George & Denise Amos, Joseph George Angel Melissa, Addrienne Chrissy Dick & of course my wife Linda for all the hard work they all put into making everything work out & for helping run the concession.

Thanks to the Tsawout Band for the use of the Long House. There was no major disagreements or fights in this tourney. The minor disagreements were settled quickly as Chip George did his duty so well - we say thanks again Chip.

Choo - Corby & Linda George



"After the Games" A Few Thoughts from the Mowachaht Recreation Director

By Wayne Lord

"The Mowachaht/Muchalaht community members should be very, very proud of all their athletes and participants!" These are the words of Lori Wilson the Mowachaht/Muchalaht Recreational Director.

Over the last 5 years Lori has coordinated the Mowachaht/Muchalaht First Nations Team for the NTC Tlu-pitch. Everything from working with athletes & coaches to arranging campgrounds. Lori has also set on the Tlu-pitch Games Committee. Lori stated that one of her mandates is to give the opportunity of recreation to the entire community both young and old.

I sat down with Lori after she returned back to work at Tsaxana after the Tlu-pitch Games. She looked very relaxed and less stressed out compared to other years at the games. Lori credits this to the entire Mowachaht/Muchalaht community. "The community members really pitched and helped, it made my job a lot easier. And the kids and teens played by the rules. This year everything ran smoothly," she said sitting at the desk in her office.

I asked Lori what were some of her highlights of this years Tlu-pitch Games. Without hesitating she stated, "Joseph Howard! Joseph's smile and energy gave me enthusiasm. I always enjoy seeing Joseph!" Some of Lori's other highlights include watching the "Munchkins" fighting. The Munchkins are the 5&6 year old softball team. Apparently during the game a fly ball went out into the outfield and a fight erupted amongst the outfielders. The fight was over who would throw the softball back. Coaches and parents had to break the little ones up! Lori also said she enjoyed hearing the Mowachaht/Muchalaht Community "Cheering" for their athletes. She said the cheering gave her goosebumps!

Lori stated that over the last five years the games are getting easier and easier to coordinate. This year she said she is very proud of all the volunteers. "They not only helped volunteer with our community, they also helped with the games themselves," she explained.

Lori would like to acknowledge one volunteer in particular, and that volunteer is Tim Johnson. She said Tim was there from morning until night helping with the games. In addition to Tim, Lori would also like to say thank you to all the cooks, coaches and fans.

"I'm very proud of all the athletes and participants. They did very well. I believe our community was well represented. And everybody was on their best behavior. I hope that the athletes and participants who missed out this year will join us next year," she said enthusiastically. Asked if she would be back next year. "You bet, I would not miss it."

Lori said her next task is to prepare for the Indigenous Games. She said there are about 12 athletes from the Mowachaht/Muchalaht First Nation going to try out for Track & Field. Try-outs for the Indigenous Games take place from August 28th - 30th in Kamloops, BC.

NUMBER OF TRACK & FIELD MEDALS BROUGHT HOME:

1ST - 6
2ND - 5
3RD - 5

Date: SEPTEMBER 3, 1998
Time: 7:00 PM
Location: TIN WIS Conference Centre

ANNUAL GENERAL ASSEMBLY KHOUSS FISH COMPANY

Date: SEPTEMBER 3, 1998
Time: 7:00 PM
Location: TIN WIS Conference Centre

All shareholders are encouraged to attend for their input on the future of the company.

Contact Gail Gus @ 724-5757 if you have any questions. Cuuc.

Core Training student says "Thank You"

First of all I'd like to thank the 'aaahuus?ath Council for allowing me to go to Core Training which as held September '97 to May '98. WOW!!

Time has just gone by. Thank you to my sponsors and supporters who encouraged me. Especially my family, thank you all for giving me the chance. The eight months was an excellent eight months. I believe that if I didn't complete I wouldn't be where I am today.

Thank you Wendy for accepting me into Core Training. It was a challenge for me to commit myself to be there.

Just a note to the fellow students Thank You for being there for me. What I learned from you will always be with me. It was good to make more friends and find a special "Bud." Take care and I hope to hear



ATTENTION HESQUAT BAND MEMBERSHIP HESQUAT TREATY UPDATES

August 6-7, 1998-Nanaimo

August 10-11, 1998-Campbell River

August 12, 13 & 14, 1998-Hot Springs Cove

August 17-18, 1998-Victoria

August 19, 20, 1998-Port Alberni

Hesquiat Band Membership please forward your change of address and phone numbers to:

Mail to:
HESQUAT TREATY OFFICE
SITE 300, C-32
PORT ALBERNI, BC V9Y 7L7

Drop by:
5000 Mission Road
Port Alberni, BC V9Y 7L7
(just behind the NTC office)
or phone Toll Free at 1-888-723-0075,
for more information.

