

# Ha-Shilth-Sa

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Ha-Shilth-Sa  
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The new Tseshaht School is taking shape as workers put the beams in place earlier this week. The school will replace the present Ha-Ho-Payuk School.

## TSESHAHT FIRST NATION BUILDING NEW SCHOOL

A new elementary school is being constructed on the Tseshaht Reserve. Once completed the school will have 5 classrooms, a native studies class, kindergarten, library, administration offices, and a full size gym.

A building presently being used for the construction crew will be expanded and turned into a daycare centre.

Approximately 15 First Nations members are presently working full time on the project. Additional First Nations labour has been hired by sub-contractors, so the project is a big economic boost to the community.

Joe Prest has been hired as the Project Manager, Les Sam is the Construction Manager and Dan Fred is Construction Foreman.

The school was designed by the Architect Firm of Lubor Trubka. The school will feature posts and laminated beams in the construction.

MacMillan Bloedel donated 8 posts which were shipped

to Langely for finishing. Fifty beams are now being lifted by crane to sit on the posts.

To date the following work has been completed or started- water and sewer, foundation, duct work for heating started, plumbing started, and some interior and exterior wall are up.

Once completed the school will have room for about 150 students. Most of these will come from the present Ha-Ho-Payuk School which is located on the reserve in one of the old residential school buildings.

With School District #70 announcing the probable closure of several elementary schools in the Alberni Valley, it is expected that some students from these schools will also enroll in the new school.

The new gym will be something for the students presently enrolled at Ha-Ho-Payuk to enjoy as they now have only part-time use of the Maht Mahs Gym because of Treaty Negotiations and other meetings.

Joe Prest says that "hopefully the school will be ready for classes in September."

## New Format Explored in January Treaty Negotiations

The January session of the Nuu-chah-nulth treaty negotiations started on January 27 at Port Alberni (Maht Mahs).

The session began in the usual manner with opening remarks, prayer and announcements.

The Chief Negotiator for Canada, Wendy Porteous sent word that she wouldn't be at the session until the second day. A new person, Darrel McLeod, on the federal negotiating team was introduced.

Barbara Fisher and Peter Hollingrander of the BCTC (British Columbia Treaty Commission) were introduced and welcomed. Barbara summarized the events of the past two months with respect to resolving differences between the three parties. She noted that the Nuu-chah-nulth treaty table is extremely big and is a model for other tables in B.C.

She concluded by saying that the challenge will be to find a negotiating model that will work for a table of this size.

Fisher described the process that the three parties agreed to follow for this treaty session. Monday was a public main table session. Tuesday to Thursday were "side table" sessions that were not open to the public. The purpose of the side table sessions was for the Chief Negotiators of each party to work on a mutually acceptable process for negotiating the Agreement-in-Principle.

The session returned to the main table on Friday with the

delegates reporting on the recommendations that were developed during the three days of side table talks.

Vic Pearson, Nuu-chah-nulth tribal Council Treaty Manager, summarized the recommendations. He said that the objective of the planning group was to develop some recommendations on the negotiating process which will result in getting the job done with efficiency and expediency.

It was recommended that the negotiators expand the use of task groups that will produce work for the Main Table to discuss. This will be done in accordance with a planned time table. The Main Table will still be responsible for ratifying agreements on substantive issues.

All parties acknowledged the importance of creating a "safe environment" for frank discussion so that opinions will not be taken out of context.

There was also a lot of discussion during the three days of side table meetings about the importance of developing a trust relationship between the parties and about communication- ie. keeping the flow of information steady.

The three parties agreed to accept the recommendations from the planning session on a three month trial basis. The recommendations will be referred to the Working Group for further refinement.

After coming to an agreement about the recommendations

the Chief Negotiators made some comments about the work that had been done over the past three days.

"We reached consensus about suggestions that will assist us all to reach an agreement, and we're optimistic that we can move forward to the Agreement-in-Principle," said Richard Watts, NTC Co-Chairman and Negotiator.

NTC Negotiator Nelson Keitlah added that the Nuu-chah-nulth "have a desire to forge ahead, and are seeking efficiency, also doing it as fast as we can," but in the words of our elders "to do it properly."

Chief Negotiator for Canada, Wendy Porteous, said that "this session was a normal procedure. We have been working on ways to make the Main Table more effective and we have agreed by consensus on those suggestions in principle."

"I think this has been a positive process with positive outcomes," concluded Porteous.

Before adjourning for the week the Main Table covered two agenda items, Updates on Interim Measures Proposals and the Federal Policy on Disposal of Small Airports.

Several interim measures proposals have been brought to the Main Table by Nuu-chah-nulth First Nations. Their negotiators made brief remarks on the status of their interim measures.

Willard Gallic spoke on the Elders Benefits Proposal say-

ing that the committee working on this have met four times at the Aboriginal Affairs Office in Victoria. Some of the issues that they have discussed include access to food-fisheries, housing, health, and transportation. Willard said the issues have been brought forward and "now we will be looking for answers."

Chief Tom Happynook said that the Huu-ay-aht have met with Minister Zirmhelt about their Interim Measures Proposal on Forestry. The Ministry has requested that the Southern Region First Nations consider getting together on an Interim Measure Proposal, and the tribes had a meeting scheduled for February 5th to discuss this option.

Uchucklesaht Chief Negotiator Charlie Cootes expressed some concerns relating to their Interim Measures Proposal to protect the T'iitskin Paawats (Thunderbirds Nest) in their territory.

Cootes said that a meeting in December that they had with

MacMillan Bloedel, maps of their five year plan still show roadbuilding and cutblocks within the T'iitskin Paawats. Cootes suggested this reflects "it's business usual mentality."

NTC Co-chair/Negotiator Lillian Howard said that the four northern tribes have had ongoing meetings with the Ministry of Forests regarding Interim Measures in their territories. She said that they are trying to avoid taking issues to the Main Table by dealing directly with the Ministry.

Tla-o-qui-aht First Nations Chief Negotiator Francis Frank, addressing the issue of Federal Policy on the disposal of small airports, also said that they wish to resolve their concerns away from the Main Table. The Tla-o-qui-aht have an interest in the Tofino Airport which the federal government is trying to find an operator for.

Continued page 3

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**HA-SHILTH-SA**

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**LETTERS**

The Ha-Shilth-Sa will reprint letters from its readers. All letters must be signed by the writer and have the writer's address or phone number on it. Names will be withheld by request. We reserve the right to edit for clarity, brevity, grammatical reasons or good taste. We will not print letters dealing with tribal or personal disputes. All opinions expressed in letter to the editor are those of the writer and not necessarily those of the Nuu-chah-nulth Tribal Council or its member First Nations.

**Message from Atleo River Air:**

As many readers are already aware our aircraft was damaged during an unexpected wind storm December 1, 1996. Unfortunately, we have not grown to the two airplane stage yet and therefore did not have a back-up aircraft ready to go and given the slow time of the year we made the decision not to lease a substitute because of high costs and low returns in the time needed. The result in that our aircraft will be back in service by

27th January and in a new paint scheme. Expect to see Red & Black stripes on White with our new logo on the tail.

We would like to thank Ray Martin (TFN) for his contribution of the design logo which you may notice on shirts as well.

We also thank the Nuu-chah-nulth Tribal Council for its patience and continued support.

Look for our new dock location at Jensen's (Wing Lane) scheduled for March 01 this year.

Sincerely,  
Ted & Audrey  
Atleo River Air Service Ltd.

**KLECO, KLECO!**

**Respected Chiefs, elders and our Nuu-chah-nulth people**

We would like to thank you for your generous donations of food, many thanks to the cooks for preparing the meals, thanks for the money and transportation during a very difficult time the morning of our loss of our son/brother/uncle/grandpa Norman Ross Johnson. Once again Kleco, Kleco from Sam Johnson Sr. and Violet Johnson and family.

**BEWARE! TELEPHONE SCAMS ARE REAL!**

\* Never give out your credit card information to anyone over the phone unless you know you are dealing with a reputable business.  
\* If you have won a prize then you shouldn't have to pay to get it!  
\* If it sounds too good to be true then it probably is!

**CHILDREN ARE CRYING INSIDE: MOM SHARES THEIR PAIN**

This letter is one of the most important letters that could ever be written. I am a single mom, raising my two children on my own and have been for many years. This could be an angry letter, but what it truly is, is a letter from a hurting and sad heart of a very caring person.

**ATTENTION DITIDAHT MEMBERS**

Community Centre Survey Meetings  
Scheduled as follows:

PLACE	DATE	TIME
Malachan	Feb.13/97	5:30 PM
P.A.F.C.	Feb.17/97	12-3 PM
Nanaimo Tally Ho	Feb. 25/97	12-5 PM

**KUU-US CRISIS LINE**

Adult Line .....723-4050  
Teen Line .....723-2040

24 Hours/day  
7 days/week

**A Case of Discrimination in the Workplace**

I am writing this letter to share my experience of discrimination and harassment in the workplace. I am an aboriginal woman from Ontario. I had moved to British Columbia in late fall of 1995 to work for a school district in Prince Rupert. I have struggled as a single parent to obtain my education. I had two daughters to raise and living on mother's allowance was not an easy task. However, I managed to gain two degrees and following my graduation I was hired to teach two grades. I soon found myself employed in another position for correctional services. I was informed at the end of my contract that it would not be renewed. Therefore I took the arduous journey of applying for other jobs across Canada. To my surprise, I was being interviewed and soon hired to work as a student counsellor in Prince Rupert.

With this news I told my friends and family who were very happy for me. I saved every cent and sold all my belongings. I began my journey across 4 provinces. I settled into an apartment and bought the necessities that I needed. By September, I was keen and ambitious to work and to meet new people. I did my job the best I know how but this was not enough. In late December of 1995, I was brought before the school district to answer to false allegations from three principals. I was devastated at their allegations. The district principal at the time presented three different letters stating the things I was doing wrong. In my own eyes I could not conceive the things they stated. My union rep spoke on my behalf. I produced my evidence and matters were stayed until another date.

I showed these letters to my friends and they felt that the letters were a bit suspicious. They pointed out to me that the letters were typed out on the same day and faxed to the board on the same date. I took medical leave in January 1996. I returned to Ontario and by the end of June, I was informed that my position was posted and advertised. My union rep began negotiating for another position and I was hired to work as a teacher at Port Simpson. I travelled back to Prince Rupert and flew over to Port Simpson in late August of 1996. During my employment I received two letters from the school board district principal stating all matters for the year before were dismissed and congratulated me on my new position. I was glad to hear this news and I felt confident that this year was going to be productive. It was within two months that I was brought before the school principal about my student's behaviour. I was given instructions and recommendations for classroom management that I followed to a tee. I was approached by one teacher who came into my classroom who stated my students were monsters and dangerous to others. This same teacher and her teacher friend that walked by my students during a line-up and gave them degrading stares. The same teacher who constantly yelled at my students every week about their behaviour. I was disheartened and wrote a letter to the principal about this and her response was a lengthy letter to me stating the behaviour of my students and my performance as a teacher. According to my union rep, the principal was supposed to conduct an immediate investigation which was never done upon receiving my letter. After her discussion with my union rep she demanded that my report cards be handed in before December 5, 1996. I was also informed by another teacher

that we could write out our report cards. I did so and gave my reports to the principal as scheduled. She asked me to re-do my report cards properly on the computer and to have them done by the next day. On that same night, I spent 12 hours typing them on the computer and finished the next morning. I gave them back and was told to redo them and make corrections. This request occurred four times. My students were getting impatient and I decided to copy each one and hand them out to the students. I finally decided to resign. My life was being made miserable and I knew I would be in for a difficult year as I was beginning to show. I left Port Simpson with my youngest teenage daughter and my husband Vince Robinson with no money. I received a cheque from the school board for only \$44.00. We begged and borrowed from friends and family. We stayed in motel rooms which we could not afford. My daughter had to go to school and I had to send her back to Ontario with the help of the Washagamis Bay Band. In the past year and a half, it has cost me lots in respects to moving and to be with my daughters. Presently I have no home, no job, and no family. The people that played a role in this have caused me hardship. The district principal and the school principal of Port Simpson have something in common and that is they are sister-in-laws.

**\*\* Children are Crying Inside: Mom Shares their Pain\*\***

Being a single parent, there is much need, at least in my situation, of having to play the role of both parents to my children. I give, or at least try to give out as much love and be as understanding as I can to my two babies. Children need to be part of both parents lives, and to know that they are loved by dad as well as by mom. Many days, there are times when one of my children walk with their head down, looking lonely and sad. But opening up is difficult for many children, there are things that can only be said, or helped to understand by one parent and not the other. If the other parent can't be there, then the child holds the sadness within their hearts and the hurt just keeps on building until one day, the child makes a choice, what the choice is we don't see, until it is often too late.

I say these words to single mom's out there. Stay strong, keep up the good work, always love your children, it's important for them to always know they at least have you.

To DAD...I'm sorry, I have pity for you, cause you were never taught to love. Hopefully some day, you will grow up and learn. Until then, try not to think of your kids as items, or just another bill to pay, think of them as part of you, your blood line. Some of you took on a

responsibility that you didn't know included love, happiness, caring and all the other responsibilities that you let go of when you decided not to be a DAD anymore. Is it too much to say, I LOVE YOU? Or a simple hug can go a long way and means a lot more than \$ signs to any child. A gift given, without even having to ask for it, only expecting it on special occasions. A gift is far more meaningful than giving money. The love and pride is taken very deeply into their hearts, no matter what the gift, it was from dad. Is it also that tough to pick up the phone and ask to take your kids to a movie, out to dinner, a ride somewhere, or a walk around town, or anything? You'd be surprised how the littlest offer makes a big difference to your children!

Dad, if you have your issues to deal with, then take care of them, but don't bring your children down, or into your anger and hurt, and that's what it is, your anger, your problem. Or don't include them in adult issues, if you can't solve them, what makes you think they can! Respect your children, they are a part of you, they will be the ones to carry on your name. Share your love, not your pain, share your good teachings, no the hurt, change the pattern of your upbringing and make the CYCLE change. Learn to say "

that we could write out our report cards. I did so and gave my reports to the principal as scheduled. She asked me to re-do my report cards properly on the computer and to have them done by the next day. On that same night, I spent 12 hours typing them on the computer and finished the next morning. I gave them back and was told to redo them and make corrections. This request occurred four times. My students were getting impatient and I decided to copy each one and hand them out to the students. I finally decided to resign. My life was being made miserable and I knew I would be in for a difficult year as I was beginning to show. I left Port Simpson with my youngest teenage daughter and my husband Vince Robinson with no money. I received a cheque from the school board for only \$44.00. We begged and borrowed from friends and family. We stayed in motel rooms which we could not afford. My daughter had to go to school and I had to send her back to Ontario with the help of the Washagamis Bay Band. In the past year and a half, it has cost me lots in respects to moving and to be with my daughters. Presently I have no home, no job, and no family. The people that played a role in this have caused me hardship. The district principal and the school principal of Port Simpson have something in common and that is they are sister-in-laws.

**Lucy Boulet Vince Robinson- Ahousat Band**

YES", not always "NO", or "ask your mother that's why I pay her." Do you pay me to take care of the, or to fill your shoes? It sure isn't love, cause money can't buy that, or happiness. Realize, they need you as they grow, and changes happen in their lives. There are also Dads that are single who's feelings are just like Mom, single and taking care of his children, to you I say "way to go". I know you can relate to my feelings.

To the responsible loving Dad's, so few, I say thank you for keeping your love strong, for caring, and for being responsible. Is there any chance you could help those out there that need it! Don't get me wrong, there are a few, and I stress "FEW" good fathers out there. But my children definitely don't have that in their lives. Don't be upset if some day, your child says to you, "where were you when I needed you?" Cause you bring this attitude on yourself. Remember it, live with it!

Written for my two children who I see suffering all the time and crying behind closed doors because all they want is their dad. Sincerely, hopefully wishing for a change in the Nuu-chah-nulth family ties, a LOVING, CARING MOTHER!!

Name withheld by Request

**Treaty**

Continued from page 1

It is the wish of the Tla-o-qui-aht to see the airport continue operating, Frank said, adding that the Ministry of Transport says that they are on strict marching orders on how to dispose of it. "This is in conflict with what is happening at this table," said Frank.

It was agreed that Wendy Porteous will arrange a meeting between the three parties including the Regional District and Ministry of Transport to discuss this issue.

The next Nuu-chah-nulth Treaty Negotiations are scheduled for February 24-28/97 at the Maht Mahs Gym.

**TREATY UPDATE MEETINGS**

Treaty Update Meetings for Nuu-chah-nulth communities are scheduled for:  
Kyuquot Band Office, Upstairs Meeting Room  
Date: Sunday, March 2, 1997  
Time: 12 Noon- 3:30 PM

Zeballos Community Hall  
Date: Monday, March 3, 1997  
Time: 12 Noon- 3:30 PM

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**"Heart of the People" Nominated for Gemini Award**

A film produced for the Huu-ay-aht First Nation in 1996 has been nominated for a Gemini Award. "Heart of the People" tells the story of a great salmon producing river, the Sarita, which, for a variety of reasons has become non-productive.

The producers of the 58 minute film, Peter and Sheera von Putkammer, entered the film into the "Science Technology, Nature, and Environment" category of the Gemini Awards and they were recently informed that they received a nomination for the prestigious award.

The Von Putkamers and two representatives from the Huu-ay-aht First Nation, Chief Tom Happynook and Elder Willie Sport will be attending the Gemini Award presentations in Toronto between February 28th and March 1st.

