



Ha-Shilth-Sa



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Ha-Shilth-Sa
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AFS PILOT FISHERY NOT THE PROBLEM OTTAWA KILLING BOTH NATIVE AND NON-NATIVE COMMUNITIES

The Standing Committee on Fisheries made its report on April 2nd. The entire salmon fishery of British Columbia is in the midst of an environmental and mismanagement crisis due to problems with coho, the lack of a U.S. Canada treaty, and ocean warming, and communities on this coast both native and non-native, are experiencing infrastructure and social collapse.

In the midst of this mess, the focus on the pilot sales program set up under the Aboriginal Fishing Strategy is extremely unfortunate.

Dan Edwards, Executive Director of the West Coast Sustainability Association states "When the Mifflin Plan came down, the native villages of Kyuquot and Ahousaht on the West Coast of Vancouver Island lost fifty percent of their fishing boats and fifty percent of their community employment. Many of the smaller non-native communities are in a similar predicament. There has been no real transition strategy in place to deal with the Mifflin policy."

Joy Thorkelson of Prince Rupert says "Prince Rupert has three fisheries transition workers and 2000 clients and has had only enough project money to put forty seven people to work in the last eight months. And now the three transition workers are being told they are no longer needed. These are the real issues for our community."

"At the meeting of the Standing Committee in Port Alberni our local aboriginal commercial fishery wasn't even an issue." recalled Richard Watts from the Nuu-chah-nulth Tribal Council and Tseshaht First Nation, and a participant in the Somass River aboriginal commercial fishery. "We presented to the Standing Committee the real issues for communities and fishermen of the west coast-the devastating impact of the Mifflin Plan and El Nino, the impact that another bad salmon year will have on all our fishermen, native and non-native. Now the Survival Coalition and their Reform Party supporters are trying to make aboriginal fishing an issue again. We moved beyond the finger pointing and are finding solutions through the regional management of our resources that will benefit the resources, commercial, sport, and aboriginal fishermen, and our communities.

This attention to aboriginal commercial fisheries is a distraction that moves us back to the old ways of fighting amongst ourselves."

Tseshaht Painting Pride



TSESHAHT PAINTING PRIDE PROJECT

Front Row: Richard Dick, Jimmy Mack, Will Sam, Alex Antoine.
Back Row - Wil Robinson, Geoff Gus, Jed Dick, Barry Watts,
Nathan Watts and Co-ordinator Jessie Stephens.
More on page 12.

Fisheries Minister Meets with First Nations Summit Leaders

Aboriginal leaders representing First Nations in the BC Treaty Negotiations process are in North Vancouver April 15-17 for a meeting of the First Nations Summit (FNS).

Of note is the attendance of the Honourable David Anderson, Federal Minister of Fisheries and Oceans, on April 15th.

Minister Anderson will be in attendance to hear First Nation's concerns with respect to the current policies on Fisheries Management in BC, as well as to hear information on the BC treaty process.

Some fisheries-related topics currently of interest to First Nations include:

- Future of the Aboriginal Fisheries Strategy,
- Delgamuukw court decision in relation to fisheries issues,
- Pilot sales,
- Consultation processes.

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DEADLINES

Please note that the *deadline* for submissions for our next issue is **noon on Friday, April 17th, 1998**. After that date, material submitted & judged to be appropriate, cannot be guaranteed placement but, *if still relevant*, will be included in the following issue.

In an ideal world, *submissions* would be typed, rather than hand-written.

Submitted *photographs* should include return address, a brief description of subjects and enclose a self-addressed envelope for their return.

COVERAGE:

Please note that although we would certainly like to be able to cover all stories and events, as well as submitted material, we can only do so subject to:

- Sufficient advance notice
- Reporter's availability at the time of the event
- Editorial space available in the paper
- Editorial deadlines being adhered to by contributors

Ha-Shilth-Sa

LETTERS & KLECOS

Ha-Shilth-Sa will include letters received from its readers. All letters must be signed by the writer and have the writer's name, address & phone number (if any) on it. Names can be withheld by request.

We reserve the right to edit submitted material for clarity, brevity, grammar and good taste. We will *definitely* not publish letters dealing with tribal or personal disputes or issues that are critical of Nuu-chah-nulth individuals or groups.

All opinions expressed in letters to the editor are purely those of the writer and will not necessarily coincide with the views or policies of the Nuu-chah-nulth Tribal Council or its member First Nations.



THANK YOU!

I, Kateri would like to say a very big Thank you to Francis Jules for what you did for my cousins, the Justin Family. That was very nice of you, even though we are all going through tough times and you had just lost a loved one too not too long ago.

I waited for my cousins. I thought one of them would get up. Any way I was there on behalf of my sisters Clotilda and Bertha.

Thank you again Francis. I know it was hard on all of us. We thank you from the bottom of our hearts.

Frank Salmon thank you for being there and thank you for getting me there (& stuck ha ha).

Thankyou to every one that was there for the family.

Special thank you to Ralph John and Sandra for letting us stay with you. Ralph, thank you for getting us back to Campbell River, especially allowing our grand daughters to stay with us. You know how much that meant to me sis. Thank you.

THE XIANTHIAN NATION

The people of the Xianthian Nation would like it to be known that we will not be applying for or participating in any treaty negotiations. This is not because of any inherent distrust of the treaty system as such but because of a decision made by our elders and hereditary chief in the light of traditions and cultural instructions contained within our tribal chronicle. We wish all nations that are involved in negotiations good luck and success with their debates.

The Xianthian Chief and Council

KLECO FROM MARILYN KEITLAH AND FAMILY

On behalf of Marilyn Keitlah and her family, I would like to send a warm thanks to all those people that gave her the support during some of the hardships she went through at the beginning of this year.

Even though it has been a couple of months, since the passing of Alfred Ross Keitlah: 13 Sept. 1950 - 09 Jan. 1998, the family finds it hard to express their appreciation to all the Nuu-chah-nulth people for their help and support offered to Marilyn and her family. The hurt is still there and I am most certain that it will take some time for it to stop. Thank you to the Ahousaht Band Council and the Tla-o-qui-aht First Nations for the monetary support. Thank you to all those people that prepared the meals. A special thanks to John and Jean Frank for opening up their place and feeding all the friends and family of Marilyn Keitlah.

Thank you to The Chapel of Memories for all that they have done, thanks to Simon Dennis, to the Pallbearers. We would like to send our appreciation to Ingrid Samuel for driving the family around and to all other drivers that contributed their time in a just cause. If there is anyone that we might have overlooked in sending our appreciation, it was not intentional.

Kleco from my sister Marilyn Keitlah and Family.

THIS IS A LETTER TO ALL USMA CLIENTS:

I had three children who were apprehended in the ending of October 97. I was really all alone, except for one child who stayed with me. In order to get my children back I had to make choices. The choices that I made were to better myself and to recognize the long term effects that alcoholism

will have on all of my children. I was extremely devastated and in complete denial when my children were taken. It took me to look into one of their hurt eyes and to see they were hurting more than I was, my baby's aching heart saying "I really love you Mom" and tears running down his face as I dropped him off to his caretakers home. I went straight home and cried and cried because I kept picturing my baby's hurt and I took a good look at myself and said who's hurting more you or the children. Alcohol did take time away from my children, and Bingo took time away from my children. Children grow up very fast, and the choices that you want to make should benefit of your children, because if you look into their little faces you'll see just how much love they have for their parents. Children are priceless and the amount of time that we're given with them until they grow up and want to be on their own is just a fraction of how much love they can put into our hearts. I have my children back in our home now and our hurts from being separated are healing now, but the time they did spend away from home from me was wasted, because who'll ever know if there could have been some cherishing moments held in my memory forever, as I also wasted time sitting at bingo for four hours and drinking. I've reeducated my way of thinking, and now make my children a number one factor for each and every day. Like I said "children grow up very fast, and if we don't stop and grab a hold of them and share our love with them, they will never know what it would be like to be loved by their natural parent." The message that I am sending to all USMA clients is, USMA can identify what is wrong, and they're not out to take your children away they would just like you to better yourself so you can look after your children. If you shun them, then you're just denying that there is any problem. Stop and listen to someone telling you that there may be a problem. I am very grateful to have my children back but I wouldn't have gotten there unless I bettered myself. I feel a whole lot better being sober. I feel more confident every day about myself. It can't get any worse if you quit drinking, it can only get better. One very important thing that I would like to state is that "I am very thankful for my children's caretaker, for she didn't kick sand in my face when I was down, for she picked me up and walked many miles with me to help me get where I am today." Once again thank you for everything everyone.

Name withheld by request

FUTURE OF NTC DISCUSSED AT TREATY PLANNING SESSION

On March 24th Nuu-chah-nulth delegates met for a treaty planning session at the Somass Hall.

The day had been set aside to discuss the future relationship between First Nations and the Central Nuu-chah-nulth government. The delegates gave direction on which programs and services will be administered by the Tribal Council, post-treaty, and which ones will be delivered by First Nations.

To get the discussion started representatives from each First Nation made comments on the direction that they wish to go in the future.

- Some of the points raised during this discussion included:
- ❖ the need to be flexible so we can deal with changes as they occur.
 - ❖ ensuring that all First Nations receive adequate services, regardless of their size.
 - ❖ NTC should provide support to First Nations and should serve as a political power.
 - ❖ prevent duplication of services.
 - ❖ possibility of hiring staff on a regional basis.
 - ❖ possibility of First Nations obtaining services from the NTC on a fee for service basis.
 - ❖ movement towards traditional systems of government.

Virtually all of the speakers agreed that there is a need for more community-based services.

After the speakers had expressed their opinions, each NTC program was examined. The program managers had prepared documents that outlined present responsibilities of the program, possible options for the future and their strengths and weaknesses.

The programs that were reviewed on this day were Fisheries, Accounting and Administration, the Ha-Shilth-Sa, and the Child Welfare Program.

Other programs will be reviewed at a future planning meeting. (Education, Economic Development, Community & Human Services).

FISHERIES: Don Hall, NTC Fisheries Manager, summarized the fisheries program's analysis document. Then the First Nations representatives discussed the future of the Fisheries program. Comments and recommendations included:

- ❖ that the Fisheries Program should remain in the NTC.
- ❖ there should be respect between First Nations who have different aspirations. (aquaculture was used as an example. Some Nations are opposed to it, some are not.)
- ❖ support was given for the concept of the proposed West Coast Regional Management Board.

ACCOUNTING: Accounting Manager Sharon Styan presented an overview of the accounting and administration department of the NTC. There was a discussion about the need to identify Nuu-chah-nulth people who would commit themselves to a career in accounting, to ensure good financial control at the First Nations level.

HA-SHILTH-SA: Acting Manager/Editor Bob Soderlund gave a brief outline of the present staffing and the goals of the Ha-Shilth-Sa. Comments from the First Nations representatives included:

- ❖ that the original purpose of the paper was to focus on Nuu-chah-nulth communities and their needs and
- ❖ there should be a refocus on this purpose.
- ❖ important to report on the proceedings of the Elders Advisory Committee.
- ❖ report on traditional Nuu-chah-nulth village sites.
- ❖ the NTC may want to consider other forms of communication in the future such as radio, t.v., the internet.

CHILD WELFARE PROGRAM (USMA):

Recommendations and remarks included:

- ❖ once parents acknowledge their responsibilities, the need for Usma will go away.
- ❖ still a state of denial about the need for a child welfare program.
- ❖ problem stems from the lack of parenting skills.
- ❖ need to develop Nuu-chah-nulth legislation for child protection, post-treaty.

- ❖ move towards being proactive rather than reactive.
- ❖ should be a blending of traditional and contemporary processes.
- ❖ presently Nuu-chah-nulth operating with delegated authority from the Province.

MARCH 25/98: The planning meeting was scheduled to continue on March 25 & 26, but because of the passing of Tseshaht elder Charlie Watts Sr. it was decided to postpone. Some representatives from the Department of Fisheries and Oceans were scheduled to attend the meeting so this part went ahead, with permission from the family.

Some of the issues that were discussed with the DFO people included the proposed Regional Management Board, licensing of new species and the overfishing of herring stocks.

MARCH 31/98: Treaty planning resumed on March 31st. It was decided to defer the rest of the agenda dealing with the "Future Relationship of the NTC with First Nations" until another meeting.

The discussions about the future relationship between First Nations and the central Nuu-chah-nulth government will continue at a special meeting scheduled for May 7 and 8.

The meeting saw the return of Francis Frank, Chief Negotiator for the Tla-o-qui-aht First Nations, to the table. He was brought into the hall by his Ha'wiih, elders and tribal members. Their speakers said that Francis was asked to return as their negotiator by the Chiefs and the elders, after he had resigned in January.

Most of the day was spent discussing a document prepared by the Natural Resources Mandate Working Group on Principles for Negotiation of the issue of Regional Management of Wildlife.

Some of the issues discussed included:

- ❖ the composition of the proposed board
- ❖ the terms of reference of the board,
- ❖ the participation of public servants & First Nations staff,
- ❖ annual harvest plan development,
- ❖ Nuu-chah-nulth harvest management area.

A motion was passed accepting the document after some revisions.

Nuu-chah-nulth Treaty Manager Vic Pearson made a report on the Treaty Update meeting held in Vancouver on March 22nd.

Nuu-chah-nulth people at the meeting expressed a strong desire to have some Nuu-chah-nulth singers and dancers perform at one of the weekly "West Coast Family Nights". Family Night is a regular event on Wednesday evenings at the Vancouver Friendship Centre. The invitation is out for dancers and singers to attend on the April 15th.

There was also a discussion by the Vancouver residents about the possibility of having a Treaty Planning session in the main cities that Nuu-chah-nulth people reside in. The same suggestion was made at a recent meeting in Victoria.

This suggestion was discussed by delegates at the March 31st planning meeting and it was agreed to have one planning meeting in every three month period in Vancouver, Victoria, Nanaimo and downtown Port Alberni.

The next Treaty Planning meetings are scheduled for April 27 and 28, 1998.

Nuu-chah-nulth Treaty Planning Meetings to be held in Urban Centers every 3 Months

We are agreed that one Planning Meeting in every 3 month period is to be held in Vancouver, Victoria, Nanaimo, and downtown Port Alberni, and we direct Vic Pearson to coordinate this.

- Motion passed at Treaty Planning Meeting, March 31, 1998

TITS-QAHE QUINK HA'WIIH MEET IN CAMPBELL RIVER

The Tits-qah E Quink Ha'wiih met over March 28 and 29 at the Austrian Chalet in Campbell River, and had two days of productive discussions. Willard Gallic was the Chair of the meetings. Topics discussed included international and internal boundary issues, the progress of drafting the Northern Region's interim measures agreement with the Ministry of Forests, the land selection process at the Nuu-chah-nulth negotiations table, and other important matters.

Ron Frank made a presentation about the draft interim measures agreement on forestry issues, and the text was given a final review. The Ha'wiih gave their approval to presentation of the document to the provincial government. They decided also that their speakers when the presentation is made are to be the members of the team that developed the document. The team is also to be responsible for arranging the presentation meetings.

There was a good discussion of the progress being made to finalize the Boundary Declaration, to be signed by the First Nations of Tits-qah E Quink and by the First Nations of Kwakiutl Laich-Kwil-Tach. Arrangements were confirmed that the signing ceremony will take place in Campbell River on Friday, May 22, beginning at 12 noon. After the ceremony there will be a feast, and celebration of this important achievement will continue into the evening. This will be an important occasion in the unfolding of Nuu-chah-nulth relationships with their neighbours. The Ha'wiih expressed appreciation for the completion of the work on the draft, saying that this is a credit to the Nuu-chah-nulth workers and the Kwakiutl Laich-Kwil-Tach workers.

The Ha'wiih had earlier expressed some concerns with some internal issues. Unless properly addressed, these might affect the negotiation process. After a good and open discussion, the Ha'wiih agreed that these concerns could be put aside so that the Nations can concentrate on their main job of negotiating their treaty with the federal and provincial governments. In order to make sure that "little problems do not become big problems", the Ha'wiih agreed to meet regularly to deal with the affairs of their Nations. They scheduled their next meeting for April 22, in Campbell River. Their May meeting will be held in Oclucje on May 19. The Ha'wiih also decided to meet on April 19 in Campbell River, for a discussion about roe-on-kelp licencing issues.