Faye Spencer, Australian Nurse Visits Nuu-chah-nulth Territory

Hi, I am Faye Spencer visiting from Queensland, Australia. I would like to tell you what I have been up to the last few days.

I am a nurse from a remote area called Lockhart River on the north east coast of Cape York Peninsula, Australia. The community has 800+ aboriginal people. I have been spending time with Nuu-chah-nulth and the Ahousaht community since I arrived in Port Alberni on Tuesday, July 14.

As I work in an aboriginal community, I wanted to learn more about the native people here and what health care their is available. I was fortunate to be given the Nuu-chah-nulth phone number and after talking to Jeannette Watts, Nursing Supervisor, I planned my holidays to include a visit to Port Alberni.

My first evening was spent with Penny Cowan, Community Health Nurse, who kindly let me stay with her on short notice.

The next day I met Leona McBride, Nursing Student; Liz Thomsen, CHN; and Ina Thomas, Hospital Liaison Worker, another nurse; at the Nuu-chah-nulth Tribal Council office. Liz drove us to Tofino, then took the seaplane to Ahousaht. It was the first time I sat on a seaplane. The scenery was spectacular - beauty of mountains and sea. Landmarks were highlighted by the pilot and I wish the flight could last longer.

Trudy Frank, CHR, greeted me and explained their roles and services available in the community. I was very impressed that responsible positions were taken by native people. They include Karen Frank, Resource and Health Promotion worker; Marie Donahue, Native Justice Worker; Lee Frank, Family Violence Worker; Selina Frank Family Care Worker; Corby George, Alcohol and Drug Counselor. In

the afternoon I had the opportunity to meet them, take slides, and talk to all of them. Leona talked to prospective students about career nursing. I sat with Liz as she explained the importance of immunization and gave a teenage boy his tetanus injection. Later I went with Ina and met a lady discharged from Tofino Hospital to see how she is. At the end of the visit Ina found her blood sugar showed a high reading. The lady was reluctant to go to the hospital but the doctor at the end of his clinic, made her realize that it was in her best interest to have a medical review of her diabetes and the insulin she is having.

After my first day I reflected on what I had seen. I felt a sense of awe of what native people have achieved towards self-care and determination.

I have spent time reading and talking to Nuu-chah-nulth staff: Deborah Foxcroft, Community Health Service Program Manager; Daniel R. Jack Sr., Suicide Prevention Worker; Marc Lalonde, Senior Infant Development Worker; Alex Hawke, Coordinator of Tlu-pitch Games; Dorothy Wilson, Coordination of Health Care Affairs; Barry Gus, Tseshah Social

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First Peoples Festival

by Dennis Bill

A beautiful weekend in Victoria is always a pleasant experience. But on the weekend of Aug. 7-9 the city of Victoria and visitors were honored with the First Peoples Festival. The annual event hosted by the Victoria Friendship Centre and the Royal British Columbia Museum takes place at the Inner Harbour of Victoria.

In the courtyard of the Royal British Columbia Museum is the market. A place where artist and craftspeople displayed their goods to locals and people from all over the world. A variety of items could be purchased by the would be buyer. T-shirts, artistic prints, traditional herbs, and carvings in wide variety of mediums such as stone, wood, and glass were on display.

This is an event that has always included Nuu-chah-nulth people. This year Dancing Spirit performed at the festival. Two performances were made, one in the Mungo Martin Bighouse and one on the lawns of the Parliament Buildings. With a delegation of approximately 20 at the performance in front of the Parliament Buildings, the Nuu-chah-nulth dance group was given global exposure as visitors from around the world watched the group perform several dances and songs.

This is an important festival to the First Nations people. The main reason, as stated previously, is the exposure. Where else do First Nations people get to share their culture with so many people from so many different places. In speaking with Hazel Linstrom, who was working for Kaw T-shirts, she mentions "It is so wonderful to meet people from all over the world. I spoke to people from Israel and Holland today. They were so happy that I was willing to talk to them and that it didn't matter where they came from."