Happynook and Sport were closely involved in the making of the film. Tom Happynook was the narrator and also gives his perspective of what the Sarita River means to his family and tribe. Willie Sport also appears in the film, sharing his knowledge about the history of the river as well as advice about how to restore it.

The Huu-ay-ahts hoped to increase public awareness about the river and, with public support, start a campaign to restore the river to its past greatness.

A Gemini Award would definitely help the cause.

"Heart of the People" is available at the Huu-ay-aht Treaty office for \$29.95. For more information contact the Treaty Office at 4965 Argyle St., Port Alberni, B.C. V9Y 1V6, or phone Ruby Anne at 723-0100.

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**MAIN TABLE AND TREATY PLANNING DATES AND PLACES: JANUARY 1997 - DECEMBER 1997**

TYPE OF MEETING	DATES	PLACE
Treaty Planning	February 10-14, 1997	Maht Mahs
Main Table Negotiations	February 24-28, 1997	Maht Mahs
Treaty Planning	March 10-14, 1997	Maht Mahs
Main Table Negotiations	March 24-27, 1997	Maht Mahs
Treaty Planning	April 7-11, 1997	Maht Mahs
Main Table Negotiations	April 21-25, 1997	Maht Mahs
Treaty Planning	May 12-16, 1997	Tin Wis
Main Table Negotiations	May 26-30, 1997	Tin Wis
Treaty Planning	June 9-13, 1997	Tin Wis
Main Table Negotiations	June 23-27, 1997	Tin Wis
Treaty Planning	July 7-11, 1997	Tin Wis
Main Table Negotiations	July 21-25, 1997	Tin Wis
Treaty Planning	August 11-15, 1997	Tin Wis
Main Table Negotiations	August 25-29, 1997	Tin Wis
Treaty Planning	September 8-12, 1997	Tsaxana
Main Table Negotiations	September 22-26, 1997	Tsaxana
Treaty Planning	October 14-17, 1997	Tsaxana
Main Table Negotiations	October 27-31, 1997	Tsaxana
Treaty Planning	November 10-14, 1997	Tsaxana
Main Table Negotiations	November 24-28, 1997	Tsaxana
Main Table Negotiations	December 15-19, 1997	Tsaxana

**Nuu-chah-nulth Residential School Book Launched**

Nuu-chah-nulth Tribal Council co-chairs Lillian Howard, Richard Watts and Nelson Keitlah sat before cameras and microphones in a Vancouver press conference on January 23, to talk about the book, Indian Residential Schools: The Nuu-chah-nulth Experience. The book was written by Nuu-chah-nulth people and documents the devastation to our communities caused by the government imposed residential schools.

Lillian Howard opened the press conference by reading an excerpt from the book: "Being on the THOMAS CROSBY". It was the boat owned by the United Church... they didn't tell us where we were going. My sisters and I were just put on this boat, and then we were brought to the school' "...It sounds like a terrible place. It was! It really was! I've told so many people about this...I think they get the impression we're making all this up... just sour grapes or something... they can't visualize in their minds that a person could grow up like that and still survive..."

Richard Watts said that there are groups out there that want to help us but don't have the resources to fund support services. "The United Church has written an apology to the Nuu-chah-nulth people but it's not adequate. The churches operated the schools with the full authority of the Federal Government and it was illegal for our parents not to send us."

Richard hopes that the book will bring forth a public inquiry. He said that Nuu-chah-nulth not only want compensation but an apology from the federal government. "The healing process starts with an apology." The Nuu-chah-nulth Tribal Council requested, in writing, an apology from the government of Canada on June 10, 1994. To date there has been no reply.

Richard cited many cases where the government has made apologies and/or public inquiries including: Japanese Canadians interned during WWII, Brian Mulrooney in the Airbus issue, Mount Cashell, and the Junior Hockey coach charged with assaulting the players. "There are people serving time for abuses (that they committed at Residential Schools), you can't justify the government inaction on this issue. It seems when white children are involved then there's public outcry and government involvement,

are aware of 174 victims of abuse at Residential Schools. Victim statements have been taken from 55 people. Of the 102 suspects named as offenders 13 have deceased. During a 1995 court case involving a past supervisor at Alberni Indian Residential School who was charged with 16 counts of indecent assault, Judge John Hogarth stated in sentencing Arthur Henry Plint: "As far as the victims of the accused in this matter are concerned, the Indian Residential School system was nothing but a form of Institutionalized Pedophilia, and the accused, as far as they are concerned, being children at the time, was a sexual terrorist"

its blatant racism." The government probably will not respond to our request for a public inquiry until there is a strong public push for it.

When asked why a public inquiry was so important to the Nuu-chah-nulth Richard responded that recommendations and compensation are the end result of such inquiries.

Nelson Keitlah added that Residential Schools have created major social issues for Nuu-chah-nulth. "We are not doing this solely for money or programs. We don't want it to happen ever again to anybody in this land. We want to do some correcting, rebuild self esteem. The victims are parents now and the vicious cycle continues. A sincere apology is an issue and it must come first."

Richard ended the conference by saying that this is the tip of the iceberg. "There will be more disclosures as a result of the book and we need the resources to deal with it. We pushed to make this an item in the treaty-making process because we would rather negotiate than litigate. It was government legislation that put our kids in Residential Schools and it's up to the government to correct it."

Premier Glen Clark Apologizes on Behalf of BC  
Four hours after the Nuu-chah-nulth press conference Premier Glen Clark made an apology to the First Nations for the suffering endured by First Nations people as a result of the government-imposed Indian Residential School System. He made his apology on behalf of the BC governments that were in power during the years of Residential School operations.

Nuu-chah-nulth Push for Summit Support on Residential School Issues  
A delegation of Nuu-chah-nulth-ahnt went to the First Nations Summit in Vancouver on January 22-23. They went to introduce the Nuu-chah-nulth Residential School book and to seek support in keeping healing and other residential school issues a priority with the Summit.

Complimentary copies of the book were handed out at the Summit table as Nuu-chah-nulth delegates spoke about residential

school issues and the Nuu-chah-nulth experience. George Watts described how the Residential School study got started on the west coast. The late Renate Shearer was hired to do health surveys in the Nuu-chah-nulth communities. George was chairman of the Nuu-chah-nulth Tribal Council at the time Renate approached him with disturbing news. She told him that she learned, as a result of the survey, that there's a timebomb out there and it's only going to get worse if something is not done about it. The wounds left by generations of physical, emotional and sexual abuse were left untreated. "We are left with a cancer in our communities."

Many other speakers got up to talk about the types of abuses endured by our people and the resulting damage to self esteem and families. They talked about the need for support services for survivors and the generations that follow them. They discussed the need to revive our culture which was almost destroyed by Residential schools. Grand Chief Co-chair Edward John asked the Summit delegation to rise and honor the Nuu-chah-nulth for their courage in dealing with residential schools head on. "The hurt in your hearts is also hurt in our hearts, we extend to you our full love and respect."

Many people around the table tearfully told what impacts Residential schools had on them in their area of British Columbia. All agreed that community healing is a top priority. A motion was passed that directed the Native Indian Residential School Task Force to review the positions of the regional workers in BC. The Residential School Worker Position was extended to the end of March 1997.

By Denise Ambrose, Central Region Reporter

**THANK YOU**

With heartfelt thanks and sincere gratitude for all you did for my son Thomas during his hardship. Special thanks to Dr. O'Dwyer, Dr. Wilson, Dr. Webster, Dr. Hong, the nurses of I.C.U. and the ambulance crew. To our very dear family and friends, we thank you for your prayers and moral support.

Cheryl, Harry, Matthew, Thomas, Renee, Melissa, Melanie & grandchildren Alisha, Anthony & Brenden Fred

**Charlie Thompson...Consultant**  
...workshops....conferences....keynote speaker

- \* Specializing on Indian Residential School Issues
- 1) History of Residential Schools
- 2) Effects of Residential Schools
- 3) Personal Experiences at the Alberni Indian Residential School (A.I.R.S.)

\* Two years experience with the B.C. Provincial Residential School Project, facilitating workshops in various 1st Nations communities on Vancouver Island, Malaspina College, Camosun College, National Parole Bd., B.C.Hydro Board of Directors, Churches, Nanaimo Correction Centre, William Head, Federation of Saskatchewan Indian Nations, and other 1st Nations communities in B.C.

Phone (250) 723-4047

## Kleco, Kleco

Special "Kleco, Kleco" to all our relatives and friends in the Nuu-chah-nulth and Salish Nations who came to sit with us at the loss of our dad and grampa Andrew Webster Sr.

Each and everyone of you will never be forgotten for your loving support and help for our mom Sarah. For those of you who brought the food to nourish us, we thank you for being so generous.

Rev. Earl Johnson, Rev. Bruce Gunn and Father Frank Salmon, our family thanks you for being here and officiating the funeral service for "pops".

"Kleco, Kleco" to John Keitlah, Tim Sutherland, Pete Frank, Rocky Titian, Curtis Henry, Bobby Dick Sr., John Paul, Frank Charlie, Hudson Webster, Sidney Sam Sr. and Harold Little Jr. for taking our dad to his final resting place. Thank you auntie Doreen for reading the eulogy.

Special "Kleco, Kleco" to Hudson Webster and Joseph George for the chanting to send our father on his journey.

You will all remain in our hearts.

From, *Helena, Mary Jane, Andy (Debbie), Chuck, Sandy (Lyle), Henderson (Cathy), Marion (Floyd), Glen (Renee), Tuesday (Howard) and our families.*

## STOP THE WORLD I WANT TO GET ON!

The H.A.L.O. Program is off and running in the Nuu-chah-nulth area. This program is the result of the hard work and persistence of a great many people. After years of close consultation with people with disabilities and community care givers across B.C., the partnership of BCANDS and the Nuu-chah-nulth Tribal Council can now announce the details of the start up of the first phase of the H.A.L.O. program.

The location for the program is the Port Alberni Campus of North Island College (NIC). This building is particularly well suited for this program as the entire facility is completely accessible for persons with wheelchairs. This North Island College campus also is the home of the National Institute for Disability Management Programs. The college is strongly committed to meeting the needs of students with disabilities.

Site manager Denny Durocher and Employment Liaison Deb Lamb were hired in December and are presently busy with start up tasks and particular with the recruitment of participants. The program is slated for a February 10 start up date. Denny and Deb will be visiting the three regions of N.T.C. over the next month to meet with care givers and

carry the message about the H.A.L.O. program.

Recruitment/application for this program is now underway. The target group for this first program is aboriginal people (in the Nuu-chah-nulth area) who because their disability are facing obstacles in reaching their personal goals for training/employment. Since the location of this pilot program is Port Alberni, program participants will reside in Alberni area during the 20 weeks of the program.

The program will consist of Personal Growth and Development/Employment & Computer Skills Training. The group-based phase of the program will be followed by individual work experience/job shadowing or community volunteer placements. The program offers an excellent opportunity for self discovery and the chance to uncover hidden abilities, assets, interests and skills. Participants will obtain assistance in developing career and training plans. In short, participants will get every opportunity to take charge of their plans for the future and to become actively involved in the economic and social life of their community.

The H.A.L.O. program will also provide assistance to clients who have "a recent attachment to

the work place" and may require only the work experience component of the program.

The dates for the first sessions if late Feb. - end of June. The second session is slated for Aug. 4 - Dec. 19, 1997.

This pilot project is done in partnership with the Nuu-chah-nulth Tribal Council.

Please contact Denny Durocher, Site Manager for the H.A.L.O. program in the Nuu-chah-nulth for program information or to apply for the program. H.A.L.O. Program, c/o North Island College - Alberni Campus, 3699 Roger Street, Port Alberni, B.C., V9Y 8E3.

Phone: 250-724-8768, Fax: 250-724-8700.

## CANCELLATION

February 15, 1997 held in Ahousaht at the Maqtusis Elementary Secondary Gymnasium.

For all those people who were verbally invited on several occasions specifically, Mr and Mrs Coburn Webster's Wedding celebration last year in May, were requested to join us on the above date to honour our parents Hudson and Janet Webster for their wedding anniversary.

We wish to suggest to you that you provide to call by the First Nations Summit for a province-wide enquiry into the residential schools. We feel that this support will move the matter forward, and we suggest further that if it would be helpful that we should meet at an early date for a discussion of this initiative.

Yours sincerely,  
Nelson Keitlah  
Co-Chair

## DO YOU KNOW....

WHAT TREES AND SEAWEED HAVE IN COMMON?  
HOW TREES GROW?

WHY FOREST ECOLOGY IS IMPORTANT?

Answers to these questions are coming to your community this FEBRUARY!!!

SCIENCE AWARENESS WORKSHOPS  
(Sponsored by the Long Beach Model Forest Society)  
FOREST ECOLOGY AND CURRENT FORESTRY PRACTICES  
CONSERVATION OF FORESTS FOR RESEARCH

Dave Clark (MacMillan Bloedel)

Bill McIntyre (Pacific Rim National Reserve)

FEBRUARY 10, 1997, 7-8 PM, UCLUELET

West Coast Women's Resource Centre

FEBRUARY 11, 1997, 7-7 PM, TOFINO

Rainforest Interpretive Centre

## A.A. RALLY IN PORT ALBERNI

Starting Friday night May 9, 1997  
at 7:00 p.m. to 9:00 p.m.  
in the Dogwood Room, Echo Centre.  
Registrations and Introductions.

Saturday 10:00 a.m. to 4:00 p.m.  
Opening remarks by Wilfred Andrew  
Lunch Provided at 12:30 p.m.

4:15 p.m. - Swimming - Sauna & Hot Tub  
in the Echo Pool - ends at 6:15 p.m.

Sunday 10:00 a.m. to 12:00 noon  
all this happens in the Dogwood Room  
at the Echo Centre in Port Alberni  
Closing remarks by Corby at 11:45 a.m.

Everyone is most welcome.  
For more information please call Corby  
at (250) 670-9554 (work) or  
(250) 670-3510 (Home)

Registrations limited to 100 due to fire regulations.  
90 left so far to date (Jan. 27, 1997)

## Residential Schools

---Premier Offers Apology  
---First Nations Summit call for support for province-wide enquiry.

Dear Mr. Clark:

I write on behalf of the First Nations of the Nuu-chah-nulth Tribal Council and on behalf of my colleagues Richard Watts and Lillian Howard in order to express our appreciation for the apology you offered concerning the treatment of First Nations' children in the residential schools.

You were right to say the primary responsibility was and is on the shoulders of Canada and the churches. Nevertheless it remains a fact that British Columbia and British Columbians were aware of the conditions in the schools, and your apology moves us along the road towards the healing of the wounds caused by these sad events.

## Nuu-chah-nulth Tribal Council General Meeting

The first Tribal Council meeting of 1997 was held at Maht Mahts on January 19-20. The minutes from the last Nuu-chah-nulth Tribal Council general meeting, held on May 10-11, were adopted. Executive Director, Norman Taylor, read the follow-up report to the isolated motions.

Helen Dick made her report on behalf of the Community Human Services Board. She informed the delegates that the CHS board members are nearing the end of their four-year term. Each of the fourteen Nuu-chah-nulth First Nations are entitled to be represented on the board along with three regional elder representatives. Currently, there are seven active board members. Letters of request will be sent to each First Nation requesting them to appoint someone to the board.

Simon Read reported that additional AFA (Alternative Funding Arrangement) dollars have been received and will be distributed to the bands at the usual 25/75 formula. The additional funding comes, for the most part, as a result of cost of living increases.

Debra Foxcroft reported on the revision of Child Welfare Services and the impact it will have on the Usma Program. The government has developed new guidelines including the demand for more detail in the documentation of cases. More resources will be needed in order to meet the required additional documentation. What resources and exactly how much had yet to be determined and is under review by the Community Human Services Board.

Helen Dick reported on the progress of the residential school issue. The newly released book, 'INDIAN RESIDENTIAL SCHOOLS: The Nuu-chah-nulth Experience' was introduced. The book is now available for sale at the NTC Community Human Services Offices. There was a press conference about the book in Vancouver on Thursday, January 23, 1997. The book is available free of charge to the Chief & Council and Hawaii of the individual Nuu-chah-nulth First Nations.

Discussion followed about the impacts of Residential Schools on our communities and the efforts made in the area of healing. Delegates expressed concern that interest in the issue may be fading and, as a result, support for counselling and other services may diminish. The table passed a motion that states that the NTC resolve to support survivors of Residential School abuse by recommending to the First Nations Summit that the Provincial Residential School Project continue as a high priority of the First Nations Summit.

The motion further reads: That the First Nations Summit renew the mandate given to the Project and the Chiefs' Residential School Working Committee, reaffirm the accountability of the Project to the Summit and give direction on the most appropriate strategy for the next year; That the strategy address community needs and the most effective way of securing resources to meet those needs; That the First Nations Summit Co-Chairs and Task Force be authorized to determine jointly with the Residential School working Committee what resources are

available to the Residential School Project and to approve a budget and staffing out of those resources to pursue the strategy directed by the Summit; That a written progress report from the Project be available at each Summit meeting, and also sent to each First Nation in BC and that the strategy be reviewed annually.

Deb Foxcroft thanked several people for their contribution to the new book. She proposes that the NTC host a traditional feast and healing ceremony. Acknowledgments to all those that contributed to the book would be made at this feast. A motion to go ahead with the feast was passed.

Jacque Adams reported on the Family Values Project. She had held two meetings to date, one in Port Alberni and one in Campbell River. She noted that the residential school issue and family violence issues are very much connected but that the committee works to keep their focus on family violence issues.