Vic Pearson provided a report about the land selection process. Nine Nations have now made their first presentations and are continuing their negotiations with British Columbia and Canada. Five Nations have not yet started this part of the treaty negotiations. Vic's report continued that there is a wide array of approaches being taken by Nations. This is their right as land selection negotiations are each Nation's own responsibility. He presented a strong recommendation to the Ha'wiih that no matter what approach a Nation chooses to take, the key need is for Nations to be thorough, painstaking and careful in their preparation and planning for this vital task.

The Ha'wiih expressed their appreciation for Bob Soderlund, who was able to attend the meeting for a short time. They expressed also their appreciation for the contribution that Louise Amos has made to the Nuu-chah-nulth process during the time that she has served as one of Ehattesaht's representatives, and especially for the gracious and generous way in which she has looked after "the old buffalo" during this time.



aht-tleesh-aht - Dennis John - House of Nooshoolth, stands with his son Eugene at the Northern Region Hawiwh Meeting



Speaking to the Chiefs is Tlu-keesh-peek-ah (Standing on top of the world) Lloyd Billy, 2nd chief of Ehatis, House of Wha hee-nuk-a-coomplaht

KLECO FROM THE WORLD COUNCIL OF WHALERS

On behalf of the World Council of Whalers we would like to extend our appreciation to the Tshesahat Nation for allowing us onto their traditional territory and allowing us to house our office in their building. Kleco.

We would also like to thank the Nuu-chah-nulth Tribal Council for the office space, office supplies, telephone services and I'm sure numerous other things that have been so graciously shared over the past year. This generosity is greatly appreciated and has enabled us to get our organization off to a good start.

We would also like to extend our appreciation to the NTC accounting

department and especially to Sharon Styan. Her work was very much appreciated by us.

Also a special thank you to Eunice Joe for all the photo copying, faxing and other support she offered to the World Council of Whalers. Her time was also very much appreciated.

As we are sure some of you are aware the executive board of World Council of Whalers has decided to move the office to our home in Brentwood Bay.

The new address is: World Council of Whalers, P.O. Box 291, Brentwood Bay, BC, V8M 1R3. Phone/Fax: (250) 652-8352. E-mail: wew@islandnet.com.

Kleco, kleco from Tom and Kathy Happynook.

TREATY INFORMATION MEETINGS FOR NUU-CHAH-NULTH LIVING AWAY FROM HOME

NUU-CHAH-NULTH STAFF ARE ORGANIZING TREATY INFORMATION MEETINGS FOR NUU-CHAH-NULTH LIVING AWAY FROM HOME. WE WILL UPDATE THE INFORMATION FROM TIME TO TIME, SO THAT YOU SHOULD ALWAYS HAVE ADVANCE INFORMATION ABOUT THE PLANS. HERE IS THE INFORMATION FOR THE NEXT FEW MONTHS:

PORT ALBERNI:	APRIL 23, 1998, FROM 6:00 pm TO 10:00 pm AT THE PORT ALBERNI FRIENDSHIP CENTRE
NANAIMO:	APRIL 25, 1998, FROM 1:00 pm TO 6:00 pm AT TILICUM HAUS, 602 HALIBURTON STREET. THIS WILL BE AN UPDATE ABOUT EDUCATION.
VICTORIA:	MAY 4, 1998, FROM 5:30 pm TO 9:30 pm AT THE VICTORIA ABORIGINAL FRIENDSHIP CENTRE, BAY STREET, VICTORIA. THIS WILL BE AN UPDATE ABOUT EDUCATION AND CHILD AND FAMILY SERVICES.
CAMPBELL RIVER:	MAY 21, 1998, AT THE UNITED CHURCH HALL. THERE WILL BE A POTLUCK SUPPER PROVIDED. PLEASE BRING WHAT YOU CAN.
SEATTLE:	JULY 18 AND 19, 1998, AT THE PEARL WARREN CENTRE OF THE SEATTLE INDIAN HEALTH BOARD

IF YOU NEED OTHER INFORMATION THAT YOU NEED, PLEASE CALL WILLARD GALLIC OR VIC PEARSON AT 250 724 5757. WE LOOK FORWARD TO SEEING YOU!

SEATTLE MEETING WITH NUU-CHAH-NULTH LIVING AWAY FROM HOME

The meeting took place as planned on March 7, 1998, at the Pearl Warren Building of the Seattle Indian Health Centre. Willard Gallic chaired the meeting, and Vic Pearson assisted him.

Thirteen persons attended the meeting. This was a small turnout, compared to other meetings in Seattle, although this might be attributed to the fact that it was a warm and sunny Saturday afternoon, nevertheless the turnout is a concern.

We followed the same pattern as we had followed with the recent meetings in Nanaimo and Victoria. We provided a detailed update of the progress of treaty negotiations, and we asked for direction about some related issues as well.

Treaty Information Provided:

We provided the participants with:

* Copies of the Summit responses to the RCAP report and on the Delgamuuk'w decision.

* A report called "Treaty Making: Update Report" developed by the NTC treaty office. This is a "rolling report" which is intended to give general background information.

* A report called "Update Presentation on Treaties" also developed by NTC. This is also a "rolling report" which is periodically updated. The purpose of this report is to give information that is more closely focused to the Nuu-chah-nulth negotiations.

* The report entitled "Delgamuuk'w vs. British Columbia: a Layperson's Summary" prepared by Hugh Braker.

* The report of the Nuu-chah-nulth Living Away from Home Survey. **Overview of Meeting**

In general, the meeting was positive and progressive. A number of issues of a general nature arose (which are reflected in the next section of this report) and, as well, there were a number of specific issues that arose. As always, we sought to refer these to particular First Nations.

Lorraine Livermore had done all of the organizational work for the meeting, including booking the hall and arranging for chumus, and we are as always grateful for her help.

Discussions and Concerns

* Can Membership Services be made available to Seattle residents at a future meeting?

We were given a preliminary list of 16 names requiring status cards. We undertook to follow up on this with the Executive Director.

* There was a discussion about

future needs for trained people in the Nuu-chah-nulth area.

We provided a rough overview of some categories of employment that will be needed, giving emphasis to categories which presently have little or no Nuu-chah-nulth people involved or being trained.

* In accordance with the direction which we were given in February, we raised the issue of representation of the Seattle Nuu-chah-nulth community at treaty planning sessions.

There is good interest in this, and we were given the impression that active involvement will not be a problem. We informed the meeting that budget direction has not yet been given and until it is we cannot proceed further. We will deal further with this matter after the forthcoming budget meeting.

* There was a discussion about the assembly planned for the Seattle area for the summer of 1998. As reported previously, the desire of the Seattle community is for this to be as much a cultural gathering as a "business" gathering.

Subject to confirmation of a location for the dates chosen, the Seattle residents indicated that the weekend of July 18-19 was their preference. Lorraine Livermore is working on a location. We understand that the Makah Nation have promised to provide sockeye, so another variable as to the dates is the time of their sockeye run. The Seattle community are respectfully asking that Nations who wish to should send their singers and dancers to this assembly.

* We were asked to find out through the NTC Community and Human Services whether counselling services are available to former students at residential schools in Canada who now live in the United States. We were also asked whether a Nuu-chah-nulth person who is an American resident is eligible for health treatment if he/she temporarily relocates to British Columbia.

We are following up on these issues.

* A number of "Nation-specific" concerns were expressed, in some cases with considerable power. The concerns were largely to do with the following issues:

1) Access to housing waiting lists. Concern was expressed that in some cases Nations do not follow an equitable process in maintaining their waiting lists, even where the individuals living away from home have stated a desire to return if housing is available.

2) Access to educational assistance. Situations were

mentioned were applications for post-secondary funding from people living away from home have been ignored.

We report these matters in the above general way, and we will report more specifically directly to the Nations apparently affected. We recognize that as "Presenters" at these urban meetings we have no mandate to talk about issues such as these, and we do not talk about them during the meetings. We feel, however, that these issues are generally important (to Nuu-chah-nulth as a whole) if they are broadly based. We recognize the possibility that some of the issues may not be genuine. However we have no way to judge this and it is therefore important to report them. In any event, we cannot prevent participants at the meetings from raising these issues. We trust this process to be acceptable.

* Seattle residents, in common with residents in other cities, express a wish for there to be more information that is "Nation-specific". They see a need for such things as newsletters, update reports, or articles in the Ha-Shilth-Sa that can form a partial link to their homes.

We recognize the efforts that many Nations have and continue to go to in order to meet this need. Nonetheless, the need is frequently expressed, and for this reason we respectfully bring it to your attention.

Summary

The low attendance at the meeting, as already mentioned, is a concern. However we believe that the meeting was generally productive and worthwhile. We wish to repeat the invitation to Nations to participate in the assembly in Seattle, tentatively on the weekend of July 18-19, and we will update you about this as time progresses. As with the other meetings, we will be doing the following as follow-up:

1) We will be writing to those that attended and to all other Seattle residents for whom we have

addresses, to confirm our discussions and the plans for the future.

2) We will include a copy of this report with our letter.



GREETINGS FROM AUCKLAND, N.Z.!

Dear Sir,

I have been receiving the Ha-Shilth-Sa newspaper at the above address, 12 Ranch Avenue for a number of years now and I would like this newspaper to be directed to AWATAHA MARAE, 58 Akoranga Drive, Northcote, North Shore, New Zealand because the Community House (the Marae) is keeping a record of the news, that is received from overseas papers in our archives.

What we have been obtaining from the different newspapers has been of great assistance in providing inspirational ideas in education, health and treaty issues, which looks at partnership in local and National politics and of course other aspects of a holistic approach to self-esteem in all walks of life. This I feel ought to set people talking about all of these issues.

We of the confederated tribes in Auckland wish you all the best with those thoughts and the future for the upcoming people of the Nuu-chah-nulth.

No reira, tena koutou katoa
Naku noa

Arnold Manaaki Wilson
Kaumatua
Awataha Marae

'a'iilhp' iit
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HUU-AY-AHT LAND PRESENTATION

The Hawiith of the HUU-ay-aht First Nation made their initial land selection presentation to the federal and provincial governments on April 1, 1998, at the Somass Hall. Following introductions, Tyii Hawii (Head Chief) Kliishin (Spencer Peters) distributed money to the government representatives and witnesses in the hall.

In his native language, Elder Willie Sport made some opening remarks on behalf of Chief Kliishin.

The presentation by the HUU-ay-aht outlined their expectations in the land selection process as well as providing government negotiators with a history lesson about HUU-ay-aht chieftainship and their ha hoolthee.

Chief Tom Happynook, Robert Dennis and Willie Sport gave a detailed account of the HUU-ay-aht Hawiith's ownership of their territory and resources and provided written materials and maps to substantiate their claims.

The first document presented by Chief Happynook stated that "on behalf of the governments of the HUU-ay-aht First Nation we are pleased to have the opportunity to stand by the representatives of the governments of Canada and BC to discuss our ha hoolthee. The forefathers of the people before you here today continuously struggled for recognition of the rightful place and responsibilities in and to our homelands. We come to this table today as a government and as a nation to begin to discuss how we can peacefully co-exist with you, our new neighbours, in a place that is precious to us as a people."

Happynook went on to say "Our Hawiith have never surrendered or released title to their ha hoolthee."

The HUU-ay-aht outlined some key principles under which they enter negotiations.

These principles

included:

• That negotiations must be on a government to government basis.

• That negotiation are based on the recognition of the ha hoolthee of the Hawiith.

• That negotiations must result in the restoration and enhancement of all resources in the HUU-ay-aht ha hoolthee. From there everyone will benefit from sustainable use of those resources in the future.

• Negotiations must result in agreements that will allow our Hawiith to maintain a connection with their ha hoolthee.

• Negotiations must allow for our people to live a HUU-ay-aht lifestyle wherever they choose to within our homeland.

• Negotiations must result in certainty including certainty for HUU-ay-aht.

• Negotiations must consider and accommodate all HUU-ay-aht. Those of today and those future generations yet to come.

• Negotiations will result in meaningful participation by HUU-ay-aht in management and development activities throughout our ha hoolthee.

The HUU-ay-aht Hawiith were present at the table and were introduced. They were Tyii Hawii Spencer Peters, his son Derek Peters, Spencer's brother Steven Peters, Victor Williams, Tom Happynook, Oscar Nookemus for his brother Benson, Jeff Cook, Marie Newfield for Andy Clappis and Bill Frank.

Robert Dennis outlined the ha hoolthee of the Hawiith including the resources in their territories. He mentioned the extraction of resources, of which billions of dollars in worth has been removed at little or no benefit to HUU-ay-aht.

Robert Dennis then provided a history of Chief Kliishin's seat. He gave the names of the present Chief

Kliishin's ancestors who held the seat, back for eleven generations.

Some statements by the late Chief Louie Nookemus, recorded in 1964, were read to the government negotiators.

Chief Louie had said "Then the whiteman came on our shores here at Anacla. It was very quick, they had desires of being on our land. They wanted it all. Who are these people acting like chiefs? They are walking on our lands. Where ever they come from? They are asking, "is it true that the Indians own these lands?"

One of the early settlers in the area, William Eddy Bamfield wrote this in 1854 "The Ohiat Indians are a large tribe, about four hundred and fifty or five hundred strong. They inhabit the eastern side of [Barkley] Sound ... The Indian villages are numerous from the very point. They are traceable for twelve or fourteen miles up the sound, but in winter they assemble in one encampment, showing a full mile frontage. **One chief controls the whole, his name is Cleshin ...**"

Also quoted were speeches of the late Tyee Hawii Jack Peters, who fought for the recognition of First Nations ownership and rights as President of the West Coast Allied Tribes.

Some of the HUU-ay-aht Nation's goals in treaty negotiations were told to the governments.

In regards to Lands, Waters and Resources, "there must be recognition that we have never ceded ownership to our territories and we never can."

They are also seeking compensation for shared lands, for past extraction of resources, a share of revenues generated from their territories, and restoration of their territories, and they seek recognition of the right, responsibility and authority of their Hawiith over

their territories.

The HUU-ay-aht spoke about some of the recent initiatives they have taken. They have completed a "Traditional Use Study" that shows the density of sites, including spiritual sites, that have been found in their territory.

They have also recently signed an interim measures agreement with the Ministry of Forests which indicates a willingness to work with others to restore and enhance the forestry resource.

In summing things up, Robert Dennis told the government negotiators that "we wish a reconciliation."

The government negotiators had a opportunity to respond to the presentation. Heinz Dyck on behalf of British Columbia thanked the HUU-ay-aht for their excellent presentation. He said that he didn't have any questions at the time because of the details provided in the presentation and he added that he was very excited about the prospect of working together.

Federal Negotiator Eric Denhoff remarked that it was the most comprehensive and thorough presentation he had heard in the province on land selection.

He said the there is a lot that they can agree with initially, and that they are prepared to negotiate HUU-ay-aht's right of managing and decision making on shared lands.

One contentious issue that has to be dealt with, said Eric Denhoff, was compensation, but he remained optimistic that something can be worked out.

The meeting came to a close with Robert Dennis Jr. chanting a prayer song - "tsiika" and elder Willie Sport thanking the creator and everyone for being together on this day.

FIFTEEN GRADUATE FROM INTERPRETIVE GUARDIAN TRAINING PROGRAM



Graduates from the Interpretive Guardian Training Program

Front - Robert Laing. Front Row (l-r) - Allan Smith, Bobby Jones, Steve Smith, Russell Hanson and Paul Sieber. Back Row (l-r) - Arlene Nookemus, Cindy Laird, Terry Nookemus, Matthew Edgar, Edward Johnson, Jeremy Valentine and Ramona Campbell. Missing are Ryan George and Clifford Thomas.

Fifteen trainees from the First Nations communities on the island, recently graduated from a newly developed course in Interpretive Guardianship.

The 13 week program was offered through Malaspina College at the Cowichan Lake Education Centre. The training was put together by the Qu'ass West Coast Trail Group, Malaspina College, and the communities along the trail.

Most of the graduates were from the Ditidaht, HUU-ay-aht and Pacheedaht First Nations, however there were also some trainees from other communities like Chemainus (Penelakut), Ahousat, Kyuquot, Mowachaht, Nuchatlaht, and Ucluelet.

The Qu'ass West Coast Trail Group is a joint venture between three First Nations who have traditional territory within the Pacific Rim National Park Reserve. They are the Ditidaht, HUU-ay-aht and Pacheedaht First Nations. They operate a guardianship program that has personel that assist in hiker orientation, trail repair, upkeep and maintenance, heritage education, cultural resource protection, hiker ferry services and other duties.