Other venues at the festival included a carving demonstration, where people could watch artists display their abilities, and a concession stand that sold traditional food such as salmon and bannock. The First Peoples Festival is always a good way to spend a warm August weekend.



**MAA MUSH
(BREASTFEEDING)**

THE TEACHINGS OF OUR GRANDMOTHERS

The average duration of breastfeeding babies around the world is until three years of age. Breastfeeding rates in the western world is about 6 months. In Nuu-chah-nulth, which was traditionally a breastfeeding culture, by 6 months of age approximately half of the babies who were breastfed at birth are still being breastfed. Mamie Lucas of Hesquiat states that traditionally, babies were breastfed as long as possible, "My son was three, already playing around and still wanting maa mush." Ideally, it is best if babies are breastfed for at least two years, or longer, for optimal health benefits to mother and baby.

BENEFITS OF MAA MUSH

The benefits of breastfeeding greatly exceed that of bottle-feeding. The properties in human breastmilk are far superior to any formula milk product available. Maa mush has immunological factors present which provide your baby with immunity to diseases. These factors help to line the intestines and the stomach of your baby so that disease causing pathogens and allergens are not able to make your baby ill easily. It also kills disease causing bacteria and organisms that your baby has been exposed to, thus decreases the

RISKS OF BOTTLEFEEDING
When babies are formula and bottle-fed, chest infections are four times greater than when babies are maa mush. Ear infections are

ATTENTION
TO ALL MOWACHAHT/MUCHALAHT FIRST NATION BAND MEMBERS. WE ARE ALWAYS UPDATING OUR MAILING LIST AND WE ARE LOOKING FOR YOUR ADDRESS! IF YOU HAVE MOVED OR HAVE NOT UPDATED YOU ADDRESS IN THE LAST FEW YEARS, WE WOULD LIKE TO HEAR FROM YOU! PLEASE GIVE THE BAND OFFICE A CALL AT (250) 283-2015 TO LEAVE YOUR ADDRESS OR YOU MAY WRITE IT IN TO: BOX 459 GOLD RIVER, BC V0P 1G0. PLEASE PASS THIS MESSAGE ON TO OTHER BAND MEMBER WHO MAY NOT GET AN OPPORTUNITY TO READ THIS.

COME TOGETHER,

Has life for our people changed so much that we don't have any feelings to touch -

We've fought far to long to lose what we've got, Let's not lose our culture or what we're taught.

We're people, people who should come together, No matter how bad or stormy the weather.

Don't let pride or distrust get in our way, Fight for love and hope each passing day.

We the native people should always understand, that we've got to work together as one band.

So come together natives - from coast to coast, Show our young and old what we love the most.

Come together and love and help one another, Show the world that we're sister and brother.

Make our people proud for the years to come, Let us dance and sing to the beat of our drum.

Reach out, grab hold of each others hands, Share the peace and love of our native lands.

Preston George.

three times greater, SIDS (Sudden Infant Death Syndrome) is up to five times greater than maa mush. Formula feeding gives your baby no immunization or protection against illness or diseases, is expensive, evaporated milk has very little nutritional value for your baby. Formula milk is harder for your baby to digest. The digestion system in babies is not well developed until they are about two years of age. Formula feeding is also harmful to the environment from the manufacturing of the milk to the preparation of giving the milk to your baby.

CARRYING ON THE TEACHINGS OF OUR GRANDMOTHERS

Talk to elders, aunts or sisters about traditional practices and beliefs about maa mush. Make the choice to maa mush while you are pregnant or thinking of getting pregnant. Eat foods that will nourish you and your baby. Maa mush your baby within a half-hour of birth. Give your newborn baby only maa mush and maa mush your baby whenever he/she is hungry. Family members can help a mother maa mush by: helping with housework, encouraging mom to rest, making sure that other children's needs are met (extra hugs and kisses). Most importantly, maa mush completely until baby is six months old and until baby is ready to stop on his/her own. For more information on breastfeeding, please contact you community health worker or community health nurse!

By Liz Thomsen, Southern Region CHN

TAKING CARE OF YOUR BIG ROCKS

A while back I was reading about an expert on the subject of time management. One day this expert was speaking to a group of business students and, to drive home a point, used an illustration those students will never forget. As this man stood in front of the group of high-powered Overachievers he said, "Okay, time for a quiz."

Then he pulled out a one-gallon, wide-mouthed clay jar and set it on a table in front of him. Then he produced about a dozen fist-sized rocks and carefully placed them, one at a time, into the jar. When the jar was filled to the top and no more rocks would fit inside, he asked, "Is this jar full?"