The work of the Family Values Committee is based on recommendations of participants of the Nuu-chah-nulth Family Values Conference and Committee. The following recommendations are not listed in any particular order.

- The Nuu-chah-nulth Tribal Council host at least one collective conference and three regional conferences per year that will focus on human/community development.
- Resources be provided for individuals by their community administration and leadership to develop life skills such as: parenting skills, relationship skills, conflict resolution, and anger management.
- Develop policy at the Tribal Council and community levels that will ensure full participation of all elected and hereditary leadership in such gatherings.
- Develop a directory of Nuu-chah-nulth-ah resource people for the purposes of sharing resources between the communities.
- A Nuu-chah-nulth culturally based leadership training program be developed and that participation in the program be made mandatory for present and future hereditary and elected leadership of Nuu-chah-nulth people.
- A code of ethics and standards for leadership roles be developed along with consequences for violations.
- That four new community and human development positions be created at the Nuu-chah-nulth Tribal Council - Community and Human Services. Three positions would be held in the Regional offices, with one acting as coordinator at NCHS.
- That the Nuu-chah-nulth Tribal Council decentralization process be completed to ensure that the isolated communities needing the services have access.
- That a centralized, computerized filing system be put in place in NCHS and that each Nuu-chah-nulth community have access to the system.
- A think tank/retreat be provided annually for all Nuu-chah-nulth Tribal Council service providers, elders, leadership and interested members to develop a collective action plan.
- That an action plan be devel-

oped and implemented for the empowerment and capacity-building of Nuu-chah-nulth women, creating opportunities for them to participate in economic development opportunities, leadership roles, and to participate in decision-making processes at the family, community and tribal council levels.

- That a school-based family values/violence prevention and education program be developed, or purchased and formatted according to Nuu-chah-nulth culture and implemented in schools with attendance by Nuu-chah-nulth youth and children.
- That a criminal justice system and action plan be researched, developed and implemented to deal with offenders utilizing traditional practices and to educate Nuu-chah-nulth-ah about family violence.
- That the Nuu-chah-nulth Tribal Council allocate funding to organize, staff and construct three regional family wellness or safe homes.

Jacque says that the committee's priority has been to work on a written Nuu-chah-nulth law around violence issues. She says research needs to be done first in order to build a structure to work around. There has been discussion about dilemmas such as including ceremonies such as Tlukwana and whether or not their committee table is the appropriate place to be discussing such sacred subjects. Willard Gallic suggested that the elder's advisory committee may be of assistance in this area.

Jacque said that they have also been working on ideas for a leadership training program. They need to develop a code of ethics and penalties for violations. Jacque says that the Family Values meetings are open and she welcomes those interested to attend.

The next issue was a request for Nuu-chah-nulth political and financial support for the Delgamuukw Intervention court case. The NTC gave support in 1994 to the Gitksan/Wet'suwet'en in their fight for Aboriginal rights to land and resources within their traditional territory. Their appeal had been adjourned while they were involved in treaty negotiations. They will be returning to court as a result of the suspension of their negotiations.

George Watts recommended that we reaffirm our support because, 'If the courts rule against Delgamuukw then we all lose.' A motion was passed that reaffirmed Nuu-chah-nulth support and to share in the legal costs.

Gail Peterson Gus and Eileen Haggard came to the table seeking a donation for a computerized communication system for Tom Curley Jr. Tom is from Tlao-qui-ah First Nation and is living with Cerebral Palsy. Tom's mind is all there but he is trapped in a body that he has little control of and he cannot speak. The computer system costs \$10,000 and it would enable him to communicate with the world and learn about our culture. Darlene Watts moved that the Nuu-chah-nulth Tribal Council donate the entire \$10,000. The motion was carried.

Don Hall reported on the activities of the Fisheries Council. 'DFO is intent on reducing the

number of commercial salmon fishermen, and the Milfin Plan is making the reductions on the backs of the small fishermen in coastal communities. Only the hardiest/wealthiest will survive.' Don was talking about the stacking provision in the Milfin Plan and its devastating effect in Nuu-chah-nulth coastal communities. Discussion followed about strategies needed in order to retain Nuu-chah-nulth licenses. Delegates agreed that the communities need to retain as many licenses as possible and strategies need to be developed on securing maximum benefits for Nuu-chah-nulth fishermen.

The next part of the Fisheries Council report was about pursuing the establishment of a west coast Vancouver Island Regional Fisheries Management Board. NTC delegates met with MAFF Minister Corky Evans on January 10 to advance the idea. The concept has promising local support as it offers a local management alternative as opposed to an Ottawa, Vancouver or Victoria-based management bureaucracy.

The Fisheries Council has developed a list of 50 recommendations that were delivered to the January session of the provincial review of salmon farming. The Council opposes the operation of net-cage salmon farming operations within Nuu-chah-nulth traditional territories. The Fisheries Council agreed by resolution to support the Ahousaht opposition to a salmon farm operation located in Cypress Bay.

John Phillion, Ministry of Health is seeking information from Nuu-chah-nulth communities about how fish farms impact the health of people. The Environmental Assessment Office's report to the ministers is due in June and will shape the future of salmon farming in BC.

Don went on to report that last years salmon returns was as poor as expected on the west coast of Vancouver Island. Salmon returns for 1997 are not expected to be much better. Barkley Sound is slated to be the site for another commercial roe-herring fishery in 1997.

The commercial roe quota this year for Barkley Sound is up to 4,035 tons from 1,014 tons last year. There will be between 4 and 8 roe-on-kelp operations in 1997. Four of the licenses are Nuu-chah-nulth and 4 were reallocated from Haida-Gwai but some will go back because their quota is high enough to support some licenses.

Cliff Atleo raised a concern about the jump in the roe herring quota in Barkley Sound. He wanted to know why it is up almost 4 times as much as last years quota and how DFO comes up with their quotas. Don Hall said that DFO processes have been in place for a long time and that perhaps we should find a way to come up with independent scientific data that disputes how DFO manages the fishery. We would need a lot of resources to come up with the data needed to dispute their process.

Don went on to FRBC funded projects in Nuu-chah-nulth territories. Work has been done in the areas of inventories, assessments and rehabilitation work. First Nations have benefited finan-

cially and in employment and training opportunities for members. Benefit to fish habitat is slowly emerging.

Pilchards are making a comeback in Nuu-chah-nulth waters. The once abundant pilchard disappeared from our area for decades after being overfished. One Nuu-chah-nulth member fished for pilchard last winter under a scientific permit from DFO. This year DFO will issue 4 additional pilchard permits.

Work is progressing at a good pace on the development of a Nuu-chah-nulth Strategic Plan for Fisheries. More than 40 people participated in a brainstorming session about the future of Nuu-chah-nulth fisheries. The next session is scheduled for sometime in February.

Al Little reported on the activities of NEDC (Nuu-chah-nulth Economic Development Corporation). NEDC prepared a draft amendment to policy regarding applicant eligibility. The proposed amendment would allow for non-Nuu-chah-nulth of aboriginal ancestry to apply for a loan. There are several conditions attached to the amendment including the applicant will not be eligible for forgivable loan financing, that only low risk proposals would be considered and that Nuu-chah-nulth applicants would be given priority. A motion was passed to accept the proposed amendment.

Al reported that he received a letter from a Maori Enterprise Manager. They are interested in forming partnerships or other business relations with other first nations. A majority of the Maori tribes of New Zealand have recently settled their treaties and have cash holdings of approximately 2.5 billion dollars. They own 50% of the New Zealand fishing fleet, processing plants and export companies. Their main investment interests are tourism, seafood products and forestry.

NEDC will contact each of the NCN First Nations to gather information to determine the level of interest in the Maori letter.

NEDC's last item was a recommendation for an Aboriginal Business Youth Fund proposal. The NEDC Board recommends that the NTC consider forming a partnership with Aboriginal Business Canada to establish an Aboriginal Business Youth Fund. The purpose of such a fund would be to increase the opportunities for youth (18 to 30 years of age) in expanding or acquiring a business.

Aboriginal Business Canada (ABC) would provide the funds on the condition that the funds provided are matched by NTC. Youths participating in the program would have to repay 75% of the loan, the remaining 25% would be forgivable. The NEDC was instructed to go after the program by motion.

A motion was passed to contribute \$10,000 to the World Whaling Association. Tom Happynook thanked the NTC on behalf of the Association.

The last item of business was to appoint an NTC delegate to the Indigenous Games Committee. Ed Samuel was appointed to the committee by motion and he accepted the appointment.

By Denise Ambrose, Central Region Reporter



Pacheedaht Treaty Team  
Pacheedaht First Nation  
1 People of the Sea Foam  
General Delivery  
Port Renfrew, B.C. V0S 1K0

## GREETINGS!

The Pacheedaht First Nation, formerly spelled *Pacheenaht*, have officially changed their name to the traditional form. We now, respectively, prefer to be addressed as the Pacheedaht First Nation.

As well, Pacheedaht has entered into the treaty process with the provincial and federal governments. As a result, we have opened a treaty office to officially conduct our treaty discussions out of. The Pacheedaht treaty office will also function as an education/resource center for Pacheedaht band members interested in the treaty process. Please note the new fax and phone numbers listed above on the letterhead. The toll free number listed above, has been established for band members living off reserve to contact us at their convenience.

In addition, Pacheedaht has appointed a treaty coordinator, Ann-Marie Livingstone, to facilitate the day to day operation and correspondence of the treaty process. Should you need to contact Pacheedaht First Nation for any treaty related matters, please contact Ann-Marie at the Pacheedaht treaty office.

Kleco, Kleco.

## INDIAN RESIDENTIAL SCHOOLS:

The Nuu-chah-nulth Experience  
Nuu-chah-nulth Tribal Council

## BOOKS FOR SALE

Survivors of the residential school share their stories of pain and suffering.

- \$20.00 per book
- \$10.00 discount for First Nations
- Beyond Survival Video \$100. each

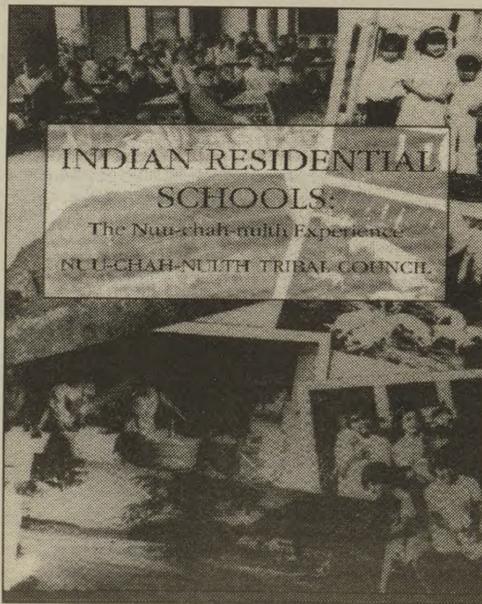
Inquiries:  
Nuu-chah-nulth Community  
and Human Services Office

Port Alberni, B.C.

Phone: (250) 724-3232  
Fax: (250) 724-6642

## INDIAN RESIDENTIAL SCHOOLS:

The Nuu-chah-nulth Experience  
NUU-CHAH-NULTH TRIBAL COUNCIL





The Makah Tribe in northwestern Washington State have a long history of whaling. After many years without practicing their right to whale hunt because of the decline of the gray whale, the Makahs are once again preparing to harvest the great whale.

### MAKAHS ESTABLISH WHALING COMMISSION

The Makah Tribe has established a whaling commission to develop regulations to govern the harvest of gray whales.

The commission is an organization of the traditional heads of Makah families. Family leaders will apply the principles of Makah customary law to establish rules and regulations governing the conduct of all ceremonial and subsistence whaling by Makah tribal members.

Emphasizing the importance of the Whaling Commission, Makah Tribal Council Chairman Hubert Markishum said: "Since 1855 we have reserved the right by treaty to hunt and fish in the sea around us. Our treaty right is a property right - a fundamental right upon which this great land, the United States, was founded, and is sustained today. The Makah people can do no less than stand up for our inalienable right to hunt whales. It's no different than our right to harvest other natural resources on our reservation for economic viability. We respect the whale, we have honoured the whale for centuries

in our songs and sacred traditions. The people of Makah have spoken clearly on this."

"We came to the conclusion that restoring whaling must be accompanied by the old ways of decision making - by consensus and by family representation," said Ben Johnson Jr., president-elect of the newly-formed commission. "Whaling is too vital to our tribe and must include a responsible body to manage increasingly complex resource decisions."

"The commission sees whaling as the way to unify and rejuvenate cultural, spiritual and hunting practices that were put on hold for 70 years. People are excited by the prospect of having whales again. It's already had a positive effect on the morale of our tribe," Johnson said. "Many people welcome the idea that so many families are directly involved. This commission will be new but old at the same time. It's organized in the traditional way with hereditary leadership rather than elected positions."

For the Makahs, whaling

has always been central to their livelihood as a primary source of food. No more is harvested than needed and every part of the whale is used in some fashion - for food, for shelter or for ceremonial regalia.

"A deep spiritual hunger will be satisfied when the Makah people can harvest whales again," said former tribal chairman and whaling commission member George Bowechop. "Something will die inside our soul if we do not do this. We owe it to our children. That's one of the reasons why our past chiefs were so specific in reserving the treaty right to hunt whales," he said.

Traditionally, each family gets a different part of the whale to be used according to each family's ancestral rites. "Each family has ancestral ceremonies, songs and dances that reflect the sacred nature of the whale," said whaling commission treasurer Ernie Cheeka. "The memory of the whale is in our genes."

The Makahs supported the protection of the gray whale

while it was on the Endangered Species Act list for over 20 years. In 1994 the gray whale was delisted. The current gray whale population has rebounded to historic high levels of over 23,000 animals, and the commission feels that taking five whales a year is prudent within responsible biological management practices. The tribe also has the full backing of the federal government consistent with its support of indigenous ceremonial and subsistence harvest rights worldwide.---K.Boysen

The above article was reprinted from the Northwest Indian Fisheries Commission News, Volume XV1 Number 4, Fall 1996. The Makah Tribe, located in Northwestern Washington, has ties to the Nuu-chah-nulth Nation through their language, traditions and family relationships.

### POWERLINE CONSTRUCTION TO KYUQUOT RECOMMENDED

An assessment of Kyuquot's electric supply has recommended that a B.C. Hydro powerline be constructed to service the west coast community.

The Comox-Strathcona Regional District initiated and administered the assessment, with additional funding assistance from the BC Ministry of Small Business, Tourism, and Culture and from local community groups. The 56 page report was completed by Sigma Engineering Ltd. of Vancouver.

The report calculates the Kyuquot's 350 residents presently spend \$500,000 each year in operating costs alone for inadequate and intermittent electric power. The growing community relies solely on diesel generators to produce electricity. The report analyzes various alternatives to the existing situation, and concludes that a BC Hydro grid connection would supply the most economic and reliable power to the community.

"The existing electric situation is untenable," says Tom Pater, Director for Area G of the Regional District. "Many activities in Kyuquot are limited without adequate power - at work, in the school, in the home. Diesel fuel is increasingly expensive to burn, and several of the larger generators will soon need replacing. A grid connection makes good economic sense. With BC Hydro's assistance, the residents will obtain a cheaper, cleaner, 24 hour system," says Pater.

Powerline construction would be financed largely by its users, through a surcharge per kilowatt-hour. Community representatives will discuss the project with BC Hydro, BC Tel, and the provincial government over the coming months.

News Release Regional District of Comox-Strathcona

#### EMPOWERMENT

ENCOURAGE - be positive and uplifting, build esteem  
MANAGEMENT - help others to take responsibility for their actions, to manage their own life, to see clearly

PATIENCE - know that change often doesn't occur overnight  
OFFER - love, support, understanding, history, culture, family

WELLNESS - help others to achieve their state of comfort spiritually, physically, mentally, emotionally  
EDUCATION - motivate them to learn, to set goals, to reach for dreams, to listen to others

RESPECT - give respect and you'll receive respect  
ENVIRONMENT - teach them to respect everything around them and that everything is interconnected. To enjoy the aroma of the world

NUTRITION - teach them to feed the body not only the soul, to taste life  
TRUST - teach them to understand what trust is and that with it comes freedom

Anonymous

### Building strong cultural foundations for health care providers

The first phase for the southern region was held at Opetchesah Reserve. This workshop focused on building a strong cultural foundation for the health care providers. Edward Tatoosh (Tat) spoke to the group on traditional aspects of family connections, respect for self as well as each others, family involvement, care & concern, discipline, family gatherings and cleansing and grief.

Some comments from the participants include: The class was extremely educational and provided the homemaker with a better understanding of the elders in the community.

"The workshop provided an awareness of how far we have separated ourselves from the native traditional way"

Tat spoke of many concepts of the non-native culture that we have in our culture as well. For example "debriefing" is not a new concept. In the old days people would get together to discuss the problems. They knew the importance of sharing problems in order that one person would not carry it all by themselves.

He spoke of how when someone was grieving, to let that person grieve. In the traditional way it was best to let the person

vent his/her grief. People usually gave the person time to cry and did not touch them. Because usually what happens is as soon as you touch the person you interrupt the grieving process. He stressed it was best to give the person time to grieve.

All in all it was a very informative workshop. We the participants give our thanks to Tat for agreeing on such short notice to facilitate the workshop.