Several of the graduates of the course in Cowichan Lake have worked as guardians on the trail and they were adding to their knowledge.

Graduating on this beautiful sunny day were Ramona Campbell (Ahousat) Matthew Edgar, Paul Sieber (Ditidaht), Edward Johnson, Arlene Nookemus, Terry Nookemus, Steven Smith (HUU-ay-aht), Bobby Jones, Cindy Laird, Clifford Thomas (Pacheedaht), Ryan Ginger (Mowachaht), Alan Smith (Nuchatlaht) Russell Hanson (Kyuquot), Robert Laing (Penelakut) and Jeremy Valentine (Ucluelet).

The ceremonies got underway with MC Wally Samuel, the Managing Director of Qu'ass West Coast Trail Group, making some opening remarks and introductions.

Carl Edgar Sr., an elder from Ditidaht, did the opening prayer. Carl also sang some happy songs including one that he had composed for the RCMP Constable in Nitinat.

Several other speakers congratulated the graduates. They included Dalton Smith and Jennifer Bendell from the Cowichan Lake Education Centre, Sharon Tillie and Ann Greenwood from Malaspina College, and Alex Zellermeier from Parks Canada.

The floor was open for the guests and some of the relatives that were there offered their congratulations and encouragement.

Jack Cook, from the NTC Employment and Training Board also congratulated the trainees for completing the course and for being leaders of the program, as it was the first one offered.

The Nuu-chah-nulth Tribal Council Employment and Training Board provided \$63,000 in funding for the course. Also helping with funding were the HUU-ay-aht First Nation, who sponsored 2 students, and Panelekut and Ucluelet First Nations who sponsored one student each.



ELECTORAL BOUNDARIES COMMISSION 1998

An ELECTORAL BOUNDARIES COMMISSION has been appointed pursuant to the *Electoral Boundaries Commission Act, R.S.B.C. 1996, c.107*.

This Commission will make proposals to the Legislative Assembly as to the **area, boundaries, names and number of the electoral districts in the Province.**

The Commission is independent of government and will submit its report directly to the Speaker of the Legislative Assembly who must make it public.

The Commission will hold public hearings around the province commencing in late spring to hear from interested British Columbians. Details of the hearing locations and times will be announced soon.

The Commission invites written submissions in advance of the public hearings. Written submissions and inquiries may be directed to:

ELECTORAL BOUNDARIES COMMISSION

#6 - 1818 Cornwall Avenue

Vancouver, British Columbia, V6J 1C7

Telephone: (604) 660-6390

Fax: (604) 660-4621

Toll Free: 1-888-657-1188

email: ElectoralBoundariesCommission@gems3.gov.bc.ca

Several of the braver students also spoke during the graduation. Alan Smith and Russell Hanson summarized some of the things that they learned about during the course. They included interpretation of history, boat safety and navigation, mapping, wilderness first aide, First Host, search and rescue, archeological information, customer service, legal and liability issues, to name a few.

Paul Sieber gave a brief history of the development of the Qu'ass West Coast Trail Group. Paul worked on the development of the Group along with Carl Edgar Jr. and Brian Cofsky. "The group was formed to make sure that we (Qu'ass) have jobs and businesses on the trail," said Paul.

Each of the graduates received a certificate, a glass with the Qu'ass emblem etched on it by Haul Mack, and a t-shirt. They also had received sweatshirts with a design

created by Allan Smith.

Other presentations were made to the Education Centre and to Malaspina College.

Wally Samuel said that they started with 15 people in the course and it ended with 15, which says a lot for the instructors and the students themselves."

"A lot of people want to come to our areas and learn about our histories," Wally said, "and I hope our communities will help to put something in place for these young people." The Qu'ass West Coast Trail Group can help to develop these things, he added.

Before calling it a day everyone was served a great lunch, prepared by the student's favorite person, Andrea the Cook, with help on the barbecue from Bobby Joe and Floyd Tate.

By Bob Soderlund,
Acting Manager/
Editor

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HESQUIAHT REDISCOVERY TRAINING PROGRAM

MAY 9 - 22, 1998

For those who want to undertake safe and meaningful youth programs & camps.

Twenty to twenty five participants and eight to ten staff members will take part in an intensive, fun-filled program that will provide them with the skills, knowledge and confidence necessary to undertaking Rediscovery and similar youth programs.

Set up like a Hesquiaht Rediscovery youth camp, this training course will emphasize hands-on, experimental learning, which will take place at Iusuk, Hesquiata Harbour.

Hesquiaht Rediscovery's Training Program '98 consists of:

- 1) Technical training in Red Cross Wilderness First Aid. Fifty hours of mostly practical training results in certification.
- 2) Lifesaving, canoe and kayak training with an emphasis on safety and west coast conditions.
- 3) Camp development/organization training. Participants will learn about camp operation and logistics by taking part in the camp. Rediscovery International's Health and Safety Standards will be used as a guideline to ensure that everyone is aware of camp needs. Participants will be taught how to organize and undertake daily camp activities and special outings.
- 4) Examples of cultural programs. Hesquiaht elders will be sharing their knowledge of the Hesquiaht environment and culture. Participants will be able to witness first hand the importance of these elders at camp and gain the means to draw upon their own cultures for programs in their home communities.
- 5) Training in group and individual development. Participants will take part in activities aimed at group bonding and fostering positive outlooks, such as Council Fires, games, and outings. They will also take part in activities aimed at personal growth, such as Spirit Spots and Solos.

Training Site: The entire training program will be held at Iusuk, Hesquiata Harbour, in the traditional territory of the Hesquiaht Nation. While there are two buildings at the training site, participants should expect to camp out. Iusuk is accessible only by boat and is approximately 12 miles from Hot Springs Cove. Special boat transportation for training participants will be arranged from Tofino on May 9, 1998.

Arrival: Boats will leave Tofino with training participants at 12:00 noon on Sat. May 9, 1998, and arrive at Iusuk around 2:00 pm. Please note: There will be no further transportation to the training after this.

Ceremony Night: Training will close with a celebration to which participants are encouraged to invite their family, friends and community members. Ceremony night begins with a feast at 5:00 pm on Thurs. May 21/98. People wishing to attend and needing transportation to Iusuk can phone the Hesquiaht Band Office and book on the "Matlahaw".

Departure: Boats will leave camp after breakfast/pack-up on May 22, 1998.

Equipment List:

Tent, sleeping bag & sleeping mat, raingear, rubber boots and extra footwear, warm clothes, jacket, sweaters, bathing suit, shorts, etc, backpack for day hikes, sunscreen, bug repellent, personal toiletries, towel, pens, pencils, notebooks, flashlight. Optional: drums, craft materials, cameras.

Remember, there is no store nearby. Bring enough of what you need to last you for two weeks.

Please note: No electronic equipment (walkmans, radios, etc.) No junk food (Plenty of food will be provided). ABSOLUTELY NO ALCOHOL OR DRUGS.

Training Fees:

Cost: \$900.00. This fee includes all food, transportation, instruction and certification costs.

Deposit: \$200.00 will reserve a training spot. Space is limited and registrations will be taken on a first-come, first-served basis.

Payment: The full fee payment is due by April 20, 1998. Cheques should be made payable to: Hesquiaht Rediscovery.

Refunds: No refunds will be made after April 20, 1998

For more information: Hesquiaht Rediscovery Society, P.O. Box 2000, Tofino, B.C., V0R 2Z0. Phone: 250-670-1120. Fax: 250-670-1120. Messages: 250-670-1100.

HESQUIAHT REDISCOVERY SOCIETY TRAINING PROGRAM 1998

To reserve your spot, return this completed form along with your registration deposit to: Hesquiaht Rediscovery, PO Box 2000, Tofino, B.C., V0R 2Z0

NAME: _____

ADDRESS: _____

PHONE: _____

FAX: _____

BIRTHDATE: _____

MEDICAL INSURANCE NUMBER: _____

NAME OF PHYSICIAN: _____

SPECIAL NEEDS (DIET, ALLERGIES, ETC.) _____

NEXT OF KIN: _____

NAME: _____

RELATIONSHIP: _____

ADDRESS: _____

PHONE: _____

FIRST NATION AND/OR ORGANIZATION YOU ARE

REPRESENTING: _____

DATE: _____

SIGNATURE: _____

HESQUIAHT REDISCOVERY SOCIETY CONSENT AND WAIVER

The Hesquiaht Rediscovery program consists of activities such as: daily runs, physically active games, canoeing and kayaking, swimming, hikes and chores such as packing firewood and water. I understand that there are risks associated with these activities. I agree to follow the safety precautions outlined by Camp Staff, and accept responsibility of my own safety.

I authorize the staff of Hesquiaht Rediscovery to provide necessary emergency medical treatment.

I understand that no alcohol or drugs are allowed at Camp and that there is a zero tolerance for violence. I understand that failure to abide by these rules will result in my being asked to leave the program.

Date: _____

Signature: _____

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INDIAN AND NORTHERN AFFAIRS CANADA INFORMATION

All Certificates of Indian Status, which do not display an expiry date, must be renewed before

JANUARY 1, 2000

It is very important that all registered Indians visit Rosie Little at the Nuu-chah-nulth Tribal Council or the BC Regional Office of the Department of Indian Affairs and Northern Development to renew their Certificate of Indian status card if their status card does not contain an expiry date. It should be noted that all previous versions of the status card will only be valid until January 1, 2000.

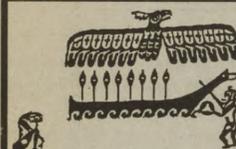
The purpose of issuing Certificates of Indian Status cards is to verify that the cardholder is a registered Indian. Status cards are only useful if the photographs are current. It has come to our attention that some registered Indians have been denied services because some service providers have questioned whether their status cards are still valid.

To remedy this situation, it has been decided that all status cards issued to individuals under the age of eighteen will have an expiry date of two (2) years and all status cards issued to individuals over the age of eighteen will have an expiry date of five (5) years from the date of issue.

THIS POLICY IS EFFECTIVE IMMEDIATELY.

It should be noted that the five-year expiry date does not mean that the cardholder ceases to be a registered Indian at the end of the five-year period. It only means that if the cardholder intends to use the status card to obtain certain services and benefits, it must be renewed every five years.

Should you have any questions or concerns, please contact Rosie Little of the Nuu-chah-nulth Tribal Council or the Indian Registry and Band Lists Program, at (604) 666-2059. You can also visit our office in person at 120-1550 Alberni Street, Vancouver, BC. Our office is open between the hours of 9:00 AM and 4:00 PM, Monday, Wednesday, and Friday.



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- Know mental, spiritual, emotional and physical needs of infants and children
- Understanding of FAS/E in infants and children
- Understanding of family systems and family dynamics
- Concepts of drug use and abuse and dependency
- Knowledge of First Nations traditions and culture

Your academic background will be supported by your experience in working with children.

All staff is required to be abstinent from drugs and alcohol.

Please submit your letter of application and your resume by **Friday, April 17, 1998** to:

The Personnel Committee
Kakawis Family Development Centre
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Tofino, BC
V0R 2Z0

Only those individuals selected for an interview will be contacted. All candidates who have been short-listed will be required to have a mandatory Criminal Record Check.



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Kyuquot School Celebrates First Nations Cultural Week

The week of March 23 - 27 was a beehive of activity at Kyuquot Elementary/Secondary School. Teacher, Lil Daniels, the students and many community members participated in projects that focused on cultural awareness.

Displays were set up in the halls and trophy cases showing the work of the students. There were cedar bark mats and small baskets in one case. There were dreamcatchers in a variety of sizes and in all colors of the rainbow. Verna Hansen has been teaching the students to weave cedar mats and baskets. Colonel Fred goes to the school to teach traditional art.

The grade 9 to 12 students were involved in a special project that helped them to learn about our traditional long houses. Elders were invited to the school to talk about long houses. Some of the elders that spoke to the students were Hilda Hansen, Alec Short, Pat Nicolaye, Aloysius Vincent and Carol Smith.

The students did some research then a write-up on longhouses. They were divided up into teams and assigned to create model long houses, complete with dirt floors, fire pits and sleeping platforms.

Jonathan Zand, grade nine, and Kenneth Justin, grade 10 told me a bit about their model long house which they have been working on since the end of February. They collected their own building materials and have spent about three class sessions constructing their long house. Both students plan to go on to post-secondary institutions after they graduate and both are interested in computer studies. Jonathan and Kenneth wrote the following about longhouses:

BIG HOUSE REPORT

When a big house was going to be built everyone helped. The chief appointed men to get cedar trees and planks. Each man knew exactly what he was doing and everybody worked together. The women made cedar ropes and mats.

Before they took anything from a cedar tree the men prayed, asking for help. To get planks the men used wedges to separate the plank while the tree was still standing. The men carried the logs and planks down the mountains by hand. Cedar shakes were cut for the roof and siding. Posts were erected and rafters were notched in.

Most of the tools used were made of wood. The wedges and hammers were made of wood. Stones and shells were used for cutting. Bowls and spoons were made from cedar.

A big house's floor is dirt. It has support posts situated inside and beams holding up the rafters and roof. There is a hole in the center of the roof to let the smoke out from the fire. A bench surrounds the inside of a bighouse.

Everyone lived in the house. The house belonged to a chief. Each family had their own section to live in. Food was cooked on the floor in the open fire pit.

When the big house was finished a ceremony was held. Other villages were invited to attend ceremonies. Dances and feasts were held during ceremonies. Visiting villages performed too. When planning a ceremony, men were appointed to fish, hunt seals and wildlife. The most spiritual ceremony is the clo-qua-na.

During the summer fish was dried, ducks and wildlife were hunted and seal hunting was done for winter food. During the winter the people moved up inlets. They brought cedar planks to build shelters.

When the Europeans arrived, the natives were employed in the fur trade. Supplies were shipped to them once a month by steam ship. Modern ropes replaced the cedar bark ropes and smaller houses replaced the big house.

Jonathan Zand

Grade 9, Kyuquot Elementary/Secondary School

Native Education Worker, Tess Smith, has been busy planning and assisting in activities for the students. There was an open house held at the school and community members were treated to tea, cloop-chu (bannock) and homemade black berry jelly. The students assisted in making the jelly and are selling some in order to raise funds for Kyuquot's first graduation ceremony.

The 1997/98 school year is the first in which Kyuquot Elementary/Secondary has offered grade 12. The community is quite excited about this as their students no longer have to move away from home to finish school. This year there are five grade 12 students. They are: Stacey Hansen, Kristo Tyreman, Andy Tyreman, Charles Jules and William Oscar.

Stacey Hansen is excited about graduating this year. She has just

received confirmation that she will be funded to attend Malaspina University/College in the fall for the Computer Applications Specialist Program.

Andy Tyreman plans to work at Kyuquot Sound Salmon for the summer then go on to Timberline College in Campbell River. He will be training in the areas of business administration and small business management. His long term plan is to own and operate a gunshop in Campbell River, Nanaimo or Victoria.

William Oscar is looking forward to his graduation this summer. He has only planned as far as getting a summer job. He says he'll think about his future plans after he gets grade 12 out of the way.

Alex Jules is a grade 11/12 student. He has hopes of attending college or university in the United States because he has friends there. His next choice is Malaspina College/University. He hopes to train in the forestry or recreation field. His dream is to obtain his pilots' license for helicopters. He has already flown a helicopter two times!

In speaking with other high school students, I found that most had dreams of going on to post secondary institutions. Some of the grade 9/10 students spoke of careers in the clothing business, the NBA and Archeology. One student said she wanted to do something that would allow her to be her own boss.

Evans Smith, grade 10, said that he would like to graduate in Kyuquot because it is his home and he doesn't want to go anywhere else. Evans is interested in sports and traditional art. He draws designs and carves paddles and canoes. He says his inspiration and teachers are his father, Tom Smith and Vince Smith. His father started to teach him about art when Evans was just six years old.

Tess said that future plans for Kyuquot's Native Education program are the creation of a language program and the creation of a song and dance that the students of the school can use. She is currently assisting the students to create a banner for the school. Other Native Education Workers at Port Alberni have issued a challenge that all schools with Native Education Workers make traditional design banners. The banners will probably be displayed at the schools and also at NTC functions such as the Annual Assembly.

I would like to thank the students and teachers of Kyuquot School for inviting me to their community. It was my first time to travel by road/boat there and it was an adventuresome journey to say the least!