Everyone in the class said, "Yes."

Then he said, "Really?" He reached under the table and pulled out a bucket of gravel. Then he dumped some gravel in and shook the jar causing pieces of gravel to work themselves down into the spaces between the big rocks.

Then he asked the group once more, "Is the jar full?"

By this time the class was onto him.

"Probably not," one of them answered.

"Good!" he replied.

He reached under the table and brought out a bucket of sand. He started dumping the sand in and it went into all the spaces left between the rocks and the gravel.

Once more he asked the question, "Is this jar full?"

"No!" the class shouted. Once again he said, "Good!" Then he grabbed a pitcher of water and began to pour it in until the jar was filled to the brim. Then he looked up at the class and asked, "What is the point of this illustration?"

One eager beaver raised his hand and said, "The point is, no matter how full your schedule is, if you try really hard, you can always fit some more things into it!"

"No," the speaker replied, "that's not the point. The truth this illustration teaches us is: If you don't put the big rocks in first, you'll never get them in at all."

What are the 'big rocks' in your life? A project that YOU want to accomplish? Time with your loved ones? Your faith, your education, your finances? A cause? Teaching or mentoring others?

Remember to put these BIG ROCKS in first or you'll never get them in at all. So, tonight or in the morning when you are reflecting on this short story, ask yourself this question: What are the 'big rocks' in my life or business? Then, put those in your jar first.

Jerry Perry
Ma-Mook Development Corporation
Ph: (250) 724-5344

With Our Deepest Sympathy...

Our sincere condolences go out to the Johnson & Jack Family on the recent passing of Josie Jack. It is a sad day when we have to say good bye to a loved one. We know not on how you feel but we know the feeling. It has been just over a year on the passing of our father. We know in our heart that Josie is at peace and is happy. In these trying times we look for answers in the medical world with no real answer. The answers lie with our Creator. There will be a point when you will accept that it was our Creator's fate for Josie. Josie memories will always live on. She lives on in her children. Whether it be a smile, a laugh or certain habit, Josie lives on in her children. Josie will be like an angel in the sky. Your "Guardian Angel." She will watch over you. We were really glad to see all the support the family has received to date. That is one thing that made the passing of our father a lot easier. Again our thoughts are with you. As time goes on the grieving will become happy memories. Stay strong for each other.

With all our love & respect....the Dick Family.
Bobby, Alec, Tony, Bushkie, Elaine, Alfred, Wayne & George.

MAILING HA-SHILTH-SA TO NUU-CHAH-NULTH MEMBERS

Ha-Shilth-Sa is looking for addresses of Nuu-chah-nulth members who are NOT receiving the paper. Ha-Shilth-Sa is free for all Nuu-chah-nulth membership. If you want to receive Ha-Shilth-Sa please send name (including your middle name) to:

Ha-Shilth-Sa
P.O. Box 1383
Port Alberni, B.C.
V9Y 7M2

Name: _____
Address: _____
City: _____
Postal Code: _____
First Nation: _____

(You must enter your First Nation to be on our list)





N.E.D.C. BUSINESS NEWS



CONSTRUCTING A BRIGHTER FUTURE

The owners of Braker Electric and Les Sam Construction have formed a new entity, **Black Feather**. They work under the name **Black Eagle Contracting**.

By creating **Black Eagle Contracting**, Cliff Braker and Les Sam have brought together employees of a wide variety of knowledge in the construction industry, a large inventory of construction and electrical equipment and supplies, along with their proven skills as proprietors.

Black Eagle Contracting offers: Project Management, Consulting, Sewer & Water Installation, Septic Systems, Road Building, Hydro & Tel underground ducting, Subdivision Development, Foundation Excavation, Sand & Gravel, Gravel Pit Development, Demolition, Brush Removal, Snow Removal, Lot Clearing, and much more.

Les Sam acquired his Certificates of Apprenticeship and Qualification in 1978. He worked as a carpenter for a year then graduated to construction foreman for four years. In 1984 he worked as the Tsheshaht Band housing co-ordinator for a year. He re-entered the work force as a Tradesman between 1985 and 1987.

Les Sam Construction was formed in 1987 and has been going strong since. The company has completed many large projects during its existence, for example, the 3,000sq. ft. Tseshah branch Bank of Montreal, the magnificent haahuupayak School, 10 houses for the Tseshah band social housing project, etc.