The second phase of the Core training for Health Care Providers has been held in the three regions. This workshop focused on team building and was facilitated by the dynamic Jeanette Callahan.

The groups discussed in depth what makes a good team. They spoke on how productive and how much lighter the work load is when you work as a team. They brainstormed together on how to improve their team.

The comments of this workshop are as follows;

"I enjoyed the networking and learning what others do in their communities and what works for them"

"good group insights and common sense problem-solving"

"be a good listener not only to others but to yourself"

"I have gained a whole lot from this workshop. How to better our team and to build it to be a stronger team"

Some insights were: "Teamwork starts at a young age"

"you learn from each other" "teamwork is essential and is a growing process"

At the northern, central and southern region we had Hugh Watts discuss the importance of confidentiality in the workplace. Mr. Watts stated "the establishment of a trust relationship by an individual should be regarded by others as being sacred."

He discussed how patient information should not be released to anyone outside the health care facility without the patients consent. However child abuse must be reported by the doctor in accordance with Child Abuse Legislation. Mr. Watts provided the team with a lot of useful information. In addition he discusses his role in the health care providers team.

Dr. Henderson also discussed his role in the communities. He explained how he was available to any member of the health care team. Dr. Henderson has recently changed his title from Medical Health Officer to Medical Advisor. When the group broke up for

case studies Dr. Henderson provided practical and useful information to the groups.

In addition we also had Debbie Lamb and Denny Duroucher speak to the group about the Halo project. The Halo project will assist First Nations People with disabilities in finding work placements that would lead to employment or an opportunity to gain practical experience and insight into a potential career choice. They will take application from any First Nations person who is interested. The starting date is February 1997 and July 1997.

At this time I would like to thank Jeanette Callahan for her cultural sensitivity during the workshop, her wonderful sense of humour and her ever lasting energy.

Thank you to Dr. Henderson for taking the time to explain your role in the communities and your participation in the workshops. Many of the participants came up later and stated they had a better understanding of the health care system and your role in the community.

Hugh Watts I thank you for your powerful presentations on confidentiality. I thank you for making the time to do the presentations as I am quite aware how

busy you are.

The participants have to be commended for all the work they have put in these workshops. I know it is not easy to rearrange your work schedules and your home life for these workshops. At this time we would like to thank the families of the participants for the support they have provided by looking after their children.

We thank the band and council for the support they have given to their staff either by giving them the time off or paying for their transportation to the workshops or by providing us with a hall at no expense.

A special thank to the Kyuquot people for the exceptional hospitality you again have shown us. Thanks for providing a bed for some of the participants. Agnes Oscar for the use of your home for our meals. A special thanks to Martha Tyerman for leaving the lights on for us so we could start our workshop early. As Dr. Henderson mentioned we hope that you didn't have to go with out lights for the rest of the month.

Thank you to Stella Peters from Huu-ay-ah for offering lunch to the participants.

Last but not least I would like to thank the CHN for their active participation in the workshops and juggling your schedules to fit the communities needs.

Choo, Ina Thomas

### Florence Martin offers advice for People with Arthritis

There are many types of that most terrible insult to our person called Arthritis. Those of us who live with this unwelcome intruder know all too well how severe the effects can become during times of the day or even longer periods of a flare up during changes of seasons. Matter of fact we are pretty well tuned in to old Mother Nature's moods. No matter how hard it jabs at us physically, mentally and emotionally, eventually our spirit comes into action to remind us that "hey, come on, we're not accepting this garbage, we have things to do, people to take care of!"

One of the greatest prayer boosts was given to me through my late son when he was only seven years old. One evening he says to me, "shh, my dear mom, you are hurting so much, but it is a good thing it doesn't stay around all of the time". These words have been a constant in my life, even if I was given 2 or 3 good hours a day, that time was precious to me. Time, space and distance became quite important to us. We are become twice as smart because we have to learn different ways of doing everything, making every move count

for us. We need to compensate because most cupboards are too high taps and door knobs don't have long-handled levers, keys are not easy to use. Steps and stairs are a challenge, especially those without hand rails. The stove, washer, dryer anything with push button or switches are no longer a convenience for us. We may take a bit longer to do our cooking, baking or home-making but he tiredness we fell after is a good kind of tired because we can still do these ourselves. The main specialist in the field of Arthritis are Rheumatologist physiotherapists and occupational therapists and family physicians. The family physician is the one who is responsible for making referrals to the Rheumatologist (arthritis specialist). Physiotherapist follow instructions from that specialist as to the physical treatment, ie: exercises, heat-cold therapy, hydro-therapy (exercises in pools). Occupational therapists are the ones who help us to cope with all the obstacles we now face, physically, mentally and emotionally. They have numerous gadgets which are invented and built in their dept. such as rubber or sponge added to cutlery and



Florence Martin

kitchen utensils for easier gripping. Long handles to combs and brushes, also special resting splints and working splints for the hands and wrists, special made inserts for shoes to ease pressure on whatever part of the feet need comfort. Other helpful creations made, button holders, special shoe laces, cutting boards, book rests even an aid for putting on your socks. Health care business such as pharmacies stock items such as high rise seats for the toilet-bowl and grab bars or bath seats along with many other helpful products. All these can be quite expensive but I am sure that we have a good number of people out there who are just as inventive. Put your creative minds to work for you. The business potential is there, same goes for you sewing machine experts.

A new program called the Arthritis Self-Management Program - A.S.M.P. was developed by the Arthritis Society. It is available to any group or community by requesting it from the society. Anyone who is interested in working with groups of people with arthritis are invited to take the 15-18 hour ASMP Leader Trainer Workshop by the society. There leaders set up a 6 week session of 2 hours a week with the group to help us and our families learn about arthritis and ways to cope with the way it affects us.

For a long time I was in denial, I refused to see a specialist, go to rehab or read anything about Rheumatoid arthritis. I still wanted to believe that arthritis was only an "old people" condition (I was only 24). Because of lack of information I didn't realize that I could slow down the process, or how important it is to know about

the medications prescribed, there are so many, all are tested on us, usually one or two are found to help us and as always there are side-effects we should always be aware of, it is O.K. to ask doctors questions! Information gives us the power of choice, the power to be in total control of the choices we make. I've said before, arthritis is a very lonely condition to live with, for me it was a rubber of my self-esteem, my self-worth to become so helpless and weak which in the first years could last almost 2 months during a heavy flare up. The frustration and depression easily led to isolation. This was something I was deeply ashamed of, I didn't want anyone to see me like that. But we live to learn and learn to live. So now I realize that support is understanding and understanding is support. A friend of mine told me that she holds back on calling me because she knows I might be going through a bad time too. I reminded her to call me anytime because no matter what was happening her call actually helps me as much as I hope that our contact helps her. I know when I get a call or someone drops in for a visit, I really mean it when I say "Thank-you, you made my day!" So I remind you, use that phone, visit someone else once in a while. I sincerely hope that all of you who will definitely gain much will get together and request the arthritis Self-Management Program to be given in your community for you and your family members and friends. You can make it work for you, as with anything you will get out of it as much as you are willing to put into it. For information about ASMP the number to call is 1-800-67-2847. Thank you all for your time.

Yours in friendship, Florence (Flossie) Martin Reprinted from "Voices and Visions" Newsletter of BCANDS, March 1995.

### The Science of Marine Ecology

written by Marjorie Charleson

Here are some things that are interesting to know about Marine Ecology. On Jan. 9, 1997, Anne Stewart came to the Rainforest Interpretive Center to talk as part of the Science Awareness workshops sponsored by the Long Beach Model Forest Society. Anne works at the Bamfield Marine Station (BMS) as the Public Education Coordinator. She has her Bachelor Degree in Biology and she helps educate people of all ages on marine ecology. This line of work usually means going somewhere else to find work, but Anne Stewart is able to live and work right in Bamfield. A goal of the Science Awareness Workshops is to show that it is possible to have a career in science and live where you want to.

The BMS is linked with five universities in Western

Canada, University of British Columbia (UBC), University of Victoria (UVic), University of Alberta (UofA), University of Calgary (UofC), and Simon Fraser University (SFU). These five universities combine funds and resources to support the research and programs at the BMS.

Now to change direction, we'll look at some research going on at the BMS. Andy Spencer, studying how the nervous system of marine animals works, was doing some research on chum salmon and jellyfish out of the BMS. Through his research he found out that jellyfish are an important source of food for chum salmon. If you've eaten a chum then you've eaten a jelly fish. Another topic that came up was BMS's research on seaweed. Anne Stewart spoke about marine biologists doing research to see if the seaweed can be harvested economically.

She also spoke about seabirds. Local seabirds like Albatross and Shearwaters are really great birds They travel a great distance to feed and for nesting. They live here off the West Coast feeding on fish. When they are ready to nest they travel to places like Australia and the South Pacific to raise their young. The thing that really got me about what Anne said was how there is probably more research done on the moon than there is done on the ocean, in our own backyards. We probably know a lot more about the moon than we know about the ocean.

For anyone interested in marine ecology there are programs offered at the BMS. There are work experience programs for students and forest ecology courses for youth. A second presentation in a series of five Science Awareness workshop will be on forest ecology, so if you are interested

here are the dates. FEATURING:

FEBRUARY 10-11: Bill McIntyre from the Pacific Rim National Park Reserve will be speaking on parks for research and biodiversity. Dave Clark from MacMillan Bloedel Forester will be speaking on forest ecology and current forestry practices. Workshop will be held on Monday, February 10th, 7:00 pm at the Westcoast Women's Resource Centre in Ucluelet and on Tuesday, February 11th, 7:00 pm at the Rainforest Interpretive Center in Tofino. Hope to see you there!

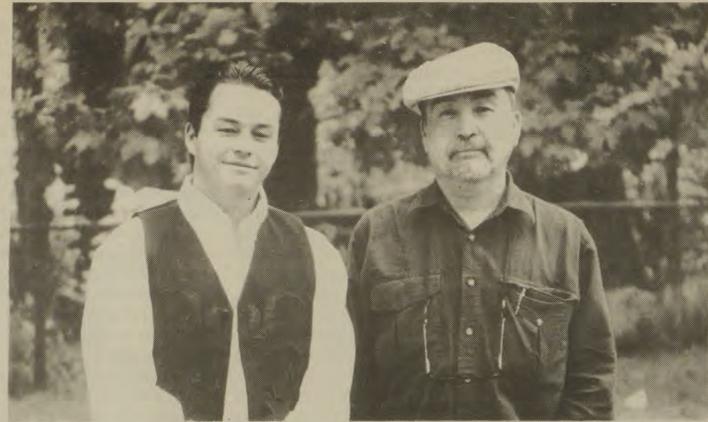
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Shawn Atleo and Dr. Richard Atleo are two of the Directors of Umeek Human Resource Development.

## UMEK - "Providing for our Communities"

By Shawn Atleo, President, Umeek Human Resource Development

'Quees-hai-cheel' is the name of my late great-nan Margaret Atleo, from Ahousaht, gave me at my wedding approximately 11 years ago. This name has been very significant to me both because of who I received it from, but also because Quees-hai-cheel means "will accomplish what he sets his mind to". Nan's teaching through something as simple as choosing a name for me, helps guide me and offers support and wisdom that is thousands of years old. The power and brilliance of the teachings of our people amaze me daily, and I am reminded of this when, as the sun comes over the trees just east of my house, I pray to the Creator for direction and for my family to be looked after. My great uncle Mark Atleo taught me that even though I live away from 'home', our teachings still apply and to follow them closely.

My company is focused on applying our teachings in the modern world. Umeek Human Resources Development Inc. is a Nuu-chah-nulth owned and operated company with four shareholder/directors: Shawn Atleo - President, Marlene Atleo - Director, Nancy Atleo - Secretary Treasurer, and our Senior Director is Dr. E. Richard Atleo, who is Ahousaht Chief 'Umeek'.

"Umeek" ('community provider' in our language) was chosen for our company because, just as the great whalers of my family before the Creator had provided the whale to our people, so today must new ways be found to prepare and provide for the people.

In this modern, rapidly changing world, modern education and training are the tools that prepare people for success, however, the ties to our historical teaching and world view need not change. Hishookishtawalk, or 'everything is one and connected' applies today just as it has always. First Nations people are introducing these teachings to their children once again, and non-First Nations are benefiting along the way. Umeek Human Resources Development was created to bring the best of our heritage and teachings and apply them in the modern context.

The principles of our company are directly involved in all aspects of client services to ensure high quality performance and results. In addition to our four directors, Umeek HRD Inc. employs numerous First Nation consultants/trainers and a full time administrative assistant. Other well qualified consultants are utilized whenever a project requires them. Umeek HRD Inc. is pleased to be able to offer career opportunities to these people who come from a variety of backgrounds including Nuu-chah-nulth, Shuswap, Interior Salish, Ojibway, Metis and Cree.

Since 1992, Umeek HRD Inc. has successfully completed over 70 consulting, training and education projects to First Nations, colleges, universities, school districts, private corporations, crown corporations and government as well as to community groups. In addition to our numerous small business clients, organizations who have retained our services include: Kwantlen University College, I.C.B.C., Red Cross, U.B.C., Squamish First Nation, Sooke

School District, Nuu-chah-nulth Games Committee, Ahousaht First Nations AIDS Society, Human Resource Development Canada, Ministry of Education Skills and Training, B.C.I.T., Mount Currie First Nation, Xit'olaww Community School, Pacheenaht First Nation, Long Beach Model Forest and the Vancouver School Board to name just a few.

Umeek is focused on assisting First Nations people succeed in both education and work. Umeek is able to do this by:

- Providing individual Koo-us with life-skills, to assist the healing process, and to provide skills training such as computer training and pre-employment preparation to assist the career process.
- Providing First Nations organizations with the training required to help them develop healthy, skilled organizations.
- Assist non-First Nations groups and individuals to understand First Nations people more accurately and build bridges between communities.
- Provide the opportunity to train individuals for future careers in consulting/administration.
- Access to current and educational information.

By providing these services Umeek HRD Ltd. is able to make a contribution to the modern First Nations people. By providing support and guidance to other Aboriginal People I am contributing the tradition of my elders. In a way I am following the traditions of our people by teaching and providing services to others who will, in turn, provide support and guidance to their families, businesses, and who ever they may encounter.

## Kuu-us Marrow Donor Urgently Needed

By Denise Ambrose, Central Region Reporter

A young man from the Tsawout (Saanich) band has been diagnosed with a life-threatening disease. Matt Underwood has Chronic Myeloid Leukemia, cancer of the blood cells. His only hope for survival is to receive a bone marrow transplant from a compatible donor. His best chances of finding a suitable donor is with those within his immediate family or in the native community. So far, there has been no match.

Matt is engaged to be married to Dawn Frank of Ahousaht. Their wedding is set for August 16, 1997. Matt is a lacrosse player and he works for Aboriginal Affairs. He wants to study First Nations education at the University of Victoria so that he can become a teacher. He wants to raise a family with Dawn. Matt's uncle died of leukemia a few years ago.

Matt's family and friends have launched a public appeal to save his life. Today (February 3) is Matt's 24th birthday. A potluck birthday dinner will be held at the Tsartlip reserve. A bone marrow donor registry information session will follow the dinner. It is hoped that 100 people will sign up for the donor registry after the dinner.

In order to be on the donor registry you must be between the ages of 17 and 50 and be in good health. You must attend a Bone Marrow Donor Registry Information Session. Being a registered marrow donor is a big commitment. It means that you are committing to help anyone in the world. Donors are matched through blood tests. If a compatible donor is found, a small amount of marrow is harvested from their hip bone under general anesthetic and they recover in 3-10 days. The

nearest information sessions after Matt's birthday will be in the lower mainland area (You MUST attend one in order to be included on the registry). New dates for sessions, including those on Vancouver Island will not be available until March 1997.

Matt's chances of finding a suitable donor is 1 in 10,000. There are less than 900 aboriginal registered donors across Canada.

If you want to help or more information you may contact the Red Cross Society at 1-800-668-2866 or call Matt at (250) 652-6724. Matt is on the Internet at <http://www.islandnet.com/~helpmatt/recover.htm>.

It isn't easy or convenient to be a marrow donor if you live on the Island, but neither is having leukemia. Choo.

Canadian Red Cross Services, Unrelated Bone Marrow Donor Registry, Lower Mainland Information Sessions:

- Monday, February 24 at 7:00pm 3075 Slocan, Vancouver
- Wednesday, March 12, 7:00pm 15463 104th Avenue, Surrey
- Wednesday, April 23, 7:00pm 3075 Slocan, Vancouver
- Monday, May 26, 7:00pm 15463 104th Avenue, Surrey
- Monday, June 23, 7:00pm 3075 Slocan, Vancouver
- Tuesday, July 22, 7:00pm 15463 104th Avenue, Surrey
- Tuesday, August 26, 7:00pm 3075 Slocan, Vancouver
- Wednesday, September 24, 7:00pm 15463 104th Avenue, Surrey
- Wednesday, October 22, 7:00pm 3075 Slocan, Vancouver
- Wednesday, November 19, 7:00pm 3075 Slocan, Vancouver
- Monday, November 24, 7:00pm 15463 104th Avenue, Surrey



Helping Wally celebrate his 50th are (l-r) Sharean Van Volsen, Cheri Newberry, Mona Fournier, Glynn Sutton, Elaine Hicks, Wally, Tannis Grey, Denise Pederson, Tim George, and Irma Bos.

### WALLY SAMUEL SR. CELEBRATES 50TH BIRTHDAY!

On November 27, 1996 Wally Samuel Sr. celebrated his 50th birthday.