On the evening of March 25, I ran over a sharp rock while passing the grader just outside of Zeballos and flattened a tire on my rental truck. It was pouring down rain and I had to walk a short distance into town for assistance. I stopped at the first house where it was obvious that someone was home and explained my predicament. Without hesitation, the man hopped in his truck and changed my flat and showed me where I may get the flat repaired in Zeballos. The poor tire was beyond repair. I would like to thank Brian and Cheryl Norris for their kindness. Both had the flu yet braved the weather to assist me.

The following day, I went about half the speed limit, nursing the only four tires I had over the logging roads. I'd like to thank Cecil Sabbas, the skipper, for waiting 15 minutes for me in Fair Harbor.

I left Kyuquot at 3:30ish and started on my journey back to Port Alberni. The long trip over the gravel road was tense as I worried about my tires. I breathed a huge sigh of relief as I hit the pavement. Only 150 km to Campbell River and it's all smooth, flat, wonderful pavement!

I was feeling pretty confident now. Fifty kilometers down the road I turned up the music and was happily estimating what time I would arrive in Campbell River to pick up my own car...then it happened. I heard this awful thumping noise. I was thinking the tire must have come loose because the nuts were only tightened by hand. I pulled over and walked around the back of the truck to have a look. The brand new tire was as flat as a pancake!

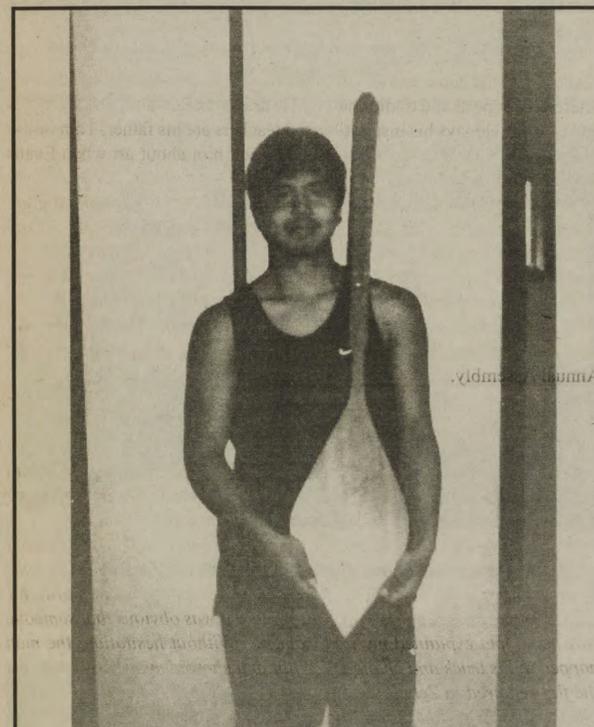
I was an awful long way from Campbell River, my cell phone was useless because I was out of range, and I had no spare tire. Within five minutes I was offered a ride to Campbell River. I'd like to thank the furnace repairman from Campbell River for getting me safely to my car. I didn't get his name but I am truly grateful for his kindness.

Again, I'd like to thank all those that helped me through the trip. I will not soon forget you!

Denise Ambrose, Central Region Reporter



Irene Hansen, Arlene Smith and Patricia Short of Kyuquot School



Evans Smith, Grade 10 and his paddle at Kyuquot School



Model Longhouse of Yolanda Gibson and Charlene Short, Grade 9/10 Kyuquot School

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900 Fifth Street, Nanaimo, BC V9R 5S5

Haahuupayak School



FRIDAY, MAY 1, 1998

5:30 pm

Haahuupayak School Gym

6000 Santu Drive

Fun, fun, fun for all ages!!!

Games - Prizes - Food - Door Prizes

Artisans - Traditional Food

Everyone Welcome!

Sponsored by Haahuupayak School

HOCKEY
SHOOTOUT



BASKETBALL
SHOOT



CAKE WALK



SOMASS HALL ART WORK REPRODUCED BY PAINTING PRIDE



The Painting Pride group led by Richard Dick, sings a song outside the Somass Hall



The paintings were covered with cedar boughs before being brought to the hall



The Somass Hall was filled with people witnessing the unveiling of the paintings



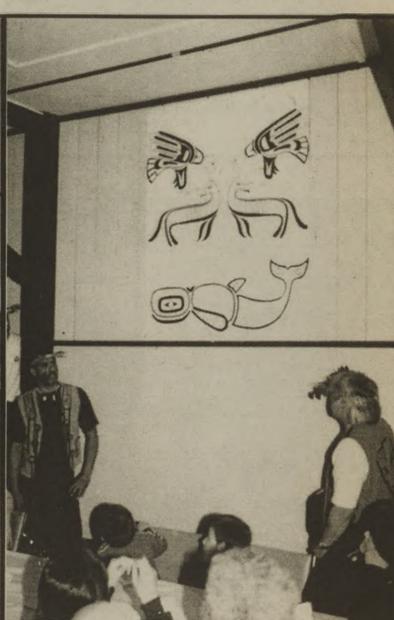
Will Sam explains his part in painting the Village Scene



Rosalie Brown and Edith Brown in front of the "Thunderbird Man" painting. The original was painted by Edith's father Master Touchie.



Jed Dick & Wil Robinson perform a hinkets or Sea Serpent dance



Jed Dick & Wil Robinson explain the paintings. This one is based on an original by Dr. George Clutesi

KUU-US CRISIS LINE HOSTS JAIL 'N BAIL '98

The KUU-US / All People Crisis Line Society was founded in 1993, due to the high rate of suicide among Aboriginal People's in the Port Alberni and West / North Coast area. Based on that need the Crisis Line opened it's phone lines on a limited basis in 1994 and in 1995 expanded to include 24/7, a service we maintain today.

The Crisis Line is manned by a group of dedicated volunteers who give of their own free will, and time to help their fellow citizens. The Crisis Line provides confidential, anonymous, and free support to those in need, through Education, Prevention and Intervention, and in 1997 the Crisis Line answered 1217 calls.

In these tough economic times with the downturns in guaranteed funding by the government, organizations like ours are looking to the communities we support, to help make up the shortfalls in our operating budgets, and ensure the Crisis Line maintains it's services in the Port Alberni and West / North Coast areas.

In order to remain proactive, the KUU-US Crisis Line Society with the assistance of the Port Alberni RCMP, John and Barb at the Alberni Mall will be hosting JAIL 'N' BAIL '98 on April 29 and 30, 1998.

This fun promotion allows YOU to have your Boss, Friend, Colleague or even Non Friend to be arrested. YOU state the charges, send the paperwork to the Crisis Line and we'll do the rest.

On April 29 or 30 a warrant will be issued for the person YOU choose. They will be picked up by the RCMP and taken to the Alberni Mall to appear before a judge. The judge will set bail and the frantic phone calls will start, after making bail the arrested will be given a token of our appreciation, for being such a good sport and will be freed once again to return to their normal lives.

Sounds like fun... drum up your charges...forms will be hand delivered to all businesses in Port Alberni, posters are at a number of locations around town, or contact the KUU-US Crisis Line Business Office at 723-2323 for more information.

Looking forward to seeing you,

Sheri Parent

Program Coordinator, KUU-US Crisis Line

COUNSELLING

To Go or Not to Go?

All of us have emotional trouble at one time or another. At times, some people believe they are "going crazy" and if they seek counselling it must mean they are "crazy" or "sick" or "weird". The majority of people have ordinary unhappinesses that are part of everyday life: family conflicts, pressures at work, relationship difficulties and so on. Sometimes it is helpful to get professional assistance to aid you in deciding which direction to go.

The following list contains several examples of problems which could lead to your decision to seek counselling:

- Feelings of dissatisfaction with your life
- Failure to establish satisfying relationship with relationships with family, partner, friends
- Panic or anxiety attacks, severe headaches
- A feeling of not being loved or being able to love yourself
- Problems with attention, memory, decision making, imagining things that are not true
- Repeated problems with the law
- Sleep problems

If you go for counselling, what can it do for you?

- Help you learn skills related to decision making
 - Help you gain confidence, increase self esteem
 - Help decrease self-defeating ways of thinking and acting
 - Help you in setting and reaching goals
- Counselling is not "magic". Growth must come from your own inner resources and NOT from any outside sources.

When "shopping" for a counsellor...ask questions.

1. How much experience do you have?
2. In what areas are you experienced? Ask for specifics.
3. What kind of educational background do you have?
4. How often can you see me?
5. How often do you usually see people for?
6. What is your approach?
7. Can I read my records?
8. What is your policy around confidentiality?

Ask yourself...

- Did the counsellor answer my questions?
 - Was he/she able to understand you?
 - Did you feel comfortable?
 - Did you feel respected?
 - Is the counsellor competent to help you with your problem(s)?
 - Did you feel a sense of trust, or growing trust?
 - Did you have negative feelings towards the counsellor?
 - Does the counsellor work with family members and will this become a problem?
- After you see a counsellor a few times, evaluate what is going on.
- Do you feel that you are getting the help you need?
 - Are your goals being worked on?
 - Do your goals need to be changed?
 - Review your goals with your counsellor.

When is it time to stop? When you have accomplished your goals, or made substantial gains, OR After evaluating, what is going on and you find it is not working for you it may be time to stop, or to find another counsellor.

If, at any time during the counselling process, you feel your safety is in jeopardy LEAVE the counsellor's office.

Some memories from the past were brought back to life, as the Painting Pride artists unveiled their work in the Somass Hall on April 4th.

The hall was filled with family and friends who joined the young artists for a day of celebration. Besides the accomplishment of creating and re-creating the paintings, the Painting Pride participants also showed that they had learned a great deal about their Tseshaht traditions, songs and dances.

Involved with Painting Pride were Jessie Stephens, Coordinator, Jed Dick, Wil Robinson, Richard Dick, Nathan Watts, Geoff Gus, Barry Watts, Alex Antoine, Will Sam and Jimmy Mack.

Built in the 1940's by volunteers from the Tseshaht community, the Somass Hall has been the site of many feasts, weddings and happy occasions. Several paintings decorated the walls of the building during its first twenty years or so, but eventually they came down when the hall was being renovated.

Painting Pride reproduced the paintings, using old photos and advice from elders, and they also created some new paintings, based on visions and family and tribal histories.

The paintings were covered by cedar boughs before everyone entered the hall. Once everyone was seated, the Painting Pride group entered the hall, singing Doug Robinson's entry song, with his grandson Trevor Little leading the way.

The speaker for the day was Edward "Tat" Tatoosh. A moment's silence was held out of respect to some grieving families in the community.

Doug Robinson performed a ciqaa (prayer chant.) Tat spoke about the young men involved in the project. "These young men have taken a giant step in culture. They have taken time to learn dancing and singing. They have done a lot of hard work and here to graduate. It is a very

proud day to see them all here."

Jessie Stephens, coordinator of the Painting Pride project, spoke about all of the group's experiences and she thanked the many people that shared their talents and knowledge with the young artists. They learned from Nuu-chah-nulth artists, like Pat Amos, Art Thompson, Tim Paul, Bill Touchie, from elders like Doug Robinson, Bob Thomas, Kathy Robinson, Carrie Little, and Reggie David. They learned about their histories, their territories in the Broken Group, their language, about their ceremonies, and spirituality.

When it came time to unveil the paintings, the cedar boughs were removed, and an explanation of each painting was given by the either the artist or the two instructors, Jed Dick and Wil Robinson.

Some of the paintings were described as follows:

* in the corner where the singers gather is are two paintings "honouring our ancestors". Pat Amos did most of the designing.

* Thunderbird, whale, wolf & warrior, original done by Bill Touchie, reproduced by Nathan Watts and Geoff Gus.

* Two wolves by Wil Robinson, shows 8 stages of life and the wolf headdress is based on one owned by Wil's great grandfather, which was black on one side and white on the other side.

* A girl changing into a woman, based on a vision by elder Agnes Dick.

* At the front of the hall is the village scene. Each of the participants painted a bighouse on the beach. The whale was designed by Pat Amos.

A great feast had been prepared for the occasion, which included many traditional seafoods. The Painting Pride artists sang and danced and gave out gifts to those witnessing their special day and to those who assisted them.

A long, enjoyable day had come to an end. But remaining behind, for people to enjoy long into the future, are the works of art by Painting Pride.

Photostory by Bob Soderlund



Ladies dancing to the welcome song at Painting Pride Feast

NEDC HOSTS FISHERMEN'S FORUM IN TOFINO

Changing Tides & New Beginnings: The Nuu-chah-nulth Fishing Industry was the title of the Fishermen's Forum held in Tofino on April 3rd and 4th. The Forum had two parts to it, the first part being a government and business information fair. Booths were set up at the entrance section of the room where fishermen were invited to speak with various resource people and pick up brochures and other literature. There were booths set up on behalf of NEDC (Nuu-chah-nulth Economic Development Corporation), CIBC (Canadian Imperial Bank of Commerce), Furuno, DFO (Department of Fisheries and Oceans), Western Economic Diversification and others.

The purpose of the information fair is 'to give participants an opportunity to learn about government programs and services and resources available from the business community.' The information fair was held from 10:00am to 5:00pm on April 3rd.

The purpose of the conference 'is to identify industry trends, existing opportunities, opportunities for diversification and innovation, and alternative fisheries.' The Fishermen's Forum started on the afternoon of April 3 with a presentation entitled 'The Fishing Industry Today.' Roy Alexander of the Pacific Salmon Commission was the first speaker.

Alexander gave a brief history on the Canada/US Salmon Treaty which was signed in 1985 after fourteen years of negotiations. He said that the terms of the treaty are not being adhered to and that we need to push for the confirmation of the treaty arrangements.

He described the current situation between the countries as one where Canada is taking conservation of salmon seriously by such means as closing fisheries and leaving the fishermen and their communities financially devastated. On the other hand, the US has continued to fish the depleted stocks, leaving the onus of conservation on the backs of Canadian fishermen.

Alexander is in favor of bringing management of the fisheries back to the local communities through a regional fisheries management council.

Kathy Scarfo, President of the Area G West Coast Trollers Association, member of the Premier's Advisory on Pacific Salmon Treaty, and member of

Community Fisheries Development, was next to speak. She spoke of DFO's allocation policies and how they create conflict amongst the sectors. 'The US and Canada are pitted against one another, so are First Nations, communities and sports fishermen. There will be no economic stability if we continue to fight amongst each other.'

Scarfo said that she expects that there will be an announcement of another buy-back program. 'Not only do we lose fishermen through these programs, but also infrastructure such as fish plants, fuel docks...and they are hard to get back. We need a long-term plan.'

Dan Edwards, co-founder of the West Coast Sustainability Association (WCSA), believes that there is a future for fishing in our communities. He is confident that the Regional Fisheries Management Board for the West Coast of Vancouver Island is the answer to effective management of the resource. He said that the Regional Management Board should be in place by 1999 and that they are working on a mechanism for taking over licenses so that no more will be lost from the region. 'Keeping access to fisheries at the local level is important because of the economic benefit to the local communities. Foreign fishermen often sell their product elsewhere and often buy their fuel and provisions outside the community.'

Edwards congratulated the Nuu-chah-nulth leadership for getting the Regional Management Board issue to the treaty table, 'it is a big step in the right direction.'

Vic Amos, organizer of the Nuu-chah-nulth Commercial Fisheries Committee, started his presentation by telling stories about local fishermen in order to give people an idea of what we stand to lose if the fishing industry trends continue as they do. He spoke of a time not so long ago when fishermen had so many 'smileys' on their lines that they didn't know which one to pull first. He spoke of one fisherman that got pulled right out of the boat by a 'smiley', fortunately, the man was pulled to safety. He spoke of favorite fishing sites and their nicknames, many too raunchy to repeat here.

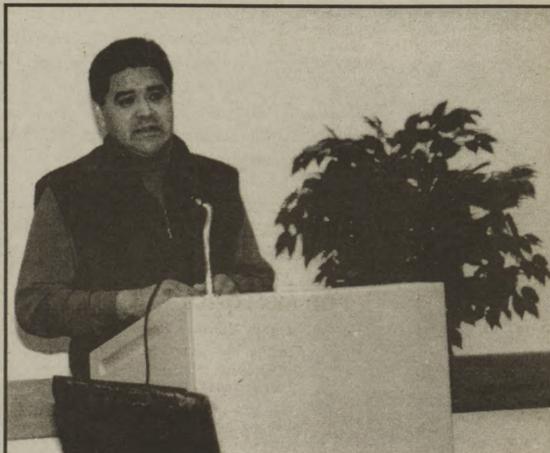
Amos went on to describe what government policy has done to the local communities. 'Think of those that are gone, that lost their boats or are about to lose their boats and it's not so funny anymore.' Amos said that the fact

that he has other abilities that enable him to be employed in places other than fishing is all that has pulled him through so far.