Clifford Braker received his training at BCIT, in Burnaby, where he earned his Technical Qualifications (4 years apprenticeship training) and his contractors ticket in electrical contracting.

Braker Electric was founded in 1977 in which it became a limited company in 1987. His journeymen and apprentices all have the recognized tickets and certificates necessary to complete all aspects of residential, commercial, and industrial electrical applications.

The company has a \$2 million liability insurance coverage as well as electrical bonding (to ensure the contractor is qualified, he/she must be bonded before receiving a contractors ticket) for the protection of the client.

Some of the projects they have completed include the Nuu-chah-nulth Tribal Council office complex and data cabling, Ucluelet Band Fire Hall Project, Cooper Island water quality, etc.

They also work with contractors along the West Coast in wiring of homes, commercial, and industrial buildings. Braker Electric's main suppliers are all located on Vancouver Island, which helps keep business local.

Black Feather was formed to augment the two businesses already established in the community. The client can now get both electrical work and the construction done by the same company rather than have to contract out different jobs to separate companies.

Both Braker Electric and Les Sam Construction are still businesses, now there is a third that has the ability to provide complete satisfaction to the clients needs.

P.O.Box 1386
Port Alberni, B.C.
V9Y 7M2
Phone: (250) 723-7506 (8am - 5pm)

THE FOLLOWING "AI" LICENSES ARE FOR SALE:

CFV 27727 38.45 FT - CFV 29665 36.75 FT - CFV 24162 37.99 FT

If anyone would like to purchase any one of the above "AI" salmon licenses please mail or fax a written offer to:

Nuu-chah-nulth Economic Development Corporation
P.O. Box 1384,
Port Alberni, B.C.,
V9Y 7M2, Fax 250-724-9967



Cliff Braker and Les Sam display the range of equipment available through Black Feather Contracting.

Black Eagle Machinery Rates:

- * 97' Kobelco IV 150 Excavator; comes with 36" Digging bucket, 60" Cleanup bucket, 10' wide Leveling blade, Hydraulic thumb and Cab Guarding - \$90/hr.
- * 81' Ford 9000 Tandem Dump Truck - \$60/hr
- * 97' Traileze 25 Ton Tilt Trailer - negotiable
- * Makita 3" High Volume water pump - \$40/day
- * 96' 763 Bobcat Skid Steer Loader; comes with 709 Backhoe attachment, 12" digging bucket, 20" digging bucket, cleanup bucket, 4 in 1 Hydraulic Tooth bucket Cleanup bucket - \$50/hr.

TO ALL NUU-CHAH-NULTH BUSINESS OWNER/OPERATORS AND ARTISTS

The Nuu-chah-nulth Economic Development Corporation (NEDC) is in the process of gathering information from all Nuu-chah-nulth businesses and artists (carvers, jewelry makers etc.) for a Nuu-chah-nulth Business Directory. The directory will help in determining what areas of business Nuu-chah-nulth peoples are established in. It is hoped that, in the future, the directory will be published and made available to the public. A Nuu-chah-nulth Business directory will help in marketing and promoting the use of First Nation business.

If you are interested in putting your business or service in the directory please call or come in to see **Kirsten** at NEDC in Port Alberni. Call (250) 724-3131 between 8:00am and 4:30pm Monday thru Friday. Thank you for your support.

CIBC BUSINESS SEMINAR

This will be the second year that NEDC has hosted this seminar. Last year at Tin Wis, twenty-eight participants learned:



- That there are only 3 ways to spend net profit
- The connection between cashflow and sales and how this can make or break a business
- The 7 financial reasons for business failure
- How to use their income statement and balance sheet to access the efficiency and strength of your business

This year the **Business Seminar** will be in Port Alberni at the Cedar Wood Lodge on October 7 & 8, 1998. (The Cedar Wood Lodge is located at the corner of River Road and Golden Street.)

The class size is limited to 30 and seats will be allocated on a first come first serve basis - early registration is advised.

NEDC North
Tsaxana/Gold River, BC
Phone: (250) 283-9191
Fax: (250) 283-9120
Economic Development Officer:
Sharyn Stacey



NEDC South
Tseshaht/Port Alberni, BC
Phone: (250) 724-3131
Fax: (250) 724-9967
Economic Development Officer:
Peggy Hartman



NEDC West Coast
Itattsoo/Ucluelet, BC
Phone: (250) 726-7270
Fax: (250) 726-7275 or (250) 726-7552
Economic Development Officer:
Lin Lukash