To start his day off, himself and his wife Donna went to Swale Rock Cafe. In a conversation there, his birthday came up, the waitress asked him if he was the "Wally Samuel" who got lots of birthday wishes on birthday feature that morning. "Yes" Wally said. She looked at him, she kept saying, "You don't look 50."

After Swale Rock, Wally went to the Friendship Centre. There he was surprised with cake (but only 36 candles going) flowers and balloons. All brought to him from Sharean Van Volsen. All staff was there to celebrate with him on his "big day".

That evening Wally was joined by family members for supper. After supper, 25 people all of a sudden were crowded in his living room.

We'd like to thank everyone for showing up and spending this special day with our father, grandfather. We love you dad! Love you all of your 16 children and your main squeeze Donna



## FAMILY CARE HOMES WANTED



The Nuu-chah-nulth Community and Human Services Program is looking for Nuu-chah-nulth First Nations Family Care Homes for children in care. The home would be expected to:

- \* provide a physically and emotionally safe, nurturing family environment to encourage and support the child's relationship with the natural family
- \* to work with the child's Social Worker and other care plan team members
- \* to provide clear, reasonable and behavioural expectations unique to the child's needs
- \* and to be willing to participate in training in family care.

The applicants will be requested to complete a Police Records Check and provide references. If you are interested, contact Charlotte Rampanen at 724-3232.

## Nuu-chah-nulth Thunderbirds 5th Anniversary



### Nuu-chah-nulth Thunderbirds

Top row (l-r) Warren Atleo, Richard Martin, Robert Cootes, Keith Thomas, Alex Antoine, Jan Martin, Pierre Tylee, John Watts, Aaron watts, Unknown, Tim Taylor, Neil Thomas, Richard Dick. Front row (l-r) Hugh Sam, Paul Amos, Richard George, Late Adam Felsman, Gord Dick, Ivan Thomas, Warren Lauder, Warren Robinson, Kurt John.

This year will celebrate the Nuu-chah-nulth Thunderbirds 5th year in fighting wildland fires in British Columbia and Eastern provinces such as Ontario and Quebec. The Native unit crews are highly trained, mobile, physically, fit highly productive crew and consists of one crew leader, three squad bosses, and 16 crew members.

The Thunderbirds have gained valuable reputations throughout the province, both respect and admiration. The demands of the crewmembers consist of hard work and long periods away from family members. These tasks may be sustained over long durations often in very adverse conditions. It is not uncommon for unit crews to be airlifted by airplane or helicopter into remote wildfire locations and be expected to be self contained up to three days without outside resources such as hot showers and cozy beds. These crews are equipped to construct handline fireguards, and carry out associated fireline duties on project fires. The duration of the crew is 14 days before being relieved by another unit crew.

There is also intensive fire fighting trade given to each crew member, a variety of tasks are performed, including handtool, chainsaw, pump and hosework. The British Columbia Forest Service have introduced three fitness tests that is work-related to reduce the amount of injuries associated to the work performed on project fires.

The Bonified Occupational Fitness Test (BOFT) is a combination of aerobic, muscle-strength

and endurance. Your ability to pass these tests will depend on your current fitness and activity level. If you presently train both aerobic and muscular fitness components you may well be on your way.

So if you are interested in becoming part of our unit crew, pick up an application from Ministry of Forests office and join our exciting team.

The following is a picture from a wildland fire in the Squamish Forest District crewmembers: left to right top row: Warren Atleo, Richard Martin, Robert Cootes, Keith Thomas, Alex Antoine, Jan Martin, Pierre Tylee, John Watts, Aaron Watts, Unknown, Tim Taylor, Neil Thomas, Richard Dick. crewmembers left to eight bottom row: Hugh Sam, Paul Amos, Richard George. Late Adam Felsman, Gord Dick, Ivan Thomas, Warren Lauder, Warren Robinson. Kurt John.

Honorable mention of present and past crewmembers: Eric Amos, Lance Ambrose, Larry Baird, Enock Corson, James Cootes, Gary Dawson, Daryl Dick, Virgil Frank, Geoff Gus, Jeremy Gus, Derek Haskell, Marvin Joseph, Ken Lancaster, Samson Lauder, Alphonse Little, Richard Matlipi, Wes Price, Chris Ridder, Gerald Robinson, Vincent Robinson, Bobby Rupert, Clayton Sam, Travis Styan, Trevor Titian, Evan Touchie, John Watts, Mike Werstuik.

Warren Robinson, Fire Protection Officer, Coastal Fire Centre

Nuu-chah-nulth-eets Tsitsiqi  
c/o P.O. Box 1218  
Port Alberni, B.C. V9Y 7M1  
Telephone: (250) 724-1225  
Fax: (250) 724-4385



The Voice of  
NuuCaanutiic Ciciqi  
Language belonging to the  
Nuu-chah-nulth Nation

čaxtakuk'ic k'isq'ichšix  
haačati'rsa qum'aa maatmaas  
Happy New Year to all the tribes.

Nuu-chah-nulth-eets Tsitsiqi, Language and Cultural Resource Project has relocated. We are now on the second floor of the Tseshaht Band Office building. The Tseshaht Band has provided us with larger accommodations, instead of one office we now have two offices. Thank you Tseshaht Band for helping our project grow.

There is one setback, we do not have much furniture for the offices. The project operates on a limited budget so if anyone knows where we can get some really cheap furniture please let me know.

We have just purchased a second computer for our project. The sale of the Nuu-chah-nulth-eets Tsitsiqi Christmas Carol Book and Tape sets has made it possible to upgrade the monitor of the computer from a 14 inch screen to a 17 inch screen. Thank you to all those who helped make this possible.

We have a 1997 calendar and learning tape for sale. It will be available in the second week of February. All proceeds made by the sale of the calendar and tape will be used to create more language learning aids.

The Project is at the point where it will be concentrating on developing all the material recorded. This is a very exciting time for us.

Here is a sample of what we are doing.

Root word	Tense	Mood	translation
1 ʔuuʔuuquk nice weather			ʔuuʔuuquk nice weather
2 ʔuuʔuuquk nice weather		ma it is	ʔuuʔuuqukma. It is nice weather.
3 ʔuuʔuuquk nice weather	( )it	ma it was	ʔuuʔuuqukʔitma It was nice weather

Two German Linguists taught the Ha-ho-payuk Immersion Program participants how to do this. It took six weeks to become familiar with this technique, so learning our language is not impossible if we make it a priority.

Thank you for taking the time to read our column and if you have any questions or suggestions please give us a call.

## Update on 1997

### North American Indigenous Games

This tremendous event is only 6 months away. There will be 6000 athletes and more cultural performers and spectators, gathered in Victoria on August 3rd - 10th, 1997. For more information about these games call Ed Samuel at (250) 724-5757, or the N.A.I.G. office at (250) 361-1997.

**TEAM BC**  
Team BC for the 1997 North American Indigenous Games has not yet been finalized. All participants who finished first in their event are automatically on Team BC. Second and third place finishers will be notified soon if they will be on Team BC. As soon as Team BC is final we will print the names of all Nuu-chah-nulth on Team BC, in the next issue. Training will be provided for Coaches of Nuu-chah-nulth Athletes, in the Indigenous Games. All Coaches of Nuu-chah-nulth Athletes, in the Indigenous Games, please call Ed Samuel.

**VANCOUVER ISLAND ABORIGINAL COACHING CONFERENCE**

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Conference contacts:  
Drew Cooper 250-753-3245

Marilyn Johnny 250-949-8343  
Tina Henderson 250-949-8343

**ABORIGINAL PORTS/ RECREATION ASSOCIATION OF BC**

Attention:  
Nuu-chah-nulth area Sports/ Recreation Leaders

There will be a Vancouver Island Regional Meeting on Thursday February 27, 1997, 9am to 5pm, at 401 Harvey Road on the Nanoose Reserve. It is very important that all sports leaders attend this meeting. Your input is needed for building this association. Please respond to Damo at the ASRA head office (652-9150), or Ed at the NTC office (724-5757), on your attendance.

The Annual General Meeting for ASRA will be on March 14 - 15, 1997, in Cranbrook, B.C.

The next meeting of the Nuu-chah-nulth Tlu-Piich Games will be on Wednesday, Feb. 26, 1997, at 10:00 am - 4:00 pm at Echo Centre, Port Alberni, B.C. All bands are encouraged to have a representative to attend.

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# HA-SHILTH-SA SPORTS

## Grand Opening of the North American Indigenous Games Volunteer Centre

By Dana Atleo, Northern Region Reporter

I attended the grand opening of the Volunteer Centre for the North American Indigenous Games (N.A.I.G.) on January 16, 1997. This was a beautiful ceremony/celebration hosted by the N.A.I.G. committee. The celebration started off with Laura Cook (Nimpkish elder) saying the opening prayer.

Chief Andy Thomas of the Esquimalt First Nations and Chief Norman George of the Songhees First Nations were there to welcome visitors to their traditional territories. Chief Andy Thomas said, "Welcome to all First Nations who traveled: Nuu-chah-nulth, Kwakiutl. It is very important to go through with things like this, recognizing that we are still here. We have been ignored so long, we are recognized through events like this..."

Chief Norman George (Edward George-today) said, "Welcome onto our traditional land. Opportunities are coming for us... I am very glad to be a small part of these Indigenous Games. Welcome to the government people, especially the sponsors and to all my friends. I thank you and welcome you. Be proud of what you are doing and know that you represent BC and all of North America."

The BC Minister of Small Business, Tourism and Culture, Jan Pullenger was there with opening remarks. "This will be the largest gathering of Aboriginal people in North America not only in traditional sports but in Olympic style sports." Ethel Blonden-Andrew, (She is from the Dene Territory), Secretary of State for Training and Youth was there as well. She expressed thanks and felt honored to be a part of the celebration. She congratulated Art Thompson of the Ditiidaht Nation for his contribution of the new North American Indigenous Games logo. Ethel Blonden-Andrew said, "This is a boost for our youth! A new beginning! A holistic vision recognizing the balance of mental, emotional, physical, and spiritual. I will be here to watch the opening ceremonies." Deputy Prime Minister and Minister of Canadian Heritage Sheila Copps was in attendance as well.

"The volunteer centre is a home for the thousands of dedicated NAIG volunteers, Aboriginal and non-Aboriginal, who are crucial to the success of the Games," said Alex Nelson, Executive Director of the 1997 Games.

"Here we can practice the principles of honesty, integrity, trust and respect which are the cornerstones of these Games. We are also blessed to have our partners the federal and provincial governments here to witness the dedication and commitment of our Aboriginal peoples as we deliver the best ever Games," he added.

Today's ceremony was complimented by the work of world renowned Ditiidaht artist Art Thompson. His family's gift of "Our Beginnings", the new Games logo, to the Aboriginal youth of North America symbolizes a new beginning and a new healthy era for all Indigenous peoples.

The Raven is a living symbol of transformation and its presence illustrates that though the healing power of sport and culture in these Games, a powerful transformation will take place throughout North America - the development of mutually beneficial and respectful relationships between Aboriginal and non-Aboriginal peoples.

The North American Indigenous Games, to be held in Victoria, August 3 - 10, 1997, constitute the largest gathering of Aboriginal youth in North America. The Games, being organized by the Aboriginal Sport and Recreation Association of British Columbia, will attract more than 6,000 athletes and cultural participants from across North America and the world.

The new volunteer centre is located at 775 Topaz Street, Victoria.

After the speeches from the Chiefs and Ministers Mr. Nelson introduced Mr. Ron Hamilton. Mr. Hamilton spoke of the artist Art Thompson and referred to him with his traditional name: Tsagwah-suup

Biography of Artist: ART THOMPSON - Nuu-chah-nulth  
Mr. Art Thompson, the world renowned artist was born in the village of Whyah, an isolated village on the western end of Nitinaht Lake on Vancouver Island B.C.. His ancestral roots are in both the Coast Salish (Cowichan) and Nuu-chah-nulth (Ditiidaht) First Nations. His grandfather and father were both well respected artists.

Just before his twelfth birthday Art was initiated into the Tlu-Kwalla (Wolf Society) an ancient high ranking society which is still active today. In the early days of the Nuu-chah-nulth people, the Tlu-Kwalla circle, young men and women were taught discipline, values and respect.

His initiation into this powerful spiritual order assisted Art in his decision to become an artist. He enrolled in the Commercial Art program at Camosun College in Victoria and here he defined and perfected his style. His personal style includes using strong contemporary and traditional design shapes with a narrative approach to myth and legend. Those early serigraphs are now considered the point where Art established his own unique and powerful style which was to make him world famous.

Art's work can now be found in every corner of the world and in many art forms. He has been commissioned to do memorial totem poles, pole restorations, kiosk panels, books, masks, logos, carvings, the medal designs for the Commonwealth Games Baton, the Games silver medal and hundreds of other works. Art is also an accomplished educator and lecturer and travels to many parts of the world to talk about this work and his culture.

To celebrate the 1997 North American Indigenous Games to be held in Victoria, August 3-10, 1997 Art has chosen the work titled "Our Beginnings" to grace the Games logo. By this generous gesture Art and his family have given a very precious gift to the Aboriginal youth of North America.

The special guests Minister of Small Business, Tourism and Culture Jan Pullenger, Secretary of State for Training and Youth Ethel Blonden-Andrew, and Deputy Prime Minister and Minister of Canadian Heritage Sheila Copps and Art Thompson were invited to unveil the design created by Art Thompson, and officially accept this as the North American Indigenous Games. After the unveiling (and the media crowd) Mr. Hamilton continued by say how proud we are of Tsagwah-suup for giving this design... "today we are very happy, it is so wonderful to see people of all nations... we are happy and we are proud!" Art Thompson's family was there to support him and they did what is called "Hats hulth sa" {a song and dance to show off who we are...!} The singers were: Ron Hamilton, Mike Thompson, Jimmy Chester, Ernie Chester, Art Thompson, Jack Thompson Sr., Jack Thompson Jr., Hudson Webster, Elmer Thompson, Ida Thompson, Charlie Thompson, and the ladies who danced were: Iris Lucas, Stephanie Thompson, Evelyn Thompson, Ida Thompson, Flossie Edgar and Esther Edgar.

The results of the tournament were as follows:  
**Intermediate Standings**  
1st Place-Vancouver East Side  
2nd Place-Ahousat Suns  
3rd Place-Ahousat Wolf Pack  
Best Defensive Player-Phil Nadrazsky, Musqueam  
High Scorer-Phil Nadrazsky, Musqueam  
Most Inspirational Player- Greg Hayes, Wolf Pack  
Most Sportsmanlike Player- Travis Thomas, Suns  
Most Valuable Player-Phil Nadrazsky, Musqueam  
**Allstars**  
Charles Gladstone-East Side  
Waylon Little-Wolf Pack  
Gene Wolff-Bella Bella  
Neil Thevarge-Suns

Most Sportsmanlike Player- Travis Thomas, Suns  
Most Valuable Player-Phil Nadrazsky, Musqueam  
**Allstars**  
Charles Gladstone-East Side  
Waylon Little-Wolf Pack  
Gene Wolff-Bella Bella  
Neil Thevarge-Suns

Esther Edgar.

Art Thompson, his mother and his daughter made three presentations to the three honored guests. The present was a print of the new logo for the North American Indigenous Games.

The celebration continued with Chief Frank Nelson (of the Musgamagw Tsawataineuk First Nations) and the Kwaqith people singing and dancing to songs of celebration. They invited the Nuu-chah-nulth people to help them sing and dance. It created a room full of energy so powerful that everyone got up and danced and "Yee haad!" with happiness. Alex Nelson with the closing remarks asked everyone to visualize this same atmosphere only there are hundreds of people singing and dancing; this is what it is going to be like when we host the opening ceremonies for the 1997 North American Indigenous Games - keep this vision, keep this energy and let it all come out when the time comes and this will be the most exciting and unforgettable games ever!

Eva George, Salish elder said the closing prayer. Everyone was invited to join in a feast after the prayer.

This truly was a great event and the opening of the new volunteer centre for the Indigenous games, along with the unveiling of the new logo was the mark of the count down for the 1997 North American Indigenous Games.

### Frenchie Charleson Memorial Basketball Tournament

The Hesquiaht Braves held their annual basketball tournament on the January 24-26 weekend. The 1997 tournament was dedicated to the memory of the late Francis (Frenchie) Charleson. Frenchie was well-known on the local basketball circuit. He and his father and brothers have been actively involved with the Hesquiaht Braves basketball teams since its inception in the mid-1960's. Frenchie died two years ago of an accidental drug overdose.

The tournament was broken into three divisions: Intermediate Mens, Ladies, and Senior Mens. The games were well attended and exciting as usual.

Pat Charleson Jr. thanked all those that travelled from afar for attending. He thanked all those that helped in the concession, scorekeeping, etc. Before the awards were handed out Pat cautioned the people about the dangers of drugs and alcohol, as he spoke about his brother's death.