The government has withdrawn and/or limited our access to the resources and fishermen can't make their boat payments. He said further that we are losing our identity as seafaring people, 'we are the survivors and once we are gone, that's it, no more. We grew up learning these skills. Today we are at the lowest level of Nuu-chah-nulth participation in the fishing industry, we're threatened to the point of zero Nuu-chah-nulth participation. There are already some Nuu-chah-nulth communities that no longer have fishermen.'

Amos said that this is the third year in a row that the Coho/Chinook fishery has been closed to local fishermen. 'If we're not supplying the market, the fish farms will fill the demand and we will lose the market forever. I've invested everything into my livelihood. If I'm told that I can't fish Coho/Chinook again, I want compensation. This is a disaster that is no different from an ice storm.'

'We are crying out to the Nuu-chah-nulth leadership to honor their responsibility to care for the people and the preservation of our ocean-going heritage,' said Amos. The Nuu-chah-nulth Commercial Fisheries Committee will be presenting a proposal at the April 6th NTC Budget Meeting requesting funding for the creation of two term positions. One position will lobby externally to government and fishing organizations, putting forth the concerns and needs of coastal communities. The second person would work within the NTC amongst the Tribal Council, Treaty Table and committees in



Vic Amos, organizer of the Nuu-chah-nulth Commercial Fisheries Committee

order to improve communication. He said that there is no implementation or utilization of court cases that have been won on behalf of First Nations and that the two newly created positions may address the issue.

Many fishermen got up to voice their concerns. Some spoke of the negative impacts that fish farms in the Clayoquot Sound have on wild species caused by fish farm effluent, disease, farm fish predating on wild smolts, etc. Simon Lucas expressed a concern that the NTC fisheries resource people are looking to the wrong places for resource information. 'We have to have our own studies, not take DFO's word for it. They (NTC resource people) have to be here in the interest of our Ha'wiih and their Ha-hoolth-he, not comparing notes with DFO. We need to utilize our own people that are out there and know what is there.'

There were several other speakers that spoke to fisheries issues under the headings of: The Maori Experience, The Business of Fishing Loans, Financial Management & Investments, The Impact of Treaty on the Fishing Industry - IMA, and The Future of the First Nations Fishing Industry - Opportunities, Options, Constraints. There was a break out session where participants had the opportunity to take part in information sessions: Marketing Your Product, presented by the BC Salmon Marketing Council and Training for Tomorrow, presented by Allan Okabe of the Native Fisherman's Training Society.

The Fisherman's Forum and Fair was sponsored by Western Diversification and N.E.D.C.

By Denise Ambrose,
Central Region Reporter

CELEBRATION OF SOBRIETY



STEVE TITIAN
and his nephew Steve.

The Titian family of Ahousaht honored one of their family members for his journey on the road to sobriety. Steven Titian, 26, was the guest of honor at a dinner held in Ahousaht on April 2/98. He is celebrating five years of sobriety.

Rick Lindholm congratulated Steve and offered a prayer for his continued success. He said that he is thankful for the

opportunity to gather together and celebrate the successes in life.

Chief Rocky Titian and his brothers, sisters, nieces and nephews served the guests a wonderful dinner that they had prepared for the occasion. There was turkey and roast with all the trimmings, half-smoked salmon that was caught the day before, fresh bannock made by Rocky's aunt, Lena Jumbo, ha-ish-toop, clam jacks, chamus and more.

Steve said that at the age of 21 he decided that there was just too much trouble in his life due to drinking. He was hanging out with the wrong crowd and he was tired of it. Without telling anyone, he quietly began counselling with Corbett George. Corby assisted him with fulfilling the requirements for acceptance into a treatment program at Tsow-tun-lelum in Nanoose. He completed the six week program in April 1993 then went back for a three week session later that year.

'At first it was hard to resist, it didn't get easier until about the second year of sobriety,' says Steve. He made it through the tough times by sheer determination. 'When I was tempted to drink I just kept pushing myself, encouraging myself, reminding myself that I didn't need alcohol.'



Myrna Titian & Cecelia Titian

COMMUNICATING WITH YOUR CHILDREN WORKSHOP!

PORT ALBERNI FRIENDSHIP CENTRE

APRIL 15, 1998

10:00 am - 3:30 pm

For more information please call Delavina @ 723-8281

Everyone Welcome!

MEN'S WELLNESS CIRCLES - HEALING THROUGH SHARING AND CARING - SQUILAX, BC

June 22 - 26, 1998

FOR MEN ONLY

Workshop Titles: Hiv Aids, Family Violence, Spirituality, Fas/Fae

Healthy Communities, Anger Management,

Father/Son Relationships, Gambling/Addictions

Registration: \$250.00 due by May 15, 1998

Late Registration: \$300.00

Info: Patrick Adrian - 250-679-3295 - Fax - 250-679-5306

James August - 250-679-3203 - Fax - 679-3220

BRING CAMPING GEAR, HAND DRUMS, MUSICAL INSTRUMENTS

FOOD AVAILABLE @ \$25/DAY

Steve's mother, Cecilia Titian, told the people that she is proud of her son. When he told her that he was going to treatment he said that he was going to buy a car when he gets out. When that time came, he announced to his mother that he bought a car. 'That's good,' said Cecilia, 'how much was it?' Steve answered that it cost him \$250. 'Well, son, that's a good start,' was her reply.

Steve has been steadily employed for the last three years in Ahousaht's Forestry/Silviculture program. He has owned four other cars since his first car. He is now the proud owner of a 1997 Pontiac Grand Am.

Steve was presented with a cake that was a gift from Corby George. Corby's sister, Eileen, apologized on behalf of Corby for not being able to attend the dinner and she offered congratulations to Steve on behalf of the George family.

Many friends and family got up to offer their congratulations and words of encouragement to Steve. Eddie and Patti Frank and family presented a sweat shirt from Bella Bella to Steve. He said that he was happy to see that there were elders here that are practicing sobriety and that they are a good example for others to follow. 'One day soon I hope to follow in your footsteps, Steve.'

Harvey Robinson told a story about Steve that happened during canoe quest '97. 'We were over in Bella Bella and it was Ahousaht's turn to sing and dance. We were singing but we wondered who would do the dancing. Next thing you know, Steve leaps over the fire and starts dancing the quee-quath-la (Sparrow dance).' He went on to say that Steve is a positive role model for Ahousaht's youth, 'it touches me that someone as young as yourself has done what you have.'

Darlene Dick also congratulated Steve and told him how much her teenage nieces respect Steve. 'They are going through tough times and they think of you. Some of the young people have quit drinking too. You're an inspiration to us all.'

Other people were noted for their sobriety. Some of them are: Barrie Titian: 15 months; Arlene Paul: 24 years; Mae Titian: 16 years; Carl Jumbo: 15 years; and Tuffy Watts: 28 years.

Congratulations to everybody!

By Denise Ambrose, Central Region Reporter



ROCKY TITIAN
AND FAMILY
SERVE
GUESTS

Bringing our People Together

Potluck Dinner

Wednesday, April 22, 1998

Victoria Native Friendship Centre

5:30 pm

Nuu-chah-nulth People in Victoria
Group Formation

Discussion following Dinner

* Seeking a Name

* Youth seeking election

* Cultural Entertainment

Bring your favorite dish/main dish, chumus, etc...

Bring your suggestions and comments on this day!

Prize for Name Selected (Democratic Vote)

Child minding will be available.

Come out to mingle and visit with relatives and friends.

For those interested bring you drum and/or shawls.

For more information call 381-4250 (Pam) or

384-3211 (Verna)

THE TSESHAHT BAND HOSTS TRAINING PROGRAM

TO CERTIFY MAINTENANCE MEN IN WATER DISTRIBUTION LEVEL ONE.

The program was from Monday, March 30, 1998 to Friday, April 3, 1998.

The training is done through the British Columbia Waste and Water Association, Instructor Mike Ippen who is Waterworks Superintendent for the District of Saanich. The exam is done by Environmental Operators Certification Program, facilitated by Bernie Takama. The participants write an exam at the end of the course and must have a mark of 70% to become certified. This is the first level of four different levels of training offered in water Distribution and Waste Water by B.C.W.W.A.

I (Joe Prest) have been advised that soon there is going to be a law passed that anyone working around water distribution and waste water systems must be certified to look after these systems. The following people participated in the program; Roseanne Young and Bruce Nookemus (Huu-ay-aht), Guy Larson, Terry Sam, Gerald Fred (Tseshaht), James Tom (Ahousaht), Bob Sault (Mississaugas), Louie Sabbas and Don Sabbas (Hesquiaht), Joe Prest (Nanaimo), Rob Beckett (Port Alberni), Kevin Fitzgerald and Dick Hargreaves (Village of Cumberland), Red Armstrong (Comox).

NEDC paid for the training portion for the following Bands; Huu-ay-aht, Tseshaht. The water Quality Project paid for the remaining Bands participation.



Front row: Ground level - left to right: Rod Armstrong (Comox), Robert Beckett (Port Alberni), Roseanne Young (Huu-ay-aht), Terry Sam (Tseshaht), Dick Hargreaves, Kevin Fitzgerald (Village of Cumberland), Mike Ippen - Instructor. Porch Level: Louis Sabbas (Hesquiaht), Bruce Nookemus (Huu-ay-aht), James Tom (Ahousaht), Don Sabbas (Hesquiaht), Bob Sault (Mississaugas), Gerald Fred (Tseshaht), Joe Prest (Nanaimo).



SURVIVORS OF SUICIDE!

Facilitated by Marie Rush!
PORT ALBERNI FRIENDSHIP CENTRE
APRIL 23, 1998
9:00 am - 5:00 pm

For more information please call Delavina @ 723-8281

"Dinner will be provided for participants only"

"Spiritual Cleansing" offered, must contact Delavina before April 21, 1998.



Tseshaht Market & Gas Bar

Serving the Nuuchahnulth people and the community of Port Alberni for nearly 20 years.

Open for groceries, full service gas, Chester Chicken, hot snacks, tobacco products and so much more.

Watch out for our Breakfast Specials at the end of every month!



Located on Highway 4 by the Bank of Montreal.
Last gas before the West Coast.



AHOUSAHT BINGO NEWS

The last \$2000.00 game in Ahousaht was on Monday, March 30th and produced 3 winners who shared \$667.00 each who were Bella Campbell, Patsy George and Rene Little. \$1000.00 was raised for the Grad 98 students who are: Greg Hayes, Larisha Campbell, Derek Thomas, Jeanine Adams, Kevin Robinson and Marshall Thomas. Congrats to these fine young people who have it in them to finish high school. I hope that you all have plans to go further and for those of you that are going into the work force, good luck and take care.

The next \$2000.00 Bingo is for the Early Childhood Education students who are on the way to Victoria for a field trip! April 22nd is the date, 8:00 pm at the T-bird Hall in Ahousaht. Everyone is welcome to come and try your luck. We have had as much as 131 players, our last attendance was 120 players. The Rocky Pass or Cougar Island will be leaving Tofino at 6:30 pm and make a pick up in Opitsaht. Our Bingo Club will be changing our name from Charity Bingo to "Fund Raisers Club 98". We do fundraising for organizations, ball clubs, field trips, canoe quest 99, graduations, core training grads. Charity Bingo was what it was named when I, Corby, George took it over, with the help of then AAC who are now the MAC Bingo Club who loaned me their equipment to help me get started. Choo, kleco to the old AAC. MAC

used to be the Ahousaht Athletic Club and who are now the Maaqtusiis Athletic Club. Ahousaht is the name of our tribal group and Maaqtusiis is the name place of our community where we live, right here on Flores Island. Our club fund-raises, we have our own workers, we charge a fee for our caller, floor workers, and the papers and of course Corby George the person in charge of the finances, of the newly named FRC 98 fund-raises bingo club. The following month, May 20, 1998 will be a \$2000.00 bingo for the Tofino/Ahousahts, 8:00 pm at the T-bird Hall. Everyone is most welcome. Cindy Dennis will be in charge for the Tofino based Ahousahts uniforms. We need two months in advance for bookings and Cindy booked way back when in 97 for her bingo. So with that behind us, the Charity Bingo Club is now folded up, hopefully with no hard feelings from any of the old starter group. Our basic night is on Wednesdays but we also do other nights. If you book the place and time and ask us to fund-raise we are willing to fund-raise for you if you can convince us. We have bookings for the T-bird Hall every Wednesday night. Gena Swan is the person in charge of T-bird Hall right now. Here are the FRC 98 members; Corby G. Cecelia T. John Brown C. Bishop J. Elizabeth C. Molina D. If you want to join us put your name in with either Corby, John or Cecelia. No charge to join our little club. Choo, thank you.

Corbett George.

SACRED CIRCLE NATIVE ART

PRESENTS A NATIVE ARTS & CRAFTS SHOW

In the Kin Hut at Departure Bay Park
On Departure Bay Road, Nanaimo, B.C.
On Sunday, April 26, 1998
9 a.m. to 5 p.m.

Artists call now to reserve your space.
(250) 751-1318 ask for Barb.

Or visit our website: www.sacredart.com
1300 Loat St. Nanaimo, B.C. V9S 3L1

AHOUSAHT FIRST NATIONS CANOE QUEST

August "12th", 13th, 14th & 15th, "16th", 1999
Please note the extra "2 days" added.

Maaqtusiis Reserve
Ahousaht, B.C.

Meetings will be set up in the near future with all Nuuchahnulth First Nations and other First Nations who wish to participate.
We invite your Tribe to participate in this event.
"Focus is on our Youth"

For more information you may contact:
Angel: 250-670-9563 (9:00 am - 5:00 pm)
Darlene: 250-670-9531 (9:00 am - 5:00 pm)
Alec: 250-670-9513 after 5:00 pm

17 Tribes (9 canoes from U.S.A.) have confirmed that they will be paddling to Ahousaht in '99

HIV / AIDS AWARENESS POSTER CONTEST



Fifteen entries were judged in the HIV/AIDS Awareness Poster Contest, sponsored by the Port Alberni Friendship Center's First Nations Youth Resources Program. Treena Samuel (left) and Buster Charleson (right), participants of the program, presented cheques to the winners of the contest. The winners were Tamara Guy, a grade 9 student at A.W. Neill, standing next to Treena, and Melissa Jack, a grade 9 student at Girls Project, standing next to Buster. Tamara won \$200 and Melissa won \$100. Third prize of \$50 went to Kim Rowlands and Rhonnie Lesieur who made their poster together. (missing from picture). The judges of the contest were the five youth in the Resources Program-Treena Samuel, Buster Charleson, Ken Robinson, John Rampanen, and Roy Jack. Also judging were PAFC staff members Bonnie Laslo and Sheri Newberry, and PAFC Board members Martin Samuel and Marilyn Peters. The judging took place on March 12th and cheques were presented on March 13th.

Aboriginal Community at High Risk

WHILE THE struggle with HIV and AIDS has been engaged on a significant scale in Canada for some 15, the location of the front lines in the effort has not remained static.

Rapidly emerging as a significant front-line community at risk today in Canada's First Nations people.

As the last decade in Canada has seen a steady rise in aboriginal AIDS cases, observes Kevin Barlow, national coordinator of CAAN, there now are studies showing "that between 17 and 26% of new HIV infections are identified as aboriginal".

Even those numbers may be low, since the ethnic origins of over 40 percent of new HIV cases are not reported. In any case, based on known figures, aboriginal AIDS cases represented from 1.5 per cent to 2.1 percent of the total between 1989 - 92 and then went to 4.4 percent between 1993 - 96. Some native leaders fear the proportion could reach 12 percent in the next decade.

"Unless urgent action is taken", insists Barlow, "The AIDS epidemic among aboriginal people in this country can be expected to get far worse. We need to encourage Canada to take a leadership role both at home and worldwide, where many indigenous populations are being severely infected by HIV and AIDS".

A marked increase of HIV infections among women and youth, mostly through heterosexual contact and injection-drug use, also is being observed, with implications of more HIV-positive children to follow. Indeed, notes CANN, certain cases where almost whole families are being diagnosed HIV positive are being documented.