The results of the tournament were as follows:  
**Intermediate Standings**  
1st Place-Vancouver East Side  
2nd Place-Ahousat Suns  
3rd Place-Ahousat Wolf Pack  
Best Defensive Player-Phil Nadrazsky, Musqueam  
High Scorer-Phil Nadrazsky, Musqueam  
Most Inspirational Player- Greg Hayes, Wolf Pack  
Most Sportsmanlike Player- Travis Thomas, Suns  
Most Valuable Player-Phil Nadrazsky, Musqueam  
**Allstars**  
Charles Gladstone-East Side  
Waylon Little-Wolf Pack  
Gene Wolff-Bella Bella  
Neil Thevarge-Suns

Cliff Starr-Nanaimo  
Craig Mather-Nanaimo  
Mitchell Martin-Hesquiaht Braves  
Eddy Newman-Hawks  
Bobby Rupert-Hawks  
Jason Charleson-Hesquiaht Braves  
Mike Joseph-Musqueam  
Harold Joseph-Musqueam  
Thomas Housty-Nanaimo

American Indigenous Games. There was approximately 150 people in attendance; other special guests were: Lyle Henry, representing the Pauquichin Band; Chief Vern Jack of the Tseycum Band; Chief Simon Smith of the Tsartlip Band; Hon. Dave Anderson, Federal Minister of Transport; Ian Hinksman, President of BC Aboriginal Network on Disability Society; Tom Sampson, Chair Person for Aboriginal Sport Development Centre; Dr. Strong, Board of Governors; Dean Shaw, District Manager for Saanich Human Resource Development Centre; Representatives from the two major sponsors: BCTEL; President of B.C. TEL, Don Calder & Royal Bank; Alex Milne and Olympic medalists: Greg Edgelo, Gold Medalist in wrestling; Ljiljan Ljubisic, Gold Medalist in Shotput & Discus—Special Olympics; & Eli Pasquale, from the Canadian National Basketball team.

**An Invitation to a Tribal Journeys Gathering**  
Where:  
Songhees Longhouse, MapleBank Victoria, BC  
When:  
February 15, 1997 at 1:00 PM

Alex Nelson extends this invitation to all First Nations who have canoes...

### Kevin Charleson- Wolf Pack Ladies Standings

1st Place- Nanaimo Islanders  
2nd Place- Hesquiaht Lady Braves  
3rd Place-North Coast Heat  
Best Defensive player- Yvonne Campbell, North Coast Heat  
High Scorer- Emily Wilson, Hesquiaht Lady Braves  
Most Inspirational Player- Angel Hill, Nanaimo Islanders  
Most Valuable Player- Monica Sampson, Nanaimo Islanders  
Most 3 Pointers- Emily Wilson, Hesquiaht Lady Braves  
Most Sportsmanlike Team-North Coast Heat  
**Allstars**  
Emily Wilson, Hesquiaht Lady Braves  
Angel Hill, Nanaimo Islanders  
Yvonne Campbell, North Coast Heat  
Anita Charleson, Hesquiaht Lady Braves  
Janice Ignace- Hesquiaht Lady Braves  
Bonnie Williams- Lady Suns  
**Mens Standings**  
1st Place- Nanaimo  
2nd Place- Musqueam  
3rd Place- Port Alberni Hawks  
Best Defensive Player- Joe Prue  
High Scorer- Joe Prue  
Most Valuable Player- Joe Prue  
Most Inspirational Player- Craig Mather, Nanaimo  
Most Sportsmanlike Team- Port Alberni Arrows  
**Allstars**  
Cliff Starr- Nanaimo  
Craig Mather-Nanaimo  
Mitchell Martin- Hesquiaht Braves  
Eddy Newman- Hawks  
Bobby Rupert-Hawks  
Jason Charleson- Hesquiaht Braves  
Mike Joseph-Musqueam  
Harold Joseph-Musqueam  
Thomas Housty-Nanaimo

VANCOUVER ISLAND AREA RESOURCES:	VANCOUVER AREA RESOURCES:
<b>AIDS Vancouver Island</b> 384-2366 (Business Line) Toll Free Number 1-800-665-2437 304 - 733 Johnson Street Victoria, BC V8W 3C7 1-800-665-2437 HelpLine Number 384-4554	<b>HIV/AIDS Module (Informing Myself, Informing Others)</b> Gr. 7-12 Contact: Jo-ann Archibald, Mokakit President or Val Friesen, First Nations Longhouse, UBC, 1985 West Mall, Van. BC V6T 1Z2 Tel. 687-4696
<b>AIDS Vancouver Island, Nanaimo Office</b> #201 - 55 Victoria Rd. Nanaimo, B.C. Tel. 753-2437	<b>Vancouver Native Health Society</b> 449 East Hastings Street, Vancouver, BC V6A 1P5 <b>HIV/AIDS Home Health Care Program</b> HIV/AIDS Foodbank Program Tel. 254-9949
<b>Bernard Charleson, HIV/AIDS Educator</b> Nuu-Chah-Nulth Community & Human Services Consultant P.O. Box 1280 Port Alberni, B.C. V9Y 7M2 Tel. 724-3232 Fax 724-6642	<b>AIDS Vancouver</b> 1107 Seymour Street Vancouver, B.C. V6B 5S8 Tel. 893-2210 Fax 893-2211 Tel. 681-2122 Helpline 687-2437
<b>Brian Mack, HIV/AIDS Speaker</b> Nuu-Chah-Nulth Community & Human Services P.O. Box 1280 Port Alberni, B.C. V9Y 7M2 Tel. 724-3232 Fax 724-6642	<b>PWA Society of B.C. (Vancouver)</b> Tel 681-2122 Helpline 893-2253
<b>Sherri Dunnet, AIDS Outreach Worker</b> (works out of AIDS Vancouver Island and covers the North end of Vancouver Island from Nanaimo up. She will travel to you!) Tel. 335-1171	<b>Healing Our Spirit (BC First Nations AIDS Society)</b> 102 - 1193 Kingsway Vancouver, B.C. V5V 3C9 879-0906
<b>Persons With AIDS (PWA) Society</b> 613 Superior St. Victoria, B.C. V8V 1V1 Tel. 383-7494 1-800-434-2959	<b>Journal of the BC Centre for Excellence in HIV/AIDS</b> 608 - 1081 Burrard St., Vancouver, B.C. V6Z 1Y6 Centre for Excellence (604) 631-5515 Physician Drug Hot Line 1-800-665-7677
<b>Victoria AIDS Respite Care Society (VARCS)</b> 611 Superior St. Victoria, BC V8V 1V1 Tel. 388-6220	<b>PEACH</b> Jacqueline Barnett, RN/Ed.Coord. Tel. 660-6220 Fax 775-0808
<b>Mid-Island AIDS Society</b> Parksville, B.C. 248-1171	<b>Tillicum Haus HIV-AIDS Awareness, Advocacy &amp; Education Program</b> Jeanette Tough, HIV-AIDS Program Coordinator Nadine McGee, HIV-AIDS Program Assistant Tel. 753-6578 Fax 754-1390
<b>PASTA</b> Port Alberni 723-2437 Port Alberni Support Team Association on HIV/AIDS	

**HIV/AIDS DROP-IN INFO**  
AT THE PORT ALBERNI FRIENDSHIP CENTRE EVERY FRIDAY 1 PM TO 4 PM THRU... FEBRUARY & MARCH 1997

**CONFERENCES POSTPONED**

- Elder's HIV/AIDS Conference scheduled for Feb. 10 - 14, 1997 is POSTPONED also;
- the Youth HIV/AIDS Conference scheduled for March has also been POSTPONED.

Bernard Charleson, Helping Hands

**BEV AND LLOYD FOURNIER OWNERS**

**Specialty Showcase**  
FINE JEWELLERY & FRAGRANCES

4933 JOHNSTON RD.  
PORT ALBERNI, B.C. V9Y 5L8  
(604) 724-2272

**Nuu-chah-nulth Human Services**

**HELPING HANDS HEALING HANDS**

Community and Program  
Fighting HIV/AIDS

Anyone Nuu-chah-nulth who is HIV Positive who wishes to speak at conferences, workshops, etc. to educate our people about living with HIV/AIDS, is urged to contact Cindy at 724-3232 or Bernard at 724-8570 An honorarium (fee) will be paid to the speaker.

**HEALTH CORNER**

By Bernard Charleson "Helping Hands"

- Monthly Reports will be done on HIV/AIDS every month will deal with a different issue.
- This month is what is HIV-AIDS?
- Also this month HIV/AIDS Resources List

**WHAT EVERYBODY NEEDS TO KNOW ABOUT HIV/AIDS**

*What does H.I.V. stand for?*  
H Human - only people get this virus  
I Immunodeficiency - the virus weakens people's immune system  
V Virus - a virus is a very small germ - HIV needs human white blood cells to reproduce

*What does A.I.D.S. stand for?*  
A Acquired - certain behaviours will help you get and pass on HIV  
I Immune - our immune system keeps us healthy  
D Deficiency - the virus weakens people's immune system  
S Syndrome - a syndrome is a collection, or group, of diseases

*What is the Immune System?*  
It: \* Found in the blood, lymph glands & vessels  
\* Includes the white blood cells & antibodies  
\* Keeps our bodies healthy  
\* Kills invading germs

*What is AIDS?*  
AIDS IS: \* Not a single disease  
\* A group of diseases  
\* Final stage of HIV infection  
\* Can take many years to develop

Each person reacts differently to having HIV in their body. People get different illnesses at different times because AIDS is a group of diseases, not just one disease. Some people can die quickly from this illness, especially if they don't take very good care of their health. Other people will live for many, many years and not even know they are infected because they don't feel or look sick.

*AIDS is diagnosed by a doctor when:*  
HIV is in the blood  
White blood cells are few  
The immune system is destroyed  
1 or more life threatening diseases are experienced

*How is HIV NOT spread?*  
You can not get HIV from:  
\* Hugging  
\* Shaking hands  
\* Visiting someone with AIDS  
\* Being served in a restaurant by someone with HIV/AIDS  
\* Working with someone with HIV/AIDS  
\* Having tea/meals together  
\* Mosquitos  
\* Toilet seats

*What is the disease like?*  
People react differently  
\* Some look and feel well for years  
\* Some get sick off & on  
\* Some have critical illnesses and then get well  
\* Some move quickly to the end of stage of AIDS

Everyone infected with the virus can pass it on, if risks are taken  
Most who have the virus will move to AIDS stage  
AIDS is life-threatening  
At present, there is no cure

1997 BASKETBALL TOURNAMENT SCHEDULE				
DATE	PLACE	DIVISIONS	HOST	CONTACT
Feb. 7 - 9	Ucluelet	Men/Women	Nahmint Guardians	Evan Touchie
Feb. 21 - 23	Port Alberni	Men/Women	Renegades	Julie Morris
Feb. 28 - Mar. 2	Port Alberni	Men/Women	Friendship Centre	Ruby Ambrose
Mar. 7 - 9	Nanaimo	Men/Women	Nanaimo	Bill Yoachim
Mar. 28 - 31	Port Alberni	Men/Women	Hesquiaht Lady	Anita Charleson

Dates subject to change.



Newlyweds Karen and Fred Adams

## Karen Seitcher Frank and Fredrick Adams Wedding

On December 14, 1996 family and friends were privileged to witness the joining of marriage of Karen Seitcher Frank to Fredrick Adams of Ahousaht, British Columbia. The marriage ceremony was performed in the Thunderbird Hall within the beautifully decorated hall. The theme of the wedding was red, and white with touches of black, transformed into a beautiful array of balloons, streamers, cedar boughs, and bells through the artful decorating skills of John Campbell, Melinda Swan, Janet and Willie Mack and Caroline Frank. Thank you for your wonderful transformation skills.

The marriage ceremony took place at 1pm, preceded by the Native ceremony. The bride wearing a beautiful off white suit, with white accessories, and silver jewelry borrowed from Jacquie Adams; was escorted into the hall by her eldest brother Raymond Seitcher Sr. and her eldest son Irvin Frank Jr. The bride with her two escorts was also accompanied into the hall and to the groom with chanting by Joseph George and other male members of her family in attendance were Terry Dorward, Terry Seitcher, John Rampanen Jr., Matthew Seitcher and Justin Dorward.

In the Native ceremony as Fredrick Adams waited for his bride he was joined by his parents Mable Adams and Sam Adams Sr. as well as other close family members. Particular thank yous to Chief Ronnie George, Archie Frank Sr. and Percy Campbell for standing with Fred during this part of the ceremony.

Following the Native ceremony was the traditional wedding ceremony which was performed by Rick Lindholm. A special reading was done by Father Frank Salmon.

During the traditional wedding ceremony the bride was attended by her best friend Alana Tom as maid of honor, her eldest daughter Magdeline Frank was a brides maid, and her youngest daughter Kara Anna Adams was a flower girl.

The dresses of the maid of honor and the bridesmaid were matching full length red satin gowns with red lace overlaying the top of the gown in jacket form. (Gowns gratefully provided by the

sister of the bride Charlotte Rampanen); the flower girl wore a beautiful white gown gratefully provided by the grooms brother Jim-Bo Adams).

The groom was attended by his good friend Eddie Sam as the best man (who also made the beautiful wedding rings for the bride and groom); attendant Kim Miller nephew of the groom and Eric (Seitcher) Adams son of the bride and groom was the ring bearer. The grooms attendants all wore black tuxedos with red cummerbunds that were provided by sister to the groom Jacquie Adams.

Karen and Fred Adams have many thanks in their hearts and many extensions of thank yous to many people. Therefore the couple extend expressions of appreciation and heartfelt thank yous to the following people:

Pearl Dorward for the magnificent wedding cake she baked and decorated.

Louie Frank Sr. for singing the lovely song during the wedding ceremony and doing a magnificent job as the Master of Ceremonies during the reception.

Doreen Sam for the lovely song she sang at the reception

George John for the wedding invitation and matching print he designed specifically for the couple with a native design shaped into a heart with their names enclosed.

Selina Frank who provided the flowers to be carried by the bride and her brides maids. They were so beautifully the bride had difficulty throwing her bouquet.

Reah-Rae Seitcher for making the album covers for the gifts to the bridesmaids.

Kathy Barker for the entertainment she provided in performing her ceremonial dance.

Ina Thomas who provided the sweater that went as a gift to Rick Lindholm, as well as the many other knitted items she provided to be given away.

Terry Dorward for creating the chicken song and dance for the special presentation to Archie Frank Sr.; dance performed by Justin Dorward accompanied by Irene Thomas, Doreen Sam, Lena Jumbo, Ina Campbell, Patti Frank, Roberta Thomas, Darlene Dick, Ina Thomas, Pearl Dorward, and Charlotte Rampanen

Thank you to my girls and grandchildren for phoning and singing Happy Birthday. It's wonderful to be 29!!!! I hope you all had a happy and safe holiday.

All the people who were called up to dance the Woolly-Bully because they had said they would dance at Karen and Fred's wedding.

A very special thank you to the parents of Fred - Mabel and Sam; and to Irene Thomas who stood in the place of Karen's mother and Ray Seitcher Sr. who stood in the place of her father.

Many thank yous are definitely to be extended to very many people who made this day a very exceptional one for everyone. Thank you, thank you for all the help that was provided financially, emotionally and materially in the way of food donations. You have all made this a very special day to remember and carry within the hearts of a very happy couple.

(Good news! Everyone can await the news of an exciting arrival in September).

By Charlotte Rampanen

### GREETINGS FROM TSAXANA

Three wonderful things happened on Dec. 11, 1996

1. It snowed! (childhood memories)
2. Keira Beatty was born to Laurie-Lyn and Brian Beatty. First granddaughter for Larry & Shirley Andrews - fourth grandchild.
3. Birthday celebration at gym.

Kleco, Kleco, to all the wonderful people who made my birthday so very special. I am more than proud to be part of hosting the Treating Meetings.

I have made new friends and I really appreciated how everyone excepts me for just ME. (deep down I'm really shy) I'm sure Pam put way WAY to many candles on my cake, but thank you all so very much, especially the Kitchen staff.

During all this, Keira Beatty was born. Thank you for the wonderful present Laurie-Lyn. Missed Grandma Shirley's birthday by a day, OOPPS! Auntie Shirley called to wish me Happy Birthday at 7:30 am, and ended calling me a B—. I love you too Auntie. By the way you had a babe in arms for your birthday.

Thank you to my girls and grandchildren for phoning and singing Happy Birthday. It's wonderful to be 29!!!! I hope you all had a happy and safe holiday.

Marie Lavoie

## Aboriginal Veterans' Unviol Monument Project

OTTAWA, (November 4, 1996) - Sam Sinclair, President of the National Aboriginal Veterans Association (NAVA), and Ronald Irwin, Minister of Indian Affairs and Northern Development, today unveiled a multi-year project to erect a monument in Ottawa which will recognize the extensive voluntary service of Aboriginal men and women in Canada's armed forces.

"Today marks the end of the conception phase of this nation-wide project," said Mr. Sinclair. "NAVA Vice-president Claude Petit and I contacted Aboriginal people throughout Canada to discuss the concept and the response to the project was overwhelmingly positive. Ideas from across the country were incorporated into the monument."

Thanking the Minister for assistance provided to NAVA to bring the project to this point, Mr. Sinclair announced the second phase of the project; a fund-raising campaign. NAVA will be seeking financial support from individuals and corporations to construct and maintain the monument.

"Canada's Aboriginal veterans have made extraordinary contributions to the First and Second World Wars, the Korean War, and to peacekeeping operations," said Minister Irwin. "The establishment of a monument in honour of Aboriginal veterans will ensure these contributions will never be forgotten. I wish the National Aboriginal Veterans Association great success in this initiative."

Senator Nick Taylor, the Chairperson of the project's Financial Trust Committee, will assist in the fund-raising and oversee the accountability of the funds contributed to the project. Sam Sinclair, Naiomi Loeb from Suny Oils, Dee

Parkinson Marcoux from Suncor, and Ross Fitzpatrick from Viceroy Resources have also agreed, with some others to be named later, to be members of the committee.

"Today's events recognize the valuable contribution that Aboriginal people have made on behalf of our country. I am honoured to have the opportunity to support this initiative and help bring to reality a great new landmark in Canada's capital celebrating Aboriginal veterans," said Senator Taylor.

NAVA has engaged the internationally recognized Aboriginal artist Lloyd Pinay to create the monument. The monument will cover four segments of history. Each of four bronze panels will depict a different era - World War I, World War II, the Korean War, and the present-day role of peacekeeping. The sculpture will address the strength of Aboriginal people's beliefs as drawn from the natural world around them.

NAVA representatives are working with the National Capital Commission to identify an appropriate site for the monument in the National Capital area.

The Department of Indian Affairs and Northern Development provided \$80,000 as seed money to NAVA to fund the start-up costs for the Aboriginal Veterans Monument Project.

The Royal Bank of Canada will be accepting donations to the NAVA War Monument Fund at all of its branches across the country.

Contributions may also be sent directly to the National Aboriginal Veterans (NAVA) War Monument Fund, c/o Claude Petit, Vice-President, 32 Moore Place, Saskatoon, SK, S7L 3Z8

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### DIDN'T GET YOUR HA-SHILTH-SA LAST MONTH?

Have you recently moved?

Please call Bob Soderlund or Annie Watts as soon as possible when you change your address.

Give your full name and middle initial and the name of your first nation. Call Ha-Shilth-Sa (250) 724-5757 or fax (250) 723-0463 or mail to:

Ha-Shilth-Sa  
P.O. Box 1383  
Port Alberni, B.C.  
V9Y 7M1

Bingo Bingo Bingo Bingo Bingo

### ATTENTION ALL BINGO PLAYERS!

\$5,000.00 bingo  
Saturday, April 19, 1997  
at 1:30 p.m. as per usual.  
Our bingo club will pay one way between Ahousaht-Tofino or Opitsaht.

Everyone is welcome to play.



Happy Birthday to Rachel Watts on Jan. 10th. & Happy Birthday to Renee Perpick on Jan. 16th. From Darrell Jr. & Myra.

Happy Birthday to my dad Darrell Ross Sr. on Feb. 15th. From your son Darrell Jr.

Happy Birthday to bro. John H. Watts & Son Nathan both on Jan. 11th; Happy Birthday to niece Rosalee Ross who turned 19 on Jan. 20th; Happy Birthday to nephew Dustin Ross & cuz. Tina Sam on Jan. 26th; Happy Birthday to bro. Valentine Gomez on Jan. 12th; Happy Birthday to nephew Kawliga Watts on Jan. 4th; Happy Birthday to our niece Holly Thomas on Jan. 9th; Happy Birthday to sister Dianne Gallic on Feb. 9th and niece Jennifer Gallic on Feb. 2. Happy 47 Birthday to cuz! Richard "Mouse" on Feb. 10th; Happy Birthday to "Angel" Vincent M. in Lake Cowichan on Feb. 14th; Happy Birthday little bro. Darrell Ross Sr. on Feb. 15th; Happy Birthday to our niece Dunka (Sherry Madrano) on Feb. 23rd; Happy Birthday to nephew Bradley Watts on Feb. 26th. From Dave, Annie & Family.

A belated Happy 18th Birthday to Eric Amos on Dec. 4th. Love Mom, Sonny, Joe & Kyle.  
Happy 18th Birthday to Ryan Frank on Jan. 29th. Love Auntie Noreen, Eric, Sonny, Joe & Kyle.  
Happy Birthday to Dennis Martin on Jan. 24th. From Noreen & boys.  
Happy Birthday to Grandson John on Jan. 3rd. Love Grandma Noreen & uncles Eric, Sonny, Joe & Kyle.  
Happy Birthday to a very good friend Brenda Tom on Jan. 10th. From Noreen.  
Happy Birthday to a very good friend Maureen Sampson on Jan. 13th. From Noreen.

Happy Birthday to Daniel David on Jan. 6th. From TFN Treaty Staff.

Happy 15th Birthday to Sonny on Jan. 27th. Love Mom, Eric, Joe & Kyle.

Happy 82nd Birthday to Sam Johnson Sr. on Jan. 27th. From Shirley Michael and family.

Happy Birthday to my sister Marie Dick on Jan. 23. From Janine, Hutch and Cassandra.

Happy Birthday to my sister Vincent on Feb. 14th. From your auntie Squig.

I'd like to wish a belated Merry Christmas and Happy New Year to Cyril & Gina Livingstone and family and also to the Watts families. I'm always thinking of you, no matter how far away I am. From Delaine Cloutier.

Happy Birthday to my son Huddy-Bear. Love you lots. Jan. 7 - Happy 7th birthday to our niece & cousin and Angeline (Huddy's little twin). We think of you every year, niece. We Miss & love you... Jan. 14 - Happy 17th birthday Virginia Marie. Love you little sister (aunt). Hope you had

And extra special second Birthday wish goes out to Shyanne Dominique Samuels on Jan. 2. Love Mommy.

Happy 2nd birthday to our little cousin Tana Thomas on Jan. 31. Love Ian and Nia.

Happy Birthday to Gloria Dennis on Jan. 22. From Hutch, Janine & Cassandra.

Happy Birthday to my sister Marie Dick on Jan. 23. From Janine, Hutch and Cassandra.

I want to wish a very, very Happy belated Birthday to my niece Dunka-bear on Feb. 23rd. From your auntie Squig.

Happy Birthday to my nephew Vincent on Feb. 14th. From your auntie Squig.

Happy belated Birthday to my niece Melanie Livingstone in Dec. From your auntie Squig.

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Happy Birthday to the following people for Jan. Brandi Mack 2nd, Jan. 9th. Brianna Tate 2nd, Jan. 13th., Glen Touchie and Uncle Randy Mack, Jan. 18th. Jimmy George, Jan. 19th. David Tate III, Jan. 26th. Aunty Norma Sam, Jan. 22nd. Love from Karen Tate and Andrew Mack.

Happy Birthday to my brother & our uncle Russell Peter John! Miss you lots. Birthdays for February: Feb. 2 - Happy 33rd Birthday to our bro & Uncle Timothy Constant John. Keep smiling... Hope you had fun. We all miss you too! Feb. 12 - Last (Until March or April) but not least, Happy... Happy Birthday to our sister & aunty Cecelia Margaret John. Hope you are having fun in Port Alberni. I wish you write... You have our address. Take good care of yourself... Give the girls a big smooch & hug from all of us. Boy they're going to get chapped lips! Love your Sis & Aunty Dottie, Love your Bro & Uncle Hudson Sr., Love your Niece & cousin Francine and Love your nephews & cousins Hudson Jr., Darryl, Richard, Maximus II, & Oscar.

Belated birthday wishes for January; from Dana Atleo: Happy birthday to my cousin Sharon Charlie; to an old friend (Well, were not really old yet!) Diane Sam; My uncle Percy Campbell (7th); to my cousin Thomas Allan on the 10th; My Nephew Vinnie-Man Savey; My nephew Hudson Savey Jr. My uncle Randy Louie; to my haywire cousin (Goomba) Avery Campbell. A very special warm Happy Birthday to my baby Shamrock Ernest Edward Atleo; who turned 8 yrs. old on January 12 - I love you with all my heart and wish you wouldn't grow so fast son!

Happy 24th Birthday to our daughter and our sister Marcy on Feb. 7th. Love Mom, Dad, Jamie, Boss & Richard.

Happy 24th Birthday auntie Marcy on Feb. 7th. Love from your nephews.

Happy 22nd Birthday to our son Jamie on Feb. 16th. Love from Mom, Dad, Marcy, Boss and Richard.

Happy 22nd Birthday to our uncle Jamie on Feb. 16th. From your nephews and your niece.

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I would like to wish a very special person in my life a very Happy Birthday, my beautiful daughter Mercedesie a Happy 7th Birthday. Love Mom and brother Dakota.

Happy Birthday to Katrina Sam on Jan. 26. From Shyanne.

Happy 7th Birthday to Daniel Ambrose on Jan. 27. Love auntie Robyn and Shyanne.

Happy 2nd Birthday to Erikka Thomas-Clappiss on Jan. 30. From Shyanne.

Happy 2nd Birthday to Tana Thomas on Jan. 31. From Robyn and Shyanne.

A very special first Birthday wish goes out to Taylr Bird on Feb. 6. Lots of love from Robyn and Shyanne.



And extra special second Birthday wish goes out to Shyanne Dominique Samuels on Jan. 2. Love Mommy.

Happy 2nd birthday to our little cousin Tana Thomas on Jan. 31. Love Ian and Nia.

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Happy 22nd Birthday to our son Jamie on Feb. 16th. Love from Mom, Dad, Marcy, Boss and Richard.

Happy 22nd Birthday to our uncle Jamie on Feb. 16th. From your nephews and your niece.

Belated Wishes to Bro. Thomas Andrews on Jan. 19th. For our brother, Hudson J. Webster. Happy Birthday to you! We were blessed when you came into this world - Jan. 28th. Happy Birthday to my significant other and great father, Guy Louie on Feb. 3rd. Love from Pam and Edison. Happy Birthday to Herb Dick on Feb. 10th. Happy Birthday to sis Melodie Louie on Feb. 12th. Happy 35th Anniversary to Hudson and Janet Webster on Feb. 17th. Happy Birthday to Dawn M.F. Webster on Feb. 25th. Happy Birthday to John Hudson Webster on Feb. 26th. With love from all your family in Victoria.

Happy 22nd Birthday to daughter Melanie Lucas on Feb. 16. From Dad Eyes, April, sister Lareina, brother Stephen Jr.

Special Happy Birthday to "Hubs" Feb. 12th. Special Happy Birthday to Melissa, Feb. 11th From Auntie Darl.

Happy Birthday to Melodie Feb. 10, Sonny, Cathy Chippis and Uncle Joe, Feb. 16th, Guy Louie, Feb. 3rd, From all your family. Special Happy Birthday to our grandson Curtis Duane Edison "Spike" Dick love from grandpa Alec and Grandma Darl, Mom, Moe, Kaitlynn.

Happy 14th Birthday to a special niece Jennifer Gallic for Feb. 2nd and also to her mom, Diane for Feb. 9. Happy Birthday to my baby sis Charmaine for Feb. 9th. Bradley C. Watts for Feb. 26th. Love you all. From Gail and family.

Happy 40th birthday to my favorite Auntie Barbara Louise Tate on Feb. 1st. From niece Peggy Tate.

Happy 2nd birthday to my niece Gladys Tate on Feb. 20th. From Auntie Peggy Tate & Uncle Kev and cousins.

Happy 4th birthday to my nephew Tyler Perry Milliken on Feb. 22nd. From Auntie Peggy, Uncle Kev & cousins.

Happy belated birthday to our niece Simone Johnston on Jan. 30th. Uncle Kevin Johnston & Auntie Peggy, cousins Shane & Ashlee.

Congratulations to my brother David Darryl Tate and Bonita Williams on their recent engagement, soon to be married this summer. "Way to go Bro". Love sis Peggy Tate & family.

Happy Birthday to Loni George on Jan. 19th. From Pearl Mundy. Happy 10th Birthday (Babe) Sandra Billy on Jan. 23. Love Mom.



Congratulations to my baby sister Vange Barney and Ian McPhee on their new born baby girl Jamie Pamela Ann McPhee. Weighing 10 lb 9oz, born Dec. 19, 1996. Love you 3. Shaunee, Andy & Errika xoxo.

Congratulations to my sister Crystal Clappiss on her new born baby girl Ayanna Zelta Clappiss. Born on her grandmothers b-day Jan. 12, 1996. Happy 46th Mom. Andy, Shaunee & Errika.

Happy 11th Birthday on Feb. 11th Heather Clappiss. Love always Auntie Heather and family.

February 26, 1997, Wishing a very Happy First Birthday to our little sister Francine Mammie Charleson. From brother and sister Henry and Michelle Charleson.

Thank you for all your support and caring and love for ours and your little daughter Francine Charleson to Auntie Bertha Gus, Dan and Clotilda Roberts, Corrine and Mammie Charleson, Connie Charleson. From Heather Joseph and family.

Happy 24th Birthday to our daughter and our sister Marcy on Feb. 7th. Love Mom, Dad, Jamie, Boss & Richard.

Happy 24th Birthday auntie Marcy on Feb. 7th. Love from your nephews.

Happy 22nd Birthday to our son Jamie on Feb. 16th. Love from Mom, Dad, Marcy, Boss and Richard.

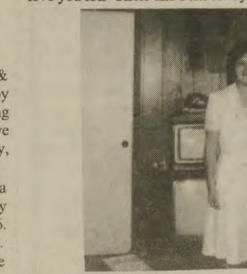
Happy 22nd Birthday to our uncle Jamie on Feb. 16th. From your nephews and your niece.



Happy First Birthday to our daughter Francine Mammie Charleson on Feb. 26, 1997  
Love forever  
Mom and Dad  
Heather & Con Charleson



Special belated congratulations to my sister Evangeline George, my brother-in-law/cousin Ronnie George on the birth of their 2nd daughter, born Dec. 18, 1996; weighing one ounce shy of 10 lbs. Her name is Lakiesha Lewis George. And to my niece (My Queen) Myiesha congrats on your 1st sister. She is so beautiful and wish her all the best in her recovery-hope she gets out of the hospital soon!!! love you lots Sister and I am always thinking of you! From Dana Atleo.



To my parents Roy Barney Jr. and Betty Barney. Happy belated anniversary for Dec. 8. Love from your Ace.

**A Tribute to our Beloved  
"Grandpa George Amos"**

September 21, 1922 - December 24, 1993

Grandpa you have taught us so many important values in life and you will be lovingly and fondly remembered.

**G** - is for **Great** leader which you displayed here during your life time.  
**R** - is for **Remembered**. You will always be fondly remembered by your family and many friends.  
**A** - is for **Always** participating in your family and community events.  
**N** - is for **Never** give up and try your very best. This was your teaching and our inspiration.  
**D** - is for **Dignified**. This is you Grandpa, you were well respected by your family, friends and peers.  
**P** - is for your fantastic/dazzling **"Personality"**. Warm, friendly and funny my Grandpa, you had many, many friends.  
**A** - is for **Always** loved and remembered by Nanny, your children, grandchildren and great-grandchildren.

We love you Grandpa and we know you have a special place with the creator.

*Always loved, Always Remembered by your family.  
Written by Andrea Amos.*

**IN MEMORIAM  
George Amos**

*In Loving Memory of a very special husband and dad,  
December 24, 1993*

God saw you getting tired,  
And the cure was not to be  
So he wrapped you in his loving arms.  
And whispered, "Come with me"  
You suffered much in silence  
Your spirit did not bend  
You faced your pain with courage  
Until the very end.  
You tried so hard to stay with us  
Your fight was not in vain  
God took you in his loving arms  
And saved you from all pain.

Always in our thoughts and prayers. Miss you very much.  
*Love your wife Christina and daughter Darlene, Lonnie and granddaughters.*

**In Memoriam  
George Amos**

In memory of a loving husband,  
dad and grandpa  
December 24, 1993

We think of you in silence  
We often speak your name  
All we have are memories  
And a picture in a frame.  
If tears could build a stairway  
And heartaches make a lane  
We'd build a path to Heaven  
And bring you home again  
Our family chain is broken  
Nothing seems the same  
But God will call us one by one  
A chain will link again  
We pray to God in Heaven  
Take this message up above  
Tell Dad how much we love him  
Give him all our love.

Rest in peace dear Dad, until we meet again. XOXOXO

*Love your wife Christina,  
daughter Darlene, Lonnie,  
granddaughters Krystle, Kim & Kerry.*

**GRANDFATHERS**

Remember your grandfathers, they have been good.  
To all the people they normally would.  
Don't forget them, they know you should,  
Carry on doing what's for your own good.

"Grandfather", I heard you say,  
Remember the people, you now the right way.

Keeping in mind, Who's here today.  
To teach the young one an old fashioned way.

"Grandfathers" we know your means,  
For all the people who carried your genes.

Remember your grandfathers, they taught the way.  
To all the people who are here today.

Don't stop know that you've shown/  
You know the cultures, they haven't outgrown.

Grandfathers want you to see,  
Just how the families were meant to be.

Remember the songs and dances you've known.  
Keeping the poster your people have known.  
"Grandfathers" this song is about you.  
To all the people of nations you knew.

"Grandfathers", it's what you once knew.

*The poem is from me and my children to our Grandfathers Written in Spring, 1991.  
From Karen Amos and family,  
Frances Margaret, Bowshyusin Diupahi, and Hesquiat Alexander Mathew L. Amos.*

**CLASSIFIED ADS**

**FOR SALE**

Carvings, jewellery from mammoth and mastodon tusks, whale teeth and claws, etc. Looking for mammoth and mastodon tusks, also blue cobalt trade beads at a reasonable price. Also offer spiritual healing - workshops or home visits.

Contact Rose Elsie John  
#141 - 720 Sixth St.  
New Westminster, B.C.  
V3I 3C5  
Phone: (604) 589-9546.

**FOR SALE**

For sale or made to order: silver rings, bracelets, pendants, brooches, earrings, and bolo ties.

Tim Taylor Sr.  
1034 Ecoole Place  
Port Alberni, B.C.  
V9Y 7L7  
Phone: 723-8170

**NUU-CHAH-NULTH NATIVE LANGUAGE**

Transcribing in phonetics - for meetings, research projects, personal use. Hourly rates. Phone Harry Lucas at: 724-5807.