One reason the problem may be exacerbated in the aboriginal community, native groups observe, is that socio-economic differences are less marked there than in the general society. For example, injection-drug users may have little close contact with the mainstream populace in Canadian society as a whole, while there are fewer class barriers of this sort within the native community.

It all adds up to terse hopes that today's announcements from Health Canada concerning a continued National AIDS Strategy will somewhere underline the situation of the aboriginal community.

"First and foremost, more qualified staff persons are needed in care, treatment, support, palliative care and training", says Alex Archie, a peer - support worker at Healing our Spirit: BC First Nations AIDS Society in Vancouver.

While in its previous phase, "the National AIDS Strategy had little or nothing to do with aboriginal people", remarks Archie, "I'm quite optimistic" that the aboriginal situation will be noted this time around.

At the same time, Archie emphasizes that AIDS "is a significant problem in any population and my concern is about stigmatizing any people. This is first and foremost a societal concern. I think everybody has to be concerned".

Nuu-chah-nulth
Human Services



Community and
Program

Fighting

HIV/AIDS

WHAT CAN

ABORIGINAL LEADERSHIP DO TO MAKE A DIFFERENCE?

1. Accept that all communities are at risk for HIV infection. Become aware of the issues in order to protect your communities.
2. Recognize that prevention is the key to controlling the HIV epidemic. Fears and misconceptions about HIV/AIDS must be addressed with facts.
3. Ensure that on-going education is provided for ALL BAND COUNCILS AND BAND STAFF around HIV, STD and alcohol and other drug prevention strategies, as well as skill building for healthy behavior change.
4. Ensure that on-going community education, in and out of the school system, is supported.
5. Develop appropriate workplace and community policies to ensure that those already infected with HIV are not discriminated against and can rely on a supportive and caring response to disclosing their EW status or to returning home.
6. Connect with other CHIEFS, POLITICAL LEADERS, COMMUNITIES AND ORGANIZATIONS to support each other in dealing with this difficult and often overwhelming issue.
7. Participate in the development of BC's Provincial Aboriginal HIV/AIDS Strategy, being initiated this year by the BC Aboriginal HIV/AIDS Task Force.
8. Work to establish Health as an integral and IMPORTANT PART OF THE TREATY PROCESS and HIV/AIDS as a significant component in Health Transfer.

THE TIME TO TAKE ACTION IS NOW! There are several Aboriginal programs dealing with HIV/AIDS that can provide assistance. The Vancouver Native Health Society (604-254-9949) provides support and care to Aboriginals infected with HIV who currently live in Vancouver and is an excellent resource and source of information about this issue. Healing Our Spirit BC First Nations AIDS Society (604-983-8774) provides community education throughout BC, a rental subsidy program and other advocacy and support to Aboriginals living with HIV/AIDS. BC Native AIDS Awareness Program (604-660-2088) provides community based professional and policy development throughout BC.

LAST WEEKS STORY ON A NUU-CHAH-NULTH PERSON WITH THE HIV/AIDS VIRUS, WAS WRITTEN FOR HELPING HANDS NOT BY HELPING HANDS.

HELPING HANDS REGRETS TO SAY THIS WEEKS STORY ON MICHAEL WILL NOT APPEAR IN THIS ISSUE ... NEXT ISSUE?
Bernard Charleson

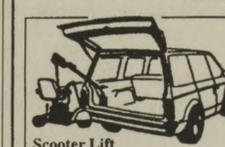
THINK ABOUT HAVING THE BLOOD

TEST IF YOU:
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• Have sex with people who share needles
• Have anal sex without condoms

• Have lots of sex partners (Men or Women) without condoms
• Had a blood transfusion between 1980 - 1985
• Are worried

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Nuučaanuŋiic Ciciqi
Language that belongs to
the Nuu-chah-nulth Nation



huyaaqim† April Month of Flying Geese

It's springtime, and the plants are blossoming. This is such a beautiful time of year. Here are some words and simple sentences about spring. Read them to an Elder or knowledgeable person. GOOD LUCK!!

(both languages) ƛ' a'iich Springtime

(tse) ƛ' aax' aqs' iici? aema Things are growing now.
(ah) ƛ' aqs' aas' aax' iis' hihiqup Things are growing now.

(tse) tuk' aas to plant
(ah) tuuk' iitap to plant

(tse) tuuk' asiitw' it' ashak Are you going to make a garden?
(ah) ƛ' aaya' asiitw' it' ask Are you going to make a garden?

(both languages) ƛ' iihc' iip flower

(tse) q' ac' aƛ' p' iqakinhma ƛ' iihc' iip The flowers are pretty colors.
(ah) q' ac' aƛ' p' iqak' aax' iis' ƛ' iihc' iip The flowers are pretty colors

(tse) ƛ' uu' uukpa† ƛ' a' iichsi†. ti†ti†ci†ci† hiy' iqstap ƛ' aax' aqs' i Spring is the most beautiful time. Everything is coming to life.

(ah) ƛ' uu' uukuksa ƛ' a' iichsi†? aax' quu. ƛ' a' aqaci† hiniqup ƛ' aax' aqs' Spring is the most beautiful time. Everything is coming to life.

Nuu-chah-nulth-eets Tsitsiqi have alphabet book and tape sets for the Tseshaht and Ahousaht languages. These sets are useful learning aids for anyone who wants to learn the sounds and symbols of the Nuu-chah-nulth languages. If you are having trouble understanding the writing system the alphabet book and tape set would be of great assistance. It is simple and easy to follow.

The book and tape are \$25.00 a set, or they can be purchased separately. \$18.00 for the book and \$7.00 for the tape. For large purchases the price is negotiable.

If you have any suggestions or questions about the language please call Nuu-chah-nulth-eets Tsitsiqi (250) 724-1225.

For Sale

"Indian Residential Schools: The Nuu-chah-nulth Experience"

BOOK

These books have been re-ordered, and are once again available from our Nuu-chah-nulth Community and Human Services Program Office, and

"Nuu-chah-nulth Tribal Council Beyond Survival" VIDEO

These videos have also been re-ordered, and are once again available from our Nuu-chah-nulth Community and Human Services Program Office.

[Please note, there is a discount price available to all First Nation members]

Send your orders to:
Nuu-chah-nulth Community and Human Services Program
P.O. Box 1280
Port Alberni, BC
V9Y 7M2
Phone (250) 724-3232
Fax (250) 724-6642

EMPLOYMENT OPPORTUNITY

GAMES COORDINATOR

The Nuu-chah-nulth Tribal Council requires a Games Coordinator, for the 1998 Nuu-chah-nulth Tlu-piich Games. The Tlu-piich Games is an annual multi-sport gathering of First Nations communities. The Games Coordinator works according to policies and direction of the Nuu-chah-nulth Tribal Council and Games Committee.

DUTIES INCLUDE:

- ✓ Planning the game's events with the Games Committee.
- ✓ Working with the Committee regarding rules, location, dates, booking facilities, etc.
- ✓ Managing the budget for the games within the limits set by the Tribal Council.
- ✓ Managing events and entries.
- ✓ Arrangements for Officials, for all competitions.
- ✓ Recording results.
- ✓ Providing interim and other reports to the Committee and Tribal Council.
- ✓ Providing a final written report to the Tribal Council.
- ✓ Chairing of game's Committee meeting. Recording of minutes of committee meetings.
- ✓ Supervising and directing summer Staff.
- ✓ Directing and recruiting volunteers.
- ✓ Fund raising as required for Games.
- ✓ Travel to Nuu-chah-nulth communities as required.
- ✓ Other related duties as required.

QUALIFICATIONS:

- Previous sporting events organizing experience.
- Computer literate. Experience with word-processing. Willing to learn other sports related applications.
- Good writing and verbal communication skills.
- Should have good knowledge of Nuu-chah-nulth Tlu-piich Games.
- Must have a vehicle and valid driver's license. Willing to travel.

SALARY:

Negotiable and depending on qualifications and experience.

TERM OF EMPLOYMENT:

May 11, 1998 to September 25, 1998.

DEADLINE FOR APPLICATIONS:

Monday April 27, 1998.

SEND RESUME TO:

Ed Samuel
Nuu-chah-nulth Tribal Council
PO Box 1383
Port Alberni BC V9Y 7M2
Phone: 250-724-5757 Fax: 250-723-0463
E-mail: edsamuel@island.net

FUNDRAISING FOR TLU-PIICH GAMES - DONATIONS WANTED-

We are asking all Nuu-chah-nulth artists, carvers, weavers, bead makers, painters, etc. If they could kindly donate any of their work towards an auction. We will be holding an auction, once we get enough art work, and we will advertise where and when we will hold this auction in the Ha-Shilth-Sa. This auction will be for the Kyuquot, Ehattesaht and Nuchatlaht Bands which will be forming a tri par team to attend the 1998 Tlu-piich Games. The Tri Par team will be members from all three bands mentioned above, and we will be fundraising till it is time for the journey to the Tlu-piich Games. We will attend this venue in good sportsmanship, and to also enjoy participating in the games with enough players to participate in all the venues.

Anyone who is kind enough to donate anything towards this auction can leave a message at the **Kyuquot Band Office at 1-250-332-5259.**



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ABORIGINAL TEAM BC HONORS COACHES, SPORT LEADERS AND ATHLETES OF THE 1997 NORTH AMERICAN INDIGENOUS GAMES N. Vancouver, BC March 7, 1998

"Achieve Your Best Performance"

The inaugural Team B.C. Community Coaching Conference was a huge success on March 6-8, 1998. Hosted in the traditional territory of the Squamish Nation and financially supported by the Aboriginal Sport Circle and long time coaching partner The Nationally recognized Investors Group the conference certified 40 new coaches in Level 1 Theory and Technical level 1 in soccer, archery, athletics and level 2 soccer.

The feature event of the weekend was the first ever Sport Gala Awards Banquet on Saturday March 7, 1998 at the Squamish Nation Recreation Nation. Event Master Of Ceremonies First Nations Summit Grand Chief Ed John opened the event by thanking Chief Bill Williams of the Squamish Nation for hosting this prestigious event on their traditional lands

Chief Bill Williams welcomed the 150 guests to Squamish followed by a welcome song and dance by the Squamish Ocean Going Society Dancers and an opening prayer and grace by Squamish Elder Audrey Rivers for the Feast.

The main part of the evening began after a great meal by Kevin Rivers and his staff. Barb Wood representing the Province of B.C. read a message from the Minister of Sport Ian Waddell congratulating Team BC's performance and the outstanding achievements of the 14 athletes at NAIG '97. Likewise Patrick McCauley from the Premiers Youth Office spoke of the value of the Team BC Program for aboriginal youth and acknowledged all award recipients of their contributions to Team BC's success at NAIG '97 and looked forward to working with Team BC youth in the future. Bill Blackwater, President of ASRA thanked all Team BC Mission Staff, coaches and athletes for representing BC with respect and pride and congratulated all award recipients for their achievements at the 1997 NAIG.

11 Coaches were awarded the 3M coaches of the year awards for their coaching excellence shown at the 1997 NAIG. Many of their athletes achieved best performances last summer at the games. The following coaches were recognized: Peter Cross-athletics/Greenville Track Club; Bob Hampton-Boxing/Victoria; Bruce Clarke-swimming/Cowichan Bay; Clarence Pennier; soccer/Stolo Nation; Garry Feschuk-soccer/Sechelt Nation; Stephen Williams-canoeing/Stolo Nation; Richard Williams, Janine Nahanee, Allen Nahanee and Tewanee Joseph-all lacrosse coaches from Squamish Nation; Merv Kelly-soccer/Musqueam Nation. The Awards were presented by Tammy Lawrence of Promotions Plus, the BC Sport Organization for girls and women and Debbie Nowell of the Coaches Association of BC.

Alex Nelson, Executive Director for NAIG 1997 and Aboriginal Sport/ Recreation Association presented the ASRA-Team BC Special Awards to Dorothy Paul and Sabba Sall whose dedication and hard work was a major factor in the success of Team BC prior to and during the 1997 North American Indigenous Games. Alex also recognized ASRA's Board of Directors Bill Blackwater, Les Antone, Edith Fortier, George Sampson, Ed Samuel, Doug Moran and Warren Cheverie for their leadership and commitment to the 1997 North American Indigenous Games as it unfolded into the best games ever.

The involvement of the Special Olympics at NAIG '97 for the first time will

open more doors at future games for all athletes with disabilities. Jim Lacroix of BC Special Olympics presented the Team BC teams of the year. The Team BC swim team was selected the top team of the year as the whole team proved to be the single most dominant team at NAIG 97. The canoe team had their best showing ever finishing 3rd behind Manitoba and Saskatchewan. Of course our Team BC Special Olympic was our third team of the year, they won the hearts of all Team BC supporters.

In 1996 at the Team BC qualifying events and at last summers NAIG an estimated 10,000 aboriginal youth from across BC participated in the Team BC Program which ultimately became 800 at the 1997 games. Many of the youth performed to the highest of standards at the games in all the sports as Team BC medalled in every sport except volleyball. Each Team BC member must be congratulated for performing to the best of your ability at NAIG 1997.

The 1997 athletes of the year awards were presented by Olympic Wrestler and Athletes Can Board member Greg Edgelow who credited all athlete recipients for having the discipline, commitment and making sacrifices which led to achieving great gold medal performances at NAIG '97 and urged all Team BC athletes in the future to continue to pursue their dreams and goals in the sport of their choice. 1997 athletes of the year recipients are: bantam females; Nina Chickite-swimming/Cape Mudge Band; Keona Joe-athletics/Vernon; Bantam male-David Pierre-archery/Penticton; Midget female Leanne Tull-athletics-Abbotsford midget male-Kevin Loring-wrestling-Kitwanga; Juvenile females-Inez Point-canoeing/Stolo Nation Evening Star Casimar-archery/Kamloops/Juvenile male-Neil Atleo/swimming Nuu-chah-nulth Nation; Junior female-CeCe Jimmie-swimming/Merritt; Junior male-Gary Trask/swimming/Ft. Nelson Senior Female-Leanne Wilkinson-swimming/Cowichan Lake Senior male-Francis Williams-canoeing-Stolo Nation; Special Olympics female-Carol Anne Stocker/Victoria-Male-Vernon Hudson/Victoria.

The Investors Group Sport Administrator Award recognizes the dedication and commitment of a sport programmer and volunteer who has given countless hours of time so that coaches and athletes can enjoy the benefits of sport. This award has been an integral part in each of the 5 BC aboriginal coaching conferences that have been supported by the Investors Group. Stanley Lewis of the Investors Group presented Crystale Nahanee with 1997 recipient of the Sport Administrator Award. Crystal organized four lacrosse teams, coaches and volunteers that numbered well over 100 in preparations prior to and during the 1997 North American Indigenous Games in Victoria August 3-10, 1997. After all presentations MC Ed John spoke to the large crowd talking of the First Nations Summit who meet in the very same Squamish Nation Recreation Centre and spoke of the total support that has come from the summit chiefs in regards to the 1997 North American Indigenous that were so successful in the summer of 1997.

Ed John then introduced highly regarded and respected elder Chief Simon Baker who spoke of the values of sport and shared his vast knowledge to the capacity crowd. Chief Baker called on his grand nephew Chuck Sam to assist him in a drum performance dedicating the song to all the youth. Simon captured the crowd with his wit and charm and was greeted with a rousing ovation. Thank-you Chief Simon Baker.

1997 Team BC Chef De Mission Dano Thorne concluded the evening thanking the First Nations Summit, the BC Metis Council and the BC Association of Friendship Centres for their supporting the

17th Annual Nuu-chah-nulth Tlu-piich Games

July 24 to August 3, 1998
Port Alberni BC

Schedule of Events
Venues to be announced

Event	Dates
Youth Retreat	May 15 - 17 June 12 - 14
Youth Presentation (Pageant)	July 18
Opening Ceremonies	July 24
Track and Field	July 24 - 27
Adult 3 on 3 Basketball	July 25
Adult Co-ed Volleyball	July 26
Junior Softball	July 28 - 30
Cultural Night	July 28
Junior 3 on 3 Basketball	July 29
Youth Dance	July 30
Swimming	July 31
Youth Closing	July 31
Men's Fastpitch	July 31 - August 3
Men's Ballhockey	July 31 - August 2
Adult Slo-pitch	August 1 - 3
Games Closing	August 3



TEAM BC DINNER - NUU-CHAH-NULTH PARTICIPANTS: The Nuu-chah-nulth Tribal Council will be hosting a Dinner to celebrate the participation and achievements of our Athletes, at the 1997 North American Indigenous Games. Saturday April 25th, 1998 - 5:00pm - Alberni Athletic Hall.