**ADDRESS CHANGES FOR THE HA-SHILTH-SA MAILING LIST**

should be directed to  
Annie Watts  
Phone: 724-5757  
Fax: 723-0463  
PO Box 1383  
Port Alberni, BC  
V9Y 7M2  
Please give your full name, including middle initial (some have the same 1st & last name) address, postal code and band!

**CENTRAL REGION REPORTER - Ha-Shilth-Sa**

Denise Ambrose  
General Delivery  
Tofino, B.C.  
V0R 2Z0  
Phone: 725-2120  
Fax: 725-2110

**NORTHERN REGION REPORTER - Ha-Shilth-Sa**

Dana Atleo  
P.O. Box 459  
Gold River, B.C.  
V0P 1G0  
Phone: 283-2015  
Fax: 283-7339

**REGISTERED HESQUIAHT MEMBERS**

Please send your mailing addresses and phone numbers for information distribution to:  
Hesquiat Treaty Office  
4656 Margaret Street  
Port Alberni, B.C.  
V9Y 6H2  
Phone: 723-0075  
Fax: 723-0071  
Contact: Janice Amos

**KUU-US CRISIS LINE**

is looking for people interested in volunteering. Names are now being accepted for training sessions which are 60 hrs. in length for day or evening sessions in February. Call Glen or Elia during regular office hours at 723-2323.

**WANTED**

1 or 2 Student Boarders  
Close to ADSS - Port Alberni  
Phone Steve at 723-6695

**RENEE'S CHUMAS CATERING**

Back in Business  
Lunches & Dinners  
723-2843

**SEW AND SEW FABRICS**  
4544 Adelaide St. - 724-4366  
(behind the One & Only)

We now have black melton wool for button blankets. Also have other colors.

**T.S.G. TRUCKING SERVICES**

Moving, hauling, trucking. Reasonable rates. Ask for Tom.  
Phone: 724-3975.

**CARVINGS FOR SALE**

If you are interested in Native carvings such as:  
\* Coffee tables  
\* Clocks  
\* Plaques  
\* 6" Totems  
and would like to order visit  
Charlie Mickey  
5463 River Rd.  
Port Alberni, B.C.  
V9Y 6Z3

**EMPLOYMENT OPPORTUNITY**

**BAND MANAGER**

The Ehattesaht Tribe requires a full time Band Manager in Zeballos, B.C. to oversee the Tribe's administration. Start date will be upon hiring and applicants should have a valid drivers license, a vehicle capable of travel on logging roads and the following skills, abilities and academic background.

- minimum Grade 12 education
- good written and verbal communication skills
- fundamental understanding financial management, budgeting and computerized accounting (ACCPAC Plus 6.1: Accounts Payable, Accounts Receivable, General Ledger)
- good working knowledge of computers and computer software, specifically Microsoft Office (Word 6.0 and Excel 5.0)
- be task and results oriented
- have the capacity to develop written reports
- take direction from and report to Chief and Council
- follow and enforce various policies, such as personnel, travel, etc.
- supervise office staff and field staff in a fair and positive manner
- willingness to work as a team member and to utilize other peoples' knowledge and experience
- understanding of Ministry of Social Services and Housing AND Nuu-chah-nulth Human and Community Services (formerly USMA) obligations to notify Band Manager when children are apprehended and the Tribe's policies and procedures to deal with children who are apprehended
- understanding of Canada Labour Code and Standards
- knowledge and understanding of the Canada Social Housing Program
- ability and willingness to learn various other aspects as required

The Tribe will provide training to applicants who have most but not all of the skills outlined. Applicants must send resume and references to:

Chief and Council, Ehattesaht Tribe  
Box 59, Zeballos, B.C., V0P 2A0  
Phone: (250) 761-4155  
Fax: (250) 761-4156

**ANNOUNCEMENT**

**FORESTS IN OUR LIVES**

-A workshop presentation on Resource Management and an opportunity to question people involved and to contribute to the process.

**Saturday, February 22, 1997  
at 10:00 A.M.**

**Tin-Wis Resort**

**Open Invitation**

For more information contact Matt Lucas at 726-7263.

Sponsored by Long Beach Model Forest

**KHOUSS FISH COMPANY**

ATTENTION SHAREHOLDERS & BOARD OF DIRECTORS

**1997 ANNUAL GENERAL ASSEMBLY**

**FEBRUARY 27, 1997  
7:00 PM**

**TSESHAHT CULTURAL CENTRE  
5211 Watty's Rd. ( off Sproat Lake Highway)**

**IMPORTANT NOTICE TO ALL TSESHAHT BAND MEMBERS**

The Band Administration is currently updating its mailing, phone and/or fax numbers of all Tseshaht members. The main purpose is to ensure that the Band Bulletin and other important Tseshaht membership issues such as Land Claims Negotiations is mailed to all Tseshaht interested in being updated on these important Tseshaht issues. Please include your employment status or if attending school. If you would like to ensure that you are on the mailing and communications list please phone our **TOLL FREE NUMBER: 1-888-724-1225** or write Darrell Ross, Tseshaht Band Office, P.O. Box 1218, Port Alberni, B.C., V9Y 7M1.

**LAHAL TOURNAMENT**

**Open (Fun) games on Friday night - 8:00 p.m. February 21, 1997 - Somass Hall in Port Alberni.**

**Tournament starts - Saturday, February 22, 1997 at Somass Hall 4:00 p.m. (or as close to 4:00 p.m. as we can get.)**

Hosted by the Ahousaht Treaty

Finish - Sunday, February 23, 1997.

Cost: \$100.00 per 2 to 8 players  
Prizes: for 1st, 2nd & 3rd Place  
3rd Place will be \$100.00  
1st & 2nd is contingent on entries

\$100.00 will be held back and we will be having our own concession to help pay the rent, 50/50 draws and a lahal set raffle will help raise funds for the treasury expenses.

For more information call Bella Campbell at (250) 670-9570 (home) or 670-9563 (Work), Corby George at (250) 670-3510 (Home) or (250) 670-9554 (Work) Fax (250) 670-9696.

Madrone Consultants Ltd., and EBA Engineering Consultants Ltd.

are holding an Open House Evening to provide information to the public on four of the Inventories being conducted in the Clayoquot Sound Area on behalf of the Ministry of Forests. The inventories being conducted this year by Madrone and EBA are:

- ◆ **HYDRORIPARIAN**
- ◆ **LANDSLIDE**
- ◆ **TERRESTRIAL ECOSYSTEM**
- ◆ **TERRAIN AND TERRAIN STABILITY**

Representatives from Madrone, EBA, and MOF will be on hand to answer questions and explain the workings of these four inventories.

Everyone is Welcome, and we would be pleased to have you drop by and visit us.

**PUBLIC INFORMATION SESSION**

**MADRONE CONSULTANTS LTD.,  
EBA ENGINEERING CONSULTANTS LTD.  
THURSDAY, FEB. 20, 1997:  
TIN WIS 7:00 P.M. TO 10:00 P.M.**



**In Memory of  
Dion Fred  
August 20, 1978 - February 4, 1996**

Remembering the day you were born  
Bringing you home for the first time gave me the sense of responsibility and pride  
Knowing you were a part of my life  
Watching you grow from a little girl to a beautiful young woman  
Listening to your laughter and cries  
Wanting to be there for you all the time  
Not knowing what to expect when you walk into the room  
I miss you "Dion"  
There are so many memories  
The days you were happy  
You made everyone laugh  
The days you were sad  
You made everyone cry  
Just being a part of us made us feel good  
I miss you "Dion"  
There were a lot of obstacles in your path of life  
I know it was a real struggle to get to where you were  
Your past life of hardships would not let you go  
I know that hurt  
The thought of ending your life was a constant reminder for any easy way out  
You did succeed  
I miss you "Dion"  
I hope you are in a place of warmth and happiness where you are cherished as who you are  
There is not one minute of the day that I am not thinking of you  
There are so many memories  
As I will never forget your last words.  
I miss you "Dion"

*"Simply the best. Better than all the rest. Better than anyone. Anyone I ever met."*

Love Mom & Lanny

**In Loving Memory of my Sister  
"Dion E.L. Fred"**

I love you so much  
with all my heart  
You were there when I needed  
you the most  
Your bright star  
up in the sky  
Just like an eagle  
flying high  
you were so kind and gentle  
But most of all you were  
happy go lucky  
and fun to be with  
My love for you will never  
end.

Love always from your sister  
Janine E.M. Barney



**Dion**

You were there for me  
When I needed you most  
You were one of the  
many people who love me  
you were always in a good  
mood  
You didn't like to see  
anyone down  
I will always love you  
You brightened a room  
with your entrance  
You tried to spend as  
much time with family  
as possible  
you always liked to have  
a good time  
You were like an eagle  
roaming the sky  
You are very special  
to me  
I will always love you  
I will always miss you  
I will never forget you  
my sister

From Mary & Derrick

**In Loving memory of . . .  
Laura Margaret Jackson  
(Manson)  
(Nov. 2/57 - Jan. 15/75)**

*There is a bridge of memories  
from here to heaven above  
that keeps you very close to us.  
It's called a 'bridge of love'  
As time goes by without you  
and the days turn into years  
they hold a million memories  
and a thousand silent tears.  
To us you were so special.  
What more is there to say  
except we love you and miss you  
with all our hearts each day.*

*From your loving brother  
Micheal, Vernon, B.C.*

There will be times when I feel like a complete loser.  
When I can't do something others can.  
My mind sees something my eyes fail to see.  
My mind sees the person the Creator put me here to be.  
Not the person who wants to be everyone else.  
Only then do I see who I really am.  
The person who knows what skills I possess.  
I see that we can do what our heart knows.  
In our own great way we too can be as great as the Creator.  
Nobody is perfect ...  
Except the one who gave us our one vital breath of life which would last an eternity of pain, triumph, anger, sorrow, love, hate, pride, and wisdom.

By Priscilla Jack

**ATLEO RIVER AIR SERVICE**

Bus: 250-670-9663  
Tofino: 250-725-2205  
Res: 250-670-9533

**AUDREY ATLEO-WHITMORE • BASE MANAGER  
TED WHITMORE • PILOT**



**N.E.D.C. NEWS**



**Business Profile**  
*Connie Nookemis*

I am a member of the HUU-AY-AHT Band. I started my business as a partnership and bought out my partner two years later.

My store is situated in west Bamfield which is accessible by boat or seaplane. It is in the 'hub' of the community on the waterfront boardwalk and is surrounded by the Bamfield Inn, the Coast Guard station, the Government dock, Post office and the customs office. The vessel 'Lady Rose' ties up at the government dock daily delivering freight, mail and passengers to the community.

Prior to our purchase, the Bamfield General store had been in operation for 20 years. The original structure was destroyed by fire in the late 1970's. The existing building is a single storied structure with a small basement for storage. The retail space for the store is approx. 1000 square feet. The store carries a wide range of goods such as grocery items, produce, deli products, ice cream, books and magazines, video movie rentals, hardware, t-shirts, fishing gear, tobacco products and arts and crafts. Tourist oriented items are carried during the spring and summer months. The store is also an agent of the B.C. Liquor Distribution Branch to operate as a liquor store outlet.

The market for the store consists of the local populace during the off-season and tourists from April to mid September-. Tourists are attracted to salmon fishing, boating and hiking.

I left Bamfield for one year and during this time hired staff to operate my business. I don't consider this a success story yet. Having the store for 4 and a half years in a town where business is seasonal, I consider myself halfway.

When I started the business I had no idea what running a store was all about. I learned fast and the few business courses I took came in handy. I found that I had a knack for purchasing stock and souvenir items. I enjoy going to the gift shows that are held every season and meeting people. I always make my purchases from the Island. I like to support the small businesses for the very reason that I too have a small business and appreciate the support I get.

At times the responsibility is more than I think I'm capable of, especially in the winter when business is slow and stress takes over. However, I always manage to get past those times and carry on. I wouldn't be able to do this without the support of my family who help me out tremendously. Without them I wouldn't be where I am today.

I was 23 years old when I bought the store. At that time I had a two month old son (Myles). I had no idea of how difficult or rewarding the road ahead was going to be. I took on a lot of responsibility that year being a new mother and owning and operating my business.

I've come a long way in a short time, have learned a lot and am still learning. The most rewarding part of owning my own business is having happy customers because a happy customer enjoys to shop. When I was growing up in Bamfield, thinking about what my future would be when I grew up, this was not on my list!

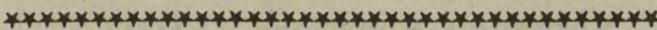
My advice to anyone thinking about starting up their own business is to be prepared to live and breath your business, because nobody but you can make it a success!



**Bamfield General Store is owned and operated by HUU-AY-AHT member Connie Nookemis.**



**Connie Nookemis, proprietor of Bamfield General Store.**



**Young Player makes it to B.C.**

**Winter Games**

A young athlete by the name of Charmaine Seitcher has recently made the B.C.'s under 18 girls Ice hockey team. Charmaine will be on Vancouver Islands team when they take part in the B.C. Winter Games, which will be held in Campbell River, B.C. on February 20 to 23, 1997.

This young lady had to work hard to get to this point in her young athletic career. Her earlier accomplishments (hockey related only) include 4 years of playing with Port Alberni's Rep Hockey team (Boys teams). Charmaine also took part in various tournaments in which she earned many game and tournament MVP awards. She also had the same success, if not better, while playing with Port Alberni Panthers, Ladies hockey team. Charmaine is currently playing at a Triple A level with these ladies.

In her earlier years it was evident that Charmaine had her goals set on making teams such as the under 18 team and her coaches never allowed her to forget it. The coaches in Port Alberni always reminded her that she could use her talents to bring her as far as the Olympics. Even today they see the potential in her which will allow her to make her dream a reality.

Therefore, this is an invitation for all those coaches Charmaine had throughout the

years to come and witness their hard work on ice. Charmaine would derive joy from your attending this event.

*Thank you from the Seitcher family.*



**HUU-AY-AHT BIRTHS:**

In November, we welcomed Natasha Mack, a second daughter for Jacqueline Peters Mack and Shawn Mack, a sister for Tiana, and second granddaughter for Spencer and Nora Peters. Proud great grandmother, Aggie Peters.

December brought us a second birth. We welcomed Ashley Nicole Bodaly Nookemus, a daughter for Charlene Nookemus and Stacey Bodaly, a sister for Brian and Steven. Proud grandparents are Maxine and Oscar Nookemus.

January has blessed us with two more arrivals. Just after the new year we welcomed Iana Zelta Clappis, a daughter for Crystal Clappis, proud grandmother is Zelta Clappis, proud great grandmother is Annie Clappis.

Karen Young Haugen and her husband Kaal, are the proud parents of our fourth baby girl: Samantha Kathleen Linda arrived on Friday, January 17, a sister for Dillon. Proud grandmother is Linda Young.

*The HUU-AY-AHT Band staff, Chief and Council offer congratulations to all the families. May you be blessed with continued health and happiness.*



**Nuu-chah-nulth Economic Development Corporation**  
**Loan Review Board**

Nominations are now being accepted by the Nuu-chah-nulth Economic Development Corporation for five (5) positions on the Loan Review Board.

Interested persons must be nominated by:

- Two persons of Nuu-chah-nulth ancestry; OR
- By letter or band council resolution from a Nuu-chah-nulth Tribe.

**Duties**

To meet periodically to review loan applications received by the Nuu-chah-nulth Economic Development Corporation. Loan Review Board members are responsible for approving loans that meet the criteria of the Corporation.

**Requirements**

Have the ability to review and evaluate financial information and business plans;

- be interested in the business affairs of the Nuu-chah-nulth;
- business experience or training is preferred.

**Submissions**

All submissions to the Nuu-chah-nulth Economic Development Corporation must include the following:

- Letter(s) of nomination.
- Personal resume' including employment, educational and personal background.

Loan Review Board members travel, meals and accommodation costs are paid by NEDC. An honorarium is provided to Loan Review Board members for each meeting.

Please forward your submissions to the attention of Al Little, Nuu-chah-nulth Economic Development Corporation, P.O. Box 1384, Port Alberni, BC. V9Y 7M2. If you would like additional information, please contact Al Little at (250) 724-3131.

**The deadline for submissions is March 15, 1997.**

**Quu?as CLINICAL TRAINING:  
SEEKING LETTERS OF INTEREST FROM  
POTENTIAL STUDENTS**

*Minimum Requirement:* Grade 12 English or equivalent  
C+ minimum

*Number of student seats:* 20

*Description:* September 1997 is the first planned intake for Nuu-chah-nulth students wishing to enter a Diploma program in First Nations Counselling. The purpose of the program is to study, recover and revitalize Nuu-chah-nulth teachings and practices in the helping and counselling professions. Courses will also be offered in Western methods of assessment and counselling techniques. The goal of the Kuu-us clinical training program is to graduate a student who is capable, confident and competent to deal with the full range of social and emotional challenges facing Nuu-chah-nulth. The graduate of this program will have strong academic, clinical and cultural foundations upon which to deliver helping and healing services. The program will include academic course work, clinical counselling skills, learning labs, apprenticeship time with elders, cultural faculty and clinical counsellors.

If you are interested in taking this program, please submit the following to Blair Thompson, Nuu-chah-nulth Tribal Council at Box 1280, Port Alberni, B.C., V9Y 7M2.

Send name, address, telephone number, resume and a statement of why you would like to pursue the Quu?as Counselling Diploma.

**Deadline: February 28, 1997**