EVENTS FOR THE DISABLED: The Games Committee resolves to include disabled members, from our community, in the Nuu-chah-nulth Tlu-piich Games, in all areas of participation, planning and coordination.

FOR MORE INFORMATION CONTACT: Ed Samuel, Games Coordinator, Nuu-chah-nulth Tribal Council, PO Box 1383, Port Alberni BC V9Y 7M2, Phone 250-724-5757, Fax 250-723-0463, E-mail address: edsamuel@island.net

initiatives of Team BC in 1997. He also thanked all aboriginal communities, families, coaches, chaperones and most of all the athletes for giving him the opportunity to be Chef de Mission of Team BC. Thorne stated as a first time Chef de Mission acknowledged some mistakes were made and working together with the communities we can continue to refine the sport system that we all had a part in building for all First Nation and Aboriginal Communities, our sport system will be better and information will be out sooner for This years qualifying events. Thorne acknowledged Alex Nelson and the ASRA Board Of Directors for their roles in the success of NAIG '97 and looked forward to working with all communities for the 1999 Fargo NAIG games. Good luck and see you all very soon.

The Aboriginal Sport And Recreation Assn. of BC and Aboriginal Team BC would like to thank the following for making the Banquet and Community Coaching Conference a success. Investors Group Inc. Aboriginal Sport Circle, Heritage Canada, Coaching Assn. of B.C., First Peoples Travel, 3M, Coaching Assn. of Canada, Squamish Nation Recreation Centre, Athletics BC, BC Archery, BC Soccer, Promotion Plus, First Nations Summit, Premiers Advisory on Youth-Athletes Can and the Province of BC (Sport Services Branch) Grand Chief Ed John, Wendy Grant John

L.S.C. THUNDER YEAR-END BALL HOCKEY TOURNAMENT



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Maht Mahs Gym
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Les Sam at (250) 723-8950
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CHOICES

ALCOHOL-DRUGS

Men - Women in Control - FEAR - FORGIVEN

SOBRIETY

It seems that we have a lot of control issues to deal with as men and women of the Nuu-chah-nulth. For some reason or other, we seem to think that we were given some kind of right to control each other. It is when people make their vows that some how; the men seem to think it gives them the right to be the boss. There are cases where a woman takes the same view.

Anger starts coming out especially when a man has figured that he has lost control over his spouse. Once anger takes over, violence happens, be it a black eye or a fat lip, there is no other way to put it, it is violence. Legally it is not right, morally, it is not right, nor is it right traditionally.

This is just a reminder that anger is a normal human emotion, it happens. It is where we aim that anger that matters, we are given choices in our life, some of us know where to aim it where it will not harm anyone or anything. This was not easy to do but it can be done, my first step was to cut down on my swearing as much as I could, but this did not help a great deal. I find that I gave myself permission to swear when I am alone and no child will hear me.

There are so many ways to let anger go, here are some of the ways that I have learned, there are probably many more. I used to split wood a lot, I threw stones down the beach, went for short brisk walks, wrote down on paper what I was angry about, or even confronted the people who I thought made me angry. Some people go to the gym and work out the many ways, either running, lifting weights, or getting into an exercise group. There are some people who would oppose some of these ways and for good reason, they work for some and they do not work for others. The thing to do is to find a good way to release the anger. The best way for me is to talk with someone about what is bothering me, that seems to diffuse some or most of the anger. Other good ways to do it is to learn how to settle it by conflict resolution. We will not always have the same ideas, in fact most of us think my or no way.

Learning conflict resolution is probably the best way. There used to be workshops on this, although I have not seen any lately. Even if we learn how to agree to disagree, it seems we all forget that most of us are have the same mandates whether we work for the First Nations, tribes the NTC, we service First Nations peoples one way or another. One of the things I was taught a long time ago was to take reality checks. If you do not believe any of this, take a reality check. How good am I getting along with my spouse? Do I have the right to beat up on her? Have I ever physically & or emotional or mentally abused her? Have I ever called her names? Did she ever have a black eye? If yes, what gave me the right to give it to her? When was the last time I ever listened to her about how she really is? A winner will apologize and not do it again, and go for help where it is available. A loser will say accept my apology and do it over again, until the next time.

Here are some of the ways to deal with our differences: Rules for fighting fair: 1. Find out the problem, 2. Attack the problem, 3. Listen to each other, 4. Care

about each other's feelings, 5. We are responsible for what we say and do. Here are some things to stay away from; called fouling out, blaming, getting even, hitting, making excuses, name calling, not listening, teasing put-downs and threats. Attacking the problem and not the person is a lot harder to do than say but it has brought me a long way. Our problem sometimes is alcohol & drugs. This however starts elsewhere; some of these are loneliness, fear, really feeling alone, grief and loss issues. We have lost someone dear to us and we do not know how to let go, we turn to alcohol to drown our sorrow, we also turn to alcohol to have fun and be with the in crowd. This crowd is no longer the in-crowd, in fact the new in-crowd is the crowd that no longer uses alcohol or drugs. Things change, people are afraid of change, there are a great number of First Nations people who have got rid of alcohol & drugs as a way of life. For some it is hard, mainly because it is our bodies that have somehow become very chemically dependent on alcohol & or drugs. The brain does not understand this sometimes and even though we make a vow not to use any more, our bodies scream for the chemical that is in beer, wine, whiskey and other forms of alcohol or inside marijuana or hard drugs. We lose our ability to have fun without our endorphins, which somehow dies or goes away from overuse of drugs or alcohol. And more times than others we seem to go back for more alcohol and drugs.

AA & NA is part of the answer, commitment to a healthier life or better life style is the other part of the answer, it is up to ourselves to find the method to stay healthy. The last part of this short paper is that we have the right to make choices. We have the right to tell some one, that is not your choice to make; it is my choice I need to make for myself. We also must always maintain that, choices are our own, I have in the past given that right up to other people by letting them influence me the wrong way. I have taken it from there and made it plain and simple that I make my own choices from now on. I still respect the right for some one that still uses drugs & or alcohol, that choice is still their own choice, I respect that. In the same breath I expect the same respect I give for choices. Forgiveness is another issue where we get caught up. We don't sometimes know how to forgive each other or ourselves. We can't justify all the wrongs we did. We can only ask or give forgiveness, it can be done only once, because if keep on forgiving yourself, than you are saying to yourself you didn't really mean it the first time. Once is enough. So who is really in control of you? Yourself or your spouse? Is she allowed to go back to her own family once in awhile? Or are you in control of yourself? Or is it that some else is controlling you through your anger? It is easy to control others people by keeping them angry all the time. It happened to me more than once. It took forever. There is no guarantee in life that everyone is going to treat us very nicely all the time, I learned more from my bad experiences than my good ones. So as the saying goes, chill out, cool down, count ten or one hundred if needed, but slow down. Make a list of things that you cannot possibly change, and let those go, if it is not in your power, it is no use. Make a list of the things you can change and change them. Life gets much easier and you can relax more, the stress does not all go away at once but it sure helps you accept things.

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We need to take a look at where does our anger come from? The residential schools have been closed for so long now. We need to start thinking about letting that go. It is unhealthy to stay in that space, residential schools are closed. Some of us had good times as well as bad times in Rez; probably more good times than bad. I do not hate the governments or the churches for what happened, I hate what went on there. I can't hate forever; it is not in my tradition to hate. I know that it may sound or seem contradictory, it very well could be, but the hate is what was some how brought into my life and it could well have happened without the Rez. Life in general is hard for First Nations people it has never been easy, all the bad things in life are picked up by people who did not attend any Rez, even by people who never heard the word Rez. Yes their parents may have attended, it is like some given form of chance that there must be people who for some reason or other, just hate. One of the things to think about is: People, who love to hate, probably hate to love.

We are survivors. We have survived the small pox, the Rez, the racial discrimination that still happens, the resources that were stolen right from under our noses. Not many other ethnic groups could or would have survived the many forms of traumatic abuses that we have been put through. We are not going to go away, we will be here when the year 3000 comes, we may be the only people left by that time, because we are strong survivors.

It is things that happened like the abuse that was handed down to us. I have had to unlearn my swearing, my yelling, my shouting, even my physical abuse. It takes time, and we never ever get perfect. Only as good as we can be. Perfection is for artists, athletes, excellence is for people who live day to day.

It takes time to get over the hurts we put each other through. The hurts and resentments do not go away overnight. The healing process is just that; a process, it is not an event and we seem to sometimes want to get fooled by this. I have had to stay in a healing process just to stay sober. It was easy to say I quit, it was not easy to stay sober. It was a one-day to the next day type of thing. Men & women in control is a big issue amongst our NTC tribal group, it is time for us to think and know and understand, I can only control myself. It is not possible or right to traditionally, morally, historically, or legally or spiritually, to control anyone else.

In my wedding vows it says I must love, cherish and honour my wife. It does not say I have the right to hit her or own her. We must have made that up ourselves. I had that problem with my first wife, bless her dear and wonderful soul. I have been given a second chance to be a better person, not a bitter person. I know I still have my shortcomings. I am not perfect and I will not ever attempt to be that, just to be my best. In fact we all have our shortcomings, and we judge each other too harshly some times. We could be the hardest worker and not think twice of it. Chill out, cool down, slow down, life is too short to make it miserable. Control is important, control of our own destiny, fate has a way of always balancing and evening things out. Our First Nations people have always understood this. We just forgot for awhile, it is now starting to dawn on me what my gramma & grampa use to say to me, it meant chill out, stay cool, and slow down, our day is now, yesterday is over, tomorrow is not here. Today is here, now and we need to accept and acknowledge this. Today is the first day of the rest of my life. I have no one to hate or dislike; I have no personal enemies. I disagree with people but I do not hate them. I never will. I do not plan to go back to my old ways ever again.

Cuu. Corbett (Corby) George.

**I cannot change yesterday.
I can only make the most of today,
And look with hope toward
tomorrow.**

"Choices" A Program for
Everyone...

The following is a personal
experience of the "Choices" Seminar
by Jackie A. Watts.



A t
first, I was
hesitant
about going.
Observing
cult like
behaviours
in those
who had
attended.
Hugging,
mimicking
phrases like

"if I continue to do what I've always done, I'll always get what I've always got", "I cannot change or heal what I do not acknowledge" (there are meanings behind every phrase). Their behaviours, strange but overwhelmed by joy and excitement, gave me incentive to find out for myself what this program was all about. Friends, Relatives, Leaders and Service workers had gone to Choices. So I began asking around to see if I could get more information. Everyone I asked who had gone was encouraging, however, they also did not give me significant details of the program. What I did find out was that "Choices" is about finding out about who you're afraid of others. It is an interpersonal discovery. "Choices" is an investment in the self. Discovering pieces of a puzzle, it is an enlightening experience. It is a challenge. I encourage anyone who is interested in "Choices" to experience it for themselves. One of the reasons for not giving details of the program is because it is like someone telling you about an interesting book, or an exciting movie, or an excellent CD and you would not be able to understand the significance until you've experienced it yourself. If you are considering or, deciding to go to "Choices", give 100%, put in as much as you want to get out of it. If you hesitate, you will only decrease the benefits. "Choices" does not fix anyone, however, what it does do is it gives you tools that you can work with everyday. Tools include becoming aware of who you are and others, acceptance, forgiveness, confidence, incentive, encouragement, and hope.

Thank you Marc Lalonde, Senior Supervisor for the Nuu-chah-nulth Infant Development Program influencing me to go to "Choices" as part of the I.D.P. Training Package. I would also like to thank Jack Cook N.T.C. Employment and Training Programs Coordinator for sponsorship and Debbie Foxcroft Nuu-chah-nulth Community and Human Services for her encouragement. Kleco! Kleco!

Anyone wanting more information can contact your band office or call the "Choices" office at (604) 534-7131, Fax (604) 534-7217 or write Choices Unlimited at #205 20179 56th Avenue, Langley, B.C. V3A 2Y6.

MAILING HA-SHILTH-SA TO NUU-CHAH-NULTH MEMBERS

Ha-Shilth-Sa is looking for addresses of Nuu-chah-nulth members who are NOT receiving the paper. Ha-Shilth-Sa is free for all Nuu-chah-nulth membership. If you want to receive Ha-Shilth-Sa please send name (including your middle name) to:

Ha-Shilth-Sa
P.O. Box 1383
Port Alberni, B.C.
V9Y 7M2



Name: _____
Address: _____
City: _____
Postal Code: _____
First Nation: _____

(You must enter your First Nation to be on our list)

To All Ehattesaht Membership

The Ehattesaht band Office would like you to phone or mail in your current address and phone number in order to keep you updated on any band business or meetings to be held. Thank you. Our address is:

Ehattesaht Band Office
P.O. Box 59
Zeballos, B.C.
V0P 2A0
Phone: (250) 761-4155
Fax: (250) 761-4156

To All Ehattesaht Membership

Hello to you all. I am the Ehattesaht Secretary and the Ehattesaht Membership Clerk. Please get all your new babies registered. If you would like your children registered, I will need your child's large birth certificate, and you will need to sign a consent form that you are requesting your child to be registered under your band number. I hope to be hearing from you.
From Lorraine John

NOTICE TO EHATTESAHT FIRST NATIONS MEMBERS

The Ehattesaht First Nations is in the process of offering training opportunities in the field of Band Administration leading The Ehattesaht's economic generating ventures.

We are developing a program aimed at the young people who have the desire and commitment to become Presidents and Chief Executive Officers (CEO) of Ehattesaht companies. These companies are Hecate Logging Ltd., Ehattesaht Fishing Company, Barr Creek Forest Renewal Ltd., 9119 Investment Ltd. (Shake and Shingle Mill), Maquinna Development Corporation, Newco (Heli-wood Contract with WFP/Doman), Ehattesaht Holdings Ltd. and The Ehattesaht Trust.

It is the desire of Chief and Council and The Ehattesaht Trustees to create a Training Centre will also offer training in skills and technical development for work in the Forest and Silviculture Industry.

If you are interested in training for a CEO position, learning Office or Management Skills or wish to improve your Forestry and Silviculture Skills, contact the Ehattesaht Band Office and request an application form and a questionnaire from the Councillor with the Education Portfolio.

Band Office Phone Number: 1-888-761-4155
Fax Number: (250) 761-4156

Dan Legg, C.G.A.
Jay R. Norton, F.C.G.A.

Degruchy, Norton & Co.,
Certified General Accountants

2nd Floor, 4445 Gertrude Street.,
Port Alberni, B.C.
V9Y 6J7

Bus: (250) 724-0185
Fax: (250) 724-1774

Attention Ahouasht Band
Members

If you have any events that happen in your life such as marriage, divorce, birth, death, name change and especially "transfers" please notify the Ahouasht Band.

When you submit your documents to the Nuu-chah-nulth Tribal Council office it is just as important to submit these documents to the Ahouasht Band.

My office hours are Tuesday mornings from 9:00 a.m. till 12:00: noon. You can contact Robert Atleo at the Ahouasht Band Office. Phone (250) 670-9531 or fax (250) 670-9696.

Important Notice To All People
of Ditidaht (Nitinaht) Ancestry

The Ditidaht (Nitinaht) Nation is in the process of negotiating a Treaty. It is important that all persons of Ditidaht Ancestry identify themselves in order to participate and benefit from the Treaty.

Anyone who is not already a Registered Member of Ditidaht should immediately contact the Ditidaht Treaty Coordinator in Nanaimo.
Tel: (250) 755-7824 or toll-free at 1-800-997-3799.

ATTENTION HUU-AY-AHT BAND MEMBERS

We need your address.
Please call the HUU-ay-aht Band Office at
1-888-644-4555
or
HUU-ay-aht Treaty Office at
(250) 723-0100

IMPORTANT NOTICE OF POSTPONEMENT

The Potlatch scheduled for May 9, 1998 has been postponed until further notice.
Thank you all for your understanding.
Josie Watts



Employment Opportunity

Financial Controller

The Ahouasht Band is seeking an accounting professional to take responsibility for all of the Band's accounting and finance functions. The successful candidate must be a proactive problem solver and will have a strong background in management accounting, financial systems, budgeting and financial preparations. The ideal candidate will have the following qualifications:

- a professional accounting designation or enrollment in the senior level of a recognized accounting program
- excellent written and oral communication skills
- computer knowledge including experience with AccPac Plus accounting software, spreadsheets, Windows NT, Internet, E-mail, MS Access Certification
- the ability to function efficiently in a team environment
- experience in staff supervision
- a minimum of 5 years of related experience
- MCSE Certification Desirable

The successful candidate will be responsible for all aspects of the Band's financial and accounting functions including related entities and business ventures. An important function of the Financial Controller is to provide advise and information to the Band Council and various committees on financial issues as required.

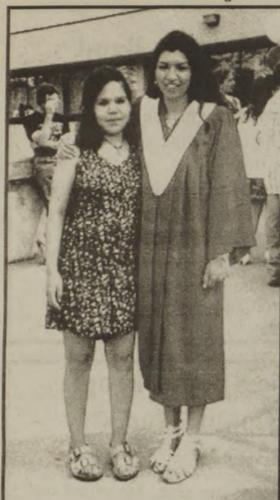
Applicants should submit a resume no later than April 16, 1998

Ahouasht Band Administration

General Delivery, Ahouasht, BC

V0R 1A0

Attn.: Ahouasht Personnel Committee



In Loving Memory of Walter Sheldon Marshall



August 30, 1975 - April 21, 1996

Son

Son, we see your picture on the mantle, And our hearts begin to pound. We close our eyes in the evening, And we dream you're still around.

We miss your joyful laughter, And your fun and games. We keep expecting you around the corner, And losing your love is a shame.

Son, you were a perfect example, Of what is good for the heart. What you accomplished was so simple, You showed us what love can do From the start.

Son, we love you, And we'll keep your SPIRIT alive. Even though we must go on, Our memory will never leave Our HEARTS or MINDS.

From Mom & Dad & Family

WELCOME HOME CRYSTAL & AYANNA. I would like to congratulate my best friend - Cousin Crystal (Chris) Clappis on completing her first year of college at Malaspina. Right on, you're the best!! Spring & summer is here so RELAX, ENJOY it while it lasts because before you know it you will be back in Nanaimo to complete your last year of college. I know you can do it. (Me and you at your high school grad, I can't wait until your college grad). We missed you both a lot! Lots of Love, Molly & Christopher.

In Memory of Our Mother Veronica Dick who left us April 22nd 1997



How many cares does a mother's heart know How many joys does a mother bestow How many heart warming things has she said How many tears has she secretly shed How many smiles has she given away How many kindnesses day after day How many prayers has she prayed for another Nobody knows except for a mother

Thank you Mother for all your love, and the way you made life special. We all miss you so very, very much. Love from your daughter Catherine T. Walls & love from your son James Dick

To My Son, With Love, Mommy

Last night I dreamt You were only a reach away, Still with every attempt I couldn't make you stay,

I don't know how I'm ever going to let you go. I'm so lonely now, Maybe I'll never know

Come down here, Take away mommy's pain, I want you near, Without you I'm going insane.

I love you Keenan, You're always in my heart, You'll always be my little man, Even though we're far apart.

I pass you on the street, My body filled with hatred, Heart full of pain Eyes filled with tears My mind full of blame. Was it you who took my baby? I wonder every day.

I have so many questions to ask, I have so much to say. Can you tell me why When I loved him so much, Did he have to die? It's so hard to live on, Time does not heal, They were all wrong. The heart-rending pain I still feel. He was my life, My pride and joy, Now I'm dealing with this strife, Of losing my little boy. You'll never understand the heartache, And sadness, the pain that you've brought, You've taken my baby, Now this is all I've got.

On September 23, 1997 we lost our son, Keenan M.E. Robinson, in a boating accident. We didn't have proper lights on our boat, and the other boat had no lights at all. On March 11, Keenan would have been three years old, so it was on this day we put a canoe on Dead Man's Island, where the accident took place. We are trying to bring attention to this senseless accident and bring attention to this innocent life that was lost because of no/and improper lights on boats. We will forever pay for this mistake. We didn't have proper lights on our boat and our son is gone today because of it. Every day is full of pain and tears. We will never hold our baby again. Please have proper running lights on your boat. The pain and hurt is very real. This could happen to anyone...even you. Please learn from this tragedy, peoples lives depend on it. Sincerely, Marcel Martin, Ivy Robinson - Tla-o-qui-aht

ANSWERS WITH-IN

Why does a heart, have to cry Why do the birds, take to the sky Why does a teardrop, have to fall Why do my emotions, put up a wall

Why does the sun, keep shining bright Why do wolves, cry at night Why does the blue jay, love to sing Why do the flowers, bloom in spring

Why does a heart, fall in love Why do children, push and shove Why does love, have to hurt the other Why do I feel this way, help me mother

I wish I know, the answers above These questions I ask, that are about love Until we understand, a child will cry Tears of innocence, they'll be asking why!

Willard Gallic Jr.

Wishing a very important person in my life a very Happy 35th Birthday for March 30/98. Happy Birthday Irvin Frank. Thank you Honey, for our lovely family. Love Debbie & your sons and daughters.

Would like to wish 2 beautiful daughters, Elizabeth Irene & Suzanne Joan a very enjoyable & memorable 15th Birthday for April 1/98. Some encouraging words congratulations for life and for also doing so well in school. Keep up the good work. To you both always walk with pride with your head held up. Take care you two. We love you so much never forget we are always here for all of you. Lots of love, Mom, Irvin, borthers and sisters.

Wish my baby sister Janice Gail a very happy birthday also on April 1/98. Take care and congratulations on your pregnancy. Enjoy your holidays coming up. You know we love you with all our hearts. Take care sister (Inch). Haha. Love Debbie, Irvin, neices and nephews.

Happy Birthday to our nephew Ratrik Randall also on April 1/98. Happy 15th nephew. Take care and enjoy your life and this special day. Lots of love, Uncle Irvin & Auntie & cousins.

Wish my dad a very speical ?? Birthday for March 12/98. Thanks Dad, for understanding & your patience. Enjoy your retirement. Love your Daughter, Debbie & Family.

Happy Birthday to my daughter Rebecca Cecilia Marie Frank for March 14th. Happy 7th Baby Love. Love Mom.

Happy 2nd Birthday to nephew Jeffery John. Love Auntie Deb and Grampa Irv.

Happy 16th birthday, Francis Anthony Williams on April 8. From your friend, Barb

Happy 15th Birthday to Christina Eve Michelle Klotz on April 19. When you come to L.A. you have to dress like this! Love from Barb and Howie

Happy 4th Birthday, Trevor David Blackbird on April 15th. Love Mom, Dad, Barb, Dennis & Rusty!

Happy 17th Birthday to our nephew & cousin, Joel Martin on April 24th. Love Auntie Carol, Uncle Daryle, Barb, Dennis & Trevor.

Wishing our baby girl, Sophie-anna a Happy 4th Birthday on April 20. Have a special day. Love Mom, Dad, Matthew, Chris and Keifer.

Happy Birthday to all Nuu-chah-nulth membership with birthdays in April. Hope your day is just fabulous! Enjoy yourselves....

CONGRATULATIONS!

Happy Birthday Evelyn Brown on April 1st. Enjoy your special day, sweet heart! Happy 14th Birthday to my dear, special Niece Margaret Charlie on April 16th. Enjoy your special day Babe!!! Love you Always, Auntie Carol & Cousin Margaret.

To Our Auntie-Mom, Ina Campbell of Ahousesat Happy 65th Birthday!!! At this time I would like to let the whole of Nuu-chah-nulth know what a "great and wonderful" Aunt-Mom you have been to my brothers, my sister and myself. Not many words can express the deep feelings of Love and Appreciation we have for you. You have always been there for us with the laughter - the tears, the joy - the sorrow, the happy hearts - the sad hearts, and just to be our Mom. You have never let us down. You have always supported us the best way you know how. I would like to say "Kleco" to Rose, Darlene, Laura, Gail, Dorothy, Percy, Lawrence and Bertha for sharing you Mom so willingly and for accepting us as your own Brothers and Sisters. Have A Wonderful Day Auntie and many more to come!!! Love from your other children: Guy, Cyril, Mel and Viv. Happy Belated Birthday to my relatives in March: Special Happy Birthday to my Husband, Charles Thomas Sr., to my nephew, Phillip Guy Edison Louie 3rd, to my Niece Tracy Campbell, to my Bro. Cyril Louie; to my Bro., Lawrence "Squeak" Campbell. Brandon Dick, Ivan Dick, Bertha Campbell, Darrell Campbell, Jeffery John, Gordon Campbell, Maggie Clarke, Rose Charlie, Josie Eaton, Debbie Frank, Doreen Smith, Diane Smith and Kelsey Campbell. Happy Birthday to all my relatives in April: Special Happy Birthday to my niece, Starla, to my niece, Leah-Joy Louie. Ivan Lee Mark, Patrick Dick, Marion Campbell, Amanda Charlie, Clarence Campbell and Eva Frank. From a relative in Ahousesat!

Happy 29th Birthday to my husband on April 19th. From your wife and kids.

Happy Birthday on April 1 to cousin Janice Thomas, also to nieces Elizabeth and Suzanne Thomas; Happy 10th Birthday to nephew Dennis Frank on April 2nd; Happy Birthday to nephew Curtis Tom and Patrick James on April 15th; Happy 11th Birthday to nephew Jeff David on April 20th; Happy 6th Birthday to nephew Chancellor Frank on April 30th. From Colleen, Pat, Matthew and Natasha. Happy Birthday to Howard Williams on April 22nd; Richard Mundy Jr. on April 26th; to Roy Roberts on April 30th; Special Birthday wishes to Auntie Louise Roberts on April 30th. From Pearl, Dave & Kids.

I'd like to wish Mom Karen a happy 42nd birthday on April 24th, and to wicked Wanda. Love ya! Happy 10th Birthday to Neleeta on April 14th; belated birthday to son Dennis Michael. Love ya; Happy 3rd Birthday goes out to my nephew "Cuteis" on April 15th. Love you lots; Happy Birthday to Uncle Willie, Happy Birthday on April 19th. Love Lyse & Jeff.

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I'd like to wish my two Sons' a very happy birthday; I love you both very much. My grandchildren and niece: Matthew - April 9, Vanessa - April 12, Kaitlyn - April 14, Colin Frank - April 14, Linus - April 21, Margaret Atleo - April 21, Julie Frank - April 19. Your Mom and Grandma Tuupaut Julia Lucas, Klakistiki Si Lucas.

Happy 5th Birthday to Dylan Joshua George on April 23, from Grampa Corby & Gramma Linda. Happy Birthday to Auntie Trudy Frank on April 20. Also Happy Birthday to Eddie Frank on April 10th, to Pattie Frank on April 16th, to Leah-Joy Louie on April 18th, to Eva Frank on April 17th, to Greg Hayes on April 29th, to Steve Brandell on April 25th. From Corby and Linda George.

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CLASSIFIED

FOR SALE Carvings made to order. G. Nookemis. Phone 723-4404.

FOR SALE For sale or made to order; rings, bracelets, pendants, brooches, earrings & bolo ties. Tim Taylor, 1034 Ecoole Place, Port Alberni, B.C., V9Y 7L7 Phone:723-8170.

FOR SALE Native designed jewellery on gold or silver; rings earrings, bracelets, pendants by Gideon Smith. Phone 923-3550.

FOR SALE Native designed jewellery; silver, copper, gold engraving, stone setting. Contact Gordon Dick by phone 723-8611 or Cell 954-9404

NUU-CHAH-NULTHNATIVE LANGUAGE Transcribing in phonetics - for meetings, research projects, personal use. Hourly rates. Phone Harry Lucas at 724-5807.

FOR SALE Carvings for sale. If you are interested in native carvings such as: coffee table tops, clocks, plaques, 6" totems, canoes, leave message for Charlie Mickey at 724-8609 or c/o Box 40, Zeballos, B.C. V0P 2A0

RENEE'S CHUMAS CATERING Lunches and dinners. 723-2843.

T.S.G. TRUCKING SERVICES Moving and Hauling REASONABLE RATES Tom Gus 5231 Hector Road Port Alberni, B.C. Phone: (250) 724-3975

FOR SALE 12"-18" Black human hair suitable for masks. Phone 723-0991

A.C. POWERWASHING Adam Cootes Owner/Operator Phone: 724-4419 Cell: 720-6518 24 hours Hot & Cold Pressure Washing Environmentally Safe Products Commercial, Industrial, Residential. "We work well under pressure" Free Estimate and 10% discount on your first job

Tree Topping & Pruning Phone (250) 724-6277 Reasonable Rates Dave Georg

FOR SALE 19.5' Welded Aluminum Boat with Fwd. Steering Console, Self-bailing, 1990 115 hp Suzuki Motor, Asking \$9,000.00 o.b.o. Phone Ed Johnson at 728-1267

KUU-US CRISIS LINE SOCIETY 24 HOURS IF YOU ARE EXPERIENCING A CRISIS, CALL ADULT LINE 723-4050 TEEN LINE 723-2040 OR IF YOU WOULD LIKE TO VOLUNTEER CALL 723-2323 1-800-588-8717 Toll Free in Canada P.O. BOX 294 PORT ALBERNI, B.C. V9Y 7M7

NOOTKA ART Also Northwest Coast by Gideon Smith Bracelets Earrings Pendants Rings In Gold & Silver Ph: 716-1957 Pgr: 716-4922



Bob Soderlund, A/EDITOR-MANAGER & SOUTHERN REGION REPORTER P.O. Box 1383 Port Alberni, B.C. V9Y 7M2 Phone: 724-5757 Fax: 723-0463 Please call in advance if you want important events covered.

Denise Ambrose, CENTRAL REGION REPORTER General Delivery Tofino, B.C. Phone: 725-2120 Fax: 725-2110 denise@arrowsmith.net Please call in advance if you want important events covered.

Address Changes Subscriptions E-Mail Should be directed to: Annie Watts Ha-Shilth-Sa Office Manager P.O. Box 1383 Port Alberni, B.C. V9Y 7M2 Phone: 724-5757 Fax: 723-0463 Annie's Internet Address: hashilth@island.net

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If your address has changed... Please send your:

- full name (first, middle name - some members have the same name) address postal code First Nation.

Unless we are notified, returned papers are deleted from the mailing list.

Joe Martin TRADITIONAL DUGOUT CANOES Canoes of any size Paddles Bentwood Boxes Logs for Longhouses Custom Alaskan Milling Box 453, Tofino, B.C. V0R 2Z0 Telephone: (250) 725-2121

FOR SALE 1987 Dodge Dakota 4X4, V6, with canopy, silver, auto. Well maintained, very good running order. Priced to sell at \$7,500.00 Ask for Gideon Smith at (250) 716-1957.

FOR SALE A-VAC SHOP at 3058 3rd Avenue., Port Alberni, Sales and Service for 15 years in the same location. Owner wishing to retire. For additional information call: (250) 724-3251 Willing to train.

FOR MORE INFORMATION on advertising in the Ha-Shilth-Sa call (250) 724-5757



N.E.D.C. BUSINESS NEWS



YOUTH IN BUSINESS

A ONE DAY BUSINESS TRAINING WORKSHOP

you have at hand. This one day course includes:

- an introduction to NEDC
- what is a business plan
- financing your business
- economic development in Nuu-chah-nulth Territory

The Youth in Business workshop can be held in your community. This is what you need:

- a minimum of 8 participants
- a location
- a date and time

When you have these phone Katherine Robinson at the NEDC Port Alberni office at (250) 724-3131 and arrange your workshop.

FIRSTHOST

NEDC continues to offer the FirstHost, customer service program to all Nuu-chah-nulth and First Nations living within Nuu-chah-nulth Territory. For those just entering or re-entering the work force FirstHost is a wonderful addition to your resume and shows the potential employer that you are serious about doing a good job. To book this workshop also call the NEDC Port Alberni office.

NEDC North

Tsaxana/Gold River, BC
Phone: (250) 283-9191
Fax: (250) 283-9120
Economic Development Officer:
Sharyn Stacey



NEDC South

Tseshah/Port Alberni, BC
Phone: (250) 724-3131
Fax: (250) 724-9967
Economic Development Officer:
Peggy Hartman



NEDC West Coast

Ittattoo/Ucluelet, BC
Phone: (250) 726-7270
Fax: (250) 726-7275 or (250) 726-7552
Economic Development Officer:
Lin Lukash